

Farm to School: A Multicomponent Food System Intervention to Increase Consumption of Fruit and Vegetables in Costa Rica 2018-2019

Institute of Nutrition of Central America and Panama (INCAP)

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Identification

SURVEY ID NUMBER

CRI_2018-2019_FSMFSIICFV_v01_M_v01_A_ESS

TITLE

Farm to School: A Multicomponent Food System Intervention to Increase Consumption of Fruit and Vegetables in Costa Rica 2018-2019

ABBREVIATION OR ACRONYM

FSMFSIICFV 2018-2019

COUNTRY/ECONOMY

Name	Country code
Costa Rica	CRI

STUDY TYPE

Individual Food Consumption/Dietary Survey [hh/ifcs]

ABSTRACT

The objective of the project was to increase the consumption of fruits and vegetables in schoolchildren in the city of San José, Costa Rica, by implementing a system of fruit and vegetable provision sustained in the school environment, in order to establish healthy eating habits at an early age.

KIND OF DATA

Sample survey data [ssd]

UNIT OF ANALYSIS

Individuals

Scope

NOTES

The survey collected information on:

- SUBJECTS: information on the participants such as age, sex and geographical location.
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values.

The population group covered in the dataset was children 8-12 years old.

Coverage

GEOGRAPHIC COVERAGE

Sub-national coverage, only urban areas.

Producers and sponsors

PRIMARY INVESTIGATORS

Name
Institute of Nutrition of Central America and Panama (INCAP)

Sampling

SAMPLING PROCEDURE

The schools were selected by convenience. Then, 4 class sections were selected by simple random sampling in each school. The schoolers authorized by their parents to participate in the study and voluntarily wanting to, were selected. From there, simple random sampling was applied to have the study sample.

WEIGHTING

No surveys weight were used in this survey.

Data collection

DATES OF DATA COLLECTION

Start	End
2018-10-16	2019-06-18

DATA COLLECTION MODE

Face-to-face [f2f]

DATA COLLECTION NOTES

Primary dietary assessment method: 24-hour recall, covering only week days, with no repeated recalls.

Secondary dietary assessment method: semi-quantitative food frequency questionnaire.

Access policy

CONTACTS

Email
fao-who-gift@fao.org

CONFIDENTIALITY

The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO

ACCESS CONDITIONS

Users requesting access to any datasets must agree to the following minimal conditions:

- The micro dataset will only be used for statistical and/or research purposes;
- Any results derived from the micro dataset will be used solely for reporting aggregated information, and not for any specific individual entities or data subjects;
- The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO;
- The micro dataset cannot be re-disseminated by users or shared with anyone other than the individuals that are granted access to the micro dataset by FAO.

CITATION REQUIREMENTS

Institute of Nutrition of Central America and Panama (INCAP), Guatemala; 2023; "Farm to School: a multicomponent food system intervention to increase consumption of Fruit and Vegetables in Costa Rica", 2019

Disclaimer and copyrights

DISCLAIMER

The user of the data acknowledges that the original collector of the data, the authorized distributor of the data, and the

Metadata production

DDI DOCUMENT ID

DDI_CRI_2018-2019_FSMFSIICFV_v01_M_v01_A_ESS_FAO

PRODUCERS

Name	Abbreviation	Affiliation	Role
Victoria Paduladequadros		Food and Agriculture Organization	Metadata producer
Oluwakayode Anidi		Food and Agriculture Organization	Metadata adapted for FAM
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

DDI DOCUMENT VERSION

Identical to a metadata (CPV_2014_UPHI-STAT_v01_EN_M_v01_A_ESS) published on FAO microdata repository (<https://microdata.fao.org/index.php/catalog>). Some of the metadata fields have been edited.

data_dictionary

Data file	Cases	variables
data_anon_subjects	572	23
data_anon_consumption	17807	78

Data file: data_anon_subjects

Cases: 572

variables: 23

variables

ID	Name	Label	Question
V149	ADM0_NAME	Country	
V150	ADM1_NAME	Region	
V151	ADM2_NAME	Subregion	
V152	WEIGHTING_FACTOR	Weight factor	
V153	AREA_TYPE	Area	
V154	HOUSEHOLD	ID Household	
V155	SUBJECT	ID Subject	
V156	ROUND	Round	
V157	SEX	Sex	
V158	AGE_YEAR	Age (years)	
V159	ANT_DAY	Day of measurement	
V160	ANT_MONTH	Month of measurement	
V161	ANT_YEAR	Year of measurement	
V162	WEIGHT	Weight (kg)	
V163	HEIGHT	Height (cm)	
V164	METHOD_WEIGHT	Method for body weight measurement	
V165	METHOD_HEIGHT	Method for height measurement	
V166	SPECIAL_DIET	Special diet	
V167	PREG_LACT	Pregnant/lactating	
V168	BREASTFEEDING	Breastfeeding	
V169	UNOVERREP	Under/over reporters for energy	
V170	ACTIVITY	PAL	
V171	VERSION	Version	

total: 23

Data file: data_anon_consumption

Cases: 17807

variables: 78

variables

ID	Name	Label	Question
V172	SUBJECT	Subject identification	
V173	ROUND	Round	
V174	SURVEY_DAY	Day number	
V175	RESPONDER	Responder	
V176	SEASON	Season of the year	
V177	CONSUMPTION_DAY	Day of consumption	
V178	CONSUMPTION_MONTH	Month of consumption	
V179	CONSUMPTION_YEAR	Year of consumption	
V180	WEEK_DAY	Week day of consumption	
V181	EXCEPTION_DAY	Exceptional diet the day of consumption	
V182	CONSUMPTION_TIME_HOUR	Time of consumption (hours)	
V183	CONSUMPTION_TIME_MINUTES	Time of consumption (minutes)	
V184	MEAL_NAME	Eating occasion	
V185	PLACE	Place of consumption	
V186	FOOD_TYPE	Type of the eating occasion	
V187	RECIPE_CODE	ID Recipe	
V188	RECIPE_DESCR	Recipe description in local language (other than English)	
V189	RECIPE_DESCR_ENG	Recipe description in English	
V190	FOODEX2_RECIPE_CODE	FoodEx2 recipe code	
V191	FOODEX2_RECIPE_DESCR	FoodEx2 recipe description	
V192	v20_a1		
V193	AMOUNT_RECIPE	Amount recipe consumed (g)	
V194	CODE_INGREDIENT	Original ingredient code	
V195	INGREDIENT	Food item or Ingredient description in local language (other than English)	
V196	INGREDIENT_ENG	Food item or Ingredient description in English	
V197	FOODEX2 INGR_CODE	FoodEx2 ingredient code	
V198	FOODEX2 INGR_DESCR	FoodEx2 ingredient description	
V199	v26_a1		
V200	FOOD_AMOUNT_UNPROC	Food amount (edible) before processing/cooking (raw amount) (g)	
V201	FOOD_AMOUNT_CONS	Food amount (edible) as consumed by the participant (g)	
V202	FOOD_AMOUNT_REPORTED	Food amount (edible) as reported in the survey (g)	
V203	ENERGY_kcal	Energy (kcal)	
V204	WATER_g	Water (g)	
V205	PROTEIN_g	Protein (g)	
V206	A_PROT_g	Animal protein (g)	
V207	V_PROT_g	Vegetal protein (g)	
V208	CARBOH_g	Carbohydrates (g)	
V209	SUGAR_g	Total sugars (g)	

ID	Name	Label	Question
V210	FIBTG_g	Fibre total dietary (g)	
V211	ALCOHOL_g	Alcohol (g)	
V212	FAT_g	Fat (g)	
V213	SAT_FAT_g	Saturated fat (g)	
V214	MUFA_g	Monounsaturated fat (g)	
V215	PUFA_g	Poly-unsaturated fat (g)	
V216	TFA_g	Trans fatty acid (g)	
V217	CHOL_mg	Cholesterol (mg)	
V218	CALC_mg	Calcium (mg)	
V219	IRON_mg	Iron (mg)	
V220	ZINC_mg	Zinc (mg)	
V221	MG_mg	Magnesium (mg)	
V222	PHOS_mg	Phosphorus (mg)	
V223	POTA_mg	Potassium (mg)	
V224	NA_mg	Sodium (mg)	
V225	CU_mg	Copper (mg)	
V226	IOD_mcg	Iodine (Åµg/mcg)	
V227	SE_mcg	Selenium (Åµg/mcg)	
V228	MN_mg	Manganese (mg)	
V229	VITC_mg	Vitamin C (mg)	
V230	THIA_mg	Thiamine (mg)	
V231	RIBO_mg	Riboflavin (mg)	
V232	NIAC_mg	Niacin (mg)	
V233	VITB5_mg	Vitamin B5 (mg)	
V234	VITB6_mg	Vitamin B6 (mg)	
V235	FOLDFE_mcg	Folate (Åµg/mcg DFE)	
V236	FOL_mcg	Folate, total (Åµg/mcg)	
V237	FOLFD_mcg	Folate food, naturally occuring food folates (Åµg/mcg)	
V238	FOLFRE_mcg	Folate, free (Åµg/mcg)	
V239	FOLAC_mcg	Folic acid (synthetic) (Åµg/mcg)	
V240	VITB12_mcg	Vitamin B12 (Åµg/mcg)	
V241	VITA_RAE_mcg	Vitamin A (Åµg/mcg RAE)	
V242	VITA_RE_mcg	Vitamin A (Åµg/mcg RE)	
V243	BCAROT_mcg	Beta-carotene (Åµg/mcg)	
V244	RETOL_mcg	Retinol (Åµg/mcg)	
V245	VITD_mcg	Vitamin D (Åµg/mcg)	
V246	VITE_mg	Vitamin E, alpha-tocopherol equivalents (mg)	
V247	VITK_mcg	Vitamin K (Åµg/mcg)	
V248	PHY_mg	Phytate, total (mg)	
V249	VERSION	Version	

total: 78

ADM0_NAME: Country**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0

Type: Discrete Width: 11 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Costa Rica		572	100%

ADM1_NAME: Region**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0

Type: Discrete Width: 8 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
San Jose		572	100%

ADM2_NAME: Subregion**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0

Type: Discrete Width: 8 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
San Jose		572	100%

WEIGHTING_FACTOR: Weight factor**Data file:** data_anon_subjects

Overview

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

AREA_TYPE: Area**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 2 Maximum: 2 Mean: 2 Standard deviation: 0

Type: Discrete Decimal: 0 Width: 8 Range: 2 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		572	100%

HOUSEHOLD: ID Household**Data file:** data_anon_subjects**Overview**

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

SUBJECT: ID Subject**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 1 Maximum: 572 Mean: 286.5 Standard deviation: 165.266

Type: Continuous Decimal: 0 Width: 8 Range: 1 - 572 Format: Numeric

ROUND: Round

Data file: data_anon_subjects

Overview

Valid: 572 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		572	100%

SEX: Sex

Data file: data_anon_subjects

Overview

Valid: 572 Invalid: 0 Minimum: 1 Maximum: 2 Mean: 1.519 Standard deviation: 0.5
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		275	48.1%
2		297	51.9%

AGE_YEAR: Age (years)

Data file: data_anon_subjects

Overview

Valid: 572 Invalid: 0 Minimum: 9 Maximum: 12 Mean: 9.785 Standard deviation: 0.74
 Type: Discrete Decimal: 0 Width: 8 Range: 9 - 12 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
9		229	40%

10		239	41.8%
11		102	17.8%
12		2	0.3%

ANT_DAY: Day of measurement**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 1 Maximum: 31 Mean: 14.226 Standard deviation: 8.761
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 31 Format: Numeric

ANT_MONTH: Month of measurement**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 3 Maximum: 11 Mean: 5.378 Standard deviation: 1.432
 Type: Discrete Decimal: 0 Width: 8 Range: 3 - 11 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
3		9	1.6%
4		96	16.8%
5		292	51%
6		137	24%
10		35	6.1%
11		3	0.5%

ANT_YEAR: Year of measurement**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 2018 Maximum: 2019 Mean: 2018.934 Standard deviation: 0.249
 Type: Discrete Decimal: 0 Width: 8 Range: 2018 - 2019 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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2018		38	6.6%
2019		534	93.4%

WEIGHT: Weight (kg)**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 19.05 Maximum: 90.1 Mean: 36.983 Standard deviation: 10.364
 Type: Continuous Decimal: 2 Width: 8 Range: 19.05 - 90.1 Format: Numeric

HEIGHT: Height (cm)**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 116.6 Maximum: 163.9 Mean: 138.664 Standard deviation: 7.899
 Type: Continuous Decimal: 2 Width: 8 Range: 116.6 - 163.9 Format: Numeric

METHOD_WEIGHT: Method for body weight measurement**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		572	100%

METHOD_HEIGHT: Method for height measurement**Data file:** data_anon_subjects**Overview**

Valid: 572 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
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1		572	100%
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SPECIAL_DIET: Special diet

Data file: data_anon_subjects

Overview

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

PREG_LACT: Pregnant/lactating

Data file: data_anon_subjects

Overview

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

BREASTFEEDING: Breastfeeding

Data file: data_anon_subjects

Overview

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

UNOVERREP: Under/over reporters for energy**Data file:** data_anon_subjects**Overview**

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

ACTIVITY: PAL**Data file:** data_anon_subjects**Overview**

Valid: 0 Invalid: 572

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VERSION: Version**Data file:** data_anon_subjects**Overview**

Valid: 1 Invalid: 0

Type: Discrete Width: 12 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
23 June 2023		1	100%

SUBJECT: Subject identification**Data file: data_anon_consumption****Overview**

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 572 Mean: 284.827 Standard deviation: 166.841
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 572 Format: Numeric

ROUND: Round**Data file: data_anon_consumption****Overview**

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		17807	100%

SURVEY_DAY: Day number**Data file: data_anon_consumption****Overview**

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		17807	100%

RESPONDER: Responder**Data file: data_anon_consumption****Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

SEASON: Season of the year

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CONSUMPTION_DAY: Day of consumption

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 31 Mean: 13.665 Standard deviation: 8.549

Type: Continuous Decimal: 0 Width: 8 Range: 1 - 31 Format: Numeric

CONSUMPTION_MONTH: Month of consumption

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 3 Maximum: 11 Mean: 5.37 Standard deviation: 1.451

Type: Discrete Decimal: 0 Width: 8 Range: 3 - 11 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
3		311	1.7%
4		3041	17.1%
5		9204	51.7%

6		4020	22.6%
10		1156	6.5%
11		75	0.4%

CONSUMPTION_YEAR: Year of consumption**Data file:** data_anon_consumption**Overview**

Valid: 17807 Invalid: 0 Minimum: 2018 Maximum: 2019 Mean: 2018.931 Standard deviation: 0.254
 Type: Discrete Decimal: 0 Width: 8 Range: 2018 - 2019 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2018		1231	6.9%
2019		16576	93.1%

WEEK_DAY: Week day of consumption**Data file:** data_anon_consumption**Overview**

Valid: 17807 Invalid: 0 Minimum: 2 Maximum: 6 Mean: 3.944 Standard deviation: 1.434
 Type: Discrete Decimal: 0 Width: 8 Range: 2 - 6 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		3649	20.5%
3		4195	23.6%
4		3179	17.9%
5		3080	17.3%
6		3704	20.8%

EXCEPTION_DAY: Exceptional diet the day of consumption**Data file:** data_anon_consumption**Overview**

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 2 Mean: 1.036 Standard deviation: 0.186

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		17171	96.4%
2		636	3.6%

CONSUMPTION_TIME_HOUR: Time of consumption (hours)

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CONSUMPTION_TIME_MINUTES: Time of consumption (minutes)

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

MEAL_NAME: Eating occasion

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 2 Maximum: 6 Mean: 4.185 Standard deviation: 1.357

Type: Discrete Decimal: 0 Width: 8 Range: 2 - 6 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
2		2991	16.8%
3		1649	9.3%
4		6668	37.4%
5		2066	11.6%
6		4433	24.9%

PLACE: Place of consumption

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 2 Mean: 1.309 Standard deviation: 0.462
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		12308	69.1%
2		5499	30.9%

FOOD_TYPE: Type of the eating occasion

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 1 Maximum: 4 Mean: 1.954 Standard deviation: 0.538
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 4 Format: Numeric

Questions and instructions

CATEGORIES

Value	Category	Cases	
1		2272	12.8%
2		14805	83.1%
4		730	4.1%

RECIPE_CODE: ID Recipe**Data file:** data_anon_consumption**Overview**

Valid: 14805 Invalid: 3002 Minimum: 1 Maximum: 665 Mean: 236.955 Standard deviation: 190.824
 Type: Continuous Decimal: 0 Width: 8 Range: 1 - 665 Format: Numeric

RECIPE_DESCR: Recipe description in local language (other than English)**Data file:** data_anon_consumption**Overview**

Valid: 14805 Invalid: 0
 Type: Discrete Width: 61 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
ADEREZO		24	0.2%
AGUA DE ARROZ		11	0.1%
AGUA DULCE (CON LECHE)		8	0.1%
ALBONDIGAS DE RES		1	0%
ALITAS DE POLLO		53	0.4%
ALITAS DE POLLO FRITAS		11	0.1%
APRETADO		3	0%
AREPA CON MIEL		2	0%
AREPA DE TRIGO		155	1%
ARREGLADO		6	0%
ARROZ ARREGLADO		21	0.1%
ARROZ BLANCO		763	5.2%
ARROZ BLANCO CON CHILE PIMIENTO		1283	8.7%
ARROZ BLANCO CON MAIZ DULCE		2	0%
ARROZ BLANCO CON ZANAHORIA		11	0.1%
ARROZ CANTONES		54	0.4%
ARROZ CASADO		6	0%
ARROZ CASADO CON POLLO		4	0%
ARROZ CHAUFA		7	0%
ARROZ CON ATUN		138	0.9%
ARROZ CON CARNE		4	0%
ARROZ CON CERDO		265	1.8%
ARROZ CON HUEVO		17	0.1%

ARROZ CON LECHE	36	0.2%
ARROZ CON LENTEJAS Y POLLO	3	0%
ARROZ CON POLLO	209	1.4%
ARROZ FRITO	5	0%
ARROZ GUACHO	8	0.1%
ARROZ JARDINERO	54	0.4%
ARROZ PINTO	108	0.7%
ARROZ PINTO CON HUEVO	4	0%
ARROZ PINTO CON QUESO	2	0%
ARROZ Y FIDEOS	2	0%
ATOL DE HARINA CON LECHE Y AZUCAR	10	0.1%
ATOL DE MAICENA CON LECHE Y AZUCAR	5	0%
ATOL DE VITA MAIZ	9	0.1%
ATUN ARREGLADO	64	0.4%
ATUN CON VEGETALES	7	0%
AVENA CON AZUCAR (EN AGUA)	21	0.1%
AVENA CON AZUCAR (EN LECHE)	20	0.1%
AVENA CON AZUCAR Y BANANO (EN LECHE)	4	0%
AVENA CON LECHE	2	0%
AVENA SIN AZUCAR (EN LECHE)	7	0%
BALEADAS	5	0%
BANANA SPLIT	3	0%
BANANO CON AZUCAR	1	0%
BANANO EN LECHE	2	0%
BANANO VERDE FRITO	4	0%
BARBUDOS	5	0%
BISTEC DE CERDO	49	0.3%
BISTEC DE RES	109	0.7%
BISTEC DE RES ENCEBOLLADO	10	0.1%
BISTEC DE RES FRITO	12	0.1%
BROWNIE	3	0%
BUDIN	7	0%
BURRITO DE POLLO	68	0.5%
BURRITO DE RES	8	0.1%
CAFE CAPUCHINO	3	0%
CAFE INSTANTANEO CON AZUCAR	22	0.1%
CAFE INSTANTANEO CON LECHE	1	0%
CAFE INSTANTANEO CON LECHE Y AZUCAR	26	0.2%
CAFE MOLIDO CON AZUCAR	324	2.2%

CAFE MOLIDO CON CREMA		4	0%
CAFE MOLIDO CON CREMA Y AZUCAR		9	0.1%
CAFE MOLIDO CON LECHE		4	0%
CAFE MOLIDO CON LECHE Y AZUCAR		315	2.1%
CAFE MOLIDO CON LECHE Y EDULCORANTE		12	0.1%
CALDO DE CARNE DE RES		7	0%
CALDO DE GALLINA		8	0.1%
CALDO DE MENUDOS		6	0%
CALDO DE POLLO		18	0.1%
CALDO DE RES CON PAPAS		11	0.1%
CALDOSA		4	0%
CAMOTE		2	0%
CANELON CON QUESO		5	0%
CANELONES CON ATUN		8	0.1%
CANELONES CON ATUN ENVUELTOS EN HUEVO		4	0%
CANELONES EN SALSA		3	0%
CANELONES PREPARADOS		29	0.2%
CANGREJO ARREGLADO		6	0%
CARACOLITOS CON ATUN		6	0%
CARACOLITOS CON SALSA		15	0.1%
CARACOLITOS EN SALSA BLANCA		6	0%
CARNE DE CERDO CON PAPAS		7	0%
CARNE DE CERDO CON VERDURAS		18	0.1%
CARNE DE CERDO PREPARADA		43	0.3%
CARNE DE RES		2	0%
CARNE DE RES ARREGLADA		9	0.1%
CARNE DE RES CON PAPAS		24	0.2%
CARNE DE RES CON SALSA INGLESA		6	0%
CARNE DE RES EN SALSA		63	0.4%
CARNE DE RES MECHADA		48	0.3%
CARNE DE RES MOLIDA ARREGLADA		22	0.1%
CARNE DE RES MOLIDA PREPARADA		143	1%
CARNE DE RES PREPARADA		64	0.4%
CARNE DE RES PUNTA SOLOMO		2	0%
CARNE RES FRITA		5	0%
CEREAL AZUCARADO CON LECHE		69	0.5%
CEREAL CON LECHE		213	1.4%
CEREAL CON LECHE Y AZUCAR		6	0%
CEREAL CON LECHE Y BANANO		31	0.2%

CHALUPA DE POLLO	14	0.1%
CHANCLETA	3	0%
CHAYOTE CON HUEVO	4	0%
CHAYOTE ENVUELTO EN HUEVO	9	0.1%
CHAYOTE SANCOCHADO	3	0%
CHIFRIJO	12	0.1%
CHIFRIJO CARIBENO	3	0%
CHILE PIMIENTO Y CEBOLLA CON LIMON	3	0%
CHIMICHURRI	36	0.2%
CHOCOBANANO	4	0%
CHOCOLATE CON LECHE	79	0.5%
CHOP SUEY CON CHORIZO	7	0%
CHOP SUEY DE POLLO	25	0.2%
CHORIZO CON HUEVO	3	0%
CHORIZO CON VERDURAS	25	0.2%
CHULETA DE CERDO AHUMADA	1	0%
CHULETA DE CERDO ASADA	84	0.6%
CHULETA DE CERDO CON CEBOLLA	4	0%
COCTEL DE FRUTAS	134	0.9%
COSTILLA DE CERDO	28	0.2%
COSTILLA DE CERDO FRITA	6	0%
COSTILLA DE RES	17	0.1%
CROISSANT O SIMILAR	8	0.1%
DOBLADITAS DE SALCHICHON Y QUESO	4	0%
ELOTE	3	0%
ELOTE SANCOCHADO	2	0%
EMPANADA CON CARNE	5	0%
EMPANADA DE FRIJOL	13	0.1%
EMPANADA DE POLLO	7	0%
EMPANADA DE QUESO	31	0.2%
EMPANADA DE QUESO Y FRIJOL	13	0.1%
EMPANADAS CON GALLO PINTO Y QUESO	8	0.1%
ENSALADA CRIOLLA	222	1.5%
ENSALADA DE LECHUGA Y APIO	2	0%
ENSALADA DE LECHUGA Y TOMATE	81	0.5%
ENSALADA DE LECHUGA, TOMATE Y AGUACATE CON LIMON	4	0%
ENSALADA DE LECHUGA, TOMATE Y PEPINO CON LIMON	26	0.2%
ENSALADA DE LECHUGA, TOMATE Y ZANAHORIA CON ADEREZO	11	0.1%
ENSALADA DE LECHUGA, TOMATE Y ZANAHORIA CON LIMON	182	1.2%

ENSALADA DE LECHUGA, TOMATE, PEPINO Y ZANAHORIA	12	0.1%
ENSALADA DE PASTA CON ATUN	18	0.1%
ENSALADA DE PASTA FRIA	13	0.1%
ENSALADA DE REPOLLO	29	0.2%
ENSALADA DE TOMATE CON LIMON	10	0.1%
ENSALADA DE TOMATE Y CEBOLLA CON LIMON	12	0.1%
ENSALADA DE TOMATE Y CILANTRO CON LIMON	22	0.1%
ENSALADA DE TOMATE Y PEPINO CON LIMON	31	0.2%
ENSALADA DE TOMATE Y PEPINO CON MAYONESA	15	0.1%
ENSALADA DE VEGETALES Y FRUTAS	1	0%
ENSALADA DE ZANAHORIA	5	0%
ENSALADA DE ZANAHORIA Y REPOLLO CON MAYONESA	8	0.1%
ENSALADA DE ZANAHORIA Y TOMATE CON MAYONESA	9	0.1%
ENSALADA RUSA	7	0%
ENSALADA VERDE	4	0%
ENSURE PREPARADO	8	0.1%
ESTOFADO DE RES	60	0.4%
FAJITAS DE POLLO	11	0.1%
FAJITAS DE RES	27	0.2%
FLAN	3	0%
FLAUTA (PAN)	3	0%
FRESCO DE ARROZ CON PINA (EN AGUA)	18	0.1%
FRESCO DE ARROZ CON PINA (EN LECHE)	4	0%
FRESCO DE AVENA	55	0.4%
FRESCO DE AVENA CON LECHE	4	0%
FRESCO DE CARAMBOLA	2	0%
FRESCO DE CAS	79	0.5%
FRESCO DE CAS Y GUAYABA (EN AGUA)	6	0%
FRESCO DE CAS Y NARANJA	4	0%
FRESCO DE FRESA Y GUAYABA	3	0%
FRESCO DE FRUTAS CON AZUCAR (EN AGUA)	5	0%
FRESCO DE FRUTAS SIN AZUCAR (EN AGUA)	11	0.1%
FRESCO DE GUANABA (EN AGUA)	4	0%
FRESCO DE GUANABANA	2	0%
FRESCO DE HORCHATA	9	0.1%
FRESCO DE LECHE	8	0.1%
FRESCO DE LIMONADA	40	0.3%
FRESCO DE LULO	2	0%
FRESCO DE MAIZ	3	0%

FRESCO DE MANGO CON AZUCAR (EN AGUA)	44	0.3%
FRESCO DE MELON CON AZUCAR (EN AGUA)	2	0%
FRESCO DE MELON Y PINA	6	0%
FRESCO DE MORA CON AZUCAR (EN AGUA)	24	0.2%
FRESCO DE MORA CON AZUCAR(EN AGUA)	16	0.1%
FRESCO DE PAPAYA Y NARANJA CON AZUCAR (EN AGUA)	3	0%
FRESCO DE PAPAYA Y PINA CON AZUCAR (EN AGUA)	9	0.1%
FRESCO DE PINA CON AZUCAR (EN AGUA)	49	0.3%
FRESCO DE PINA CON AZUCAR(EN LECHE)	3	0%
FRESCO DE PINA CON EDULCORANTE (EN AGUA)	4	0%
FRESCO DE PINA CON NARANJA (EN AGUA)	3	0%
FRESCO DE PINA Y PAPAYA (EN AGUA)	3	0%
FRESCO DE PINOL	2	0%
FRESCO DE PINOLILLO CON AZUCAR (EN AGUA)	13	0.1%
FRESCO DE PINOLILLO CON AZUCAR Y LECHE	6	0%
FRESCO DE REMOLACHA	2	0%
FRESCO DE SIROPE CON LECHE	10	0.1%
FRESCO DE TAMARINDO	13	0.1%
FRESCO DE YOGURT	2	0%
FRIJOLES BLANCOS ARREGLADOS	83	0.6%
FRIJOLES CON CARNE	11	0.1%
FRIJOLES FRITOS	16	0.1%
FRIJOLES MAJADOS	4	0%
FRIJOLES MOLIDOS	69	0.5%
FRIJOLES NEGROS ARREGLADOS	152	1%
FRIJOLES REFritos	4	0%
FRIJOLES ROJOS ARREGLADOS	271	1.8%
FRIJOLES ROJOS COCIDOS	116	0.8%
FRIJOLES ROJOS FRITOS	16	0.1%
FRIJOLES TIERNOS PREPARADOS	35	0.2%
FRUTA COCINADA	5	0%
GALLETA CON MARGARINA	2	0%
GALLETA SODA CON JAMON	5	0%
GALLETA SODA CON MARGARINA	15	0.1%
GALLETA SODA CON NATILLA	2	0%
GALLETA SODA CON QUESO	17	0.1%
GALLETA SODA CON QUESO Y JALEA	2	0%
GALLINA CASERA	6	0%
GALLO PINTO	1226	8.3%

GALLOS DE PAPA COMPRADOS EN EL TURNO	2	0%
GALLOS DE SALCHICHON	14	0.1%
GARBANZOS CON ATUN	9	0.1%
GARBANZOS CON CARNE DE CERDO	7	0%
GARBANZOS CON CARNE DE RES	22	0.1%
GARBANZOS CON POLLO	27	0.2%
GARBANZOS PREPARADOS	24	0.2%
GELATINA CON HELADO	2	0%
GELATINA CON LECHE	8	0.1%
GELATINA CON LECHE Y LECHE CONDENSADA	3	0%
GELATINA CON YOGURT Y FRUTAS	10	0.1%
GRANIZADA CON LECHE CONDENSADA	7	0%
GUACAMOLE	17	0.1%
GUISO DE POLLO	6	0%
HAMBURGUESA	67	0.5%
HAMBURGUESA CON QUESO Y TOCINETA	2	0%
HAMBURGUESA DE RES CON SALSAS	4	0%
HAMBURGUESA POLLO	11	0.1%
HELADO CREMOSO DE FRESA CON CONO	4	0%
HELADO DE NIEVE CON JARABE	2	0%
HIGADO	12	0.1%
HOT DOG	49	0.3%
HUEVO	134	0.9%
HUEVO CON ARROZ	2	0%
HUEVO CON CEBOLLA	22	0.1%
HUEVO CON CEBOLLA Y CHILE PIMIENTO	10	0.1%
HUEVO CON CEBOLLA, CHILE PIMIENTO E IZOTE	7	0%
HUEVO CON JAMON	3	0%
HUEVO CON MORTADELA	16	0.1%
HUEVO CON SALCHICHA	3	0%
HUEVO CON TOMATE	3	0%
HUEVO CON TOMATE Y CEBOLLA	5	0%
HUEVO EN OMELETTE	10	0.1%
HUEVO EN TORTA	57	0.4%
HUEVO ESTILO RANCHERO	14	0.1%
HUEVO FRITO	115	0.8%
HUEVO PICADO	107	0.7%
HUEVO REVUELTO	101	0.7%
HUEVO REVUELTO CON ATUN	3	0%

HUEVO REVUELTO CON CEBOLLA	46	0.3%
HUEVO REVUELTO CON JAMON Y CEBOLLA	2	0%
HUEVO REVUELTO CON JAMON Y CHILE PIMIENTO	5	0%
HUEVO REVUELTO CON SALCHICHON	2	0%
INDIO VIEJO	36	0.2%
JAMON CON MAYONESA	2	0%
JUGO DE NARANJA CON AZUCAR	26	0.2%
LASANA DE POLLO	12	0.1%
LECHE CON AVENA	10	0.1%
LECHE CON AZUCAR	28	0.2%
LECHE CON CHOCOLATE	63	0.4%
LECHE CON SIROPE	4	0%
LECHUGA CON LIMON	3	0%
LENGUA	9	0.1%
LENGUA DE RES EN SALSA	2	0%
LENTEJAS CON POLLO	1	0%
LENTEJAS PREPARADAS	42	0.3%
LENTEJAS PREPARADAS CON POLLO	5	0%
LICUADO DE BANANO (EN AGUA)	2	0%
LICUADO DE BANANO CON LECHE	6	0%
LICUADO DE BANANO CON LECHE Y CHOCOLATE	3	0%
LICUADO DE BANANO Y PAPAYA CON LECHE	8	0.1%
LICUADO DE FRESA CON LECHE	2	0%
LICUADO DE FRUTAS CON AZUCAR (EN LECHE)	4	0%
LICUADO DE MANGO Y BANANO (EN AGUA)	3	0%
LICUADO DE NARANJA Y ZANAHORIA (EN AGUA)	6	0%
LICUADO DE PAPAYA CON AZUCAR (EN AGUA)	3	0%
LICUADO DE PAPAYA CON AZUCAR (EN LECHE)	3	0%
MANGO MADURO PREPARADO	4	0%
MANGO VERDE PREPARADO	42	0.3%
MEDALLONES DE POLLO	10	0.1%
MEZCLADO DE HUEVO	4	0%
MONDONGO	2	0%
MONDONGO CON VERDURAS	20	0.1%
MONDONGO EN SALSA	8	0.1%
MORTADELA	8	0.1%
MORTADELA CON SALSAS	3	0%
MOUSSE MORA	2	0%
MUSLOS DE POLLO	26	0.2%

PALITOS DE QUESO CON NATILLA	6	0%
PAN ARREGLADO	3	0%
PAN BAGUETTE CON AGUACATE	3	0%
PAN BAGUETTE CON QUESO Y JALEA	2	0%
PAN CASERO CON MARGARINA	4	0%
PAN CON ACEITE DE OLIVA	2	0%
PAN CON AGUACATE	7	0%
PAN CON CARNE	3	0%
PAN CON DULCE DE LECHE	2	0%
PAN CON FRIJOL	9	0.1%
PAN CON FRIJOL Y MARGARINA	6	0%
PAN CON FRIJOL Y QUESO	2	0%
PAN CON HUEVO	20	0.1%
PAN CON HUEVO Y JAMON	2	0%
PAN CON JALEA	6	0%
PAN CON JALEA Y MARGARINA	47	0.3%
PAN CON JALEA Y QUESO CREMA	3	0%
PAN CON JALEA, MARGARINA Y NATILLA	2	0%
PAN CON JAMON Y LACTOCREMA	6	0%
PAN CON JAMON Y MARGARINA	12	0.1%
PAN CON JAMON Y QUESO	7	0%
PAN CON LACTOCREMA	22	0.1%
PAN CON LECHE CONDENSADA	4	0%
PAN CON MARGARINA	135	0.9%
PAN CON MARGARINA Y PATE	3	0%
PAN CON MERMELADA	4	0%
PAN CON MORTADELA	42	0.3%
PAN CON MORTADELA Y QUESO	7	0%
PAN CON MORTADELA Y QUESO AMARILLO	3	0%
PAN CON NATILLA	68	0.5%
PAN CON NUTELLA	4	0%
PAN CON PATE	27	0.2%
PAN CON POLLO	2	0%
PAN CON QUESO CREMA	24	0.2%
PAN CON QUESO FRESCO	46	0.3%
PAN CON SALCHICHON	14	0.1%
PAN DULCE CASERO	6	0%
PAN DULCE CASERO CON MARGARINA	2	0%
PAN DULCE CON AGUACATE	2	0%

PAN TOSTADO CON MARGARINA	12	0.1%
PAN TOSTADO CON QUESO CREMA	2	0%
PAN TOSTADO CON QUESO FRESCO	3	0%
PAN TOSTADO CON QUESO FRESCO Y TOMATE	18	0.1%
PANQUEQUES	4	0%
PANQUEQUES CON MIEL	8	0.1%
PAPA CON SALCHICHON	2	0%
PAPA Y ZANAHORIA	2	0%
PAPAS A LA FRANCESA	5	0%
PAPAS ACHIOTADAS	6	0%
PAPAS ASADAS	5	0%
PAPAS CON CARNE	46	0.3%
PAPAS CON CHORIZO	2	0%
PAPAS CON POLLO Y ZANAHORIA	3	0%
PAPAS CON SALCHICHA	2	0%
PAPAS FRITAS	4	0%
PAPAS FRITAS PREPARADAS	57	0.4%
PAPAS TOSTADAS	3	0%
PASTA	16	0.1%
PASTA CON ATUN	22	0.1%
PASTA CON CAMARONES	4	0%
PASTA CON CARNE	36	0.2%
PASTA CON CERDO	10	0.1%
PASTA CON MANTEQUILLA	8	0.1%
PASTA CON MARGARINA	7	0%
PASTA CON POLLO	20	0.1%
PASTA CON QUESO	15	0.1%
PASTA CON SALSA BLANCA	26	0.2%
PASTA CON SALSA DE TOMATE	22	0.1%
PASTA CON SALSA DE TOMATE ENVASADA	34	0.2%
PASTA DE TORNILLITOS CON CARNE Y VEGETALES	135	0.9%
PASTA TIPO CARACOLITOS PREPARADOS	21	0.1%
PASTA TIPO CODITOS CON ATUN	6	0%
PASTA TIPO MACARRONES CON ATUN	82	0.6%
PASTA TIPO MACARRONES CON CARNE	25	0.2%
PASTA TIPO MACARRONES CON CHORIZO	4	0%
PASTA TIPO MACARRONES CON MANTEQUILLA	10	0.1%
PASTA TIPO MACARRONES CON VEGETALES	18	0.1%
PASTA TIPO MACARRONES PREPARADOS	36	0.2%

PASTEL CON HELADO		3	0%
PASTEL DE POLLO		23	0.2%
PASTEL DE TRES LECHES CASERO		6	0%
PATACONES		12	0.1%
PECHUGA DE POLLO AL CURRY		5	0%
PEPINO CON MAYONESA		5	0%
PEPINO CON SAL		5	0%
PESCADO A LA PLANCHA		3	0%
PESCADO ASADO		20	0.1%
PESCADO EMPANIZADO		28	0.2%
PICADILLO		42	0.3%
PICADILLO DE CARNE MOLIDA		52	0.4%
PICADILLO DE CHAYOTE		26	0.2%
PICADILLO DE PAPA		122	0.8%
PICADILLO DE PAPA CON ATUN		8	0.1%
PICADILLO DE PAPA CON CARNE		9	0.1%
PICADILLO DE PLATANO		6	0%
PICADILLO DE VAINICA		22	0.1%
PICADILLO DE VEGETALES		13	0.1%
PICO DE GALLO		26	0.2%
PLATANO CON QUESO		3	0%
PLATANO MADURO		2	0%
PLATANO MADURO FRITO		157	1.1%
PLATANO MADURO PREPARADO		14	0.1%
PLATANO VERDE FRITO		2	0%
POLLO		113	0.8%
POLLO A LA PLANCHA		1	0%
POLLO ARREGLADO		14	0.1%
POLLO ASADO		2	0%
POLLO CON PAPAS		100	0.7%
POLLO CON VEGETALES		43	0.3%
POLLO CON ZANAHORIA		2	0%
POLLO EMPANIZADO		5	0%
POLLO EN SALSA BLANCA		7	0%
POLLO EN SALSA DE MANI Y MIEL		24	0.2%
POLLO EN SALSA DE TOMATE		64	0.4%
POLLO FRITO		34	0.2%
POLLO RELLENO		6	0%
POLLO SUDADO		7	0%

POLLO SUDADO CON PAPAS	16	0.1%
POSTRE DE MARACUYA	6	0%
POZOL	9	0.1%
PULPA DE FRESA	2	0%
PUPUSAS	3	0%
PURE DE CAMOTE	4	0%
PURE DE PAPA	31	0.2%
PURE DE YUCA	3	0%
QUEQUE DE BANANO CASERO	10	0.1%
QUEQUE DE BANANO Y NARANJA CASERO	9	0.1%
QUESO BLANCO FRITO	27	0.2%
REFRESCO ARTIFICIAL DE FRUTAS CON AZUCAR (POLVO EN AGUA)	12	0.1%
REFRESCO ARTIFICIAL DE TE DE LIMON CON AZUCAR (POLVO EN AGUA)	4	0%
REPOCHETA	3	0%
REPOLLO CON SALSAS	3	0%
ROLLITOS DE TORTILLA	6	0%
ROSQUILLA	13	0.1%
RUMBA	2	0%
SALCHICHA DE RES Y CERDO	12	0.1%
SALCHICHA EN SALSA	18	0.1%
SALCHICHA FRITA	2	0%
SALCHICHON CON HUEVO	3	0%
SALCHICHON DE CERDO	9	0.1%
SALCHICHON DE RES	10	0.1%
SALCHICHON DE RES CON SALSA	6	0%
SALCHICHON DE RES FRITO	10	0.1%
SALCHICHON DE RES Y CERDO FRITO	8	0.1%
SALCHIPAPAS	22	0.1%
SALSA DE MANI Y MIEL	11	0.1%
SALSA DE TOMATE	149	1%
SANDWICH DE ATUN	73	0.5%
SANDWICH DE CARNE	17	0.1%
SANDWICH DE CHORIZO	5	0%
SANDWICH DE FRIJOL Y QUESO	12	0.1%
SANDWICH DE HUEVO	9	0.1%
SANDWICH DE HUEVO Y FRIJOL	9	0.1%
SANDWICH DE JALEA	6	0%
SANDWICH DE JAMON	34	0.2%
SANDWICH DE JAMON Y HUEVO	4	0%

SANDWICH DE JAMON Y LACTOCREMA	3	0%
SANDWICH DE JAMON Y QUESO	49	0.3%
SANDWICH DE MORTADELA	70	0.5%
SANDWICH DE PATE	6	0%
SANDWICH DE POLLO	7	0%
SANDWICH DE QUESO	9	0.1%
SANDWICH DE QUESO CREMA	4	0%
SANDWICH DE SALAMI Y QUESO	4	0%
SANDWICH DE SALCHICHON	31	0.2%
SANDWICH DE TOMATE	8	0.1%
SANDWICH DE VEGETALES	8	0.1%
SOPA AZTECA	11	0.1%
SOPA DE FRIJOL	23	0.2%
SOPA DE FRIJOL CON HUEVO	6	0%
SOPA DE GALLINA	4	0%
SOPA DE MENUDOS	18	0.1%
SOPA DE MONDONGO	20	0.1%
SOPA DE POLLO	228	1.5%
SOPA DE RES	55	0.4%
SOPA DE VEGETALES	18	0.1%
SOPA MAGGIE	3	0%
SOPA NEGRA	14	0.1%
SOPA OLLA DE CARNE	104	0.7%
SOPA RAMEN	3	0%
SUSTANCIA DE CARNE	2	0%
TACOS DE CARNE	10	0.1%
TACOS DE POLLO	7	0%
TAMALES PISQUE	3	0%
TE DE CANELA	2	0%
TE DE MANZANILLA CON AZUCAR	8	0.1%
TE DE MANZANILLA CON EDULCORANTE	2	0%
TE DE MANZANILLA CON MIEL	8	0.1%
TE DE TILO CON AZUCAR (EN AGUA)	2	0%
TE NEGRO CON AZUCAR (EN AGUA)	2	0%
TOMATE CON CEBOLLA	2	0%
TOMATE CON HUEVO	2	0%
TOMATE CON LIMON	11	0.1%
TOMATE CON SAL	2	0%
TOMATE CON SALSA	4	0%

TOMATE PICADO		28	0.2%
TORTA DE ARROZ		6	0%
TORTA DE CARNE DE RES		46	0.3%
TORTA DE MACARRON		3	0%
TORTA DE PAPA		2	0%
TORTA DE POLLO		25	0.2%
TORTA DE YUCA		3	0%
TORTILLA DE MAIZ CON AGUACATE		2	0%
TORTILLA DE MAIZ CON LACTOCREMA		4	0%
TORTILLA DE MAIZ CON NATILLA		3	0%
TORTILLA DE MAIZ CON QUESO		12	0.1%
TORTILLA DE MAIZ CON QUESO FRESCO		5	0%
TORTILLA DE MAIZ CON QUESO Y NATILLA		3	0%
TORTILLA DE MAIZ PALMEADA		15	0.1%
TORTILLA DE MAIZ PALMEADA CON NATILLA		2	0%
TORTILLA DE MAIZ PALMEADA CON QUESO		9	0.1%
TORTILLA DE MAIZ PALMEADA CON QUESO FRESCO		11	0.1%
TORTILLA DE TRIGO CON HUEVO		2	0%
TORTILLITAS (SNACK) PREPARADAS		3	0%
TORTITAS DE CARNE		8	0.1%
VEGETALES		51	0.3%
VEGETALES AL VAPOR		3	0%
VEGETALES CON QUESO		4	0%
VEGETALES SALTEADOS		15	0.1%
VIGORON		10	0.1%
VINAGRETA		14	0.1%
YOGURT SABORIZADO DE FRUTAS CON BANANO		2	0%
YOGURT SABORIZADO DE FRUTAS CON BANANO Y AVENA		3	0%
YOGURT SABORIZADO DE FRUTAS CON CEREAL		12	0.1%
YOGURT SABORIZADO DE FRUTAS CON CHOCOLATE		13	0.1%
YUCA CON LIMON		18	0.1%
YUCA CON MARGARINA		2	0%
YUCA CON QUESO		10	0.1%
YUCA FRITA		14	0.1%
ZANAHORIA CON ADEREZO DE NARANJA		3	0%
ZANAHORIA CON LIMON		8	0.1%
ZANAHORIA CON PAPA		7	0%
ZANAHORIA RALLADA		6	0%
ZANAHORIA Y PEPINO CON LIMON		5	0%

ZUCCINI CON HUEVO		2	0%
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RECIPE_DESCR_ENG: Recipe description in English

Data file: data_anon_consumption

Overview

Valid: 14805 Invalid: 0

Type: Discrete Width: 72 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
AREPA W/HONEY		2	0%
AREPA, WHEAT BASED		155	1%
ARTISAN ICE CREAM W/MAPLE SYRUP		3	0%
ATOLE, CORNSTARCH (VITAMAIZ BRAND)		9	0.1%
ATOLE, CORNSTARCH W/MILK & SUGAR		5	0%
ATOLE, RICE W/MILK		36	0.2%
ATOLE, WHEAT FLOUR W/MILK & SUGAR		10	0.1%
AVOCADO W/TOMATO SAUCE (RUMBA)		2	0%
BANANA & ORANGE BREAD, HOME MADE		9	0.1%
BANANA BREAD, HOME MADE		10	0.1%
BANANA SPLIT		3	0%
BANANA W/MILK		2	0%
BANANA W/SUGAR		1	0%
BEANS & CHEESE SANDWICH		12	0.1%
BEANS & EGGS SOUP		6	0%
BEANS SNAPS, BATTERED, FRIED		5	0%
BEANS SOUP		23	0.2%
BEANS W/MEAT		11	0.1%
BEANS, BLACK, PREPARED		152	1%
BEANS, GROUNDED		69	0.5%
BEANS, RED, COOKED		116	0.8%
BEANS, RED, FRIED		16	0.1%
BEANS, RED, PREPARED		271	1.8%
BEANS, REFRIED		4	0%
BEANS, REFRIED & SMASHED		4	0%
BEANS, RICE & VEGETABLES, CHOPPED		26	0.2%

BEANS, SOFT, PREPARED		35	0.2%
BEEF & PIG SALAMI TYPE SAUSAGE, FRIED		8	0.1%
BEEF & RICE SOUP		2	0%
BEEF & VEGETABLES SOUP		104	0.7%
BEEF BISTEC		109	0.7%
BEEF BISTEC W/ONION		10	0.1%
BEEF BISTEC, FRIED		12	0.1%
BEEF BURRITO		8	0.1%
BEEF FAJITAS W/VEGETABLES		27	0.2%
BEEF LIVER		12	0.1%
BEEF MEAT PATTY		46	0.3%
BEEF MEAT W/POTATOES		24	0.2%
BEEF MEAT W/SALT		2	0%
BEEF MEAT W/SAUCE		63	0.4%
BEEF MEAT W/VEGETABLES		73	0.5%
BEEF MEAT W/WORCESTERSHIRE SAUCE		6	0%
BEEF MEAT WO/FAT		2	0%
BEEF MEAT, FRIED		5	0%
BEEF MEAT, GROUND, W/VEGETABLES		165	1.1%
BEEF MEAT, SLICED W/VEGETABLES		48	0.3%
BEEF PATTIES		8	0.1%
BEEF RIBS		17	0.1%
BEEF SALAMI TYPE SAUSAGE		10	0.1%
BEEF SALAMI TYPE SAUSAGE W/SAUCE		6	0%
BEEF SALAMI TYPE SAUSAGE, FRIED		10	0.1%
BEEF SANDWICH		17	0.1%
BEEF SAUSAGE (CHORIZO) W/TOMATO & OIL		25	0.2%
BEEF SOUP		62	0.4%
BEEF SOUP W/POTATOES		11	0.1%
BEEF STEW W/VEGETABLES		60	0.4%
BEEF TACOS		10	0.1%
BEEF TONGUE		9	0.1%
BEEF TONGUE W/SAUCE		2	0%
BEEF TRIPE		2	0%
BEEF TRIPE SOUP		20	0.1%
BEEF TRIPE W/SAUCE		8	0.1%
BEEF TRIPE W/VEGETABLES		20	0.1%
BEETROOT BEVERAGE W/WATER		2	0%
BEVERAGE, ARTIFICIAL FRUIT FLAVOUR W/WATER (POWDER BASED)		12	0.1%

BEVERAGE, LEMON TEA W/SUGAR	4	0%
BEVERAGE, STRAWBERRY PULP W/MILK	2	0%
BLACK SOUP	14	0.1%
BLACK TEA W/SUGAR & WATER	2	0%
BLACKBERRY BEVERAGE W/WATER	24	0.2%
BLACKBERRY BEVERAGE W/WATER & SUGAR	16	0.1%
BLACKBERRY MOUSSE	2	0%
BREAD W/AVOCADO	7	0%
BREAD W/BAKED MILK	2	0%
BREAD W/BEANS	9	0.1%
BREAD W/BEANS & CHEESE	2	0%
BREAD W/BEANS & MARGARINE	6	0%
BREAD W/BUTTER & CHEESE	3	0%
BREAD W/CHICKEN	2	0%
BREAD W/CHICKEN LIVER PATE	30	0.2%
BREAD W/CONDENSED MILK	4	0%
BREAD W/CREAM	68	0.5%
BREAD W/CREAM CHEESE	26	0.2%
BREAD W/EGGS	20	0.1%
BREAD W/EGGS & HAM	2	0%
BREAD W/FRESH CHEESE	46	0.3%
BREAD W/FRESH UNCURED CHEESE	3	0%
BREAD W/HAM & CHEESE	7	0%
BREAD W/HAM & LACTOCREAM	6	0%
BREAD W/HAM & MARGARINE	12	0.1%
BREAD W/JELLY	6	0%
BREAD W/JELLY & CREAM CHEESE	3	0%
BREAD W/JELLY & MARGARINE	47	0.3%
BREAD W/JELLY, MARGARINE & CREAM	2	0%
BREAD W/LACTOCREAM	22	0.1%
BREAD W/MARGARINE	135	0.9%
BREAD W/MARMALADE	4	0%
BREAD W/MEAT	3	0%
BREAD W/MORTADELLA	42	0.3%
BREAD W/MORTADELLA & CHEESE	10	0.1%
BREAD W/NUTELLA	4	0%
BREAD W/OLIVE OIL	2	0%
BREAD W/SALAMI-TYPE SAUSAGE	14	0.1%
BREAD, BAGUETTE W/AVOCADO	3	0%

BREAD, BAGUETTE W/CHEESE & JELLY	2	0%
BREAD, HOMEMADE W/MARGARINE	4	0%
BREAD, TOASTED W/FRESH CHEESE & TOMATO	18	0.1%
BREAD, TOASTED W/MARGARINE	12	0.1%
BREAKFAST CEREAL W/MILK	213	1.4%
BREAKFAST CEREAL W/MILK & BANANA	31	0.2%
BREAKFAST CEREAL W/MILK & SUGAR	6	0%
BREAKFAST SUGARY CEREAL W/MILK	69	0.5%
BROWNIE	3	0%
CAKE, THREE MILKS, HOME MADE	6	0%
CANELONI W/BEEF, VEGETABLES & SAUCE	29	0.2%
CANELONI W/SAUCE	3	0%
CANELONI, W/TUNA, BATTERED	4	0%
CARAMBOLA BEVERAGE W/WATER	2	0%
CARROT & CUCUMBER W/LEMON	5	0%
CARROT & TOMATO SALAD W/MAYONNAISE	9	0.1%
CARROT & WHITE CABBAGE SALAD W/MAYONNAISE	8	0.1%
CARROT SALAD W/MAYONNAISE	5	0%
CARROT W/LEMON	8	0.1%
CARROT W/ORANGE DRESSING	3	0%
CARROT W/POTATO	7	0%
CARROT, GRATED	6	0%
CAS & GUAVA BEVERAGE W/WATER	6	0%
CAS & ORANGE BEVERAGE W/WATER	4	0%
CAS BEVERAGE W/WATER	79	0.5%
CASSAVA ROOT PATTY	3	0%
CASSAVA ROOTS W/CHEESE	10	0.1%
CASSAVA ROOTS W/LEMON	18	0.1%
CASSAVA ROOTS W/MARGARINE	2	0%
CASSAVA ROOTS, FRIED	14	0.1%
CASSAVA ROOTS, PUREE	3	0%
CATONESE RICE	54	0.4%
CHAMONILE TEA W/HONEY	8	0.1%
CHAMONILE TEA W/SUGAR	8	0.1%
CHAMONILE TEA W/SWEETENER	2	0%
CHAYOTE FRUIT W/EGGS	4	0%
CHAYOTE FRUIT, BATTERED	9	0.1%
CHAYOTE FRUIT, BATTERED W/CHEESE	3	0%
CHAYOTE, HALF COOKED	3	0%

CHEESE SANDWICH	9	0.1%
CHEESE STICKS W/CREAM	6	0%
CHICKEN	113	0.8%
CHICKEN & VEGETABLES SOUP W/THICK SAUCE	36	0.2%
CHICKEN BREAST, GRILLED W/CURRY	5	0%
CHICKEN BURRITO	68	0.5%
CHICKEN CHALUPA (FRIED, FILLED TACO)	14	0.1%
CHICKEN FAJITAS W/VEGETABLES	11	0.1%
CHICKEN GIBLETS SOUP	24	0.2%
CHICKEN LASAGNA	12	0.1%
CHICKEN LIVER PATE SANDWICH	6	0%
CHICKEN NUGGETS	10	0.1%
CHICKEN PATTY	25	0.2%
CHICKEN SANDWICH	7	0%
CHICKEN SOUP	246	1.7%
CHICKEN STEW	6	0%
CHICKEN TACOS	7	0%
CHICKEN TYPE OF CAKE	23	0.2%
CHICKEN W/CARROT	43	0.3%
CHICKEN W/FILLING	6	0%
CHICKEN W/PEANUT BUTTER & HONEY SAUCE	24	0.2%
CHICKEN W/POTATOES	100	0.7%
CHICKEN W/TOMATO SAUCE	64	0.4%
CHICKEN W/WHITE SAUCE	7	0%
CHICKEN WINGS	53	0.4%
CHICKEN WINGS, FRIED	11	0.1%
CHICKEN, BREADED	5	0%
CHICKEN, CHOPPED	2	0%
CHICKEN, FRIED	34	0.2%
CHICKEN, GRILLED	3	0%
CHICKEN, LEGS	26	0.2%
CHICKEN, PREPARED	14	0.1%
CHICKEN, STEWED, W/POTATOES	16	0.1%
CHICKEN, STEWED, W/VEGETABLES	7	0%
CHICKPEAS W/BEEF MEAT	22	0.1%
CHICKPEAS W/CHICKEN	27	0.2%
CHICKPEAS W/PORK MEAT	7	0%
CHICKPEAS W/TUNA	9	0.1%
CHICKPEAS, PREPARED	24	0.2%

CHIFRIJO, TRADITIONAL DISH (BEANS SALAD W/COCONUT)	3	0%
CHIFRIJO, TRADITIONAL DISH (BEANS SALAD W/PORK)	12	0.1%
CHOCOLATE CON LECHE	79	0.5%
CHOP SUEY W/CHICKEN	25	0.2%
CHOP SUEY W/CHORIZO	7	0%
CHOPPED BEANS SNAPS W/VEGETABLES	22	0.1%
CHOPPED CHAYOTE FRUIT W/VEGETABLES	26	0.2%
CHOPPED MEAT W/VEGETABLES	52	0.4%
CHOPPED PLANTAIN W/VEGETABLES	6	0%
CHOPPED POTATO W//VEGETABLES	122	0.8%
CHOPPED POTATO W/MEAT & VEGETABLES	9	0.1%
CHOPPED POTATO W/TUNA & VEGETABLES	8	0.1%
CHOPPED SAUSAGE W/VEGETABLES	42	0.3%
CHOPPED VEGETABLES	13	0.1%
CHORIZO SANDWICH	5	0%
CHORIZO W/EGG	3	0%
CINNAMON TEA	2	0%
CJIMICHURRI DRESSING	36	0.2%
COFFEE, GROUNDED BASED W/MILK & SUGAR	315	2.1%
COFFEE, GROUNDED BASED W/MILK&ARTIFICIAL SWEETENER	12	0.1%
COFFEE, GROUNDED BASED W/SUGAR	324	2.2%
COFFEE, GROUNDED BASED, W/CREAMER	4	0%
COFFEE, GROUNDED BASED, W/CREAMER&SUGAR	9	0.1%
COFFEE, GROUNDED BASED, W/MILK	4	0%
COFFEE, INSTANT, CAPUCCHINO FLAVOUR	3	0%
COFFEE, INSTANT, W/MILK	1	0%
COFFEE, INSTANT, W/MILK & SUGAR	26	0.2%
COFFEE, INSTANT, W/SUGAR	22	0.1%
COOKED FRUIT	5	0%
COOKIE W/MARGARINE	2	0%
CREAM CHEESE SANDWICH	4	0%
CROISSANT W/CHEESE	8	0.1%
CROISSANT W/HAM, CHEESE & VEGETABLES	6	0%
CUCUMBER W/MAYONNAISE	5	0%
CUCUMBER W/SALT	5	0%
EGG & BEANS SANDWICH	9	0.1%
EGG & MEAT PATTY	3	0%
EGG SANDWICH	9	0.1%
EGGS W/VEGETABLES	4	0%

FISH, BREADED		28	0.2%
FISH, GRILLED		23	0.2%
FORMULA ENSURE, PREPARED		8	0.1%
FRENCH FRIES		9	0.1%
FRENCH FRIES, PREPARED		57	0.4%
FRESH WHITE CHEESE, FRIED		27	0.2%
FRIED BEANS		16	0.1%
FRIED RICE		5	0%
FRIED TORTILLA, W/SALAMI & CHEESE FILLING		4	0%
FRIED WHEAT TORTILLA W/EGGS, BEANS & CREAM FILLING (HONDURAS DISH)		5	0%
FROZEN BANANA W/CHOCOLATE COATING		4	0%
FRUIT SALAD		134	0.9%
FRUIT YOGHURT W/BANANA		2	0%
FRUIT YOGHURT W/BANANA & OATS		3	0%
FRUIT YOGHURT W/CEREAL		12	0.1%
FRUIT YOGHURT W/CHOCOLATE		13	0.1%
GARDEN RICE		54	0.4%
GELATINE W/ICE CREAM		2	0%
GELATINE W/MILK		8	0.1%
GELATINE W/MILK & CONDENSED MILK		3	0%
GELATINE W/YOGHURT & FRUITS		10	0.1%
GRANITA W/CONDENSED MILK		7	0%
GREEN CORN ON COB		3	0%
GREEN CORN ON COB, HALF COOKED		2	0%
GREEN MANGO, PREPARED		42	0.3%
GUACAMOLE		17	0.1%
HAM & CHEESE SANDWICH		49	0.3%
HAM & CREAM W/VEGETABLE FAT MIXTURE SANDWICH		3	0%
HAM & EGG SANDWICH		4	0%
HAM SANDWICH		34	0.2%
HAM W/MAYONNAISE		2	0%
HAMBURGER		67	0.5%
HAMBURGER W/BEEF PATTY & SAUCES		4	0%
HAMBURGER W/CHEESE & BACON		2	0%
HAMBURGER W/CHICKEN		11	0.1%
HEN EGGS		134	0.9%
HEN EGGS W/HAM		3	0%
HEN EGGS W/MORTADELA		16	0.1%
HEN EGGS W/ONION		22	0.1%

HEN EGGS W/ONION & SWEET PEPPERS	10	0.1%
HEN EGGS W/RICE	2	0%
HEN EGGS W/SAUSAGE	3	0%
HEN EGGS W/SWEET PEPPERS & YUCCA BULBSTEAM FLOWERS	7	0%
HEN EGGS W/TOMATO	3	0%
HEN EGGS W/TOMATO & ONION	5	0%
HEN EGGS, CHOPPED	107	0.7%
HEN EGGS, FRIED	115	0.8%
HEN EGGS, RANCHERO STYLE	14	0.1%
HEN SOUP	12	0.1%
HEN, HOME COOKED	6	0%
HOT DOG	49	0.3%
ICE CREAM CAKE	3	0%
JAM SANDWICH	6	0%
LEMONADE	40	0.3%
LENTILS W/CHCKEN	1	0%
LENTILS, PREPARED W/CHICKEN	5	0%
LENTILS, PREPARED W/VEGETABLES	42	0.3%
LETTUCE & CELERY SALAD	2	0%
LETTUCE & TOMATOES MIXED SALAD	81	0.5%
LETTUCE SALAD W/TOMATO, CUCUMBER, LEMON & SALT	4	0%
LETTUCE W/LEMON	3	0%
LETTUCE, TOMATOES & CARROTS MIXED SALAD W/DRESSING	11	0.1%
LETTUCE, TOMATOES & CARROTS MIXED SALAD W/LEMON	182	1.2%
LETTUCE, TOMATOES & CUCUMBERS MIXED SALAD W/LEMON	26	0.2%
LETTUCE, TOMATOES, CUCUMBERS & CARROTS SALAD	12	0.1%
LINDEN TEA W/SUGAR & WATER	2	0%
MAIZE BEVERAGE W/WATER	3	0%
MAIZE CHIPS, PREPARED	3	0%
MAIZE PATTY W/BEANS FILLING	13	0.1%
MAIZE PATTY W/BEANS, RICE & CHEESE	8	0.1%
MAIZE PATTY W/CHEESE & BEANS FILLING	13	0.1%
MAIZE PATTY W/CHEESE FILLING	31	0.2%
MAIZE PATTY W/CHICKEN FILLING	7	0%
MAIZE PATTY W/MEAT FILLING	5	0%
MAIZE POZOLE	9	0.1%
MAIZE THICK TORTILLA FILLED W/CHEESE (SALVADORIAN PUPUSAS)	3	0%
MANGO BEVERAGE W/SUGAR & WATER	44	0.3%
MARACUYA DESSERT	6	0%

MATURE MANGOES, PREPARED	4	0%
MATURE PLANTAIN	2	0%
MATURE PLANTAIN, FRIED	157	1.1%
MATURE PLANTAIN, PREPARED	14	0.1%
MEAT BALLS, BEEF	1	0%
MELON & PINEAPPLE BEVERAGE W/WATER	6	0%
MELON BEVERAGE W/SUGAR & WATER	2	0%
MILK BEVERAGE	8	0.1%
MILK W/CHOCOLATE	63	0.4%
MILK W/OATS	10	0.1%
MILK W/SUGAR	28	0.2%
MILK W/SYRUP	4	0%
MILK-BASED STRAWBERRY ICE CREAM W/CONE	4	0%
MIXED CEREALS DRINK (HORCHATA) W/MILK	9	0.1%
MIXED CUCUMBER, CABBAGE, TOMATOES & CARROTS SALAD W/LEMON JUICE &SALT	222	1.5%
MIXED FRUIT BEVERAGE W/SUGAR & WATER	5	0%
MIXED FRUIT BEVERAGE WO/SUGAR, W/WATER	11	0.1%
MIXED GREEN SALAD	4	0%
MIXED VEGETABLES	51	0.3%
MIXED VEGETABLES & FRUITS SALAD	1	0%
MIXED VEGETABLES W/CHEESE	4	0%
MIXED VEGETABLES, SALTED	15	0.1%
MIXED VEGETABLES, STEAMED	3	0%
MORTADELLA	8	0.1%
MORTADELLA SANDWICH	70	0.5%
MORTADELLA W/SAUCE	3	0%
NARANJILLA BEVERAGE W/WATER	2	0%
OATS BEVERAGE	55	0.4%
OATS BEVERAGE W/MILK	4	0%
OATS W/ MILK	2	0%
OATS W/SUGAR (PREPARED W/MILK)	20	0.1%
OATS W/SUGAR (PREPARED W/WATER)	21	0.1%
OATS W/SUGAR AND BANANA (W/MILK)	4	0%
OATS WO/SUGAR (PREPARED W/MILK)	7	0%
OMELETTE	10	0.1%
OMELETTE, NO FILLING	57	0.4%
ORANGE JUICE W/SUGAR	26	0.2%
PANCAKES	4	0%
PANCAKES W/HONEY	8	0.1%

PAPAYA & ORANGES BEVERAGE W/SUGAR & WATER	3	0%
PAPAYA & PINEAPPLE BEVERAGE W/SUGAR & WATER	9	0.1%
PAPAYA WATER-BASED SMOOTHIE W/SUGAR	3	0%
PASTA	16	0.1%
PASTA SALAD W/TUNA	18	0.1%
PASTA SALAD, SERVED COLD	13	0.1%
PASTA W/BUTTER	8	0.1%
PASTA W/CHEESE	15	0.1%
PASTA W/CHICKEN	20	0.1%
PASTA W/MARGARINE	7	0%
PASTA W/MEAT	36	0.2%
PASTA W/PIG MEAT	10	0.1%
PASTA W/PROCESSED TOMATO SAUCE	34	0.2%
PASTA W/SHRIMP	4	0%
PASTA W/TOMATO SAUCE	22	0.1%
PASTA W/TUNA	22	0.1%
PASTA W/WHITE SAUCE	26	0.2%
PASTA, CANELONI W/CHEESE	5	0%
PASTA, CANELONI W/TUNA	8	0.1%
PASTA, MACCARONI W/BUTTER	10	0.1%
PASTA, MACCARONI W/CHORIZO	4	0%
PASTA, MACCARONI W/MEAT	25	0.2%
PASTA, MACCARONI W/TUNA	82	0.6%
PASTA, MACCARONI W/VEGETABLES	18	0.1%
PASTA, MACCARONI, PREPARED	36	0.2%
PASTA, SMALL, W/TUNA	6	0%
PASTA, SNAIL FORM W/SAUCE	15	0.1%
PASTA, SNAIL FORM W/TUNA	6	0%
PASTA, SNAIL FORM W/WHITE SAUCE	6	0%
PASTA, SNAIL FORM, PREPARED	21	0.1%
PASTA, TORTELLINI W/MEAT & VEGETABLES	135	0.9%
PEANUT & HONEY, SAUCE	11	0.1%
PIG & BEEF SAUSAGE	12	0.1%
PIG FRIED FAT, CABBAGE & CASSAVA ROOTS DISH (VIGORON, TRADITIONAL DISH)	10	0.1%
PIG SALAMI TYPE SAUSAGE	9	0.1%
PINEAPPLE & ORANGE BEVERAGE W/WATER	3	0%
PINEAPPLE BEVERAGE W/SUGAR & MILK	3	0%
PINEAPPLE BEVERAGE W/SUGAR & WATER	49	0.3%
PINEAPPLE BEVERAGE W/SWEETENER & WATER	4	0%

PINEAPPLE&COCONUT BEVERAGE W/WATER & SUGAR	3	0%
PINOL BEVERAGE	2	0%
PINOL BEVERAGE W/WATER & SUGAR	6	0%
PINOLILLO BEVERAGE W/WATER	13	0.1%
PISQUE TAMALE	3	0%
PLANTAIN CHIPS (PATACONES)	12	0.1%
PLANTAIN W/CHEESE	3	0%
PORK BISTEC	49	0.3%
PORK CHOP W/ONION	4	0%
PORK CHOP, GRILLED	84	0.6%
PORK CHOP, SMOKED	1	0%
PORK MEAT W/POTATOES	7	0%
PORK MEAT W/SAUCE	43	0.3%
PORK MEAT W/VEGETABLES	18	0.1%
PORK RIBS	28	0.2%
PORK RIBS, FRIED	6	0%
POTATO PATTY	2	0%
POTATO W/ANATTOTREE PASTE	6	0%
POTATO W/CARROT	2	0%
POTATO W/SALAMI-TYPE SAUSAGE	2	0%
POTATOES & VEGETABLES SALAD W/MUSTARD, EGGS & MAYONNAISE (RUSSIAN SALAD)	7	0%
POTATOES W/CHICKEN & CARROT	3	0%
POTATOES W/CHORIZO	2	0%
POTATOES W/MEAT	46	0.3%
POTATOES W/SAUSAGE	2	0%
POTATOES, GRILLED	5	0%
POTATOES, PUREE	31	0.2%
POTATOES, TOASTED	3	0%
RAMEN SOUP	3	0%
RICE & BEANS W/CHEESE	2	0%
RICE & BEANS W/VEGETABLES	108	0.7%
RICE & BEANS W/VEGETABLES & EGG	4	0%
RICE DRINK W/PINEAPPLE & MILK	4	0%
RICE DRINK W/PINEAPPLE & WATER	18	0.1%
RICE PATTY	6	0%
RICE W/BEANS & CHICKEN	4	0%
RICE W/BEANS & MEAT	6	0%
RICE W/CHICKEN	209	1.4%
RICE W/EGGS	17	0.1%

RICE W/LENTILS & CHICKEN	3	0%
RICE W/MEAT	25	0.2%
RICE W/NOODLES	2	0%
RICE W/PORK MEAT & VEGETABLES	265	1.8%
RICE W/TUNA & VEGETABLES	138	0.9%
RICE W/VEGETABLES & CHICKEN	7	0%
RICE WATER	11	0.1%
RICE&BEANS SALAD	1226	8.3%
RICE, YELLOW, W/VEGETABLES	8	0.1%
ROLLED BREAD W/CHEESE & JELLY FILLING (FLAUTA)	3	0%
SALAD DRESSING	24	0.2%
SALAMI & CHEESE SANDWICH	4	0%
SALAMI TYPE SAUSAGE SANDWICH	31	0.2%
SALAMI TYPE SAUSAGE W/EGG	3	0%
SANDWICH-LIKE PUFF PASTRY W/BEEF&VEGETABLES	6	0%
SAUSAGE W/POTATOES	22	0.1%
SAUSAGE W/SAUCE	18	0.1%
SAUSAGE, FRIED	2	0%
SCRAMBLED HEN EGGS	101	0.7%
SCRAMBLED HEN EGGS W/HAM & ONION	2	0%
SCRAMBLED HEN EGGS W/HAM & SWEET PEPPERS	5	0%
SCRAMBLED HEN EGGS W/ONION	46	0.3%
SCRAMBLED HEN EGGS W/SALAMI SAUSAGE	2	0%
SCRAMBLED HEN EGGS W/TUNA	3	0%
SMOOTHIE, BANANA & PAPAYA W/MILK	8	0.1%
SMOOTHIE, BANANA W/MILK	6	0%
SMOOTHIE, BANANA W/MILK & CHOCOLATE	3	0%
SMOOTHIE, BANANA W/WATER	2	0%
SMOOTHIE, MANGO & BANANA W/WATER	3	0%
SMOOTHIE, MIXED FRUIT W/MILK & SUGAR	4	0%
SMOOTHIE, ORANGE & CARROT W/WATER	6	0%
SMOOTHIE, PAPAYA W/MILK & SUGAR	3	0%
SMOOTHIE, STRAWBERRY W/WATER	2	0%
SODA CRACKERS W/CHEESE	17	0.1%
SODA CRACKERS W/CHEESE & JELLY	2	0%
SODA CRACKERS W/CREAM	2	0%
SODA CRACKERS W/HAM	5	0%
SODA CRACKERS W/MARGARINE	15	0.1%
SOUP, AZTEC	11	0.1%

SOUP, MAGGIE BRAND		3	0%
SOURSOP BEVERAGE W/WATER		4	0%
SOURSOP BEVERAGE W/WAYER		2	0%
STRAWBERRY & GUAVAS BEVERAGE W/WATER		3	0%
SWEET BREAD W/AVOCADO		2	0%
SWEET BREAD, HOMEMADE		6	0%
SWEET BREAD, HOMEMADE, W/MARGARINE		2	0%
SWEET PEPPERS & ONIONS W/LEMON		3	0%
SWEET POTATO W/OIL		2	0%
SWEET POTATO, PUREE		4	0%
SWEET WATER W/MILK		8	0.1%
SYRUP BEVERAGE W/MILK		10	0.1%
TAMARIND BEVERAGE W/WATER		13	0.1%
TOMATO & CUCUMBER SALAD W/MAYONNAISE		15	0.1%
TOMATO & CUCUMBER W/LEMON		31	0.2%
TOMATO SANDWICH		8	0.1%
TOMATO SAUCE		149	1%
TOMATO W/EGG		2	0%
TOMATO W/LEMON		11	0.1%
TOMATO W/LEMON JUICE SALAD		10	0.1%
TOMATO W/ONION		2	0%
TOMATO W/SALT		2	0%
TOMATO W/SAUCE		4	0%
TOMATO, CHOPPED		28	0.2%
TOMATOES & CORIANDER LEAVES SALAD W/LEMON		22	0.1%
TOMATOES & ONIONS SALAD W/LEMON		12	0.1%
TORTILLA ROLLS W/MORTADELLA		6	0%
TORTILLA W/CHOPPED POTATOES&BEEF MEAT		2	0%
TORTILLA W/SPICED SAUSAGE		14	0.1%
TORTILLA W/WHITE CABBAGE & CREAM		3	0%
TORTILLA, MAIZE BASED W/AVOCADO		2	0%
TORTILLA, MAIZE BASED W/AVOCADO & CREAM&VEGETABLE FAT MIXTURE		4	0%
TORTILLA, MAIZE BASED W/CHEESE		12	0.1%
TORTILLA, MAIZE BASED W/CHEESE & CREAM		3	0%
TORTILLA, MAIZE BASED W/CREAM		3	0%
TORTILLA, MAIZE BASED W/FRESH CHEESE		5	0%
TORTILLA, MAIZE BASED, HOMEMADE		15	0.1%
TORTILLA, MAIZE BASED, HOMEMADE W/CHEESE		9	0.1%
TORTILLA, MAIZE BASED, HOMEMADE W/CREAM		2	0%

TORTILLA, MAIZE BASED, HOMEMADE W/FRESH CHEESE	11	0.1%
TORTILLA, WHEAT BASED W/EGG	2	0%
TUNA SALAD	64	0.4%
TUNA SANDWICH	73	0.5%
TUNA W/VEGETABLES	7	0%
UNRIPE BANANA, FRIED	4	0%
UNRIPE PLANTAIN, FRIED	2	0%
VANILLA BUDIN	7	0%
VANILLA PUDDING	3	0%
VEGETABLES SANDWICH	8	0.1%
VEGETABLES SOUP	18	0.1%
VINAGRETTE	14	0.1%
WATER-BASED ICE CREAM W/SYRUP	2	0%
WEAKFISHES W/SAUCE	4	0%
WHEAT BISCUITS, NOT-LEAVENED, DONUT FORM (ROSQUILLAS)	13	0.1%
WHITE BEANS, COOKED, PREPARED	83	0.6%
WHITE CABBAGE MIXED SALAD	29	0.2%
WHITE CABBAGE W/SAUCES	3	0%
WHITE RICE DISH, COOKED	763	5.2%
WHITE RICE DISH, W/SWEET PEPPERS, COOKED	1285	8.7%
WHITE RICE WITH CARROT AND TOMATO	11	0.1%
YOGHURT BEVERAGE W/MILK	2	0%
ZUCCHINI SQUASH W/EGG	2	0%

FOODEX2_RECIPE_CODE: FoodEx2 recipe code

Data file: data_anon_consumption

Overview

Valid: 14805 Invalid: 0
 Type: Discrete Width: 85 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
A004X#F28.A07MA\$F28.A07HN\$F04.A16FC\$F04.A02QF		3	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A012S\$F04.A02ML\$F04.A02QF		3	0%
A006V#F04.A002Q\$F04.A042P\$F22.A07SS		15	0.1%
A006V#F04.A003X\$F10.A16YB		155	1%
A00AE#F04.A039D		2	0%

A00AV#F04.A02PF\$F04.A02PG\$F04.A02MM\$F22.A07SS	6	0%
A00BA#F04.A01LC\$F04.A0DZB\$F22.A07SS	9	0.1%
A00BA#F04.A01LC\$F22.A07SS	10	0.1%
A00BG	3	0%
A00BM#F28.A07MA\$F04.A023C\$F04.A031B\$F04.A16GB	6	0%
A00BM#F28.A07MA\$F04.A02QF	8	0.1%
A00BR#F04.A02ML\$F04.A06LZ	6	0%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A00HC\$F04.A00XF\$F04.A043G	7	0%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A012S\$F04.A00HC\$F04.A02QF	13	0.1%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A01QX	5	0%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A02QF	31	0.2%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A02QF\$F04.A00HC\$F04.A00JA\$F04.A012S\$F04.A02ML	13	0.1%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A02QF\$F04.A012S\$F04.A001D\$F04.A0EZD	8	0.1%
A00CL	4	0%
A00CL#F08.A033J	8	0.1%
A00FE#F04.A044X\$F04.A044P	3	0%
A00PC#F28.A07GR\$F28.A07HL	5	0%
A00ZZ#F28.A0C6N\$F28.A0BA1	3	0%
A011S#F28.A0BA1	2	0%
A01LC#F08.A032J	1	0%
A01LC#F28.A07GR\$F10.A07XM	4	0%
A01QG#F04.A01LC\$F04.A02MN\$F04.A02QA	3	0%
A01QG#F04.A01LF\$F04.A03AH\$F04.A042P\$F04.A042Z	4	0%
A01QG#F04.A01LF\$F04.A03AH\$F04.A042P\$F04.A0EZD\$F04.A0ERG	42	0.3%
A01QG#F04.A0BYR\$F04.A015H\$F04.A036H	134	0.9%
A01QG#F04.A0DQG\$F04.A02LZ\$F04.A02QF\$F04.A039D\$F08.A032M	14	0.1%
A01QG#F04.A0DQG\$F04.A02QF	3	0%
A01QG#F28.A07GG\$F04.A01LC\$F04.A01LF\$F04.A01LG\$F04.A01LP\$F08.A032J	5	0%
A01QG#F28.A0C6N\$F04.A00HC\$F04.A01LB\$F04.A00XF	17	0.1%
A01QX#F28.A0BA1\$F04.A042P	2	0%
A01QX#F28.A0BA1\$F04.A042P\$F20.A0F4V	2	0%
A01SP#F02.A06AG\$F28.A0BA1\$F04.A044C	53	0.4%
A01SP#F28.A07GR	34	0.2%
A01SP#F28.A07GR\$F04.A0EZD	11	0.1%
A01SP#F28.A07GR\$F28.A07HK	5	0%
A01SP#F28.A0BA1\$F28.A07MA	6	0%
A024G#F28.A07GR	2	0%
A024X#F28.A07GR	18	0.1%
A02LX#F08.A032J	28	0.2%
A02MP#F04.A00DL\$F04.A02LX\$F08.A032J	10	0.1%
A02MP#F04.A02LY\$F04.A03HH	63	0.4%
A02MP#F04.A02LZ\$F04.A033Z	4	0%

A02MP#F28.A07MR\$F04.A02PK\$F04.A033Z\$F04.A03DK	10	0.1%
A02NH#F04.A00EL	12	0.1%
A02NH#F04.A01LC	2	0%
A02NH#F04.A01LC\$F04.A00DH	3	0%
A02NH#F04.A034J	13	0.1%
A02NQ#F04.A02LZ\$F04.A02NH	2	0%
A02PV#F04.A00AV\$F04.A034J\$F04.A02QA	3	0%
A02PV#F04.A02LZ\$F04.A06VS	3	0%
A02PV#F04.A036H\$F04.A02LV\$F04.A02PG	3	0%
A02PV#F04.A036H\$F04.A02NF\$F04.A01QG	10	0.1%
A02PV#F04.A036H\$F04.A02PG	8	0.1%
A02PV#F04.A036H\$F04.A02QA	2	0%
A02PY#F04.A16FC\$F04.A02PF\$F04.A06KX	2	0%
A02QA#F04.A06TV\$F04.A0BYR	4	0%
A02QA#F04.A06VS\$F04.A033Z\$F22.A07SS	3	0%
A02QD#F28.A07MR\$F04.A02LZ	8	0.1%
A02QF#F28.A07GR	27	0.2%
A032A#F27.A031G\$F28.A07KY	107	0.7%
A032A#F27.A031G\$F28.A0BA3	134	0.9%
A032C#F27.A031G	115	0.8%
A036K#F04.A046H\$F04.A06NQ	2	0%
A03AM#F08.A032J	26	0.2%
A03DF#F04.A00QH\$F04.A0DZB\$F04.A03DK\$F08.A032J	6	0%
A03DF#F04.A01LC\$F04.A01LF\$F04.A03DK\$F04.A033Z	3	0%
A03DF#F04.A01LC\$F04.A01LG\$F04.A02LY\$F08.A032J	12	0.1%
A03DF#F04.A01LC\$F04.A02LZ\$F04.A03HG	3	0%
A03DF#F04.A01LC\$F04.A02LZ\$F08.A032J	6	0%
A03DF#F04.A01LC\$F04.A03DK\$F08.A032J	2	0%
A03DF#F04.A01LG\$F04.A02LZ\$F08.A032J	3	0%
A03DF#F04.A01LG\$F04.A03DK\$F08.A032L	3	0%
A03DF#F04.A03DK\$F04.A01EA\$F08.A032J	2	0%
A03EA#F04.A00KF\$F04.A03DK\$F08.A032J	2	0%
A03EA#F04.A019J\$F04.A03DK\$F08.A032J	13	0.1%
A03EA#F04.A01EE\$F04.A03DK\$F08.A032J	24	0.2%
A03EA#F04.A01EE\$F08.A032P	16	0.1%
A03EA#F04.A01HM\$F04.A03DK\$F08.A032J	2	0%
A03EA#F04.A01LT\$F04.A03DK\$F08.A032J	6	0%
A03EA#F04.A03AH\$F08.A032J	40	0.3%
A03EA#F04.A03CE\$F04.A02LZ	2	0%
A03EA#F04.A03DK\$F04.A01KS\$F08.A032J	2	0%
A03EA#F04.A03DK\$F04.A0DPZ\$F08.A032J	79	0.5%
A03EH#F04.A03DK\$F08.A032J	44	0.3%

A03EQ#F04.A003D\$F04.A02PF\$F08.A032L	4	0%
A03EQ#F04.A02LZ\$F08.A032J	3	0%
A03EQ#F04.A03DK\$F08.A032J	49	0.3%
A03EQ#F04.A03DK\$F08.A046R	4	0%
A03EV#F04.A003D\$F04.A01CR\$F04.A01HM\$F04.A01LP\$F04.A03DK\$F08.A032L	18	0.1%
A03EV#F04.A00KF\$F04.A01LP\$F04.A03DK\$F08.A032J	6	0%
A03EV#F04.A01EA\$F04.A0CGD\$F04.A03DK\$F08.A032J	3	0%
A03EV#F04.A01LG\$F04.A01LP\$F08.A032P	3	0%
A03EV#F04.A03DK\$F04.A01LC\$F04.A01LG\$F04.A00KJ\$F04.A0DZB\$F04.A01EA\$F10.A077K	11	0.1%
A03EV#F04.A03DK\$F04.A01LC\$F04.A01LG\$F04.A01LP\$F08.A032J	5	0%
A03EV#F04.A03DK\$F04.A01LG\$F04.A01LP\$F08.A032J	9	0.1%
A03EV#F04.A03DK\$F04.A0DPZ\$F04.A0DZB\$F08.A032H	4	0%
A03EV#F04.A03DK\$F04.A0DZB\$F04.A01LG\$F08.A032J	3	0%
A03EV#F04.A0CGD\$F04.A03DK\$F04.A0DPZ\$F08.A032J	6	0%
A03EV#F28.A07MR\$F04.A03DK\$F04.A01LP\$F04.A03GF\$F04.A06RR\$F08.A032J	3	0%
A03EV#F28.A07MR\$F04.A03DK\$F08.A032L	12	0.1%
A03EX#F04.A002Q\$F04.A03TS\$F08.A032J	3	0%
A03EX#F04.A002Q\$F04.A0CXN\$F04.A019T\$F04.A02LV\$F04.A03HG\$F08.A032L	6	0%
A03EX#F04.A00QG\$F04.A03DK\$F08.A032J	2	0%
A03EX#F04.A02LZ\$F04.A03DK\$F08.A032M	8	0.1%
A03EX#F04.A06KV\$F08.A032L	4	0%
A03EX#F28.A07MR\$F04.A002Q\$F04.A019T\$F04.A03HG\$F04.A03DK\$F04.A01AL\$F04.A019C\$F08.A032J	13	0.1%
A03EX#F28.A07MR\$F04.A002Q\$F04.A0CXN\$F04.A019T\$F04.A03HG\$F04.A03DK\$F08.A032J	2	0%
A03EX#F28.A07MR\$F04.A00EH\$F04.A03GF\$F04.A02LZ	9	0.1%
A03JZ#F04.A001D\$F04.A02LZ\$F04.A02PF\$F04.A02PG\$F04.A065H	36	0.2%
A03JZ#F04.A003X\$F04.A02PF\$F04.A047F\$F08.A032J	10	0.1%
A03JZ#F04.A02LZ\$F04.A002R\$F08.A032J	5	0%
A03JZ#F28.A07MR\$F04.A02LZ\$F04.A002R\$F08.A032J	9	0.1%
A03KA#F04.A03GN\$F04.A02LZ	4	0%
A03KA#F04.A03GN\$F04.A02LZ\$F08.A032J	315	2.1%
A03KA#F04.A03GN\$F04.A02LZ\$F08.A046R	12	0.1%
A03KA#F04.A03GN\$F04.A03TS	4	0%
A03KA#F04.A03GN\$F04.A03TS\$F08.A032J	9	0.1%
A03KA#F04.A03GN\$F08.A032J	324	2.2%
A03KE#F04.A02LZ	1	0%
A03KE#F04.A02LZ\$F08.A032J	26	0.2%
A03KE#F08.A032J	22	0.1%
A03KH#F04.A03GQ\$F08.A032J	3	0%
A03LA#F04.A02LZ\$F04.A03HG\$F04.A035H	79	0.5%
A03LC#F08.A032J	2	0%
A03LC#F08.A032M	2	0%
A03LG#F04.A019V\$F08.A032J	2	0%

A03LH#F04.A019V\$F08.A033J	8	0.1%
A03LH#F08.A032J	8	0.1%
A03LH#F08.A046R	2	0%
A03TC#F28.A07MR\$F04.A03HG\$F04.A03SY\$F04.A036N\$F04.A03DK	8	0.1%
A03TL#F04.A019V\$F08.A032J	55	0.4%
A03TL#F04.A02LZ\$F08.A032J	4	0%
A03TM#F04.A03DT\$F08.A032J	11	0.1%
A03VD#F04.A00ZT\$F04.A024X	2	0%
A03VD#F28.A07HC\$F04.A00ZT\$F04.A044P\$F04.A036N	3	0%
A03VD#F28.A07KX\$F28.A0BA1\$F04.A00ZT\$F04.A0FBT\$F04.A16GB	8	0.1%
A03VD#F28.A07KX\$F28.A0BA1\$F04.A00ZT\$F04.A16GB\$F04.A049S	9	0.1%
A03VD#F28.A0BA1\$F04.A010C\$F04.A036N	2	0%
A03VD#F28.A0BA1\$F04.A0F0M\$F04.A00ZT	6	0%
A03VD#F28.A0EJY\$F04.A00ZT\$F04.A019C\$F04.A02ML\$F04.A036P	5	0%
A03VG#F04.A032B\$F04.A16GB\$F04.A044X\$F04.A044G	7	0%
A03VH#F04.A00QH\$F04.A00ZT	2	0%
A03VH#F28.A07KX\$F28.A0BA1\$F04.A16GB	122	0.8%
A03VH#F28.A0BA1\$F04.A00QH\$F04.A036P	7	0%
A03VJ#F04.A024G	2	0%
A03VJ#F28.A0BA1\$F04.A025C	2	0%
A03VK#F28.A0BA1\$F04.A00QH\$F04.A01SP	3	0%
A03VK#F28.A0BA1\$F04.A01QX\$F04.A16GB\$F04.A044C\$F04.A0EZD	46	0.3%
A03VM#F28.A07GG\$F04.A0DND\$F04.A012S\$F04.A039D	116	0.8%
A03VM#F28.A07GR\$F04.A012S\$F04.A044P	16	0.1%
A03VM#F28.A07GR\$F28.A07HG\$F04.A012S	4	0%
A03VM#F28.A0BA1\$F04.A013Q\$F04.A01SP	1	0%
A03VS#F28.A07GR\$F04.A012S\$F04.A16GB\$F04.A039D	16	0.1%
A03VS#F28.A07GR\$F28.A07HG\$F04.A012S\$F04.A00HC\$F04.A00XF\$F03.A06JG	4	0%
A03VS#F28.A0BA1	152	1%
A03VS#F28.A0BA1\$F28.A07LA\$F04.A16GB\$F04.A012S\$F03.A06JG	69	0.5%
A03VT#F28.A0BA1\$F04.A012S\$F04.A049S\$F04.A16GB	271	1.8%
A03VT#F28.A0BA1\$F04.A012S\$F04.A16GB\$F04.A01RG\$F10.A0CJQ	35	0.2%
A03VT#F28.A0BA1\$F04.A01SP\$F04.A16GB	83	0.6%
A03VT#F28.A0BA1\$F04.A16GB\$F04.A01QX	11	0.1%
A03VV#F04.A01QX\$F04.A16GB\$F04.A0EZD	17	0.1%
A03VV#F04.A01RG\$F04.A16GB\$F04.A036N	49	0.3%
A03VV#F04.A01SP\$F04.A01BN\$F04.A033J	24	0.2%
A03VV#F04.A01SP\$F04.A044C	64	0.4%
A03VV#F04.A01SP\$F04.A0F1N	7	0%
A03VV#F04.A023E\$F04.A044Y	2	0%
A03VV#F04.A023E\$F04.A044Y\$F04.A044P	3	0%
A03VV#F04.A024G\$F04.A044C	18	0.1%

A03VV#F04.A025Q\$F04.A036N	8	0.1%
A03VV#F04.A026B\$F04.A036N	12	0.1%
A03VV#F04.A036N\$F04.A01QX\$F04.A00HC\$F04.A0EZD	10	0.1%
A03VV#F04.A0DQG\$F04.A00ZT\$F04.A024G	22	0.1%
A03VV#F04.A16GB\$F04.A036N\$F04.A01QX	109	0.7%
A03VV#F28.A07GR\$F04.A01QX\$F04.A00HC	5	0%
A03VV#F28.A07GR\$F04.A01QX\$F04.A16GB	12	0.1%
A03VV#F28.A07GR\$F04.A01RG\$F04.A036N\$F04.A00GZ\$F04.A042P	6	0%
A03VV#F28.A07GZ\$F04.A01QX\$F04.A16GB\$F04.A036N	27	0.2%
A03VV#F28.A07GZ\$F04.A01RG\$F04.A036N\$F04.A00GZ\$F04.A00HC	84	0.6%
A03VV#F28.A07GZ\$F04.A01SP\$F04.A043A	5	0%
A03VV#F28.A07GZ\$F04.A01SP\$F04.A0EZD\$F04.A036P	1	0%
A03VV#F28.A07GZ\$F04.A01SP\$F04.A16GB\$F04.A0EZD	11	0.1%
A03VV#F28.A07GZ\$F28.A0BA1\$F04.A01SP\$F04.A037M	2	0%
A03VV#F28.A07JV\$F04.A01RG\$F04.A036N	1	0%
A03VV#F28.A07KX\$F28.A0BA1\$F04.A026B\$F04.A16GB	42	0.3%
A03VV#F28.A07KX\$F28.A0BA1\$F04.A16GB\$F04.A049S	52	0.4%
A03VV#F28.A0BA1\$F04.A00HC\$F04.A00JA\$F04.A01RG\$F04.A036N	28	0.2%
A03VV#F28.A0BA1\$F04.A00ZF\$F04.A01SP\$F04.A16GB	26	0.2%
A03VV#F28.A0BA1\$F04.A00ZT\$F04.A01RG\$F04.A16GB	7	0%
A03VV#F28.A0BA1\$F04.A00ZT\$F04.A03AH\$F04.A01SP\$F04.A16GB\$F04.A0EZD\$F04.A044P	100	0.7%
A03VV#F28.A0BA1\$F04.A019L\$F04.A01SP\$F04.A16GB\$F04.A043A	113	0.8%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A044C	63	0.4%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A0EZD	6	0%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A16GB	73	0.5%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A16GB\$F04.A00ZT	24	0.2%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A036N\$F04.A00HC	4	0%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A0EZD	43	0.3%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A16GB\$F04.A036N	18	0.1%
A03VV#F28.A0BA1\$F04.A01SN\$F04.A044C	6	0%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A00QH	43	0.3%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A03AH\$F04.A16GB	14	0.1%
A03VV#F28.A0BA1\$F04.A020S\$F04.A044C	2	0%
A03VV#F28.A0BA1\$F04.A020S\$F04.A16GB\$F04.A0EZD\$F04.A044P	9	0.1%
A03VV#F28.A0BA1\$F04.A024X\$F04.A031G	3	0%
A03VV#F28.A0BA1\$F04.A024X\$F04.A036N	19	0.1%
A03VV#F28.A0BA1\$F04.A024X\$F04.A044C	6	0%
A03VV#F28.A0BA1\$F04.A025C\$F04.A031G\$F04.A00HC	3	0%
A03VV#F28.A0BA1\$F04.A025C\$F04.A16GB	25	0.2%
A03VV#F28.A0BA1\$F28.A07KX\$F04.A01QX\$F04.A16GB\$F03.A06JA	48	0.3%
A03VV#F28.A0BA1\$F28.A07KY\$F04.A01SP\$F04.A0F0M\$F04.A0EZD	2	0%
A03VV#F28.A0BA1\$F28.A07LA\$F04.A01QX\$F04.A16GB\$F03.A06JC	165	1.1%

A03VY#F04.A01QX\$F04.A16GB	60	0.4%
A03VY#F04.A01SP\$F04.A16GB	7	0%
A03VY#F04.A01SP\$F04.A16GB\$F04.A00ZT	16	0.1%
A03VY#F04.A0DQG\$F04.A01SP\$F04.A16GB	6	0%
A03XD#F04.A01SP\$F04.A16GB	23	0.2%
A03XF#F04.A049S\$F04.A0DND\$F04.A00JA	8	0.1%
A03XF#F28.A07HK\$F28.A07HL\$F28.A0BA1\$F04.A049S\$F04.A16GB	46	0.3%
A03XF#F28.A07HL\$F28.A0BA1\$F04.A049S\$F04.A031G	3	0%
A03XF#F28.A0BA1\$F28.A07HL\$F04.A0DND\$F04.A00JA\$F04.A01SP	25	0.2%
A03XG#F04.A16GB\$F04.A01QX	1	0%
A03XG#F28.A07GR\$F04.A01SP	10	0.1%
A03XJ#F28.A07GZ\$F04.A028A\$F04.A036N	3	0%
A03XJ#F28.A07GZ\$F04.A036N\$F04.A0FAV\$F04.A042Y	20	0.1%
A03XJ#F28.A0BA1\$F04.A0FAY\$F04.A044X\$F04.A044P	4	0%
A03XJ#F28.A0BA1\$F28.A07HK\$F04.A0FAY\$F04.A036N	28	0.2%
A03XN#F04.A0FBT\$F04.A044X\$F04.A16GB	7	0%
A03XN#F04.A0FBT\$F04.A16GB	64	0.4%
A03XX#F04.A00GC\$F04.A044X\$F04.A044P	3	0%
A03XX#F28.A07GR\$F04.A00ZZ\$F04.A0F0M	14	0.1%
A03XX#F28.A07KX\$F28.A0BA1\$F04.A00JZ\$F04.A16GB	26	0.2%
A03XX#F28.A07KX\$F28.A0BA1\$F04.A16GB	13	0.1%
A03XX#F28.A07KX\$F28.A0BA1\$F04.A16GB\$F04.A00PC	22	0.1%
A03XX#F28.A07KX\$F28.A0BA1\$F04.A16GB\$F04.A0DQG\$F10.A07XL	6	0%
A03XX#F28.A0BA1\$F04.A000T\$F04.A16GB\$F04.A017M	9	0.1%
A03XX#F28.A0BA1\$F04.A007R\$F04.A01SP\$F04.A16GB\$F04.A044R	25	0.2%
A03XX#F28.A0BA1\$F04.A007R\$F04.A16GB\$F04.A025C	7	0%
A03XX#F28.A0BA1\$F04.A00JS\$F04.A031G	2	0%
A03XX#F28.A0BA1\$F04.A00JZ\$F04.A031G	4	0%
A03XX#F28.A0BA1\$F04.A00JZ\$F17.A0CQX	3	0%
A03XX#F28.A0BA1\$F04.A00KP\$F04.A042P\$F17.A0CQX	2	0%
A03XX#F28.A0BA1\$F04.A00ZZ\$F04.A02QF	10	0.1%
A03XX#F28.A0BA1\$F04.A00ZZ\$F04.A039D	2	0%
A03XX#F28.A0BA1\$F04.A00ZZ\$F04.A03AH	18	0.1%
A03XX#F28.A0BA1\$F04.A036P\$F04.A00KP\$F04.A042Y	3	0%
A03XX#F28.A0BA1\$F28.A07HL\$F04.A00JZ\$F04.A02QF	3	0%
A03XX#F28.A0BA1\$F28.A07HL\$F04.A00JZ\$F04.A031G	9	0.1%
A03XX#F28.A0BA1\$F28.A0CRL\$F04.A0F0M\$F04.A00ZZ	3	0%
A03YF#F04.A00QH\$F04.A01CR	6	0%
A03YJ#F28.A0BA1\$F04.A001D\$F04.A031G	2	0%
A03YJ#F28.A0BA1\$F04.A024G\$F04.A031G	3	0%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A00XD	22	0.1%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A022T	3	0%

A03YJ#F28.A0BA1\$F04.A031G\$F04.A025Q	16	0.1%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A0DMX	3	0%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A0DMX\$F04.A0DND	5	0%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A0DND\$F04.A00JA	10	0.1%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A0DND\$F04.A00JA\$F04.A0DGF	7	0%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A16GB	4	0%
A03YJ#F28.A0BA1\$F04.A0DND\$F04.A00JA\$F04.A0DMX\$F04.A00ZP\$F04.A031G	14	0.1%
A03YJ#F28.A0BA1\$F28.A0CRL\$F04.A031G\$F04.A023E\$F04.A00JA\$F04.A039D	5	0%
A03YJ#F28.A0BA1\$F28.A0CRL\$F04.A031G\$F04.A024X	2	0%
A03YJ#F28.A0BA1\$F28.A0CRL\$F04.A031G\$F04.A02LZ\$F04.A036N	101	0.7%
A03YJ#F28.A0BA1\$F28.A0CRL\$F04.A031G\$F04.A036N\$F04.A0DND	46	0.3%
A03YJ#F28.A0BA1\$F28.A0CRL\$F04.A031G\$F04.A036N\$F04.A0FBT	3	0%
A03YJ#F28.A0BA1\$F28.A0CRL\$F04.A031G\$F04.A0DND\$F04.A023E	2	0%
A03YQ#F28.A0BA1\$F04.A0DMX\$F04.A00XD\$F04.A023C\$F04.A031G	10	0.1%
A03YQ#F28.A0BA1\$F04.A0DND\$F04.A00JA\$F04.A01SP\$F04.A031G	57	0.4%
A03YZ#F04.A004Y\$F04.A012S	9	0.1%
A03YZ#F04.A004Y\$F04.A012S\$F04.A031G	9	0.1%
A03YZ#F04.A004Y\$F04.A01BB\$F04.A039D	6	0%
A03YZ#F04.A004Y\$F04.A01LB	3	0%
A03YZ#F04.A004Y\$F04.A01NJ	4	0%
A03YZ#F04.A004Y\$F04.A02ML	68	0.5%
A03YZ#F04.A004Y\$F04.A02MM	22	0.1%
A03YZ#F04.A004Y\$F04.A031G	20	0.1%
A03YZ#F04.A004Y\$F04.A036P	2	0%
A03YZ#F04.A004Y\$F04.A039D	135	0.9%
A03YZ#F04.A004Y\$F04.A039D\$F22.A07SS	4	0%
A03YZ#F04.A004Y\$F04.A16FC	6	0%
A03YZ#F04.A004Y\$F04.A16FC\$F04.A039D	47	0.3%
A03YZ#F04.A004Y\$F04.A16FC\$F04.A039D\$F04.A02ML	2	0%
A03YZ#F04.A005Y\$F04.A02ML	2	0%
A03YZ#F04.A005Y\$F04.A039D	15	0.1%
A03YZ#F04.A006V\$F04.A012S\$F04.A02ML\$F04.A031G	5	0%
A03YZ#F04.A006V\$F04.A02ML	3	0%
A03YZ#F04.A006V\$F04.A02ML\$F22.A07SS	2	0%
A03YZ#F04.A006V\$F04.A031G	2	0%
A03YZ#F04.A00BL\$F04.A02PG	4	0%
A03YZ#F04.A00BL\$F04.A065H	2	0%
A03YZ#F04.A033J	2	0%
A03YZ#F04.A0BB2\$F04.A01LB	7	0%
A03YZ#F04.A0BB2\$F04.A01NJ\$F04.A039C	6	0%
A03YZ#F04.A0BB2\$F04.A031G	9	0.1%
A03YZ#F04.A0BB2\$F04.A0C6P	4	0%

A03YZ#F28.A07HC\$F04.A004Y\$F04.A039D	12	0.1%
A03YZ#F28.A07HN\$F04.A00BL\$F04.A01LB	2	0%
A03YZ#F28.A07HN\$F04.A00BL\$F04.A039D\$F22.A07SS	2	0%
A03YZ#F28.A07HN\$F04.A039D\$F04.A004X\$F22.A07SS	6	0%
A03ZA#F04.A004Y\$F04.A012S\$F04.A02VA	2	0%
A03ZA#F04.A004Y\$F04.A02QF	55	0.4%
A03ZA#F04.A004Y\$F04.A02QF\$F04.A039C	3	0%
A03ZA#F04.A004Y\$F04.A02QZ	28	0.2%
A03ZA#F04.A004Y\$F04.A16FC\$F04.A02QF	2	0%
A03ZA#F04.A004Y\$F04.A16FC\$F04.A02QZ	3	0%
A03ZA#F04.A005Y\$F04.A02QF	17	0.1%
A03ZA#F04.A005Y\$F04.A02QF\$F04.A16FC	2	0%
A03ZA#F04.A006V\$F04.A02ML\$F04.A02QJ\$F22.A07SS	9	0.1%
A03ZA#F04.A006V\$F04.A02QF	5	0%
A03ZA#F04.A006V\$F04.A02QF\$F04.A02ML	3	0%
A03ZA#F04.A006V\$F04.A02QF\$F04.A044X\$F04.A044P\$F22.A07SS	11	0.1%
A03ZA#F04.A006V\$F04.A02QJ	12	0.1%
A03ZA#F04.A0BB2\$F04.A012S\$F04.A02QF	12	0.1%
A03ZA#F28.A07HC\$F04.A004Y\$F04.A02QF	3	0%
A03ZA#F28.A07HC\$F04.A004Y\$F04.A02QZ	2	0%
A03ZA#F28.A0BA1\$F28.A07MA\$F04.A002Q\$F04.A025C\$F04.A02QF	3	0%
A03ZB#F04.A004Y\$F04.A01SP	7	0%
A03ZB#F04.A004Y\$F04.A022T	34	0.2%
A03ZB#F04.A004Y\$F04.A023C\$F04.A031B	7	0%
A03ZB#F04.A004Y\$F04.A024X	14	0.1%
A03ZB#F04.A004Y\$F04.A024X\$F04.A02QF	4	0%
A03ZB#F04.A004Y\$F04.A025Q	70	0.5%
A03ZB#F04.A004Y\$F04.A025Q\$F04.A02QF	7	0%
A03ZB#F04.A004Y\$F04.A025Q\$F04.A031B	3	0%
A03ZB#F04.A004Y\$F04.A025Q\$F04.A0DMX	42	0.3%
A03ZB#F04.A004Y\$F04.A026Q	33	0.2%
A03ZB#F04.A004Y\$F04.A026Q\$F04.A039D	3	0%
A03ZB#F04.A004Y\$F04.A031G\$F04.A023C	4	0%
A03ZB#F04.A004Y\$F04.A03XF	3	0%
A03ZB#F04.A005Y\$F04.A023C	5	0%
A03ZB#F04.A006V\$F04.A025Q	6	0%
A03ZB#F04.A00BL\$F04.A01SP	2	0%
A03ZB#F04.A023E\$F04.A02MM\$F04.A00BL	3	0%
A03ZB#F04.A023F\$F04.A00BL\$F04.A02MM	6	0%
A03ZB#F04.A0BB2\$F04.A023C\$F04.A031B	49	0.3%
A03ZB#F04.A0BB2\$F04.A023F\$F04.A0F1G	12	0.1%
A03ZB#F04.A0BB2\$F04.A023T\$F04.A031G\$F04.A02MM	2	0%

A03ZB#F28.A07GR\$F04.A006V\$F04.A024X\$F04.A02QF	4	0%
A03ZB#F28.A07MA\$F04.A01BB\$F04.A01QX	8	0.1%
A03ZC#F04.A0BB2\$F04.A0FBT\$F04.A16GB	73	0.5%
A03ZD#F04.A006V\$F04.A00GC\$F04.A02ML	3	0%
A03ZD#F04.A006V\$F04.A01LB	2	0%
A03ZD#F04.A006V\$F04.A01LB\$F04.A02MM	4	0%
A03ZD#F04.A00BL\$F04.A16GB	8	0.1%
A03ZD#F04.A0BB2\$F04.A0DMX	8	0.1%
A03ZE#F28.A07HC\$F04.A0BB2\$F04.A0DMX\$F04.A02QF	18	0.1%
A03ZG#F04.A004Y\$F04.A00KY\$F04.A0DND\$F04.A025C	5	0%
A03ZG#F04.A004Y\$F04.A024X\$F04.A16GB	31	0.2%
A03ZG#F04.A006V\$F04.A00GC\$F04.A01QX	10	0.1%
A03ZG#F04.A006V\$F04.A01SP\$F04.A02QF\$F04.A00KY\$F04.A0DMX	7	0%
A03ZG#F04.A00GC\$F04.A024X\$F04.A044X\$F04.A044P	14	0.1%
A03ZG#F04.A00ZT\$F04.A049S	2	0%
A03ZG#F04.A0BB2\$F04.A01QX\$F04.A16GB	17	0.1%
A03ZG#F28.A07MA\$F04.A006V\$F04.A01SP\$F04.A16GB	68	0.5%
A03ZG#F28.A07MA\$F04.A009L\$F04.A01QX\$F04.A031B\$F04.A044P	6	0%
A03ZG#F28.A07MA\$F28.A07GR\$F04.A006V\$F04.A01SP\$F04.A16GB	14	0.1%
A03ZK#F04.A00GC\$F04.A024G\$F04.A044X\$F04.A044P\$F04.A0BB2	49	0.3%
A03ZL#F04.A03XF\$F04.A022X\$F04.A02QE	2	0%
A03ZL#F04.A03XF\$F04.A02QE\$F04.A044X\$F04.A044P	4	0%
A03ZL#F04.A03XF\$F04.A16GB	67	0.5%
A03ZL#F04.A044X\$F04.A044P\$F04.A01SP\$F04.A031G\$F04.A16GB	11	0.1%
A040P#F04.A01SP\$F04.A16GB	12	0.1%
A040Q#F04.A044C	15	0.1%
A040Q#F04.A0F1N	6	0%
A040R#F04.A16GB	18	0.1%
A040S#F04.A01SP\$F04.A0F1N	26	0.2%
A040S#F04.A02QJ	15	0.1%
A040S#F04.A02YK\$F04.A039D	10	0.1%
A040V#F04.A01QX\$F04.A16GB\$F04.A042N	29	0.2%
A040V#F04.A0FBT\$F04.A02QF\$F04.A044C	3	0%
A040V#F04.A0FBT\$F04.A16GB	8	0.1%
A040V#F28.A07HL\$F04.A0FBT	4	0%
A040Z#F04.A00GZ\$F04.A00HC\$F04.A036N	763	5.2%
A040Z#F04.A00GZ\$F04.A00HC\$F04.A036N\$F04.A00JA	1283	8.7%
A040Z#F04.A00GZ\$F04.A00HC\$F04.A036N\$F04.A00KP	2	0%
A040Z#F04.A012S\$F04.A01SP	4	0%
A040Z#F04.A012S\$F04.A049S\$F04.A031G	6	0%
A040Z#F04.A0CDQ	2	0%
A040Z#F28.A07GR	5	0%

A041G#F04.A003D\$F04.A042P	54	0.4%
A041G#F04.A00QH	11	0.1%
A041G#F04.A012S\$F04.A16GB	108	0.7%
A041G#F04.A012S\$F04.A16GB\$F04.A02QF	2	0%
A041G#F04.A012S\$F04.A16GB\$F04.A031R	4	0%
A041G#F04.A031G	17	0.1%
A041H#F04.A013Q\$F04.A01SP	3	0%
A041H#F04.A049S\$F04.A023C\$F04.A031G	21	0.1%
A041H#F28.A0CRL\$F28.A07HL\$F04.A024X	6	0%
A041J#F04.A00QH\$F04.A01QX	4	0%
A041J#F04.A01QX\$F04.A01RG\$F04.A044R	54	0.4%
A041J#F04.A01RG\$F04.A16GB	265	1.8%
A041J#F04.A01SP\$F04.A16GB	216	1.5%
A041J#F04.A01SP\$F04.A16GB\$F04.A036N	8	0.1%
A041J#F04.A16GB\$F04.A0FBT	138	0.9%
A041Q#F04.A012S\$F04.A031G	6	0%
A041Q#F04.A012S\$F04.A16GB	23	0.2%
A041Q#F04.A012S\$F04.A16GB\$F04.A032B	14	0.1%
A041T#F04.A001D\$F04.A01QX	2	0%
A041Z#F04.A031G\$F04.A042Z\$F04.A039D	3	0%
A041Z#F28.A07MR\$F04.A00XF\$F04.A02ML\$F04.A031G\$F04.A0B9Q	3	0%
A042C#F04.A00KY\$F04.A00JM\$F04.A0DMX\$F04.A03AH\$F04.A042P	26	0.2%
A042C#F04.A00KY\$F04.A00RY	2	0%
A042C#F04.A00KY\$F04.A03AH\$F04.A042P	3	0%
A042C#F04.A00KY\$F04.A0DMX\$F04.A03AH\$F04.A042P	81	0.5%
A042C#F04.A03AH\$F04.A16GB\$F04.A042P	4	0%
A042D#F04.A00GC\$F04.A0DMX\$F04.A00JM\$F04.A00QH\$F04.A03AH\$F04.A042P	222	1.5%
A042D#F04.A00HC\$F04.A00JA\$F04.A03AH	3	0%
A042D#F04.A00HC\$F04.A0DMX	2	0%
A042D#F04.A00HC\$F04.A0DMX\$F04.A03AH	12	0.1%
A042D#F04.A00JM\$F04.A00QH\$F04.A03AH	5	0%
A042D#F04.A00JM\$F04.A03AH\$F04.A042P	5	0%
A042D#F04.A00JM\$F04.A03AH\$F04.A044X	5	0%
A042D#F04.A00KY\$F04.A00QH\$F04.A045K\$F04.A0DMX	11	0.1%
A042D#F04.A00KY\$F04.A00QH\$F04.A0DMX\$F04.A03AH	182	1.2%
A042D#F04.A00KY\$F04.A00QH\$F04.A0DMX\$F04.A03AH\$F04.A00JM	12	0.1%
A042D#F04.A00KZ\$F04.A0DMX\$F04.A01LB\$F04.A03AH	4	0%
A042D#F04.A00QH\$F04.A03AH	8	0.1%
A042D#F04.A00QH\$F04.A03AM	3	0%
A042D#F04.A00QH\$F04.A044X\$F04.A00GC	8	0.1%
A042D#F04.A00QH\$F04.A044X\$F04.A0DMX	9	0.1%
A042D#F04.A00QH\$F04.A0FBT\$F04.A044X	5	0%

A042D#F04.A01EA\$F04.A01LF\$F04.A01LP\$F04.A03AH\$F04.A16GB	1	0%
A042D#F04.A01LB\$F04.A044C	2	0%
A042D#F04.A03AH\$F04.A00GC\$F04.A16GB	29	0.2%
A042D#F04.A0DMX\$F04.A00JM\$F04.A03AH\$F04.A042P	31	0.2%
A042D#F04.A0DMX\$F04.A00JM\$F04.A044X	15	0.1%
A042D#F04.A0DMX\$F04.A031G	2	0%
A042D#F04.A0DMX\$F04.A03AH	11	0.1%
A042D#F04.A0DMX\$F04.A03AH\$F04.A00XF	22	0.1%
A042D#F04.A0DMX\$F04.A03AH\$F04.A042P	10	0.1%
A042D#F04.A0DMX\$F04.A042P	2	0%
A042D#F04.A0DMX\$F04.A0EZD	4	0%
A042D#F28.A07KY\$F04.A0DMX\$F04.A03AH	28	0.2%
A042G#F04.A001D\$F04.A006V\$F04.A0DMX\$F04.A012S\$F04.A01LB\$F04.A01RG	12	0.1%
A042G#F04.A001D\$F04.A0DMX\$F04.A012S\$F04.A01LB\$F04.A01BK	3	0%
A042G#F04.A013M\$F04.A0FBT\$F04.A16GB	9	0.1%
A042G#F04.A013M\$F04.A16GB\$F04.A01QX\$F04.A0DQG	22	0.1%
A042G#F04.A013M\$F04.A16GB\$F04.A01RG	7	0%
A042G#F04.A013Q\$F04.A16GB	42	0.3%
A042G#F04.A013Q\$F04.A16GB\$F04.A01SP	5	0%
A042G#F04.A16GB\$F04.A00ZF\$F04.A013M\$F04.A0DQG\$F04.A0EZD\$F04.A01SP	27	0.2%
A042G#F04.A16GB\$F04.A0EZD\$F04.A01BE\$F04.A01QX	24	0.2%
A042G#F28.A07KX\$F04.A001D\$F04.A012S\$F04.A16GB	26	0.2%
A042H#F04.A0FBT\$F04.A0CDQ\$F04.A044X\$F04.A00ZP	13	0.1%
A042H#F04.A0FBT\$F04.A0CDQ\$F04.A16GB\$F04.A044X\$F04.A036P	18	0.1%
A042J#F04.A011Z\$F04.A16GB\$F04.A036N	1226	8.3%
A044C	149	1%
A045K#F04.A03AH\$F04.A16GB\$F04.A044L\$F22.A07SS	24	0.2%
A045K#F04.A044L\$F04.A036N	14	0.1%
A045K#F04.A0DND\$F04.A0DMX\$F04.A00JM\$F04.A00XF\$F04.A03AH\$F04.A042P	36	0.2%
A04NS#F04.A02PG\$F04.A036J\$F04.A033Z	7	0%
A0BYV#F04.A036N\$F04.A017M	4	0%
A0BYV#F04.A042P\$F04.A036N	5	0%
A0BYV#F04.A044X\$F04.A044P	57	0.4%
A0BZ9	18	0.1%
A0BZA#F04.A01SP\$F04.A16GB\$F04.A044C	36	0.2%
A0BZC#F04.A01QX\$F04.A01SP	7	0%
A0BZC#F04.A01SN\$F04.A16GB	8	0.1%
A0BZC#F04.A01SP\$F04.A16GB	11	0.1%
A0BZC#F04.A022B\$F04.A16GB	18	0.1%
A0BZC#F04.A0DQG\$F04.A01QX\$F04.A16GB	104	0.7%
A0BZC#F04.A16GB\$F04.A00ZT\$F04.A01QX	11	0.1%
A0BZC#F04.A16GB\$F04.A01QX	55	0.4%

A0BZC#F04.A16GB\$F04.A01SP	246	1.7%
A0BZC#F04.A16GB\$F04.A020R	20	0.1%
A0BZC#F04.A16GB\$F04.A022B	6	0%
A0BZC#F28.A07MR\$F04.A001D\$F04.A00RY\$F04.A01SN\$F04.A0B9Q	4	0%
A0C6H#F04.A00ZT	31	0.2%
A0C6H#F04.A010C	4	0%
A0CDP#F04.A02QF	5	0%
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A0CDQ#F04.A00TZ\$F04.A02GB\$F04.A044C	4	0%
A0CDQ#F04.A01SP\$F04.A044C	20	0.1%
A0CDQ#F04.A025C\$F04.A02QF\$F04.A044C	4	0%
A0CDQ#F04.A039D	8	0.1%
A0CDQ#F04.A039D\$F04.A025Q	7	0%
A0CDQ#F04.A042P\$F04.A036N	36	0.2%
A0CDQ#F04.A044C\$F04.A01QX	36	0.2%
A0CDQ#F04.A044C\$F04.A02QF	22	0.1%
A0CDQ#F04.A044C\$F04.A0FBT\$F04.A0EZD	34	0.2%
A0CDQ#F04.A049S\$F04.A16GB	135	0.9%
A0CDQ#F04.A049S\$F04.A16GB\$F04.A02QF\$F04.A044C	21	0.1%
A0CDQ#F04.A0DND\$F04.A00JA\$F04.A01RG	10	0.1%
A0CDQ#F04.A0FBT\$F04.A044C	22	0.1%
A0CDQ#F04.A0FBT\$F04.A044X	6	0%
A0CDQ#F04.A0FBT\$F04.A16GB	82	0.6%
A0CDQ#F04.A16GB\$F04.A044C\$F04.A0FBT	6	0%
A0CDQ#F04.A16GB\$F04.A049S	25	0.2%
A0DQG#F28.A07GR\$F10.A07XL	157	1.1%
A0DQG#F28.A07GR\$F10.A07XM	2	0%
A0DQG#F28.A0BA1\$F04.A036N	2	0%
A0EQX#F28.A07KV\$F28.A07GR\$F04.A0DQG	12	0.1%
A0ESM#F04.A002Z\$F08.A032J	21	0.1%
A0F0T#F04.A002Z\$F04.A02LZ\$F08.A032J	20	0.1%
A0F0T#F04.A002Z\$F04.A02LZ\$F10.A077K	7	0%
A0F0T#F04.A00DL\$F04.A02LZ\$F04.A01LC\$F08.A032P	4	0%
A0F0T#F04.A00DL\$F04.A02LZ\$F08.A032P	2	0%
A16EQ#F04.A004Y\$F04.A047F	7	0%
A16ER#F28.A0BA1\$F04.A00GC\$F04.A00ZZ\$F04.A021A	10	0.1%
A16ER#F28.A0BA1\$F04.A00GZ\$F04.A0DMX\$F04.A020R\$F04.A043G	2	0%
A16ER#F28.A0BA1\$F04.A020R\$F04.A044C	8	0.1%
A16ER#F28.A0BA1\$F04.A020R\$F04.A16GB	20	0.1%
A16ER#F28.A0BA1\$F04.A0DND\$F04.A01XF\$F04.A036N	12	0.1%
A16EY#F04.A01BN\$F04.A033J	11	0.1%
A16FJ#F04.A003X	13	0.1%

A16GB#F28.A07GP\$F04.A00JZ\$F04.A00QH\$F04.A012S	3	0%
A16GB#F28.A07GS\$F04.A039C	15	0.1%
A16GB#F28.A0BA1	51	0.3%
A16GB#F28.A0BA1\$F04.A00FN\$F04.A00KP\$F04.A00ZT\$F04.A02QF\$F04.A02ML	4	0%
A16GL#F04.A01KC\$F04.A0F5E\$F04.A02PF\$F04.A02PG	6	0%
A16GL#F04.A01LC\$F04.A02LZ	2	0%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LC	4	0%
A18PS#F04.A00DS\$F04.A02LZ\$F04.A0EQD	69	0.5%
A18PS#F04.A02LZ\$F04.A00DD	213	1.4%
A18PS#F04.A02LZ\$F04.A00DD\$F04.A01LC\$F08.A032J	31	0.2%
A18PS#F04.A02LZ\$F04.A00DD\$F08.A032J	6	0%

FOODEX2_RECIPE_DESCR: FoodEx2 recipe description

Data file: data_anon_consumption

Overview

Valid: 14805

Type: Discrete Width: 255 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Beans (with pods) and similar-, PROCESS = Frying, PROCESS = Battering		5	0%
Beans and vegetables meal, PROCESS = Cooking and similar thermal preparation processes		152	1%
Beans and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Grinding / milling / crushing, INGREDIENT = Mixed vegetables, INGREDIENT = Beans (dry) and similar-, PHYSICAL-STATE = Puree-type		69	0.5%
Beans and vegetables meal, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Traditional margarine		16	0.1%
Beans and vegetables meal, PROCESS = Frying, PROCESS = Pan reheating, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Onions, INGREDIENT = Coriander leaves, PHYSICAL-STATE = Puree-type		4	0%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables		271	1.8%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Pig fresh meat, QUALITATIVE-INFO = Soft		35	0.2%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables		83	0.6%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mixed vegetables, INGREDIENT = Cow, ox or bull fresh meat		11	0.1%
Biscuit with inclusions, filling or coating, INGREDIENT = Traditional margarine		2	0%
Camomile infusion, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = Honey		8	0.1%

Camomile infusion, SWEETENING-AGENT = Sucralose	2	0%
Camomile infusion, SWEETENING-AGENT = White sugar	8	0.1%
Cassava roots, PROCESS = Pulping / mashing, PROCESS = Cooking and similar thermal preparation processes	3	0%
Cereal based dishes (other than pasta and rice), INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Processed maize-based flakes	213	1.4%
Cereal based dishes (other than pasta and rice), INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Processed maize-based flakes, INGREDIENT = Common banana, SWEETENING-AGENT = White sugar	31	0.2%
Cereal based dishes (other than pasta and rice), INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Processed maize-based flakes, SWEETENING-AGENT = White sugar	6	0%
Cereal based dishes (other than pasta and rice), INGREDIENT = Processed rice-based flakes, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Chocolate and similar	69	0.5%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Tomato-containing cooked sauces	53	0.4%
Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling	6	0%
Chicken fresh meat, PROCESS = Frying	34	0.2%
Chicken fresh meat, PROCESS = Frying, INGREDIENT = Sauces from fermented/hydrolised sources and similar	11	0.1%
Chicken fresh meat, PROCESS = Frying, PROCESS = Breading	5	0%
Chips/crisps, PROCESS = Slicing, PROCESS = Frying, INGREDIENT = Plantains - paradisiaca cultivars	12	0.1%
Chocolate cake	3	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, INGREDIENT = Cow milk, semi skimmed (half fat)	4	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = Sucralose	12	0.1%
Coffee beverages, INGREDIENT = Coffee ground, roasted, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	315	2.1%
Coffee beverages, INGREDIENT = Coffee ground, roasted, INGREDIENT = Non dairy coffee creamer	4	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, INGREDIENT = Non dairy coffee creamer, SWEETENING-AGENT = White sugar	9	0.1%
Coffee beverages, INGREDIENT = Coffee ground, roasted, SWEETENING-AGENT = White sugar	324	2.2%
Coffee drink, cappuccino, INGREDIENT = Instant coffee powder, SWEETENING-AGENT = White sugar	3	0%
Common banana, PROCESS = Frying, QUALITATIVE-INFO = Unripe / immature	4	0%
Common banana, SWEETENING-AGENT = White sugar	1	0%
Corn curls, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	3	0%
Cow milk, natural high fat, SWEETENING-AGENT = White sugar	28	0.2%
Cow, ox or bull fresh meat, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salt	2	0%
Cow, ox or bull fresh meat, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salt, PART-CONSUMED-ANALYSED = Excluding visible fat	2	0%

Cream cake, INGREDIENT = Evaporated milk (liquid, unsweetened), INGREDIENT = Condensed milk (sometimes with added sugars), INGREDIENT = Cream with other ingredients, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	6	0%
Croissant, PROCESS = Filling, INGREDIENT = Fresh uncured cheese	8	0.1%
Croissant, PROCESS = Filling, INGREDIENT = Ham, beef, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Mixed vegetables	6	0%
Dairy desserts spoonable, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Vanilla flavour	3	0%
Dairy desserts spoonable, INGREDIENT = Cream cake, INGREDIENT = Milk chocolate, INGREDIENT = Ice cream, milk-based	3	0%
Dairy desserts spoonable, INGREDIENT = Gelatine dessert, INGREDIENT = Condensed milk (sometimes with added sugars)	8	0.1%
Dairy desserts spoonable, INGREDIENT = Gelatine dessert, INGREDIENT = Cow milk, INGREDIENT = Condensed milk (sometimes with added sugars)	3	0%
Dairy desserts spoonable, INGREDIENT = Gelatine dessert, INGREDIENT = Ice cream, milk-based	2	0%
Dairy desserts spoonable, INGREDIENT = Gelatine dessert, INGREDIENT = Yoghurt, cow milk, INGREDIENT = Fruit salad	10	0.1%
Dairy/egg soup, INGREDIENT = Hen eggs, INGREDIENT = Mixed herbs and spices, INGREDIENT = Traditional margarine	3	0%
Dairy/egg soup, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Coriander leaves, INGREDIENT = Cream, plain, INGREDIENT = Hen eggs, INGREDIENT = Meat/poultry soup, dry	3	0%
Doughnuts-berliner, INGREDIENT = Cream, plain, INGREDIENT = Cheese flavour	6	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh raw sausages, INGREDIENT = Hen eggs	3	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Chives	22	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Ham, pork	3	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Mixed vegetables	4	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Mortadella-type sausage	16	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers	10	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Other edible flowers	7	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Tomatoes	3	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Tomatoes, INGREDIENT = Onion bulbs for fresh consumption	5	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Tomatoes, INGREDIENT = Sweet corn canned, INGREDIENT = Hen eggs	14	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain, INGREDIENT = Hen eggs	2	0%

Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Hen eggs, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Vegetable fats and oils, edible	101	0.7%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Hen eggs, INGREDIENT = Cured seasoned poultry meat, INGREDIENT = Sweet peppers, INGREDIENT = Traditional margarine	5	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Hen eggs, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Cured seasoned poultry meat	2	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Hen eggs, INGREDIENT = Salami-type sausage	2	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Hen eggs, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Canned tunas and similar	3	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Hen eggs, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Onion bulbs for fresh consumption	46	0.3%
Fermented tea infusion, SWEETENING-AGENT = Brown sugar	2	0%
Fermented tea infusion, SWEETENING-AGENT = White sugar	2	0%
Fish and seafood based dishes, PROCESS = Broiling/grilling, INGREDIENT = Tilapias and similar, INGREDIENT = Vegetable fats and oils, edible	3	0%
Fish and seafood based dishes, PROCESS = Broiling/grilling, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Snappers, INGREDIENT = Seasoning mixes	20	0.1%
Fish and seafood based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Weakfishes, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	4	0%
Fish and seafood based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breeding, INGREDIENT = Weakfishes, INGREDIENT = Vegetable fats and oils, edible	28	0.2%
Flavoured milks, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Syrups	4	0%
Flavoured milks, INGREDIENT = Cow milk, whole, INGREDIENT = Cocoa beverage-preparation, powder	63	0.4%
Flavoured milks, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, natural high fat, SWEETENING-AGENT = White sugar	10	0.1%
Flavoured milks, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Milk powder, full fat, INGREDIENT = Syrups, INGREDIENT = Drinking water	10	0.1%
French fries from cut potato, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	57	0.4%
French fries from cut potato, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	5	0%
French fries from cut potato, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Savory, dry	4	0%
Fresh raw sausages, PROCESS = Frying	2	0%
Fresh uncured cheese, PROCESS = Frying	27	0.2%
Fried eggs, SOURCE-COMMODITIES = Hen eggs	115	0.8%
Fruit cake, INGREDIENT = Common banana, INGREDIENT = Oranges, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	9	0.1%
Fruit cake, INGREDIENT = Common banana, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	10	0.1%

Fruit dessert thickened, INGREDIENT = Common banana, INGREDIENT = Cow milk, semi skimmed (half fat)	2	0%
Fruit dessert thickened, INGREDIENT = Passionfruits, INGREDIENT = Gelatine, INGREDIENT = Evaporated milk (liquid, unsweetened), INGREDIENT = Condensed milk (sometimes with added sugars)	6	0%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana	4	0%
Fruit salad, INGREDIENT = Common banana, INGREDIENT = Cream sprayable, INGREDIENT = Ice cream, milk-based	3	0%
Fruit salad, INGREDIENT = Mangoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Mixed herbs and spices	4	0%
Fruit salad, INGREDIENT = Mangoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Sauces from fermented/hydrolised sources and similar, INGREDIENT = Herbs/spices sauces	42	0.3%
Fruit salad, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Fresh uncured cheese, INGREDIENT = Traditional margarine, SWEETENING-AGENT = Brown sugar	14	0.1%
Fruit salad, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Fresh uncured cheese	3	0%
Fruit salad, INGREDIENT = Wafers, INGREDIENT = Peanuts, INGREDIENT = Gelatine dessert	134	0.9%
Fruit salad, PROCESS = Cooking in water, INGREDIENT = Common banana, INGREDIENT = Mangoes, INGREDIENT = Papayas, INGREDIENT = Pineapples, SWEETENING-AGENT = White sugar	5	0%
Fruit salad, PROCESS = Pulping / mashing, INGREDIENT = Onions, INGREDIENT = Avocados, INGREDIENT = Coriander leaves	17	0.1%
Fruit smoothies, INGREDIENT = Carrots, INGREDIENT = Oranges, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	6	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Cocoa powder	3	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	6	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	2	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Mangoes, INGREDIENT = Drinking water, INGREDIENT = Syrups	3	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Papayas, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = White sugar	12	0.1%
Fruit smoothies, INGREDIENT = Drinking water, INGREDIENT = Strawberries, SWEETENING-AGENT = White sugar	2	0%
Fruit smoothies, INGREDIENT = Papayas, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	3	0%
Fruit smoothies, INGREDIENT = Papayas, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	3	0%
Fruit soft drink, mango, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	44	0.3%
Fruit soft drink, mixed fruit, INGREDIENT = Drinking water, INGREDIENT = Common banana, INGREDIENT = Papayas, INGREDIENT = Pineapples, SWEETENING-AGENT = White sugar	5	0%
Fruit soft drink, mixed fruit, INGREDIENT = Drinking water, INGREDIENT = Common banana, INGREDIENT = Papayas, INGREDIENT = Watermelons, INGREDIENT = Oranges, INGREDIENT = Strawberries, QUALITATIVE-INFO = Without added sugar	11	0.1%
Fruit soft drink, mixed fruit, INGREDIENT = Drinking water, INGREDIENT = Costarican guavas, INGREDIENT = Oranges, SWEETENING-AGENT = Sucrose (common sugar)	4	0%

Fruit soft drink, mixed fruit, INGREDIENT = Drinking water, INGREDIENT = Oranges, INGREDIENT = Papayas, SWEETENING-AGENT = White sugar	3	0%
Fruit soft drink, mixed fruit, INGREDIENT = Drinking water, INGREDIENT = Papayas, INGREDIENT = Pineapples, SWEETENING-AGENT = White sugar	9	0.1%
Fruit soft drink, mixed fruit, INGREDIENT = Guavas, INGREDIENT = Drinking water, INGREDIENT = Costarican guavas, SWEETENING-AGENT = White sugar	6	0%
Fruit soft drink, mixed fruit, INGREDIENT = Melons, INGREDIENT = Pineapples, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	6	0%
Fruit soft drink, mixed fruit, INGREDIENT = Papayas, INGREDIENT = Pineapples, SWEETENING-AGENT = Brown cane sugar	3	0%
Fruit soft drink, mixed fruit, INGREDIENT = Rice grain, polished, INGREDIENT = Oranges, sweet, INGREDIENT = Carambolas, INGREDIENT = Pineapples, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	18	0.1%
Fruit soft drink, mixed fruit, INGREDIENT = Strawberries, INGREDIENT = Guavas, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	3	0%
Fruit soft drink, mixed fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Drinking water, INGREDIENT = Pineapples, INGREDIENT = Powdered drink bases, INGREDIENT = Orange flavour, SWEETENING-AGENT = White sugar	3	0%
Fruit soft drink, mixed fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	12	0.1%
Fruit soft drink, pineapple, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	3	0%
Fruit soft drink, pineapple, INGREDIENT = Drinking water, SWEETENING-AGENT = Sucralose	4	0%
Fruit soft drink, pineapple, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	49	0.3%
Fruit soft drink, pineapple, INGREDIENT = Rice grain, polished, INGREDIENT = Evaporated milk (liquid, unsweetened), SWEETENING-AGENT = Refined cane sugar	4	0%
Hamburger with bread, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces, INGREDIENT = Chicken fresh meat, INGREDIENT = Hen eggs, INGREDIENT = Mixed vegetables	11	0.1%
Hamburger with bread, INGREDIENT = Meat burger (no sandwich), INGREDIENT = Bacon, INGREDIENT = Cheese	2	0%
Hamburger with bread, INGREDIENT = Meat burger (no sandwich), INGREDIENT = Cheese, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	4	0%
Hamburger with bread, INGREDIENT = Meat burger (no sandwich), INGREDIENT = Mixed vegetables	67	0.5%
Hardened egg products, SOURCE-COMMODITIES = Hen eggs, PROCESS = Cooking and similar thermal preparation processes	134	0.9%
Hardened egg products, SOURCE-COMMODITIES = Hen eggs, PROCESS = Mincing / chopping / cutting	107	0.7%
Herbal and other non-tea infusions, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = White sugar	2	0%
Hot chocolate with added ingredients, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Cocoa powder, INGREDIENT = Foamed sugar products (marshmallows)	79	0.5%
Hot dog with bread, INGREDIENT = White cabbage, INGREDIENT = Fresh raw sausages, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces, INGREDIENT = Sandwich bread (hamburger roll-type)	49	0.3%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Maize starch, SWEETENING-AGENT = White sugar	5	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Rice grain, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Evaporated milk (liquid, unsweetened), INGREDIENT = Condensed milk (sometimes with added sugars), INGREDIENT =	36	0.2%

Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Wheat flour, INGREDIENT = Evaporated milk (liquid, unsweetened), INGREDIENT = Vanilla pods extract, SWEETENING-AGENT = White sugar	10	0.1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Maize starch, SWEETENING-AGENT = White sugar	9	0.1%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, INGREDIENT = Wafers	4	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour, INGREDIENT = Syrups, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	3	0%
Instant coffee (beverage), INGREDIENT = Cow milk, semi skimmed (half fat)	1	0%
Instant coffee (beverage), INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	26	0.2%
Instant coffee (beverage), SWEETENING-AGENT = White sugar	22	0.1%
Juice, orange, SWEETENING-AGENT = White sugar	26	0.2%
Lasagna, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	12	0.1%
Legume (beans) soup, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Hen eggs	6	0%
Legume (beans) soup, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables	23	0.2%
Legume (beans) soup, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Boiled eggs	14	0.1%
Legumes based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Lentils (dry), INGREDIENT = Chicken fresh meat	1	0%
Legumes based dishes, PROCESS = Cooking in water, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Traditional margarine	116	0.8%
Legumes based dishes, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Tomato ketchup and related sauces	16	0.1%
Legumes based dishes, PROCESS = Frying, PROCESS = Pan reheating, INGREDIENT = Beans (dry) and similar-	4	0%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	11	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken, other slaughtering products, INGREDIENT = Mixed vegetables	18	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Chicken fresh meat	7	0%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Bovine other slaughtering products	20	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Chicken fresh meat	246	1.7%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Chicken, other slaughtering products	6	0%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Cow, ox or bull fresh meat	55	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Potatoes, INGREDIENT = Cow, ox or bull fresh meat	11	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables	104	0.7%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Mixed vegetables	8	0.1%

Meat and vegetable soup, with puree or pieces, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Rice grain, INGREDIENT = Celeries, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Meat/poultry soup, dry	4	0%
Meat balls, INGREDIENT = Mixed vegetables, INGREDIENT = Cow, ox or bull fresh meat	1	0%
Meat balls, PROCESS = Frying, INGREDIENT = Chicken fresh meat	10	0.1%
Meat based dishes, INGREDIENT = Chicken fresh meat, INGREDIENT = Peanut butter, INGREDIENT = Honey	24	0.2%
Meat based dishes, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces	64	0.4%
Meat based dishes, INGREDIENT = Chicken fresh meat, INGREDIENT = White sauces	7	0%
Meat based dishes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Sauces from fermented/hydrolised sources and similar	17	0.1%
Meat based dishes, INGREDIENT = Cured seasoned poultry meat, INGREDIENT = Mayonnaise, low fat	2	0%
Meat based dishes, INGREDIENT = Cured seasoned poultry meat, INGREDIENT = Mayonnaise, low fat, INGREDIENT = Tomato ketchup and related sauces	3	0%
Meat based dishes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Vegetable fats and oils, edible	12	0.1%
Meat based dishes, INGREDIENT = Fresh raw sausages, INGREDIENT = Tomato-containing cooked sauces	18	0.1%
Meat based dishes, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Cow, ox or bull fresh meat	109	0.7%
Meat based dishes, INGREDIENT = Mortadella-type sausage, INGREDIENT = Vegetable fats and oils, edible	8	0.1%
Meat based dishes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	49	0.3%
Meat based dishes, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Potatoes, INGREDIENT = Fresh raw sausages	22	0.1%
Meat based dishes, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Onions, INGREDIENT = Sauces from fermented/hydrolised sources and similar	10	0.1%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Curry powder	5	0%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Sauces from fermented/hydrolised sources and similar	11	0.1%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Sauces from fermented/hydrolised sources and similar, INGREDIENT = Olive oils	1	0%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	27	0.2%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Garlic, INGREDIENT = Onions	84	0.6%
Meat based dishes, PROCESS = Broiling/grilling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Coconut oil/fat	2	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine tongue, INGREDIENT = Mixed vegetables, INGREDIENT = Sauces from fermented/hydrolised sources and similar, INGREDIENT = Tomato ketchup and related sauces	9	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine tongue, INGREDIENT = Tomato-containing cooked sauces	2	0%

Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Carrots	43	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Juice, lemon, INGREDIENT = Mixed vegetables	14	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chorizo and similar, INGREDIENT = Hen eggs, INGREDIENT = Onions	3	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chorizo and similar, INGREDIENT = Mixed vegetables	25	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables	73	0.5%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Potatoes	24	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Sauces from fermented/hydrolised sources and similar	6	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces	63	0.4%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Onions, INGREDIENT = Sweet peppers, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible	28	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Paprika powder, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Curry powder	113	0.8%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	18	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Sauces from fermented/hydrolised sources and similar	43	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Onions	4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Juice, lemon, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Sauces from fermented/hydrolised sources and sim	100	0.7%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables	7	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Tomato-containing cooked sauces	6	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salami-type sausage, INGREDIENT = Hen eggs	3	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salami-type sausage, INGREDIENT = Tomato-containing cooked sauces	6	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salami-type sausage, INGREDIENT = Vegetable fats and oils, edible	19	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Tomato paste, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	26	0.2%

Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Dicing and stripe-cutting, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, PHYSICAL-STATE = Slices, steaks or other flat cuts	48	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Grinding / milling / crushing, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, PHYSICAL-STATE = Fragments / granules / splinters	165	1.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mincing / chopping / cutting, INGREDIENT = Chicken fresh meat, INGREDIENT = Nut/seeds paste/emulsion/mass, INGREDIENT = Sauces from fermented/hydrolised sources and	2	0%
Meat based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mixed vegetables	42	0.3%
Meat based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mixed vegetables, INGREDIENT = Bovine, minced meat	52	0.4%
Meat based dishes, PROCESS = Frying, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables	12	0.1%
Meat based dishes, PROCESS = Frying, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Onions	5	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Garlic, INGREDIENT = Salt	6	0%
Meat based dishes, PROCESS = Smoking, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible	1	0%
Meat burger (no sandwich), INGREDIENT = Bovine, minced meat, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers	8	0.1%
Meat burger (no sandwich), PROCESS = Battering, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine, minced meat, INGREDIENT = Hen eggs	3	0%
Meat burger (no sandwich), PROCESS = Breeding, PROCESS = Battering, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables	46	0.3%
Meat burger (no sandwich), PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Chicken fresh meat	25	0.2%
Meat loaf with cheese, vegetables or other, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	23	0.2%
Meat soup, INGREDIENT = Rice grain, INGREDIENT = Cow, ox or bull fresh meat	2	0%
Meat soup, with pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Tomato-containing cooked sauces	36	0.2%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	7	0%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Potatoes	16	0.1%
Meat stew, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables	60	0.4%
Meat stew, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	6	0%
Milkshakes, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Cow milk, semi skimmed (half fat)	8	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Celeries	2	0%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	26	0.2%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Juice, lemon, INGREDIENT = Salt	3	0%

Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	81	0.5%
Mixed green salad, INGREDIENT = Juice, lemon, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	4	0%
Mixed supplements/formulations, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Cocoa powder, INGREDIENT = Protein and amino acids supplements, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Drinking wa	8	0.1%
Mixed vegetable salad, INGREDIENT = Avocados, INGREDIENT = Tomato-containing cooked sauces	2	0%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Canned tunas and similar, INGREDIENT = Mayonnaise sauce	5	0%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Juice, lemon	8	0.1%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Juice, orange	3	0%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomatoes	9	0.1%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Mayonnaise sauce, INGREDIENT = White cabbage	8	0.1%
Mixed vegetable salad, INGREDIENT = Crisp lettuces, INGREDIENT = Tomatoes, INGREDIENT = Avocados, INGREDIENT = Juice, lemon	4	0%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Carrots, INGREDIENT = Juice, lemon	5	0%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Mayonnaise sauce	5	0%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	5	0%
Mixed vegetable salad, INGREDIENT = Head lettuces, INGREDIENT = Carrots, INGREDIENT = Salad dressing, INGREDIENT = Tomatoes	11	0.1%
Mixed vegetable salad, INGREDIENT = Head lettuces, INGREDIENT = Carrots, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon	182	1.2%
Mixed vegetable salad, INGREDIENT = Head lettuces, INGREDIENT = Carrots, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Cucumbers	12	0.1%
Mixed vegetable salad, INGREDIENT = Juice, lemon, INGREDIENT = White cabbage, INGREDIENT = Mixed vegetables	29	0.2%
Mixed vegetable salad, INGREDIENT = Onions, INGREDIENT = Sweet peppers, INGREDIENT = Juice, lemon	3	0%
Mixed vegetable salad, INGREDIENT = Onions, INGREDIENT = Tomatoes	2	0%
Mixed vegetable salad, INGREDIENT = Onions, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon	12	0.1%
Mixed vegetable salad, INGREDIENT = Strawberries, INGREDIENT = Mangoes, INGREDIENT = Pineapples, INGREDIENT = Juice, lemon, INGREDIENT = Mixed vegetables	1	0%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	31	0.2%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Cucumbers, INGREDIENT = Mayonnaise sauce	15	0.1%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Hen eggs	2	0%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon	11	0.1%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Coriander leaves	22	0.1%

Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	10	0.1%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Salt	2	0%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Sauces from fermented/hydrolised sources and similar	4	0%
Mixed vegetable salad, INGREDIENT = White cabbage, INGREDIENT = Tomatoes, INGREDIENT = Cucumbers, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	222	1.5%
Mixed vegetable salad, PROCESS = Mincing / chopping / cutting, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon	28	0.2%
Mixed vegetables soup, with puree or pieces	18	0.1%
Mixed vegetables, PROCESS = Cooking and similar thermal preparation processes	51	0.3%
Mixed vegetables, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Broccoli, INGREDIENT = Sweet corn, INGREDIENT = Potatoes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Cream, plain	4	0%
Mixed vegetables, PROCESS = Pan frying / shallow frying, INGREDIENT = Butter	15	0.1%
Mixed vegetables, PROCESS = Steaming, INGREDIENT = Chayote fruits, INGREDIENT = Carrots, INGREDIENT = Beans (dry) and similar-	3	0%
Oats drink, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = White sugar	55	0.4%
Oats drink, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	4	0%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Mixed vegetables	20	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Tomato-containing cooked sauces	8	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Garlic, INGREDIENT = Tomatoes, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Stock cubes or granulate, chicken	2	0%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Bovine liver, INGREDIENT = Vegetable fats and oils, edible	12	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = White cabbage, INGREDIENT = Cassava roots, INGREDIENT = Pig other slaughtering products	10	0.1%
Omelette with vegetables, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Chicken fresh meat, INGREDIENT = Hen eggs	57	0.4%
Omelette with vegetables, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Tomatoes, INGREDIENT = Chives, INGREDIENT = Ham, beef, INGREDIENT = Hen eggs	10	0.1%
Other desserts spoonable, INGREDIENT = Condensed milk (sometimes with added sugars), INGREDIENT = Water-based ice creams, INGREDIENT = Syrups	7	0%
Pancakes	4	0%
Pancakes, SWEETENING-AGENT = Honey	8	0.1%
Pasta, cooked, with cheese/cream, INGREDIENT = Cheese, cheddar, INGREDIENT = Traditional margarine	10	0.1%
Pasta, cooked, with cheese/cream, INGREDIENT = Chicken fresh meat, INGREDIENT = White sauces	26	0.2%
Pasta, cooked, with cheese/cream, INGREDIENT = Mozzarella	15	0.1%

Pasta, cooked, with mixed sauce, INGREDIENT = Tomato-containing cooked sauces	15	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = White sauces	6	0%
Pasta, cooked, with vegetables, INGREDIENT = Mixed vegetables	18	0.1%
Pasta, filled with meat mix, cooked, INGREDIENT = Canned tunas and similar, INGREDIENT = Fresh uncured cheese, INGREDIENT = Tomato-containing cooked sauces	3	0%
Pasta, filled with meat mix, cooked, INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables	8	0.1%
Pasta, filled with meat mix, cooked, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Seasoning, sauces and condiments	29	0.2%
Pasta, filled with meat mix, cooked, PROCESS = Battering, INGREDIENT = Canned tunas and similar	4	0%
Pasta, filled, cooked, INGREDIENT = Fresh uncured cheese	5	0%
Pasta, plain (not stuffed), cooked	16	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables	135	0.9%
Pasta, plain (not stuffed), cooked, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables, INGREDIENT = Fresh uncured cheese, INGREDIENT = Tomato-containing cooked sauces	21	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Canned mushrooms, INGREDIENT = Shrimps, common, INGREDIENT = Tomato-containing cooked sauces	4	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Canned tunas and similar, INGREDIENT = Mayonnaise sauce	6	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables	82	0.6%
Pasta, plain (not stuffed), cooked, INGREDIENT = Canned tunas and similar, INGREDIENT = Tomato-containing cooked sauces	22	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces	20	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Chorizo and similar, INGREDIENT = Fresh uncured cheese, INGREDIENT = Tomato-containing cooked sauces	4	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Bovine, minced meat	25	0.2%
Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Canned tunas and similar	6	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Pig fresh meat	10	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	36	0.2%
Pasta, plain (not stuffed), cooked, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Canned tunas and similar, INGREDIENT = Sauces from fermented/hydrolised sources and similar	34	0.2%
Pasta, plain (not stuffed), cooked, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Cow, ox or bull fresh meat	36	0.2%
Pasta, plain (not stuffed), cooked, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Fresh uncured cheese	22	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine	8	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine, INGREDIENT = Mortadella-type sausage	7	0%

Plantains - paradisiaca cultivars, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Vegetable fats and oils, edible	2	0%
Plantains - paradisiaca cultivars, PROCESS = Frying, QUALITATIVE-INFO = Ripe / mature	157	1.1%
Plantains - paradisiaca cultivars, PROCESS = Frying, QUALITATIVE-INFO = Unripe / immature	2	0%
Porridge milk based (ready to eat), INGREDIENT = Oat groats, INGREDIENT = Cow milk, semi skimmed (half fat), QUALITATIVE-INFO = Without added sugar	7	0%
Porridge milk based (ready to eat), INGREDIENT = Oat groats, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = White sugar	20	0.1%
Porridge milk based (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Common banana, SWEETENING-AGENT = Brown cane sugar	4	0%
Porridge milk based (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = Brown cane sugar	2	0%
Porridge water based (ready to eat), INGREDIENT = Oat groats, SWEETENING-AGENT = White sugar	21	0.1%
Potato based dishes, INGREDIENT = Potatoes, INGREDIENT = Salami-type sausage	2	0%
Potato based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Nut/seeds paste/emulsion/mass, INGREDIENT = Potatoes	6	0%
Potato based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Sweet potatoes, INGREDIENT = Vegetable fats and oils, edible	2	0%
Potato based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables	8	0.1%
Potato based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Mixed vegetables, INGREDIENT = Bovine, minced meat	9	0.1%
Potato based dishes, PROCESS = Grilling/griddling (high temperature cooking), INGREDIENT = Potatoes, INGREDIENT = Black pepper, INGREDIENT = Cream, plain, INGREDIENT = Olive oils	5	0%
Potato based dishes, PROCESS = Toasting / coffee roasting, INGREDIENT = Potatoes, INGREDIENT = Tomato ketchup and related sauces, INGREDIENT = Vegetable fats and oils, edible	3	0%
Potato croquettes, PROCESS = Cooking and similar thermal preparation processes	2	0%
Potato puree, INGREDIENT = Potatoes	31	0.2%
Potato puree, INGREDIENT = Sweet potatoes	4	0%
Potatoes and meat meal, INGREDIENT = Fresh raw sausages	2	0%
Potatoes and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chorizo and similar	2	0%
Potatoes and vegetables meal, INGREDIENT = Carrots, INGREDIENT = Potatoes	2	0%
Potatoes and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Carrots, INGREDIENT = Olive oils	7	0%
Potatoes and vegetables meal, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mixed vegetables	122	0.8%
Potatoes, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Carrots, INGREDIENT = Chicken fresh meat	3	0%
Potatoes, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Sauces from fermented/hydr	46	0.3%
Prepared legume (beans) salad, INGREDIENT = Chickpeas (dry), INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables	9	0.1%

Prepared legume (beans) salad, INGREDIENT = Chickpeas (dry), INGREDIENT = Mixed vegetables, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Plantains - paradisiaca cultivars	22	0.1%
Prepared legume (beans) salad, INGREDIENT = Chickpeas (dry), INGREDIENT = Mixed vegetables, INGREDIENT = Pig fresh meat	7	0%
Prepared legume (beans) salad, INGREDIENT = Lentils (dry), INGREDIENT = Mixed vegetables	42	0.3%
Prepared legume (beans) salad, INGREDIENT = Lentils (dry), INGREDIENT = Mixed vegetables, INGREDIENT = Chicken fresh meat	5	0%
Prepared legume (beans) salad, INGREDIENT = Mixed vegetables, INGREDIENT = Sauces from fermented/hydrolised sources and similar, INGREDIENT = Canned or jarred chickpea, INGREDIENT = Cow, ox or bull fresh meat	24	0.2%
Prepared legume (beans) salad, INGREDIENT = Mixed vegetables, INGREDIENT = Tomato paste, INGREDIENT = Chickpeas (dry), INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Sauces from fermented/hydrolised sources and similar, INGREDIENT = Chicken	27	0.2%
Prepared legume (beans) salad, INGREDIENT = Rice grain, INGREDIENT = Tomatoes, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Avocados, INGREDIENT = Coconut milk (cocos nucifera) liquid	3	0%
Prepared legume (beans) salad, INGREDIENT = Rice grain, INGREDIENT = Tortilla, INGREDIENT = Tomatoes, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Avocados, INGREDIENT = Pig fresh meat	12	0.1%
Prepared legume (beans) salad, PROCESS = Dicing and stripe-cutting, INGREDIENT = Rice grain, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables	26	0.2%
Prepared pasta salad, INGREDIENT = Canned tunas and similar, INGREDIENT = Pasta, plain (not stuffed), cooked, INGREDIENT = Mayonnaise sauce, INGREDIENT = Sweet corn canned	13	0.1%
Prepared pasta salad, INGREDIENT = Canned tunas and similar, INGREDIENT = Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Mayonnaise sauce, INGREDIENT = Olive oils	18	0.1%
Prepared potato salad, INGREDIENT = Boiled eggs, INGREDIENT = Mixed vegetables, INGREDIENT = Mayonnaise sauce, INGREDIENT = Mustard and related sauces	7	0%
Prepared rice salad, INGREDIENT = Beans (fresh seeds without pods) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	1226	8.3%
Puddings based on cereal products and/or nuts/fruits and similar, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Vanilla pods extract	7	0%
Rice and meat meal, INGREDIENT = Bovine, minced meat, INGREDIENT = Ham, beef, INGREDIENT = Hen eggs	21	0.1%
Rice and meat meal, INGREDIENT = Lentils (dry), INGREDIENT = Chicken fresh meat	3	0%
Rice and meat meal, PROCESS = Mixing, PROCESS = Battering, INGREDIENT = Salami-type sausage	6	0%
Rice and vegetables meal, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables	108	0.7%
Rice and vegetables meal, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Fresh uncured cheese	2	0%
Rice and vegetables meal, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Hen egg mixed whole	4	0%
Rice and vegetables meal, INGREDIENT = Carrots	11	0.1%
Rice and vegetables meal, INGREDIENT = Hen eggs	17	0.1%
Rice and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	54	0.4%
Rice based dishes, cooked, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Bovine, minced meat, INGREDIENT = Hen eggs	6	0%

Rice based dishes, cooked, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Chicken fresh meat	4	0%
Rice based dishes, cooked, INGREDIENT = Garlic, INGREDIENT = Onions, INGREDIENT = Vegetable fats and oils, edible	763	5.2%
Rice based dishes, cooked, INGREDIENT = Garlic, INGREDIENT = Onions, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Sweet corn	2	0%
Rice based dishes, cooked, INGREDIENT = Garlic, INGREDIENT = Onions, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Sweet peppers	1283	8.7%
Rice based dishes, cooked, INGREDIENT = Pasta, plain (not stuffed), cooked	2	0%
Rice based dishes, cooked, PROCESS = Frying	5	0%
Rice drink, INGREDIENT = Bottled drinking water, SWEETENING-AGENT = White sugar	11	0.1%
Rice, meat, and vegetables meal, INGREDIENT = Carrots, INGREDIENT = Cow, ox or bull fresh meat	4	0%
Rice, meat, and vegetables meal, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	216	1.5%
Rice, meat, and vegetables meal, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	8	0.1%
Rice, meat, and vegetables meal, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Soy sauce	54	0.4%
Rice, meat, and vegetables meal, INGREDIENT = Mixed vegetables, INGREDIENT = Canned tunas and similar	138	0.9%
Rice, meat, and vegetables meal, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables	265	1.8%
Salad dressing, INGREDIENT = Juice, lemon, INGREDIENT = Mixed vegetables, INGREDIENT = Vinegar, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	24	0.2%
Salad dressing, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes, INGREDIENT = Cucumbers, INGREDIENT = Coriander leaves, INGREDIENT = Juice, lemon, INGREDIENT = Salt	36	0.2%
Salad dressing, INGREDIENT = Vinegar, INGREDIENT = Vegetable fats and oils, edible	14	0.1%
Salami-type sausage, PROCESS = Frying	18	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Buns, INGREDIENT = Baked milk and similar	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Buns, INGREDIENT = Condensed milk (sometimes with added sugars)	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Crackers and breadsticks, INGREDIENT = Cream, plain	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Crackers and breadsticks, INGREDIENT = Traditional margarine	15	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Honey	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Avocados	7	0%
Sandwich and sandwich-like dishes, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Chocolate spread	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Hen eggs	9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Marmalade, INGREDIENT = Butter	6	0%

Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Cream, plain, INGREDIENT = Hen eggs	5	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Cream, plain	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Cream, plain, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Hen eggs	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Avocados	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-	9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Hen eggs	9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Canned or jarred common beans, INGREDIENT = Traditional margarine	6	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream with other ingredients	22	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream, plain	68	0.5%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly	6	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly, INGREDIENT = Traditional margarine	47	0.3%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly, INGREDIENT = Traditional margarine, INGREDIENT = Cream, plain	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Hen eggs	20	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Marmalade	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Olive oils	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Traditional margarine	135	0.9%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Traditional margarine, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	4	0%
Sandwich and sandwich-like dishes, PROCESS = Sugar coating, INGREDIENT = Buns, INGREDIENT = Avocados	2	0%
Sandwich and sandwich-like dishes, PROCESS = Sugar coating, INGREDIENT = Buns, INGREDIENT = Traditional margarine, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	2	0%
Sandwich and sandwich-like dishes, PROCESS = Sugar coating, INGREDIENT = Traditional margarine, INGREDIENT = Wheat bread and rolls, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	6	0%
Sandwich and sandwich-like dishes, PROCESS = Toasting / coffee roasting, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Traditional margarine	12	0.1%
Sandwich with cheese and vegetable topping/filling, PROCESS = Toasting / coffee roasting, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Tomatoes, INGREDIENT = Fresh uncured cheese	18	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Crackers and breadsticks, INGREDIENT = Fresh uncured cheese	17	0.1%

Sandwich with cheese topping/filling, INGREDIENT = Crackers and breadsticks, INGREDIENT = Fresh uncured cheese, INGREDIENT = Fruit jelly	2	0%
Sandwich with cheese topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	12	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cream, plain, INGREDIENT = Mozzarella, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	9	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese	5	0%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese, INGREDIENT = Cream, plain	3	0%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	11	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Mozzarella	12	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Cheese, gouda	2	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream cheese	28	0.2%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese	55	0.4%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese, INGREDIENT = Butter	3	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly, INGREDIENT = Cream cheese	3	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly, INGREDIENT = Fresh uncured cheese	2	0%
Sandwich with cheese topping/filling, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, INGREDIENT = Maize flour, INGREDIENT = Chorizo and similar, INGREDIENT = Fresh uncured cheese	3	0%
Sandwich with cheese topping/filling, PROCESS = Toasting / coffee roasting, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream cheese	2	0%
Sandwich with cheese topping/filling, PROCESS = Toasting / coffee roasting, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese	3	0%
Sandwich with fish topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables	73	0.5%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Potatoes, INGREDIENT = Bovine, minced meat	2	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables	17	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Fresh uncured cheese, INGREDIENT = Head lettuces, INGREDIENT = Tomatoes	7	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = White cabbage, INGREDIENT = Cow, ox or bull fresh meat	10	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Head lettuces, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Chorizo and similar	5	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Salami-type sausage, INGREDIENT = Mixed vegetables	31	0.2%

Sandwich with meat and vegetable topping/filling, INGREDIENT = White cabbage, INGREDIENT = Salami-type sausage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	14	0.1%
Sandwich with meat and vegetable topping/filling, PROCESS = Filling, INGREDIENT = Laminated doughs, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Tomato ketchup and related sauces	6	0%
Sandwich with meat and vegetable topping/filling, PROCESS = Filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	68	0.5%
Sandwich with meat and vegetable topping/filling, PROCESS = Filling, PROCESS = Frying, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables	14	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Buns, INGREDIENT = Chicken fresh meat	2	0%
Sandwich with processed meat topping/filling, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Buns, INGREDIENT = Cream with other ingredients	6	0%
Sandwich with processed meat topping/filling, INGREDIENT = Crackers and breadsticks, INGREDIENT = Ham, beef	5	0%
Sandwich with processed meat topping/filling, INGREDIENT = Cured seasoned poultry meat, INGREDIENT = Cream with other ingredients, INGREDIENT = Buns	3	0%
Sandwich with processed meat topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Cooked turkey meat, INGREDIENT = Hen eggs, INGREDIENT = Cream with other ingredients	2	0%
Sandwich with processed meat topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Corned turkey, uncooked, INGREDIENT = Margarines and similar	12	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Ham, beef, INGREDIENT = Processed cheese, sliceable	49	0.3%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Mortadella-type sausage	6	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chicken fresh meat	7	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Ham, beef, INGREDIENT = Processed cheese, sliceable	7	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Ham, pork	34	0.2%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Hen eggs, INGREDIENT = Ham, beef	4	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Meat burger (no sandwich)	3	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Mortadella-type sausage	70	0.5%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Mortadella-type sausage, INGREDIENT = Fresh uncured cheese	7	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Mortadella-type sausage, INGREDIENT = Processed cheese, sliceable	3	0%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Mortadella-type sausage, INGREDIENT = Tomatoes	42	0.3%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Pate, chicken liver	33	0.2%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Pate, chicken liver, INGREDIENT = Traditional margarine	3	0%

Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Salami-type sausage	14	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Salami-type sausage, INGREDIENT = Fresh uncured cheese	4	0%
Sandwich with processed meat topping/filling, PROCESS = Filling, INGREDIENT = Canned or jarred common beans, INGREDIENT = Cow, ox or bull fresh meat	8	0.1%
Sandwich with processed meat topping/filling, PROCESS = Frying, INGREDIENT = Tortilla, INGREDIENT = Salami-type sausage, INGREDIENT = Fresh uncured cheese	4	0%
Sandwich with vegetable topping/filling, INGREDIENT = Buns, INGREDIENT = Mixed vegetables	8	0.1%
Sandwich with vegetable topping/filling, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Tomatoes	8	0.1%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Avocados	2	0%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Avocados, INGREDIENT = Cream with other ingredients	4	0%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = White cabbage, INGREDIENT = Cream, plain	3	0%
Seafood salad, INGREDIENT = Canned tunas and similar, INGREDIENT = Mayonnaise sauce, INGREDIENT = Mixed vegetables	7	0%
Seafood salad, INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables	64	0.4%
Soft drink, flavoured, no fruit, INGREDIENT = Beetroots, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Black tea flavour, SWEETENING-AGENT = Refined cane sugar	4	0%
Soft drink, flavoured, no fruit, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Drinking water, SWEETENING-AGENT = Brown sugar	8	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cow milk, INGREDIENT = Cocoa powder, SWEETENING-AGENT = Refined cane sugar	6	0%
Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, INGREDIENT = Non dairy coffee creamer, SWEETENING-AGENT = White sugar	3	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, INGREDIENT = Drinking water	2	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, INGREDIENT = Drinking water, INGREDIENT = Cloves bud	13	0.1%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Mixed cereal rolled grains, INGREDIENT = Powdered drink bases, INGREDIENT = Cow milk, semi skimmed (half fat)	9	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Blackberries, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	24	0.2%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Blackberries, SWEETENING-AGENT = Brown cane sugar	16	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Carambolas, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	2	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Drinking water, INGREDIENT = Costarican guavas, SWEETENING-AGENT = White sugar	79	0.5%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Drinking water, INGREDIENT = Naranjillas, SWEETENING-AGENT = White sugar	2	0%

Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice concentrate, strawberry, INGREDIENT = Cow milk, semi skimmed (half fat)	2	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice, lemon, SWEETENING-AGENT = White sugar	40	0.3%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Melons, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	2	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Soursops, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	6	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	13	0.1%
Sorbet, INGREDIENT = Chocolate sauce, INGREDIENT = Fruit flavour	2	0%
Sponge biscuits, INGREDIENT = Wheat flour	13	0.1%
Starchy pudding, INGREDIENT = Fruit jelly, INGREDIENT = Evaporated milk (liquid, unsweetened), INGREDIENT = Blackberry flavour	2	0%
Sweet and sour sauce, INGREDIENT = Peanut butter, INGREDIENT = Honey	11	0.1%
Tomato-containing cooked sauces	149	1%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Salt, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	15	0.1%
Tortilla, INGREDIENT = Wheat flour, QUALITATIVE-INFO = Large/big	155	1%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Cream, plain, INGREDIENT = Fresh uncured cheese	3	0%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Onions, INGREDIENT = Fresh uncured cheese	13	0.1%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat	5	0%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese	31	0.2%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Rice grain, INGREDIENT = Sauces from fermented/hydrolysed sources and si	8	0.1%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Onions, INGREDIENT = Sweet peppers, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Cream, plain	13	0.1%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Onions, INGREDIENT = Coriander leaves, INGREDIENT = Stock cubes or granulate, chicken	7	0%
Vegetable based dishes, INGREDIENT = White cabbage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	3	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Soy sauce	25	0.2%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Mixed vegetables, INGREDIENT = Chorizo and similar	7	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cassava roots, INGREDIENT = Fresh uncured cheese	10	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cassava roots, INGREDIENT = Juice, lemon	18	0.1%

Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cassava roots, INGREDIENT = Traditional margarine	2	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chayote fruits, EXTENT-OF-COOKING = Half-cooked	3	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chayote fruits, INGREDIENT = Hen eggs	4	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize grain, INGREDIENT = Mixed vegetables, INGREDIENT = Savory, dry	9	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Olive oils, INGREDIENT = Sweet corn, INGREDIENT = Seasoning mixes	3	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Summer squashes, INGREDIENT = Hen eggs	2	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Sweet corn, INGREDIENT = Salt, EXTENT-OF-COOKING = Half-cooked	2	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Chayote fruits, INGREDIENT = Fresh uncured cheese	3	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Chayote fruits, INGREDIENT = Hen eggs	9	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Mixing, INGREDIENT = Nut/seeds paste/emulsion/mass, INGREDIENT = Cassava roots	3	0%
Vegetable based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chayote fruits, INGREDIENT = Mixed vegetables	26	0.2%
Vegetable based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mixed vegetables	13	0.1%
Vegetable based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mixed vegetables, INGREDIENT = Beans (with pods) and similar-	22	0.1%
Vegetable based dishes, PROCESS = Dicing and stripe-cutting, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mixed vegetables, INGREDIENT = Plantains - paradisiaca cultivars, QUALITATIVE-INFO = Ripe / mature	6	0%
Vegetable based dishes, PROCESS = Frying, INGREDIENT = Cassava roots, INGREDIENT = Nut/seeds paste/emulsion/mass	14	0.1%
Vegetables, gratinated, INGREDIENT = Carrots, INGREDIENT = Oranges, sweet	6	0%
Wheat bread and rolls, PROCESS = Filling, PROCESS = Sugar coating, INGREDIENT = Fruit jelly, INGREDIENT = Fresh uncured cheese	3	0%
Yoghurt drinks, including sweetened and/or flavoured variants, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Yoghurt, cow milk, flavoured	2	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Common banana	2	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Common banana, INGREDIENT = Oat rolled grains	3	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Milk chocolate	13	0.1%
Yoghurt, cow milk, flavoured, INGREDIENT = Mixed breakfast cereals	12	0.1%

V20_A1:**Data file: data_anon_consumption**

Overview

Valid: 242 Invalid: 0
 Type: Discrete Width: 63 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
DIENT = Baked milk and similar		36	14.9%
er, SWEETENING-AGENT = White sugar		2	0.8%
fresh meat		27	11.2%
ilar, INGREDIENT = Tomato ketchup and related sauces		100	41.3%
milar		8	3.3%
olised sources and similar		46	19%
s, INGREDIENT = Black pepper, SWEETENING-AGENT = White sugar		13	5.4%
similar		2	0.8%
ter		8	3.3%

AMOUNT_RECIPES: Amount recipe consumed (g)

Data file: data_anon_consumption

Overview

Valid: 14805 Invalid: 3002 Minimum: 0 Maximum: 1503.8 Mean: 116.967 Standard deviation: 115.705
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 1503.8 Format: Numeric

CODE_INGREDIENT: Original ingredient code

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 1000 Maximum: 4723025024 Mean: 9164708.391 Standard deviation: 41004969.725
 Type: Continuous Decimal: 2 Width: 8 Range: 1000 - 4723025024 Format: Numeric

INGREDIENT: Food item or Ingredient description in local language (other than English)

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0
 Type: Discrete Width: 52 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
14UM		1	0%
ACEITE VEGETAL DE COCO		1	0%
ACEITE VEGETAL DE OLIVA		16	0.1%
ACEITE VEGETAL TODA CLASE		1080	6.1%
ADEREZO ENSALADA TIPO RANCHERO		3	0%
ADEREZO ENSALADA TIPO ITALIANO CSAL		2	0%
ADEREZO ENSALADA TIPO ITALIANO CSAL SGRASA		1	0%
AGUA DULCE		10	0.1%
AGUACATE		46	0.3%
AJO CABEZA O BULBO		167	0.9%
AJO DIENTE		303	1.7%
AJO MOLIDO		8	0%
AJO PASTA		70	0.4%
ALBAHACA FRESCA		2	0%
ALBOROTOS SNACK		6	0%
ALFAJOR		1	0%
ALGODON DE AZUCAR		1	0%
ALITAS DE POLLO ROSTIZADAS LISTAS PARA COMER		2	0%
ALMIBAR DE MANGO		1	0%
AMPITARO COCIDO SSAL ESCURRIDO		1	0%
AMPITARO CRUDO		8	0%
ANGELES O MARSHMELLOWS		1	0%
APIO TALLOS		230	1.3%
AROS DE CEBOLLA		1	0%
ARROLLADITO DE DULCE DE LECHE		1	0%
ARROZ BLANCO PULIDO ENRIQUECIDO COSTA RICA		466	2.6%
ARROZ BLANCO PULIDO ENRIQUECIDO PRECOCIDO		6	0%
ARROZ CANTONES		23	0.1%
ARROZ COCIDO		432	2.4%
ARROZ COCIDO COSTA RICA		1	0%
ARROZ CON CAMARONES		2	0%
ARROZ CON POLLO RESTAURANTE		30	0.2%
ARROZ INTEGRAL		1	0%
ARVEJA COCIDA SSAL ESCURRIDA		1	0%
ARVEJA CRUDA		2	0%

ARVEJA ENLATADA SLIDOS		4	0%
ATOL DE ARROZ CON LECHE		2	0%
ATOL DE AVENAMOSH GUATEMALA		1	0%
ATOL FRESA		1	0%
ATUN EN ACEITE		19	0.1%
ATUN EN AGUA		3	0%
AVENA CON PROTEINA		1	0%
AVENA EN HOJUELAS CFORTIFICACION		45	0.3%
AVENA EN HOJUELAS SFORTIFICAR MOSH		5	0%
AVENA MOLIDA CFORTIFICACION		2	0%
AYOTEGUICOYZAPALLOCALABAZA AMARILLOMADURO		10	0.1%
AZCAR MORENA O NEGRA		19	0.1%
AZUCAR BLANCA GRANULADA COSTA RICA		540	3%
BANANO		133	0.7%
BANANO VERDE		2	0%
BANANO VERDE COCIDO		2	0%
BANANO VERDE SANCOCHADO		1	0%
BANANO GUINEO MADURO		61	0.3%
BANANO GUINEO VERDE		7	0%
BARRITA DE CEREAL		7	0%
BATIDO DE FRESA CON LECHE		1	0%
BEBIDA DE SOYA POLVO INSTANTNEA DELISOYA		1	0%
BEBIDA MALTEADA NATURAL EN POLVO		5	0%
BEBIDA GASEOSA O CARBONATADA NO COLAS		1	0%
BIZCOCHO PREPARADO		3	0%
BROCOLIBRECOL CRUDO		6	0%
BROCOLIBRECOL COCIDO SSAL ESCURRIDO		2	0%
BUDIN DE PAN		4	0%
BURRITO FRIJOLES CQUESO Y CARNE DE RES		1	0%
CAFE INSTANTNEO POLVO		19	0.1%
CAFE INSTANTNEO PREPARADO CAGUA SAZCAR		3	0%
CAFE INSTANTNEO SABOR CAPUCHINO CAZCAR POLVO		1	0%
CAFE TOSTADO MOLIDO POLVO		209	1.2%
CAFE TOSTADO MOLIDO PREPARADO CAGUA SAZCAR		61	0.3%
CAFEE CON AZUCAR		7	0%
CAFEE INSTANTANEO CON LECHE Y AZUCAR		7	0%
CAFEE MOLIDO		3	0%
CAJETA		5	0%
CALDO DE FRIJOL		44	0.2%

CALDO DE POLLO DESHIDRATADO EN CUBITO	2	0%
CALDO DE POLLO DESHIDRATADO EN POLVO	174	1%
CALDO DE RES DESHIDRATADO EN CUBITO	1	0%
CALDO DE RES DESHIDRATADO EN POLVO	63	0.4%
CAMARN COCIDO	1	0%
CAMOTEBATATA ANARANJADO COCIDO SCSCARA SSAL	2	0%
CAMOTEBATATA ANARANJADO CRUDO	16	0.1%
CANELA EN RAJA	13	0.1%
CANELA MOLIDA	17	0.1%
CANGREJO DE JAMON Y QUESO	1	0%
CANGREJO RELLENO DE CHOCOLATE	1	0%
CARAMBOLA	6	0%
CARAMELOS DUROS	28	0.2%
CARAMELOS SUAVES	16	0.1%
CARNE DE BUFALO	1	0%
CARNE DE RES ASADA	1	0%
CARNE DE RES FRITA	1	0%
CARNE DE RES SEMIMAGRA FRITA	2	0%
CARRETICAS	1	0%
CAS	27	0.2%
CEBOLLA CABEZA	1021	5.7%
CEBOLLN	35	0.2%
CEBOLLON	8	0%
CERDO CARNE MAGRA CRUDA	4	0%
CERDO CARNE RICA EN GRASA CRUDA	9	0.1%
CERDO CARNE SEMIMAGRA COCIDA	5	0%
CERDO CARNE SEMIMAGRA CRUDA	58	0.3%
CERDO CARNE SEMIMAGRA FRITA	2	0%
CERDO CHARRASCA Cpiel	2	0%
CERDO CHICHARRONES	2	0%
CERDO COSTILLA ASADA	3	0%
CERDO COSTILLA CRUDA	9	0.1%
CERDO TOCINO ASADO O FRITO	3	0%
CERDO TOCINO CURADO CRUDO	3	0%
CEREAL	1	0%
CEREAL DE AVENA CON MARSHMALLOW	13	0.1%
CEREAL DESAYUNO CHOCO KRISPIES	26	0.1%
CEREAL DESAYUNO COCOA FLAKES	4	0%
CEREAL DESAYUNO COMPLETE KOMLETE MIEL Y PASAS	1	0%

CEREAL DESAYUNO CORN FLAKES	29	0.2%
CEREAL DESAYUNO CORN FLAKES CMIEL	16	0.1%
CEREAL DESAYUNO CORN POPS	10	0.1%
CEREAL DESAYUNO FROOT LOOPS	27	0.2%
CEREAL DESAYUNO FROOT LOOPS CMARSHMALLOW	3	0%
CEREAL DESAYUNO GRANOLA CFRUTAS	3	0%
CEREAL DESAYUNO GRANOLA CPASAS	1	0%
CEREAL DESAYUNO NESQUICK CHOCOLATE	11	0.1%
CEREAL DESAYUNO ZUCARITAS DE MAZ	15	0.1%
CEREAL FITNESS INTEGRAL	2	0%
CEREZA	1	0%
CERVEZA	1	0%
CHAYOTE COCIDO	1	0%
CHAYOTEGUISQUILPATASTE COCIDO SSAL ESCURRIDO	13	0.1%
CHAYOTEGUISQUILPATASTE CRUDO	66	0.4%
CHEESECAKE DE FRESA	2	0%
CHICHARITOS SNACK	5	0%
CHICHARRON POLLO	1	0%
CHICHARRONES DE CERDO	11	0.1%
CHICLE	4	0%
CHILE DULCE VERDE	70	0.4%
CHILE DULCEPIMIENTO ROJO FRESCO	727	4.1%
CHILE JALAPENO FRESCO	4	0%
CHILE PICANTE FRESCO	2	0%
CHOCOBANANO	2	0%
CHOCOLATE	4	0%
CHOCOLATE CON MANIA	1	0%
CHOCOLATE LIQUIDO SYRUP PROCESADO	1	0%
CHOCOLATES CLECHE Y ALMENDRA GOLOSINA	2	0%
CHOCOLATES CLECHE GOLOSINA	15	0.1%
CHOCOLATES CLECHE Y MANI GOLOSINA	2	0%
CHOP SUEY CON SALSA	1	0%
CHORIZO DE CERDO	7	0%
CHORIZO DE CERDO	4	0%
CHORIZO DE CERDO Y RES	8	0%
CHOW MEIN DE POLLO	2	0%
CHULETA DE CERDO ASADA	1	0%
CHULETA DE CERDO FRITA	5	0%
CHURRO	1	0%

CILANTROCULANTRO	676	3.8%
CIRUELA	4	0%
CLAVO DE OLOR MOLIDO	6	0%
COCO LECHE 1A EXTRACCIN	4	0%
COCOA MIXTA POLVO	68	0.4%
COLIFLOR COCIDA SSAL ESCURRIDA	1	0%
COLIFLOR CRUDA	1	0%
COMIDA DE BEBE PROCESADA DE FRUTAS	1	0%
COMIDA DE BEBE PROCESADA DE MELOCOTON	1	0%
COMINOS SEMILLAS	2	0%
CONDIMENTO CURRY POLVO	10	0.1%
CONDIMENTOS O ESPECIAS MOLIDAS NO ESPECIFICADAS	71	0.4%
CONSOME DE CAMARON	3	0%
CORN FLACKES	1	0%
CREMA CHANTILLI	1	0%
CREMA DULCE	5	0%
CREMA ESPESA	2	0%
CREMA RALA	59	0.3%
CREMA SUSTITUTO NO LCTEO EN POLVO	6	0%
CROISSANT DE MANTEQUILLA	3	0%
CROISSANT DE QUESO	1	0%
DAMPITARO CRUDO	1	0%
DONA	6	0%
DULCE DE LECHE	1	0%
DURAZNO	1	0%
DURAZNO AMARILLOMELOCOTON FRUTA IMPORTADA	1	0%
EDULCORANTE	1	0%
EJOTESVAINICAS COCIDOS SSAL ESCURRIDO	6	0%
EJOTESVAINICAS CRUDOS	33	0.2%
ELOTEMAIZ FRESCO AMARILLO DULCE COCIDO SSAL	4	0%
ELOTEMAOZ FRESCO AMARILLO	2	0%
ELOTEMAOZ FRESCO AMARILLO DULCE CRUDO	1	0%
ELOTEMAZ FRESCO AMARILLO	4	0%
ELOTEMAZ FRESCO AMARILLO DULCE CRUDO	1	0%
ELOTEMAZ FRESCO BLANCO	11	0.1%
EMPANADA DE DULCE DE LECHE	1	0%
EMPANADA DE PINA	2	0%
EMPANADA DE QUESO	7	0%
ENCHILADA	2	0%

ENSALADA PREPARADA EN RESTAURANTE	8	0%
ESPINACA CRUDA	11	0.1%
FAJITAS DE CERDO PREPARADAS	1	0%
FAJITAS DE POLLO EMPANIZADAS	2	0%
FIDEOS PARA CHOW MEIN	3	0%
FLAN SABOR DE VAINILLA POLVO	1	0%
FLAN SABOR DE VAINILLA PREPARADO C LECHE	1	0%
FRESA	8	0%
FRESA O FRUTILLA	6	0%
FRESCO DE CAS NATURAL CON AZUCAR	30	0.2%
FRESCO DE CREMA EN LECHE	1	0%
FRESCO DE MARACUYA EN AGUA	6	0%
FRESCO DE MELON	7	0%
FRESCO DE MORA EN AGUA	14	0.1%
FRESCO DE PERA EN AGUA	1	0%
FRESCO DE PINA	23	0.1%
FRESCO DE SANDIA SIN AZUCAR	5	0%
FRESCO DE SIROPE	11	0.1%
FRIJOL TODA VARIEDAD GRANO VERDE	2	0%
FRIJOL TODA VARIEDAD REFRITO ENVASADO	8	0%
FRIJOL BLANCO COCIDO SSAL	1	0%
FRIJOL BLANCO GRANO SECO	9	0.1%
FRIJOL CUBA O PILOY GRANO SECO	3	0%
FRIJOL MOLIDO ROJO	5	0%
FRIJOL NEGRO GRANO SECO	30	0.2%
FRIJOL ROJO COCIDO CSAL	219	1.2%
FRIJOL ROJO COCIDO SSAL	6	0%
FRIJOL ROJO O POROTO GRANO SECO	60	0.3%
FRIJOLES NEGROS COCIDOS ENTEROS GUATEMALA	107	0.6%
FRIJOLES BLANCOS	1	0%
FRIJOLES ENVASADOS	11	0.1%
FRIJOLES LICUADOS	1	0%
FRIJOLES NEGROS	1	0%
FRIJOLES NEGROS COCIDOS	101	0.6%
FRIJOLES NEGROS FRITOS PURE O COLADOS GUATEMALA	5	0%
FRIJOLES ROJOS MOLIDOS	8	0%
FRMULA NUTRITIVA ENSURE POLVO	2	0%
FRUTAS EN ALMIBAR ENVASADAS SOLLIQ	1	0%
GALLETA DE AVENA	4	0%

GALLETA DE AVENA CON PASAS	2	0%
GALLETA DE CHOCOLATE	2	0%
GALLETA DE MARSHMALLOW Y COCO	6	0%
GALLETA DULCE CON CHOCOCHIP	26	0.1%
GALLETA DULCE CON CHOCOLATE	47	0.3%
GALLETA DULCE CON RELLENO	135	0.8%
GALLETA DULCE TIPO MARIA	55	0.3%
GALLETA DULCE TIPO WAFFLE	21	0.1%
GALLETA SODA	44	0.2%
GALLETAS DE SODA CSAL	2	0%
GALLETAS DE SODA SSAL PAQUETE ROJO O REGULAR	18	0.1%
GALLETAS DULCES CONOS PARA HELADO	2	0%
GALLETAS DULCES TIPO WAFLE	1	0%
GALLETAS DULCES SIMPLES TIPO MARIA	1	0%
GALLETAS SALADAS CON QUESO	9	0.1%
GALLO O GALLINA CARNE CRUDA	2	0%
GALLO PINTO	66	0.4%
GARBANZO COCIDO CON SAL	2	0%
GARBANZO ENLATADO	5	0%
GARBANZO GRANO SECO	5	0%
GASEOSA GINGER ALE	14	0.1%
GASEOSA TIPO COLA	137	0.8%
GASEOSA TIPO COLA LIGHT	3	0%
GASEOSA TIPO NO COLA	2	0%
GASEOSA TIPO NO COLA CHICLE	1	0%
GASEOSA TIPO NO COLA FRESA	9	0.1%
GASEOSA TIPO NO COLA LIGHT	1	0%
GASEOSA TIPO NO COLA LIMON	1	0%
GASEOSA TIPO NO COLA MORA	1	0%
GASEOSA TIPO NO COLA NARANJA	7	0%
GASEOSA TIPO NO COLA PINA	1	0%
GASEOSA TIPO NO COLA TORONJA	6	0%
GASEOSA TIPO NO COLA UVA	2	0%
GELATINA	15	0.1%
GELATINA TODO SABOR POLVO	2	0%
GELATINA TODO SABOR PREPARADA CAGUA	9	0.1%
GENGIBRE O JENGIBRE	5	0%
GOMITAS	8	0%
GRANADILLA	6	0%

GRANOLA		2	0%
GUANABANAGUANABA		3	0%
GUAYABA		13	0.1%
GUAYABA MADURA		1	0%
GUAYABA VERDE		4	0%
HAMBURGUESA GRANDE CVEGETALES CCOND		1	0%
HAMBURGUESA REGULAR DOBLE CARNE CVEGETALES CCOND		1	0%
HAMBURGUESA REGULAR CVEGETALES CCOND		2	0%
HARINA DE MAIZ		49	0.3%
HARINA DE TRIGO		33	0.2%
HARINA EMPANIZADOR ROSTIZADOR		7	0%
HARINA PARA PANCAKES C MANTEQUILLALECHE		2	0%
HARINA PARA PANCAKES HARINA PROCESADA		1	0%
HELADO ARTIFICIAL DE FRUTAS		1	0%
HELADO CREMOSO CON JARABE		2	0%
HELADO CREMOSO DE BARRA		5	0%
HELADO CREMOSO DE CHICLE		1	0%
HELADO CREMOSO DE CHOCOLATE		2	0%
HELADO CREMOSO DE COCO		2	0%
HELADO CREMOSO DE FRESA		4	0%
HELADO CREMOSO DE LIMON		1	0%
HELADO CREMOSO DE MENTA CON CHOCOCHIP		1	0%
HELADO CREMOSO DE VAINILLA		11	0.1%
HELADO CREMOSO DE VAINILLA CON CUBIERTA DE CHOCOLATE		1	0%
HELADO CREMOSO EN PALETA		3	0%
HELADO DE GALLETAS DE CHOCOLATE		1	0%
HELADO DE GALLETAS DE VAINILLA		2	0%
HELADO DE NARANJA CON CREMA		2	0%
HELADO DE NIEVE ARTIFICIAL CON LECHE		5	0%
HELADO DE NIEVE ARTIFICIAL SABOR CHICLE		1	0%
HELADO DE NIEVE ARTIFICIAL SABOR CHOCOLATE		1	0%
HELADO DE NIEVE CASERO DE LIMON		1	0%
HELADO DE NIEVE DE FRUTAS		14	0.1%
HELADO DE NIEVE DE MORA		1	0%
HELADO DE NIEVE DE UVA		1	0%
HELADOCREMA O ICE CREAM FRESA		4	0%
HELADOCREMA O ICE CREAM VAINILLA		5	0%
HELADONIEVE DISTINTAS FRUTAS COMERCIAL		1	0%
HIERBA BUENA FRESCA		1	0%

HIERBA BUENA SECA		3	0%
HIERBABUENA		1	0%
HIGO FRUTA EN ALMIBAR ENVASADA SOLLIQ		1	0%
HOJALDRE		1	0%
HONGOS COCIDOS SSAL ESCURRIDOS		1	0%
HONGOS ENLATADOS SLIDOS		4	0%
HUEVO DE GALLINA ENTERO CRUDO		327	1.8%
HUEVO DE GALLINA YEMA FRESCA		3	0%
HUEVO DURO		16	0.1%
HUEVO SOPEADO		1	0%
HUEVOS COCIDOS O DUROS		6	0%
HUEVOS FRITOS O ESTRELLADOS		7	0%
HUEVOS OMELET SIMPLE		1	0%
HUEVOS REVUELTOS O PICADOS		18	0.1%
IZOTEITABO FLORES		1	0%
JALEAS TODA VARIEDAD		21	0.1%
JAMEN DE PAVO		2	0%
JAMEN DE POLLO		1	0%
JAMEN DE RES		2	0%
JAMN DE CERDO CURADO GRASA APROX 8		1	0%
JAMN DE PAVO		15	0.1%
JAMN DE PAVO AHUMADO BAJO EN GRASA		4	0%
JAMN DE POLLO		13	0.1%
JAMN DE RES		17	0.1%
JARABE O SIROPE DE MAZ ALTO CONT FRUCTOSA		1	0%
JARABE O SIROPE MAPLE		17	0.1%
JOCOTE		4	0%
JUGO DE NARANJA SIN AZUCAR		7	0%
JUGO DE UVA		1	0%
KIWI		1	0%
KIWI FRUTA FRESCA		1	0%
LACTOCREMA		30	0.2%
LAUREL HOJAS SECAS		3	0%
LECHE CHOCOLATADA		24	0.1%
LECHE CON AVENA		2	0%
LECHE CON CEREAL DE ARROZ		2	0%
LECHE CON CEREAL DE ARROZ FORTILAC		1	0%
LECHE CON PROTEINA DOS PINOS COSTA RICA		1	0%
LECHE CONDENSADA		1	0%

LECHE DE VACA CONDENSADA CAZCAR ENLAT	13	0.1%
LECHE DE VACA DESCREMADA EN POLVO CVIT A E	4	0%
LECHE DE VACA INTEGRAL EN POLVO	48	0.3%
LECHE DE VACA INTEGRAL FLUIDA 325 GR	16	0.1%
LECHE DE VACA INTEGRAL EVAPORADA CVIT A ENLAT	7	0%
LECHE DE VACA INTEGRAL EVAPORADA CVIT A ENLAT	1	0%
LECHE DE VACA INTEGRAL FLUIDA 325 GRASA	3	0%
LECHE DE VACA SEMIDESCREMADA FLUIDA 2 GR	293	1.6%
LECHE DELACTOSADA SEMIDESCREMADA EN POLVO	4	0%
LECHE DELACTOSADA SEMIDESCREMADA FLUIDA	24	0.1%
LECHE DESCREMADA	11	0.1%
LECHE DESCREMADA 01 GRASA FLUIDA	33	0.2%
LECHE EN POLVO SEMIDESCREMADA 2 GRASA	17	0.1%
LECHE ENTERA	6	0%
LECHE SEMIDESCREMADA	51	0.3%
LECHUGA	2	0%
LECHUGA NO ARREPOLLADA BUTTERHEAD	117	0.7%
LENTEJA COCIDA CON SAL	2	0%
LENTEJA SECA GRANO	8	0%
LEVADURA PARA PAN PASTILLAS	1	0%
LICUADO DE BANANO CON LECHE	1	0%
LICUADO DE FRESA EN AGUA	1	0%
LICUADO DE FRUTAS SIN LECHE	4	0%
LIMEN AGRIO FRUTA SIN PIEL	1	0%
LIMEN AGRIO JUGO	1	0%
LIMON AGRIO FRUTA SIN PIEL	19	0.1%
LIMON AGRIO JUGO	10	0.1%
LIMON	4	0%
LIMON DULCE	2	0%
LIMON MANDARINA	127	0.7%
LIMON MESINO	39	0.2%
LIMONADA	10	0.1%
MAICENA O ALMIDON DE MAIZ	4	0%
MAICENA O ALMIDON DE MAIZ	5	0%
MALANGAOTOE RAOZ CRUDA	1	0%
MANCACHUATE TOSTADO SSAL	1	0%
MANDARINA	13	0.1%
MANDARINATANGERINA FRUTA	1	0%
MANGO MADURO	72	0.4%

MANGO VERDE		34	0.2%
MANI		2	0%
MANOCACAHUATE TOSTADO SSAL		3	0%
MANTECA DE CERDO		4	0%
MANTECA VEGETAL TODO USO		21	0.1%
MANTEQUILLA CSAL		43	0.2%
MANTEQUILLA DE MANO CON SAL		1	0%
MANTEQUILLA LIGHT		5	0%
MANZANA		56	0.3%
MANZANA CRIOLLA CCASCARA		3	0%
MANZANA FRUTA IMPORTADA CCSCARA		16	0.1%
MAOZ AMARILLO DULCE GRANO ENLATADO		12	0.1%
MAOZ BLANCO GRANO PILADO O TRILLADO CRUDO		1	0%
MARACUYAGRANADILLA MORADA PULPA		1	0%
MARGARINA		3	0%
MARGARINA 80 GRASA CSAL		274	1.5%
MARGARINA 80 GRASA SSAL		5	0%
MARGARINA IMITACIEN 40 GRASA		1	0%
MARGARINA IMITACIN 40 GRASA		56	0.3%
MARSHMALLOW		9	0.1%
MAYONESA		3	0%
MAYONESA COMERCIAL CSAL		73	0.4%
MAYONESA LIGHT		10	0.1%
MAZ AMARILLO DULCE GRANO ENLATADO		38	0.2%
MAZ AMARILLO GRANO ENTERO CRUDO		1	0%
MC POLLO JUNIOR		1	0%
MEDALLONES O NUGGETS DE POLLO FRITO		2	0%
MEDALLONES O NUGGETS DE POLLO SIN FREIR		1	0%
MEDALLONES O NUGGETSa DE POLLO FRITO		3	0%
MELON		9	0.1%
MELON CORRUGADO O CANTALOUPE		8	0%
MERMELADAS TODA VARIEDAD		5	0%
MIEL DE ABEJAS		13	0.1%
MIEL DE MAPLE		2	0%
MIGA DE PAN O PAN RALLADO		2	0%
MILKSHAKE DE CHOCOLATE		1	0%
MILKSHAKE DE VAINILLA		1	0%
MINI PIZZA		1	0%
MORAS		1	0%

MORAZARZAMORA	12	0.1%
MORTADELA DE CERDO Y RES	52	0.3%
MOSTANEZA	1	0%
MOSTAZA COMERCIAL	9	0.1%
MOSTAZA HOJAS	5	0%
MUSLOS DE POLLO EMPANIZADOS	2	0%
NARANJA	11	0.1%
NARANJA AGRIA JUGO NATURAL	2	0%
NARANJA DULCE FRUTA	11	0.1%
NARANJA DULCE JUGO NATURAL	17	0.1%
NARANJILLALULO PULPA	1	0%
NATILLA	60	0.3%
NIDO KINDER POLVO ETAPA 13	1	0%
NUTELLA	2	0%
OREGANO SECO	56	0.3%
PALITO DE PIZZA	1	0%
PALITOS DE AJONJOLI	1	0%
PALITOS DE QUESO	2	0%
PALMITO SCORTEZA	2	0%
PALOMITAS	17	0.1%
PAN BLANCO	13	0.1%
PAN BLANCO DE RODAJA O CUADRADO SUA	36	0.2%
PAN BLANCO DE RODAJA O CUADRADO TOSTADO	4	0%
PAN BLANCO TIPO BOLLO CLECHE DE MANITA	20	0.1%
PAN BLANCO TIPO HAMBURGUESAHOT DOG	23	0.1%
PAN BLANCO TIPO PITA	2	0%
PAN CON RELLENO DE VAINILLA	15	0.1%
PAN DE AJO	1	0%
PAN DE NISPERO	1	0%
PAN DE PINA	2	0%
PAN DULCE	23	0.1%
PAN DULCE DE COSTA RICA BOLLITO	6	0%
PAN DULCE DE COSTA RICA TAJADA	4	0%
PAN ESPECIES	1	0%
PAN FRANCES	90	0.5%
PAN FRANCES DE COSTA RICA BAGUETTE	240	1.3%
PAN INTEGRAL	2	0%
PAN INTEGRAL DE RODAJA O CUADRADO S	25	0.1%
PAN PIZZA	2	0%

PAN TOSTADO		2	0%
PANELA O RAPADURA		5	0%
PANQUEQUE PREPARADO SIMPLE		4	0%
PANUELO		1	0%
PANUELO DE POLLO		1	0%
PAPALINAS SNACK		34	0.2%
PAPAS A LA FRANCESA FRITAS EN ACEITE VEG		46	0.3%
PAPAS PURE PREPARADO CLECHE Y MARGARINA		4	0%
PAPAS CCSCARA COCIDAS SSAL		7	0%
PAPAS CCSCARA CRUDAS		20	0.1%
PAPAS COCIDAS		6	0%
PAPAS COCIDAS CON ATUN		1	0%
PAPAS HASHED BROWN RESTAURANTE		1	0%
PAPAS SANCOCHADAS		1	0%
PAPAS SCSCARA COCIDAS SSAL		23	0.1%
PAPAS SCSCARA CRUDAS		102	0.6%
PAPAYA		19	0.1%
PAPAYALECHOSA MADURA PULPA		27	0.2%
PAPRIKA		28	0.2%
PASAS		1	0%
PASTA CHUEVO ENRIQUECIDA CRUDA		7	0%
PASTA CON SALSA BLANCA		1	0%
PASTA ENRIQUECIDA COCIDA CSAL		7	0%
PASTA ENRIQUECIDA CRUDA		98	0.6%
PASTEL DE CARNE		2	0%
PASTEL DE CARNE MOLIDA REPOSTERIA		1	0%
PASTEL DE CHOCOLATE PREPARADO		10	0.1%
PASTEL DE TRES LECHES		6	0%
PASTELITO DE CHOCOLATE		3	0%
PATACON		3	0%
PATE DE HGADO DE POLLO ENVASADO		10	0.1%
PATE DE HOGADO DE POLLO ENVASADO		3	0%
PEPINOCOJOMBRO DE ENSALADA		52	0.3%
PERA		1	0%
PERA FRUTA CRIOLLA CON CASCARA		1	0%
PEREJIL FRESCO		2	0%
PESCADO CARNE ATN ENLATADO CACEITE SELIDOS		7	0%
PESCADO CARNE ATN ENLATADO CACEITE SLIDOS		59	0.3%
PESCADO CARNE ATN ENLATADO CAGUA SLIDOS		18	0.1%

PESCADO CARNE CORVINA FRESCA	6	0%
PESCADO CARNE PARGO FRESCO	1	0%
PESCADO CARNE TILAPIA CRUDA	5	0%
PESCADO CARNE TILAPIA ASADA	3	0%
PESCADO FILETE EMPANIZADOFRITO	8	0%
PIA FRUTA DULCE	53	0.3%
PIA TODA VARIEDAD	2	0%
PICADILLO DE PAPA CHAYOTE Y ZANAHORIA	1	0%
PICADILLO DE PAPA CON CARNE MOLIDA	5	0%
PIDA FRUTA DULCE	2	0%
PIE DE MANZANA	3	0%
PIMIENTA NEGRA	20	0.1%
PINA	32	0.2%
PINOL SIMPLE	1	0%
PINOLILLO	8	0%
PIZZA DE PEPPERONI	26	0.1%
PIZZA DE QUESO	4	0%
PLATANINAS SNACK	7	0%
PLATANO MADURO	1	0%
PLATANO FRITO	17	0.1%
PLATANO MADURO COCIDO	3	0%
PLATANO MADURO SANCOCHADO	1	0%
PLATANO VERDE	7	0%
PLATANO VERDE SANCOCHADO	1	0%
PLTANO VERDE	21	0.1%
PLTANO MADURO	94	0.5%
POLLO ALAS CIEL COCIDAS	4	0%
POLLO ALAS CIEL CRUDAS	13	0.1%
POLLO ALAS CIEL FRITAS	1	0%
POLLO ALAS SPIEL COCIDAS	1	0%
POLLO CARNE CIEL COCIDA	2	0%
POLLO CARNE CIEL CRUDA	11	0.1%
POLLO CARNE CIEL FRITA	2	0%
POLLO CARNE CIEL HORNEADA	2	0%
POLLO CARNE SPIEL COCIDA	25	0.1%
POLLO CARNE SPIEL CRUDA	63	0.4%
POLLO EMPANIZADO FRITO MUSLO	12	0.1%
POLLO EMPANIZADO FRITO PECHUGA	9	0.1%
POLLO EMPANIZADO FRITO ALA	7	0%

POLLO MECHADO	1	0%
POLLO MENUDOS PIES PESCUEZO ETC	1	0%
POLLO MUSLO CIEL COCIDO	4	0%
POLLO MUSLO CIEL CRUDO	10	0.1%
POLLO MUSLO CIEL FRITO	1	0%
POLLO MUSLO SIEL COCIDO	1	0%
POLLO MUSLO SIEL CRUDO	6	0%
POLLO PECHUGA CIEL CRUDA	14	0.1%
POLLO PECHUGA SIEL COCIDA	12	0.1%
POLLO PECHUGA SIEL FRITA	2	0%
POLLO PIERNA CIEL COCIDA	2	0%
POLLO PIERNA CIEL CRUDA	6	0%
POLLO PIERNA CIEL FRITA	3	0%
POLLO VISCERAS O MENUDOS CRUDOS	4	0%
POLVO DE HORNEAR	22	0.1%
POLVO DULCE	1	0%
POWERADE	2	0%
POZOL CON CARNE DE CERDO	1	0%
PUDIN	1	0%
QUEQUE CON LUSTRE	30	0.2%
QUEQUE DE CHOCOLATE	2	0%
QUEQUE DE TRIGO	2	0%
QUEQUE SECO PREPARADO	19	0.1%
QUEQUITO MARINELA	1	0%
QUESO AMARILLO PASTRZ PROCES PARA UNTAR	1	0%
QUESO AMARILLO PASTRZ PROCES RODAJAS	21	0.1%
QUESO AMARILLO PASTRZ PROCES RODAJAS BAJO EN GRASA	1	0%
QUESO BLANCO FRESCO	98	0.6%
QUESO BLANCO FRESCO LECHE NTEGRA	61	0.3%
QUESO BLANCO FRESCO LECHE ONTEGRA	7	0%
QUESO BLANCO FRESCO LECHE SEMIDESCREMADA	55	0.3%
QUESO CREMA	1	0%
QUESO CREMA LIGHT	3	0%
QUESO CREMA O DE CAPAS	22	0.1%
QUESO MOZARELA LECHE NTEGRA	4	0%
QUESO MOZARELA LECHE ONTEGRA	1	0%
QUESO MOZARELLA	2	0%
QUESO PARMESANO GRATINADO	2	0%
QUESO RALLADO	4	0%

QUESO TIPO CHEDDAR	1	0%
QUESOBURGUESA	8	0%
QUESOBURGUESA REGULAR C VEGETALES CCOND	4	0%
QUESOBURGUESA REGULAR DOBLE CON CONDIMENTOS	1	0%
RABANO REDONDO RAIZ	3	0%
REFRESCO ARTIF CVIT C SABOR FRUTAS POLVO	7	0%
REFRESCO ARTIFICIAL DE ALOE VERA PREPARADO	3	0%
REFRESCO ARTIFICIAL DE DURAZNO PREPARADO	5	0%
REFRESCO ARTIFICIAL DE FRUTAS POLVO EN AGUA	123	0.7%
REFRESCO ARTIFICIAL DE FRUTAS PREPARADO	143	0.8%
REFRESCO ARTIFICIAL DE LIMON POLVO EN AGUA	6	0%
REFRESCO ARTIFICIAL DE LIMON PREPARADO	16	0.1%
REFRESCO ARTIFICIAL DE MANZANA PREPARADO	2	0%
REFRESCO ARTIFICIAL DE NARANJA POLVO EN AGUA	13	0.1%
REFRESCO ARTIFICIAL DE NARANJA PREPARADO	84	0.5%
REFRESCO ARTIFICIAL DE NECTAR DE MELOCOTON	16	0.1%
REFRESCO ARTIFICIAL DE PERA PREPARADO	1	0%
REFRESCO ARTIFICIAL DE TE DE LIMON POLVO EN AGUA	130	0.7%
REFRESCO ARTIFICIAL DE TE FRIJO LIGHT PREPARADO	14	0.1%
REFRESCO ARTIFICIAL DE TE FRIJO PREPARADO	2	0%
REFRESCO ARTIFICIAL DE TE NEGRO POLVO EN AGUA	5	0%
REFRESCO ARTIFICIAL DE UVA PREPARADO	1	0%
REFRESCO ARTIFICIAL NECTAR DE MANZANA	32	0.2%
REFRESCO ARTIFICIAL NECTAR DE PERA	27	0.2%
REFRESCO CASERO DE MANGO CON AZUCAR	20	0.1%
REFRESCO CONCENTRADO CAZCAR	4	0%
REFRESCO DE CEREALES HORCHATA POLVO CEREVITA	5	0%
REFRESCO DE TAMARINDO NATURAL	8	0%
REMOLACHA COCIDA SSAL ESCURRIDA	4	0%
REPOLLO	1	0%
REPOLLOCOL MORADA CRUDA	6	0%
REPOLLOCOL COMUN CRUDO	87	0.5%
REPOSTERIA CON CREMA PASTELERA Y PASTA DE HOJALDRE	2	0%
REPOSTERIA DE POLLO	1	0%
RES CARNE MAGRA CRUDA	19	0.1%
RES CARNE RICA EN GRASA CRUDA	2	0%
RES CARNE MOLIDA MAGRA 5 GRASA CRUDA	25	0.1%
RES CARNE MOLIDA RICA GRASA 20 GRASA CRUDA	4	0%
RES CARNE MOLIDA SEMIMAGRA 10 GRASA CRUDA	49	0.3%

RES CARNE SEMIMAGRA ASADA		2	0%
RES CARNE SEMIMAGRA COCIDA		51	0.3%
RES CARNE SEMIMAGRA CRUDA		51	0.3%
RES COSTILLA		19	0.1%
RES HGADO CRUDO		3	0%
RES LENGUA COCIDA		1	0%
RES LENGUA CRUDA		1	0%
RES PANZA O MONDONGO CRUDO		6	0%
ROLLOS DULCES CON QUESO		2	0%
ROMERO FRESCO		3	0%
ROSQUILLAS DE TRIGO		2	0%
ROSQUILLAS DE MAIZ		14	0.1%
SAL DE MESA		948	5.3%
SALAMI DE CERDO Y RES COCIDO		1	0%
SALCHICHA DE POLLO		8	0%
SALCHICHA DE RES Y CERDO		19	0.1%
SALCHICHA DE PAVO		1	0%
SALCHICHA DE POLLO		9	0.1%
SALCHICHA DE RES		10	0.1%
SALCHICHEN DE RES		2	0%
SALCHICHN DE CERDO		7	0%
SALCHICHN DE RES Y CERDO		18	0.1%
SALCHICHN DE RES		13	0.1%
SALCHICHON DE RES Y CERDO		11	0.1%
SALSA BLANCA		1	0%
SALSA DE TOMATE NATURAL		8	0%
SALSA ENVASADA BARBACOA		2	0%
SALSA ENVASADA DE SOYA		6	0%
SALSA ENVASADA INGLESA		142	0.8%
SALSA ENVASADA PICANTE		1	0%
SALSA ENVASADA TABASCO		1	0%
SALSA ENVASADA TOMATE CATSUP		104	0.6%
SALSA PARA PASTA CON SABOR CARNE PREGO		1	0%
SALSA PROCESADA TOMATE CCEBOLLA		4	0%
SALSA PROCESADA TOMATE CHONGOS		3	0%
SALSA PROCESADA SOFRITO		8	0%
SALSA PROCESADA TOMATE ESTILO RANCHERO		24	0.1%
SALSA PROCESADA TOMATE PARA SPAGHETTI		14	0.1%
SALSA RANCH		1	0%

SALSA ROSADA	15	0.1%
SANDIA	82	0.5%
SANDWICH O HAMBURGUESA FILETE DE POLLO	1	0%
SARDINAS	2	0%
SAZONADOR MOLIDO NO ESPECIFICADO	35	0.2%
SEMILLA DE ACHIOTE PASTA	40	0.2%
SIROPE	1	0%
SNACKS TOSTADITASMAZ SABOR BARBACOA	1	0%
SNACKS TOSTADITASMAIZ SIMPLES	2	0%
SOPA CREMA DESHIDRATADA POLLO	3	0%
SOPA DESHIDRATADA FIDEO RAMEN CUALQUIER SABOR	2	0%
SOPA DESHIDRATADA HONGOS	1	0%
SOPA DESHIDRATADA DE POLLO	7	0%
SOPA DESHIDRATADA DE RES	3	0%
SOPA DESHIDRATADA FIDEO RAMEN SABOR POLLO	2	0%
SOPA DESHIDRATADA GALLINA CRIOLLA CFIDEOS	1	0%
SOPA DESHIDRATADA POLLO CFIDEOS	4	0%
SPAGUETTI CON MANTEQUILLA	2	0%
SPAGUETTI CON SALSA DE TOMATE	16	0.1%
SUCHINI COCIDO SSAL ESCURRIDO	5	0%
SUCHINI CRUDO	11	0.1%
SUPERCONO	1	0%
SUPLEMENTO PROTEINEX	2	0%
SUSTITUTO DE AZUCAR SPLENDA	6	0%
TACO BELL ORIGINAL CON CARNE DE RES	1	0%
TACOS DE CARNE DE RES	1	0%
TAMAL TAYUYO GUATEMALA	1	0%
TAMAL ASADO	2	0%
TAMAL DE ELOTE	1	0%
TAMAL DE FRIJOL	1	0%
TAMARINDO	2	0%
TE CHINO	1	0%
TE DE HIERBAS NO MANZANILLA PREPARADO CAGUA SAZCAR	2	0%
TE DE MANZANILLA	4	0%
TE DE MANZANILLA PREPARADO CAGUA SAZCAR	4	0%
TE INSTANTANEO SABOR LIMON POLVO CAZUCAR	1	0%
TE INSTANTANEO SABOR LIMON POLVO CAZUCAR PREP CAGUA	1	0%
TE NEGRO HOJAS SECAS	2	0%
TE NEGRO HOJAS SECAS PREPARADO CAGUA SAZCAR	1	0%

TE NEGRO INSTANTANEO EN AGUA	9	0.1%
TE NEGRO SIN AZUCAR EN AGUA	1	0%
TOCINETA	1	0%
TOMATE	17	0.1%
TOMATE ROJO	339	1.9%
TOMILLO SECO	117	0.7%
TORTA DE PESCADO	1	0%
TORTA DE RES PREFORMADA	9	0.1%
TORTA KIMBY	2	0%
TORTILLA CHALUPA	1	0%
TORTILLA DE MAIZ	48	0.3%
TORTILLA DE MAIZ BLANCO CCAL	12	0.1%
TORTILLA DE MAOZ BLANCO CCAL	1	0%
TORTILLA DE MAZ LISTA PARA FREIR U HORNEAR	3	0%
TORTILLA DE MAZ BLANCO CCAL	6	0%
TORTILLA DE TRIGO	10	0.1%
TORTILLA DE TRIGO LISTA PARA FREIR U	17	0.1%
TORTILLA HORNEADA LISTA PARA TACO	2	0%
TORTILLA TIPO PRESTINO	2	0%
TORTITAS DE CARNE CERDO POLLO Y SOYA PROCESADAS	1	0%
TORTITAS DE POLLO PROCESADA	14	0.1%
TOSTADITAS DE MAIZ SABOR BARBACOA SNACK	15	0.1%
TOSTADITAS DE MAIZ SABOR NACHOS SNACK	7	0%
TOSTADITAS DE MAIZ SABOR QUESO SNACK	40	0.2%
TOSTADITAS DE MAIZ SIMPLES	11	0.1%
TROCITOS DE CARNE	1	0%
TROCITOS DE POLLO	1	0%
UVA	5	0%
UVA FRUTA IMPORTADA TIPO AMERICANO	3	0%
UVAS VERDES	1	0%
VAINILLA EXTRACTO	16	0.1%
VEGETALES MIXTOS ENLATADOS CON SAL ESCURRIDOS	3	0%
VERDURAS Y POLLO DE CHOP SUEY SIN LA PASTA	1	0%
VINAGRE	28	0.2%
YOGURT LECHE DESCREMADA SABOR FRUTAS	1	0%
YOGURT LECHE ENTERA SABOR FRUTAS	1	0%
YOGURT LECHE SEMIDESCREMADA NATURAL	4	0%
YOGURT LECHE SEMIDESCREMADA SABOR FRUTAS	19	0.1%
YOGURT SABORIZADO DE FRUTAS	29	0.2%

YUCA COCIDA		5	0%
YUCA O MANDIOCA HARINA O ALMIDON		1	0%
YUCA O MANDIOCA RAOZ		2	0%
YUCA O MANDIOCA RAZ		43	0.2%
ZANAHORIA		1	0%
ZANAHORIA CCSCARA CRUDA		46	0.3%
ZANAHORIA SCSCARA COCIDA SSAL ESCURRIDA		17	0.1%
ZANAHORIA SCSCARA CRUDA		190	1.1%

INGREDIENT_ENG: Food item or Ingredient description in English

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0

Type: Discrete Width: 69 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
ALLSPICE, GROUND		71	0.4%
APPLE		56	0.3%
APPLE PIE		3	0%
APPLE, IMPORTED, W/SKIN, RAW		16	0.1%
ARTIFICIAL BEVERAGE, COMMERCIAL, ALOE VERA FLAVOUR		3	0%
ARTIFICIAL BEVERAGE, COMMERCIAL, PEACH FLAVOUR		5	0%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, APPLE		32	0.2%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PEACH		16	0.1%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PEAR		27	0.2%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, APPLE FLAVOUR		2	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, FRUITS FLAVOUR		143	0.8%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, GRAPE		1	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, ICE TEA FLAVOUR		2	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, ICE TEA LIGHT FLAVOUR		14	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, LEMON FLAVOUR		16	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, ORANGE FLAVOUR		84	0.5%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, PEAR FLAVOUR		1	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, BLACK TEA FLAVOUR		5	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, FRUIT FLAVOUR		123	0.7%

ARTIFICIAL BEVERAGE, POWDER W/WATER, LEMON FLAVOUR	136	0.8%
ARTIFICIAL BEVERAGE, POWDER W/WATER, ORANGE FLAVOUR	13	0.1%
ASIAN CHOW MEIN, CHICKEN	2	0%
ATOLE, STRAWBERRY FLAVOUR	1	0%
AVOCADO	46	0.3%
BABYFOOD, FRUITS BASED, PROCESSED	1	0%
BABYFOOD, PEACH BASED, PROCESSED	1	0%
BACON	1	0%
BAKING POWDER	22	0.1%
BANANA	194	1.1%
BANANA SMOOTHIE W/MILK	1	0%
BANANA, GREEN (UNRIPE)	9	0.1%
BASIL, FRESH	2	0%
BBQ SAUCE	2	0%
BEANS SNAPS, GREEN, COOKED, DRAINED	6	0%
BEANS SNAPS, GREEN, RAW	33	0.2%
BEANS SOUP	44	0.2%
BEANS, ALL VARIETY, GREEN	2	0%
BEANS, ALL VARIETY, REFRIED, CANNED	8	0%
BEANS, COOKED, LIQUIFIED	1	0%
BEANS, KIDNEY, RED, MATURE SEEDS, COOKED, WO SALT	6	0%
BEANS, RED, MATURE SEEDS, RAW	60	0.3%
BEANS, RICE AND MIXED VEGETABLES (GALLO PINTO)	66	0.4%
BEANS, RUNNER, MATURE SEEDS, RAW	3	0%
BEANS, WHITE, MATURE SEEDS, RAW	9	0.1%
BEEF MEAT, CHOPPED	1	0%
BEEF MEAT, FRIED	1	0%
BEEF MEAT, GRILLED	1	0%
BEEF MEAT, GROUND, HIGH FAT (20% FAT), RAW	4	0%
BEEF MEAT, GROUND, LEAN (5%FAT), RAW	25	0.1%
BEEF MEAT, GROUND, SEMI-LEAN (10%FAT), RAW	49	0.3%
BEEF PATTY, PREFORMED	9	0.1%
BEEF STOCK, DEHYDRATED, IN CUBES	1	0%
BEEF, BEANS AND CHEESE BURRITO	1	0%
BEEF, LEAN&FAT, BROILED	51	0.3%
BEEF, LEAN&FAT, FRIED	2	0%
BEEF, LEAN&FAT, GRILLED	2	0%
BEEF, LEAN&FAT, RAW	51	0.3%
BEEF, LEAN, RAW	19	0.1%

BEEF, LIVER, RAW	3	0%
BEEF, MEAT, HIGH FAT, RAW	2	0%
BEEF, RIBS	19	0.1%
BEEF, TRIPE, RAW	6	0%
BEEF/BOVINE HAM	19	0.1%
BEER	1	0%
BEETS, COOKED, WO/SALT, DRAINED	4	0%
BEVERAGE, CAS W/WATER & SUGAR, NATURAL	30	0.2%
BEVERAGE, CREAM ESSENCE W/MILK	1	0%
BEVERAGE, FRUITS SMOOTHIE W/WATER	4	0%
BEVERAGE, INSTANT TEA, LEMON FLAVOUR POWDER W/SUGAR, PREPARED W/WATER	1	0%
BEVERAGE, MELON W/WATER	7	0%
BEVERAGE, MIXED CEREALS, "HORCHATA", POWDER (CEREVITA)	5	0%
BEVERAGE, NATURAL MILKSHAKE, POWDER	5	0%
BEVERAGE, PASSIONFRUIT W/WATER	6	0%
BEVERAGE, SOYA DRINK, INSTANT, POWDER	1	0%
BEVERAGE, WATERMELON W/WATER, WO/SUGAR	5	0%
BLACK BEANS, COOKED	209	1.2%
BLACK BEANS, LIQUIFIED	5	0%
BLACK BEANS, MATURE SEEDS, RAW	30	0.2%
BLACK TEA INFUSION, WO SUGAR, W/WATER	1	0%
BLACK TEA INSTANT W/WATER	9	0.1%
BLACK TEA, DRIED LEAVES	2	0%
BLACK TEA, DRIED LEAVES INFUSION W/WATER WO/SUGAR	1	0%
BLACKBERRIES, RAW	13	0.1%
BLACKBERRY BEVERAGE W/WATER	14	0.1%
BREAD CRUMBS, DRY GRATED, PLAIN	2	0%
BREAD WHEAT, FRENCH-TYPE	90	0.5%
BREAD WHEAT, INTEGRAL, BUN-TYPE	2	0%
BREAD WHEAT, SWEET	27	0.2%
BREAD WHEAT, TOASTED	2	0%
BREAD WHEAT, W/SPECIES	1	0%
BREAD WHEAT, WHITE	13	0.1%
BREAD WHITE, BUN TYPE W/MILK	20	0.1%
BREAD WHITE, COMMERC, SOFT-TYPE	36	0.2%
BREAD WHITE, COMMERC, TOASTED	4	0%
BREAD WITH VANILLA FILLING	15	0.1%
BREAD, INTEGRAL, SLICED	25	0.1%
BREADSTICKS, PIZZA-LIKE PREPARED	1	0%

BREADSTICKS, W/CHEESE	2	0%
BREADSTICKS, W/SESAME	1	0%
BREAKFAST CEREAL, GRANOLA W/FRUIT	3	0%
BROCCOLI, COOKED BOILED, W/O SALT, DRAINED	2	0%
BROCCOLI, RAW	6	0%
BROTH, BEEF, POWDER, DRY	63	0.4%
BROTH, CHICKEN, POWDER, DRY	174	1%
BROTH, SHRIMP, POWDER DRY	3	0%
BUFFALO MEAT, COOKED	1	0%
BUTTER CROISSANT	3	0%
BUTTER W/SALT	43	0.2%
BUTTER, LIGHT	5	0%
CABBAGE, RAW	88	0.5%
CAKE W/TOPPING	29	0.2%
CAKE WITH TOPPING	1	0%
CAKE, CHOCOLATE, SMALL PROCESSED	3	0%
CAKE, DRIED, PREPARED	19	0.1%
CAKE, MILK-BASED W/CONDENSED MILK	6	0%
CAKE, PREPARED	3	0%
CANDIED MANGOES, SWEET MEDIUM	1	0%
CANDIES, GUMDROPS, STARCH JELLY PIECES	16	0.1%
CANDIES, HARD	28	0.2%
CANDY, SWEET DUST	1	0%
CANNED BEANS	11	0.1%
CANNED FRUITS, IN SWEET MEDIUM	1	0%
CANNED GREEN PEAS	4	0%
CARAMEL COOKIE (ALFAJORE)	1	0%
CARAMEL SAUCE	5	0%
CARAMEL SAUCE (BAKED MILK)	1	0%
CARROT	1	0%
CARROTS, W/SKIN, RAW	46	0.3%
CARROTS, WO/SKIN, BOILED, W/O SALT, DRAINED	17	0.1%
CARROTS, WO/SKIN, RAW	190	1.1%
CAS	27	0.2%
CASSAVA, ROOTS, COOKED	5	0%
CASSAVA, ROOTS, RAW	45	0.3%
CASSAVA, STARCH	1	0%
CATONESE RICE	23	0.1%
CAULIFLOWER, COOKED, BOILED, W/O SALT, DRAINED	1	0%

CAULIFLOWER, RAW		1	0%
CELERY STALKS, RAW		230	1.3%
CEREAL BAR		7	0%
CEREAL, CORN FLAKES, PROCESSED		1	0%
CEREALS RTE (Ready-to-eat), CHOCOLATE NESQUICK		11	0.1%
CEREALS RTE (Ready-to-eat), COCOA FLAKES		4	0%
CEREALS RTE- SUGAR CORN FLAKES		15	0.1%
CEREALS RTE. COCOA KRISPIES		26	0.1%
CEREALS RTE. COMPLETE WHEAT BRAN FLAKES		2	0%
CEREALS RTE. CORN FLAKES		46	0.3%
CEREALS RTE. CORN POPS		10	0.1%
CEREALS RTE. FROOT LOOPS		30	0.2%
CEREALS RTE. GRANOLA, W/RAISINS		1	0%
CEREALS RTE. KOMPLETE, W/HONEY AND RAISINS		1	0%
CHAMOMILE TEA INFUSION		4	0%
CHANTILLY CREAM		1	0%
CHAYOTE FRUIT (GUISQUIL), RAW		66	0.4%
CHAYOTE FRUIT, COOKED		1	0%
CHAYOTE FRUIT, COOKED BOILED WO/SALT, DRAINED		13	0.1%
CHEESE CREAM		1	0%
CHEESE CREAM OR NATURAL SEMISOFT		22	0.1%
CHEESE MOZARELLA, WHOLE MILK		5	0%
CHEESE NATURAL, SOFT TYPE, LOW FAT		153	0.9%
CHEESE NATURAL, SOFT TYPE, WHOLE MILK		68	0.4%
CHEESE PASTEURIZED PROCESS, AMERICAN TYPE		21	0.1%
CHEESE PASTEURIZED PROCESS, AMERICAN, SPREAD		1	0%
CHEESE PASTEURIZED PROCESS.&PASTEURIZED, SLICED, LOW FAT		1	0%
CHEESE, CHEDDAR		1	0%
CHEESE, GRATED		4	0%
CHEESE, MOZARELLA		2	0%
CHEESE, PARMESAN, GRATINATED		2	0%
CHEESEBURGER		8	0%
CHEESEBURGER, REG. DOUBLE, W/CONDIMENTS		1	0%
CHEESEBURGER, REGULAR, W/VEGETABLES		4	0%
CHERRY SOUR, RAW		1	0%
CHEWING GUM		4	0%
CHICKEN BREAST, BREADED&FRIED		9	0.1%
CHICKEN FAJITAS, BREADED		2	0%
CHICKEN FAT TISSUE, FRIED		1	0%

CHICKEN HAM		14	0.1%
CHICKEN LEG, BREADED, FRIED		12	0.1%
CHICKEN LEGS, COOKED, BREADED		2	0%
CHICKEN MEAT, WO/SKIN, COOKED		25	0.1%
CHICKEN NUGGETS, UNCOOKED		1	0%
CHICKEN PATTIES, PROCESSED		16	0.1%
CHICKEN STOCK, DEHYDRATED, IN CUBES		2	0%
CHICKEN WING, BREADED, FRIED		7	0%
CHICKEN WING, FRIED		1	0%
CHICKEN WINGS, ROASTED, READY-TO-EAT		2	0%
CHICKEN WINGS, W/SKIN, COOKED		4	0%
CHICKEN WINGS, W/SKIN, RAW		13	0.1%
CHICKEN WINGS, WO/SKIN, COOKED		1	0%
CHICKEN, BREAST MEAT WO/SKIN, COOKED, STEWED		12	0.1%
CHICKEN, BREAST, FRIED WO/SKIN		2	0%
CHICKEN, BREAST, MEAT&SKIN, RAW		14	0.1%
CHICKEN, CHOPPED		1	0%
CHICKEN, GIBLETS		1	0%
CHICKEN, GIBLETS, RAW		4	0%
CHICKEN, LEG W/SKIN, COOKED		4	0%
CHICKEN, LEG WO/SKIN, RAW		6	0%
CHICKEN, LEG&SKIN, FRIED		3	0%
CHICKEN, LEG, MEAT&SKIN, COOKED		2	0%
CHICKEN, LEG, MEAT&SKIN, RAW		6	0%
CHICKEN, LEGS, COOKED, W/SKIN		1	0%
CHICKEN, MEAT ONLY, W/O SKIN, RAW		63	0.4%
CHICKEN, MEAT&SKIN, BAKED		2	0%
CHICKEN, MEAT&SKIN, COOKED, STEWED		2	0%
CHICKEN, MEAT&SKIN, FRIED		2	0%
CHICKEN, MEAT&SKIN, RAW		11	0.1%
CHICKEN, THIGH, MEAT&SKIN, COOKED, FRIED		1	0%
CHICKEN, THIGH, MEAT&SKIN, RAW		10	0.1%
CHICKPEAS, CANNED		5	0%
CHICKPEAS, COOKED, W/SALT		2	0%
CHICKPEAS, MATURE SEEDS, RAW		5	0%
CHIVES, RAW		43	0.2%
CHOCOLATE CAKE		2	0%
CHOCOLATE CAKE, PREPARED BY FOOD-INDUSTRY		1	0%
CHOCOLATE CAKE, RESTAURANT OR INDUSTRY PREPARED		10	0.1%

CHOCOLATE MILKSHAKE	1	0%
CHOCOLATE SYRUP	1	0%
CHOP SUEY W/CHICKEN, NO NOODLES	1	0%
CHOP SUEY W/SAUCE	1	0%
CHOPPED POTATO W/CHAYOTE FRUIT AND CARROT	1	0%
CHOPPED POTATO W/GROUNDED BEEF MEAT	5	0%
CHURRO	1	0%
CINNAMON, BARK	13	0.1%
CINNAMON, GROUNDED	17	0.1%
CLOVES, GROUND	6	0%
COCOA POWDER	68	0.4%
COCOA&HAZELNUT SPREAD, COMMERCIAL (NUTELLA)	2	0%
COCONUT MILK RAW, 1ST EXTRACTION	4	0%
COCONUT OIL	1	0%
COFFEE GRAIN, TOASTED POWDER	209	1.2%
COFFEE GRAIN, TOASTED, PREPARED W/WATER, WO/SUGAR	61	0.3%
COFFEE W/SUGAR	7	0%
COFFEE, INSTANT, CAPUCCHINO FLAVOUR, W/SUGAR, POWDER	1	0%
COFFEE, INSTANT, PREPARED W/WATER, WO/SUGAR	3	0%
COFFEE, INSTANT, REGULAR, POWDER	19	0.1%
COFFEE, INSTANT, W/MILK & SUGAR	7	0%
COMMON APPLE, W/PEEL	3	0%
CONDENSED MILK, W/SUGAR, CANNED	13	0.1%
COOKIE SANDWICH W/CHOCOLATE ICE-CREAM FILLING	1	0%
COOKIE SANDWICH W/VAINILLA ICE-CREAM FILLING	2	0%
COOKIE, BUTTER BASED, SIMPLE	56	0.3%
COOKIE, CHOCOLATE FILLING	47	0.3%
COOKIE, CHOCOLATE FLAVOUR	2	0%
COOKIE, CHOCOLATE-CHIP	26	0.1%
COOKIE, MARSHMALLOW & COCONUT	6	0%
COOKIE, OATS BASED	4	0%
COOKIE, OATS W/RAISINS	2	0%
COOKIE, W/FILLING	135	0.8%
COOKIE, WAFER	21	0.1%
CORIANDER, RAW	676	3.8%
CORN BISCUITS, NOT-LEAVENED, DONUT FORM (ROSQUILLAS)	14	0.1%
CORN SWEET, YELLOW, CANNED	50	0.3%
CORN SYRUP, HIGH FRUCTOSE	1	0%
CORN WHITE, GRAIN	1	0%

CORN, WHITE, DEGERMED	1	0%
CORNSTARCH	9	0.1%
COW TONGUE, RAW	2	0%
CRAB W/CHOCOLATE FILLING	1	0%
CRACKER, SODA	44	0.2%
CRACKERS, SODA WO/SALT	18	0.1%
CRACKERS, SODA, W/SALT	2	0%
CRACKERS, W/SALT AND CHEESE	9	0.1%
CREAM CHEESE, LIGHT	3	0%
CREAM W/VEGETABLE FAT MIXTURE	30	0.2%
CREAM, FLUID, LIGHT CONSISTENSY (TABLE CREAM)	119	0.7%
CREAM, HEAVY WHIPPING, DENSE CONSISTENSY	2	0%
CREAM, SUBSTITUTE, POWDER	6	0%
CREAM, SWEET	5	0%
CROAKER/WEAKFISHES, RAW	6	0%
CROISSANT, FILLED WITH CHICKEN	1	0%
CROISSANT, FILLED WITH CONFECTIONER'S CREAM	2	0%
CROISSANT, FILLED WITH HAM AND CHEESE	1	0%
CUCUMBER, RAW	52	0.3%
CUMIN, SEEDS	2	0%
CURRY POWDER	10	0.1%
DEEP FRIED PLANTAIN TORTILLA (PATACON)	3	0%
DONUT	6	0%
DONUT-TYPE WHEAT BASED, DISH	2	0%
DRINK FRUIT-PUNCH FLAVOR, POWDER W/VIT C	7	0%
EGG, WHOLE, BOILED	16	0.1%
EGG, WHOLE, HALF-BOILED (SEMI-RAW YOLK)	1	0%
EGGS, FRIED	7	0%
EGGS, OMELETTE, SIMPLE	1	0%
EGGS, SCRAMBLED	18	0.1%
EGGS, WHOLE COOKED, HARD BOILED	6	0%
ENCHILADA	2	0%
EVAPORATED MILK, W/VIT A, CANNED	8	0%
FAST FOODS, CHICKEN NUGGETS	5	0%
FAST FOODS, PANCAKES, PLAIN	4	0%
FAST FOODS, POTATO, FRENCH FRIED IN VEGETABLE OIL	46	0.3%
FIGS, CANNED, IN SWEET MEDIUM	1	0%
FISH FLAT PATTY W/EGG	1	0%
FISH TILAPIA, GRILLED	3	0%

FISH TILAPIA, RAW	5	0%
FISH, BREADED, FRIED	8	0%
FISH, TUNA, CANNED W/OIL&SOLIDS	85	0.5%
FLOUR, BREADING/ROASTING PURPOSE	7	0%
FORMULA ENSURE, DRY POWDER	2	0%
FRANKFURT, BEEF&PORK	19	0.1%
FRANKFURTER, TURKEY	1	0%
FRENCH BREAD, COSTA RICA (BAGUETTE)	240	1.3%
FRIED DOUGH W/SUGAR COATING, WHEEL FORM	1	0%
FRIED PLANTAINS, SNACK	7	0%
FRIED WHEAT TORTILLA W/SUGAR SYRUP	2	0%
FROZEN BANANA W/CHOCOLATE COATING	2	0%
GARLIC BREAD	1	0%
GARLIC BULB, RAW	470	2.6%
GARLIC PASTE	70	0.4%
GARLIC POWDER	8	0%
GELATINE	15	0.1%
GELATINE, ALL FLAVOR, POWDER	2	0%
GELATINE, ALL FLAVOR, PREPARED W/WATER	9	0.1%
GINGER, COMMON, RAW	5	0%
GRANADILLA, RAW	6	0%
GRANOLA	2	0%
GRAPE JUICE	1	0%
GRAPE, GREEN, RAW	1	0%
GRAPE, RAW	5	0%
GRAPES, IMPORTED, AMERICAN TYPE	3	0%
GREEN CORN ON COB, WHITE RAW	11	0.1%
GREEN CORN ON COB, YELLOW, RAW	6	0%
GREEN CORN ON COB, YELLOW, SWEET, COOKED, W/O SALT	4	0%
GREEN CORN ON COB, YELLOW, SWEET, RAW	2	0%
GROUND COFFEE, W/WATER	3	0%
GROUND MEAT TYPE OF CAKE	1	0%
GUAVA, COMMON, IMMATURE RAW	4	0%
GUAVA, COMMON, MATURE RAW	1	0%
GUAVA, MATURE, RAW	13	0.1%
GUMMIES	8	0%
HAMBURGER W/CHICKEN, FAST-FOOD PREPARED	1	0%
HAMBURGER, BIG SIZE, W/VEGETABLES	1	0%
HAMBURGER, REGULAR, DOUBLE MEAT, W/VEGETABLES	1	0%

HAMBURGUER W/VEGETABLES	2	0%
HEN EGG, WHOLE, RAW, FRESH	327	1.8%
HEN EGG, YOLK	3	0%
HONEY	13	0.1%
ICE CREAM CONE, WAFER TYPE	2	0%
ICE CREAM, STRAWBERRY, COMMERCIAL	4	0%
ICE CREAM, VANILLA COMMERCIAL	5	0%
ICE WATER, FRUITS, COMMERCIAL	1	0%
ICE-CREAM W/CONE, FOOD INDUSTRY PREPARED	1	0%
ICE-CREAM, MILK-BASED, BAR	5	0%
ICE-CREAM, MILK-BASED, BUBBLEGUM FLAVOUR	1	0%
ICE-CREAM, MILK-BASED, CHOCOLATE FLAVOUR	2	0%
ICE-CREAM, MILK-BASED, COCONUT FLAVOUR	2	0%
ICE-CREAM, MILK-BASED, LEMON FLAVOUR	1	0%
ICE-CREAM, MILK-BASED, MINT W/CHOCOCHIP	1	0%
ICE-CREAM, MILK-BASED, POPSICLE	3	0%
ICE-CREAM, MILK-BASED, STRAWBERRY FLAVOUR	4	0%
ICE-CREAM, MILK-BASED, SUNDAE W/SYRUP	2	0%
ICE-CREAM, MILK-BASED, VANILLA FLAVOUR	11	0.1%
ICE-CREAM, MILK-BASED, VANILLA W/CHOCOLATE COATING	1	0%
ICE-CREAM, ORANGE W/CREAM FLAVOUR	2	0%
ICE-CREAM, WATER BASED, ARTIFICIAL FRUIT FLAVOUR	1	0%
ICE-CREAM, WATER-BASED, ARTIFICIAL BUBBLEGUM FLAVOUR	1	0%
ICE-CREAM, WATER-BASED, ARTIFICIAL CHOCOLATE FLAVOUR	1	0%
ICE-CREAM, WATER-BASED, ARTIFICIAL MILK FLAVOUR	5	0%
ICE-CREAM, WATER-BASED, BLACKBERRY FLAVOUR	1	0%
ICE-CREAM, WATER-BASED, FRUIT FLAVOUR	14	0.1%
ICE-CREAM, WATER-BASED, GRAPE FLAVOUR	1	0%
ICE-CREAM, WATER-BASED, LEMON FLAVOUR, HOME-MADE	1	0%
INFUSION TEA, CHINESE	1	0%
INSTANT TEA, LEMON FLAVOR, POWDER W/SUGAR	1	0%
JELLIES, ALL VAR.	21	0.1%
KIWIFRUIT, FRESH, RAW	2	0%
LAMINATED DOUGH DESSERT, W/FILLING	1	0%
LARD, PIG	4	0%
LAUREL LEAVES DRIED	3	0%
LEAVES, SPEARMINT, RAW	1	0%
LEMON JUICE, RAW	11	0.1%
LEMON TANGERINE VAR.	126	0.7%

LEMON, PERSIAN VAR.	39	0.2%
LEMONADE BEVERAGE	10	0.1%
LEMONS, RAW	4	0%
LEMONS, RAW, WITHOUT PEEL	21	0.1%
LENTILS, COOKED, W/SALT	2	0%
LENTILS, MATURE SEEDS, RAW	8	0%
LETTUCE, BUTTERHEAD, RAW	119	0.7%
MAIZE FLOUR	49	0.3%
MAIZE PATTY W/CHEESE FILLING	8	0%
MAIZE PATTY W/CHICKEN FILLING	1	0%
MALANGA/TARO, ROOT, RAW	1	0%
MANDARIN/TANGERINE, RAW	1	0%
MANGO BEVERAGE W/SUGAR & WATER	20	0.1%
MANGO COMMON, GREEN, RAW	34	0.2%
MANGO COMMON, MATURE RAW	72	0.4%
MAPLE SYRUP	2	0%
MARGARINE	3	0%
MARGARINE, IMITATION (40% FAT)	57	0.3%
MARGARINE, REG. W/SALT	274	1.5%
MARGARINE, WO/SALT, 80% FAT	5	0%
MARMALADES, ALL VAR.	5	0%
MARSHMALLOW	10	0.1%
MAYO-MUSTARD DRESSING	1	0%
MAYONNAISE	3	0%
MAYONNAISE COMMERCIAL W/SALT	73	0.4%
MAYONNAISE COMMERCIAL, LIGHT	10	0.1%
MEATLOAF	2	0%
MELON, RAW	17	0.1%
MEXICAN TORTILLA W/FILLING (CHALUPA)	1	0%
MILK CHOCOLATE	19	0.1%
MILK CHOCOLATE, W/ALMONDS	2	0%
MILK CHOCOLATE, W/NUTS	3	0%
MILK W/RICE (FORTILAC BRAND)	1	0%
MILK W/RICE GRAIN	2	0%
MILK WITH OATS	2	0%
MILK WITH PROTEIN, DOS PINOS BRAND	1	0%
MILK, CONDENSED, W/ADDED SUGAR, CANNED	1	0%
MILK, DRY, LACTOSE FREE, NONFAT, SEMI-SKIMMED, W/VITAMIN A	4	0%
MILK, DRY, NONFAT, REGULAR, W/VITAMIN A & E	4	0%

MILK, DRY, WHOLE, FORTIFIED, CHILDREN GROWTH FOLLOW-UP	1	0%
MILK, FLUID, CHOCOLATE, COMMERCIAL	24	0.1%
MILK, FLUID, SEMI-SKIMMED (2% MILKFAT)	51	0.3%
MILK, FLUID, SEMI-SKIMMED (2%FAT)	293	1.6%
MILK, FLUID, SEMI-SKIMMED, LACTOSE FREE	24	0.1%
MILK, FLUID, SKIMMED (0.1%FAT)	33	0.2%
MILK, FLUID, SKIMMED (1% MILKFAT)	11	0.1%
MILK, FLUID, WHOLE (3.25% MILKFAT)	9	0.1%
MILK, FLUID, WHOLE (3.25%FAT)	16	0.1%
MILK, WHOLE, POWDERED	48	0.3%
MILK, WHOLE, SEMI-SKIMMED(2%FAT), POWDERED	17	0.1%
MINCED CHICKEN, W/VEGETABLES, COOKED	1	0%
MIXED VEGETABLES, CANNED, W/SALT	3	0%
MOMBIN, RAW	4	0%
MORTADELLA, BEEF&PORK	52	0.3%
MUSHROOMS, CANNED, DRAINED SOLIDS	4	0%
MUSHROOMS, COOKED, WO/SALT, DRAINED	1	0%
MUSTARD GREENS, RAW	5	0%
MUSTARD, YELLOW, PREPARED	9	0.1%
NARANJILLA, PULP	1	0%
NOODLES, CHINESE, CHOW MEIN	3	0%
OAT FLOUR, FORTIFIED	2	0%
OATS & MILK ATOLE	1	0%
OATS CEREAL W/MARSHMALLOWS	13	0.1%
OATS FORTIFIED, RAW	45	0.3%
OATS NON FORTIFIED, RAW	5	0%
OIL VEGETABLE, ALL TYPES	1080	6.1%
OIL VEGETABLE, OLIVE	16	0.1%
ONION RINGS	1	0%
ONIONS, BULB RAW	1022	5.7%
ORANGE JUICE	2	0%
ORANGE JUICE, WO/SUGAR	7	0%
ORANGE, RAW	11	0.1%
PALM HEART, RAW	2	0%
PANCAKES, PLAIN DRY MIX, BUTTERMILK	3	0%
PAPAYA MATURE, RAW	27	0.2%
PAPAYA, RAW	19	0.1%
PAPRIKA	28	0.2%
PARSLEY, RAW	2	0%

PASSION-FRUIT, RAW	1	0%
PASTA W/BUTTER	2	0%
PASTA W/WHITE SAUCE	1	0%
PASTA, FORTIFIED, COOKED, W/SALT	7	0%
PASTA, UNCOOKED FORTIFIED	98	0.6%
PASTA, W/EGG, UNCOOKED, FORTIFIED	7	0%
PATE, CHICKEN LIVER, CANNED	13	0.1%
PATTIES, BEEF&PORK&SOYBEAN, COMMERCIAL	1	0%
PEACHES, COMMON, RAW	1	0%
PEACHES, IMPORTED, RAW	1	0%
PEANUT BUTTER W/SALT	1	0%
PEANUTS, DRY-TOASTED	2	0%
PEANUTS, ROASTED, W/O SALT	4	0%
PEAR BEVERAGE W/WATER	1	0%
PEARS, RAW	1	0%
PEAS GREEN, COOKED BOILED WO/SALT, DRAINED	1	0%
PEAS GREEN, RAW	2	0%
PEPPER, BLACK	20	0.1%
PEPPERS, HOT CHILI, ALL VAR., FRESH, RAW	2	0%
PEPPERS, HOT CHILI, JALAPEO FRESH RAW	4	0%
PEPPERS, SWEET, GREEN, FRESH RAW	70	0.4%
PEPPERS, SWEET, RED, FRESH RAW	727	4.1%
PERAS, COMON, W/ SKIN, RAW	1	0%
PIE/PATTY W/PINEAPPLE FILLING	2	0%
PIE/PATTY, FILLING OF CAMEL SAUCE	1	0%
PIG MEAT, HALF FAT, COOKED	5	0%
PIG MEAT, SLICED, W/VEGETABLES, COOKED	1	0%
PINEAPPLE BREAD	2	0%
PINEAPPLE, ALL VARIATIES	2	0%
PINEAPPLE, RAW	87	0.5%
PINK SAUCE (KETCHUP&MAYONNAISE)	14	0.1%
PINK SAUCE, TOMATO BASED	1	0%
PINOL PLAIN	1	0%
PINOLILLO (NICARAGUA DISH)	8	0%
PIZZA BREAD	2	0%
PIZZA, CHEESE ONLY	4	0%
PIZZA, PEPPERONI TOPPINH	26	0.1%
PIZZA, SMALL	1	0%
PLANTAIN MATURE, COOKED IN WATER	3	0%

PLANTAIN MATURE, HALF-COOKED	1	0%
PLANTAIN MATURE, RAW	94	0.5%
PLANTAIN, MATURE, COOKED	1	0%
PLANTAIN, UNRIPE, COOKED	7	0%
PLANTAIN, UNRIPE, HALF-COOKED	1	0%
PLANTAIN, UNRIPE, RAW	21	0.1%
PLANTAINS, FRIED	17	0.1%
PLUM	4	0%
POPCORN	17	0.1%
POPCORN, SYRUP COATING, FOOD-INDUSTRYY PREPARED	6	0%
PORK AND BEEF CHORIZO	4	0%
PORK CHOP, FRIED	5	0%
PORK CHOP, ROASTED	1	0%
PORK CHORIZO	4	0%
PORK HAM, CURED, APROX 8% FAT CONTENT	1	0%
PORK, BACON, CURED, RAW	3	0%
PORK, BACON, GRILLED OR FRIED	3	0%
PORK, FRESH, BACKRIBS, GRILLED	3	0%
PORK, FRESH, BACKRIBS, RAW	9	0.1%
PORK, FRESH, HIGH FAT, RAW	9	0.1%
PORK, FRESH, LEAN&FAT, FRIED	2	0%
PORK, FRESH, LEAN&FAT, RAW	58	0.3%
PORK, FRESH, LEAN, RAW	4	0%
PORK, SKIN, FRIED	13	0.1%
PORK, SKIN, RAW	2	0%
POTATO HASH BROWN, FROM RESTAURANT	1	0%
POTATOES, COOKED IN WATER	6	0%
POTATOES, COOKED, W/TUNA	1	0%
POTATOES, COOKED, WO/SALT, W/PEEL	7	0%
POTATOES, HALF-COOKED	1	0%
POTATOES, PUREE, PREPARED W/MILK AND BUTTER	4	0%
POTATOES, W/SKIN, RAW	20	0.1%
POTATOES, WO/SKIN, COOKED WO/SALT	23	0.1%
POTATOES, WO/SKIN, RAW	102	0.6%
POULTRY, FROM MATURE HENS, RAW	2	0%
POZOLE WITH PORK MEAT	1	0%
PROCESSED SAUCE, TOMATO W/ONION	4	0%
PUDDING	1	0%
PUDDING, VANILLA, DRY MIX, POWDER	1	0%

PUFF PASTRY, LAMINATED	1	0%
PUMPKIN, MATURE AND YELLOW, RAW	10	0.1%
PURPLE CABBAGE, RAW	6	0%
RADISH SMALL, ROOT	3	0%
RAISINS	1	0%
RED BEANS, COOKED W/SALT	219	1.2%
RED BEANS, COOKED, MASHED	8	0%
RED BEANS, GROUND	5	0%
RICE & MILK ATOLE	2	0%
RICE W/CHICKEN	30	0.2%
RICE WHITE, MED. GRAIN, POLISHED, ENRICH, FROM COSTA RICA	466	2.6%
RICE WHITE, MED. GRAIN, POLISHED, ENRICH, PRECOOKED, RAW	6	0%
RICE WITH SHRIMPS, COOKED	2	0%
RICE, BROWN, WHOLE GRAIN	1	0%
RICE, COOKED	433	2.4%
ROLLED CAKE, W/BAKED MILK FILLING	1	0%
ROLLED OATS, FORTIFIED W/PROTEIN	1	0%
ROLLS, HAMBURGER OR HOT DOG, PLAIN	23	0.1%
ROSEMARY, FRESH	3	0%
SALAD DRESSING, ITALIAN DRESSING W/SALT	2	0%
SALAD DRESSING, ITALIAN DRESSING W/SALT WO/FAT	1	0%
SALAD DRESSING, RANCH DRESSING, REG	4	0%
SALAD, RESTAURANT PREPARED	8	0%
SALAMI TYPE SAUSAGE, BEEF	15	0.1%
SALAMI TYPE SAUSAGE, COOKED, PORK&BEEF	1	0%
SALAMI TYPE SAUSAGE, PORK	7	0%
SALAMI TYPE SAUSAGE, PORK&BEEF	18	0.1%
SALT, TABLE	948	5.3%
SANDWICH OR BURGUER, CHICKEN	1	0%
SAPODILLA BREAD	1	0%
SARDINES	2	0%
SAUCE, CATSUP	104	0.6%
SAUCE, SOFRITO, PREPARED FROM RECIPE	8	0%
SAUCE, SOYBEAN	6	0%
SAUCE, SPAGHETTI, PREGO NATURAL TRADITIONAL, COMMERCIAL	14	0.1%
SAUCE, SPICY	1	0%
SAUCE, TOMATO W/MUSHROOMS, CANNED, COMMERCIAL	3	0%
SAUCE, TOMATO W/ONIONS, PEPPERS&CELERY, COMMERCIAL	24	0.1%
SAUCE, WORCESTERSHIRE	142	0.8%

SAUSAGE, BEEF	10	0.1%
SAUSAGE, CHICKEN	17	0.1%
SAUSAGE, CHICKEN AND BEEF	11	0.1%
SAUSAGE, CHORIZO, PORK	7	0%
SAUSAGE, CHORIZO, PORK&BEEF	4	0%
SAVORY, GROUND	35	0.2%
SEEDS, ANATTOTREE, PASTE	40	0.2%
SHRIMP, COOKED, MOIST HEAT	1	0%
SMOOTHIE, STRAWBERRY W/MILK	1	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, BARBECUE-FLAVOR	1	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, PLAIN	2	0%
SNACKS, PIG FAT TISSUE, FRIED	5	0%
SNACKS, POTATO CHIPS	34	0.2%
SNACKS, TORTILLA CHIPS (NACHOS), BARBACUE FLAVOUR, COMMERCIAL	15	0.1%
SNACKS, TORTILLA CHIPS (NACHOS), CHEESE FLAVOUR, COMMERCIAL	40	0.2%
SNACKS, TORTILLA CHIPS (NACHOS), COMMERCIAL	7	0%
SNACKS, TORTILLA CHIPS (NACHOS), SIMPLE	11	0.1%
SNAPPER, FRESH RAW	1	0%
SOFT DRINK, COLA CARBONATED	137	0.8%
SOFT DRINK, COLA CARBONATED, DIET	3	0%
SOFT DRINK, GINGER ALE	14	0.1%
SOFT DRINK, NOT COLA CARBONATED, GRAPE FLAVOUR	2	0%
SOFT DRINK, NOT COLA CARBONATED, LEMON FLAVOUR	1	0%
SOFT DRINK, NOT COLA CARBONATED, ORANGE FLAVOUR	7	0%
SOFT DRINK, NOT COLA CARBONATED, PINEAPPLE FLAVOUR	1	0%
SOFT DRINK, NOT COLA CARBONATED, STRAWBERRY FLAVOUR	9	0.1%
SOFT DRINK, NOT COLA, BLACKBERRY FLAVOUR	1	0%
SOFT DRINK, NOT COLA, BUBBLEGUM FLAVOUR	1	0%
SOFT DRINK, NOT COLA, CARBONATED	3	0%
SOFT DRINK, NOT COLA, GRAPEFRUIT FLAVOUR	6	0%
SOFT DRINK, NOT COLA, LIGHT	1	0%
SOFT DRINK, PINEAPPLE W/WATER	23	0.1%
SOFT DRINK, RECONSTITUTED FROM FRUIT CONCENTRATE, W/SUGAR	4	0%
SOUP DEHYDR., DRY FORM, RAMEN NOODLE, BEEF FLAVOUR W/WATER	3	0%
SOUP DEHYDRATED, DRY FORM, CHICKEN FLAVOUR W/WATER	7	0%
SOUP DEHYDRATED, DRY FORM, CHICKEN&NOODLES	4	0%
SOUP, CREAM, DEHYDRATED, CHICKEN FLAVOUR	3	0%
SOUP, DEHYDRATED, DRY FORM, MUSHROOMS	1	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE CHICKEN FLAVOR	2	0%

SOUP, DEHYDRATED, HEN W/NOODLES	1	0%
SOUP, DEHYDRATED, RAMEN, ANY FLAVOUR	2	0%
SOURSOP, RAW	3	0%
SPAGUETTI, COOKED, W/TOMATO SAUCE	16	0.1%
SPEARMINT, DRIED	3	0%
SPEARMINT, FRESH	1	0%
SPICES, OREGANO, DRIED	56	0.3%
SPINACH, RAW	11	0.1%
SPORTS DRINK W/ELECTROLYTE, POWERADE BRAND	2	0%
SQUASH ZUCCHINI, COOKED, WO/SALT, DRAINED	5	0%
SQUASH ZUCCHINI, RAW	11	0.1%
STARFRUIT CARAMBOLA, RAW	6	0%
STRAWBERRIES, RAW	14	0.1%
STRAWBERRY CHEESECAKE, COMMERCIAL	2	0%
STRAWBERRY WATER-BASED SMOOTHIE	1	0%
SUCRALOSE, SUGAR SUBSTITUTE, COMM. SPLENDA	6	0%
SUGAR BROWN CRUDE	5	0%
SUGAR BROWN, GRANULATED	19	0.1%
SUGAR COTTON	1	0%
SUPPLEMENT, PROTEIN MODULE (PROTEINEX)	2	0%
SWEET BREAD (BOLLITO) TRADITIONAL	6	0%
SWEET BREAD DESSERT, SOFT AND CREAMY	4	0%
SWEET COOKIES, WAFER TYPE	1	0%
SWEET LIME, RAW	2	0%
SWEET ORANGE, FRUIT RAW	11	0.1%
SWEET ORANGE, JUICE NATURAL	17	0.1%
SWEET POTATO, ORANGE, COOKED, WO/SALT	2	0%
SWEET POTATO, ORANGE, RAW	16	0.1%
SWEET ROLLS W/CHEESE	2	0%
SWEETENER	1	0%
SYRUP (NO FLAVOUR SPECIFIED)	1	0%
SYRUP, MAPLE FLAVOUR	17	0.1%
TABASCO SAUCE, MILD SPICY	1	0%
TACO, W/BEEF, FAST FOOD PREPARED (TACO BELL)	1	0%
TACOS, BEEF FILLING	1	0%
TAMALE, TAYUYO	1	0%
TAMALE, TRADITIONAL DISH, BEANS BASED	1	0%
TAMALE, TRADITIONAL DISH, GRILLED	2	0%
TAMALE, TRADITIONAL DISH, MAIZE BASED	1	0%

TAMARIND BEVERAGE	8	0%
TAMARIND, RAW	2	0%
TANGERINES (MANDARIN ORANGES), RAW	13	0.1%
TARO, COOKED, WO SALT	1	0%
TARO, RAW	9	0.1%
TEA HERBS, PREPARED WITH WATER WO/SUGAR	2	0%
TEA, HERB, CHAMOMILE, BREWED	4	0%
THYME, DRIED	117	0.7%
TOMATO	17	0.1%
TOMATO SAUCE WITH MEAT FLAVOR, PREGO BRAND	1	0%
TOMATO, NATURAL SAUCE	8	0%
TOMATO, RED, RAW	339	1.9%
TORTILLA, BAKED, READY-TO-EAT, TACOS INTENDED USE	2	0%
TORTILLA, CORN WHITE, LIME TREATED	7	0%
TORTILLA, MAIZE BASED	48	0.3%
TORTILLA, MAIZE, READY-TO-BAKE/FRY	3	0%
TORTILLA, WHEAT BASED	10	0.1%
TORTILLA, WHEAT, READY-TO-BAKE/FRY	17	0.1%
TORTILLA, WHITE MAIZE, W/CAL	12	0.1%
TUNA, CANNED IN WATER, DRAINED SOLIDS	21	0.1%
TURKEY ROLL, LIGHT MEAT	17	0.1%
TURKEY ROLL, LIGHT MEAT, REDUCED FAT, SMOKED	4	0%
UNRIPE BANANA, COOKED	2	0%
UNRIPE BANANA, HALF COOKED	1	0%
VANILLA EXTRACT	16	0.1%
VANILLA MILKSHAKE	1	0%
VANILLA PUDDING	1	0%
VEGETABLE SHORTENING	21	0.1%
VINEGAR	28	0.2%
WATER, W/SUGAR	21	0.1%
WATERMELON, RAW	82	0.5%
WHEAT CAKE	2	0%
WHEAT FLOUR	33	0.2%
WHITE BEANS, COOKED	1	0%
WHITE BEANS, COOKED WO/SALT	1	0%
WHITE BREAD, PITA-TYPE	2	0%
WHITE SAUCE	1	0%
WHITE SUGAR, GRANULATED	540	3%
YEAST FOR BREAD PROCESS, TABLETS	1	0%

YOGHURT, FRUIT FLAVOUR		30	0.2%
YOGHURT, SEMI-SKIMMED, FRUITS FLAVOURED		19	0.1%
YOGHURT, SEMI-SKIMMED, NATURAL		4	0%
YOGHURT, SKIMMED MILK, FRUIT FLAVOURED		1	0%
YUCCA BULBSTEAM, FLOWERS RAW		1	0%

FOODEX2_INGR_CODE: FoodEx2 ingredient code

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0

Type: Discrete Width: 55 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
A000T#F10.A0F2R		1	0%
A000T#F28.A0CQY\$F10.A0F2R		1	0%
A001D#F28.A07GG		433	2.4%
A001E		1	0%
A002Q		49	0.3%
A002Q#F28.A07HC\$F04.A019T\$F04.A03HG\$F04.A0EZM\$F04.A0CXN		1	0%
A002R		9	0.1%
A002Y#F10.A0F6C		2	0%
A003D#F10.A0F6C\$F10.A0F2R		466	2.6%
A003D#F10.A0F6C\$F17.A0CQX		6	0%
A003X		33	0.2%
A004X#F28.A07HC		2	0%
A004X#F28.A07HN		27	0.2%
A004Y		13	0.1%
A004Y#F22.A07SZ		330	1.9%
A005K		2	0%
A005K#F04.A00GZ		1	0%
A005K#F04.A02QE		2	0%
A005K#F04.A042Y		1	0%
A005K#F04.A065H		1	0%
A005K#F28.A07MA\$F04.A0CGV		15	0.1%
A005Y		44	0.2%

A005Y#F04.A008J		1	0%
A005Y#F04.A015K		1	0%
A005Y#F04.A02QE		2	0%
A005Y#F04.A02QE\$F10.A0CJK		9	0.1%
A005Y#F10.A0CJK\$F22.A07SH		2	0%
A005Y#F10.A0CQE\$F22.A07SH		18	0.1%
A006R#F28.A07GG\$F04.A000T		1	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A012S		2	0%
A006R#F28.A07GZ		2	0%
A006S#F10.A07XK		2	0%
A006V#F04.A000T\$F04.A048J\$F10.A0F2R		12	0.1%
A006V#F04.A002Q\$F04.A048J		7	0%
A006V#F04.A002Q\$F04.A048J\$F22.A07SY		48	0.3%
A006V#F04.A002Q\$F24.A07VQ		3	0%
A006V#F04.A003X		10	0.1%
A006V#F04.A003X\$F22.A07SH\$F24.A07VQ		17	0.1%
A006V#F28.A07GR\$F04.A033Z		2	0%
A006V#F28.A07GV\$F04.A0DQG		3	0%
A006V#F28.A07GX\$F04.A002Q\$F24.A07VP		2	0%
A007A		2	0%
A007E#F10.A0F6C		98	0.6%
A007M#F10.A0F6C		7	0%
A007R		3	0%
A009L		1	0%
A009Y#F22.A07SH		56	0.3%
A009Z#F22.A07SH		2	0%
A00AB		4	0%
A00AB#F04.A01ME		2	0%
A00AE#F04.A0C6P		47	0.3%
A00AE#F04.A0EQD\$F22.A07SH		26	0.1%
A00AE#F28.A07MA\$F04.A035A		1	0%
A00AE#F28.A07MA\$F22.A07SH		135	0.8%
A00AQ		22	0.1%
A00AQ#F04.A003X		2	0%
A00AR#F04.A06TV		2	0%
A00AV		1	0%
A00AX#F04.A004Y\$F04.A00BT		4	0%
A00AY		29	0.2%
A00BA#F04.A01KT		1	0%

A00BA#F04.A01LP		2	0%
A00BD#F04.A02PG\$F04.A02LT		6	0%
A00BG		2	0%
A00BG#F10.A16YC\$F22.A07SH		3	0%
A00BG#F22.A07SH		1	0%
A00BG#F22.A07SK		10	0.1%
A00BL#F04.A02LT\$F10.A07XK		20	0.1%
A00BL#F10.A06HR		2	0%
A00BL#F28.A07HN\$F10.A0CQM		6	0%
A00BM#F04.A01SP		1	0%
A00BM#F04.A02QE\$F04.A022R		1	0%
A00BM#F04.A039C		3	0%
A00BP		2	0%
A00BR		8	0%
A00BZ#F04.A01DJ		3	0%
A00CC#F28.A07MA		1	0%
A00CJ#F28.A07MA\$F04.A01LP		2	0%
A00CJ#F28.A07MA\$F04.A065H		1	0%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A00HC\$F04.A00XF\$F04.A043G		1	0%
A00CJ#F28.A07MA\$F28.A0BA1\$F04.A02QF		8	0%
A00CL		4	0%
A00DC		17	0.1%
A00DC#F28.A07HM\$F22.A07SH		6	0%
A00DD		31	0.2%
A00DD#F04.A033J		16	0.1%
A00DD#F28.A07HN		15	0.1%
A00DD#F28.A07HN\$F24.A07VP		10	0.1%
A00DD#F28.A07HP\$F24.A07VP		4	0%
A00DH#F10.A0F6C		1	0%
A00DL#F10.A0F6C		45	0.3%
A00DL#F10.A0F6D		5	0%
A00DN#F04.A035H		13	0.1%
A00DR#F28.A07HP		26	0.1%
A00ED		2	0%
A00EE#F04.A035H\$F04.A06NQ		3	0%
A00EE#F04.A06NQ		27	0.2%
A00EK		2	0%
A00EL#F04.A00DD\$F04.A01ME\$F04.A033J		1	0%
A00EL#F04.A01ME\$F04.A000F		1	0%

A00EL#F04.A04RK		3	0%
A00EM#F28.A07HP\$F24.A07VP		11	0.1%
A00EY		7	0%
A00FC#F04.A06KM\$F22.A07SH		1	0%
A00FD#F04.A06KM\$F22.A07SH		15	0.1%
A00FD#F04.A06LZ\$F22.A07SH		40	0.2%
A00FD#F22.A07SH		18	0.1%
A00FE#F22.A07SH		2	0%
A00FN		6	0%
A00FN#F28.A07GL\$F10.A0CQE		2	0%
A00FR		1	0%
A00FR#F28.A07GL\$F10.A0CQE		1	0%
A00GA		6	0%
A00GC		88	0.5%
A00GZ		470	2.6%
A00JA#F10.A0F2Q		70	0.4%
A00JA#F10.A0F2S		727	4.1%
A00JB		6	0%
A00JM		52	0.3%
A00JS		11	0.1%
A00JS#F28.A0BA1\$F10.A0CQE		5	0%
A00JZ#F10.A0F2Q		66	0.4%
A00JZ#F28.A07GL\$F26.A07XD		13	0.1%
A00JZ#F28.A0BA1		1	0%
A00KF		17	0.1%
A00KH#F10.A07XL\$F10.A0F5H		10	0.1%
A00KJ		82	0.5%
A00KP#F10.A0CQM		2	0%
A00KP#F10.A0F2R		11	0.1%
A00KP#F10.A0F5H		6	0%
A00KP#F28.A07GG\$F10.A0F5H		4	0%
A00KY		119	0.7%
A00MJ		11	0.1%
A00PC#F10.A0F2Q		33	0.2%
A00PC#F28.A0BA1\$F10.A0F2Q		6	0%
A00QG#F28.A0BA1\$F10.A0CQE		4	0%
A00QH		1	0%
A00QH#F20.A07QE		46	0.3%
A00QH#F20.A07QF		190	1.1%

A00QH#F28.A07GL\$F10.A0CQE\$F20.A07QF	17	0.1%
A00RY	230	1.3%
A00SC	2	0%
A00TQ#F28.A0BA1\$F10.A0CQE	1	0%
A00TZ	4	0%
A00VV	2	0%
A00XD	43	0.2%
A00XF	676	3.8%
A00YC	1	0%
A00YC#F10.A166Y	1	0%
A00YE	2	0%
A00YF	3	0%
A00ZF#F22.A07SH	14	0.1%
A00ZM	70	0.4%
A00ZP#F10.A0F5H	50	0.3%
A00ZT#F20.A07QE	20	0.1%
A00ZT#F20.A07QF	102	0.6%
A00ZT#F28.A07GG	6	0%
A00ZT#F28.A07GG\$F17.A0CQX	1	0%
A00ZT#F28.A0BA1\$F10.A0CQE\$F20.A07QE	7	0%
A00ZT#F28.A0BA1\$F10.A0CQE\$F20.A07QF	23	0.1%
A00ZZ	45	0.3%
A00ZZ#F28.A07GG	5	0%
A010B	10	0.1%
A010B#F28.A07GG\$F10.A0CQE	1	0%
A010C#F10.A0F5J	16	0.1%
A010C#F28.A07GG\$F10.A0CQE\$F10.A0F5J	2	0%
A011J	1	0%
A011S#F28.A07GR\$F22.A07SK	1	0%
A012J	2	0%
A012J#F28.A07GL\$F10.A0CQE	1	0%
A012S#F10.A0F2Q	2	0%
A012S#F10.A0F2R	9	0.1%
A012S#F10.A0F2S	60	0.3%
A012S#F10.A166Z	30	0.2%
A012S#F28.A07GG\$F10.A0F2S	6	0%
A012S#F28.A07GG\$F10.A166Z	208	1.2%
A012S#F28.A0BA1\$F04.A042P\$F10.A0F2S	219	1.2%
A012S#F28.A0BA1\$F10.A0F2R	1	0%

A012S#F28.A0BA1\$F10.A166Z		1	0%
A012S#F28.A0BA1\$F28.A0C6N\$F10.A0F2S		13	0.1%
A012S#F28.A0BA1\$F28.A0CRJ\$F10.A166Z\$F03.A06JL		5	0%
A012X#F28.A0BA1\$F10.A0CQE		1	0%
A013M		5	0%
A013M#F28.A0BA1\$F04.A042P		2	0%
A013Q		8	0%
A013Q#F28.A07GG\$F04.A042P		2	0%
A015H#F28.A07GY		2	0%
A015H#F28.A07GY\$F10.A0CQE		4	0%
A016T#F27.A00VX		3	0%
A016T#F27.A00XV		56	0.3%
A016T#F27.A00YC		3	0%
A017M#F28.A07LA\$F03.A06JD		35	0.2%
A017Q		117	0.7%
A018E		2	0%
A019C		20	0.1%
A019J		2	0%
A019L		28	0.2%
A019V		13	0.1%
A019V#F28.A07LA		17	0.1%
A01AB		5	0%
A01AL#F28.A07LA		6	0%
A01BB		11	0.1%
A01BB#F28.A07GS		8	0%
A01BC		4	0%
A01BE		5	0%
A01BK		4	0%
A01BN#F10.A0CJK		1	0%
A01BY		4	0%
A01BY#F20.A07QF		21	0.1%
A01CB		1	0%
A01CD		13	0.1%
A01CR		11	0.1%
A01DJ		56	0.3%
A01DJ#F20.A07QE		19	0.1%
A01DP		1	0%
A01DP#F20.A07QE		1	0%
A01DX		8	0%

A01EA		14	0.1%
A01EE		13	0.1%
A01GH		1	0%
A01GL		1	0%
A01GM		1	0%
A01GQ		4	0%
A01HM		6	0%
A01JT		2	0%
A01KC		1	0%
A01KS		1	0%
A01LB		46	0.3%
A01LC		194	1.1%
A01LC#F10.A07XM		9	0.1%
A01LC#F10.A07XM\$F17.A0CQX		1	0%
A01LC#F28.A07GG\$F10.A07XM		2	0%
A01LF#F10.A07XL		72	0.4%
A01LF#F10.A0F2Q		34	0.2%
A01LG		46	0.3%
A01LP		89	0.5%
A01LT		3	0%
A01ME		1	0%
A01NJ		5	0%
A01NN#F06.A06XS\$F20.A0F1S		1	0%
A01NN#F27.A01HG\$F06.A06XS\$F20.A0F1S		1	0%
A01PS#F27.A01LF		1	0%
A01QX#F10.A077B		51	0.3%
A01QX#F10.A0CRE		2	0%
A01QX#F20.A07QL		19	0.1%
A01QX#F20.A0F4V		19	0.1%
A01QX#F28.A07GR		1	0%
A01QX#F28.A07GR\$F10.A077B		2	0%
A01QX#F28.A07GZ		1	0%
A01QX#F28.A07GZ\$F10.A077B		53	0.3%
A01QX#F28.A07KY\$F28.A0BA1		1	0%
A01QZ#F28.A0BA1		1	0%
A01RG#F10.A077B		58	0.3%
A01RG#F10.A0CRE		9	0.1%
A01RG#F20.A07QL		9	0.1%
A01RG#F20.A0F4V		4	0%

A01RG#F28.A07GG\$F10.A077B	5	0%
A01RG#F28.A07GR	5	0%
A01RG#F28.A07GR\$F10.A077B	2	0%
A01RG#F28.A07GY\$F20.A07QL	1	0%
A01RG#F28.A07GZ\$F20.A07QL	3	0%
A01SN#F01.A0C7A	2	0%
A01SP#F02.A06AG\$F20.A07QQ	13	0.1%
A01SP#F02.A06AG\$F28.A07GG\$F20.A07QQ	4	0%
A01SP#F02.A06AG\$F28.A07GG\$F20.A07QR	1	0%
A01SP#F02.A06AG\$F28.A07GR	1	0%
A01SP#F02.A06AG\$F28.A07GR\$F28.A07HK	7	0%
A01SP#F02.A06AG\$F28.A07GY\$F24.A07VP	2	0%
A01SP#F02.A07XQ\$F20.A07QQ	16	0.1%
A01SP#F02.A07XQ\$F20.A07QR	6	0%
A01SP#F02.A07XQ\$F28.A07GG\$F20.A07QQ	6	0%
A01SP#F02.A07XQ\$F28.A07GG\$F20.A07QR	1	0%
A01SP#F02.A07XQ\$F28.A07GR\$F20.A07QQ	4	0%
A01SP#F02.A07XQ\$F28.A07GR\$F28.A07HK	12	0.1%
A01SP#F02.A07XQ\$F28.A07HK\$F28.A0BA1	2	0%
A01SP#F02.A07XS\$F20.A07QQ	14	0.1%
A01SP#F02.A07XS\$F28.A07GM\$F20.A07QR	12	0.1%
A01SP#F02.A07XS\$F28.A07GR\$F20.A07QR	2	0%
A01SP#F02.A07XS\$F28.A07GR\$F28.A07HK	9	0.1%
A01SP#F20.A07QQ	11	0.1%
A01SP#F20.A07QR	63	0.4%
A01SP#F28.A07GG\$F20.A07QR	25	0.1%
A01SP#F28.A07GM\$F20.A07QQ	2	0%
A01SP#F28.A07GR\$F20.A07QQ	2	0%
A01SP#F28.A07GX\$F20.A07QQ	2	0%
A01SP#F28.A07KX	1	0%
A01SP#F28.A07KX\$F28.A07GR\$F28.A07HK\$F22.A07SH	5	0%
A01SP#F28.A07KY\$F28.A0BA1	1	0%
A01VA#F28.A07GR\$F22.A07SH	5	0%
A01VR#F28.A07GR	1	0%
A01XF	3	0%
A020R#F02.A07XN	6	0%
A020S	1	0%
A020S#F28.A07GG	1	0%
A021A#F20.A0F7Q	2	0%

A021A#F28.A07GR\$F20.A07QQ\$F20.A0F4T	13	0.1%
A022B	1	0%
A022B#F02.A07XR	4	0%
A022T#F07.A071Z	1	0%
A022X	4	0%
A022X#F28.A0BA1	3	0%
A023C	19	0.1%
A023E#F27.A01SP	14	0.1%
A023F#F03.A06JA	17	0.1%
A023T#F28.A07JV\$F10.A077C	4	0%
A024G#F04.A01QX	10	0.1%
A024G#F04.A01SP	17	0.1%
A024G#F04.A01SP\$F04.A01QX	11	0.1%
A024X#F04.A01QX	15	0.1%
A024X#F04.A01RG	7	0%
A024X#F04.A01RG\$F04.A01QX	18	0.1%
A025C#F04.A01RG	4	0%
A025C#F04.A01RG\$F04.A01QX	4	0%
A025C#F04.A01RG\$F04.A021A	7	0%
A025C#F04.A021A\$F04.A01TN\$F04.A020R	4	0%
A025Q#F04.A01TN\$F04.A020R\$F04.A021A	52	0.3%
A025V#F04.A01TN\$F04.A020R\$F04.A021A	1	0%
A026B#F04.A01TN\$F04.A020R\$F04.A021A	19	0.1%
A026C#F04.A01SQ\$F04.A022D	1	0%
A026Q#F18.A07NR	13	0.1%
A026V#F28.A07GR\$F28.A07HK	7	0%
A028A	5	0%
A028A#F28.A07GZ	3	0%
A02DA	2	0%
A02GB#F28.A07GG	1	0%
A02LT#F04.A000F	2	0%
A02LT#F10.A0F6C	1	0%
A02LY	6	0%
A02LY#F03.A06JL\$F07.A06ZT	3	0%
A02LY#F07.A06ZV	16	0.1%
A02LZ#F07.A06ZF	344	1.9%
A02LZ#F28.A07MM\$F03.A06JL\$F07.A06ZF	24	0.1%
A02MA#F03.A06JL\$F07.A06YJ	33	0.2%
A02MA#F07.A06YT	11	0.1%

A02ML		119	0.7%
A02ML#F03.A0CEE		2	0%
A02MM#F04.A036N		30	0.2%
A02MM#F10.A0CQM		5	0%
A02MN		1	0%
A02MP#F04.A003F\$F04.A02LV\$F22.A07SH		3	0%
A02MP#F04.A06MF\$F22.A07SH		24	0.1%
A02MP#F04.A06MX		1	0%
A02NE#F10.A077G		4	0%
A02NH#F04.A06NQ		30	0.2%
A02NH#F27.A02LZ\$F04.A06NQ		19	0.1%
A02NH#F27.A02MA\$F04.A06NQ		1	0%
A02PF#F28.A0BYP\$F09.A0EXZ\$F10.A0F6C\$F18.A07NR		8	0%
A02PG#F28.A0BYP\$F10.A077J		1	0%
A02PG#F28.A0BYP\$F10.A077J\$F18.A07NR		13	0.1%
A02PJ#F10.A077B\$F07.A06ZF		17	0.1%
A02PJ#F10.A077G\$F10.A0CQD		4	0%
A02PK		48	0.3%
A02PK#F10.A0F6C\$F23.A07TK		1	0%
A02PL#F27.A02LV\$F09.A0EXZ\$F09.A0EXL		4	0%
A02PV#F04.A02LZ\$F04.A06VS		1	0%
A02PY		1	0%
A02QA		3	0%
A02QA#F03.A06JJ		5	0%
A02QA#F04.A009Y\$F04.A06JV		1	0%
A02QA#F04.A06LJ		1	0%
A02QA#F04.A06MF		2	0%
A02QA#F04.A06MM		2	0%
A02QA#F04.A06MX\$F04.A06RR		2	0%
A02QA#F04.A06QE		1	0%
A02QA#F04.A06TV		4	0%
A02QA#F04.A06TV\$F22.A07SH		4	0%
A02QA#F04.A06VS		11	0.1%
A02QA#F04.A06VS\$F22.A07SH		5	0%
A02QA#F04.A0BYR\$F04.A06MF		1	0%
A02QA#F04.A0BYR\$F04.A06VS		2	0%
A02QA#F04.A0BYR\$F22.A07SH		1	0%
A02QA#F08.A033Z		2	0%
A02QA#F28.A07HP\$F04.A06VS		1	0%

A02QD#F03.A06JD	5	0%
A02QD#F04.A06MF	1	0%
A02QD#F04.A06VS	1	0%
A02QE#F28.A07KZ	4	0%
A02QF#F10.A169Q\$F26.A07XE	98	0.6%
A02QF#F26.A07XD	22	0.1%
A02QF#F27.A02LY\$F10.A169Q	68	0.4%
A02QF#F27.A02LZ\$F10.A169Q	55	0.3%
A02QJ	2	0%
A02QJ#F27.A02LY	5	0%
A02QZ	1	0%
A02QZ#F10.A077C\$F10.A0CRG	3	0%
A02YK	1	0%
A02ZH#F28.A07KZ	2	0%
A031B#F10.A0F5H	21	0.1%
A031B#F10.A0F5H\$F10.A077C	1	0%
A031C#F10.A0F5H	1	0%
A031G	327	1.8%
A031S	3	0%
A032B	22	0.1%
A032B#F17.A07NH	1	0%
A032C	7	0%
A032C#F28.A0CRJ	18	0.1%
A032J	540	3%
A032M	19	0.1%
A032M#F03.A06HY	5	0%
A033J	13	0.1%
A033Z	1	0%
A033Z#F27.A034A	19	0.1%
A034C	1	0%
A034J	19	0.1%
A034Q#F04.A014D\$F04.A034J	2	0%
A034Q#F04.A034J\$F04.A014C	3	0%
A034X	28	0.2%
A034X#F03.A06JD	1	0%
A035G	1	0%
A035H	10	0.1%
A035L	24	0.1%
A035M	4	0%

A036H		24	0.1%
A036K#F04.A06KX		1	0%
A036K#F04.A06LJ		1	0%
A036K#F04.A06MF		1	0%
A036K#F04.A06NQ		16	0.1%
A036K#F04.A06PA		1	0%
A036K#F04.A06QE\$F22.A07SS		1	0%
A036K#F04.A06RC		5	0%
A036N		1080	6.1%
A036P		16	0.1%
A037M		1	0%
A037V		4	0%
A039C#F10.A0CJK		43	0.2%
A039C#F10.A0CRG		5	0%
A039D		3	0%
A039D#F10.A0CJK\$F07.A076B		274	1.5%
A039D#F10.A0CQE\$F07.A076B		5	0%
A039G#F04.A036N		21	0.1%
A03AH		11	0.1%
A03AM		19	0.1%
A03AM#F10.A077K		7	0%
A03BY		1	0%
A03DF#F04.A01EA\$F04.A03DK		1	0%
A03DF#F04.A02LX\$F04.A01EA		1	0%
A03DF#F04.A03DT		4	0%
A03DF#F04.A0DQK\$F04.A02LT		1	0%
A03DK#F04.A033Z		11	0.1%
A03DK#F08.A032L		10	0.1%
A03EA#F04.A00KF\$F04.A03DK		7	0%
A03EA#F04.A00KJ\$F04.A03DK\$F10.A077K		5	0%
A03EA#F04.A019J		8	0%
A03EA#F04.A01DJ\$F22.A07SH		32	0.2%
A03EA#F04.A01EE		14	0.1%
A03EA#F04.A03AH\$F08.A032L		10	0.1%
A03EA#F04.A03DK\$F04.A0DRB		6	0%
A03EA#F04.A0DPZ\$F04.A03DK\$F08.A032H		30	0.2%
A03EA#F28.A07MR\$F04.A03BN\$F04.A03DT\$F08.A032H		4	0%
A03EH#F04.A03DK\$F08.A032J		20	0.1%
A03EN#F22.A07SH		16	0.1%

A03EP#F04.A03DK	1	0%
A03EP#F22.A07SH	27	0.2%
A03EQ#F04.A03DK	23	0.1%
A03EX#F04.A002Q\$F04.A01AL\$F04.A019V\$F04.A019C\$F04.A03HG	8	0%
A03EX#F04.A03DG\$F22.A07SH	3	0%
A03EX#F04.A06KV\$F22.A07SH	2	0%
A03EX#F04.A06NQ\$F22.A07SH	143	0.8%
A03EX#F04.A06PA\$F22.A07SH	1	0%
A03EX#F04.A06SB\$F22.A07SH	5	0%
A03EX#F28.A07JN\$F04.A06KX\$F10.A06HS	1	0%
A03EX#F28.A07JN\$F04.A06LJ\$F10.A06HS	1	0%
A03EX#F28.A07JN\$F04.A06NY\$F10.A06HS	14	0.1%
A03EX#F28.A07JN\$F04.A06PA\$F10.A06HS	2	0%
A03EX#F28.A07JN\$F04.A06TV\$F10.A06HS	9	0.1%
A03EX#F28.A07JN\$F10.A06HS	3	0%
A03EX#F28.A07MR\$F04.A06KV	5	0%
A03EX#F28.A07MR\$F04.A06KV\$F04.A06QE\$F10.A077J	1	0%
A03EX#F28.A07MR\$F04.A06NQ	123	0.7%
A03EZ#F22.A07SH	2	0%
A03FE#F28.A07JN\$F10.A06HS	6	0%
A03FF#F22.A07SH	16	0.1%
A03FF#F28.A07JN\$F10.A06HS	1	0%
A03FF#F28.A07MR	136	0.8%
A03FJ#F22.A07SH	84	0.5%
A03FJ#F28.A07JN\$F10.A06HS	7	0%
A03FJ#F28.A07MR	13	0.1%
A03FK#F22.A07SH	1	0%
A03FL#F28.A07JN\$F10.A06HS	1	0%
A03FR#F28.A07JN\$F10.A06HS	137	0.8%
A03FX#F04.A06KV	14	0.1%
A03FX#F28.A07JN\$F10.A06HS	1	0%
A03FY#F28.A07JN\$F10.A06HS	3	0%
A03GB	2	0%
A03GF#F04.A004S	5	0%
A03GF#F04.A06NQ\$F09.A0EXN\$F10.A0F6C	7	0%
A03GN	209	1.2%
A03GQ	19	0.1%
A03GQ#F04.A06LP	1	0%
A03HG	68	0.4%

A03HR#F10.A166Z		2	0%
A03HY#F28.A07XZ\$F04.A06QE\$F08.A032H		1	0%
A03JZ#F28.A07MR\$F28.A07MS\$F04.A003D\$F04.A02PK\$F08.A032L		2	0%
A03JZ#F28.A07MS\$F04.A00DL\$F04.A02LY\$F08.A032L		1	0%
A03KA#F04.A03DK\$F04.A03GN\$F10.A077K		61	0.3%
A03KA#F04.A03GN		3	0%
A03KA#F08.A032L		7	0%
A03KE#F04.A02LY\$F08.A032P		7	0%
A03KE#F10.A077K		3	0%
A03LB		1	0%
A03LB#F28.A07MR\$F04.A03HR		9	0.1%
A03LC#F10.A077K		2	0%
A03LG#F10.A077K		2	0%
A03LH		4	0%
A03LH#F10.A077K		4	0%
A03MB		1	0%
A03RJ		1	0%
A03RJ#F04.A01GM		1	0%
A03SY#F03.A06JD		2	0%
A03TC#F03.A06JD		2	0%
A03TJ#F28.A07XZ\$F03.A06JD		1	0%
A03TS		6	0%
A03VH#F28.A07KY\$F04.A16GB\$F03.A06JB		1	0%
A03VJ#F28.A07KY\$F04.A01QX\$F03.A06JB		5	0%
A03VV#F04.A01RG\$F04.A16GB\$F03.A06JA		1	0%
A03VV#F28.A0BA1\$F04.A04DS\$F04.A16GB		1	0%
A03XA		2	0%
A03XD#F04.A04DS\$F04.A16GB		1	0%
A03XF#F04.A01QV\$F04.A01RG\$F04.A03TF\$F22.A07SH		1	0%
A03XF#F04.A01SP\$F22.A07SH		16	0.1%
A03XF#F24.A07VV		9	0.1%
A03XJ#F28.A07HK\$F28.A07GR\$F04.A026V		1	0%
A03XM#F28.A07MA\$F28.A0BA1\$F04.A0FCP\$F04.A0EQD		1	0%
A03XQ#F28.A07GG\$F04.A02DX		1	0%
A03XT#F04.A031G		1	0%
A03XX#F04.A0EYH\$F04.A043V		1	0%
A03XX#F28.A07GR\$F28.A07HK\$F28.A07HL\$F04.A0DND		1	0%
A03XX#F28.A0BA1\$F04.A01SP\$F04.A16GB\$F04.A044R		1	0%
A03YN		1	0%

A03YZ#F04.A006V		2	0%
A03ZB#F04.A006V\$F04.A01QV		1	0%
A03ZB#F04.A006V\$F04.A01QX\$F22.A07SL		1	0%
A03ZB#F28.A07MA\$F04.A01BB\$F04.A01QX		1	0%
A03ZG#F28.A07HK\$F04.A006V\$F04.A01SP		2	0%
A03ZG#F28.A07MA\$F04.A006V		1	0%
A03ZL#F04.A01QX\$F04.A02QE\$F04.A04QN		1	0%
A03ZL#F04.A01SP		1	0%
A03ZL#F04.A01SP\$F22.A07SL		1	0%
A03ZL#F04.A02QE		8	0%
A03ZL#F04.A16GB		3	0%
A03ZL#F04.A16GB\$F04.A02QE		4	0%
A03ZL#F04.A16GB\$F10.A16YB		1	0%
A03ZN#F10.A16YC		1	0%
A03ZP		4	0%
A03ZQ#F04.A025B		26	0.1%
A040Q#F04.A044C		16	0.1%
A040R#F04.A007R\$F04.A01SP\$F04.A044R		2	0%
A040S		1	0%
A040Z#F04.A02GB		2	0%
A041J#F04.A01QX\$F04.A01RG\$F04.A044R		23	0.1%
A041J#F04.A01SP\$F04.A16GB\$F22.A07SP		30	0.2%
A041Q		1	0%
A041Q#F04.A012S		44	0.2%
A041T#F28.A07MR\$F04.A03DK\$F04.A007R\$F04.A06QY		3	0%
A041V#F04.A000T\$F04.A01RG		1	0%
A042B#F22.A07SP		8	0%
A042G#F04.A001D\$F04.A012S\$F04.A16GB		66	0.4%
A042P		948	5.3%
A042Y#F28.A07KG\$F04.A00GZ\$F03.A06JD		8	0%
A042Z#F03.A06JD		71	0.4%
A043A		10	0.1%
A043F#F04.A02GB		3	0%
A043G#F28.A07KG		2	0%
A043G#F28.A07KG\$F03.A06JD		174	1%
A043H#F28.A07KG		1	0%
A043H#F28.A07KG\$F03.A06JD		63	0.4%
A043V#F04.A044X\$F04.A044G		1	0%
A044C		9	0.1%

A044C#F04.A00HC\$F22.A07SH	4	0%
A044C#F04.A00RY\$F04.A00HC\$F04.A00HZ\$F22.A07SH	24	0.1%
A044C#F04.A06QY\$F22.A07SH	1	0%
A044C#F28.A07GT\$F04.A16GB	8	0%
A044C#F28.A0BYP\$F04.A00TQ\$F22.A07SH	3	0%
A044G#F22.A07SH	9	0.1%
A044L	28	0.2%
A044P#F04.A044X	14	0.1%
A044P#F22.A07SH	104	0.6%
A044Q	1	0%
A044R#F22.A07SH	6	0%
A044X	3	0%
A044X#F10.A0CJK	73	0.4%
A044Y	10	0.1%
A045B#F28.A0BYP	2	0%
A045K#F04.A02ML	4	0%
A045K#F04.A044L\$F04.A036N\$F10.A0CJK	2	0%
A045K#F04.A044L\$F04.A036N\$F10.A0CJK\$F10.A077D	1	0%
A046H#F22.A07SH	1	0%
A046M	1	0%
A046R	6	0%
A047F	16	0.1%
A048R#F04.A0F5E\$F03.A06JD	2	0%
A049A	1	0%
A049S#F01.A057E\$F10.A077B\$F07.A072X	49	0.3%
A049S#F01.A057E\$F10.A077C\$F07.A070P	25	0.1%
A049S#F10.A0CRE\$F07.A073H	4	0%
A04KS	7	0%
A065H	6	0%
A0B9M#F04.A007R	2	0%
A0B9P#F04.A007R\$F04.A01SP	2	0%
A0B9Q#F04.A007L\$F04.A01SP	1	0%
A0B9Q#F04.A01SP	3	0%
A0B9Q#F04.A01SP\$F04.A007R	4	0%
A0B9Q#F28.A07MR\$F04.A0CRZ	7	0%
A0B9S	1	0%
A0BB2#F10.A06HR	25	0.1%
A0BB2#F10.A07XK	59	0.3%
A0BB2#F28.A07HC\$F10.A07XK	4	0%

A0BYR		3	0%
A0BYR#F22.A07SH		21	0.1%
A0BYS#F22.A07SH		34	0.2%
A0BYV#F22.A07SK		46	0.3%
A0C6D#F04.A06TV		1	0%
A0C6H#F04.A00ZT\$F04.A02LT\$F04.A039C		4	0%
A0C6P#F04.A014L\$F22.A07SH		2	0%
A0CDQ#F04.A039D		2	0%
A0CDQ#F04.A042P\$F10.A0F6C		7	0%
A0CGD#F10.A07XL		14	0.1%
A0CGD#F10.A07XM		4	0%
A0CSN		1	0%
A0CSN#F04.A02MV		2	0%
A0DCJ		3	0%
A0DGF#F26.A07XE		1	0%
A0DKP		5	0%
A0DMX		17	0.1%
A0DMX#F10.A0F2S		339	1.9%
A0DND		1022	5.7%
A0DNJ		3	0%
A0DPZ		27	0.2%
A0DQG		94	0.5%
A0DQG#F10.A07XM		21	0.1%
A0DQG#F28.A07GG\$F10.A07XL\$F20.A07QF		3	0%
A0DQG#F28.A07GR		17	0.1%
A0DQG#F28.A0BA1\$F10.A07XL		1	0%
A0DQG#F28.A0BA1\$F10.A07XL\$F17.A0CQX		1	0%
A0DQG#F28.A0BA1\$F10.A07XM		7	0%
A0DQG#F28.A0BA1\$F10.A07XM\$F17.A0CQX		1	0%
A0DQY		6	0%
A0DRM		4	0%
A0DVE#F10.A0F2Q		1	0%
A0DYQ		126	0.7%
A0DYR		39	0.2%
A0DYS		2	0%
A0DZB		11	0.1%
A0EQX#F28.A07GV\$F04.A0DQG		7	0%
A0ERG#F10.A0EZY\$F22.A07SH		1	0%
A0ETQ#F10.A0CJK\$F20.A0F2X		3	0%

A0Ezd#F22.A07SH		142	0.8%
A0F0M#F27.A018M		40	0.2%
A0F1G#F07.A074F		57	0.3%
A0F1N		1	0%
A0FAV		1	0%
A0FAY		6	0%
A0FBT#F06.A06XJ		85	0.5%
A0FBT#F06.A06YG		21	0.1%
A169T		22	0.1%
A16FC		21	0.1%
A16FJ#F04.A002Q		14	0.1%
A16FJ#F04.A035H\$F04.A06MM		6	0%
A16FY#F28.A07HN		2	0%
A16GC#F04.A06VS		1	0%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LC		2	0%

FOODEX2_INGR_DESCR: FoodEx2 ingredient description

Data file: data_anon_consumption

Overview

Valid: 17807

Type: Discrete Width: 255 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
Apples		56	0.3%
Apples, PART-CONSUMED-ANALYSED = With peel		19	0.1%
Artificial sweeteners (e.g., aspartam, saccharine)		1	0%
Asian-style noodles other than glass noodles		3	0%
Avocados		46	0.3%
Bacon		4	0%
Bacon, PROCESS = Cooking and similar thermal preparation processes		3	0%
Baked milk and similar		6	0%
Baking yeast		1	0%
Barbecue or steak sauces, PROCESS = Canning / jarring		2	0%
Basil		2	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salt, QUALITATIVE-INFO = Red		219	1.2%

Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Blending, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Liquid	5	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Pulping / mashing, QUALITATIVE-INFO = Red	13	0.1%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Black	1	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = White	1	0%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Black	208	1.2%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Red	6	0%
Beans (dry) and similar-, QUALITATIVE-INFO = Black	30	0.2%
Beans (dry) and similar-, QUALITATIVE-INFO = Green	2	0%
Beans (dry) and similar-, QUALITATIVE-INFO = Red	60	0.3%
Beans (dry) and similar-, QUALITATIVE-INFO = White	9	0.1%
Beans (with pods) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Green	6	0%
Beans (with pods) and similar-, QUALITATIVE-INFO = Green	33	0.2%
Beer	1	0%
Beetroots, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt	4	0%
Biscuit with inclusions, filling or coating, INGREDIENT = Chocolate and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	26	0.1%
Biscuit with inclusions, filling or coating, INGREDIENT = Chocolate spread	47	0.3%
Biscuit with inclusions, filling or coating, PROCESS = Filling, INGREDIENT = Caramel, soft	1	0%
Biscuit with inclusions, filling or coating, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared	135	0.8%
Biscuits, chocolate, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Biscuits, oat meal	4	0%
Biscuits, oat meal, INGREDIENT = Dried vine fruits (raisins etc.)	2	0%
Black pepper	20	0.1%
Blackberries	13	0.1%
Boiled eggs	22	0.1%
Boiled eggs, EXTENT-OF-COOKING = Egg yolk semi-liquid	1	0%
Bovine liver	3	0%
Bovine other slaughtering products, PART-NATURE = Tripe (as part-nature)	6	0%
Bovine tongue	1	0%
Bovine tongue, PROCESS = Cooking in water	1	0%
Bovine, minced meat, QUALITATIVE-INFO = High fat, FAT-CONTENT = 20 % fat	4	0%
Bovine, minced meat, SOURCE = Cattle (as animal), QUALITATIVE-INFO = Half fat or medium fat, FAT-CONTENT = 10 % fat	49	0.3%
Bovine, minced meat, SOURCE = Cattle (as animal), QUALITATIVE-INFO = Low fat (naturally or reduced), FAT-CONTENT = 5 % fat	25	0.1%
Bread and rolls with special ingredients added	2	0%

Bread and rolls with special ingredients added, INGREDIENT = Baked milk and similar	1	0%
Bread and rolls with special ingredients added, INGREDIENT = Cheese	2	0%
Bread and rolls with special ingredients added, INGREDIENT = Garlic	1	0%
Bread and rolls with special ingredients added, INGREDIENT = Seasoning mixes	1	0%
Bread and rolls with special ingredients added, PROCESS = Filling, INGREDIENT = Vanilla and similar-	15	0.1%
Breadcrumbs	2	0%
Broccoli	6	0%
Broccoli, PROCESS = Boiling, QUALITATIVE-INFO = Without added salt	2	0%
Brown sugar	19	0.1%
Brown sugar, PHYSICAL-STATE = Whole/unsplit form, including artificial forms	5	0%
Buffalo fresh meat, PROCESS = Cooking and similar thermal preparation processes	1	0%
Buns, INGREDIENT = Milk, QUALITATIVE-INFO = White/refined	20	0.1%
Buns, PROCESS = Sugar coating, QUALITATIVE-INFO = Sweet / mild	6	0%
Buns, QUALITATIVE-INFO = Integral /not refined	2	0%
Butter biscuits, PREPARATION-PRODUCTION-PLACE = Food industry prepared	56	0.3%
Butter, QUALITATIVE-INFO = Light	5	0%
Butter, QUALITATIVE-INFO = With added salt	43	0.2%
Camomile infusion	4	0%
Camomile infusion, QUALITATIVE-INFO = Without added sugar	4	0%
Candied fruits, SOURCE-COMMODITIES = Mangoes	1	0%
Canned mushrooms	4	0%
Canned or jarred chickpea	5	0%
Canned or jarred common beans	11	0.1%
Canned or jarred common beans, PROCESS = Pan frying / shallow frying	8	0%
Canned or jarred fruit, SOURCE-COMMODITIES = Figs, SURROUNDING-MEDIUM = In sweet sauce, PART-CONSUMED-ANALYSED = With surrounding medium	1	0%
Canned or jarred fruit, SURROUNDING-MEDIUM = In sweet sauce, PART-CONSUMED-ANALYSED = With surrounding medium	1	0%
Canned or jarred peas	4	0%
Canned tunas and similar, SURROUNDING-MEDIUM = In vegetable oil	85	0.5%
Canned tunas and similar, SURROUNDING-MEDIUM = In water	21	0.1%
Canned/jarred vegetables, QUALITATIVE-INFO = With added salt, PART-CONSUMED-ANALYSED = W/o surrounding medium	3	0%
Carambolas	6	0%
Carrots	1	0%
Carrots, PART-CONSUMED-ANALYSED = W/o peel	190	1.1%
Carrots, PART-CONSUMED-ANALYSED = With peel	46	0.3%
Carrots, PROCESS = Boiling, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	17	0.1%
Cassava roots	45	0.3%

Cassava roots, PROCESS = Cooking in water	5	0%
Cauliflowers	1	0%
Cauliflowers, PROCESS = Boiling, QUALITATIVE-INFO = Without added salt	1	0%
Celeries	230	1.3%
Cereal and cereal-like flours	7	0%
Cereal bars	7	0%
Chayote fruits, PROCESS = Boiling, GENERIC-TERM = Unspecified	13	0.1%
Chayote fruits, PROCESS = Cooking and similar thermal preparation processes	1	0%
Chayote fruits, QUALITATIVE-INFO = Green	66	0.4%
Cheese cake, INGREDIENT = Strawberry flavour	2	0%
Cheese, PROCESS = Grating	4	0%
Cheese, cheddar	1	0%
Chewing gum	4	0%
Chicken fresh meat, PART-CONSUMED-ANALYSED = W/o skin	63	0.4%
Chicken fresh meat, PART-CONSUMED-ANALYSED = With skin	11	0.1%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PART-CONSUMED-ANALYSED = With skin	14	0.1%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = W/o skin	2	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying, PROCESS = Breeding	9	0.1%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Stewing, PART-CONSUMED-ANALYSED = W/o skin	12	0.1%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PART-CONSUMED-ANALYSED = W/o skin	6	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PART-CONSUMED-ANALYSED = With skin	16	0.1%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Breeding, PROCESS = Cooking and similar thermal preparation processes	2	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = W/o skin	1	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = With skin	6	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin	4	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PROCESS = Breeding	12	0.1%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PART-CONSUMED-ANALYSED = With skin	13	0.1%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = W/o skin	1	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = With skin	4	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Frying	1	0%

Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Frying, PROCESS = Breeding	7	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Roasting, INTENDED-USE = Ready-to-eat	2	0%
Chicken fresh meat, PROCESS = Baking, PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken fresh meat, PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = W/o skin	25	0.1%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting	1	0%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting, PROCESS = Frying, PROCESS = Breeding, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Chicken fresh meat, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken fresh meat, PROCESS = Mincing / chopping / cutting, PROCESS = Cooking and similar thermal preparation processes	1	0%
Chicken fresh meat, PROCESS = Stewing, PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken, fresh fat tissue, PROCESS = Frying	1	0%
Chicken, other slaughtering products	1	0%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature)	4	0%
Chickpeas (dry)	5	0%
Chickpeas (dry), PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salt	2	0%
Chili peppers	6	0%
Chips/crisps, PROCESS = Deep frying, INGREDIENT = Plantains - paradisiaca cultivars	7	0%
Chives	43	0.2%
Chocolate cake	2	0%
Chocolate cake, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Chocolate cake, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	10	0.1%
Chocolate cake, QUALITATIVE-INFO = Small, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Chocolate sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Chocolate spread, INGREDIENT = Hazelnuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Chorizo and similar, INGREDIENT = Pig fresh meat	4	0%
Chorizo and similar, INGREDIENT = Pig fresh meat, INGREDIENT = Cow, ox or bull fresh meat	4	0%
Chorizo and similar, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	7	0%
Chorizo and similar, INGREDIENT = Pig other slaughtering products, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products	4	0%
Cinnamon bark	13	0.1%
Cinnamon bark, PROCESS = Grinding / milling / crushing	17	0.1%
Cloves buds, PROCESS = Grinding / milling / crushing	6	0%
Cocoa powder	68	0.4%
Coconut milk (cocos nucifera) liquid	4	0%
Coconut oil/fat	1	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted	3	0%

Coffee beverages, INGREDIENT = Drinking water, INGREDIENT = Coffee ground, roasted, QUALITATIVE-INFO = Without added sugar	61	0.3%
Coffee beverages, SWEETENING-AGENT = Refined cane sugar	7	0%
Coffee ground, roasted	209	1.2%
Cola beverages, caffeinic, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	137	0.8%
Common banana	194	1.1%
Common banana, PROCESS = Cooking in water, QUALITATIVE-INFO = Unripe / immature	2	0%
Common banana, QUALITATIVE-INFO = Unripe / immature	9	0.1%
Common banana, QUALITATIVE-INFO = Unripe / immature, EXTENT-OF-COOKING = Half-cooked	1	0%
Common mushrooms, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt	1	0%
Common peaches	1	0%
Condensed milk (sometimes with added sugars), PROCESS = Canning / jarring, QUALITATIVE-INFO = With added sugar	1	0%
Condensed milk (sometimes with added sugars), PROCESS = Canning / jarring, QUALITATIVE-INFO = With added sugar, PACKAGING-FORMAT = Drawn can	13	0.1%
Cooked salami, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	1	0%
Cooked turkey meat, PROCESS = Smoking, QUALITATIVE-INFO = Low fat (naturally or reduced)	4	0%
Coriander leaves	676	3.8%
Corn chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Corn curls, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Corn syrup	1	0%
Corned turkey, uncooked, PHYSICAL-STATE = Slices, steaks or other flat cuts	17	0.1%
Costarican guavas	27	0.2%
Cow milk, semi skimmed (half fat), FAT-CONTENT = 2 % fat	344	1.9%
Cow milk, semi skimmed (half fat), PROCESS = Lactose reduction, PHYSICAL-STATE = Liquid, FAT-CONTENT = 2 % fat	24	0.1%
Cow milk, skimmed (low fat), FAT-CONTENT = 1 % fat	11	0.1%
Cow milk, skimmed (low fat), PHYSICAL-STATE = Liquid, FAT-CONTENT = 0.1 % fat	33	0.2%
Cow milk, whole	6	0%
Cow milk, whole, FAT-CONTENT = 3.3 % fat	16	0.1%
Cow milk, whole, PHYSICAL-STATE = Liquid, FAT-CONTENT = 3.2 % fat	3	0%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat	19	0.1%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = With bone	19	0.1%
Cow, ox or bull fresh meat, PROCESS = Broiling/grilling	1	0%
Cow, ox or bull fresh meat, PROCESS = Broiling/grilling, QUALITATIVE-INFO = Half fat or medium fat	53	0.3%
Cow, ox or bull fresh meat, PROCESS = Frying	1	0%
Cow, ox or bull fresh meat, PROCESS = Frying, QUALITATIVE-INFO = Half fat or medium fat	2	0%

Cow, ox or bull fresh meat, PROCESS = Mincing / chopping / cutting, PROCESS = Cooking and similar thermal preparation processes	1	0%
Cow, ox or bull fresh meat, QUALITATIVE-INFO = Half fat or medium fat	51	0.3%
Cow, ox or bull fresh meat, QUALITATIVE-INFO = High fat	2	0%
Crackers and breadsticks	44	0.2%
Crackers and breadsticks, INGREDIENT = Cheese	2	0%
Crackers and breadsticks, INGREDIENT = Cheese, QUALITATIVE-INFO = With added salt	9	0.1%
Crackers and breadsticks, INGREDIENT = Sesame seeds	1	0%
Crackers and breadsticks, INGREDIENT = Yeast bread pizza dough	1	0%
Crackers and breadsticks, QUALITATIVE-INFO = With added salt, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Crackers and breadsticks, QUALITATIVE-INFO = Without added salt, PREPARATION-PRODUCTION-PLACE = Food industry prepared	18	0.1%
Cream cake	1	0%
Cream cheese	1	0%
Cream cheese, QUALITATIVE-INFO = Low fat (naturally or reduced), QUALITATIVE-INFO = Light	3	0%
Cream custard cake, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Brioche type products	4	0%
Cream custard sponge cake	29	0.2%
Cream sprayable	1	0%
Cream with other ingredients, INGREDIENT = Vegetable fats and oils, edible	30	0.2%
Cream with other ingredients, QUALITATIVE-INFO = Sweet / mild	5	0%
Cream, plain	119	0.7%
Cream, plain, PHYSICAL-STATE = Spoonable creamy	2	0%
Croissant, INGREDIENT = Butter	3	0%
Croissant, INGREDIENT = Cheese, INGREDIENT = Raw cured (or seasoned) meat	1	0%
Croissant, INGREDIENT = Chicken fresh meat	1	0%
Croissant, filled with cream	2	0%
Cucumbers	52	0.3%
Cumin seed	2	0%
Cured seasoned poultry meat, SOURCE-COMMODITIES = Chicken fresh meat	14	0.1%
Curry powder	10	0.1%
Dairy desserts spoonable, INGREDIENT = Cow milk, semi skimmed (half fat), INGREDIENT = Vanilla flavour	1	0%
Diet soft drink with caffeine, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	3	0%
Diet soft drinks with flavours, INGREDIENT = Black tea flavour	14	0.1%
Diet soft drinks with flavours, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	1	0%
Doughnuts-berliner	8	0%
Dried egg pasta, QUALITATIVE-INFO = Fortified	7	0%
Dried herbs, SOURCE-COMMODITIES = Laurel	3	0%
Dried herbs, SOURCE-COMMODITIES = Oregano	56	0.3%

Dried herbs, SOURCE-COMMODITIES = Spearmint	3	0%
Dried vine fruits (raisins etc.)	1	0%
Drinking water, INGREDIENT = Syrups	11	0.1%
Drinking water, SWEETENING-AGENT = Refined cane sugar	10	0.1%
Evaporated milk (liquid, unsweetened), PROCESS = Canning / jarring, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified, PACKAGING-FORMAT = Drawn can	8	0%
Extra hard cheese (parmesan, grana type), PROCESS = Grating	2	0%
Fermented tea infusion, QUALITATIVE-INFO = Without added sugar	2	0%
Filled chocolate, INGREDIENT = Almonds, INGREDIENT = Milk chocolate	2	0%
Filled chocolate, INGREDIENT = Milk chocolate, INGREDIENT = Tree nuts	3	0%
Fish (meat), PROCESS = Frying, PROCESS = Breeding	7	0%
Fish and potatoes meal, PROCESS = Cooking in water, INGREDIENT = Tuna	1	0%
Fish and seafood based dishes, PROCESS = Breeding, PROCESS = Frying, INGREDIENT = Fish (meat)	1	0%
Fishcakes, INGREDIENT = Hen eggs	1	0%
Flavoured milks, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	24	0.1%
Flavoured milks, INGREDIENT = Cream flavour	1	0%
Flavoured milks, INGREDIENT = Rice flour, INGREDIENT = Cow milk, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Foamed sugar products (marshmallows)	10	0.1%
Frankfurt-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	19	0.1%
Frankfurter sausage, INGREDIENT = Turkey fresh meat, INGREDIENT = Turkey, other slaughtering products	1	0%
French fries from cut potato, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	46	0.3%
Fresh raw sausages, INGREDIENT = Chicken fresh meat	17	0.1%
Fresh raw sausages, INGREDIENT = Chicken fresh meat, INGREDIENT = Cow, ox or bull fresh meat	11	0.1%
Fresh raw sausages, INGREDIENT = Cow, ox or bull fresh meat	10	0.1%
Fresh uncured cheese, GENERIC-TERM = Unspecified	22	0.1%
Fresh uncured cheese, QUALITATIVE-INFO = Semi-soft, GENERIC-TERM = Other	98	0.6%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, semi skimmed (half fat), QUALITATIVE-INFO = Semi-soft	55	0.3%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, whole, QUALITATIVE-INFO = Semi-soft	68	0.4%
Fried dough sweet, PROCESS = Sugar coating	2	0%
Fried eggs	7	0%
Fried eggs, PROCESS = Blending	18	0.1%
Fruit cake, INGREDIENT = Pineapples	2	0%
Fruit cake, INGREDIENT = Sapodillas	1	0%

Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana	2	0%
Fruit jelly	21	0.1%
Fruit pie-tarts, INGREDIENT = Apples	3	0%
Fruit smoothies, INGREDIENT = Bottled drinking water	4	0%
Fruit smoothies, INGREDIENT = Common banana - paradisiaca cultivars, INGREDIENT = Milk	1	0%
Fruit smoothies, INGREDIENT = Cow milk, natural high fat, INGREDIENT = Strawberries	1	0%
Fruit smoothies, INGREDIENT = Strawberries, INGREDIENT = Drinking water	1	0%
Fruit soft drink, mango, INGREDIENT = Drinking water, SWEETENING-AGENT = White sugar	20	0.1%
Fruit soft drink, peach, PREPARATION-PRODUCTION-PLACE = Food industry prepared	16	0.1%
Fruit soft drink, pear, INGREDIENT = Drinking water	1	0%
Fruit soft drink, pear, PREPARATION-PRODUCTION-PLACE = Food industry prepared	27	0.2%
Fruit soft drink, pineapple, INGREDIENT = Drinking water	23	0.1%
Garden peas (without pods)	2	0%
Garden peas (without pods), PROCESS = Boiling, QUALITATIVE-INFO = Without added salt	1	0%
Garlic	470	2.6%
Garlic puree	70	0.4%
Gelatine dessert	24	0.1%
Ginger roots	5	0%
Grains soup, dry, INGREDIENT = Asian-style noodles other than glass noodles	2	0%
Granadillas	6	0%
Guavas, QUALITATIVE-INFO = Ripe / mature	14	0.1%
Guavas, QUALITATIVE-INFO = Unripe / immature	4	0%
Ham, beef	19	0.1%
Ham, pork, FAT-CONTENT = 8 % fat	1	0%
Hamburger with bread, INGREDIENT = Cheese	8	0%
Hamburger with bread, INGREDIENT = Chicken fresh meat	1	0%
Hamburger with bread, INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Prepared by franchised/chain fastfood restaurant	1	0%
Hamburger with bread, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Cheese, INGREDIENT = Condiments (including table-top formats)	1	0%
Hamburger with bread, INGREDIENT = Mixed vegetables	3	0%
Hamburger with bread, INGREDIENT = Mixed vegetables, INGREDIENT = Cheese	4	0%
Hamburger with bread, INGREDIENT = Mixed vegetables, QUALITATIVE-INFO = Large/big	1	0%
Hard candies	28	0.2%
Hard candies, PHYSICAL-STATE = Powder	1	0%
Head lettuces	119	0.7%
Hen egg yolk	3	0%
Hen eggs	327	1.8%
Herbal and other non-tea infusions, QUALITATIVE-INFO = Without added sugar	2	0%

Herbs/spices sauces, QUALITATIVE-INFO = Hot/piquant/spicy, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Honey	13	0.1%
Hot drinks and infusions composite ingredients, INGREDIENT = Strawberry flavour	1	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refi	2	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar	1	0%
Ice cream, milk-based	3	0%
Ice cream, milk-based, INGREDIENT = Bubblegum flavour	1	0%
Ice cream, milk-based, INGREDIENT = Butter biscuits, INGREDIENT = Mint-chocolate flavour	1	0%
Ice cream, milk-based, INGREDIENT = Chocolate flavour	2	0%
Ice cream, milk-based, INGREDIENT = Coconut flavour	2	0%
Ice cream, milk-based, INGREDIENT = Cream flavour, INGREDIENT = Orange flavour	2	0%
Ice cream, milk-based, INGREDIENT = Lemon flavour	1	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour	4	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour	11	0.1%
Ice cream, milk-based, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Ice cream, milk-based, INGREDIENT = Wafers, INGREDIENT = Chocolate flavour	1	0%
Ice cream, milk-based, INGREDIENT = Wafers, INGREDIENT = Vanilla flavour	2	0%
Ice cream, milk-based, INGREDIENT = Wafers, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Ice cream, milk-based, PHYSICAL-STATE = Bars / tables	5	0%
Ice cream, milk-based, PROCESS = Chocolate coating, INGREDIENT = Vanilla flavour	1	0%
Ice cream, milk-based, SWEETENING-AGENT = Syrups	2	0%
Instant coffee (beverage), INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	7	0%
Instant coffee (beverage), QUALITATIVE-INFO = Without added sugar	3	0%
Instant coffee powder	19	0.1%
Instant coffee powder, INGREDIENT = Cappuccino flavour	1	0%
Isotonic and sport drinks	2	0%
Jelly candies	24	0.1%
Juice concentrate, grape	1	0%
Juice, lemon	11	0.1%
Juice, orange	19	0.1%
Juice, orange, QUALITATIVE-INFO = Without added sugar	7	0%
Kiwi fruits (green, red, yellow)	2	0%
Laminated doughs	1	0%

Legume (beans) soup	1	0%
Legume (beans) soup, INGREDIENT = Beans (dry) and similar-	44	0.2%
Lemons	4	0%
Lemons, PART-CONSUMED-ANALYSED = W/o peel	21	0.1%
Lentils (dry)	8	0%
Lentils (dry), PROCESS = Cooking in water, INGREDIENT = Salt	2	0%
Maize flour	49	0.3%
Maize flour, PROCESS = Toasting / coffee roasting, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, INGREDIENT = Herbs, spices and similar, INGREDIENT = Agave leaves	1	0%
Maize grain, PROCESS = Degermination, QUALITATIVE-INFO = White	1	0%
Maize grain, QUALITATIVE-INFO = White	1	0%
Maize starch	9	0.1%
Mandarins	13	0.1%
Mandarins and similar-	1	0%
Mangoes, QUALITATIVE-INFO = Green	34	0.2%
Mangoes, QUALITATIVE-INFO = Ripe / mature	72	0.4%
Margarines and similar, FAT-CONTENT = 40 % fat	57	0.3%
Marmalade	5	0%
Mayonnaise sauce	3	0%
Mayonnaise sauce, QUALITATIVE-INFO = With added salt	73	0.4%
Mayonnaise, low fat	10	0.1%
Meat and vegetable soup, INGREDIENT = Maize grain, INGREDIENT = Pig fresh meat	1	0%
Meat and vegetable soup, dry, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat	2	0%
Meat based dishes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, PHYSICAL-STATE = Slices, steaks or other flat cuts	1	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken, minced meat, INGREDIENT = Mixed vegetables	1	0%
Meat burger (no sandwich), INGREDIENT = Bovine fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Textured soy protein, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Meat burger (no sandwich), INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Food industry prepared	16	0.1%
Meat burger (no sandwich), INTENDED-USE = Raw but intended to be eaten cooked	9	0.1%
Meat loaf	2	0%
Meat loaf with cheese, vegetables or other, INGREDIENT = Chicken, minced meat, INGREDIENT = Mixed vegetables	1	0%
Meat soup, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Drinking water, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Meat flavour	3	0%
Meat/poultry soup, dry, INGREDIENT = Chicken fresh meat	3	0%
Meat/poultry soup, dry, INGREDIENT = Chicken fresh meat, INGREDIENT = Asian-style noodles other than glass noodles	4	0%

Meat/poultry soup, dry, INGREDIENT = Dried pasta, INGREDIENT = Chicken fresh meat	1	0%
Meat/poultry soup, dry, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Chicken flavour	7	0%
Melons	17	0.1%
Meringue tart, INGREDIENT = Condensed milk (sometimes with added sugars), INGREDIENT = Milk	6	0%
Milk chocolate	19	0.1%
Milk powder, QUALITATIVE-INFO = Half fat or medium fat, FAT-CONTENT = 2 % fat	17	0.1%
Milk powder, QUALITATIVE-INFO = Semi-skimmed, QUALITATIVE-INFO = Lactose free	4	0%
Milk powder, full fat	48	0.3%
Milk powder, full fat, QUALITATIVE-INFO = Fortified, TARGET-CONSUMER = Toddler food, 1-3 years	1	0%
Milk powder, skimmed, SOURCE-COMMODITIES = Cow milk, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), FORTIFICATION-AGENT = Vitamin E (tocopherols, tocotrienols)	4	0%
Milk, INGREDIENT = Oat and similar-	2	0%
Milk, QUALITATIVE-INFO = Fortified	1	0%
Milkshakes, INGREDIENT = Chocolate flavour	1	0%
Milkshakes, INGREDIENT = Vanilla flavour	1	0%
Milkshakes, PHYSICAL-STATE = Powder	5	0%
Mixed breakfast cereals, INGREDIENT = Dried vine fruits (raisins etc.), INGREDIENT = Oat and similar-	1	0%
Mixed breakfast cereals, INGREDIENT = Fruit used as fruit	3	0%
Mixed breakfast cereals, INGREDIENT = Processed maize-based flakes, INGREDIENT = Dried vine fruits (raisins etc.), INGREDIENT = Honey	1	0%
Mixed herbs and spices, PHYSICAL-STATE = Powder	71	0.4%
Mixed supplements/formulations, PHYSICAL-STATE = Powder	2	0%
Mortadella-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	52	0.3%
Mozzarella	2	0%
Mozzarella, SOURCE-COMMODITIES = Cow milk, whole	5	0%
Muesli plain	2	0%
Mushroom soup, dry	1	0%
Mustard and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	9	0.1%
Naranjillas	1	0%
Navy beans (dry seeds), PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt	1	0%
Non dairy coffee creamer	6	0%
Nut/seeds paste/emulsion/mass, SOURCE-COMMODITIES = Annatto seed	40	0.2%
Oat flour, QUALITATIVE-INFO = Fortified	2	0%
Oat rolled grains, QUALITATIVE-INFO = Fortified	1	0%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Fortified	45	0.3%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Not fortified	5	0%

Olive oils	16	0.1%
Omelette, plain	1	0%
Onion bulbs for fresh consumption	1022	5.7%
Oranges	11	0.1%
Oranges, sweet	11	0.1%
Other edible flowers, GENERIC-TERM = Other	1	0%
Other hybrids of Citrus reticulata, not elsewhere mentioned	126	0.7%
Palm hearts	2	0%
Pancake pre-mixes (dry)	1	0%
Pancake pre-mixes (dry), INGREDIENT = Buttermilk	2	0%
Pancakes	4	0%
Papayas	46	0.3%
Paprika powder	28	0.2%
Parsley	2	0%
Passionfruits	1	0%
Pasta, cooked, with cheese/cream	1	0%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato-containing cooked sauces	16	0.1%
Pasta, cooked, with vegetables, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Soy sauce	2	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt, QUALITATIVE-INFO = Fortified	7	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine	2	0%
Pasta, plain (not stuffed), uncooked, QUALITATIVE-INFO = Fortified	98	0.6%
Pastry based on laminated dough, PROCESS = Filling	1	0%
Pate, chicken liver, PACKAGING-FORMAT = Drawn can	13	0.1%
Peaches and similar-	1	0%
Peanut butter, QUALITATIVE-INFO = With added salt	1	0%
Peanuts, PROCESS = Roasting	2	0%
Peanuts, PROCESS = Roasting, QUALITATIVE-INFO = Without added salt	4	0%
Pears	1	0%
Pears, PART-CONSUMED-ANALYSED = With peel	1	0%
Pig fat tissue, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Pig fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat	4	0%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone	9	0.1%
Pig fresh meat, PROCESS = Broiling/grilling, PART-CONSUMED-ANALYSED = With bone	3	0%
Pig fresh meat, PROCESS = Cooking in water, QUALITATIVE-INFO = Half fat or medium fat	5	0%
Pig fresh meat, PROCESS = Frying	5	0%
Pig fresh meat, PROCESS = Frying, QUALITATIVE-INFO = Half fat or medium fat	2	0%
Pig fresh meat, PROCESS = Roasting, PART-CONSUMED-ANALYSED = With bone	1	0%
Pig fresh meat, QUALITATIVE-INFO = Half fat or medium fat	58	0.3%

Pig fresh meat, QUALITATIVE-INFO = High fat	9	0.1%
Pig other slaughtering products, PART-CONSUMED-ANALYSED = Only skin	2	0%
Pig other slaughtering products, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin, PART-CONSUMED-ANALYSED = Including visible fat	13	0.1%
Pineapples	89	0.5%
Pita bread, QUALITATIVE-INFO = White/refined	2	0%
Pizza and pizza-like dishes, QUALITATIVE-INFO = Small	1	0%
Pizza and similar with cheese topping	4	0%
Pizza and similar with processed meat topping, INGREDIENT = Pepperoni/paprika-type sausage	26	0.1%
Plantains - paradisiaca cultivars	94	0.5%
Plantains - paradisiaca cultivars, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Ripe / mature	1	0%
Plantains - paradisiaca cultivars, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Ripe / mature, EXTENT-OF-COOKING = Half-cooked	1	0%
Plantains - paradisiaca cultivars, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Unripe / immature	7	0%
Plantains - paradisiaca cultivars, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Unripe / immature, EXTENT-OF-COOKING = Half-cooked	1	0%
Plantains - paradisiaca cultivars, PROCESS = Cooking in water, QUALITATIVE-INFO = Ripe / mature, PART-CONSUMED-ANALYSED = W/o peel	3	0%
Plantains - paradisiaca cultivars, PROCESS = Frying	17	0.1%
Plantains - paradisiaca cultivars, QUALITATIVE-INFO = Unripe / immature	21	0.1%
Plums	4	0%
Popcorn (maize, popped)	17	0.1%
Popcorn (maize, popped), PROCESS = Glazing / icing, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0%
Pork lard	4	0%
Potato crisps from potato slices, PREPARATION-PRODUCTION-PLACE = Food industry prepared	34	0.2%
Potato croquettes, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	1	0%
Potato puree, INGREDIENT = Potatoes, INGREDIENT = Milk, INGREDIENT = Butter	4	0%
Potatoes and meat meal, PROCESS = Mincing / chopping / cutting, INGREDIENT = Cow, ox or bull fresh meat, PHYSICAL-STATE = Dices / sticks	5	0%
Potatoes and vegetables meal, PROCESS = Mincing / chopping / cutting, INGREDIENT = Mixed vegetables, PHYSICAL-STATE = Dices / sticks	1	0%
Potatoes, PART-CONSUMED-ANALYSED = W/o peel	102	0.6%
Potatoes, PART-CONSUMED-ANALYSED = With peel	20	0.1%
Potatoes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	23	0.1%
Potatoes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = With peel	7	0%
Potatoes, PROCESS = Cooking in water	6	0%
Potatoes, PROCESS = Cooking in water, EXTENT-OF-COOKING = Half-cooked	1	0%
Poultry fresh meat (muscle meat), SOURCE = Gallus gallus laying hens (as animal)	2	0%

Powdered drink bases, INGREDIENT = Flour mix (like wheat/rye/barley/oats and other)	5	0%
Powdered drink bases, INGREDIENT = Fruit flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	7	0%
Preparations for dessert, INGREDIENT = Vanilla flavour	1	0%
Preparations for gelling home-made food, INGREDIENT = Gelatine, PHYSICAL-STATE = Powder	2	0%
Prepared legume (beans) salad, INGREDIENT = Rice grain, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Mixed vegetables	66	0.4%
Processed cheese, sliceable, QUALITATIVE-INFO = Yellow	21	0.1%
Processed cheese, sliceable, QUALITATIVE-INFO = Yellow, QUALITATIVE-INFO = Low fat (naturally or reduced)	1	0%
Processed cheese, spreadable, QUALITATIVE-INFO = Yellow	1	0%
Processed maize-based flakes	31	0.2%
Processed maize-based flakes, INGREDIENT = Honey	16	0.1%
Processed maize-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	4	0%
Processed maize-based flakes, PROCESS = Sugar coating	15	0.1%
Processed maize-based flakes, PROCESS = Sugar coating, INTENDED-USE = Ready-to-eat	10	0.1%
Processed mixed cereal-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	11	0.1%
Processed oat-based flakes, INGREDIENT = Foamed sugar products (marshmallows)	13	0.1%
Protein and amino acids supplements, PHYSICAL-STATE = Powder	2	0%
Pumpkins, QUALITATIVE-INFO = Ripe / mature, QUALITATIVE-INFO = Yellow	10	0.1%
Purple mombins	4	0%
Raising agents	22	0.1%
Ready-to-eat fruit-based meal for children	1	0%
Ready-to-eat fruit-based meal for children, INGREDIENT = Common peaches	1	0%
Red cabbages	6	0%
Red mustard leaves and similar-	5	0%
Rice based dishes, cooked, INGREDIENT = Shrimps, common	2	0%
Rice grain, PROCESS = Cooking in water	433	2.4%
Rice grain, brown	1	0%
Rice grain, polished, QUALITATIVE-INFO = Fortified, EXTENT-OF-COOKING = Half-cooked	6	0%
Rice grain, polished, QUALITATIVE-INFO = Fortified, QUALITATIVE-INFO = White	466	2.6%
Rice, meat, and vegetables meal, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, PREPARATION-PRODUCTION-PLACE = Restaurant prepared	30	0.2%
Rice, meat, and vegetables meal, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Soy sauce	23	0.1%
Rice, popped, PROCESS = Chocolate coating	26	0.1%
Rosemary	3	0%
Runner beans (dry)	3	0%
Salad dressing, INGREDIENT = Cream, plain	4	0%
Salad dressing, INGREDIENT = Vinegar, INGREDIENT = Vegetable fats and oils, edible, QUALITATIVE-INFO = With added salt	2	0%

Salad dressing, INGREDIENT = Vinegar, INGREDIENT = Vegetable fats and oils, edible, QUALITATIVE-INFO = With added salt, QUALITATIVE-INFO = Fat free	1	0%
Salads, PREPARATION-PRODUCTION-PLACE = Restaurant prepared	8	0%
Salami-type sausage, INGREDIENT = Cow, ox or bull fresh meat	15	0.1%
Salami-type sausage, INGREDIENT = Pig fresh meat	7	0%
Salami-type sausage, INGREDIENT = Pig fresh meat, INGREDIENT = Cow, ox or bull fresh meat	18	0.1%
Salt	948	5.3%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla	2	0%
Sandwich bread (hamburger roll-type), PROCESS = Toasting / coffee roasting, QUALITATIVE-INFO = White/refined	4	0%
Sandwich bread (hamburger roll-type), QUALITATIVE-INFO = Integral /not refined	25	0.1%
Sandwich bread (hamburger roll-type), QUALITATIVE-INFO = White/refined	59	0.3%
Sandwich with meat and vegetable topping/filling, PROCESS = Breeding, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat	2	0%
Sandwich with meat and vegetable topping/filling, PROCESS = Filling, INGREDIENT = Tortilla	1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Bovine fresh meat	1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat, PREPARATION-PRODUCTION-PLACE = Prepared by franchised/chain fastfood restaurant	1	0%
Sandwich with processed meat topping/filling, PROCESS = Filling, INGREDIENT = Canned or jarred common beans, INGREDIENT = Cow, ox or bull fresh meat	1	0%
Sardines and sardine-type fishes	2	0%
Sauces from fermented/hydrolised sources and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	142	0.8%
Savory, dry, PROCESS = Grinding / milling / crushing, PHYSICAL-STATE = Powder	35	0.2%
Savoury sauces, INGREDIENT = Mayonnaise sauce, INGREDIENT = Mustard and related sauces	1	0%
Seafood-based meals, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Edible crab, INGREDIENT = Chocolate and similar	1	0%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Garlic, PHYSICAL-STATE = Powder	8	0%
Shortening and similar baking fats, INGREDIENT = Vegetable fats and oils, edible	21	0.1%
Shrimps, common, PROCESS = Cooking in water	1	0%
Small radishes	3	0%
Snappers	1	0%
Soft drink, apple flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Aloe vera juice, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Soft drink, flavoured, no fruit, INGREDIENT = Black tea flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	143	0.8%
Soft drink, flavoured, no fruit, INGREDIENT = Grape flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%

Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, INGREDIENT = Cloves buds, INGREDIENT = Cinnamon bark, INGREDIENT = Black pepper, INGREDIENT = Cocoa powder	8	0%
Soft drink, flavoured, no fruit, INGREDIENT = Peach flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Blackberry flavour, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Bubblegum flavour, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Ginger flavour, QUALITATIVE-INFO = Sparkling	14	0.1%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Grape flavour, QUALITATIVE-INFO = Sparkling	2	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Strawberry flavour, QUALITATIVE-INFO = Sparkling	9	0.1%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	3	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Black tea flavour	5	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Black tea flavour, INGREDIENT = Lemon flavour, QUALITATIVE-INFO = With added sugar	1	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit flavour	123	0.7%
Soft drink, grapefruit flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	6	0%
Soft drink, lemon flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	16	0.1%
Soft drink, lemon flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, lemon flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	136	0.8%
Soft drink, orange flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	84	0.5%
Soft drink, orange flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	7	0%
Soft drink, orange flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	13	0.1%
Soft drink, pear flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Soft drink, pineapple flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Apples, PREPARATION-PRODUCTION-PLACE = Food industry prepared	32	0.2%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Blackberries	14	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Costarican guavas, INGREDIENT = Drinking water, SWEETENING-AGENT = Sucrose (common sugar)	30	0.2%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Drinking water, INGREDIENT = Passionfruits and similar-	6	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice, lemon, SWEETENING-AGENT = Refined cane sugar	10	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Melons, INGREDIENT = Drinking water	7	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind	8	0%

Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Watermelons, INGREDIENT = Drinking water, QUALITATIVE-INFO = Without added sugar	5	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit juice concentrates, INGREDIENT = Bottled drinking water, SWEETENING-AGENT = Sucrose	4	0%
Sorbet, INGREDIENT = Blackberry flavour	1	0%
Sorbet, INGREDIENT = Bubblegum flavour	1	0%
Sorbet, INGREDIENT = Chocolate flavour	1	0%
Sorbet, INGREDIENT = Fruit flavour	16	0.1%
Sorbet, INGREDIENT = Grape flavour	1	0%
Sorbet, INGREDIENT = Lemon flavour, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Sorbet, INGREDIENT = Milk flavour	5	0%
Sour cherries	1	0%
Soursops	3	0%
Soy sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0%
Soya drink, PROCESS = Instantisation, PHYSICAL-STATE = Powder	1	0%
Spearmint	1	0%
Spearmint, QUALITATIVE-INFO = Fresh	1	0%
Spinaches	11	0.1%
Sponge biscuits, INGREDIENT = Foamed sugar products (marshmallows), INGREDIENT = Coconut flavour	6	0%
Sponge biscuits, INGREDIENT = Maize flour	14	0.1%
Sponge cake	22	0.1%
Sponge cake, INGREDIENT = Wheat flour	2	0%
Starchy pudding	1	0%
Stock cube or granulate, beef, PROCESS = Drying (dehydration)	1	0%
Stock cube or granulate, beef, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder	63	0.4%
Stock cubes or granulate (bouillon base), INGREDIENT = Shrimps, common	3	0%
Stock cubes or granulate, chicken, PROCESS = Drying (dehydration)	2	0%
Stock cubes or granulate, chicken, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder	174	1%
Strawberries	14	0.1%
Sucralose	6	0%
Sugar cotton	1	0%
Summer squashes	11	0.1%
Summer squashes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt	5	0%
Sweet corn canned, QUALITATIVE-INFO = Yellow	50	0.3%
Sweet corn, PROCESS = Cooking in water, QUALITATIVE-INFO = Yellow	4	0%
Sweet corn, QUALITATIVE-INFO = Sweet / mild	2	0%
Sweet corn, QUALITATIVE-INFO = White	11	0.1%

Sweet corn, QUALITATIVE-INFO = Yellow	6	0%
Sweet limes	2	0%
Sweet peppers, QUALITATIVE-INFO = Green	70	0.4%
Sweet peppers, QUALITATIVE-INFO = Red	727	4.1%
Sweet potatoes, PROCESS = Cooking in water, QUALITATIVE-INFO = Without added salt, QUALITATIVE-INFO = Orange	2	0%
Sweet potatoes, QUALITATIVE-INFO = Orange	16	0.1%
Syrups	1	0%
Syrups, SOURCE-COMMODITIES = Maples (trunk sap)	19	0.1%
Tabasco sauce	1	0%
Table grapes	8	0%
Table grapes and similar-, QUALITATIVE-INFO = Green	1	0%
Tahiti limes	39	0.2%
Tamarind	2	0%
Tapioca starch	1	0%
Taros	10	0.1%
Taros, PROCESS = Cooking in water, QUALITATIVE-INFO = Without added salt	1	0%
Tea beverages	1	0%
Tea beverages, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Tea leaves and stalks, fermented	9	0.1%
Tea extract (powder), PROCESS = Instantisation, INGREDIENT = Lemon flavour, SWEETENING-AGENT = Sucrose (common sugar)	1	0%
Tea leaves and stalks, fermented, QUALITATIVE-INFO = Black	2	0%
Thyme, dry	117	0.7%
Tilapias and similar	5	0%
Tilapias and similar, PROCESS = Broiling/grilling	3	0%
Tomato ketchup and related sauces, INGREDIENT = Mayonnaise sauce	14	0.1%
Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	104	0.6%
Tomato paste, PREPARATION-PRODUCTION-PLACE = Food industry prepared	14	0.1%
Tomato-containing cooked sauces	9	0.1%
Tomato-containing cooked sauces, INGREDIENT = Celeries, INGREDIENT = Onions, INGREDIENT = Peppers and similar-, PREPARATION-PRODUCTION-PLACE = Food industry prepared	24	0.1%
Tomato-containing cooked sauces, INGREDIENT = Meat flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Tomato-containing cooked sauces, INGREDIENT = Onions, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Tomato-containing cooked sauces, PROCESS = Canning / jarring, INGREDIENT = Common mushrooms, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Tomato-containing cooked sauces, PROCESS = Stir frying, INGREDIENT = Mixed vegetables	8	0%
Tomatoes	17	0.1%
Tomatoes, QUALITATIVE-INFO = Red	339	1.9%

Tortilla chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	15	0.1%
Tortilla chips, INGREDIENT = Cheese flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	40	0.2%
Tortilla chips, PREPARATION-PRODUCTION-PLACE = Food industry prepared	18	0.1%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent	7	0%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, PREPARATION-PRODUCTION-PLACE = Prepared by artisan	48	0.3%
Tortilla, INGREDIENT = Maize flour, INTENDED-USE = Non-ready-to-eat	3	0%
Tortilla, INGREDIENT = Maize grain, INGREDIENT = Flour treatment agent, QUALITATIVE-INFO = White	12	0.1%
Tortilla, INGREDIENT = Wheat flour	10	0.1%
Tortilla, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared, INTENDED-USE = Non-ready-to-eat	17	0.1%
Tortilla, PROCESS = Baking, INGREDIENT = Maize flour, INTENDED-USE = Ready-to-eat	2	0%
Tortilla, PROCESS = Deep frying, INGREDIENT = Plantains - paradisiaca cultivars	3	0%
Tortilla, PROCESS = Frying, INGREDIENT = Syrups	2	0%
Traditional margarine	3	0%
Traditional margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 80 % fat	274	1.5%
Traditional margarine, QUALITATIVE-INFO = Without added salt, FAT-CONTENT = 80 % fat	5	0%
Traditional unleavened breads, PROCESS = Broiling/grilling	2	0%
Traditional unleavened breads, PROCESS = Cooking in water, INGREDIENT = Maize grain	1	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Beans (dry) and similar-	2	0%
Vanilla pods extract	16	0.1%
Various pastry, PROCESS = Filling, INGREDIENT = Baked milk and similar	1	0%
Various pastry, PROCESS = Filling, INGREDIENT = Pineapples	2	0%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese	8	0%
Various pastry, PROCESS = Filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Onions, INGREDIENT = Coriander leaves, INGREDIENT = Stock cubes or granulate, chicken	1	0%
Vegetable based dishes, INGREDIENT = Mammals and birds meat, INGREDIENT = Savoury sauces	1	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Soy sauce	1	0%
Vegetable based dishes, PROCESS = Frying, PROCESS = Breeding, PROCESS = Battering, INGREDIENT = Onion bulbs for fresh consumption	1	0%
Vegetable fats and oils, edible	1080	6.1%
Vinegar	28	0.2%
Wafers	3	0%
Wafers, PREPARATION-PRODUCTION-PLACE = Food industry prepared	21	0.1%
Watermelons	82	0.5%
Weakfishes	6	0%

Wheat bran rolled flakes		2	0%
Wheat bread and rolls, PROCESS = Sugar coating		27	0.2%
Wheat bread and rolls, PROCESS = Toasting / coffee roasting		2	0%
Wheat bread and rolls, white (refined flour)		13	0.1%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Prepared by bakery		330	1.9%
Wheat flour		33	0.2%
Wheat, popped, INGREDIENT = Foamed sugar products (marshmallows), INGREDIENT = Fruit flavour		3	0%
Wheat, popped, INGREDIENT = Fruit flavour		27	0.2%
White cabbage		88	0.5%
White sauces		1	0%
White sugar		540	3%
Yoghurt, QUALITATIVE-INFO = Semi-skimmed		4	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Fruit flavour		30	0.2%
Yoghurt, cow milk, flavoured, SOURCE-COMMODITIES = Cow milk, semi skimmed (half fat), INGREDIENT = Fruit flavour		19	0.1%
Yoghurt, cow milk, flavoured, SOURCE-COMMODITIES = Cow milk, skimmed (low fat), INGREDIENT = Fruit flavour		1	0%

V26_A1:**Data file:** data_anon_consumption**Overview**

Valid: 6 Invalid: 0

Type: Discrete Width: 17 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
(common sugar)		4	66.7%
ned cane sugar		2	33.3%

FOOD_AMOUNT_UNPROC: Food amount (edible) before processing/cooking (raw amount) (g)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOOD_AMOUNT_CONS: Food amount (edible) as consumed by the participant (g)

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOOD_AMOUNT_REPORTED: Food amount (edible) as reported in the survey (g)

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 0 Maximum: 4134 Mean: 46.961 Standard deviation: 91.942

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 4134 Format: Numeric

ENERGY_KCAL: Energy (kcal)

Data file: data_anon_consumption

Overview

Valid: 17807 Invalid: 0 Minimum: 0 Maximum: 5919 Mean: 63.203 Standard deviation: 115.655

Type: Continuous Decimal: 0 Width: 8 Range: 0 - 5919 Format: Numeric

WATER_G: Water (g)

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

PROTEIN_G: Protein (g)

Data file: data_anon_consumption

Overview

Valid: 16693 Invalid: 1114 Minimum: 0 Maximum: 260.55 Mean: 2.193 Standard deviation: 5.312
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 260.55 Format: Numeric

A_PROT_G: Animal protein (g)

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

V_PROT_G: Vegetal protein (g)

Data file: data_anon_consumption

Overview

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CARBOH_G: Carbohydrates (g)**Data file:** data_anon_consumption**Overview**

Valid: 17770 Invalid: 37 Minimum: 0 Maximum: 681.84 Mean: 9.737 Standard deviation: 20.348
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 681.84 Format: Numeric

SUGAR_G: Total sugars (g)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FIBTG_G: Fibre total dietary (g)**Data file:** data_anon_consumption**Overview**

Valid: 12797 Invalid: 5010 Minimum: 0 Maximum: 75.6 Mean: 0.639 Standard deviation: 1.962
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 75.6 Format: Numeric

ALCOHOL_G: Alcohol (g)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FAT_G: Fat (g)**Data file:** data_anon_consumption**Overview**

Valid: 17784 Invalid: 23 Minimum: 0 Maximum: 237.84 Mean: 1.876 Standard deviation: 5.29
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 237.84 Format: Numeric

SAT_FAT_G: Saturated fat (g)**Data file:** data_anon_consumption**Overview**

Valid: 16458 Invalid: 1349 Minimum: 0 Maximum: 110.07 Mean: 0.648 Standard deviation: 1.984
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 110.07 Format: Numeric

MUFA_G: Monounsaturated fat (g)**Data file:** data_anon_consumption**Overview**

Valid: 16228 Invalid: 1579 Minimum: 0 Maximum: 68.25 Mean: 0.808 Standard deviation: 2.439
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 68.25 Format: Numeric

PUFA_G: Poly-unsaturated fat (g)**Data file:** data_anon_consumption**Overview**

Valid: 16227 Invalid: 1580 Minimum: 0 Maximum: 40.186 Mean: 0.309 Standard deviation: 1.119
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 40.186 Format: Numeric

TFA_G: Trans fatty acid (g)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

CHOL_MG: Cholesterol (mg)**Data file:** data_anon_consumption**Overview**

Valid: 16394 Invalid: 1413 Minimum: 0 Maximum: 617 Mean: 8.788 Standard deviation: 36.832
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 617 Format: Numeric

CALC_MG: Calcium (mg)**Data file:** data_anon_consumption**Overview**

Valid: 17621 Invalid: 186 Minimum: 0 Maximum: 2735 Mean: 20.415 Standard deviation: 69.276
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 2735 Format: Numeric

IRON_MG: Iron (mg)**Data file:** data_anon_consumption**Overview**

Valid: 17534 Invalid: 273 Minimum: 0 Maximum: 5438.16 Mean: 1.813 Standard deviation: 44.242
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 5438.16 Format: Numeric

ZINC_MG: Zinc (mg)**Data file:** data_anon_consumption**Overview**

Valid: 15743 Invalid: 2064 Minimum: 0 Maximum: 36.04 Mean: 0.283 Standard deviation: 0.829
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 36.04 Format: Numeric

MG_MG: Magnesium (mg)**Data file:** data_anon_consumption**Overview**

Valid: 11610 Invalid: 6197 Minimum: 0 Maximum: 1360 Mean: 10.09 Standard deviation: 22.42
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 1360 Format: Numeric

PHOS_MG: Phosphorus (mg)**Data file:** data_anon_consumption**Overview**

Valid: 17455 Invalid: 352 Minimum: 0 Maximum: 4565 Mean: 32.72 Standard deviation: 83.191
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 4565 Format: Numeric

POTA_MG: Potassium (mg)**Data file:** data_anon_consumption**Overview**

Valid: 15832 Invalid: 1975 Minimum: 0 Maximum: 30200 Mean: 75.271 Standard deviation: 288.462
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 30200 Format: Numeric

NA_MG: Sodium (mg)**Data file:** data_anon_consumption**Overview**

Valid: 16520 Invalid: 1287 Minimum: 0 Maximum: 14960 Mean: 79.633 Standard deviation: 251.926
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 14960 Format: Numeric

CU_MG: Copper (mg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

IOD_MCG: Iodine (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

SE_MCG: Selenium (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

MN_MG: Manganese (mg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITC_MG: Vitamin C (mg)**Data file:** data_anon_consumption**Overview**

Valid: 16606 Invalid: 1201 Minimum: 0 Maximum: 432 Mean: 4.401 Standard deviation: 19.13

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 432 Format: Numeric

THIA_MG: Thiamine (mg)**Data file:** data_anon_consumption**Overview**

Valid: 17468 Invalid: 339 Minimum: 0 Maximum: 9.25 Mean: 0.056 Standard deviation: 0.163

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 9.25 Format: Numeric

RIBO_MG: Riboflavin (mg)**Data file:** data_anon_consumption**Overview**

Valid: 17430 Invalid: 377 Minimum: 0 Maximum: 8.35 Mean: 0.0544 Standard deviation: 0.16
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 8.35 Format: Numeric

NIAC_MG: Niacin (mg)**Data file:** data_anon_consumption**Overview**

Valid: 17482 Invalid: 325 Minimum: 0 Maximum: 72.072 Mean: 0.634 Standard deviation: 1.821
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 72.072 Format: Numeric

VITB5_MG: Vitamin B5 (mg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITB6_MG: Vitamin B6 (mg)**Data file:** data_anon_consumption**Overview**

Valid: 15222 Invalid: 2585 Minimum: 0 Maximum: 11.2 Mean: 0.0596 Standard deviation: 0.181
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 11.2 Format: Numeric

FOLDFE_MCG: Folate (Âµg/mcg DFE)**Data file:** data_anon_consumption**Overview**

Valid: 12425 Invalid: 5382 Minimum: 0 Maximum: 788 Mean: 13.028 Standard deviation: 43.285
 Type: Continuous Decimal: 0 Width: 8 Range: 0 - 788 Format: Numeric

FOL_MCG: Folate, total (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOLFD_MCG: Folate food, naturally occurring food folates (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOLFRE_MCG: Folate, free (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

FOLAC_MCG: Folic acid (synthetic) (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITB12_MCG: Vitamin B12 (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 14103 Invalid: 3704 Minimum: 0 Maximum: 74.12 Mean: 0.166 Standard deviation: 1.13

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 74.12 Format: Numeric

VITA_RAE_MCG: Vitamin A (Âµg/mcg RAE)**Data file:** data_anon_consumption**Overview**

Valid: 16256 Invalid: 1551 Minimum: 0 Maximum: 10102 Mean: 26.716 Standard deviation: 164.746

Type: Continuous Decimal: 0 Width: 8 Range: 0 - 10102 Format: Numeric

VITA_RE_MCG: Vitamin A (Âµg/mcg RE)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

BCAROT_MCG: Beta-carotene (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

RETOL_MCG: Retinol (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITD_MCG: Vitamin D (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITE_MG: Vitamin E, alpha-tocopherol equivalents (mg)**Data file:** data_anon_consumption

Overview

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VITK_MCG: Vitamin K (Âµg/mcg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

PHY_MG: Phytate, total (mg)**Data file:** data_anon_consumption**Overview**

Valid: 0 Invalid: 17807

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

Questions and instructions

CATEGORIES

Value	Category
Sysmiss	

VERSION: Version**Data file:** data_anon_consumption**Overview**

Valid: 1 Invalid: 0

Type: Discrete Width: 12 Range: - Format: character

Questions and instructions

CATEGORIES

Value	Category	Cases	
23 June 2023		1	100%

study_resources

technical_documents

Codebook

title	Codebook
filename	fao_who_gift_code_book_fam.xlsx
