

# KENYA MEDICAL RESEARCH INSTITUTE / WELLCOME TRUST RESEARCH PROGRAMME (Center for Geographic Medicine Research – Coast)



# **Standard Operating Procedure**

SOP No: HALI-HB -001

Version: **1** Effective Date:

## Title: HAEMOGLOBIN CONCENTRATION ASSESSMENT

- **1.0 PURPOSE / INTRODUCTION:** To describe the method for operating the HemoCue device and correctly obtaining haemoglobin readings from finger-prick blood samples.
- **2.0 SCOPE / RESPONSIBILITY:** This SOP is applicable to all Laboratory technologists, Clinical officers, Nurses and field workers working in HALI Project, KEMRI/Wellcome Trust Research Programme.
- **3.0 SPECIMEN:** Capillary blood drawn directly from a finger prick or heel

# 4.0 EQUIPMENT / MATERIALS/ REAGENTS (for each school):

	Item	No.		Item	No.
1	Hemocue machine	1	9	Paper towels	1 pkt
2	Hemocue curvettes	70	10	Rubbish bins	1
3	Hemocue cleaners	1	11	Refuse bags	2
4	Lancets	70	12	Soap	1
5	Cotton wool	100 gms	13	Pens	2
6	Gloves	1 box	14	Shorthand notebook	1
7	Methylated spirit	1/2 litre	15	Spare batteries	4
8	Sharps box	1	16	Data collection form	2

#### 5.0 METHODOLOGY:

# **5.1** PREPARATION OF THE PATIENT

- 5.1.1 Ensure the patient is relaxed.
- 5.1.2 Explain to the patient or guardian what you intend to do for them before any sample collection and where applicable get consent.

# 5.2 COLLECTION OF BLOOD SAMPLE

- 5.2.1 Clean the finger with cotton swab soaked in spirit or 70 % methylated spirit. Ensure that blood taken is free from grease, perspiration, or dirt that may be on the skin.
- 5.2.2 Dry the finger with dry cotton gauze.
- 5.2.3 Puncture the ball of the finger with a sterile lancet. DO NOT REUSE LANCETS!!!.
- 5.2.4 Wipe out the first drop of blood and apply gentle pressure on the finger to release a free flowing drop of blood.
- 5.2.5 Collect blood drop in microcuvette in one continuous process.
- 5.2.6 Wipe off excess blood on the outside of the microcuvette.
- 5.2.7 Check there are no bubbles in the microcuvette. Small bubbles at the edge can be ignored.

# 5.3 RECORDING HAEMOGLOBIN CONCENTRATION

- 5.3.1 Place in the cuvette holder and push the tray close.
- 5.3.2 After 15-60 seconds the reading will be displayed. Record this on child information sheet.
- 5.3.3 **Note:** The haemoglobin reading should be recorded on the child information form in **g/L**.
- 5.3.4 Open cuvette holder and discard the microcuvette.