

# Study of Nutritional Status and Diet in Adolescent Girls in Zambezia 2010

**University of Helsinki, Finland**

report\_generated\_on: February 28, 2023

visit\_data\_catalog\_at: <https://microdata.worldbank.org/index.php>

## Identification

### SURVEY ID NUMBER

MOZ\_2010\_ZANE\_v01\_M\_v01\_A\_OCS

### TITLE

Study of Nutritional Status and Diet in Adolescent Girls in Zambezia 2010

### COUNTRY/ECONOMY

Name	Country code
Mozambique	MOZ

### STUDY TYPE

Other Household Survey [hh/oth]

### ABSTRACT

To explore the diet and nutritional status of adolescent girls in Zambézia Province, Mozambique, in two seasons and in different types of communities.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Scope

### NOTES

The survey collected information on:

- Subjects: information on the participants such as age, sex and geographical location.
- Consumption: information on all foods consumed by each participant in each survey day, including quantities and nutrient values. The population group covered in the survey was adolescent girls.

## Coverage

### GEOGRAPHIC COVERAGE

Sub-national coverage, both urban and rural areas.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name
University of Helsinki, Finland

## Sampling

### SAMPLING PROCEDURE

The sampling was carried out in five areas: (1) Quelimane City, (2) the district town of Maganja da Costa (Vila de Maganja da Costa), (3) rural villages in Maganja da Costa, (4) the district town of Morrumbala (Vila de Morrumbala), and (5) rural villages in Morrumbala. Villages located within a 45 to 60 minute drive from the study centers (health centers and hospitals) were considered. The sampling was carried out in two stages: the 1st stage involved selection of neighborhoods or villages, and

the 2nd stage involved the selection of households.

#### WEIGHTING

Post-stratification sampling weights based on the total population of 15- to 19-year-old girls in the five study areas have been created after the field work.

## data\_collection

#### DATES OF DATA COLLECTION

Start	End
2010-01-25	2010-06-06

#### DATA COLLECTION MODE

Face-to-face [f2f]

#### DATA COLLECTION NOTES

The primary dietary assessment method was individual quantitative 24-hour recall, covering both week days and weekends. For 109 subjects, 4 survey days were recalled. In addition, a short, non-validated, seven-day FFQ (FPQ) not asking portion sizes was designed for this study to capture food consumption patterns for the period of one week. FFQ available at: <http://urn.fi/URN:ISBN:978-951-51-1899-8>

## Access policy

#### CONTACTS

Name	Email
Food and Agriculture Organization	fao-who-gift@fao.org

#### CONFIDENTIALITY

The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO.

#### ACCESS CONDITIONS

Micro datasets disseminated by FAO shall only be allowed for research and statistical purposes. Any user which requests access working for a commercial company will not be granted access to any micro dataset regardless of their specified purpose. Users requesting access to any datasets must agree to the following minimal conditions:

- The micro dataset will only be used for statistical and/or research purposes;
- Any results derived from the micro dataset will be used solely for reporting aggregated information, and not for any specific individual entities or data subjects;
- The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO;
- The micro dataset cannot be re-disseminated by users or shared with anyone other than the individuals that are granted access to the micro dataset by FAO.

#### CITATION REQUIREMENTS

Study of Nutrition Status and Diet in Adolescent Girls in Zambia (ZANE): Mozambique, 2010; Department of Food and Nutrition, University of Helsinki, Finland. Harmonized for the Global Dietary Database.

## Disclaimer and copyrights

#### DISCLAIMER

The user of the data acknowledges that the original collector of the data, the authorized distributor of the data, and the relevant funding agency bear no responsibility for use of the data or for interpretations or inferences based upon such uses.

## Metadata production

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## DDI DOCUMENT ID

DDI\_MOZ\_2010\_ZANE\_v01\_M\_v01\_A\_OCS

## PRODUCERS

Name	Abbreviation	Affiliation	Role
Office of Chief Statistician	OCS	Food and Agriculture Organization	Metadata adapted for FAM
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

## DATE OF METADATA PRODUCTION

2023-02-23

## DDI DOCUMENT VERSION

Version 01 (February 2023): This metadata was downloaded from the FAO website (<https://microdata.fao.org/index.php/catalog>) and it is identical to FAO version (MOZ\_2010\_ZANE\_v01\_EN\_M\_v01\_A\_OCS). The following two metadata fields were edited - Document ID and Survey ID.

**data\_dictionary**

<b>Data file</b>	<b>Cases</b>	<b>variables</b>
<b>anon_consumption_user</b>	0	45
<b>anon_subject_user</b>	0	23



**Data file: anon\_consumption\_user**

Cases: 0

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variables: 45

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**variables**

ID	Name	Label	Question
V1	SUBJECT	Subject identification	
V2	ROUND	Round	
V3	SURVEY_DAY	Day number	
V4	RESPONDER	Responder	
V5	CONSUMPTION_DAY	Day of consumption	
V6	CONSUMPTION_MONTH	Month of consumption	
V7	CONSUMPTION_YEAR	Year of consumption	
V8	WEEK_DAY	Week day of consumption	
V9	FOOD_TYPE	Type of the eating occasion	
V10	RECIPE_CODE	ID Recipe	
V11	RECIPE_DESCR_ENG	Recipe description in English	
V12	AMOUNT_RECIPE	Amount recipe consumed (g)	
V13	CODE_INGREDIENT	Original ingredient code	
V14	INGREDIENT_ENG	Food item or Ingredient description in English	
V15	FOODEX2_INGR_CODE	FoodEx2 ingredient code	
V16	FOODEX2_INGR_DESCR	FoodEx2 ingredient description	
V17	FOOD_AMOUNT_UNPROC	Food amount (edible) before processing/cooking (raw amount) (g)	
V18	FOOD_AMOUNT_REPORTED	Food amount (edible) as reported in the survey (g)	
V19	ENERGY_kcal	Energy (kcal)	
V20	PROTEIN_g	Protein (g)	
V21	CARBOH_g	Carbohydrates (g)	
V22	FIBTG_g	Fibre total dietary (g)	
V23	FAT_g	Fat (g)	
V24	SAT_FAT_g	Saturated fat (g)	
V25	MUFA_g	Monounsaturated fat (g)	
V26	PUFA_g	Poly-unsaturated fat (g)	
V27	CALC_mg	Calcium (mg)	
V28	IRON_mg	Iron (mg)	
V29	ZINC_mg	Zinc (mg)	
V30	MG_mg	Magnesium (mg)	
V31	PHOS_mg	Phosphorus (mg)	
V32	POTA_mg	Potassium (mg)	
V33	NA_mg	Sodium (mg)	
V34	VITC_mg	Vitamin C (mg)	
V35	THIA_mg	Thiamine (mg)	
V36	RIBO_mg	Riboflavin (mg)	
V37	NIAC_mg	Niacin (mg)	
V38	VITB6_mg	Vitamin B6 (mg)	

ID	Name	Label	Question
V39	FOLDFE_mcg	Folate ( $\mu\text{g}/\text{mcg}$ DFE)	
V40	VITB12_mcg	Vitamin B12 ( $\mu\text{g}/\text{mcg}$ )	
V41	VITA_RAE_mcg	Vitamin A ( $\mu\text{g}/\text{mcg}$ RAE)	
V42	BCAROT_mcg	Beta-carotene ( $\mu\text{g}/\text{mcg}$ )	
V43	VITE_mg	Vitamin E, alpha-tocopherol equivalents (mg)	
V44	EPA_DHA_g	Eicosapentaenoic acid + Docosahexaenoic acid (g)	
V45	VERSION	Version	

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total: 45

**Data file: anon\_subject\_user**

Cases: 0

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variables: 23

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**variables**

ID	Name	Label	Question
V46	ADM0_NAME	Country	
V47	ADM1_NAME	Region	
V48	ADM2_NAME	Subregion	
V49	WEIGHTING_FACTOR	Weight factor	
V50	AREA_TYPE	Area	
V51	HOUSEHOLD	ID Household	
V52	SUBJECT	ID Subject	
V53	ROUND	Round	
V54	SEX	Sex	
V55	AGE_YEAR	Age (years)	
V56	ANT_DAY	Day of measurement	
V57	ANT_MONTH	Month of measurement	
V58	ANT_YEAR	Year of measurement	
V59	WEIGHT	Weight (kg)	
V60	HEIGHT	Height (cm)	
V61	METHOD_WEIGHT	Method for body weight measurement	
V62	METHOD_HEIGHT	Method for height measurement	
V63	SPECIAL_DIET	Special diet	
V64	PREG_LACT	Pregnant/lactating	
V65	BREASTFEEDING	Breastfeeding	
V66	UNOVERREP	Under/over reporters for energy	
V67	ACTIVITY	PAL	
V68	VERSION	Version	

total: 23



**SUBJECT: Subject identification****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**RECIPE\_CODE: ID Recipe****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**ROUND: Round****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**SURVEY\_DAY: Day number****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**RESPONDER: Responder****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: 1 - 7 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Self
2	Person responsible for cooking
3	Parent/Guardian

4	Other relative
5	Nanny/Nurse/Friend/Neighbor
6	Proxy (unspecified)
7	Trained data collectors stayed with each participant recordi

### CONSUMPTION\_DAY: Day of consumption

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

### CONSUMPTION\_MONTH: Month of consumption

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

### CONSUMPTION\_YEAR: Year of consumption

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

### WEEK\_DAY: Week day of consumption

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 7 Format: Numeric

#### Questions and instructions

#### CATEGORIES

Value	Category
1	Sunday
2	Monday
3	Tuesday

4	Wednesday
5	Thursday
6	Friday
7	Saturday

## FOOD\_TYPE: Type of the eating occasion

Data file: anon\_consumption\_user

### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 5 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
1	Simple food item (including food supplements, etc)
2	Reported disaggregated mixed dish/recipe
3	Standard disaggregated mixed dish/recipe
4	Non-disaggregated mixed dish/recipe
5	Disaggregated mixed dish/recipe, unspecified if reported or

## RECIPE\_DESCR\_ENG: Recipe description in English

Data file: anon\_consumption\_user

### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

## AMOUNT\_RECIPE: Amount recipe consumed (g)

Data file: anon\_consumption\_user

### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

## CODE\_INGREDIENT: Original ingredient code

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**INGREDIENT\_ENG: Food item or Ingredient description in English**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**FOODEX2\_INGR\_CODE: FoodEx2 ingredient code**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**FOODEX2\_INGR\_DESCR: FoodEx2 ingredient description**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Discrete Width: 8 Range: - Format: character

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**FOOD\_AMOUNT\_UNPROC: Food amount (edible) before processing/cooking (raw amount) (g)**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: - Format: Numeric

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**FOOD\_AMOUNT\_REPORTED: Food amount (edible) as reported in the survey (g)**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: - Format: Numeric

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**ENERGY\_KCAL: Energy (kcal)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

**PROTEIN\_G: Protein (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**CARBOH\_G: Carbohydrates (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**FIBTG\_G: Fibre total dietary (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**FAT\_G: Fat (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**SAT\_FAT\_G: Saturated fat (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**MUFA\_G: Monounsaturated fat (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**PUFA\_G: Poly-unsaturated fat (g)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**CALC\_MG: Calcium (mg)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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**IRON\_MG: Iron (mg)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**ZINC\_MG: Zinc (mg)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**MG\_MG: Magnesium (mg)****Data file:** anon\_consumption\_user

## Overview

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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### PHOS\_MG: Phosphorus (mg)

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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### POTA\_MG: Potassium (mg)

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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### NA\_MG: Sodium (mg)

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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### VITC\_MG: Vitamin C (mg)

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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### THIA\_MG: Thiamine (mg)

Data file: anon\_consumption\_user

#### Overview

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**RIBO\_MG: Riboflavin (mg)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**NIAC\_MG: Niacin (mg)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**VITB6\_MG: Vitamin B6 (mg)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**FOLDFE\_MCG: Folate ( $\mu\text{g}/\text{mcg}$  DFE)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

**VITB12\_MCG: Vitamin B12 ( $\mu\text{g}/\text{mcg}$ )****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: - Format: Numeric

**VITA\_RAE\_MCG: Vitamin A ( $\mu\text{g}/\text{mcg}$  RAE)****Data file:** anon\_consumption\_user**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 0 Range: - Format: Numeric

**BCAROT\_MCG: Beta-carotene (µg/mcg)**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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**VITE\_MG: Vitamin E, alpha-tocopherol equivalents (mg)**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**EPA\_DHA\_G: Eicosapentaenoic acid + Docosaheanoic acid (g)**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 2 Range: - Format: Numeric

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**VERSION: Version**

Data file: anon\_consumption\_user

**Overview**

Valid: 0 Invalid: 0  
Type: Continuous Decimal: 0 Range: - Format: Numeric

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**ADM0\_NAME: Country****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Discrete Width: 8 Range: - Format: character

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**ADM1\_NAME: Region****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Discrete Width: 8 Range: - Format: character

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**ADM2\_NAME: Subregion****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Discrete Width: 8 Range: - Format: character

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**WEIGHTING\_FACTOR: Weight factor****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**AREA\_TYPE: Area****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**HOUSEHOLD: ID Household****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

**SUBJECT: ID Subject****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

**ROUND: Round****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

**SEX: Sex****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Male
2	Female

**AGE\_YEAR: Age (years)****Data file:** anon\_subject\_user**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

**ANT\_DAY: Day of measurement****Data file:** anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**ANT\_MONTH: Month of measurement**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**ANT\_YEAR: Year of measurement**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 0 Range: - Format: Numeric

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**WEIGHT: Weight (kg)**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: - Format: Numeric

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**HEIGHT: Height (cm)**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: - Format: Numeric

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**METHOD\_WEIGHT: Method for body weight measurement**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0  
 Type: Continuous Decimal: 2 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Measured
2	Self-reported

**METHOD\_HEIGHT: Method for height measurement**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Measured
2	Self-reported

**SPECIAL\_DIET: Special diet**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 5 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Normal diet
2	Vegetarian diet
3	Slimming diet
4	Diet influenced by other conditions not previously mentioned
5	Other

**PREG\_LACT: Pregnant/lactating**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 4 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Non-pregnant non-lactating
2	Pregnant
3	Lactating
4	Pregnant and lactating

**BREASTFEEDING: Breastfeeding**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 4 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	No
2	Partially breastfeeding
3	Exclusively breastfeeding
4	Breastfeeding (unspecified if partially or exclusively)

**UNOVERREP: Under/over reporters for energy**

Data file: anon\_subject\_user

**Overview**

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 4 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
1	Under-reporter

2	Normal
3	Over-reporter
4	Cannot be estimated

## ACTIVITY: PAL

Data file: anon\_subject\_user

### Overview

Valid: 0 Invalid: 0

Type: Continuous Decimal: 2 Range: 1 - 4 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
1	Sedentary
2	Moderately active
3	Vigorously active
4	Extremely active

## VERSION: Version

Data file: anon\_subject\_user

### Overview

Valid: 0 Invalid: 0

Type: Discrete Width: 8 Range: - Format: character

## study\_resources

### technical\_documents

#### Study of Nutritional Status and Diet in Adolescent Girls in Zambezia 2010, Codebook

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title Study of Nutritional Status and Diet in Adolescent Girls in Zambezia 2010, Codebook  
country Mozambique  
language English  
filename fao\_who\_gift\_code\_book.xlsx

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