

**SRI LANKA AGING SURVEY 2005/2006**

**OLDER ADULT (60+) QUESTIONNAIRE**

Conducted by ACNielsen Lanka (Pvt) Ltd

Questionnaire Serial Number .....

HH identification Serial Number.....

**BASIC INFORMATION**

(Office Use only)

<b>Field Reference Number</b>	<b>DA_NA</b>		<b>Data Administration Number</b>		<b>SHENO</b>	
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1. Province & District .....	<b>DI</b>				
2. Divisional Sctractriate .....	<b>DS</b>				
3. Grama Niladarai Division Name and Number.....	<b>GN_CODE</b>				
4. Grama Niladarai Division code.....	<b>GN_NUMB</b>				
5. Sector (Urban/Rural/Estate).....	<b>SE</b>				
6. Name of Ward/village/Estate.....	<b>CO</b>				
7. Census Block Number.....	<b>CB</b>				

**Sample related information**

8. LHU - Household Reference Number.....	<b>LHU_HRN</b>		
9. LHU Sample Category Reference Number 1. 60- 74 2. 75 + 3. 60-74 & 75+.....	<b>LHU_CAT</b>		
10. LHU Category Reference Number.....	<b>LHU_REF</b>		
11. Respondent Full Name & HH line number.....	<b>H_ID</b>		
12. Address .....			

**Quality Report:**

	<b>Name</b>	<b>Number</b>	<b>Signature</b>	<b>Date (Year/Month/Date)</b>
Field Investigator				2006/ ...../ .....
Team supervisor				2006/ ...../ .....
Field Executive				2006/ ...../ .....
Coding				2006/ ...../ .....
Data entry/cleaning				2006/ ...../ .....

## SECTION 1 : PROXY INFORMATIONS

This questionnaire (section) is only administered to an older adult aged (60+) that has been selected for interview. If the older adult is present in the household but is unable to complete the interview, a proxy may be asked to complete the interview.

A proxy is defined as an individual who knows the respondent intimately and is able to respond accurately on the respondent's behalf.

Fill in this section, ONLY if the older adult is present in the household but is unable to answer by him or himself due to any (physical or mentally) health reasons. Proxy may answer **completely or some part of the questionnaire**.

### 1.1 Proxy level of answering the questionnaire.

1. Respondent will answer all the questions → Go to section 2
2. Respondent and proxy both will be answer Q1\_1 → Go to 1.2
3. Proxy will be answered for entire questionnaire → Go to 1.2
4. For some questions some one will help elder to answer → Go to section 2

### 1.2 Reason for Proxy

1. Respondent was seriously ill/disabled/psychologically unstable
2. Respondent refused to be interviewed
3. Language problem Q1\_2
4. Others. (Specify) \_\_\_\_\_

1.3. Name of respondent (this should be the name of the Elder) \_\_\_\_\_

1.4. Name of proxy (respondent) \_\_\_\_\_

### 1.5. Relationship to respondent (to the elder) Q1\_5

1. Spouse	8. Grand-son
2. Son	9. Grand-daughter
3. Daughter	10. Son-in-law
4. Father	11. Daughter-in-law
5. Mother	12. Father-in-law
6. Brother	13. Mother-in-law
7. Sister	14. Other (specify) _____

1.6. Line number from household questionnaire(Proxy ) Q1\_6 \_\_\_\_\_

### 1.7. How long have you known the respondent?

- 1.7.1 \_\_\_\_\_ years Q1\_7M
- 1.7.2 \_\_\_\_\_ months Q1\_7Y

### 1.8. Are you the respondent's main caregiver?

1. Yes Q1\_8
2. No

If proxy is answering the questionnaire/sections please be careful in asking the questions. Instead of "you" in most of the questions the questions has to be re-worded as "this elder/.....(the name of the elder)" etc. e.g. In the question number 2.9, instead of "what is your marital status?" The question has to be re-worded as "what is the marital status of your farther/mother/brother/sister/this elder?"

## SECTION 2 : BACKGROUND INFORMATION & BASIC DATA OF RESPONDENT

### INTERVIEWER INSTRUCTION :

Please start the discussion with elder in general questions and get familiar with him/her. It may take few minutes. Don't start questioning directly.

Explain the objective of this study. The objective is to look at how elders are engaging their day-to-day life and future. Explain to them that there is no correct or wrong answers and if they respond us accurately it will help us to understand the issues faced by elders like them living in Sri Lanka in general and in this district, DS and GN which will in turn help at policy level to recommend suitable actions towards such issues, which will indirectly help elders.

For q 2.1 to 2.8 please fill the information from the household roster or if that module is completed, trace from this question to the household questionnaire. Use the same code list in the HH Questionnaire.

2.1	Name of Respondent (Elder household member)	Q2_1	
3.4.1	Respondent's line number from household questionnaire	↓	
2.2	Relationship to HH head		
2.3	Sex		
2.4	Year of birth (in 4 digit) and Age..... Q2_5AGE		
2.5	Religion		
2.6	Ethnicity		
2.7	Highest level of schooling attended		Q2_8

- 2.9 What is your marital status?
1. Never married
  2. Married - registered
  3. Married - customary Q2\_9
  4. Widowed
  5. Divorced
  6. Legally Separated
  7. Separated (Not Legal)
  8. Others (Specify) \_\_\_\_\_

**DATA ON RESPONDENT'S CHILDREN**

**INTERVIEWER INSTRUCTION :**

Ask this section from all respondents. If the respondent, is "never married" please ask cautiously.

2.10 Do you have any children?

<b>Yes</b>	<b>1</b>	Go to 2.11	Q2_10
<b>No</b>	<b>2</b>	Skip to 2.13	

2.11 How many living children do you have altogether, including those by birth, adoption, and stepchildren?

2.12 Of these, how many are your own sons and daughters by birth and how many are adopted step-sons and daughters?

	Total (2.11)	by birth (2.12a)	adopted step-sons and daughters (2.12b)
1. Own son	Q2_11_1	Q2_12a1	Q2_12b1
2. Own daughter	↓	↓	↓
3. Adopted/step-son			
4. Adopted/step-daughter	Q2_11_4	Q2_12a4	Q2_12b4
Total	Q2_11T	Q2_12aT	Q2_12bT

Member ID

2.13 Who is the owner of this house?

1. Respondent (Elder)
2. Joint ownership with spouse
3. Child in household \_\_\_\_\_ Q2\_13
4. Joint ownership with child in household \_\_\_\_\_ Q2\_13OTH
5. Other household member(s) \_\_\_\_\_
6. Joint ownership with other household member \_\_\_\_\_
7. Others outside household \_\_\_\_\_
95. Rented/lease etc
98. Don't know

2.14 How long have you lived in this current residence?

- 2.14.1 \_\_\_\_\_years **Q2\_14Y**  
2.14.2 \_\_\_\_\_months **Q2\_14M**

### SECTION 3 : ACTIVITIES ENGAGED BY THE ELDER

#### 3.1. GENERAL INFORMATION ON ACTIVITIES ENGAGED

3.1.1 We are interested in what people think about retirement, whether they themselves are retired or not. At this time do you consider yourself to be partly retired, completely retired, or not retired at all?

1. Completely retired → **Complete 3.1 and go to section 3.2** **Q3\_1\_1**
2. Partly retired → **Complete 3.1 & go to section 3.3**
3. Not retired at all → **Complete 3.1.2 & go to section 3.4**
4. Question not relevant; (Never worked for pay) → **go to section 4**

3.1.2 Some people stop paid work entirely when they retire, while others would like to continue doing some paid work – what about you?

1. Stopped paid work entirely **Q3\_1\_2**
2. Continued some paid work

**Let me ask a few questions about the last full time job you were doing before partly/completely retiring, and what you did after that. What is that job? \_\_\_\_\_**

3.1.3 In what month/ year did you stop working last full time?

- 3.1.3 a Month **Q3\_1\_3A** 3.1.3.b Year **Q3\_1\_3B**

3.1.4 How many jobs have you been engaged in since stopping last full time work? **Q3\_1\_4** (number of jobs)

3.1.5 In your last full time job, what was your employment status?

1. Regular employee
2. Casual Employee
3. Contractual Employee **Q3\_1\_5**
4. Employer
5. Self-Employed
6. Unpaid family worker

3.1.6 Occupation of last full time job (use 2 digit code) **Q3\_1\_6**

(use occupation code) 

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3.1.7 Industry of last full time job (use 2 digit code) **Q3\_1\_7**

(use industry code) 

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3.1.8 Sector of full time work

1. Government / Local Government/provincial council
2. Public Corporation/ Board **Q3\_1\_8**
3. Co-operative Sector
4. Organized Private Sector
5. Unorganized Private Sector
6. Self employed/employer

3.1.9 How many hours a week did you usually work at your last full time job?  
 (note to enumerators: if hours are more than 70, ask if they work more than 10 hrs a day 7 days a week)

	Hours Per Week	
3.1.9.1 When you first started the job		Q3_1_9_1
3.1.9.2 Just before leaving the job		Q3_1_9_2

3.1.10 How many weeks a year did you usually work at your last full time job?  
 (note to enumerators: Only 52 weeks in a year)

	Weeks Per Year	
3.1.10.1 When you first started the job		Q3_1_101
3.1.10.2 Just before leaving the job		Q3_1_102

3.1.11 Have you had any flexibility in negotiating your work schedule in this job to suit your abilities in this age?

1. Yes Q3\_1\_11
2. No
98. Don't know/Can not say

3.1.12 Before you retired how much had you prepared for retirement?

1. A lot
2. Some Q3\_1\_12
3. A little
4. Hardly at all

3.1.13 Thinking back to the time you retired from full time work, was it something you wanted to do or something you felt you were forced to do?

1. Wanted to do
2. Forced to do Q3\_1\_13
3. Partly wanted/ & Partly forced

3.1.14 Reason for retiring from full time work?

1. Reached mandatory retirement age of the job I was doing Q3\_1\_141
2. Incentives for early retirement Q3\_1\_142
3. Completion of contract Q3\_1\_143
4. I was forced retire for reasons other than age
5. Work was too stressful
6. Traveling to work was too stressful
7. Health reasons or illness
8. Not physically well
9. Family obligations
10. Can't remember/ don't want to answer
11. Other (specify)

**Section 3.2 For completely retired - (how reached retirement)**

3.2.1 In what month and year did you completely retire from paid work?

3.2.1.1 Year -- Q3\_2\_1Y -- 3.2.1.2 Month · Q3\_2\_1M --

3.2.2 Before retiring completely, and after stopping full time work, did you continue to work in a part-time job?

1. Yes → go to 3.2.3 Q3\_2\_2
2. No →go to 3.2.4
3. Question not relevant →go to 3.2.4

- 3.2.3 When did you start working in your last job
- 3.2.3.1 \_\_\_\_\_year or **Q3\_2\_3\_1**
- 3.2.3.2 \_\_\_\_\_years ago or **Q3\_2\_3\_2**
- 3.2.3.3 at \_\_\_\_\_age **Q3\_2\_3\_3**

**Why Retirement and How Like Retirement**

3.2.4 I will read a list of reasons why some people choose to retire. For each one, please tell me if, for you, they were very important, somewhat important or not important at all.

Rotate the statements	Very Important	Some what Important	Not Important At All	Don't Know/Ca n't say
a. Health reasons (illnesses / not physical well)	<b>Q3_2_4A</b> 1	2	3	4
b. Family obligations	1	2	3	4
c. To do other things (hobbies)	1	2	3	4
d. Disliked work	1	2	3	4
e. Unable to find work	1	2	3	4
f. Quit/ laid off from previous job	1	2	3	4
g. I reached mandatory retirement age of the job I am doing	1	2	3	4
h. Traveling to work too stressful	1	2	3	4
i. Business closed	1	2	3	4
j. Work was too stressful	1	2	3	4
k. Didn't need to work – had enough income	<b>Q3_2_4K</b> 1	2	3	4

3.2.5. Before you retired did you discuss retirement with anyone (check all that apply)?

	1.Yes 2. No 3. Not Applicable (1)			If yes how often? (2)	
	Frequently	Occasionally			
a. with spouse	<b>Q3_2_51A</b> 1 2 3	<b>Q3_2_52A</b> 1	2		
b. With children	1 2 3	1	2		
c. with friends	1 2 3	1	2		
d. with co-workers	1 2 3	1	2		
e. with professionals on retirement planning	1 2 3	1	2		
f. Other (specify) _____	1 2 3	1	2		
g. Didn't discuss with anyone	<b>Q3_2_51G</b> 1 2 3	<b>Q3_2_52G</b> 1	2		

3.2.6 Would you say your retirement has turned out to be ?

1. Very satisfying
2. Moderately satisfying
3. Not at all satisfying **Q3\_2\_6**

3.2.7 Thinking about your retirement years compared to the years just before you retired, would you say the retirement years have been better, about the same, or not as good?

1. Better
2. About the same **Q3\_2\_7**
3. Not as good
4. Retired less than 1 year ago

3.2.8 I am going to read you a list of things that some people say are good about retirement. For each one, please tell me if, for you, they are very important, moderately important, somewhat important, or not important at all.

good about retirement (Rotate the statements)	Very Important	Moderately Important	Somewhat Important	Not important at all	DK/CS/NR
a. Being your own boss	Q3_2_8A 1	2	3	4	5
b. Lack of pressure	1	2	3	4	5
c. Being able to take it easy	1	2	3	4	5
d. [if married] having more time with (husband/wife/ partner)	1	2	3	4	5
e. Spending more time with children/ grand children	1	2	3	4	5
f. Spending more time on hobbies or sports	1	2	3	4	5
g. Having more time for volunteer work (religious activities, civic ) organizations, etc.)	1	2	3	4	5
h. Having the chance to travel	1	2	3	4	5
i. Other? (specify)	Q3_2_8I 1	2	3	4	5

3.2.9 Now for things that some people say are bad about retirement. Please tell me if, they worry you a lot, somewhat, a little or not at all.

bad about retirement (Rotate the statements)	Bothered a lot	Bothered somewhat	Bothered a little	Bothered not at all	DK/CS/NR
a. Being bored, having too much time on your hands	Q3_2_9A 1	2	3	4	5
b. Not doing anything productive or useful	1	2	3	4	5
c. Missing people you worked with	1	2	3	4	5
d. Illness or disability	1	2	3	4	5
e. Not having enough income to get by	1	2	3	4	5
f. Increasing the cost of living	Q3_2_9F 1	2	3	4	5

### Sources of Income and assistance in retirement

3.2.10 What are the different sources of funds that provide income for you in your retirement?

(Circle all that apply)

Sources of Funds	Important Source (Single answer)	Secondary Source (Multiple answer)
a. Pension	Q3_210A 1	Q3_210B1 1
b. WNOP (Widowed & Off niche Payment)	2	2
c. Income from property (houses, lands etc)	3	3
d. Bank interest	4	4
e. Income from Financial investments/ private pension schemes	5	Q3_210B5 5
h. Business/Agricultural activity	6	6
i. Assistance from children	7	7
j. Assistance from relatives	8	8
k. Assistance from Public	9	9
l. Assistance from NGOs	10	10
m. Assistance from government (e.g., Samurdhi, Social Security Allowance)	11	11
n. Other --- (specify) _____	12	12
o. Don't know/ Can't Say	13	13

3.2.11 Did you receive any lump sum accumulations pensions EPF/ETF at retirement?

1. Yes → Go to 3.2.12 and continue Q3\_2\_11
2. No → Go to 3.2.14

3.2.12 How much money was accumulated in that account?

Rs. \_\_\_\_\_ Q3\_2\_12R

98. don't know / refused → [Interviewer Prompt] Q3\_2\_12

1. Was it Less than 1 lakh,
2. 1-5 lakhs,
3. 5-10 lakhs,
4. 1-2 million,
5. more than 2 million
6. Refused

3.2.13 What did you do with that money?

Q3\_2\_131

1. Saved/Invested
2. Bought durables
3. Spent ivt
4. Paid off debt
5. Distributed among children
6. All were lost/expended
7. Given as a loan to someone else
8. Donated for religious activities/purposes
9. Didn't receive any such money
10. Other (specify) \_\_\_\_\_

↓  
Q3\_2\_135

3.2.14 Since you retired, have your living standards increased a lot, increased somewhat, stayed about the same as now, declined somewhat, or declined a lot?

Q3\_2\_14

11. Increased a lot
12. Increased somewhat
13. Stawsy the same as now
14. Declined Somewhat
15. Declined a lot

**INTERVIEWER INSTRUCTION : Go to section 4**

### **Section 3.3 For partly retired**

3.3.1 Why did you decide to continue to do some paid work?

1. To keep my self occupied Q3\_3\_1
2. To earn some income
3. To be in touch with my profession/work
4. To meet people
5. Other (specify) \_\_\_\_\_

3.3.2 How many hours a week do you usually work now? Hours : \_\_\_\_\_ Q3\_3\_2

3.3.3 How many weeks per year do you usually work now? Weeks : \_\_\_\_\_ Q3\_3\_3

3.3.4 How much do you think about (complete) retirement?

1. A lot Q3\_3\_4
2. Some
3. A little
4. Hardly at all

3.3.5 When do you think you will completely retire (completely stop working)?

- 1. In year \_\_\_\_\_
- 2. or in \_\_\_\_\_ years Q3\_3\_5\_1
- 3. or at age \_\_\_\_\_
- 4. Never
- 5. Haven't thought about it Q3\_3\_5\_5



**Current Job Details**

**(Let me ask a few questions about the current job you are doing)**

3.3.6 In the current job you are doing, what is your employment status?

- 1. Regular employee
- 2. Casual Employee Q3\_3\_6
- 3. Contractual Employee
- 4. Employer
- 5. Self-Employed
- 6. Unpaid family worker

3.3.7 Occupation of current job (use 2 digit code) Q3\_3\_7

(use occupation code)		
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3.3.8 Industry of current job (use 2 digit code) Q3\_3\_8

(use industry code)		
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3.3.9 Sector of work

- 1. Government / Local Government/provincial council
- 2. Public Corporation/ Board
- 3. Co-operative Sector Q3\_3\_9
- 4. Organized Private Sector (identification is difficult for organized Vs unorganized)
- 5. Unorganized Private Sector
- 6. Self employed/employer

3.3.10 How many hours a week do you usually work at this job?

(note to enumerators: if hours are more than 70, ask if they work more than 10 hrs a day 7 days a week) \_\_\_\_\_ Q3\_3\_10

3.3.11 How many weeks a year do you usually work at this job?

(note to enumerators: Only 52 weeks in a year) \_\_\_\_\_ Q3\_3\_11

3.3.12 Have you had any flexibility in negotiating your work schedule in this job to suit your abilities in this age?

- 1. Yes Q3\_3\_12
- 2. No
- 98. Don't know/Can't Say

3.3.13 When did you start working in your current job?

- 3.3.13.1 \_\_\_\_\_ year or Q3\_3\_131
- 3.3.13.2 \_\_\_\_\_ years ago or Q3\_3\_132
- 3.3.13.3at \_\_\_\_\_ age Q3\_3\_133

**Expectations from Retirement**

3.3.14 I will read a list of reasons why some people choose to retire. For each one, please tell me if, for you, they are very important, moderately important, somewhat important or not important at all.

(Rotate the statements)	Very Important	Somewhat Important	Not Important At All	Don't Know/Can't say/Not relevant
a. Health reasons	Q3_3_14A 1	2	3	4
b. Family obligations	1	2	3	4
c. To do other things	1	2	3	4
d. Disliked work	1	2	3	4
e. Unable to find work	1	2	3	4
f. Quit/ laid off from previous job	1	2	3	4
g. I reached mandatory retirement age of the job I am doing	1	2	3	4
h. Traveling to work too stressful	1	2	3	4
i. Business Closed	1	2	3	4
j. Work was too stressful	1	2	3	4
k. Didn't need to work – had enough income	Q3_3_14K 1	2	3	4

3.3.15 Have you discussed (complete) retirement with anyone (check all that apply)?

	1. Yes 2. No 3. Not applicable (1)			If yes how often? (2)	
				Frequently	Occasionally
a. with spouse	Q3_315A1			Q3_315A2	2
b. with children	1	1	3	1	2
c. with friends	1	1	3	1	2
d. with co-workers	1	1	3	1	2
e. with professionals on retirement planning	1	1	3	1	2
f. Other (specify)	1	1	3	1	2
g. Didn't discuss with anyone	Q3_315G1			Q3_315G2	2

3.3.16 I am going to read you a list of things that some people say are good about retirement. For each one, please tell me if, for you, they are very important, moderately important, somewhat important, or not important at all.

(Rotate the statements)	Very Important	Moderately Important	Somewhat Important	Not important at all	Don't Know/Can't say/Not relevant
g. Being your own boss	Q3_3_16A	2	3	4	5
h. Lack of pressure	1	2	3	4	5
i. Being able to take it easy	1	2	3	4	5
j. [if married] having more time with (husband/wife/ partner)	1	2	3	4	5
k. Spending more time with children/ grand children	1	2	3	4	5
l. Spending more time on hobbies or sports	1	2	3	4	5
m. Having more time for volunteer work (religious activities, civic organizations, etc.)	1	2	3	4	5
n. Having the chance to travel	1	2	3	4	5

o. Other (specify) _____	Q3_3_16I	2	3	4	5
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3.3.17 Now for things that some people say are bad about retirement. Please tell me if, they worry you a lot, somewhat, a little or not at all.

(Rotate the statements)	Bothered a lot	Bothered somewhat	Bothered a little	Bothered not at all	Don't Know/Can't say/Not relevant
a. Being bored, having too much time on your hands	Q3_3_17A	2	3	4	5
b. Not doing anything productive or useful	1	2	3	4	5
c. Missing people you worked with	1	2	3	4	5
d. Illness or disability	1	2	3	4	5
e. Not having enough income to get by	1	2	3	4	5
f. Inflation and the cost of living	Q3_3_17F	2	3	4	5

#### Sources of Income and assistance in retirement

3.3.18 What are the different sources of funds that will provide income for you in your retirement? (check all that apply)

Sources of Funds	Important Source	Secondary Source
a. Pension	Q3_3_18A	Q3_318B1
b. WNOP	2	2
c. Income from earnings (partly retired) / Income from property	3	3
d. Bank interest	4	4
e. Income from Financial investments/ private pension schemes	5	Q3_318B5 5
f. Business/Agricultural activity	6	6
g. Assistance from children	7	7
h. Assistance from relatives	8	8
i. Assistance from Public	9	9
j. Assistance from NGOs	10	10
k. Assistance from government (e.g., Samurdhi)	11	11
l. Other (specify) _____	12	12
m. Don't know/can't say/ Haven't thought about it yet	13	13

3.3.19 Did you receive any lump sum accumulations pensions EPF/ETF when you stopped working full time?

1. Yes → go to Q 3.3.20 Q3\_3\_19
2. No → go to Q 3.3.22

3.3.20 How much money was accumulated in that account?

Rs. \_\_\_\_\_ Q3\_3\_20R

98. don't know / refused → [Prompt]

1. Was it Less than 1 lakh,
2. 1-5 lakhs, Q3\_3\_20
3. 5-10 lakhs,
4. 1-2 million,
5. more than 2 million
6. Refused to answer in ranges

- 3.3.21 What did you do with that money?
1. Saved/Invested
  2. Bought durables **Q3\_3\_21**
  3. Spent it
  4. Paid off debt
  5. Distributed among children
  16. All were lost/expended
  17. Given as a loan to someone else
  18. Donated for religious activities/purposes
  19. Didn't receive any such money
  20. Other (specify) \_\_\_\_\_

3.3.22 Roughly, how much savings and reserve funds do you expect to have accumulated by the time you retire from each of the following sources?

9 8 a.	Description of Asset	Yes / No		Value (Rupees) DK/CS - 99
		1	2	
a.	EPF/ETF etc	<b>Q3_3_22A</b> 1	2	<b>Q3_322TA</b>
b.	Fixed deposits/Savings account/Saving certificate	1	2	
c.	Treasury bills/Bonds/Government instruments	1	2	
d.	Cash assets/Stocks	1	2	
e.	Loans	1	2	
f.	Other financial assets	1	2	
g.	Other assets	1	2	
h.	House	1	2	
i.	Land and Building	1	2	
j.	Jewellery	<b>Q3_3_22J</b> 1	2	<b>Q3_322TJ</b>

8. Don't know/ Haven't thought about it yet

3.3.23 When you partially retired, did your living standards increase a lot, increase somewhat, stay about the same as now, decline somewhat, or decline a lot?

**Q3\_3\_23**

1. Increase a lot
2. Increase somewhat
3. Stay the same as now
4. Decline Somewhat
5. Decline a lot

**INTERVIEWER INSTRUCTION : Go to section 4**

**Section 3.4 For not at all retired (Current full time job)**

3.4.1 What is your current employment status?

1. Regular employee
2. Casual Employee **Q3\_4\_1**
3. Contractual Employee
4. Employer
5. Self-Employed
6. Unpaid family worker

3.4.2 Current occupation (use 2 digit code)

**Q3\_4\_2**

(use occupation code)		
-----------------------	--	--

3.4.3 Current industry (use 2 digit code)

**Q3\_4\_3**

(use industry code)

3.4.4 Sector of work

1. Government / Local Government/provincial council **Q3\_4\_4**
2. Public Corporation/ Board
3. Co-operative Sector
4. Organized Private Sector (identification is difficult for organized Vs unorganized)
5. Unorganized Private Sector
6. Self employed/employer

3.4.5 How many hours a week do you usually work at this job

(note to enumerators: if hours are more than 70, ask if they work more than 10 hrs a day 7 days a week)

\_\_\_\_\_ **Q3\_4\_5**

3.4.6 How many weeks a year do you usually work at this job

(note to enumerators: Only 52 weeks in a year)

\_\_\_\_\_ **Q3\_4\_6**

3.4.7 Have you had any flexibility in negotiating your work schedule in this job to suit your abilities in this age?

1. Yes **Q3\_4\_7**
2. No
3. Don't Know/ Can't say

3.4.8 When did you start working in your current job?

- 3.4.8.1 \_\_\_\_\_ year or
- 3.4.8.2 \_\_\_\_\_ years ago or **Q3\_4\_8\_1**  
**Q3\_4\_8\_2**
- 3.4.8.3 at \_\_\_\_\_ age **Q3\_4\_8\_3**

3.4.9 When do you expect to stop working full time?

1. In year \_\_\_\_\_ **Q3\_4\_9\_1**
2. or in \_\_\_\_\_ years **Q3\_4\_9\_2**  
**Q3\_4\_9\_3**
3. or at age \_\_\_\_\_ **Q3\_4\_9\_4**  
**Q3\_4\_9\_5**
4. Never
5. Don't know; haven't thought about it

} go to 3.4.11

3.4.10 Why would you stop working full time

1. Health reasons
2. Family obligations **Q3\_4\_10**
3. To do other things (hobbies)
4. I will reach mandatory retirement age of the job I am doing
5. Work too stressful
6. Traveling to work is too stressful
7. No need to work full time have enough income
8. Other (specify) \_\_\_\_\_

3.4.11 When you stop working full time do you expect to move to a different location

1. Move
2. Stay **Q3\_4\_11**
3. Divide time between present/ other location
98. Don't know

3.4.12 Do you plan to continue working for pay after you stop working full-time?

1. Yes **→ 3.4.13**
2. No **→ 3.4.14** **Q3\_4\_12**
98. Don't know, haven't thought about it **→ 3.4.14**

3.4.13 What would you like to change in the next job you are doing, compared to the current job? (Check all that apply)

- 1. Work lesser number of hours Q3\_4\_13
- 2. Work should be less stressful
- 3. Job should be closer to home
- 4. Do something more interesting
- 5. A job with more flexible work hours
- 6. A job that pays better
- 7. Other (specify) \_\_\_\_\_

3.4.14 When do you think you will completely retire from work

- 1. \_\_\_\_\_ Q3\_4\_141
- 2. or in \_\_\_\_\_ years Q3\_4\_142
- 3. or at age \_\_\_\_\_ Q3\_4\_143
- 4. Never Q3\_4\_144

3.4.15 How much do you think about (complete) retirement?

- 1. A lot
- 2. Some Q3\_4\_15
- 3. A little
- 4. Hardly at all

3.4.16 Have you discussed (complete) retirement with anyone (check all that apply)?

(Rotate the statements)	1. Yes Applicable	2. No	3. Not	If yes how often?	
				Frequently	Occasionally
a. with spouse	1	2	3	Q3_4_16A2 1	2
b. with children	1	2	3	1	2
c. with friends	1	2	3	1	2
d. with co-workers	1	2	3	1	2
e. with professionals on retirement planning	1	2	3	1	2
f. Other (specify)	1	2	3	1	2
g. Didn't discuss with anyone	1	2	3	Q3_4_16G2 1	2

3.4.17 When you think about the time when you will retire, are you looking forward to it, are you uneasy about it or what?

- 1. Looking forward Q3\_4\_17
- 2. Indifferent
- 3. Uneasy
- 98. Don't Know

3.4.18 I am going to read you a list of things that some people say are good about retirement. For each one, please tell me if, for you, they are very important, moderately important, somewhat important, or not important at all.

(Rotate the statements)	Very Important	Moderately Important	Somewhat Important	Not Important at all	Don't Know/Can't say/Not relevant
a. Being your own boss	Q3_4_18A	2	3	4	5
b. Lack of pressure	1	2	3	4	5
c. Being able to take it easy	1	2	3	4	5
d. [if married] having more time with (husband/wife/ partner)	1	2	3	4	5
e. Spending more time with children/ grand children	1	2	3	4	5
f. Spending more time on hobbies or sports	1	2	3	4	5
g. Having more time for volunteer work (religious activities, civic organizations, etc.)	1	2	3	4	5
h. Having the chance to travel	1	2	3	4	5
i. Other (specify) _____	Q3_4_18I	2	3	4	5

3.4.19 Now for things that some people say are bad about retirement. Please tell me if, they worry you a lot, somewhat, a little or not at all.

(Rotate the statements)	Bothered a lot	Bothered somewhat	Bothered a little	Bothered not at all	Don't Know/Can't say/Not relevant
a. Being bored, having too much time on your hands	Q3_4_19A	2	3	4	5
b. Not doing anything productive or useful	1	2	3	4	5
c. Missing people you worked with	1	2	3	4	5
d. Illness or disability	1	2	3	4	5
e. Not having enough income to get by	1	2	3	4	5
f. Inflation and the cost of living	Q3_4_19F	2	3	4	5

3.4.20 When you decide to retire, do you expect your living standards to increase a lot, increase somewhat, stay about the same as now, decline somewhat, or decline a lot?

1. Increase a lot
  2. Increase somewhat
  3. Stay the same as now
  4. Decline Somewhat
  5. Decline a lot
- Q3\_4\_20

**How do current workers save for retirement**

3.4.21 Do you make required or mandated contributions towards pensions, EPF/ETF?

1. Yes → 3.4.22 & 23
  2. No → 3.4.24
  3. Don't know → 3.4.24
  4. Refused to answer → 3.4.24
- Q3\_4\_21

3.4.22 What type of contributions do you make?

1. Mandated contributions towards pensions **Q3\_4\_22**
2. Contributions towards EPF/ETF
3. Other (specify) \_\_\_\_\_

3.4.23 What do you expect to do with your lump sum accumulations pensions, EPF/ETF at retirement from current job? (check all that apply)

1. Save **Q3\_4\_23**
2. Invest
3. Buy durables
4. Spent it
5. Pay off debt
6. Distribute among children
7. Other (specify) \_\_\_\_\_

3.4.24 Apart from the required or mandated contributions towards pensions, EPF/ETF, do you save in other ways in preparation for retirement?

1. Yes → **Go to 3.4.25** **Q3\_4\_24**
2. No → **3.4.26**

3.4.25 In which of the following ways do you save

1. Financial savings/ fixed deposits
2. Investment in Stocks **Q3\_4\_25**
3. Investments in property
4. Investments in Businesses
5. Other investments
6. Other (specify) \_\_\_\_\_

3.4.26 What are the different sources of funds that will provide income for you in your retirement? (check all that apply)

Source	Primary Source	Secondary Source
a. Pension	<b>Q3_4_26A</b> 1	<b>Q3_426B1</b> 1
b. WNOP	2	2
c. Bank interest	3	3
d. Income from property	4	4
e. Income from private pension schemes	5	<b>Q3_426B5</b> 5
f. Income from other financial investments	6	6
g. Business/Agricultural activity	7	7
h. Assistance from children – living abroad	8	8
i. Assistance from children – within the country	9	9
j. Assistance from relatives	10	10
k. Assistance from NGOs	11	11
l. Assistance from Public	12	12
m. Assistance from government (e.g., Samurdhi)	13	13
n. Other (specify) _____	14	14
o. Don't know/ can't say/Haven't thought about it yet	15	15

3.4.27 Roughly, how much savings and reserve funds do you expect to have accumulated by the time you retire from each of the following sources?

Description of Asset	Yes / No		Value (Rupees) 99=DK/CS
a. EPF/ETF etc	Q3_4_27A 1 2		Q3_427TA
b. Fixed deposits/Savings account/Saving certificate	1 2		
c. Treasury bills/Bonds/Government instruments	1 2		
d. Cash assets/Stocks	1 2		
e. Loans	1 2		
f. Other financial assets	1 2		
g. Other assets	1 2		
h. House	1 2		
i. Land and Building	1 2		
j. Jewellery	Q3_4_27J 1 2		Q3_427TJ

**INTERVIEWER INSTRUCTION : Go to section 4**

**Section 4 : Income and Assets**

4.1 Are you aware of any government social assistance schemes for the elderly?

1. Yes      2. No      Q4\_1

4.2 Are you aware of government special schemes for the elderly?

	1. Yes	2. No
4.2.1 Concession for tickets in trains	1	2
4.2.2 Reservation of seats in buses	Q4_2_1	2
4.2.3 Preference for facilities such as telephone connection	1	2
4.2.4 Special interests in Bank Accounts	1	2
4.2.5 Elders Identity card issued by the Department of Social Services	1	2
4.2.6 Elder's Hand Book and the periodical magazine published by the Department of Social Services	1	2

Q4\_2\_6

4.3 Have you ever heard of the National Secretariat for Elders?

1. Yes      → go to 4.4      Q4\_3  
2. No      → go to 4.5

4.4 What role or responsibility do they perform?

- Q4\_4\_1 ↓
- Q4\_4\_10 ↓
1. to advise the Government on the promotion of the welfare and the rights of elders
  2. to recommend programmes to the Government and the other appropriate bodies, to strengthen the family unit based on the traditional values of Sri Lanka
  3. to take all such measures as are necessary, in consultation with the relevant institutions to promote and protect the welfare and rights of elders
  4. to organise lectures, seminars, workshops and other programmes in schools and other appropriate places with a view to inculcating, in the younger generation, their duties to elders
  5. to ensure the adoption of, and compliance with, the relevant international declarations and conventions relating to elders, by the Government of Sri Lanka
  6. to maintain accurate and up to date statistics relating to elders
  7. to promote studies and research with a view to identifying the principal causes of the problems of elders and their needs and aspirations and to promote effective measures for the alleviation or elimination of such causes and for the satisfaction of such needs and aspirations
  8. to provide due publicity through all appropriate means to the findings of the studies and research referred in order to make the public aware of the problems, needs and aspirations of elders ;
  9. Establishments of welfare centers, recreation centers, day care centers etc with accommodation for destitute elders and to provide the necessary facilities to such centers and institutions
  10. To monitor and coordinate programmes and schemes initiated and implemented by government and NGO's.
  11. to maintain a directory of paid and unpaid job opportunities available to elders
  12. to maintain a directory of elders according to their talents and expertise for the reference of the public.
  13. To facilitate elders to obtain necessary legal advice and assist elders to get compensation from children
  14. Preparing younger generation to confront old age with confidence and courage
  15. Others (Please Specify).....

4.5 We would now like to ask you about the income you receive each month. **(Please ask whether daily/weekly/monthly/quarterly/annually. Include Income/allowances from all sources)**  
**TOTAL MONTHLY CASH RESOURCES**

	1. Yes 2. No	1. Daily 2. Weekly 3. Monthly 4. Quarterly 5. Annually 6. Others	Amount per Period	Amount per month (Interviewer Please calculate and verify)
	(a)	(b)	(c)	(d)
1. Pension	Q4_5A_1	Q4_5B_1		Q4_5D_1
2. WNOP	1 2	1 2 3 4 5		
3. Bank interest	1 2	1 2 3 4 5		
4. Income from property	1 2	1 2 3 4 5		
5. Income from private pension schemes	1 2	1 2 3 4 5		
6. Income from other financial	1 2	1 2 3 4 5		
7. Business/Agricultural activity	1 2	1 2 3 4 5		
8. Assistance from children – living	1 2	1 2 3 4 5		
9. Assistance from children–within the	1 2	1 2 3 4 5		
10. Assistance from relatives	1 2	1 2 3 4 5		
11. Assistance from NGOs	1 2	1 2 3 4 5		
12. Assistance from Public	1 2	1 2 3 4 5		
13. Assistance from government (e.g.,	1 2	1 2 3 4 5		
14. Other (specify) _____	1 2	1 2 3 4 5		
15. Other (specify) _____	1 2	Q4_5B_15		Q4_5D_15
16. Don't know/ Haven't thought about it	Q4_5A_16			

4.6 Do you own (or co-own) the following personal assets?

	<u>Yes</u>	<u>No</u>	<u>Estimated value</u> <u>DK/CS/NA-99</u>
5.1.1 EPF/ETF etc	Q4_6_1A		Q4_6_2A
5.1.2 Fixed deposits/Savings account/Saving certificates	1		
5.1.3 Treasury bills/Bonds/Government investments	1		
5.1.4 Cash assets/Stocks	1		
5.1.5 Loans (Is this an assets or liability)	1		
5.1.6 Other financial assets	1		
5.1.7 Other assets	1		
5.1.8 House	1		
5.1.9 Land and Building (exclude item h)	1		
5.1.10 Jewellery	1		
5.1.11 Livestock	1		
5.1.12 Don't know/ Haven't thought about it yet	Q4_6_1L		Q4_6_2L

4.7 Are your present sources of income and allowances adequate to cover your monthly expenses?

- 1. More than adequate → go to 4.9
- 2. Adequate → go to 4.9
- 3. Occasionally inadequate → go to 4.8 Q4\_7
- 4. Usually inadequate → go to 4.8
- 98. Don't Know → go to 4.9

4.8 What is your main reason for saying that your present income and allowances are not adequate? [Single answer]

High cost of living	1.	Q4_8
High medical/health care costs	2.	
Children still schooling	3.	
Own income too low/no income	4.	
Children not giving enough money	5.	
Others (specify) _____	6.	

4.9 Are your financial resources (assets, income and allowances) sufficient to meet future financial needs and obligations?

- 1. More than adequate
- 2. Adequate Q4\_9
- 3. Inadequate
- 98. Don't Know

**Section 5 : LIVING ARRANGEMENTS AND INTERGENERATIONAL TRANSFERS SECTION**

**5.1 PROVISION OF INTERGENERATIONAL TRANSFERS**

5.1.1 Do you have grandchildren?

- 1. Yes → Go to 5.1.2 Q5\_1\_1
- 2. No → Go to 5.1.6

5.1.2 In the past 12 months, have you provided assistance to baby sit your grandchildren? (May list more than one individual).

- 1. Yes → Go to 5.1.3 & 5.1.4 Q5\_1\_2
- 2. No → Go to 5.1.6

1. Daily	2. Weekly	3. Once a Month	4. Few times a year	5. Once a year	6. Less than once a year	7. Other, (please specify) e.g., Depends on need	8. Don't know/Can't say
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5.1.3 Whose children do you baby sit ? Relationship			5.1.4 How often do you baby sit?							
	Relationship (A)	Line - (B)								
1	Q5_1_3A1	Q5_1_3B1	Q5_1_341							
2			1	2	3	4	5	6	7	8
3			1	2	3	4	5	6	7	8
4	Q5_1_3A4	Q5_1_3B4	Q5_1_344							

Commented [AC1]: Jinendra,

Commented [AC2]:

5.1.5 Do you enjoy babysitting your grandchildren?

- 1 Yes
- 2 No Q5\_1\_5
- 3 Sometimes
- 98. Don't know



5.1.6 Do you think it is a grandparents' duty to baby sit their grandchildren?

- 1. Yes
- 2. No Q5\_1\_6
- 98. Don't know

5.1.7 In the past 12 months, have you provided money to any of your family members?

- 1. Yes → Go to 5.1.8 to 5.1.10
- 2. No → Go to 5.1.11 Q5\_1\_7

5.1.8 Which relative do you provide money to? Relationship		5.1.9 How much money did you provide in the past 12 months (Round off to nearest Rupee)?		5.1.10 How often							
	(A) Relationship	(B) Line No.									
1	Q5_1_8A1	Q5_1_8B1	Q5_1_8C1	Q5_1_8D1							
2	↓	↓	↓	1	2	3	4	5	6	7	8
3	↓	↓	↓	1	2	3	4	5	6	7	8
4	Q5_1_8A4	Q5_1_8B4	Q5_1_8C4	Q5_1_8D4							

5.1.11 In the past 12 months, did you provide housework help or help with cooking to any of your family members?

1. Yes → 5.1.12 & 13 **Q5\_1\_11**
2. No → 5.1.14

5.1.12 Which relative did you help with housework? (List)			5.1.13 How often?							
	(A)Relationship	( B ) Line No.								
1	<b>Q5_112A1</b>	<b>Q5_112B1</b>	<b>Q5_112C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3	↓	↓	1	2	3	4	5	6	7	8
4	<b>Q5_112A4</b>	<b>Q5_112B4</b>	<b>Q5_112C4</b>							

5.1.14 In the past 12 months, did you provide food or clothes to any of your family members?

1. Yes → 5.1.15 to 5.1.16 **Q5\_1\_14**
2. No → 5.1.17

5.1.15 Which relative did you provide food/clothes to? (List)			5.1.16 How often?							
	(A)Relationship	( B ) Line No.								
1	<b>Q5_115A1</b>	<b>Q5_115B1</b>	<b>Q5_115C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3	↓	↓	1	2	3	4	5	6	7	8
4	<b>Q5_115A4</b>	<b>Q5_115B4</b>	<b>Q5_115C4</b>							

5.1.17 In the past 12 months, did you provide emotional support or advice to any of your family members?

1. Yes → 5.1.18 & 5.1.19 **Q5\_1\_17**
2. No → 5.2

5.1.18 Which relative did you provide emotional support/advice to? (List)			5.1.19 How often?							
	(A)Relationship	( B ) Line No.								
1	<b>Q5_118A1</b>	<b>Q5_118B1</b>	<b>Q5_118C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3	↓	↓	1	2	3	4	5	6	7	8
4	<b>Q5_118A4</b>	<b>Q5_118B4</b>	<b>Q5_118C4</b>							

## 5.2 RECEIPT OF INTERGENERATIONAL TRANSFERS

5.2.1 In the past 12 months, have you received money from any of your family members?

1. Yes → 5.2.2 to 5.2.5 **Q5\_2\_1**
2. No → 5.2.6

5.2.2 Which relative gave you money? (List)			5.2.4. How much money did you receive in the past 12 months (Round to nearest Rupee)?	5.2.5. How often?							
	(A)Relationship	( B ) Line No.									
1	<b>Q5_2_2A1</b>	<b>Q5_2_3B1</b>	<b>Q5_2_4C1</b>	<b>Q5_2_5D1</b>							
2	↓	↓	↓	1	2	3	4	5	6	7	8
3	↓	↓	↓	1	2	3	4	5	6	7	8
4	<b>Q5_2_2A4</b>	<b>Q5_2_3B4</b>	<b>Q5_2_4C4</b>	<b>Q5_2_5D4</b>							

- 5.2.6 In the past 12 months, did you receive housework help from any of your family members?  
 1. Yes → Go to 5.2.7 & 5.2.8  
 2. No → Go to 5.2.9 **Q5\_2\_6**

5.2.7 Which relative helped you with housework?			5.2.8 How often?							
	(A) Relationship	(B) Line No.								
1	<b>Q5_2_7A1</b>	<b>Q5_2_7B1</b>	<b>Q5_2_7C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3			1	2	3	4	5	6	7	8
4	<b>Q5_2_7A4</b>	<b>Q5_2_7B4</b>	<b>Q5_2_7C4</b>							

- 5.2.9 In the past 12 months, did you receive food, clothes, or other material goods from any of your relatives?  
**Q5\_2\_9**  
 1. Yes → 5.2.10 & 5.2.11  
 2. No → 5.2.12

5.2.10 Which relative provided you with food/clothes?			5.2.11 How often?							
	(A) Relationship	(B) Line No.								
1	<b>Q5_210A1</b>	<b>Q5_210B1</b>	<b>Q5_210C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3			1	2	3	4	5	6	7	8
4	<b>Q5_210A4</b>	<b>Q5_210B4</b>	<b>Q5_210C4</b>							

- 5.2.12 In the past 12 months, did you receive physical care (e.g., help with eating, bathing, toileting, moving around the house) from any of your family members?  
 1. Yes → Go to 5.2.13 & 5.2.14 **Q5\_2\_12**  
 2. No → Go to 5.2.15

5.2.13 Which relative provided you with physical care?			5.2.14 How often?							
	(A) Relationship	(B) Line No.								
1	<b>Q5_213A1</b>	<b>Q5_213B1</b>	<b>Q5_213C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3			1	2	3	4	5	6	7	8
4	<b>Q5_213A4</b>	<b>Q5_213B4</b>	<b>Q5_213C4</b>							

- 5.2.15 In the past 12 months, did you receive help to go to the doctors, marketing, shopping, go out to visit friends, using public transportation from any of your family members?  
 1. Yes → Go to 5.2.16 & 5.2.17 **Q5\_2\_15**  
 2. No → Go to 5.2.18

5.2.16 Which relative provided you with this help?			5.2.17 How often?							
	(A) Relationship	(B) Line No.								
1	<b>Q5_216A1</b>	<b>Q5_216B1</b>	<b>Q5_216C1</b>							
2	↓	↓	1	2	3	4	5	6	7	8
3			1	2	3	4	5	6	7	8
4	<b>Q5_216A4</b>	<b>Q5_216B4</b>	<b>Q5_216C4</b>							

- 5.2.18 In the past 12 months, did you receive emotional support or advice from any of your family members?  
 1. Yes → Go to 5.2.19 & 5.2.20 **Q5\_2\_18**

2. No → Go to 5.3

5.2.19 Which relative gave you emotional support/advice?		5.2.20. How often?	
(A) Relationship	(B) Line No.		
1	Q5_219A1	Q5_219B1	Q5_219C1
2	↓	↓	1 2 3 4 5 6 7 8
3	↓	↓	1 2 3 4 5 6 7 8
4	Q5_219A4	Q5_219B4	Q5_219C4

### 5.3 INTRACTION WITH CHILDREN AND GRANDCHILDREN

We would like to know how often do you engage in the following activities with your children/grandchildren who are currently living with you?

- 5.3.1 1. No children living with the elder **Go to 5.3.5** Q5\_3\_1  
 2. No grandchildren living the elder

5.3.1.1 How often do you do the...(read out) activities with your children/grandchildren living with you?

1. Daily	2. Weekly	3. Monthly	4. Few times a year	5. Once a year	6. Less than once a year	7. Depends	8. DK/CS
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Type of activity Rotate the Statement	5.3.1 Do you do the following activity with your children? 1. Yes 2. No	5.3.2 Frequency Show the Regular frequency card	5.3.3 Do you do the following activity with your grandchildren? 1. Yes 2. No	5.3.4. Frequency Show the Regular frequency card
a Have meals together	Q5_3_1A 1 2	Q5_3_2A 1 2 3 4 5 6 7 8	Q5_3_3A 1 2	Q5_3_4A 1 2 3 4 5 6 7 8
b Spend leisure time together (chat, go for outings, recreational activities)	1 2	1 2 3 4 5 6 7 8	1 2	1 2 3 4 5 6 7 8
c Discuss important family matters	1 2	1 2 3 4 5 6 7 8	1 2	1 2 3 4 5 6 7 8
d Others (specify)	Q5_3_1D 1 2	Q5_3_2D 1 2 3 4 5 6 7 8	Q5_3_3D 1 2	Q5_3_4A 1 2 3 4 5 6 7 8

- 5.3.5. 1. No children living elsewhere **Go to 5.4**  
 2. No grandchildren living elsewhere Q5\_3\_5

5.3.5.1. How often do you do the following activities with your children/grandchildren living elsewhere?

Type of activity Rotate statements	5.3.6 Do you do the following activity with your children? 1. Yes 2. No	5.3.7 Frequency	5.3.8 Do you do the following activity with your grandchildren? 1. Yes 2. No	5.3.9. Frequency
a Have meals together	Q5_3_6A 1 2	Q5_3_7A 1 2 3 4 5 6 7 8	Q5_3_8A 1 2	Q5_3_9A 1 2 3 4 5 6 7 8
b Spend leisure time together (chat, go for outings, recreational activities)	1 2	1 2 3 4 5 6 7 8	1 2	1 2 3 4 5 6 7 8
c Discuss important family matters	1 2	1 2 3 4 5 6 7 8	1 2	1 2 3 4 5 6 7 8
d Others (specify)	Q5_3_6D 1 2	Q5_3_7D 1 2 3 4 5 6 7 8	Q5_3_8D 1 2	Q5_3_9D 1 2 3 4 5 6 7 8

5.4 **Family Decision Making Process and elders involvement**

5.4.1 We would like to know how your family makes decisions about expenditures and use of time..

Expenditures and use of time (Rotate the statements)	Elder	Spouse	Male Child	Female child	Mother	Father	Mother in Law	Father in law	Brother	Sister	Brother in law	Sister in Law	Grand parents	Other, Specify	Son/daughter in law	Grand children	Can't answer /DK	Not applicable
a Food eaten at Home							7	8	9	10	11	12	13	14	15	16	17	99
b Your clothes	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
c Your children's education	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
d Your children's health	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
e Large expensive purchases for the household (i.e., refrigerator or TV)	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
f Giving money to your parents/family	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
g Giving money to your spouse's parents/family	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
h Money for monthly savings	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
Use of time																		
i Time the spouse spends socializing	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	99
j <b>Whether you/your spouse works?</b>	1						7	8	9	10	11	12	13	14	15	16	17	99

**5.5 Family and external relationship and perception on elderly**

5.5.1 If you were to fall ill, is there someone who can take care of you?

- 1. Yes → Go to Q 5.5.2 **Q5\_5\_1**
- 2. No → Go to Q 5.5.3

5.5.2 Please say who this is. (Spouse, son etc) (May be more than one person).

- 5.5.2.1 \_\_\_\_\_ **Q5\_5\_2\_1** **Q5\_5\_2S1**
- 5.5.2.2 \_\_\_\_\_ **Q5\_5\_2\_2** **Q5\_5\_2S2**

5.5.3 If you needed financial help, is there someone whom you can turn to for help?

- 1. Yes → Go to Q 5.5.4 **Q5\_5\_3**
- 2. No → Go to Q 5.5.5

5.5.4 Please say who this is. (May be more than one person).

- 5.5.4.1 \_\_\_\_\_ **Q5\_5\_4\_1** **Q5\_5\_4S1**
- 5.5.4.2 \_\_\_\_\_ **Q5\_5\_4\_2** **Q5\_5\_4S2**

5.5.5 If you needed someone to talk to, is there someone who can be there for you?

- 1. Yes → Go to Q 5.5.6 **Q5\_5\_5**
- 2. No → Go to Q 5.5.7

5.5.6 If yes, please say who this is. (May be more than one person).

- 5.5.6.1 \_\_\_\_\_ **Q5\_5\_6\_1** **Q5\_5\_6S1**
- 5.5.6.2 \_\_\_\_\_ **Q5\_5\_6\_2** **Q5\_5\_6S2**

5.5.7 Here are some statements relating to relationships and well being. Please tell me to what extent you agree or disagree with each statement. (Circle response)

**Q5\_5\_7\_1**



**Q5\_5\_7\_4**

(Rotate the statements)	Strongly agree	Agree	Disagree	Strongly disagree	Don't know
a. I believe I am very important in my family	1	2	3	4	5
b. I believe I am very important to my friends	1	2	3	4	5
c. As I grow older, I feel less stress and worry less about things	1	2	3	4	5
d. Aging is a very depressing stage of life	1	2	3	4	5

5.5.8 In terms of your satisfaction with your family life in the last 3 months, please rate the following:

**Q5\_5\_8A**



**Q5\_5\_8C**

(Rotate the statements)	Poor	Fair	Good	V Good	Excellent
a The amount of togetherness and cohesion you have	1	2	3	4	5
b The support and understanding you give each other	1	2	3	4	5
c The amount you talk things over	1	2	3	4	5

5.5.9 Overall, how happy are you with your family life?

**Q5\_5\_9**

- 1. Extremely happy
- 2. Very Happy
- 3. Somewhat happy
- 4. Not too happy
- 5. Somewhat unhappy
- 6. Very unhappy

5.5.10 How often do you feel worried or stressed in your daily life?

**Q5\_5\_10**

- 1. A lot → Go to 5.5.11
- 2. Some → Go to 5.5.11
- 3. Very little → Go to 5.5.11
- 4. Not at all → Go to 5.5.12

5.5.11 What would you say is your main source of worry or stress? (Only ask respondents who report a lot, some, or very little stress). Only one answer allowed.

1. Financial problems
2. Health
3. Family Q5\_5\_11
4. Friends
5. Work
6. Others (Specify) \_\_\_\_\_

5.5.12 In your opinion, who should be primarily responsible for taking care of parents at their old age?

1. Aged parents should be independent
2. Sons Q5\_5\_12
3. Daughters
4. Children
5. Others (Specify) \_\_\_\_\_

5.5.13 In your opinion what is the best living arrangement for the elderly?

1. Live alone/live with spouse
2. Live with son Q5\_5\_13
3. Live with daughter
4. Live with other close relatives
5. Live in old age homes
6. Other (Specify) \_\_\_\_\_

5.5.14 Do you know of old age homes?

1. Yes → 5.5.15 Q5\_5\_14
2. No → 5.5.16

5.5.15 Would you consider joining an old age home?

1. Yes
2. No Q5\_5\_15
98. Don't Know

5.5.16 Are you a member of any of the following groups? (Circle all that apply)

1. Political Parties
2. Trade Union
3. Senior citizen's club
4. Residence association
5. Sports club
6. Religious organization
7. Educational or study group (Environment)
8. Women's unit
9. Widows Association
10. Agricultural society
11. Traders or Business Association
12. Fishery society
13. Samurdhi
14. Sanasa
15. Death Donation Society
16. Village development society
17. Meditation group/class
18. Sarvodaya
19. Other (Specify)
20. Not a member of any group

Q55\_1601



Q55\_1620

**Section 6 : Health and Health Care Use**

**6.1 GENERAL HEALTH CONDITION AND FUNCTIONAL LIMITATIONS**

**a. Self-assessed health condition**

We would like to know about your current health condition.

6.1.1 Would you describe your current health status as excellent, very good, good, fair or poor?

- 1. Excellent
- 2. Very good **Q6\_1\_1**
- 3. Good
- 4. Fair
- 5. Poor
- 98. DK

6.1.2 Compared to another person of your age and sex, would you say your health is:

- 1. Better than others
- 2. Same as others **Q6\_1\_2**
- 3. Worse than others

6.1.3 Do you have any of the following physical disabilities?

	1. Yes	2. No
6.1.3.a Loss of one arm/ both arms	1	2
6.1.3.b Loss of one leg /both legs	1	2
6.1.3.c Paralysis of one arm	1	2
6.1.3.d Paralysis of both arms	1	2
6.1.3.e Paralysis of one leg	1	2
6.1.3.f Paralysis of both legs	1	2
6.1.3.g Other (Specify)	1	2

**Q6\_1\_3A**



**Q6\_1\_3G**

**b. Hearing and vision**

Next we would like to know about your hearing and vision.

6.1.4 Can you hear a person at his or her normal volume?

- 1. Easily
- 2. With some difficulty **Q6\_1\_4**
- 3. With a lot of difficulty
- 4. Unable to do it.

6.1.5 Has a doctor recommend you to use a hearing aid?

- 1. Yes **Q6\_1\_5**
- 2. No

6.1.6 Do you use a hearing aid?

- 1. Yes
- 2. No **Q6\_1\_6**
- 3. Do not need

6.1.7 Have you any problems with your vision/seeing in either or both your eyes (without eyeglasses):

1. No difficulties
2. Some difficulties
3. A lot of difficulties
4. Fully blind

**Q6\_1\_7**

6.1.8 Has a doctor recommend you to wear eyeglasses or contact lenses?

- 1. Yes
- 2. No **Q6\_1\_8**

6.1.9 Do you wear eyeglasses or contact lenses?

- 1. Yes
- 2. No **Q6\_1\_9**

**c. Capabilities in doing daily activities**

6.1.10 Does your health limit you in any way in doing the following?

	Yes	No	If yes, for how long? --- years, ---- months	
a. Walking	<b>Q6_1_10A</b> ↓ 1	2	<b>Q6_110YA</b> ↓	<b>Q6_110MA</b> ↓
b. Walking uphill	1	2		
c. Eating, dressing, bathing or using the toilet?	<b>Q6_1_10C</b> 1	2	<b>Q6_110YC</b>	<b>Q6_110MC</b>

6.1.11 We want to know if you can perform the following daily activities

	If you have to [----], could you do it: 1.Easily; 2.Have trouble; 3.Unable to do it.	For how long have you had difficulty/been unable to do it? -----years ----months
a. Eat without assistance	<b>Q6_1_11A</b>	<b>Q6_1_11YA/Q6_1_11MA</b>
b. Dress yourself without help	↓ 1 2 3	/ ↓
c. Go to the toilet without help	↓ 1 2 3	/ ↓
d. Take your medication	↓ 1 2 3	/ ↓
e. Sweep the floor or yard	1 2 3	/
f. Stand up from sitting on a chair without help	1 2 3	/
g. Stand up from a sitting position on the floor without help	1 2 3	/
h. Bathe without help	1 2 3	/
i. Draw pail of water from a well	1 2 3	/
j. Prepare your meals	1 2 3	/
k. Shop for food or obtain food from usual source	1 2 3	/
l. Walk for one mile	1 2 3	/
m. Carry a heavy load (e.g. xx lbs of rice) for 20 yards	1 2 3	/
n. Bend stoop or bow	1 2 3	/
o. Manage your money/finances	<b>Q6_1_11O</b>	<b>Q6_1_11YO/Q6_1_11MO</b>

**6.2 CHRONIC MORBIDITY**

Next, we would like to know about any chronic diseases you may have.

6.2.1 Has a doctor ever told you that you have..... {.....}

1. Yes → 6.2.2
2. No → 6.2.3. **Q6\_2\_1**

6.2.2 Which health provider have you seen for [-----] during the past 3 months?

Rotate the Statement	6.2.1. you have [-----] Yes No DK	6.2.2 Which health provider have you seen for [-----] during the past 3 months? <b>Can't say 99</b> Use provider code
a. Arthritis, rheumatism	<b>Q6_2_21A</b>	<b>Q6_2_22A</b>
b. Diabetes	1 ↓ 2 3	↓
c. Heart attack, coronary heart disease, angina, other heart problems	1 ↓ 2 3	↓
d. Hypertension/ stroke	1 ↓ 2 3	↓
e. Malignant tumours/cancer	1 ↓ 2 3	↓
f. Cataract	1 ↓ 2 3	↓
g. Urinary incontinence	1 ↓ 2 3	↓
h. Others (specify)*	<b>Q6_2_21H</b>	<b>Q6_2_22H</b>

\*Interviewer should ask to examine respondent's diagnosis card, if one is available. Interviewer should then note down conditions such as Alzheimer's, depression, asthma etc. that listed on the diagnosis card.

1=Government hospital (national, teaching, base, district, peripheral unit and maternal etc)
2=Government dispensary or MOH
3=Private hospital
4=Private clinic
5=Private physician (general practitioner, specialist or dentist)
6=Ayurvedic hospital
7=Ayurvedic doctor
8=Nurse or Family Health Worker
9=Other

6.2.3 Have you broken your hip in the past twelve months?

- 1 Yes Q6\_2\_3
- 2 No

**6.3 ACUTE MORBIDITY**

6.3.1 During the past ONE month were you sick? (e.g. cold, fever, cough etc.). If yes, ask for how many days.

- 1 Yes, for ----- days; → Go to 6.3.2 Q6\_3\_1
- 2 No → Go to Section 6.4

6.3.2 Of those days you were sick, how many days were you unable to carry out your day to day activities? -----days Q6\_3\_2

6.3.3 Of those days you were sick, how many days were you unable to go to your job? -----days Q6\_3\_3

Now, we would like to know if you have had any of the following symptoms during the past ONE month

Rotate the Statement	6.3.4 Sick during the past one month 1=Yes; 2=No (1)		6.3.5 Symptom 1=Did nothing;2= Self-treated; 3=Sought outside care (2)			6.3.6 If you sought care outside, which type of provider? Use provider code (3)
a. Headache	Q6_3_4A		Q6_3_5A			Q6_3_6A
b. Eye infection	1	2	1	2	3	
c. Toothache	1	2	1	2	3	
d. Dry cough	1	2	1	2	3	
e. Cough	1	2	1	2	3	
f. Wheezing	1	2	1	2	3	
g. Short, rapid breath	1	2	1	2	3	
h. Breathlessness	1	2	1	2	3	
i. Nausea, vomiting	1	2	1	2	3	
j. Diarrhea	1	2	1	2	3	
k. Stomach ache	1	2	1	2	3	
l. Painful or swollen joints	1	2	1	2	3	
m. Fever	1	2	1	2	3	
n. Burns, wounds/injuries	1	2	1	2	3	
o. Other symptoms	Q6_3_4O		Q6_3_5O			Q6_3_6O

(a) If multiple visits were made for the same symptom, record the type of provider that was sought first.

## 6.4 Cognitive health

This question has to be asked from the half of the sample (other half with mental health – 6.10)

Responses : 1. correct; 2. incorrect; 3. DK

<p><b>Q6_4_1</b> The next questions are about your memory</p>	<p>I will point to some things and would like you to name the objects</p>
<p>6.4.1 What day of the week is it? 1 2 3</p>	<p>6.4.9 Interviewer hold up pen 1 2 3</p>
<p>6.4.2 What is the date today? 1 2 3</p>	<p>6.4.10 Interviewer point to watch 1 2 3</p>
<p>6.4.3 What is the month? 1 2 3</p>	<p>6.4.11 Interviewer point to table 1 2 3</p>
<p>6.4.4 What is the year? 1 2 3</p>	<p>6.4.12 Interviewer point to your elbow 1 2 3</p>
<p>6.4.5 What district are we in? 1 2 3</p> <p>I am going to name two objects. After I have said them, I want you to repeat them. Remember what they are because I am going to ask you to name them in a few minutes: HOUSE, CAT</p> <p>Next, we're going to do some things with numbers. This is sometimes hard for people, just try to do the best you can.</p>	<p>Read the full statement below and hand the respondent a blank piece of paper. "Take this paper in your right hand and fold the paper in half, and put the paper down on your lap"</p>
<p>6.4.6 If I have Rs.20 and give you Rs.15, how much do I have left? <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/></p>	<p>6.4.13 Respondent takes the paper in right hand: <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/></p> <p>6.4.14 Respondent folds the paper in half: <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/></p> <p>6.4.15 Respondent puts the [paper down on his/her lap] <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/></p> <p><b>Q6_4_15</b></p>
<p>6.4.7 If 1kg of rice costs Rs.75, how much are 2kgs of rice? <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/></p>	
<p>6.4.8 Do you remember the two objects I asked you to remember a short while ago? House, cat <input type="text" value="1"/> <input type="text" value="2"/> <input type="text" value="3"/></p>	

## 6.5 SELF-TREATMENT

### Self-treatment

- k. This is to find out if you have treated yourself during the past ONE month and the types of treatment you got.

Type of self-treatment	6.5.1 During the past one month have you ever [----] ] 1 = Yes 2 = No	6.5.2 What is the approximate total cost to purchase or make that medicine during the past one month? -----Rs. 98=DK
a. Consumed over-the-counter modern medicines (like Panadol, Ventolin, Geevani, Disprin, Geevani)	<b>Q6_5_1A</b> 1 2	<b>Q6_5_2A</b>
b. Consumed traditional herbs or traditional medicines as treatment	<b>Q6_5_1B</b> 1 2	<b>Q6_5_2B</b>

## 6.6 OUTPATIENT CARE UTILISATION

- 6.6.1 Have you had a general check-up performed in the last 5 years?

1. Yes
2. No **Q6\_6\_1**
3. DK

- 6.6.2 Have you had any of the following medical tests or procedures during the past 12 months?

a. Blood sugar measurement	<b>Q6_6_2A</b>	1.Yes	2.No	98.DK
b. Blood pressure measurement	<b>Q6_6_2B</b>	1.Yes	2.No	98.DK

- 6.6.3 Do you have a family doctor or other physician who you can visit or be seen by on a regular basis for routine medical problems?

1. Yes
2. No **Q6\_6\_3**
3. DK

**The rest of this section pertains to medical facilities or medical providers you have visited for outpatient care during the past 1 month.**

- 6.6.4 In the last one month, have you visited a hospital, clinic or doctor or been visited by a doctor or other health professional?

1. Yes → go to **6.6.5** **Q6\_6\_4**
2. No → go to **6.7**

- 6.6.5 This is to ask about which types of providers you visited and how often.

Type of medical facility Rotate The Statement	6.6.5.1 Within the last 1 month have you been to [----]/ visited by [---] 1. Yes 2. No	6.6.5.2 How many times did you visit / been visited by [----] during last 1 month?
a. Government hospital	<b>Q6_6_51A</b>	<b>Q6_6_52A</b>
b. Government dispensary or MOH	1 2	
c. Private hospital	1 2	
d. Private clinic	1 2	
e. Private physician (general practitioner, specialist or dentist)	1 2	
f. Ayurvedic hospital	1 2	
g. Ayurvedic doctor	1 2	
h. Nurse or FHW	1 2	
i. Other	<b>Q6_6_51I</b>	<b>Q6_6_52I</b>

**Information about your outpatient care visits.**

This is to collect detailed Information about your outpatient care visits if it took place in the past month.

1. outpatient care visits took place 2. outpatient care visits didn't take place Q6\_65

**Interviewer : 6.6.7 to 6.7.13 questions has to be asked from half of the sample (other half with inpatient visit - 6.7.4 - 6.7.6.)**

	<i>Past month visit</i>
6.6.6 Type of medical provider Use provider code	Q6_6_6
6.6.7 What was the purpose of this visit? Select all that apply 1. Treatment of illness 2. Medicine 3. Other	Q6_6_7
6.6.8 Was the visit to [----] the first visit or a follow-up visit for the symptom? 1. First 2. Follow-up	Q6_6_8
6.6.9 What is the travel time (one-way) to [----]? -----mins -----hrs 98. DK	Q6_6_9M Q6_6_9H
6.6.10 What was the total transportation cost to the facility (include fuel cost, bus/train costs etc.) Rs ----- 1. No cost 98. DK	Q6_6_10 Q6_6_10S
6.6.11 Did you go alone? 1. Yes go to 6.6.13 2. No → go to 6.6.12	Q6_6_11
6.6.12 Who accompanied you? Family member [Insert individual code from family roster] 95. Other relative who is not living with you 96. Friend 97. Neighbor 98. Other	Q6_6_12
6.6.13 Upon arrival, how long did you have to wait to be examined? -----mins -----hrs 1. did not have to wait 98. DK	Q6_6_13M Q6_6_13H Q6_6_13S
6.6.14 If you had to buy medicines or supplies, how much did you spend? Rs.----- 1. No cost 98. DK	Q6_6_14 Q6_6_14S
6.6.15 What was the total cost of treatment including medications that may have been administered, not including prescription cost? Rs ----- 1.No cost 98.DK	Q6_6_15 Q6_6_15S

## 6.7 INPATIENT CARE UTILISATION

6.7.1 During the past one month have you ever been admitted as an inpatient?

1. Yes → **FILL THIS SECTION**
2. No → go to 6.8 Q6\_7\_1

6.7.2 This is to collect detailed information about your last inpatient visit which occurred in past month.  
(6.7.4 to 6.7.6 questions has to be asked from half of the sample (other half with 6.6.7 - 6.7.13))

	<i>Last month visit</i>
6.7.3 Type of medical provider Use provider codes	Q6_7_3
6.7.4 How many nights were you hospitalized for? ---- No of Days/Nights 98. DK	Q6_7_4
6.7.5 What is the travel time (one-way) to [----]? -----mins -----hrs 98. DK	Q6_7_5M Q6_7_5H
6.7.6 What was the total transportation cost to the facility (include fuel cost, bus/train costs etc.) -----Rs 1. no cost 98. DK	Q6_7_6
6.7.7 If you had to buy medicines or supplies, how much did you spend? -----Rs. 1. no cost 98. DK	Q6_7_7
6.7.8 Upon discharge, what was the total cost of hospitalisation including medications that may have been administered, but not including self- purchased medications and blood supply? -----Rs. 1. no cost 98. DK	Q6_7_8

## 6.8 Consumption of tobacco and alcohol

We would like to ask you about smoking/chewing cigarettes/cigars/tobacco/betel leaf, either now or in the past.

	6.8.1 Have you ever had the habit of smoking/chewing cigarettes/cigars /tobacco/betel leaf and have now stopped, or do you still have the habit now, or have you never had these habits[---]? 1. Have the past but have quit 2. Still have habit 3. Never		
a. Betel leaf	1	2	3
b. Cigarettes/cigars Pipe	1	2	3

### Alcohol consumption

6.8.2 Do you ever drink any alcoholic beverages such as beer, wine, or liquor?

1. Yes
2. No Q6\_8\_2
3. Never have used alcohol

**6.9 INSURANCE COVERAGE**

6.9.1 Are you covered by a medical insurance scheme, or any scheme in which your employer pays for treatment?

- 1. Yes Q6\_9\_1
- 2. No

**6.10 Mental Health**

**Interviewer Instruction:**

**This question has to be asked only from the half of the sample (other half with cognitive health- 6.4) Please use the Geriatric Depression Scale**

*Instructions: Choose the best answer for how you felt over the past week.*

No.	Question (Rotate the statements)	Answer		
		1. Yes	2. No	3. (DK/CS/RA)
6.10.1	Are you basically satisfied with your life?	Q6_10_1		
6.10.2	Have you dropped many of your activities and interests?	1	2	3
6.10.3	Do you feel that your life is empty?	1	2	3
6.10.4	Do you often get bored?	1	2	3
6.10.5	Are you in good spirits most of the time?	1	2	3
6.10.6	Are you afraid that something bad is going to happen to you?	1	2	3
6.10.7	Do you feel happy most of the time?	1	2	3
6.10.8	Do you often feel helpless?	1	2	3
6.10.9	Do you prefer to stay at home, rather than going out and doing new things?	1	2	3
6.10.10	Do you feel you have more problems with memory than most?	1	2	3
6.10.11	Do you think it is wonderful to be alive?	1	2	3
6.10.12	Do you feel pretty worthless the way you are now?	1	2	3
6.10.13	Do you feel full of energy?	1	2	3
6.10.14	Do you feel that your situation is hopeless?	1	2	3
6.10.15	Do you think that most people are better off than you are?	Q6_10_15		

6.10.16 What is your assessment of the esteem you are held in your home and in your society after you reached the age of 60

- (1) Decreased (2) Increased (3) No change (4) No reply

**Thanks and terminate the interview.**

RC Result Code	
Completed	1
Incomplete	2
Ineligible	3

WF: Weighting Factor	WF								
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**Special Notes :**