

# Farm to School: A Multicomponent Food System Intervention to Increase Consumption of Fruit and Vegetables in Guatemala 2018

**Institute of Nutrition of Central America and Panama (INCAP)**

report\_generated\_on: October 30, 2024

visit\_data\_catalog\_at: <https://microdata.worldbank.org/index.php>

## Identification

### SURVEY ID NUMBER

GTM\_2018\_FSMFSIICFV\_v01\_M\_v01\_A\_ESS

### TITLE

Farm to School: A Multicomponent Food System Intervention to Increase Consumption of Fruit and Vegetables in Guatemala 2018

### ABBREVIATION OR ACRONYM

FSMFSIICFV 2018

### COUNTRY/ECONOMY

Name	Country code
Guatemala	GTM

### STUDY TYPE

Individual Food Consumption/Dietary Survey [hh/ifcs]

### ABSTRACT

The objective of the project was to increase the consumption of fruits and vegetables in school children in the city of Guatemala, by implementing a system of fruit and vegetable provision sustained in the school environment, in order to establish healthy eating habits at an early age.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Scope

### NOTES

The survey collected information on:

- SUBJECTS: information on the participants such as age, sex and geographical location.
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values.

The population group covered in the dataset was children 8-14 years old.

## Coverage

### GEOGRAPHIC COVERAGE

Sub-national coverage, only urban areas.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name
Institute of Nutrition of Central America and Panama (INCAP)

## Sampling

### SAMPLING PROCEDURE

The schools were selected by convenience. Then, 4 class sections were selected by simple random sampling in each school. The scholars authorized by their parents to participate in the study and voluntarily wanting to, were selected. From there, simple random sampling was applied to have the study sample.

### WEIGHTING

No survey weights were used in this survey.

## Data collection

### DATES OF DATA COLLECTION

Start	End
2018-07-24	2018-09-21

### DATA COLLECTION MODE

Face-to-face paper [f2f]

### DATA COLLECTION NOTES

Primary dietary assessment method: 24-hour recall, covering both week days and weekends, with no repeated recalls.

Secondary dietary assessment method: semi-quantitative food frequency questionnaire.

## Access policy

### CONTACTS

Email
fao-who-gift@fao.org

### CONFIDENTIALITY

The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO

### ACCESS CONDITIONS

Users requesting access to FAO datasets must agree to the following minimal conditions:

- The micro dataset will only be used for statistical and/or research purposes;
- Any results derived from the micro dataset will be used solely for reporting aggregated information, and not for any specific individual entities or data subjects;
- The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO;
- The micro dataset cannot be re-disseminated by users or shared with anyone other than the individuals that are granted access to the micro dataset by FAO.

### CITATION REQUIREMENTS

Institute of Nutrition of Central America and Panama (INCAP), Guatemala; 2023; "Farm to School: a multicomponent food system intervention to increase consumption of Fruit and Vegetables in Guatemala", 2018

## Disclaimer and copyrights

### DISCLAIMER

The user of the data acknowledges that the original collector of the data, the authorized distributor of the data, and the

relevant funding agency bear no responsibility for use of the data or for interpretations or inferences based upon such uses

## Metadata production

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### DDI DOCUMENT ID

DDI\_GTM\_2018\_FSMFSIICFV\_v01\_M\_v01\_A\_ESS\_FAO

### PRODUCERS

Name	Abbreviation	Affiliation	Role
Victoria Paduladequadros		Food and Agriculture Organization	Metadata producer
Oluwakayode Anidi		Food and Agriculture Organization	Metadata adapted for FAM
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

### DDI DOCUMENT VERSION

Identical to a metadata (GTM\_2018\_FSMFSIICFV\_v01\_EN\_M\_v01\_A\_ESS) published on FAO microdata repository (<https://microdata.fao.org/index.php/catalog>). Some of the metadata fields have been edited.

## data\_dictionary

Data file	Cases	variables
data_anon_subjects	419	23
data_anon_consumption	11186	78



**Data file: data\_anon\_subjects**

Cases: 419

variables: 23

**variables**

ID	Name	Label	Question
V102	ADM0_NAME	Country	
V103	ADM1_NAME	Region	
V104	ADM2_NAME	Subregion	
V105	WEIGHTING_FACTOR	Weight factor	
V106	AREA_TYPE	Area	
V107	HOUSEHOLD	ID Household	
V108	SUBJECT	ID Subject	
V109	ROUND	Round	
V110	SEX	Sex	
V111	AGE_YEAR	Age (years)	
V112	ANT_DAY	Day of measurement	
V113	ANT_MONTH	Month of measurement	
V114	ANT_YEAR	Year of measurement	
V115	WEIGHT	Weight (kg)	
V116	HEIGHT	Height (cm)	
V117	METHOD_WEIGHT	Method for body weight measurement	
V118	METHOD_HEIGHT	Method for height measurement	
V119	SPECIAL_DIET	Special diet	
V120	PREG_LACT	Pregnant/lactating	
V121	BREASTFEEDING	Breastfeeding	
V122	UNOVERREP	Under/over reporters for energy	
V123	ACTIVITY	PAL	
V124	VERSION	Version	

total: 23

**Data file: data\_anon\_consumption**

Cases: 11186

variables: 78

**variables**

ID	Name	Label	Question
V148	SUBJECT	Subject identification	
V149	ROUND	Round	
V150	SURVEY_DAY	Day number	
V151	RESPONDER	Responder	
V152	SEASON	Season of the year	
V153	CONSUMPTION_DAY	Day of consumption	
V154	CONSUMPTION_MONTH	Month of consumption	
V155	CONSUMPTION_YEAR	Year of consumption	
V156	WEEK_DAY	Week day of consumption	
V157	EXCEPTION_DAY	Exceptional diet the day of consumption	
V158	CONSUMPTION_TIME_HOUR	Time of consumption (hours)	
V159	CONSUMPTION_TIME_MINUTES	Time of consumption (minutes)	
V160	MEAL_NAME	Eating occasion	
V161	PLACE	Place of consumption	
V162	FOOD_TYPE	Type of the eating occasion	
V163	RECIPE_CODE	ID Recipe	
V164	RECIPE_DESCR	Recipe description in local language (other than English)	
V165	RECIPE_DESCR_ENG	Recipe description in English	
V166	FOODEX2_RECIPE_CODE	FoodEx2 recipe code	
V167	FOODEX2_RECIPE_DESCR	FoodEx2 recipe description	
V168	v20_a1		
V169	AMOUNT_RECIPE	Amount recipe consumed (g)	
V170	CODE_INGREDIENT	Original ingredient code	
V171	INGREDIENT	Food item or Ingredient description in local language (other than English)	
V172	INGREDIENT_ENG	Food item or Ingredient description in English	
V173	FOODEX2 INGR_CODE	FoodEx2 ingredient code	
V174	FOODEX2 INGR_DESCR	FoodEx2 ingredient description	
V175	v26_a1		
V176	FOOD_AMOUNT_UNPROC	Food amount (edible) before processing/cooking (raw amount) (g)	
V177	FOOD_AMOUNT_CONS	Food amount (edible) as consumed by the participant (g)	
V178	FOOD_AMOUNT_REPORTED	Food amount (edible) as reported in the survey (g)	
V179	ENERGY_kcal	Energy (kcal)	
V180	WATER_g	Water (g)	
V181	PROTEIN_g	Protein (g)	
V182	A_PROT_g	Animal protein (g)	
V183	V_PROT_g	Vegetal protein (g)	
V184	CARBOH_g	Carbohydrates (g)	
V185	SUGAR_g	Total sugars (g)	



ID	Name	Label	Question
V186	FIBTG_g	Fibre total dietary (g)	
V187	ALCOHOL_g	Alcohol (g)	
V188	FAT_g	Fat (g)	
V189	SAT_FAT_g	Saturated fat (g)	
V190	MUFA_g	Monounsaturated fat (g)	
V191	PUFA_g	Poly-unsaturated fat (g)	
V192	TFA_g	Trans fatty acid (g)	
V193	CHOL_mg	Cholesterol (mg)	
V194	CALC_mg	Calcium (mg)	
V195	IRON_mg	Iron (mg)	
V196	ZINC_mg	Zinc (mg)	
V197	MG_mg	Magnesium (mg)	
V198	PHOS_mg	Phosphorus (mg)	
V199	POTA_mg	Potassium (mg)	
V200	NA_mg	Sodium (mg)	
V201	CU_mg	Copper (mg)	
V202	IOD_mcg	Iodine (Åµg/mcg)	
V203	SE_mcg	Selenium (Åµg/mcg)	
V204	MN_mg	Manganese (mg)	
V205	VITC_mg	Vitamin C (mg)	
V206	THIA_mg	Thiamine (mg)	
V207	RIBO_mg	Riboflavin (mg)	
V208	NIAC_mg	Niacin (mg)	
V209	VITB5_mg	Vitamin B5 (mg)	
V210	VITB6_mg	Vitamin B6 (mg)	
V211	FOLDFE_mcg	Folate (Åµg/mcg DFE)	
V212	FOL_mcg	Folate, total (Åµg/mcg)	
V213	FOLFD_mcg	Folate food, naturally occuring food folates (Åµg/mcg)	
V214	FOLFRE_mcg	Folate, free (Åµg/mcg)	
V215	FOLAC_mcg	Folic acid (synthetic) (Åµg/mcg)	
V216	VITB12_mcg	Vitamin B12 (Åµg/mcg)	
V217	VITA_RAE_mcg	Vitamin A (Åµg/mcg RAE)	
V218	VITA_RE_mcg	Vitamin A (Åµg/mcg RE)	
V219	BCAROT_mcg	Beta-carotene (Åµg/mcg)	
V220	RETOL_mcg	Retinol (Åµg/mcg)	
V221	VITD_mcg	Vitamin D (Åµg/mcg)	
V222	VITE_mg	Vitamin E, alpha-tocopherol equivalents (mg)	
V223	VITK_mcg	Vitamin K (Åµg/mcg)	
V224	PHY_mg	Phytate, total (mg)	
V225	VERSION	Version	

total: 78



**ADM0\_NAME: Country****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0

Type: Discrete Width: 10 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
Guatemala		419	100%

**ADM1\_NAME: Region****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0

Type: Discrete Width: 9 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
Guatemala		419	100%

**ADM2\_NAME: Subregion****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0

Type: Discrete Width: 10 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
Guatemala		419	100%

**WEIGHTING\_FACTOR: Weight factor****Data file:** data\_anon\_subjects

**Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**AREA\_TYPE: Area****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0 Minimum: 2 Maximum: 2 Mean: 2 Standard deviation: 0

Type: Discrete Decimal: 0 Width: 8 Range: 2 - 2 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
2		419	100%

**HOUSEHOLD: ID Household****Data file:** data\_anon\_subjects**Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**SUBJECT: ID Subject****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0 Minimum: 1 Maximum: 419 Mean: 210 Standard deviation: 121.099

Type: Continuous    Decimal: 0    Width: 8    Range: 1 - 419    Format: Numeric

## ROUND: Round

Data file: data\_anon\_subjects

### Overview

Valid: 419    Invalid: 0    Minimum: 1    Maximum: 1    Mean: 1    Standard deviation: 0  
 Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 1    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		419	100%

## SEX: Sex

Data file: data\_anon\_subjects

### Overview

Valid: 419    Invalid: 0    Minimum: 1    Maximum: 2    Mean: 1.525    Standard deviation: 0.5  
 Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 2    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		199	47.5%
2		220	52.5%

## AGE\_YEAR: Age (years)

Data file: data\_anon\_subjects

### Overview

Valid: 416    Invalid: 3    Minimum: 8    Maximum: 13    Mean: 10.32    Standard deviation: 1.053  
 Type: Discrete    Decimal: 0    Width: 8    Range: 8 - 13    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
8		2	0.5%

9		106	25.5%
10		132	31.7%
11		115	27.6%
12		55	13.2%
13		6	1.4%
Sysmiss		3	

## ANT\_DAY: Day of measurement

Data file: data\_anon\_subjects

### Overview

Valid: 419 Invalid: 0 Minimum: 2 Maximum: 31 Mean: 13.387 Standard deviation: 9.313  
Type: Continuous Decimal: 0 Width: 8 Range: 2 - 31 Format: Numeric

## ANT\_MONTH: Month of measurement

Data file: data\_anon\_subjects

### Overview

Valid: 419 Invalid: 0 Minimum: 7 Maximum: 10 Mean: 8.778 Standard deviation: 0.897  
Type: Discrete Decimal: 0 Width: 8 Range: 7 - 10 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
7		24	5.7%
8		153	36.5%
9		134	32%
10		108	25.8%

## ANT\_YEAR: Year of measurement

Data file: data\_anon\_subjects

### Overview

Valid: 419 Invalid: 0 Minimum: 2018 Maximum: 2018 Mean: 2018 Standard deviation: 0  
Type: Discrete Decimal: 0 Width: 8 Range: 2018 - 2018 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2018		419	100%

**WEIGHT: Weight (kg)****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0 Minimum: 20 Maximum: 75.75 Mean: 36.792 Standard deviation: 9.863  
 Type: Continuous Decimal: 2 Width: 8 Range: 20 - 75.75 Format: Numeric

**HEIGHT: Height (cm)****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0 Minimum: 116.35 Maximum: 170.3 Mean: 137.878 Standard deviation: 8.497  
 Type: Continuous Decimal: 2 Width: 8 Range: 116.35 - 170.3 Format: Numeric

**METHOD\_WEIGHT: Method for body weight measurement****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		419	100%

**METHOD\_HEIGHT: Method for height measurement****Data file:** data\_anon\_subjects**Overview**

Valid: 419 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		419	100%

## **SPECIAL\_DIET: Special diet**

Data file: data\_anon\_subjects

### **Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### **Questions and instructions**

#### CATEGORIES

Value	Category
Sysmiss	

## **PREG\_LACT: Pregnant/lactating**

Data file: data\_anon\_subjects

### **Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### **Questions and instructions**

#### CATEGORIES

Value	Category
Sysmiss	

## **BREASTFEEDING: Breastfeeding**

Data file: data\_anon\_subjects

### **Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### **Questions and instructions**

#### CATEGORIES

Value	Category
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Sysmiss

**UNOVERREP: Under/over reporters for energy****Data file:** data\_anon\_subjects**Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**ACTIVITY: PAL****Data file:** data\_anon\_subjects**Overview**

Valid: 0 Invalid: 419

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VERSION: Version****Data file:** data\_anon\_subjects**Overview**

Valid: 1 Invalid: 0

Type: Discrete Width: 12 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
23 June 2023		1	100%



**SUBJECT: Subject identification****Data file: data\_anon\_consumption****Overview**

Valid: 11186    Invalid: 0    Minimum: 1    Maximum: 419    Mean: 209.745    Standard deviation: 122.219  
 Type: Continuous    Decimal: 0    Width: 8    Range: 1 - 419    Format: Numeric

**ROUND: Round****Data file: data\_anon\_consumption****Overview**

Valid: 11186    Invalid: 0    Minimum: 1    Maximum: 1    Mean: 1    Standard deviation: 0  
 Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 1    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		11186	100%

**SURVEY\_DAY: Day number****Data file: data\_anon\_consumption****Overview**

Valid: 11186    Invalid: 0    Minimum: 1    Maximum: 1    Mean: 1    Standard deviation: 0  
 Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 1    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		11186	100%

**RESPONDER: Responder****Data file: data\_anon\_consumption****Overview**

Valid: 0    Invalid: 11186  
 Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### SEASON: Season of the year

Data file: data\_anon\_consumption

#### Overview

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### CONSUMPTION\_DAY: Day of consumption

Data file: data\_anon\_consumption

#### Overview

Valid: 11186 Invalid: 0 Minimum: 1 Maximum: 31 Mean: 16.058 Standard deviation: 9.56

Type: Continuous Decimal: 0 Width: 8 Range: 1 - 31 Format: Numeric

### CONSUMPTION\_MONTH: Month of consumption

Data file: data\_anon\_consumption

#### Overview

Valid: 11186 Invalid: 0 Minimum: 7 Maximum: 9 Mean: 8.201 Standard deviation: 0.663

Type: Discrete Decimal: 0 Width: 8 Range: 7 - 9 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
7		1561	14%
8		5818	52%
9		3807	34%

**CONSUMPTION\_YEAR: Year of consumption****Data file:** data\_anon\_consumption**Overview**

Valid: 11186    Invalid: 0    Minimum: 2018    Maximum: 2018    Mean: 2018    Standard deviation: 0  
 Type: Discrete    Decimal: 0    Width: 8    Range: 2018 - 2018    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
2018		11186	100%

**WEEK\_DAY: Week day of consumption****Data file:** data\_anon\_consumption**Overview**

Valid: 11186    Invalid: 0    Minimum: 2    Maximum: 6    Mean: 4.228    Standard deviation: 1.367  
 Type: Discrete    Decimal: 0    Width: 8    Range: 2 - 6    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
2		1601	14.3%
3		1911	17.1%
4		2755	24.6%
5		2173	19.4%
6		2746	24.5%

**EXCEPTION\_DAY: Exceptional diet the day of consumption****Data file:** data\_anon\_consumption**Overview**

Valid: 11186    Invalid: 0    Minimum: 1    Maximum: 3    Mean: 1.037    Standard deviation: 0.201  
 Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 3    Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
1		10805	96.6%
2		353	3.2%
3		28	0.3%

## CONSUMPTION\_TIME\_HOUR: Time of consumption (hours)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## CONSUMPTION\_TIME\_MINUTES: Time of consumption (minutes)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## MEAL\_NAME: Eating occasion

Data file: data\_anon\_consumption

### Overview

Valid: 11186 Invalid: 0 Minimum: 2 Maximum: 6 Mean: 4.087 Standard deviation: 1.407

Type: Discrete Decimal: 0 Width: 8 Range: 2 - 6 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2		2163	19.3%
3		1432	12.8%
4		3564	31.9%
5		1325	11.8%
6		2702	24.2%

## PLACE: Place of consumption

Data file: data\_anon\_consumption

### Overview

Valid: 11186 Invalid: 0 Minimum: 1 Maximum: 2 Mean: 1.199 Standard deviation: 0.399  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		8963	80.1%
2		2223	19.9%

## FOOD\_TYPE: Type of the eating occasion

Data file: data\_anon\_consumption

### Overview

Valid: 11186 Invalid: 0 Minimum: 1 Maximum: 4 Mean: 2.226 Standard deviation: 0.847  
 Type: Discrete Decimal: 0 Width: 8 Range: 1 - 4 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		1176	10.5%
2		8156	72.9%
4		1854	16.6%

## RECIPE\_CODE: ID Recipe

Data file: data\_anon\_consumption

## Overview

Valid: 8156   Invalid: 3030   Minimum: 1   Maximum: 515   Mean: 223.71   Standard deviation: 146.721  
 Type: Continuous   Decimal: 0   Width: 8   Range: 1 - 515   Format: Numeric

## RECIPE\_DESCR: Recipe description in local language (other than English)

Data file: data\_anon\_consumption

## Overview

Valid: 8156   Invalid: 0  
 Type: Discrete   Width: 49   Range: -   Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
ACELGA CON HUEVO		3	0%
ACELGA GUISADA		5	0.1%
AGUA DE AVENA CON AZUCAR		2	0%
AGUA DE PLATANO		2	0%
ALBONDIGAS EN SALSA		11	0.1%
ARROZ A LA VALENCIANA		38	0.5%
ARROZ BLANCO		25	0.3%
ARROZ BLANCO CON TOMATE		13	0.2%
ARROZ COCIDO SIN GRASA		2	0%
ARROZ COCIDO SIN SAL		3	0%
ARROZ CON CHIPILIN		7	0.1%
ARROZ CON HUEVO		5	0.1%
ARROZ CON LOROCO		5	0.1%
ARROZ CON MENUDOS		14	0.2%
ARROZ CON POLLO		7	0.1%
ARROZ JARDINERO		34	0.4%
ARROZ VERDE		7	0.1%
ARVEJA CHINA EN MANTEQUILLA		3	0%
ATOL BLANCO		13	0.2%
ATOL DE ARROZ CON CHOCOLATE		9	0.1%
ATOL DE ARROZ CON LECHE		45	0.6%
ATOL DE AVENA		21	0.3%
ATOL DE AVENA CON LECHE		57	0.7%
ATOL DE CORAZON DE TRIGO		17	0.2%
ATOL DE HABA		50	0.6%



ATOL DE INCAPARINA CON AZUCAR	80	1%
ATOL DE INCAPARINA CON LECHE	51	0.6%
ATOL DE PINOL	2	0%
ATOL DE PLATANO	13	0.2%
ATUN ARREGLADO	4	0%
AVENA CON CHOCOLATE Y CEREAL	4	0%
AVENA CON LECHE	26	0.3%
BEBIDA DE CHOCOLATE CON LECHE	3	0%
BISTEC DE CERDO	25	0.3%
BISTEC DE HIGADO DE RES	5	0.1%
BISTEC DE RES	27	0.3%
BISTEC DE RES CON SALSA	16	0.2%
BLEDO COCIDO	2	0%
BROCOLI CON LIMON	2	0%
CAFE DE CEREALES CON AZUCAR	6	0.1%
CAFE DE MAIZ CON AZUCAR	10	0.1%
CAFE INSTANTANEO CON AZUCAR	415	5.1%
CAFE INSTANTANEO CON CHOCOLATE Y AZUCAR	6	0.1%
CAFE INSTANTANEO CON CREMA Y AZUCAR	15	0.2%
CAFE INSTANTANEO CON EDULCORANTE	1	0%
CAFE INSTANTANEO CON LECHE Y AZUCAR	111	1.4%
CAFE MOLIDO CON AZUCAR	163	2%
CAFE MOLIDO CON LECHE Y AZUCAR	31	0.4%
CALDO DE GALLINA	35	0.4%
CALDO DE HIERBAS	10	0.1%
CALDO DE HUEVO	30	0.4%
CALDO DE MACUY	22	0.3%
CALDO DE MACUY CON HUEVO	16	0.2%
CALDO DE MARISCO	2	0%
CALDO DE NABO	3	0%
CALDO DE PESCADO	6	0.1%
CALDO DE POLLO	353	4.3%
CALDO DE POLLO CON MACUY	9	0.1%
CALDO DE RES	134	1.6%
CAMARONES FRITOS	7	0.1%
CARNE ADOBADA DE CERDO CON ACEITE	8	0.1%
CARNE ADOBADA DE RES CON ACEITE	2	0%
CARNE CON SALSA	4	0%
CARNE DE CERDO ASADA	3	0%

CARNE DE CERDO CON VERDURAS	14	0.2%
CARNE DE CERDO GUISADA	2	0%
CARNE DE RES ASADA CONDIMENTADA	36	0.4%
CARNE DE RES CON VERDURAS	4	0%
CARNE DE RES FRITA	7	0.1%
CARNE DE RES GUISADA	58	0.7%
CARNE MOLIDA	17	0.2%
CARNE MOLIDA FRITA	16	0.2%
CARNE PRENSADA	4	0%
CEBOLLA FRITA	2	0%
CEREAL AZUCARADO CON LECHE	22	0.3%
CEREAL AZUCARADO CON LECHE Y BANANO	8	0.1%
CEREAL CON LECHE	165	2%
CEREAL CON LECHE Y AZUCAR	96	1.2%
CEREAL CON LECHE Y BANANO	83	1%
CEVICHE DE ATUN	5	0.1%
CEVICHE PROTEMAS	6	0.1%
CHICHARRIN	7	0.1%
CHILAQUILAS DE GUISQUIL	8	0.1%
CHILAQUILAS DE QUESO	8	0.1%
CHILE CHILTEPE PREPARADO	2	0%
CHILES RELLENOS	18	0.2%
CHIRMOL	84	1%
CHIRMOL ASADO	2	0%
CHIRMOL CON PAPA	4	0%
CHIRMOL PICANTE	3	0%
CHOCOFRESA	3	0%
CHOCOPAN	3	0%
CHORIZO FRITO	10	0.1%
CHORIZO Y LONGANIZAS FRITAS	6	0.1%
CHOW MEIN DE POLLO	44	0.5%
CHOW MEIN DE RES Y CERDO	5	0.1%
CHULETA DE CERDO FRITA	5	0.1%
CHURRASCOS	6	0.1%
COCO C/SAL Y LIMON Y PEPITA	4	0%
COCTEL DE FRUTAS	10	0.1%
COLIFLOR ENVUELTA EN HUEVO	17	0.2%
COSTILLA A LA BARBACOA	4	0%
COSTILLA ASADA	8	0.1%

COSTILLA EN RECADO	6	0.1%
COSTILLA GUISADA	16	0.2%
CURTIDO	20	0.2%
DOBLADA CON CHOW MEIN	16	0.2%
DOBLADA DE PAPA CON SALSA	6	0.1%
DOBLADAS DE CARNE	13	0.2%
DOBLADAS DE QUESO	7	0.1%
DOBLADAS DE VERDURAS	12	0.1%
DORITOS (SNACK) PREPARADOS	3	0%
DURAZNOS EN DULCE	7	0.1%
DURAZNOS EN MIEL CON CEREZA	6	0.1%
EJOTES CON CARNE MOLIDA	10	0.1%
EJOTES ENVUELTOS EN HUEVO	5	0.1%
ELOTE AMARILLO CON LIMON	3	0%
ELOTE BLANCO CON LIMON	3	0%
ELOTE LOCO	21	0.3%
ELOTITOS (SNACK) PREPARADOS	25	0.3%
ENCHILADAS DE VERDURAS	7	0.1%
ENSALADA DE BERRO	10	0.1%
ENSALADA DE BROCOLI CON LIMON	3	0%
ENSALADA DE CODITOS	7	0.1%
ENSALADA DE LECHUGA Y PEPINO	11	0.1%
ENSALADA DE LECHUGA Y RABANO	10	0.1%
ENSALADA DE LECHUGA Y TOMATE	22	0.3%
ENSALADA DE LECHUGA Y ZANAHORIA	8	0.1%
ENSALADA DE LECHUGA, PEPINO Y RABANO CON LIMON	10	0.1%
ENSALADA DE LECHUGA, TOMATE Y PEPINO CON LIMON	5	0.1%
ENSALADA DE LECHUGA, TOMATE Y ZANAHORIA CON LIMON	14	0.2%
ENSALADA DE PEPINILLO	4	0%
ENSALADA DE REPOLLO	12	0.1%
ENSALADA DE REPOLLO CON QUESO	4	0%
ENSALADA RUSA	17	0.2%
ENSALADA VERDE	6	0.1%
ESTOFADO DE POLLO	2	0%
FILETE DE PESCADO	5	0.1%
FILETE DE POLLO DORADO	3	0%
FLAN DE VAINILLA	6	0.1%
FLAUTAS DE FRIJOL	6	0.1%
FRESAS CON AZUCAR	10	0.1%

FRESAS CON CREMA	2	0%
FRESAS CON CREMA Y AZUCAR	9	0.1%
FRESAS CON MIEL	2	0%
FRESCO DE AVENA	20	0.2%
FRESCO DE CEBADA	5	0.1%
FRESCO DE CHILACAYOTE	2	0%
FRESCO DE CREMITA	10	0.1%
FRESCO DE FRESA CON AZUCAR (EN AGUA)	12	0.1%
FRESCO DE FRUTAS CON AZUCAR (EN AGUA)	14	0.2%
FRESCO DE FRUTAS SIN AZUCAR (EN AGUA)	6	0.1%
FRESCO DE HORCHATA	57	0.7%
FRESCO DE LIMONADA	169	2.1%
FRESCO DE MANGO CON AZUCAR (EN AGUA)	6	0.1%
FRESCO DE MARACUYA	4	0%
FRESCO DE MASA	2	0%
FRESCO DE MELON CON AZUCAR (EN AGUA)	4	0%
FRESCO DE MORA CON AZUCAR (EN AGUA)	10	0.1%
FRESCO DE NANCE	2	0%
FRESCO DE PINA CON AZUCAR (EN AGUA)	32	0.4%
FRESCO DE PINA Y COCO CON AZUCAR (EN AGUA)	3	0%
FRESCO DE PINOL	12	0.1%
FRESCO DE ROSA DE JAMAICA	106	1.3%
FRESCO DE TAMARINDO	26	0.3%
FRESCO DE VAINILLA	4	0%
FRIJOLES BLANCOS CON CARNE	7	0.1%
FRIJOLES COLORADOS	24	0.3%
FRIJOLES COLORADOS CON CHICHARRON	22	0.3%
FRIJOLES NEGROS COCIDOS CON CREMA	2	0%
FRIJOLES NEGROS COCIDOS CON SALCHICHA	2	0%
FRIJOLES NEGROS COLADOS CON CREMA	16	0.2%
FRIJOLES NEGROS COLADOS CON MAYONESA	2	0%
FRIJOLES NEGROS CON ARROZ	2	0%
FRIJOLES NEGROS PARADOS CON QUESO	2	0%
FRIJOLES NEGROS PARADOS FRITOS CON QUESO DURO	2	0%
FRIJOLES VOLTEADOS CON CREMA	3	0%
FRIJOLES VOLTEADOS FRITOS	29	0.4%
FRUTA PARA PANQUEQUES	1	0%
GALLETA DE SODA CON MERMELADA	2	0%
GALLO PINTO	4	0%

GRANIZADA C/LIMON Y PEPITA	2	0%
GRANIZADA DE LIMON	8	0.1%
GRANIZADA SALADA	6	0.1%
GUACAMOL	30	0.4%
GUICOYITOS SUDADOS	7	0.1%
GUISADO DE HABAS	12	0.1%
HELADO CREMOSO CON CONO	4	0%
HELADO CREMOSO DE FRESA CON CONO	6	0.1%
HELADO CREMOSO DE VAINILLA CON CONO	2	0%
HELADO DE FRUTAS CON CONO	2	0%
HELADO DE HIELO DE MORA CASERO	6	0.1%
HELADO DE NIEVE CON CONO	2	0%
HELADO DE NIEVE DE PINA CON CONO	2	0%
HIGADO MIGADO	12	0.1%
HILACHAS	23	0.3%
HUEVO CON CHIRMOL	5	0.1%
HUEVO CON CHORIZO	4	0%
HUEVO CON JAMON	5	0.1%
HUEVO CON SALCHICHA	24	0.3%
HUEVO CON SALCHICHA Y TOMATE	19	0.2%
HUEVO CON SALSA	5	0.1%
HUEVO CON TOMATE Y CEBOLLA	31	0.4%
HUEVO EN OMELETTE CON JAMON Y QUESO	10	0.1%
HUEVO EN TORTA	43	0.5%
HUEVO EN TORTA CON CEBOLLA	8	0.1%
HUEVO ESTRELLADO	132	1.6%
HUEVO REVUELTO	398	4.9%
HUEVO REVUELTO CON SALCHICHA	25	0.3%
HUEVO REVUELTO CON TOMATE Y CEBOLLA	23	0.3%
JAMN GUISADO	4	0%
JAMON DE CERDO CON ACEITE	4	0%
JAMON FRITO	4	0%
JOCON	32	0.4%
JUGO DE NARANJA	6	0.1%
JUGO DE NARANJA Y LIMON	3	0%
KAKIK	10	0.1%
LECHE CON AZUCAR	34	0.4%
LECHE CON CHOCOLATE	12	0.1%
LECHE CON COCOA	8	0.1%

LECHE CON PAN		2	0%
LICUADO DE BANANO (EN LECHE)		2	0%
LICUADO DE BANANO CON AZUCAR (EN LECHE)		6	0.1%
LICUADO DE FRESA CON AZUCAR (EN AGUA)		6	0.1%
LICUADO DE FRESA CON AZUCAR (EN LECHE)		15	0.2%
LICUADO DE FRUTAS CON AZUCAR (EN AGUA)		8	0.1%
LICUADO DE MELON CON AZUCAR (EN AGUA)		8	0.1%
LICUADO DE NARANJA Y ZANAHORIA (EN AGUA)		3	0%
LICUADO DE PAPAYA CON AZUCAR (EN AGUA)		4	0%
LICUADO DE PAPAYA CON AZUCAR (EN LECHE)		3	0%
LICUADO DE PLATANO Y COCOA (EN LECHE)		3	0%
LIMON CON PEPITA		3	0%
LIMON CON SAL		4	0%
LONGANIZA DE CERDO CON ACEITE		2	0%
LONGANIZA DE CERDO CON SALSA		10	0.1%
LONGANIZA DE CERDO FRITA		2	0%
LONGANIZA DE CERDO GUISADA		6	0.1%
LONGANIZA DE CERDO PREPARADA		5	0.1%
LONGANIZA DE POLLO		2	0%
LONGANIZA DE RES PREPARADA		5	0.1%
MANGO VERDE PREPARADO		29	0.4%
MANZANA CON AZUCAR		2	0%
MANZANA CON LIMON		2	0%
MANZANA CON LIMON Y PEPITA		4	0%
MANZANA CON MANIAS		6	0.1%
MANZANA CON MIEL		4	0%
MANZANA PREPARADA		4	0%
MEDALLONES DE POLLO		5	0.1%
MEDALLONES DE POLLO EMPANIZADOS		3	0%
MEDALLONES DE POLLO FRITOS		2	0%
MENUDOS DE POLLO CON ARROZ		5	0.1%
MENUDOS DE POLLO EN SALSA		12	0.1%
MILANESA DE CERDO		14	0.2%
MILANESA DE RES		6	0.1%
MILKSHAKE DE OREO		2	0%
MINERAL PREPARADA		4	0%
MIXTA DE JAMON		7	0.1%
MIXTA DE SALCHICHA		24	0.3%
MOLE DE PLATANO		34	0.4%

MOLLEJAS DE POLLO	7	0.1%
NACHOS PREPARADOS	3	0%
NARANJAS CON PEPITA	3	0%
PALITOS (SNACK) PREPARADOS	10	0.1%
PAN CON BANANO	8	0.1%
PAN CON CHILE RELLENO	19	0.2%
PAN CON CHORIZO	5	0.1%
PAN CON CREMA	8	0.1%
PAN CON FRIJOL	112	1.4%
PAN CON FRIJOL Y HUEVO	6	0.1%
PAN CON FRIJOL Y QUESO	30	0.4%
PAN CON FRIJOL Y QUESO CREMA	6	0.1%
PAN CON FRIJOL Y SALCHICHA	3	0%
PAN CON FRIJOL, QUESO Y CREMA	4	0%
PAN CON HUEVO	90	1.1%
PAN CON HUEVO EN TORTA	3	0%
PAN CON HUEVO Y JAMON	6	0.1%
PAN CON JALEA	3	0%
PAN CON JALEA Y MARGARINA	9	0.1%
PAN CON JAMON	246	3%
PAN CON JAMON Y QUESO	40	0.5%
PAN CON KETCHUP Y MAYONESA	3	0%
PAN CON LONGANIZA	7	0.1%
PAN CON MARGARINA	12	0.1%
PAN CON MAYONESA	2	0%
PAN CON MEDALLON	2	0%
PAN CON MIEL	4	0%
PAN CON NUTELLA	2	0%
PAN CON PATE	8	0.1%
PAN CON POLLO	24	0.3%
PAN CON QUESO AMARILLO	2	0%
PAN CON QUESO CREMA	54	0.7%
PAN CON QUESO CREMA Y JALEA	3	0%
PAN CON QUESO FRESCO	24	0.3%
PAN CON QUESO FRESCO Y CREMA	6	0.1%
PAN CON SALCHICHA	76	0.9%
PAN CON SALSA	2	0%
PAN CON TORTITA DE CARNE	8	0.1%
PAN PIRUJO CON QUESO FRESCO	2	0%

PAN TOSTADO CON JALEA	2	0%
PAN TOSTADO CON MARGARINA	2	0%
PANQUEQUES	60	0.7%
PANQUEQUES CON FRUTA	5	0.1%
PANQUEQUES CON JALEA	4	0%
PANQUEQUES CON MIEL DE ABEJAS	22	0.3%
PANQUEQUES CON MIEL DE MAPLE	17	0.2%
PANZA EN RECADO (TIRAS) SIN GRASA	5	0.1%
PAPAS ASADAS	3	0%
PAPAS CON MAYONESA	8	0.1%
PAPAS DORADAS	11	0.1%
PAPAS FRITAS CASERAS	37	0.5%
PAPAS FRITAS PREPARADAS CON KETCHUP	7	0.1%
PAPAS RELLENAS CON CARNE MOLIDA	6	0.1%
PASTA COCIDA	4	0%
PASTA CON CREMA	8	0.1%
PASTA CON MANTEQUILLA	3	0%
PASTA CON SALCHICHA	4	0%
PASTA CON TOMATE	21	0.3%
PASTA DE CODITOS	2	0%
PASTA DE CODITOS CON JAMON	12	0.1%
PASTA DE CODITOS CON MANTEQUILLA	3	0%
PASTA DE CODITOS CON MAYONESA	34	0.4%
PASTA DE CODITOS CON SALCHICHA	14	0.2%
PASTA DE CODITOS CON SALSA	6	0.1%
PASTA DE ESPAGUETTI	1	0%
PASTA DE ESPAGUETTI CON CARNE	37	0.5%
PASTA DE ESPAGUETTI CON CREMA	11	0.1%
PASTA DE ESPAGUETTI CON MANTEQUILLA	5	0.1%
PASTA DE ESPAGUETTI CON POLLO	7	0.1%
PASTA DE ESPAGUETTI CON QUESO	10	0.1%
PASTA DE ESPAGUETTI CON SALCHICHA Y SALSA	18	0.2%
PASTA DE ESPAGUETTI CON SALSA	53	0.6%
PASTA DE ESPAGUETTI CON TOMATE	6	0.1%
PASTA DE ESPAGUETTI FRITA	9	0.1%
PASTA DE FIDEOS CON CARNE	32	0.4%
PASTA DE FIDEOS CON SALSA	45	0.6%
PASTA TIPO MACARRONES CON SALSA	26	0.3%
PECHUGAS DE POLLO DORADAS	2	0%



PEPIAN DE COSTILLA	6	0.1%
PEPIAN DE GALLINA	18	0.2%
PEPIAN DE POLLO	83	1%
PEPINO CON LIMON	14	0.2%
PEPINO CON MAYONESA	4	0%
PEPINO PREPARADO	38	0.5%
PEPINO Y RABANO CON LIMON	21	0.3%
PERULEROS MIGADOS	4	0%
PESCADO (MOJARRA) FRITO	5	0.1%
PICADO DE CARNE CON VERDURAS	15	0.2%
PICADO DE RABANO	20	0.2%
PINA CON AZUCAR	2	0%
PINCHO DE SALCHICHA	2	0%
PLATANO MADURO COCIDO CON AZUCAR	14	0.2%
PLATANO MADURO FRITO	53	0.6%
PLATANO MADURO FRITO CON CREMA	11	0.1%
POLLLO GUIADO CON ESPINACA	6	0.1%
POLLO A LA PLANCHA	3	0%
POLLO AHUMADO	2	0%
POLLO AL ESTILO CHINO	9	0.1%
POLLO AMARILLO EN RECADO	7	0.1%
POLLO ASADO	43	0.5%
POLLO COCIDO	3	0%
POLLO COCIDO DESMENUZADO	3	0%
POLLO COCIDO EN SALSA	2	0%
POLLO CON ARROZ	19	0.2%
POLLO CON CHIPILIN	7	0.1%
POLLO CON LOROCO	16	0.2%
POLLO CON MACUY	5	0.1%
POLLO CON MAYONESA	8	0.1%
POLLO CON SALSA	6	0.1%
POLLO CON TORTILLA DE HARINA	3	0%
POLLO DESMENUZADO CON MAYONESA	4	0%
POLLO DORADO	53	0.6%
POLLO EMPANIZADO DE RESTAURANTE	3	0%
POLLO EN AMARILLO	11	0.1%
POLLO EN CREMA	6	0.1%
POLLO EN CREMA CON LOROCO	7	0.1%
POLLO EN PINOL	16	0.2%

POLLO FRITO	64	0.8%
POLLO GUISADO	128	1.6%
POLLO HORNEADO	4	0%
POLLO ROSTIZADO	11	0.1%
POPOROPOS S/SAL	2	0%
PUPUSA DE QUESO	16	0.2%
PURE DE PAPA	59	0.7%
QUESO AMARILLO	2	0%
QUILETE CON FRIJOL	4	0%
RABANO CON LIMON	2	0%
REFRESCO ARTIFICIAL DE DURAZNO (POLVO EN AGUA)	9	0.1%
REFRESCO ARTIFICIAL DE FRESA (POLVO EN AGUA)	32	0.4%
REFRESCO ARTIFICIAL DE MANGO (POLVO EN AGUA)	6	0.1%
REFRESCO ARTIFICIAL DE NARANJA (POLVO EN AGUA)	39	0.5%
REFRESCO ARTIFICIAL DE PINA (POLVO EN AGUA)	6	0.1%
REFRESCO ARTIFICIAL DE TAMARINDO (POLVO EN AGUA)	5	0.1%
REFRESCO ARTIFICIAL DE TE DE MANZANA (PREPARADO)	2	0%
REFRESCO ARTIFICIAL DE UVA (POLVO EN AGUA)	8	0.1%
REMOLACHA CON LIMON	15	0.2%
SALCHICHA	11	0.1%
SALCHICHA CON SALSA	18	0.2%
SALCHICHA CON TOMATE	15	0.2%
SALCHICHA FRITA	24	0.3%
SALSA DE TOMATE	76	0.9%
SALSA DE TOMATE CON POLLO	4	0%
SALSA RANCHERA	6	0.1%
SANDIA CON MIEL	2	0%
SANDWICH DE JAMON	8	0.1%
SANDWICH DE JAMON Y QUESO	16	0.2%
SANDWICH DE QUESO	2	0%
SARDINA CON LIMON	2	0%
SOPA DE ACELGA	8	0.1%
SOPA DE CARNE CON VERDURAS	7	0.1%
SOPA DE CHIPILIN	10	0.1%
SOPA DE EJOTE	5	0.1%
SOPA DE MACUY	35	0.4%
SOPA DE POLLO	36	0.4%
SOPA DE POLLO CON FIDEOS	33	0.4%
SOPA DE POLLO CON HUEVO	18	0.2%

SOPA DE POLLO CON VERDURAS	5	0.1%
SOPA DE RES	12	0.1%
SOPA INSTANTANEA DE POLLO CON LIMON	2	0%
SOPA INSTANTANEA PREPARADA	12	0.1%
TACOS DE CARNE	6	0.1%
TACOS DE CHORIZO SUAVES	5	0.1%
TACOS DE PAPA Y POLLO	4	0%
TACOS DE POLLO	3	0%
TAMALITO BLANCO	6	0.1%
TAMALITO DE ELOTE CON CREMA	8	0.1%
TAMALITOS DE MASA CON FRIJOL	3	0%
TAQUERITO PREPARADO (SNACK)	8	0.1%
TE DE CANELA	2	0%
TE DE HIERBABUENA CON AZUCAR	4	0%
TE DE HIERBABUENA CON MIEL	3	0%
TE DE MANGO CON AZUCAR	2	0%
TE DE MANZANILLA CON AZUCAR	17	0.2%
TE NEGRO CON AZUCAR	4	0%
TOMATE CON LIMON	3	0%
TOMATE Y PEPINO CON LIMON	25	0.3%
TORTILLA DE MAIZ CON FRIJOL	4	0%
TORTILLA DE MAIZ CON HUEVO	8	0.1%
TORTILLA DE MAIZ CON MARGARINA	2	0%
TORTILLA DE MAIZ CON MEDALLONES	4	0%
TORTILLA DE MAIZ CON POLLO	2	0%
TORTILLA DE MAIZ CON QUESO	10	0.1%
TORTILLA DE MAIZ CON REQUESON	1	0%
TORTILLA DE MAIZ CON SALCHICHA	4	0%
TORTILLA DE MAIZ FRITA	16	0.2%
TORTILLA DE MAIZ FRITA CON QUESO	5	0.1%
TORTITA DE CARNE	50	0.6%
TORTITA DE CERDO FRITA	2	0%
TORTITA DE PAPA	8	0.1%
TORTITAS DE BERRO	7	0.1%
TOSTADA CON FRIJOL	28	0.3%
TOSTADA CON POLLO	2	0%
TOSTADA CON QUESO FRESCO	4	0%
TOSTADA CON VERDURAS	2	0%
TOSTADAS A LA FRANCESA	4	0%

VERDURAS AL VAPOR		8	0.1%
VERDURAS COCIDAS		10	0.1%
YOGURT SABORIZADO DE FRUTAS CON CEREAL		2	0%
ZANAHORIA CON LIMON		6	0.1%

## RECIPE\_DESCR\_ENG: Recipe description in English

Data file: data\_anon\_consumption

### Overview

Valid: 8156 Invalid: 0

Type: Discrete Width: 62 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
AMARANTH LEAVES, COOKED		2	0%
APPLE W/HONEY		4	0%
APPLE W/LEMON JUICE		2	0%
APPLE W/LEMON JUICE & GROUNDED PUMPKIN SEED		4	0%
APPLE W/LEMON JUICE, SALT & GROUNDED PUMPKIN SEED		4	0%
APPLE W/PEANUTS		6	0.1%
APPLE W/SUGAR		2	0%
ARTIFICIAL BEVERAGE, APPLE FLAVOUR, READY-TO-DRINK		2	0%
ARTIFICIAL BEVERAGE, GRAPE FLAVOUR, RECONSTITUTED		8	0.1%
ARTIFICIAL BEVERAGE, MANGO FLAVOUR, RECONSTITUTED		6	0.1%
ARTIFICIAL BEVERAGE, ORANGE FLAVOUR, RECONSTITUTED		39	0.5%
ARTIFICIAL BEVERAGE, PEACH FLAVOUR, RECONSTITUTED		9	0.1%
ARTIFICIAL BEVERAGE, PINEAPPLE FLAVOUR, RECONSTITUTED		6	0.1%
ARTIFICIAL BEVERAGE, STRAWBERRY FLAVOUR, RECONSTITUTED		32	0.4%
ARTIFICIAL BEVERAGE, TAMARIND FLAVOUR, RECONSTITUTED		5	0.1%
ASIAN CHOW MEIN, BEEF & PORK		5	0.1%
ASIAN CHOW MEIN, CHICKEN		44	0.5%
BACKRIBS W/BARBECUE SAUCE		4	0%
BACKRIBS W/THICK SAUCE		6	0.1%
BACKRIBS, GRILLED		8	0.1%
BACKRIBS, STEWED		16	0.2%
BANANA MILK-BASED SMOOTHIE		2	0%
BANANA MILK-BASED SMOOTHIE W/SUGAR		6	0.1%

BARLEY GRAINS BEVERAGE	5	0.1%
BATTERED CAULIFLOWER	17	0.2%
BATTERED GREEN BEANS W/PODS	5	0.1%
BEEF & VEGETABLES SOUP	7	0.1%
BEEF LIVER, STEAK	5	0.1%
BEEF MEAT W/AVOCADO & TOMATO SAUCE	6	0.1%
BEEF MEAT W/SAUCE	4	0%
BEEF MEAT W/VEGETABLES	4	0%
BEEF MEAT, BREADED, COOKED	6	0.1%
BEEF MEAT, FRIED	7	0.1%
BEEF MEAT, GRILLED, SPICED	36	0.4%
BEEF MEAT, GROUNDED	17	0.2%
BEEF MEAT, MARINATED, W/OIL	2	0%
BEEF MEAT, STEWED	58	0.7%
BEEF PATTY	50	0.6%
BEEF SAUSAGE LONGANIZA W/MIXED VEGETABLES	5	0.1%
BEEF SOUP	146	1.8%
BEEF STEAK	27	0.3%
BEEF STEAK W/SAUCE	16	0.2%
BEEF TRIPE IN SLICES W/THICK SAUCE WO/FAT	5	0.1%
BEEF&PORK MEAT, PRESSED	4	0%
BEETROOTS W/LEMON JUICE	15	0.2%
BLACK COOKED BEANS W/CREAM	2	0%
BLACK COOKED BEANS W/HARD CHEESE	2	0%
BLACK COOKED BEANS W/RICE	2	0%
BLACK COOKED BEANS W/SAUSAGE	2	0%
BLACK COOKED BEANS W/SOFT CHEESE	2	0%
BLACK COOKED BEANS, LIQUIFIED W/CREAM	16	0.2%
BLACK COOKED BEANS, LIQUIFIED W/MAYONNAISE	2	0%
BLACK NIGHTSHADE SOUP	35	0.4%
BLACK NIGHTSHADE W/COOKED BLACK BEANS	4	0%
BLACK TEA W/SUGAR	4	0%
BLACKBERRY BEVERAGE W/WATER & SUGAR	10	0.1%
BRAD W/CHORIZO SAUSAGE	5	0.1%
BREAD W/BANANA	8	0.1%
BREAD W/BEANS	112	1.4%
BREAD W/BEANS & CHEESE	30	0.4%
BREAD W/BEANS & CREAM CHEESE	6	0.1%
BREAD W/BEANS & EGGS	6	0.1%

BREAD W/BEANS & SAUSAGE	3	0%
BREAD W/BEANS, CHEESE & CREAM	4	0%
BREAD W/CHICKEN LIVER PATE	8	0.1%
BREAD W/CHICKEN NUGGETS	2	0%
BREAD W/CHICKEN SALAD	24	0.3%
BREAD W/CHOCOLATE COATING	3	0%
BREAD W/CREAM	8	0.1%
BREAD W/CREAM CHEESE	54	0.7%
BREAD W/CREAM CHEESE & FRUIT JELLY	3	0%
BREAD W/EGGS	90	1.1%
BREAD W/FILLED SWEET PEPPERS	19	0.2%
BREAD W/FLAT OMELETTE EGGS	3	0%
BREAD W/FRESH UNCURED CHEESE	26	0.3%
BREAD W/FRESH UNCURED CHEESE & CREAM	6	0.1%
BREAD W/FRUIT JELLY	3	0%
BREAD W/FRUIT JELLY & MARGARINE	9	0.1%
BREAD W/HAM	246	3%
BREAD W/HAM & CHEESE	40	0.5%
BREAD W/HAM & EGGS	6	0.1%
BREAD W/KETCHUP & MAYONNAISE	3	0%
BREAD W/LONGANIZA SAUSAGE	7	0.1%
BREAD W/MAPLE SYRUP	4	0%
BREAD W/MARGARINE	12	0.1%
BREAD W/MAYONNAISE	2	0%
BREAD W/MEAT PATTY	8	0.1%
BREAD W/NUTELLA	2	0%
BREAD W/SAUSAGE	76	0.9%
BREAD W/TOMATO SAUCE	2	0%
BREAD W/YELLOW PROCESSED CHEESE	2	0%
BREAD, TOASTED, W/FRUIT JELLY	2	0%
BREAD, TOASTED, W/MARGARINE	2	0%
BREADED BEEF LIVER	12	0.1%
BREAKFAST CEREAL W/MILK	165	2%
BREAKFAST CEREAL W/MILK & BANANA	83	1%
BREAKFAST CEREAL W/MILK & SUGAR	96	1.2%
BREAKFAST SUGARY CEREAL W/MILK	22	0.3%
BREAKFAST SUGARY CEREAL W/MILK & BANANA	8	0.1%
BROAD BEANS ATOLE	50	0.6%
BROADBEANS STEW	12	0.1%

BROCCOLI MIXED SALAD W/LEMON	3	0%
BROCCOLI W/LEMON	2	0%
CABBAGE MIXED SALAD	12	0.1%
CABBAGE MIXED SALAD W/CHEESE	4	0%
CAMOMILE TEA W/SUGAR	17	0.2%
CARROT W/LEMON JUICE	6	0.1%
CEREAL "CORAZON DE TRIGO" ATOLE	17	0.2%
CHARD SWISS WITH EGGS	3	0%
CHAYOTE FRUIT (WHITE), BREADED, COOKED	4	0%
CHEESE CHILAQUILAS	8	0.1%
CHICHEN, COOKED, W/GOLDEN CRUST	53	0.6%
CHICKE, COOKED, ASIAN-STYLE	9	0.1%
CHICKEN & EGG SOUP	18	0.2%
CHICKEN & NIGHTSHADE BLACK LEAVES SOUP	9	0.1%
CHICKEN & NODDLES SOUP	33	0.4%
CHICKEN & VEGETABLES SOUP	5	0.1%
CHICKEN BREAST, COOKED, W/GOLDEN CRUST	2	0%
CHICKEN BREAST, GRILLED	3	0%
CHICKEN FILLET, GOLDEN CRUST	3	0%
CHICKEN GIBLETS W/RICE	5	0.1%
CHICKEN GIBLETS W/TOMATO SAUCE	12	0.1%
CHICKEN GIBLETS, COOKED	7	0.1%
CHICKEN INSTANT SOUP	12	0.1%
CHICKEN INSTANT SOUP W/LEMON	2	0%
CHICKEN MEAL W/RICE	19	0.2%
CHICKEN NUGGETS	5	0.1%
CHICKEN NUGGETS, BREADED	3	0%
CHICKEN NUGGETS, FRIED	2	0%
CHICKEN SAUSAGE LONGANIZA	2	0%
CHICKEN SOUP	389	4.8%
CHICKEN STEW	2	0%
CHICKEN, BAKED	4	0%
CHICKEN, BREADED&FRIED, RESTAURANT PREPARED	3	0%
CHICKEN, COOKED W/CREAM & FERNALDIA FIDDLE SHAPE (LOROCO)	7	0.1%
CHICKEN, COOKED, BOILED	3	0%
CHICKEN, COOKED, BOILED, SLICED	3	0%
CHICKEN, COOKED, GRILLED	43	0.5%
CHICKEN, COOKED, SLICED W/MAYONNAISE	4	0%
CHICKEN, COOKED, SMOKED	2	0%

CHICKEN, COOKED, W/BLACK NIGHTSHADE LEAVES	5	0.1%
CHICKEN, COOKED, W/CREAM	6	0.1%
CHICKEN, COOKED, W/CROTALARIA LEAVES&SHOOTS (CHIPILIN)	7	0.1%
CHICKEN, COOKED, W/FERNALDIA FIDDLE SHAPE (LOROCO)	16	0.2%
CHICKEN, COOKED, W/MAYONNAISE	8	0.1%
CHICKEN, COOKED, W/PINOLE	16	0.2%
CHICKEN, COOKED, W/TOMATO SAUCE	8	0.1%
CHICKEN, COOKED, W/WHEAT TORTILLA	3	0%
CHICKEN, COOKED, W/YELLOW THICK SAUCE	11	0.1%
CHICKEN, FRIED	64	0.8%
CHICKEN, ROASTED	11	0.1%
CHICKEN, STEWED	128	1.6%
CHICKEN, STEWED W/SPINACH	6	0.1%
CHICKEN, YELLOW, COOKED, W/THICK SAUCE	7	0.1%
CHOCOLATE W/MILK DRINK	3	0%
CHOPPED BEEF MEAT W/VEGETABLES	15	0.2%
CHOPPED RADISHES W/OTHER VEGETABLES & LEMON JUICE	20	0.2%
CHOPPED TOMATO DRESSING	84	1%
CHOPPED TOMATO DRESSING W/POTATO	4	0%
CHOPPED TOMATO DRESSING, GRILLED	2	0%
CHOPPED TOMATO DRESSING, SPICY	3	0%
CINNAMON TEA	2	0%
COCONUT W/SALT, LEMON & GROUNDED PUMPKIN SEED	4	0%
COFFEE SUBSTITUTE OF CEREAL GRAIN W/SUGAR	6	0.1%
COFFEE SUBSTITUTE OF MAIZE W/SUGAR	10	0.1%
COFFEE, GROUNDED BASED W/MILK & SUGAR	31	0.4%
COFFEE, GROUNDED BASED W/SUGAR	163	2%
COFFEE, INSTANT, W/ARTIFICIAL SWEETENER	1	0%
COFFEE, INSTANT, W/CHOCOLATE & SUGAR	6	0.1%
COFFEE, INSTANT, W/CREAM & SUGAR	15	0.2%
COFFEE, INSTANT, W/MILK & SUGAR	111	1.4%
COFFEE, INSTANT, W/SUGAR	415	5.1%
COOKED PASATA W/MEAT	32	0.4%
COOKED PASTA W/BUTTER	3	0%
COOKED PASTA W/CREAM	8	0.1%
COOKED PASTA W/SAUSAGE	4	0%
COOKED PASTA W/TOMATO	21	0.3%
COOKED PASTA W/TOMATO SAUCE	45	0.6%
COOKED PASTA, MACARONI TYPE, PLAIN	2	0%



COOKED PASTA, MACARONI TYPE, W/BUTTER	3	0%
COOKED PASTA, MACARONI TYPE, W/HAM	12	0.1%
COOKED PASTA, MACARONI TYPE, W/MAYONNAISE	34	0.4%
COOKED PASTA, MACARONI TYPE, W/SAUSAGE	14	0.2%
COOKED PASTA, MACARONI TYPE, W/TOMATO SAUCE	6	0.1%
COOKED PASTA, MACAROONS W/TOMATO SAUCE	26	0.3%
COOKED PASTA, PLAIN	4	0%
COOKED PASTA, SPAGUETTI	1	0%
COOKED PASTA, SPAGUETTI W/BUTTER	5	0.1%
COOKED PASTA, SPAGUETTI W/CHEESE	10	0.1%
COOKED PASTA, SPAGUETTI W/CHICKEN	7	0.1%
COOKED PASTA, SPAGUETTI W/CREAM	11	0.1%
COOKED PASTA, SPAGUETTI W/MEAT	37	0.5%
COOKED PASTA, SPAGUETTI W/SAUSAGE & TOMATO SAUCE	18	0.2%
COOKED PASTA, SPAGUETTI W/TOMATO SAUCE	53	0.6%
COOKED PASTA, SPAGUETTI. FRIED	9	0.1%
COOKED RICE WO/ FAT	2	0%
COOKED RICE WO/ SALT	3	0%
COOKIES&CREAM MILKSHAKE	2	0%
CORN CHIPS W/LEMON, GROUNDED PUMPKIN SEED & SALT	10	0.1%
CORN CHIPS W/LEMON, SALT & GROUNDED PUMPKIN SEED	8	0.1%
CORN PROCESSED CHIPS W/LEMON & GROUNDED PUMPKIN SEED	3	0%
CORN SNACKS W/LEMON & SALT	25	0.3%
CREAMY, MILK BASED, BEVERAGE	10	0.1%
CROTALARIA LEAVES & SHOOTS SOUP	10	0.1%
CUCUMBER & RADISH W/LEMON JUICE	21	0.3%
CUCUMBER W/LEMON JUICE	14	0.2%
CUCUMBER W/LEMON JUICE, GROUNDED PUMPKIN SEED & SALT	38	0.5%
CUCUMBER W/MAYONNAISE	4	0%
EGG SOUP	30	0.4%
FIG LEAF SQUASH BEVERAGE	2	0%
FILLED TORTILLA W/BEEF MEAT	13	0.2%
FILLED TORTILLA W/CHEESE	7	0.1%
FILLED TORTILLA W/CHOW MEIN	16	0.2%
FILLED TORTILLA W/HAM & OTHER INGREDIENTS	7	0.1%
FILLED TORTILLA W/MIXED VEGETABLES	12	0.1%
FILLED TORTILLA W/POTATO & TOMATO SAUCE	6	0.1%
FILLED TORTILLA W/SAUSAGE & OTHER INGREDIENTS	24	0.3%
FISH FILLET	5	0.1%

FISH MEAT, FRIED		5	0.1%
FISH SOUP		6	0.1%
FRENCH FRIES POTATOES W/KETCHUP, PROCESSED RESTAURANT PREPARED		7	0.1%
FRENCH TOASTS		4	0%
FRIED HAM		4	0%
FRIED TORTILL W/VEGETABLES		2	0%
FRIED TORTILLA W/BEANS		28	0.3%
FRIED TORTILLA W/CHICKEN		2	0%
FRIED TORTILLA W/FRESH UNCURED CHEESE		4	0%
FRUIT SALAD		10	0.1%
FRUIT SALAD FOR PANCAKES TOPPING PURPOSE		1	0%
GARDEN RICE		34	0.4%
GREEN BEANS (W/ PODS) SOUP		5	0.1%
GREEN BEANS (W/ PODS) W/GROUNDED BEEF MEAT		10	0.1%
GREEN CHAYOTE CHILAQUILAS		8	0.1%
GREEN MANGO W/LEMON JUICE, SALT & GROUNDED PUMPKIN SEED		29	0.4%
GREEN PODDED PEAS W/ BUTTER		3	0%
GREEN RICE		7	0.1%
GREEN SALAD		6	0.1%
GUACAMOLE		30	0.4%
HEN EGGS FLAT OMELETTE		43	0.5%
HEN EGGS FLAT OMELETTE W/ONION		8	0.1%
HEN EGGS OMELETTE W/HAM & CHEESE		10	0.1%
HEN EGGS W/CHORIZO		4	0%
HEN EGGS W/HAM		5	0.1%
HEN EGGS W/SAUSAGE & TOMATO		19	0.2%
HEN EGGS W/TOMATO & ONION		31	0.4%
HEN EGGS W/TOMATO DRESSING (CHIRMOL)		5	0.1%
HEN EGGS W/TOMATO SAUCE		5	0.1%
HEN SOUP		35	0.4%
HENN EGGS W/SAUSAGE		24	0.3%
HOMEMADE FRENCH FRIES POTATOES		37	0.5%
HOT CHILI PEPPERS (CHILTEPE) PREPARED		2	0%
JOCON, TRADITIONAL GUATEMALAN MEAL		32	0.4%
KAKIK, TRADITIONAL GUATEMALAN MEAL		10	0.1%
LEMON JUICE & GROUNDED PUMPKIN SEED GRANITA		2	0%
LEMON JUICE GRANITA		8	0.1%
LEMON W/GROUNDED PUMPKIN SEED		3	0%
LEMON W/SALT		4	0%

LEMONADE BEVERAGE	169	2.1%
LETTUCE & CARROTS MIXED SALAD	8	0.1%
LETTUCE & CUCUMBERS MIXED SALAD	11	0.1%
LETTUCE & RADISHES MIXED SALAD	10	0.1%
LETTUCE & TOMATOES MIXED SALAD	22	0.3%
LETTUCE, CUCUMBERS & RADISHES MIXED SALAD	10	0.1%
LETTUCE, TOMATOES & CARROTS MIXED SALAD W/LEMON	14	0.2%
LETTUCE, TOMATOES & CUCUMBERS MIXED SALAD W/LEMON	5	0.1%
MAIZE DOUGH (TAMAL) W/BEANS	3	0%
MAIZE DOUGH BASED BEVERAGE	2	0%
MAIZE THICK TORTILLA FILLED W/CHEESE (SALVADORIAN PUPUSAS)	16	0.2%
MAIZE TORTILLA W/BEANS	4	0%
MAIZE TORTILLA W/CHEESE	10	0.1%
MAIZE TORTILLA W/CHICKEN	2	0%
MAIZE TORTILLA W/CHICKEN NUGGETS	4	0%
MAIZE TORTILLA W/HEN EGGS	8	0.1%
MAIZE TORTILLA W/MARGARINE	2	0%
MAIZE TORTILLA W/REQUESON CHEESE	1	0%
MAIZE TORTILLA W/SAUSAGE	4	0%
MAIZE TORTILLA, FRIED	16	0.2%
MAIZE TORTILLA, FRIED, W/CHEESE	5	0.1%
MANGO BEVERAGE W/WATER & SUGAR	6	0.1%
MANGO TEA W/SUGAR	2	0%
MATURE PLANTAINS, COOKED, BOILED W/SUGAR	14	0.2%
MATURE PLANTAINS, FRIED	53	0.6%
MATURE PLANTAINS, FRIED W/CREAM	11	0.1%
MEATBALLS IN SAUCE	11	0.1%
MELON BEVERAGE W/WATER & SUGAR	4	0%
MELON WATER-BASED SMOOTHIE W/SUGAR	8	0.1%
MILK W/BREAD	2	0%
MILK W/CHOCOLATE	12	0.1%
MILK W/COCOA	8	0.1%
MILK W/SUGAR	34	0.4%
MILK-BASED ICE CREAM W/CONE	4	0%
MILK-BASED STRAWBERRY ICE CREAM W/CONE	6	0.1%
MILK-BASED VANILLA ICE CREAM W/CONE	2	0%
MINERAL WATER W/LEMON JUICE, SOY SAUCE & SALT	4	0%
MIXED CURTED/PICKLING VEGETABLES	20	0.2%
MIXED FRUIT BEVERAGE W/WATER & SUGAR	14	0.2%

MIXED FRUIT BEVERAGE W/WATER WO/SUGAR	6	0.1%
MIXED FRUITS WATER-BASED SMOOTHIE W/SUGAR	8	0.1%
MIXED HERBS SOUP	10	0.1%
MIXED VEGETABLES ENCHILADAS	7	0.1%
NACHES BEVERAGE W/WATER & SUGAR	2	0%
NACHOS W/LEMON JUICE & GROUNDED PUMPKIN SEED	3	0%
NIGHTSHADE BLACK LEAVES & EGG SOUP	16	0.2%
NIGHTSHADE BLACK LEAVES SOUP	22	0.3%
OATS & MILK ATOLE	57	0.7%
OATS ATOLE	21	0.3%
OATS BEVERAGE	20	0.2%
OATS W/ MILK	26	0.3%
OATS W/CHOCOLATE & CEREAL	4	0%
OATS WATER	2	0%
ONIONS, FRIED	2	0%
ORANGE & CARROT WATER-BASED SMOOTHIE	3	0%
ORANGE & LEMON JUICE	3	0%
ORANGE JUICE	6	0.1%
ORANGES W/GROUNDED PUMPKIN SEED & SALT	3	0%
PANCAKES	60	0.7%
PANCAKES W/FRUIT	5	0.1%
PANCAKES W/FRUIT JELLY	4	0%
PANCAKES W/HONEY	22	0.3%
PANCAKES W/MAPLE SYRUP	17	0.2%
PAPAYA MILK-BASED SMOOTHIE W/SUGAR	3	0%
PAPAYA WATER-BASED SMOOTHIE W/SUGAR	4	0%
PASSIONFRUIT BEVERAGE	4	0%
PASTA & MIXED VEGETABLES SALAD	7	0.1%
PASTA, SPAGUETTI, W/TOMATO	6	0.1%
PEACHES IN SWEET SYRUP MEDIUM	7	0.1%
PEACHES IN SWEET SYRUP MEDIUM W/CHERRY	6	0.1%
PEPIAN, TRADITIONAL GUATEMALAN MEAL, W/CHCKEN	83	1%
PEPIAN, TRADITIONAL GUATEMALAN MEAL, W/HEN MEAT	18	0.2%
PEPIAN, TRADITIONAL GUATEMALAN MEAL, W/PORK RIBS	6	0.1%
PICKLES MIXED SALAD	4	0%
PINEAPPLE BEVERAGE W/WATER & SUGAR	32	0.4%
PINEAPPLE W/SUGAR	2	0%
PINEAPPLE&COCONUT BEVERAGE W/WATER & SUGAR	3	0%
PINOL ATOLE	2	0%

PINOL BEVERAGE W/WATER & SUGAR	12	0.1%
PLANTAIN & COCOA MILK-BASED SMOOTHIE	3	0%
PLANTAIN ATOLE	13	0.2%
PLANTAIN MOLE (TRADITIONAL MEAL)	34	0.4%
PLANTAIN WATER	2	0%
POPCORN WO/SALT	2	0%
PORK CHOP, FRIED	5	0.1%
PORK HAM W/OIL	4	0%
PORK MEAT W/VEGETABLES	14	0.2%
PORK MEAT, BREADED, FRIED	14	0.2%
PORK MEAT, GRILLED	3	0%
PORK MEAT, GROUNDED, FRIED	16	0.2%
PORK MEAT, MARINATED, W/OIL	8	0.1%
PORK MEAT, STEWED	2	0%
PORK PATTY, FRIED	2	0%
PORK SAUSAGE LONGANIZA W/MIXED VEGETABLES	5	0.1%
PORK SAUSAGE LONGANIZA W/TOMATO SAUCE	10	0.1%
PORK SAUSAGE LONGANIZA W/VEGETABLE OIL	2	0%
PORK SAUSAGE LONGANIZA, FRIED	2	0%
PORK SAUSAGE LONGANIZA, STEWED	6	0.1%
PORK STEAK	25	0.3%
POTATO CROQUETTE	8	0.1%
POTATO PUREE	59	0.7%
POTATOES W/MAYONNAISE	8	0.1%
POTATOES, COOKED , FILLED W/GROUNDED BEEF	6	0.1%
POTATOES, COOKED W/GOLDEN CRUST	11	0.1%
POTATOES, GRILLED	3	0%
PROCESSED SPREADABLE CHEESE W/MUSHROOMS	2	0%
RADISH W/LEMON JUICE	2	0%
RANCHERA TOMATO COOKED SAUCE	6	0.1%
RED BEANS MEAL	24	0.3%
RED BEANS W/PORK FRIED FAT MEAL	22	0.3%
REFRIED BEANS W/CREAM	3	0%
REFRIED BEANS, PAN FRIED W/ONION	29	0.4%
RICE & CHOCOLATE ATOLE	9	0.1%
RICE & MILK ATOLE	45	0.6%
RICE W/ CROTALARIA LEAVES AND SHOOTS (CHIPILIN)	7	0.1%
RICE W/CHICKEN	7	0.1%
RICE W/EGGS	5	0.1%

RICE W/FERNALDIA FIDDLE SHAPE (LOROCO)	5	0.1%
RICE W/GIBLETS	14	0.2%
RICE&BEANS SALAD	4	0%
RICE&PUMPKIN SEEDS BASED BEVERAGE	57	0.7%
ROSELLE FLOWERS INFUSION BEVERAGE W/WATER & SUGAR	106	1.3%
RUSSIAN SALAD (POTATO BASED)	17	0.2%
SALTED GRANITA	6	0.1%
SANDWICH W/CHEESE	2	0%
SANDWICH W/HAM	8	0.1%
SANDWICH W/HAM & CHEESE	16	0.2%
SARDINES W/LEMON JUICE	2	0%
SAUSAGE	11	0.1%
SAUSAGE CHORIZO & LONGANIZA, FRIED	6	0.1%
SAUSAGE CHORIZO, FRIED	10	0.1%
SAUSAGE W/TOMATO	15	0.2%
SAUSAGE W/TOMATO SAUCE	18	0.2%
SAUSAGE, FRIED	24	0.3%
SAUSAGES SKEWERS	2	0%
SCRAMBLED HEN EGGS	398	4.9%
SCRAMBLED HEN EGGS W/SAUSAGE	25	0.3%
SCRAMBLED HEN EGGS W/TOMATO & ONION	23	0.3%
SEAFOOD SOUP	2	0%
SHRIMP, FRIED	7	0.1%
SMALL GREEN PUMPKINS, COOKED&DRAINED	7	0.1%
SODA CRACKER W/MARMALADE	2	0%
SOYBEAN-MAIZE (INCAPARINA) ATOLE W/MILK	51	0.6%
SOYBEAN-MAIZE (INCAPARINA) ATOLE W/SUGAR	80	1%
SPEARMINT TEA W/HONEY	3	0%
SPEARMINT TEA W/SUGAR	4	0%
STEWED CHARD SWISS	5	0.1%
STEWED HAM	4	0%
STRAWBERRIES W/CREAM	2	0%
STRAWBERRIES W/CREAM & SUGAR	9	0.1%
STRAWBERRIES W/HONEY	2	0%
STRAWBERRIES W/SUGAR	10	0.1%
STRAWBERRY BEVERAGE W/WATER & SUGAR	12	0.1%
STRAWBERRY MILK-BASED SMOOTHIE W/SUGAR	15	0.2%
STRAWBERRY W/CHOCOLATE COATING	3	0%
STRAWBERRY WATER-BASED SMOOTHIE W/SUGAR	6	0.1%

STRIPE-CUTTING BEEF W/VEGETABLES SOUP	23	0.3%
SUNNY-SIDE-UP HEN EGGS	132	1.6%
SWEET PEPPERS, FRIED, WITH FILLING	18	0.2%
TACO, FRIED W/BEANS FILLING (FLAUTAS)	6	0.1%
TACOS (POTATO BASED) W/CHICKEN	4	0%
TACOS W/BEEF MEAT	6	0.1%
TACOS W/CHICKEN	3	0%
TACOS W/CHORIZO	5	0.1%
TAMARIND BEVERAGE W/WATER & SUGAR	26	0.3%
TEXTURED SOY PROTEIN (PROTEMAS) CEVICHE	6	0.1%
TOMATO & CUCUMBER W/LEMON	25	0.3%
TOMATO COOKED SAUCE	76	0.9%
TOMATO COOKED SAUCE W/CHICKEN	4	0%
TOMATO W/LEMON JUICE	3	0%
TUNA CEVICHE	5	0.1%
TUNA SALAD	4	0%
TURNIPS SOUP	3	0%
VALENCIAN RICE	38	0.5%
VANILLA ESSENCE BEVERAGE W/WATER & SUGAR	4	0%
VANILLA FLAN	6	0.1%
VEGETABLES, COOKED, BOILED	10	0.1%
VEGETABLES, STEAMED	8	0.1%
WATER-BASED BLACKBERRY HOMEMADE ICE CREAM	6	0.1%
WATER-BASED FRUIT ICE CREAM W/CONE	2	0%
WATER-BASED ICE CREAM W/CONE	2	0%
WATER-BASED PINEAPPLE ICE CREAM W/CONE	2	0%
WATERCRESS MIXED SALAD	10	0.1%
WATERCRESS PATTY	7	0.1%
WATERCRESS SOUP	8	0.1%
WATERMELON W/MAPLE SYRUP	2	0%
WHEAT CRISP CHIPS (CHICHARRIN)	7	0.1%
WHITE ATOLE	13	0.2%
WHITE BEANS W/PORK MEAT MEAL	7	0.1%
WHITE CORN W/LEMON	3	0%
WHITE MAIZE DOUGH (TAMAL)	6	0.1%
WHITE RICE	25	0.3%
WHITE RICE W/TOMATO	13	0.2%
YELLOW CORN W/LEMON	3	0%
YELLOW CORN W/TOPPINGS	21	0.3%

YELLOW MAIZE DOUGH (TAMAL) W/CREAM		8	0.1%
YOGHURT, FRUIT FLAVOUR, W/CEREAL		2	0%

## FOODEX2\_RECIPE\_CODE: FoodEx2 recipe code

Data file: data\_anon\_consumption

### Overview

Valid: 8156 Invalid: 0

Type: Discrete Width: 75 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
A004X#F28.A07HP		3	0%
A006V#F28.A07GR		16	0.2%
A006V#F28.A0BA1\$F04.A02QF\$F04.A031G\$F04.A036N		8	0.1%
A008T#F04.A002Q\$F04.A012S\$F04.A02QF		3	0%
A008T#F28.A0BA1\$F04.A000T\$F04.A042P\$F04.A036N		6	0.1%
A008T#F28.A0BA1\$F04.A002Q\$F04.A012S\$F04.A02QF		8	0.1%
A00CJ#F28.A07HL\$F28.A0BA1\$F04.A0BB2\$F04.A039D\$F08.A032L		4	0%
A00CL		60	0.7%
A00CL#F04.A01QG\$F08.A033Z		5	0.1%
A00CL#F04.A16FC		4	0%
A00CL#F08.A033J		22	0.3%
A00CL#F08.A033Z		17	0.2%
A00DC#F10.A0CQE\$F22.A07SS		2	0%
A00DD#F04.A01LC\$F04.A02LY		91	1.1%
A00DD#F04.A02LY\$F08.A032P		96	1.2%
A00DR#F04.A02LY		22	0.3%
A00EE#F04.A02LY		165	2%
A00FC#F04.A0F0N\$F04.A03AH		3	0%
A00FC#F04.A0F0N\$F04.A03AH\$F04.A042P		18	0.2%
A00FE#F04.A0F0N\$F04.A03AH		3	0%
A00FE#F04.A0F0N\$F04.A03AH\$F04.A042P		25	0.3%
A00ML#F28.A0BA1\$F04.A042P		2	0%
A011S#F28.A0BA1\$F28.A07HK\$F28.A07HL\$F04.A042P		8	0.1%
A01EA#F08.A032L		10	0.1%
A01EA#F08.A033J		2	0%



A01EA#F28.A07HP		3	0%
A01GM#F06.A06XY\$F08.A032L		7	0.1%
A01QG#F04.A00KJ\$F08.A033Z		2	0%
A01QG#F04.A014K\$F04.A0F0N\$F04.A03AH\$F04.A042P		4	0%
A01QG#F04.A01BY\$F04.A042P		4	0%
A01QG#F04.A01BY\$F04.A0F0N\$F04.A042P		3	0%
A01QG#F04.A01DJ\$F04.A03AH		2	0%
A01QG#F04.A01DJ\$F04.A03AH\$F04.A0F0N		4	0%
A01QG#F04.A01DJ\$F04.A03AH\$F04.A0F0N\$F04.A042P		10	0.1%
A01QG#F04.A01DJ\$F08.A032L		2	0%
A01QG#F04.A01DJ\$F08.A033J		4	0%
A01QG#F04.A01EA\$F04.A02ML		2	0%
A01QG#F04.A01EA\$F04.A02ML\$F08.A032L		9	0.1%
A01QG#F04.A01GH\$F04.A01GM\$F06.A06XY\$F08.A032L		6	0.1%
A01QG#F04.A01LF\$F04.A03AH\$F04.A042P\$F04.A0F0N		29	0.4%
A01QG#F04.A01LP\$F08.A032L		2	0%
A01QG#F04.A0DQG\$F04.A02ML\$F04.A036N\$F08.A032L		11	0.1%
A01QG#F04.A0DZB\$F04.A0F0N\$F04.A042P		3	0%
A01QG#F08.A033J		11	0.1%
A01QG#F28.A0BA1\$F04.A0DQG\$F04.A015K\$F04.A046H\$F08.A032L\$F03.A06JA		34	0.4%
A01QG#F28.A0C6N\$F04.A01LB\$F04.A0DND\$F04.A00XF\$F04.A03AH\$F04.A042P\$F03.A06JG		30	0.4%
A01RG#F28.A07GR		5	0.1%
A01SP#F28.A07GG\$F04.A042P		3	0%
A025C#F28.A07GR		10	0.1%
A02MP#F04.A02LY\$F04.A03HH		20	0.2%
A02MP#F04.A02LY\$F04.A047E\$F08.A032L		10	0.1%
A02MP#F04.A02PK\$F08.A032P		34	0.4%
A02QA#F04.A06TV\$F04.A0BYR		6	0.1%
A02QA#F04.A06VS\$F04.A0BYR		2	0%
A02QA#F04.A0BYR		4	0%
A02QD#F04.A0BYR\$F04.A02LY		2	0%
A031C#F04.A00TZ		2	0%
A036K#F04.A01EE\$F08.A032L\$F22.A07SS		6	0.1%
A036K#F04.A06NQ\$F04.A0BYR		2	0%
A036K#F04.A06SJ\$F04.A0BYR		2	0%
A036K#F04.A0BYR		2	0%
A036L#F04.A03AH\$F04.A042P		8	0.1%
A036L#F04.A03AH\$F04.A042P\$F04.A0F0N\$F04.A16FC\$F04.A043G		6	0.1%
A036L#F04.A03AH\$F04.A0F0N		2	0%

A03AM#F08.A032L	6	0.1%
A03DD#F27.A0DZB\$F08.A032L	3	0%
A03DE#F04.A03AH\$F04.A03AM\$F08.A032P	3	0%
A03DF#F04.A00KF\$F04.A03DK\$F08.A032L	8	0.1%
A03DF#F04.A01EA\$F04.A03DK\$F08.A032L	6	0.1%
A03DF#F04.A01LC\$F04.A02LV\$F08.A032L	6	0.1%
A03DF#F04.A01LC\$F04.A02LV\$F10.A077K	2	0%
A03DF#F04.A01LG\$F04.A02LZ\$F08.A032L	3	0%
A03DF#F04.A01LG\$F04.A03DK\$F08.A032L	4	0%
A03DF#F04.A03DK\$F08.A032L	8	0.1%
A03DF#F28.A07MR\$F04.A01EA\$F04.A02PK\$F08.A032P	15	0.2%
A03DF#F28.A07MR\$F04.A0DQG\$F04.A02PK\$F04.A03HH	3	0%
A03EA#F04.A00KF\$F08.A032L	4	0%
A03EA#F04.A019J\$F08.A032L	26	0.3%
A03EA#F04.A01EA\$F08.A032L	12	0.1%
A03EA#F04.A01EE\$F08.A032P	10	0.1%
A03EA#F04.A01HE\$F08.A032P	2	0%
A03EA#F04.A01KC\$F08.A032L	4	0%
A03EA#F04.A03AH\$F08.A032L	169	2.1%
A03EA#F04.A03DS\$F04.A03AH\$F04.A042P\$F04.A044R	4	0%
A03EH#F08.A032L	6	0.1%
A03EQ#F08.A032P	32	0.4%
A03EV#F04.A01LP\$F04.A014K\$F08.A032P	3	0%
A03EV#F08.A032L	14	0.2%
A03EV#F10.A077K	6	0.1%
A03EX#F04.A000P\$F08.A032L	5	0.1%
A03EX#F04.A002Q\$F04.A0CXN\$F04.A019T\$F04.A03HG\$F08.A032L	12	0.1%
A03EX#F04.A002Q\$F08.A032P	2	0%
A03EX#F04.A047E\$F08.A032L	4	0%
A03EX#F04.A0DLV\$F08.A032P	2	0%
A03EX#F28.A07MK\$F04.A03JD\$F08.A032L	106	1.3%
A03EX#F28.A07MR\$F04.A06PA\$F08.A032P	8	0.1%
A03EX#F28.A07MR\$F04.A06TV\$F08.A032L	32	0.4%
A03EX#F28.A07MR\$F04.A06VD\$F08.A032L	5	0.1%
A03EZ#F08.A032P	2	0%
A03FA#F28.A07MR\$F08.A032L	9	0.1%
A03FJ#F28.A07MR\$F08.A032L	39	0.5%
A03FL#F28.A07MR\$F08.A032L	6	0.1%
A03FN#F28.A07MR\$F08.A032L	6	0.1%

A03JZ#F28.A07MR\$F04.A002Q\$F04.A0CXN\$F04.A019T\$F04.A03HG\$F04.A03DK\$F08.A032L	2	0%
A03JZ#F28.A07MR\$F04.A002Q\$F04.A0DBM\$F04.A042P\$F04.A02PK\$F08.A032L	51	0.6%
A03JZ#F28.A07MR\$F04.A002Q\$F04.A0DBM\$F04.A042P\$F04.A03DK\$F08.A032L	80	1%
A03JZ#F28.A07MR\$F04.A003F\$F04.A02PL\$F08.A032L	13	0.2%
A03JZ#F28.A07MR\$F04.A003X\$F04.A02PK\$F08.A032L	17	0.2%
A03JZ#F28.A07MR\$F04.A185Q\$F04.A02PK\$F08.A032L	50	0.6%
A03JZ#F28.A07MR\$F28.A07MS\$F04.A003D\$F04.A02PK\$F08.A032L	45	0.6%
A03JZ#F28.A07MS\$F04.A003D\$F04.A034G\$F04.A03DK	9	0.1%
A03JZ#F28.A07MS\$F04.A00DL\$F04.A02LY\$F08.A032L	57	0.7%
A03JZ#F28.A07MS\$F04.A00DL\$F04.A03DK\$F08.A032L	21	0.3%
A03JZ#F28.A0CRL\$F04.A0DQG\$F04.A03DK\$F08.A032L	13	0.2%
A03KA#F04.A02LY\$F04.A03GN\$F08.A032P	31	0.4%
A03KA#F04.A03GN\$F08.A032L	163	2%
A03KE#F04.A02LY\$F08.A032P	111	1.4%
A03KE#F04.A03HG\$F08.A032P	6	0.1%
A03KE#F04.A03TS\$F08.A032L	15	0.2%
A03KE#F08.A032P	415	5.1%
A03KE#F08.A046R	1	0%
A03KP#F04.A006V\$F08.A032L	10	0.1%
A03KR#F08.A032P	6	0.1%
A03KY#F04.A02MA\$F08.A032L	3	0%
A03LC#F08.A032P	4	0%
A03LD#F04.A00YC\$F04.A01AB\$F08.A033J	3	0%
A03LD#F04.A00YC\$F08.A032P	4	0%
A03LD#F04.A019T\$F08.A032P	2	0%
A03LD#F04.A06QN\$F08.A032L	2	0%
A03LH#F08.A032L	17	0.2%
A03LK#F04.A01LE\$F04.A032J	2	0%
A03TL#F08.A032P	20	0.2%
A03TL#F28.A07MS\$F08.A032P	2	0%
A03TM#F04.A0F0N\$F04.A019V\$F08.A032L	57	0.7%
A03VD#F28.A07GZ\$F04.A00ZT\$F04.A042P	3	0%
A03VD#F28.A0BA1\$F04.A00ZT\$F04.A00XF\$F04.A044X\$F04.A042P	8	0.1%
A03VD#F28.A0BA1\$F04.A00ZT\$F04.A036N	11	0.1%
A03VH#F04.A044X\$F04.A042P\$F03.A06JB	17	0.2%
A03VK#F28.A0BA1\$F28.A07MA\$F04.A049S\$F04.A16GB\$F04.A036N	6	0.1%
A03VM#F04.A013H\$F04.A01RG\$F04.A16GB	12	0.1%
A03VM#F04.A01BB\$F04.A02ML\$F03.A06JG	3	0%
A03VM#F04.A03TF\$F04.A16GB\$F04.A042P	6	0.1%

A03VM#F28.A07GS\$F04.A01BB\$F03.A06JG	29	0.4%
A03VM#F28.A0BA1\$F04.A011Z\$F04.A02ML	2	0%
A03VR#F28.A0BA1\$F04.A026B	2	0%
A03VR#F28.A0BA1\$F04.A02ML\$F03.A06JL	16	0.2%
A03VR#F28.A0BA1\$F04.A044X\$F03.A06JL	2	0%
A03VS#F28.A0BA1\$F04.A001D	2	0%
A03VS#F28.A0BA1\$F04.A02QF	4	0%
A03VT#F28.A0BA1\$F04.A016T\$F04.A01RG\$F04.A042P	7	0.1%
A03VT#F28.A0BA1\$F04.A017M\$F04.A01QX\$F04.A042P	24	0.3%
A03VT#F28.A0BA1\$F04.A01RG\$F04.A021A\$F04.A026B\$F04.A042P\$F04.A044C	22	0.3%
A03VV#F04.A01QX\$F04.A16GB\$F03.A06JB	15	0.2%
A03VV#F04.A01SP\$F04.A044C	4	0%
A03VV#F04.A024J\$F04.A036N	2	0%
A03VV#F04.A024J\$F04.A039D	2	0%
A03VV#F04.A024J\$F04.A044C\$F04.A042P	10	0.1%
A03VV#F04.A026B\$F04.A039D	11	0.1%
A03VV#F04.A026B\$F04.A044P	2	0%
A03VV#F28.A07GG\$F04.A01SP\$F04.A00ZF\$F04.A042P	2	0%
A03VV#F28.A07GG\$F04.A01SP\$F04.A042P\$F04.A044X	3	0%
A03VV#F28.A07GM\$F04.A022T\$F04.A16GB\$F04.A042P	4	0%
A03VV#F28.A07GM\$F04.A024J\$F04.A16GB\$F04.A042P	6	0.1%
A03VV#F28.A07GR\$F04.A01QX	7	0.1%
A03VV#F28.A07GR\$F04.A01RG\$F04.A16GB\$F04.A044R\$F04.A042P	16	0.2%
A03VV#F28.A07GR\$F04.A01SP\$F04.A042Y	64	0.8%
A03VV#F28.A07GR\$F04.A022T\$F04.A036N	4	0%
A03VV#F28.A07GR\$F04.A024J	2	0%
A03VV#F28.A07GR\$F04.A024J\$F04.A025C	6	0.1%
A03VV#F28.A07GR\$F04.A026B	24	0.3%
A03VV#F28.A07GX\$F04.A01SP\$F04.A03MB\$F04.A044R	4	0%
A03VV#F28.A07GY\$F04.A01SP\$F04.A042P	11	0.1%
A03VV#F28.A07GZ\$F04.A01QX	36	0.4%
A03VV#F28.A07GZ\$F04.A01RG	3	0%
A03VV#F28.A07GZ\$F04.A01RG\$F04.A045E\$F04.A042P	8	0.1%
A03VV#F28.A07GZ\$F04.A01SP\$F04.A017M	3	0%
A03VV#F28.A07GZ\$F04.A01SP\$F04.A16GB\$F04.A039D	43	0.5%
A03VV#F28.A07HK\$F04.A01XG\$F04.A036N	12	0.1%
A03VV#F28.A07HK\$F28.A07GR\$F04.A01RG\$F04.A019C\$F04.A042P	14	0.2%
A03VV#F28.A07HK\$F28.A07GR\$F04.A01SP\$F22.A07SK	3	0%
A03VV#F28.A07HK\$F28.A0BA1\$F04.A01QX\$F04.A043G	6	0.1%

A03VV#F28.A07JV\$F04.A01SP\$F04.A036N	2	0%
A03VV#F28.A0BA1\$F04.A001D\$F04.A00KR\$F04.A00ZT\$F04.A01SP	7	0.1%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A00QH\$F04.A00ZT	4	0%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A044C\$F04.A01LB	6	0.1%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A044C\$F04.A042P	4	0%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A16GB\$F04.A042P	27	0.3%
A03VV#F28.A0BA1\$F04.A01QX\$F04.A16GB\$F04.A042P\$F04.A0EZD	16	0.2%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A042P\$F04.A036N	6	0.1%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A045B\$F04.A042P	4	0%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A16GB\$F04.A042P	25	0.3%
A03VV#F28.A0BA1\$F04.A01RG\$F04.A16GB\$F04.A042P\$F04.A036N	14	0.2%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A003D\$F04.A16GB\$F04.A042P	19	0.2%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A00NL\$F04.A042P	5	0.1%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A02ML\$F04.A042Z	6	0.1%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A036N	2	0%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A036N\$F04.A042Y	53	0.6%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A036Y	3	0%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A044C	6	0.1%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A16GB\$F04.A002Q\$F04.A0CXN\$F04.A019T	16	0.2%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A16GB\$F04.A008T\$F04.A042P	7	0.1%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A16GB\$F04.A042P\$F04.A044R	9	0.1%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A16GB\$F04.A042P\$F04.A044X	8	0.1%
A03VV#F28.A0BA1\$F04.A01SP\$F04.A16GB\$F04.A042Y	11	0.1%
A03VV#F28.A0BA1\$F04.A01XG\$F04.A16GB\$F04.A042P	5	0.1%
A03VV#F28.A0BA1\$F04.A022T\$F04.A036N	4	0%
A03VV#F28.A0BA1\$F04.A024J\$F04.A16GB\$F04.A036N	5	0.1%
A03VV#F28.A0BA1\$F04.A024J\$F04.A16GB\$F04.A042P	5	0.1%
A03VV#F28.A0BA1\$F04.A026B\$F04.A042P\$F04.A044C	18	0.2%
A03VV#F28.A0BA1\$F04.A026B\$F04.A0DMX\$F04.A042P	15	0.2%
A03VV#F28.A0BA1\$F04.A049S\$F04.A16GB\$F04.A00ZF\$F04.A042P	17	0.2%
A03VV#F28.A0BA1\$F04.A0DGF\$F04.A01SP\$F04.A02ML	7	0.1%
A03VV#F28.A0BA1\$F04.A0DGF\$F04.A01SP\$F04.A02ML\$F04.A16GB	16	0.2%
A03VV#F28.A0BA1\$F28.A07JT\$F04.A01QX\$F04.A036N	2	0%
A03VV#F28.A0BA1\$F28.A07JT\$F04.A01RG\$F04.A036N	8	0.1%
A03VY#F04.A01QX\$F04.A16GB\$F04.A042P	58	0.7%
A03VY#F04.A01RG\$F04.A044C	2	0%
A03VY#F04.A01RG\$F04.A16GB\$F04.A042P\$F04.A036N	16	0.2%
A03VY#F04.A01SP\$F04.A00MJ\$F04.A042P	6	0.1%
A03VY#F04.A01SP\$F04.A01RG\$F04.A0ERG	2	0%

A03VY#F04.A01SP\$F04.A16GB\$F04.A042P\$F04.A039D\$F04.A017M	128	1.6%
A03XA#F04.A01QV\$F04.A01RG	4	0%
A03XF#F28.A07GR\$F04.A01RG	2	0%
A03XF#F28.A0BA1\$F28.A07HK\$F28.A07HL\$F04.A01QX\$F04.A16GB\$F04.A042P	50	0.6%
A03XG#F04.A044C	11	0.1%
A03XG#F28.A07GR\$F04.A01SP	2	0%
A03XG#F28.A07GR\$F28.A07HK\$F04.A01SP	3	0%
A03XG#F28.A0BA1\$F04.A01SP	5	0.1%
A03XJ#F04.A03AH\$F04.A0FBZ	2	0%
A03XJ#F28.A07GR\$F04.A026V\$F04.A042P\$F04.A042Z	5	0.1%
A03XL#F28.A0BA1\$F28.A07HK\$F04.A036N	5	0.1%
A03XM#F28.A07GR\$F04.A02GB\$F04.A042P	7	0.1%
A03XN#F04.A0FBT	4	0%
A03XN#F04.A0FBT\$F04.A16GB\$F04.A042P	5	0.1%
A03XX#F04.A00KP\$F04.A02QF\$F04.A042P\$F04.A044X\$F04.A044P\$F20.A07RE	21	0.3%
A03XX#F04.A00QA\$F04.A039D	3	0%
A03XX#F04.A0DJR\$F04.A042P	5	0.1%
A03XX#F28.A07GG\$F04.A00KH\$F04.A042P	7	0.1%
A03XX#F28.A0BA1\$F04.A00NL\$F04.A012S	4	0%
A03XX#F28.A0BA1\$F04.A00PC\$F04.A01QX\$F04.A036N	10	0.1%
A03XX#F28.A0BA1\$F28.A07HK\$F04.A00JZ	4	0%
A03XX#F28.A0BA1\$F28.A07HK\$F28.A07HL\$F04.A00ND\$F04.A042P\$F04.A042Z	7	0.1%
A03XX#F28.A0BA1\$F28.A07HL\$F04.A00FR\$F04.A042P	17	0.2%
A03XX#F28.A0BA1\$F28.A07HL\$F04.A00JZ\$F04.A042P	8	0.1%
A03XX#F28.A0BA1\$F28.A07HL\$F04.A00PC\$F04.A036N\$F04.A042P	5	0.1%
A03XX#F28.A0BA1\$F28.A07MA\$F28.A07HL\$F04.A00JA\$F04.A042P	18	0.2%
A03XZ#F28.A07GG\$F04.A042P	10	0.1%
A03XZ#F28.A07GP\$F04.A042P	8	0.1%
A03YG#F04.A0DJR\$F04.A031G\$F04.A036N	3	0%
A03YJ#F28.A07GS\$F04.A031G\$F04.A039D\$F04.A042P\$F17.A07NF	132	1.6%
A03YJ#F28.A07GS\$F04.A031R\$F04.A026B\$F04.A036N\$F04.A042P	25	0.3%
A03YJ#F28.A07GS\$F04.A031R\$F04.A036N\$F04.A042P	398	4.9%
A03YJ#F28.A07GS\$F04.A031R\$F04.A0DND\$F04.A0DMX\$F04.A036N\$F04.A042P	23	0.3%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A023F\$F04.A039D	5	0.1%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A025C\$F04.A042P\$F04.A036N	4	0%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A026B\$F04.A042P\$F04.A036N	24	0.3%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A026B\$F04.A0DMX\$F04.A039D\$F04.A042P	19	0.2%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A044C\$F04.A042P	5	0.1%
A03YJ#F28.A0BA1\$F04.A031G\$F04.A045R\$F04.A042P	5	0.1%

A03YJ#F28.A0BA1\$F04.A031G\$F04.A0DND\$F04.A0DMX\$F04.A042P\$F04.A036N	31	0.4%
A03YK#F04.A031G\$F04.A031B\$F04.A023F\$F04.A039C	10	0.1%
A03YN#F04.A031G\$F04.A042P\$F04.A036P	43	0.5%
A03YN#F04.A031G\$F04.A042P\$F04.A036P\$F04.A0DND	8	0.1%
A03YZ#F04.A004Y\$F04.A012S	112	1.4%
A03YZ#F04.A004Y\$F04.A012S\$F04.A024G	3	0%
A03YZ#F04.A004Y\$F04.A012S\$F04.A02QF	30	0.4%
A03YZ#F04.A004Y\$F04.A012S\$F04.A02QZ	6	0.1%
A03YZ#F04.A004Y\$F04.A012S\$F04.A031G\$F04.A044P	6	0.1%
A03YZ#F04.A004Y\$F04.A01BB\$F04.A02ML\$F04.A02QF	4	0%
A03YZ#F04.A004Y\$F04.A01SP	2	0%
A03YZ#F04.A004Y\$F04.A022R\$F04.A031G\$F04.A043V	6	0.1%
A03YZ#F04.A004Y\$F04.A022R\$F04.A043V\$F04.A16GB	246	3%
A03YZ#F04.A004Y\$F04.A02ML	8	0.1%
A03YZ#F04.A004Y\$F04.A033Z	4	0%
A03YZ#F04.A004Y\$F04.A039D	12	0.1%
A03YZ#F04.A004Y\$F04.A03YN	3	0%
A03YZ#F04.A004Y\$F04.A044P\$F04.A044X	3	0%
A03YZ#F04.A004Y\$F04.A0C6P	2	0%
A03YZ#F04.A004Y\$F04.A16FC	3	0%
A03YZ#F04.A004Y\$F04.A16FC\$F04.A039D	9	0.1%
A03YZ#F04.A005Y\$F04.A01NJ	2	0%
A03YZ#F04.A006V\$F04.A012S	4	0%
A03YZ#F04.A006V\$F04.A01BB\$F04.A042P	28	0.3%
A03YZ#F04.A006V\$F04.A01SP	2	0%
A03YZ#F04.A006V\$F04.A031G	8	0.1%
A03YZ#F04.A006V\$F04.A039D	2	0%
A03YZ#F04.A006V\$F04.A04DS\$F04.A012S\$F04.A044P	4	0%
A03YZ#F04.A00BL\$F04.A031G	90	1.1%
A03YZ#F04.A00BL\$F04.A044X	2	0%
A03YZ#F28.A07HC\$F04.A0BB2\$F04.A039D	2	0%
A03YZ#F28.A07HC\$F04.A0BB2\$F04.A16FC	2	0%
A03YZ#F28.A0BA1\$F04.A002Q\$F04.A02QF	16	0.2%
A03ZA#F04.A004Y\$F04.A02QF	26	0.3%
A03ZA#F04.A004Y\$F04.A02QF\$F04.A02ML	6	0.1%
A03ZA#F04.A004Y\$F04.A02QZ	54	0.7%
A03ZA#F04.A004Y\$F04.A02QZ\$F04.A16FC	3	0%
A03ZA#F04.A004Y\$F04.A031B	2	0%
A03ZA#F04.A006V\$F04.A012S	6	0.1%

A03ZA#F04.A006V\$F04.A02QF	10	0.1%
A03ZA#F04.A006V\$F04.A02QF\$F04.A042P	7	0.1%
A03ZA#F04.A006V\$F04.A02QL	1	0%
A03ZA#F04.A011S\$F04.A02ZH\$F04.A044C	6	0.1%
A03ZA#F04.A031B\$F04.A037T	2	0%
A03ZA#F28.A07GR\$F04.A006V\$F04.A02QF	5	0.1%
A03ZB#F04.A004Y\$F04.A01SP\$F04.A042L	24	0.3%
A03ZB#F04.A004Y\$F04.A022R\$F04.A031B\$F04.A043V	40	0.5%
A03ZB#F04.A004Y\$F04.A024J\$F04.A16GB\$F04.A043V	7	0.1%
A03ZB#F04.A004Y\$F04.A025C\$F04.A044X	5	0.1%
A03ZB#F04.A004Y\$F04.A026Q	8	0.1%
A03ZB#F04.A004Y\$F04.A03XF\$F04.A043V	8	0.1%
A03ZB#F04.A006V\$F04.A00GC\$F04.A01LB\$F04.A023F\$F04.A043V	7	0.1%
A03ZB#F04.A006V\$F04.A01QX\$F04.A16GB\$F04.A03AH	6	0.1%
A03ZB#F04.A006V\$F04.A01SP	2	0%
A03ZB#F04.A006V\$F04.A01SP\$F04.A031B	3	0%
A03ZB#F04.A006V\$F04.A025C\$F04.A16GB	5	0.1%
A03ZB#F04.A006V\$F04.A026B\$F04.A00GC\$F04.A01LB\$F04.A043V	24	0.3%
A03ZB#F04.A006V\$F04.A026B\$F04.A044X\$F04.A044P	4	0%
A03ZB#F04.A023F\$F04.A031B\$F04.A045K	16	0.2%
A03ZB#F04.A023F\$F04.A044X\$F04.A044P	8	0.1%
A03ZD#F04.A004Y\$F04.A00JA\$F04.A00KY\$F04.A043V	19	0.2%
A03ZD#F04.A004Y\$F04.A01LC	8	0.1%
A03ZD#F04.A004Y\$F04.A044C	2	0%
A03ZD#F04.A006V	2	0%
A03ZD#F04.A006V\$F04.A042P	12	0.1%
A03ZE#F04.A006V\$F04.A02QF	4	0%
A03ZG#F04.A004Y\$F04.A026C	76	0.9%
A03ZG#F04.A006V\$F04.A007R\$F04.A01SP\$F04.A042P	16	0.2%
A03ZG#F04.A006V\$F04.A00ZT\$F04.A02QF\$F04.A044C	4	0%
A03ZG#F04.A006V\$F04.A01QX\$F04.A042P\$F04.A044L	13	0.2%
A03ZG#F04.A006V\$F04.A01SP\$F04.A044C	3	0%
A03ZG#F04.A006V\$F04.A16GB\$F04.A02QF\$F04.A042P\$F04.A044X	7	0.1%
A040Q#F04.A007R\$F04.A01QX\$F04.A01RG\$F04.A044R	5	0.1%
A040Q#F04.A00ZF\$F04.A042P	53	0.6%
A040Q#F04.A01QX\$F04.A044C\$F04.A042P	32	0.4%
A040Q#F04.A01SP\$F04.A044C\$F04.A042P	7	0.1%
A040Q#F04.A026C\$F04.A00ZF\$F04.A044C\$F04.A042P	18	0.2%
A040Q#F04.A044C	27	0.3%



A040Q#F04.A044C\$F04.A042P	51	0.6%
A040R	21	0.3%
A040R#F04.A007R\$F04.A01SP\$F04.A044R	44	0.5%
A040R#F04.A0DMX	6	0.1%
A040R#F28.A07GS\$F04.A16GB\$F04.A042P	9	0.1%
A040S	8	0.1%
A040S#F04.A01SP\$F04.A042P	11	0.1%
A040S#F04.A02QJ	10	0.1%
A040Z#F04.A003D\$F04.A042P	25	0.3%
A040Z#F04.A003D\$F04.A042P\$F10.A077D	2	0%
A040Z#F04.A003D\$F10.A0CQE	3	0%
A041D	38	0.5%
A041G#F04.A003D\$F04.A042P	41	0.5%
A041G#F04.A003D\$F04.A0DMX	13	0.2%
A041G#F04.A00KR	7	0.1%
A041G#F04.A031G	5	0.1%
A041G#F04.A0DGF	5	0.1%
A041J#F04.A003D\$F04.A01SP	7	0.1%
A041J#F04.A003D\$F04.A022B	14	0.2%
A041S#F04.A0DJR\$F04.A0DND\$F04.A0DMX	8	0.1%
A041T#F04.A03AH\$F04.A0B9P	2	0%
A041T#F04.A0B9P\$F04.A16GB\$F04.A042P	12	0.1%
A041X	2	0%
A041X#F04.A03YE\$F04.A0B9N\$F04.A042P	6	0.1%
A041Z#F04.A031G\$F04.A16GB\$F10.A0CJK	30	0.4%
A042B#F04.A00FN\$F04.A03AH	2	0%
A042C	6	0.1%
A042C#F04.A00GC\$F04.A03AH\$F04.A031B	4	0%
A042C#F04.A00KY\$F04.A00JM\$F04.A03AH\$F04.A042P	11	0.1%
A042C#F04.A00KY\$F04.A00JM\$F04.A0DMX\$F04.A03AH\$F04.A042P	5	0.1%
A042C#F04.A00KY\$F04.A00JM\$F04.A0DNJ\$F04.A03AH\$F04.A042P	10	0.1%
A042C#F04.A00KY\$F04.A00QH\$F04.A03AH\$F04.A042P	8	0.1%
A042C#F04.A00KY\$F04.A0DMX\$F04.A00QH\$F04.A03AH\$F04.A042P	14	0.2%
A042C#F04.A00KY\$F04.A0DMX\$F04.A03AH\$F04.A042P	22	0.3%
A042C#F04.A00KY\$F04.A0DNJ\$F04.A03AH\$F04.A042P	10	0.1%
A042D#F04.A00FN\$F04.A03AH\$F04.A042P	3	0%
A042D#F04.A00GC\$F04.A044X\$F04.A044G	12	0.1%
A042D#F04.A00JM\$F04.A00JA\$F04.A042P\$F04.A044X	4	0%
A042D#F04.A00JM\$F04.A00QV\$F04.A03AH\$F04.A042P	21	0.3%

A042D#F04.A00JM\$F04.A03AH\$F04.A042P	18	0.2%
A042D#F04.A00JM\$F04.A0F0N\$F04.A042P\$F04.A03AH	38	0.5%
A042D#F04.A00KP\$F04.A03AH\$F04.A042P	6	0.1%
A042D#F04.A00ND\$F04.A03AH\$F04.A042P	10	0.1%
A042D#F04.A00QG\$F04.A03AH\$F04.A042P	15	0.2%
A042D#F04.A00QH\$F04.A03AH\$F04.A042P	6	0.1%
A042D#F04.A00QV\$F04.A03AH\$F04.A042P	20	0.2%
A042D#F04.A0DMX\$F04.A00JM\$F04.A03AH\$F04.A042P	25	0.3%
A042D#F04.A0DMX\$F04.A03AH\$F04.A042P	3	0%
A042D#F04.A0DNJ\$F04.A03AH	2	0%
A042D#F28.A07KC\$F04.A044L\$F04.A042P	20	0.2%
A042H#F04.A019C\$F04.A16GB\$F04.A042P\$F04.A044X	7	0.1%
A042H#F04.A01SP\$F04.A042P\$F04.A044X	4	0%
A042J#F04.A011Z\$F04.A16GB\$F04.A036N	4	0%
A044C#F04.A0DND\$F04.A00JA\$F04.A042P\$F04.A043G	76	0.9%
A044C#F04.A0DND\$F04.A039C	6	0.1%
A045Q#F04.A00JB\$F04.A042P\$F03.A06JC	2	0%
A045R#F04.A00ZT\$F04.A0DMN\$F04.A042P\$F03.A06JC	4	0%
A045R#F04.A0DND\$F04.A00JB\$F10.A0EZY\$F03.A06JC	3	0%
A045R#F04.A0DND\$F04.A00XF\$F04.A042P\$F03.A06JC	84	1%
A045R#F28.A07GZ\$F04.A0DND\$F04.A00XF\$F04.A042P\$F03.A06JC	2	0%
A065Z#F04.A00ED\$F04.A02NH	2	0%
A0BYV#F04.A044P\$F22.A07SK	7	0.1%
A0BYV#F22.A07SS	37	0.5%
A0BZ9#F04.A00KR\$F04.A00HC\$F04.A00XF\$F04.A043G	10	0.1%
A0BZ9#F04.A00NL\$F04.A031G\$F04.A042P	16	0.2%
A0BZ9#F04.A00NL\$F04.A042P	57	0.7%
A0BZ9#F04.A00PC\$F04.A0B9Q\$F04.A042P	5	0.1%
A0BZ9#F04.A042P	10	0.1%
A0BZA#F04.A01QX\$F04.A0B9P\$F04.A16GB\$F04.A042P	12	0.1%
A0BZA#F04.A01QX\$F04.A0B9Q\$F04.A16GB\$F04.A042P	7	0.1%
A0BZA#F04.A01SP\$F04.A022B\$F04.A16GB\$F04.A042P	36	0.4%
A0BZA#F04.A031G\$F04.A0CDQ\$F04.A16GB\$F04.A0B9Q	18	0.2%
A0BZA#F04.A031G\$F04.A0CDQ\$F04.A16GB\$F04.A0B9Q\$F04.A042P	33	0.4%
A0BZA#F04.A16GB\$F04.A0B9Q	5	0.1%
A0BZC#F04.A00JA\$F04.A0DMN\$F04.A00ZT\$F04.A01SP	32	0.4%
A0BZC#F04.A00LY\$F04.A020Z\$F04.A0DMX\$F04.A042P	3	0%
A0BZC#F04.A01QX\$F04.A042P	134	1.6%
A0BZC#F04.A01QX\$F04.A044C\$F04.A042P\$F03.A06JA	23	0.3%

A0BZC#F04.A01RG\$F04.A00JZ\$F04.A00ZT	6	0.1%
A0BZC#F04.A01SN\$F04.A042P\$F04.A043G	35	0.4%
A0BZC#F04.A01SN\$F04.A0DMX\$F04.A0DMN\$F04.A019K\$F04.A042P	18	0.2%
A0BZC#F04.A01SP\$F04.A042P\$F04.A043G	353	4.3%
A0BZC#F04.A01SP\$F04.A042P\$F04.A043G\$F04.A00NL	9	0.1%
A0BZC#F04.A01SP\$F04.A0DMX\$F04.A00JZ\$F04.A019K\$F04.A042P	83	1%
A0BZC#F04.A01SQ\$F04.A0DMX\$F04.A00JZ\$F04.A00ZT\$F04.A00YC\$F04.A042P	10	0.1%
A0C68#F04.A004Y\$F04.A02LY	2	0%
A0C68#F04.A06VS	6	0.1%
A0C6K#F04.A042P\$F04.A039D	59	0.7%
A0CDQ#F04.A01QX\$F04.A042P	37	0.5%
A0CDQ#F04.A022R\$F04.A042P	12	0.1%
A0CDQ#F04.A026B\$F04.A044X	4	0%
A0CDQ#F04.A039D	3	0%
A0CDQ#F04.A039D\$F04.A042P	5	0.1%
A0CDQ#F04.A042P	6	0.1%
A0CDQ#F04.A042P\$F04.A039D	3	0%
A0CDQ#F04.A16GB\$F04.A026B	14	0.2%
A0CDQ#F04.A16GB\$F04.A042P\$F04.A044X	34	0.4%
A0DND#F28.A07GR	2	0%
A0DQG#F28.A07GG\$F08.A032P\$F10.A07XL	14	0.2%
A0DQG#F28.A07GR\$F10.A07XL	53	0.6%
A0EQX#F04.A044X\$F04.A01LB\$F04.A044P	7	0.1%
A0F0T#F04.A00DL\$F04.A02LY\$F08.A032P	26	0.3%
A0F0V#F04.A00DL\$F04.A034G\$F04.A00EE\$F08.A032L	4	0%
A16ER#F28.A0BA1	7	0.1%
A16ER#F28.A0BA1\$F04.A003D\$F04.A042P	5	0.1%
A16ER#F28.A0BA1\$F04.A020R\$F04.A044E\$F04.A042P\$F10.A077D\$F03.A06JA	5	0.1%
A16ER#F28.A0BA1\$F04.A044C\$F04.A042P	12	0.1%

## FOODEX2\_RECIPE\_DESCR: FoodEx2 recipe description

**Data file:** data\_anon\_consumption

### Overview

Valid: 8156

Type: Discrete    Width: 255    Range: -    Format: character

### Questions and instructions

Value	Category	Cases	
Amaranth leaves, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Salt		2	0%
Beans and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cream, plain, PHYSICAL-STATE = Liquid		16	0.2%
Beans and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage		2	0%
Beans and meat meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Mayonnaise sauce, PHYSICAL-STATE = Liquid		2	0%
Beans and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese		4	0%
Beans and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain		2	0%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Dried herbs, INGREDIENT = Pig fresh meat, INGREDIENT = Salt		7	0.1%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Salt, INGREDIENT = Tomato-contains		22	0.3%
Beans, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Savory, dry, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt		24	0.3%
Camomile infusion, SWEETENING-AGENT = Refined cane sugar		17	0.2%
Cheese omelette, INGREDIENT = Hen eggs, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Butter		10	0.1%
Chicken fresh meat, PROCESS = Cooking in water, INGREDIENT = Salt		3	0%
Chips/crisps, INGREDIENT = Mayonnaise sauce, INGREDIENT = Avocados, INGREDIENT = Tomato ketchup and related sauces		7	0.1%
Chorizo and similar, PROCESS = Frying		10	0.1%
Chutneys, INGREDIENT = Chili peppers, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters		2	0%
Cocoa beverages, INGREDIENT = Cow milk, skimmed (low fat), SWEETENING-AGENT = Refined cane sugar		3	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, SWEETENING-AGENT = Refined cane sugar		163	2%
Coffee beverages, INGREDIENT = Cow milk, whole, INGREDIENT = Coffee ground, roasted, SWEETENING-AGENT = Brown cane sugar		31	0.4%
Common peaches, SURROUNDING-MEDIUM = In concentrated sweet liquid-syrup, SWEETENING-AGENT = Refined cane sugar		7	0.1%
Corn chips, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon		3	0%
Corn chips, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon, INGREDIENT = Salt		18	0.2%
Corn curls, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon		3	0%
Corn curls, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon, INGREDIENT = Salt		25	0.3%
Dairy snacks, INGREDIENT = Wheat bran rolled flakes, INGREDIENT = Yoghurt, cow milk, flavoured		2	0%

Dairy/egg soup, INGREDIENT = Hen eggs, INGREDIENT = Mixed vegetables, QUALITATIVE-INFO = With added salt	30	0.4%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Chorizo and similar, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	4	0%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Traditional margarine	5	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	24	0.3%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Tomatoes, INGREDIENT = Traditional margarine, INGREDIENT = Salt	19	0.2%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	31	0.4%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Tomato chutney, INGREDIENT = Salt	5	0.1%
Egg based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Hen eggs, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	5	0.1%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen egg mixed whole, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt	25	0.3%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen egg mixed whole, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt	23	0.3%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen egg mixed whole, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt	398	4.9%
Egg based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Hen eggs, INGREDIENT = Traditional margarine, INGREDIENT = Salt, EXTENT-OF-COOKING = Egg white solid	132	1.6%
Fermented tea infusion, SWEETENING-AGENT = Brown cane sugar	4	0%
Fish and seafood based dishes, INGREDIENT = Juice, lemon, INGREDIENT = Canned sardines	2	0%
Fish and seafood based dishes, PROCESS = Frying, INGREDIENT = Fish (meat), INGREDIENT = Salt, INGREDIENT = Mixed herbs and spices	5	0.1%
Fish gratin, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breeding, INGREDIENT = Vegetable fats and oils, edible	5	0.1%
Fish soup	2	0%
Fish soup, INGREDIENT = Mixed vegetables, boiled, INGREDIENT = Fish soup, dry, INGREDIENT = Salt	6	0.1%
Flavoured milks, INGREDIENT = Cow milk, whole, INGREDIENT = Cocoa beverage-preparation, powder	20	0.2%
Flavoured milks, INGREDIENT = Cow milk, whole, INGREDIENT = Vanilla essence, SWEETENING-AGENT = Refined cane sugar	10	0.1%
Flavoured milks, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Brown cane sugar	34	0.4%
French fries from cut potato, INGREDIENT = Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	7	0.1%

French fries from cut potato, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	37	0.5%
Fruit infusion, INGREDIENT = Plantains, INGREDIENT = White sugar	2	0%
Fruit salad, INGREDIENT = Apples, INGREDIENT = Juice, lemon	2	0%
Fruit salad, INGREDIENT = Apples, INGREDIENT = Juice, lemon, INGREDIENT = Dried nuts/seeds and related flours and powders	4	0%
Fruit salad, INGREDIENT = Apples, INGREDIENT = Juice, lemon, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt	10	0.1%
Fruit salad, INGREDIENT = Apples, SWEETENING-AGENT = Honey	4	0%
Fruit salad, INGREDIENT = Apples, SWEETENING-AGENT = Refined cane sugar	2	0%
Fruit salad, INGREDIENT = Coconuts, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Juice, lemon, INGREDIENT = Salt	4	0%
Fruit salad, INGREDIENT = Lemons, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt	3	0%
Fruit salad, INGREDIENT = Lemons, INGREDIENT = Salt	4	0%
Fruit salad, INGREDIENT = Mangoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Dried nuts/seeds and related flours and powders	29	0.4%
Fruit salad, INGREDIENT = Oranges, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt	3	0%
Fruit salad, INGREDIENT = Pineapples, SWEETENING-AGENT = Refined cane sugar	2	0%
Fruit salad, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Cream, plain, INGREDIENT = Vegetable fats and oils, edible, SWEETENING-AGENT = Refined cane sugar	11	0.1%
Fruit salad, INGREDIENT = Sour cherries, INGREDIENT = Common peaches, SURROUNDING-MEDIUM = In concentrated sweet liquid-syrup, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Fruit salad, INGREDIENT = Strawberries, INGREDIENT = Cream, plain	2	0%
Fruit salad, INGREDIENT = Strawberries, INGREDIENT = Cream, plain, SWEETENING-AGENT = Refined cane sugar	9	0.1%
Fruit salad, INGREDIENT = Watermelons, SWEETENING-AGENT = Syrups	2	0%
Fruit salad, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Sesame seeds, INGREDIENT = Chocolate sauce, SWEETENING-AGENT = Refined cane sugar, PHYSICAL-STATE = Slices, steaks or ot	34	0.4%
Fruit salad, PROCESS = Pulping / mashing, INGREDIENT = Avocados, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Coriander leaves, INGREDIENT = Juice, lemon, INGREDIENT = Salt, PHYSICAL-STATE = Puree-type	30	0.4%
Fruit salad, SWEETENING-AGENT = Honey	11	0.1%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Cow milk, QUALITATIVE-INFO = Without added sugar	2	0%
Fruit smoothies, INGREDIENT = Common banana, INGREDIENT = Cow milk, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Fruit smoothies, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	8	0.1%
Fruit smoothies, INGREDIENT = Melons, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	8	0.1%
Fruit smoothies, INGREDIENT = Papayas, INGREDIENT = Cow milk, semi skimmed (half fat), SWEETENING-AGENT = Refined cane sugar	3	0%
Fruit smoothies, INGREDIENT = Papayas, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	4	0%
Fruit smoothies, INGREDIENT = Strawberries, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	6	0.1%

Fruit smoothies, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Milk powder, full fat, INGREDIENT = Cocoa beverage-preparation, powder	3	0%
Fruit smoothies, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Strawberries, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Brown cane sugar	15	0.2%
Fruit soft drink, mango, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Fruit soft drink, mixed fruit, INGREDIENT = Pineapples, INGREDIENT = Coconuts, SWEETENING-AGENT = Brown cane sugar	3	0%
Fruit soft drink, mixed fruit, QUALITATIVE-INFO = Without added sugar	6	0.1%
Fruit soft drink, mixed fruit, SWEETENING-AGENT = Refined cane sugar	14	0.2%
Fruit soft drink, pineapple, SWEETENING-AGENT = Brown cane sugar	32	0.4%
Granita, INGREDIENT = Juice, lemon, INGREDIENT = Dried nuts/seeds and related flours and powders	2	0%
Granita, INGREDIENT = Juice, lemon, INGREDIENT = Salt	8	0.1%
Granita, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Fruit jelly, INGREDIENT = Stock cubes or granulate, chicken	6	0.1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Mixing, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	13	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa	2	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soyabeans and similar-, INGREDIENT = Salt, INGREDIENT = Drinking water, SW	80	1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soyabeans and similar-, INGREDIENT = Salt, INGREDIENT = Milk powder, full	51	0.6%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Pulses flour, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refined cane sugar	50	0.6%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Rice flour, INGREDIENT = Milk powder, skimmed, SWEETENING-AGENT = Refined cane sugar	13	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Wheat flour, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refined cane sugar	17	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refi	45	0.6%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar	57	0.7%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	21	0.3%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Bitter chocolate, INGREDIENT = Drinking water	9	0.1%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, INGREDIENT = Wafers	6	0.1%

Ice cream, milk-based, INGREDIENT = Vanilla flavour, INGREDIENT = Wafers	2	0%
Ice cream, milk-based, INGREDIENT = Wafers	4	0%
Instant coffee (beverage), INGREDIENT = Cocoa powder, SWEETENING-AGENT = Brown cane sugar	6	0.1%
Instant coffee (beverage), INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	111	1.4%
Instant coffee (beverage), INGREDIENT = Non dairy coffee creamer, SWEETENING-AGENT = Refined cane sugar	15	0.2%
Instant coffee (beverage), SWEETENING-AGENT = Brown cane sugar	415	5.1%
Instant coffee (beverage), SWEETENING-AGENT = Sucralose	1	0%
Juice, multi-fruit-carrot, SOURCE-COMMODITIES = Oranges, SWEETENING-AGENT = Refined cane sugar	3	0%
Juice, orange, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Legumes based dishes, INGREDIENT = Broad beans (dry), INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables	12	0.1%
Legumes based dishes, INGREDIENT = Canned or jarred common beans, INGREDIENT = Cream, plain, PHYSICAL-STATE = Puree-type	3	0%
Legumes based dishes, INGREDIENT = Textured soy protein, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	6	0.1%
Legumes based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (fresh seeds without pods) and similar-, INGREDIENT = Cream, plain	2	0%
Legumes based dishes, PROCESS = Pan frying / shallow frying, INGREDIENT = Canned or jarred common beans, PHYSICAL-STATE = Puree-type	29	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken	353	4.3%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken, INGREDIENT = Nightshade, black	9	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomatoes, INGREDIENT = Chayote fruits, INGREDIENT = Peppers, dried, INGREDIENT = Salt	83	1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt	134	1.6%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt, PHYSICAL-STATE = Slices, steaks or other flat cuts	23	0.3%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Pig fresh meat, INGREDIENT = Chayote fruits, INGREDIENT = Potatoes	6	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken	35	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Poultry fresh meat (muscle meat), INGREDIENT = Tomatoes, INGREDIENT = Tomatillos, INGREDIENT = Peppers, dried, INGREDIENT = Salt	18	0.2%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Sweet peppers, INGREDIENT = Tomatillos, INGREDIENT = Potatoes, INGREDIENT = Chicken fresh meat	32	0.4%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Turkey fresh meat, INGREDIENT = Tomatoes, INGREDIENT = Chayote fruits, INGREDIENT = Potatoes, INGREDIENT = Spearmint, INGREDIENT = Salt	10	0.1%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Turnip tops, INGREDIENT = Bovine trotters and feet, INGREDIENT = Tomatoes, INGREDIENT = Salt	3	0%



Meat balls, INGREDIENT = Tomato-containing cooked sauces	11	0.1%
Meat balls, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat	5	0.1%
Meat balls, PROCESS = Frying, INGREDIENT = Chicken fresh meat	2	0%
Meat balls, PROCESS = Frying, PROCESS = Breeding, INGREDIENT = Chicken fresh meat	3	0%
Meat based dishes, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces	4	0%
Meat based dishes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, PHYSICAL-STATE = Dices / sticks	15	0.2%
Meat based dishes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Tomato ketchup and related sauces	2	0%
Meat based dishes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Traditional margarine	11	0.1%
Meat based dishes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	10	0.1%
Meat based dishes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Traditional margarine	2	0%
Meat based dishes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Vegetable fats and oils, edible	2	0%
Meat based dishes, PROCESS = Baking, INGREDIENT = Chicken fresh meat, INGREDIENT = Beer, INGREDIENT = Soy sauce	4	0%
Meat based dishes, PROCESS = Breeding, INGREDIENT = Beef liver, INGREDIENT = Vegetable fats and oils, edible	12	0.1%
Meat based dishes, PROCESS = Breeding, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Stock cubes or granulate, chicken	6	0.1%
Meat based dishes, PROCESS = Breeding, PROCESS = Frying, INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	3	0%
Meat based dishes, PROCESS = Breeding, PROCESS = Frying, INGREDIENT = Pig fresh meat, INGREDIENT = Black pepper, INGREDIENT = Salt	14	0.2%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Traditional margarine	43	0.5%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Chicken fresh meat, INGREDIENT = Savory, dry	3	0%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Cow, ox or bull fresh meat	36	0.4%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat	3	0%
Meat based dishes, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat, INGREDIENT = Herbs, vegetables and oil sauces, INGREDIENT = Salt	8	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beef liver, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables, INGREDIENT = Tomato paste, INGREDIENT = Salt	17	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Cream, plain, INGREDIENT = Mixed herbs and spices	6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Maize oil, edible	3	0%

Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-	16	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	8	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Soy sauce	9	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Seasoning mixes	11	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Unleavened doughs, INGREDIENT = Salt	7	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Nightshade, black, INGREDIENT = Salt	5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Rice grain, polished, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	19	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces	6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Vegetable fats and oils, edible	2	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Chicken fresh meat, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Seasoning mixes	53	0.6%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Carrots, INGREDIENT = Potatoes	4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	27	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Sauces from fermented/hydrolysed sources and similar	16	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Avocados	6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Salt, INGREDIENT = Tomato-containing cooked sauces	18	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Tomatoes, INGREDIENT = Salt	15	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	5	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Ham, pork, INGREDIENT = Vegetable fats and oils, edible	4	0%

Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Other edible flowers, INGREDIENT = Chicken fresh meat, INGREDIENT = Cream, plain	7	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Other edible flowers, INGREDIENT = Chicken fresh meat, INGREDIENT = Cream, plain, INGREDIENT = Mixed vegetables	16	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Barbecue or steak sauces, INGREDIENT = Salt	4	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	25	0.3%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	14	0.2%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	6	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain, INGREDIENT = Leafy vegetables, INGREDIENT = Potatoes, INGREDIENT = Chicken fresh meat	7	0.1%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Marinating, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Vegetable fats and oils, edible	2	0%
Meat based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Marinating, INGREDIENT = Pig fresh meat, INGREDIENT = Vegetable fats and oils, edible	8	0.1%
Meat based dishes, PROCESS = Cooking in water, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	3	0%
Meat based dishes, PROCESS = Cooking in water, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato paste, INGREDIENT = Salt	2	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Chicken fresh meat, INGREDIENT = Seasoning mixes	64	0.8%
Meat based dishes, PROCESS = Frying, INGREDIENT = Cow, ox or bull fresh meat	7	0.1%
Meat based dishes, PROCESS = Frying, INGREDIENT = Frankfurt-type sausage	24	0.3%
Meat based dishes, PROCESS = Frying, INGREDIENT = Fresh spiced sausages in casing	2	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Chorizo and similar	6	0.1%
Meat based dishes, PROCESS = Frying, INGREDIENT = Ham, pork, INGREDIENT = Vegetable fats and oils, edible	4	0%
Meat based dishes, PROCESS = Frying, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Soy sauce, INGREDIENT = Salt	16	0.2%
Meat based dishes, PROCESS = Roasting, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt	11	0.1%
Meat based dishes, PROCESS = Smoking, INGREDIENT = Chicken fresh meat, INGREDIENT = Vegetable fats and oils, edible	2	0%
Meat based dishes, PROCESS = Stewing, INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	6	0.1%
Meat based dishes, PROCESS = Stewing, INGREDIENT = Ham, pork, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	4	0%
Meat burger (no sandwich), PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, PROCESS = Battering, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	50	0.6%
Meat burger (no sandwich), PROCESS = Frying, INGREDIENT = Pig fresh meat	2	0%

Meat loaf, INGREDIENT = Bovine fresh meat, INGREDIENT = Pig fresh meat	4	0%
Meat soup, INGREDIENT = Juice, lemon, INGREDIENT = Meat and vegetable soup, dry	2	0%
Meat soup, INGREDIENT = Meat and vegetable soup, dry, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	12	0.1%
Meat soup, with pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Chicken, other slaughtering products, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	36	0.4%
Meat soup, with pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Meat and vegetable soup, dry, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	12	0.1%
Meat soup, with pieces, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	7	0.1%
Meat soup, with pieces, INGREDIENT = Hen eggs, INGREDIENT = Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Meat/poultry soup, dry	18	0.2%
Meat soup, with pieces, INGREDIENT = Hen eggs, INGREDIENT = Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Salt	33	0.4%
Meat soup, with pieces, INGREDIENT = Mixed vegetables, INGREDIENT = Meat/poultry soup, dry	5	0.1%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Traditional margarine, INGREDIENT = Savory, dry	128	1.6%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Herbs/spices sauces	2	0%
Meat stew, INGREDIENT = Chicken fresh meat, INGREDIENT = Spinaches, INGREDIENT = Salt	6	0.1%
Meat stew, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	58	0.7%
Meat stew, INGREDIENT = Pig fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	16	0.2%
Meat stew, INGREDIENT = Pig fresh meat, INGREDIENT = Tomato-containing cooked sauces	2	0%
Milkshakes, INGREDIENT = Wafers, INGREDIENT = Cow milk, whole	2	0%
Minor coffee imitates infusions, INGREDIENT = Tortilla, SWEETENING-AGENT = Refined cane sugar	10	0.1%
Mixed green salad	6	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	8	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	11	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Small radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	10	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Cucumbers, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	5	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Small radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	10	0.1%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Tomatoes, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	14	0.2%
Mixed green salad, INGREDIENT = Head lettuces, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	22	0.3%
Mixed green salad, INGREDIENT = White cabbage, INGREDIENT = Juice, lemon, INGREDIENT = Processed cheese, sliceable	4	0%

Mixed juices with added ingredients, INGREDIENT = Juice, lemon, INGREDIENT = Juice, orange, SWEETENING-AGENT = Brown cane sugar	3	0%
Mixed vegetable salad, INGREDIENT = Beetroots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	15	0.2%
Mixed vegetable salad, INGREDIENT = Broccoli, INGREDIENT = Juice, lemon, INGREDIENT = Salt	3	0%
Mixed vegetable salad, INGREDIENT = Carrots, INGREDIENT = Juice, lemon, INGREDIENT = Salt	6	0.1%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Salt, INGREDIENT = Juice, lemon	38	0.5%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	18	0.2%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	21	0.3%
Mixed vegetable salad, INGREDIENT = Cucumbers, INGREDIENT = Sweet peppers, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	4	0%
Mixed vegetable salad, INGREDIENT = Radishes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	20	0.2%
Mixed vegetable salad, INGREDIENT = Small radishes, INGREDIENT = Juice, lemon	2	0%
Mixed vegetable salad, INGREDIENT = Sweet corn, INGREDIENT = Juice, lemon, INGREDIENT = Salt	6	0.1%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Cucumbers, INGREDIENT = Juice, lemon, INGREDIENT = Salt	25	0.3%
Mixed vegetable salad, INGREDIENT = Tomatoes, INGREDIENT = Juice, lemon, INGREDIENT = Salt	3	0%
Mixed vegetable salad, INGREDIENT = Watercresses, INGREDIENT = Juice, lemon, INGREDIENT = Salt	10	0.1%
Mixed vegetable salad, INGREDIENT = White cabbage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Mustard and related sauces	12	0.1%
Mixed vegetable salad, PROCESS = Pickling, INGREDIENT = Vinegar, INGREDIENT = Salt	20	0.2%
Mixed vegetables soup, INGREDIENT = Swiss chards, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes	8	0.1%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Salt	5	0.1%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Leafy vegetables, INGREDIENT = Onions, INGREDIENT = Coriander leaves, INGREDIENT = Stock cubes or granulate, chicken	10	0.1%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Nightshade, black, INGREDIENT = Hen eggs, INGREDIENT = Salt	16	0.2%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Nightshade, black, INGREDIENT = Salt	57	0.7%
Mixed vegetables soup, with puree or pieces, INGREDIENT = Salt	10	0.1%
Non-fermented tea, infusion, INGREDIENT = Cinnamon bark and similar-, SWEETENING-AGENT = Brown cane sugar	2	0%
Non-fermented tea, infusion, INGREDIENT = Mango flavour, SWEETENING-AGENT = Refined cane sugar	2	0%
Non-fermented tea, infusion, INGREDIENT = Spearmint, INGREDIENT = Ginger roots, SWEETENING-AGENT = Honey	3	0%
Non-fermented tea, infusion, INGREDIENT = Spearmint, SWEETENING-AGENT = Brown cane sugar	4	0%

Oats drink, PROCESS = Soaking, SWEETENING-AGENT = Brown cane sugar	2	0%
Oats drink, SWEETENING-AGENT = Brown cane sugar	20	0.2%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes	7	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Vegetables-based cooked sauce, INGREDIENT = Salt, QUALITATIVE-INFO = Fat free, PHYSICAL-STATE = Slices, steaks o	5	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	5	0.1%
Offal based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	12	0.1%
Omelette, plain, INGREDIENT = Hen eggs, INGREDIENT = Salt, INGREDIENT = Olive oils	43	0.5%
Omelette, plain, INGREDIENT = Hen eggs, INGREDIENT = Salt, INGREDIENT = Olive oils, INGREDIENT = Onion bulbs for fresh consumption	8	0.1%
Onion bulbs for fresh consumption, PROCESS = Frying	2	0%
Paella	38	0.5%
Pancakes	60	0.7%
Pancakes, INGREDIENT = Fruit jelly	4	0%
Pancakes, INGREDIENT = Fruit salad, SWEETENING-AGENT = Syrups	5	0.1%
Pancakes, SWEETENING-AGENT = Honey	22	0.3%
Pancakes, SWEETENING-AGENT = Syrups	17	0.2%
Pasta, cooked, with cheese/cream	8	0.1%
Pasta, cooked, with cheese/cream, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt	11	0.1%
Pasta, cooked, with cheese/cream, INGREDIENT = Mozzarella	10	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Soy sauce	5	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	7	0.1%
Pasta, cooked, with mixed sauce, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	32	0.4%
Pasta, cooked, with mixed sauce, INGREDIENT = Frankfurter sausage, INGREDIENT = Tomato paste, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	18	0.2%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato paste, INGREDIENT = Salt	53	0.6%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato-containing cooked sauces	27	0.3%
Pasta, cooked, with mixed sauce, INGREDIENT = Tomato-containing cooked sauces, INGREDIENT = Salt	51	0.6%
Pasta, cooked, with vegetables	21	0.3%
Pasta, cooked, with vegetables, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Soy sauce	44	0.5%
Pasta, cooked, with vegetables, INGREDIENT = Tomatoes	6	0.1%
Pasta, cooked, with vegetables, PROCESS = Pan frying / shallow frying, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	9	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt	37	0.5%

Pasta, plain (not stuffed), cooked, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mayonnaise sauce	4	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Frankfurt-type sausage	14	0.2%
Pasta, plain (not stuffed), cooked, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	34	0.4%
Pasta, plain (not stuffed), cooked, INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Salt	12	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt	6	0.1%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt, INGREDIENT = Traditional margarine	3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine	3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Traditional margarine, INGREDIENT = Salt	5	0.1%
Pig fresh meat, PROCESS = Frying	5	0.1%
Plantains - paradisiaca cultivars, PROCESS = Cooking in water, SWEETENING-AGENT = Brown cane sugar, QUALITATIVE-INFO = Ripe / mature	14	0.2%
Plantains - paradisiaca cultivars, PROCESS = Frying, QUALITATIVE-INFO = Ripe / mature	53	0.6%
Popcorn (maize, popped), QUALITATIVE-INFO = Without added salt, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	2	0%
Porridge (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Bitter chocolate, INGREDIENT = Wheat, popped, SWEETENING-AGENT = Refined cane sugar	4	0%
Porridge milk based (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	26	0.3%
Potato based dishes, PROCESS = Broiling/grilling, INGREDIENT = Potatoes, INGREDIENT = Salt	3	0%
Potato based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Coriander leaves, INGREDIENT = Mayonnaise sauce, INGREDIENT = Salt	8	0.1%
Potato based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Potatoes, INGREDIENT = Vegetable fats and oils, edible	11	0.1%
Potato croquettes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breading, PROCESS = Battering, INGREDIENT = Salt	8	0.1%
Potato puree from potatoes, INGREDIENT = Salt, INGREDIENT = Traditional margarine	59	0.7%
Potatoes and vegetables meal, INGREDIENT = Mayonnaise sauce, INGREDIENT = Salt, PHYSICAL-STATE = Dices / sticks	17	0.2%
Potatoes, meat, and vegetables meal, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, INGREDIENT = Bovine, minced meat, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	6	0.1%
Prepared pasta salad, INGREDIENT = Black pepper, INGREDIENT = Mixed vegetables, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	7	0.1%
Prepared pasta salad, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	4	0%
Prepared rice salad, INGREDIENT = Beans (fresh seeds without pods) and similar-, INGREDIENT = Mixed vegetables, INGREDIENT = Vegetable fats and oils, edible	4	0%
Processed cheese, spreadable, INGREDIENT = Canned mushrooms	2	0%
Processed maize-based flakes, INGREDIENT = Common banana, INGREDIENT = Cow milk, whole	91	1.1%
Processed maize-based flakes, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	96	1.2%
Rice and vegetables meal, INGREDIENT = Hen eggs	5	0.1%

Rice and vegetables meal, INGREDIENT = Leafy vegetables	7	0.1%
Rice and vegetables meal, INGREDIENT = Other edible flowers	5	0.1%
Rice and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	41	0.5%
Rice and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Tomatoes	13	0.2%
Rice based dishes, cooked, INGREDIENT = Rice grain, polished, INGREDIENT = Salt	25	0.3%
Rice based dishes, cooked, INGREDIENT = Rice grain, polished, INGREDIENT = Salt, QUALITATIVE-INFO = Fat free	2	0%
Rice based dishes, cooked, INGREDIENT = Rice grain, polished, QUALITATIVE-INFO = Without added salt	3	0%
Rice drink, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = Refined cane sugar	57	0.7%
Rice, meat, and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Chicken fresh meat	7	0.1%
Rice, meat, and vegetables meal, INGREDIENT = Rice grain, polished, INGREDIENT = Chicken, other slaughtering products	14	0.2%
Rice, popped, INGREDIENT = Cow milk, whole	22	0.3%
Salads, INGREDIENT = Broccoli, INGREDIENT = Juice, lemon	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Buns, INGREDIENT = Hen eggs	90	1.1%
Sandwich and sandwich-like dishes, INGREDIENT = Buns, INGREDIENT = Mayonnaise sauce	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Crackers and breadsticks, INGREDIENT = Marmalade	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Beans (dry) and similar-	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Canned or jarred common beans, INGREDIENT = Salt	28	0.3%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Chicken, minced meat, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Tomato ketchup and related sauces	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Hen eggs	8	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Tortilla, INGREDIENT = Traditional margarine	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-	112	1.4%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Cream cheese	6	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh raw sausages	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	30	0.4%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-, INGREDIENT = Hen eggs, INGREDIENT = Tomato ketchup and related sauces	6	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Canned or jarred common beans, INGREDIENT = Cream, plain, INGREDIENT = Fresh uncured cheese	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chicken fresh meat	2	0%



Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chocolate spread	2	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream, plain	8	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fruit jelly, INGREDIENT = Traditional margarine	9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Omelette, plain	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Hen eggs, INGREDIENT = Savoury sauces	6	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Savoury sauces, INGREDIENT = Mixed vegetables	246	3%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Syrups	4	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Tomato ketchup and related sauces, INGREDIENT = Mayonnaise sauce	3	0%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Traditional margarine	12	0.1%
Sandwich and sandwich-like dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Fresh uncured cheese	16	0.2%
Sandwich and sandwich-like dishes, PROCESS = Toasting / coffee roasting, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Fruit jelly	2	0%
Sandwich and sandwich-like dishes, PROCESS = Toasting / coffee roasting, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Traditional margarine	2	0%
Sandwich with cheese and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese	4	0%
Sandwich with cheese topping/filling, INGREDIENT = Potato croquettes, INGREDIENT = Extra hard cheese (parmesan, grana type), INGREDIENT = Tomato-containing cooked sauces	6	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Animal fats and oils (processed fat from animal tissue)	2	0%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Beans (dry) and similar-	6	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese	10	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese, INGREDIENT = Salt	7	0.1%
Sandwich with cheese topping/filling, INGREDIENT = Tortilla, INGREDIENT = Ricotta	1	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream cheese	54	0.7%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cream cheese, INGREDIENT = Fruit jelly	3	0%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese	26	0.3%
Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh uncured cheese, INGREDIENT = Cream, plain	6	0.1%

Sandwich with cheese topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Processed cheese, sliceable	2	0%
Sandwich with cheese topping/filling, PROCESS = Frying, INGREDIENT = Tortilla, INGREDIENT = Fresh uncured cheese	5	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt	16	0.2%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Tomato-containing cooked sauces	3	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt, INGREDIENT = Vinegar	13	0.2%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Mixed vegetables, INGREDIENT = Fresh uncured cheese, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce	7	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Potatoes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Tomato-containing cooked sauces	4	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Frankfurter sausage	76	0.9%
Sandwich with processed meat topping/filling, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	8	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Salad dressing	16	0.2%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat	2	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, INGREDIENT = Processed cheese, sliceable	3	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chorizo and similar, INGREDIENT = Mixed vegetables	5	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Mixed vegetables, INGREDIENT = Juice, lemon	6	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	4	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Frankfurt-type sausage, INGREDIENT = White cabbage, INGREDIENT = Avocados, INGREDIENT = Savoury sauces	24	0.3%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = White cabbage, INGREDIENT = Avocados, INGREDIENT = Corned turkey, uncooked, INGREDIENT = Savoury sauces	7	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chicken fresh meat, INGREDIENT = Prepared meat salad	24	0.3%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Chorizo and similar, INGREDIENT = Mayonnaise sauce	5	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Fresh spiced sausages in casing, INGREDIENT = Mixed vegetables, INGREDIENT = Savoury sauces	7	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Meat burger (no sandwich), INGREDIENT = Savoury sauces	8	0.1%
Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Pate, chicken liver	8	0.1%

Sandwich with processed meat topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Processed cheese, sliceable, INGREDIENT = Savoury sauces	40	0.5%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla	2	0%
Sandwich with vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Salt	12	0.1%
Sandwich with vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Common banana	8	0.1%
Sandwich with vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Sweet peppers, INGREDIENT = Head lettuces, INGREDIENT = Savoury sauces	19	0.2%
Sandwich with vegetable topping/filling, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Tomato-containing cooked sauces	2	0%
Seafood salad, INGREDIENT = Canned tunas and similar	4	0%
Seafood salad, INGREDIENT = Canned tunas and similar, INGREDIENT = Mixed vegetables, INGREDIENT = Salt	5	0.1%
Seafood-based meals, PROCESS = Frying, INGREDIENT = Shrimps, common, INGREDIENT = Salt	7	0.1%
Soft drink, apple flavour, SWEETENING-AGENT = Brown cane sugar	2	0%
Soft drink, apricot flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar	9	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Barley grains, SWEETENING-AGENT = Refined cane sugar	5	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, INGREDIENT = Agave leaves, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, SWEETENING-AGENT = Refined cane sugar	12	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Maize flour, SWEETENING-AGENT = Brown cane sugar	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Pumpkins and similar-, SWEETENING-AGENT = Brown cane sugar	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Vanilla essence, SWEETENING-AGENT = Refined cane sugar	4	0%
Soft drink, flavoured, no fruit, PROCESS = Brewing / infusion, INGREDIENT = Hibiscus infusion flowers, SWEETENING-AGENT = Refined cane sugar	106	1.3%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Grape flavour, SWEETENING-AGENT = Brown cane sugar	8	0.1%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Strawberry flavour, SWEETENING-AGENT = Refined cane sugar	32	0.4%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Tamarind flavour, SWEETENING-AGENT = Refined cane sugar	5	0.1%
Soft drink, mango flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Soft drink, orange flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar	39	0.5%
Soft drink, pineapple flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, SWEETENING-AGENT = Refined cane sugar	6	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Blackberries, SWEETENING-AGENT = Brown cane sugar	10	0.1%

Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Carbonated natural mineral water, INGREDIENT = Juice, lemon, INGREDIENT = Salt, INGREDIENT = Soy sauce	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice, lemon, SWEETENING-AGENT = Refined cane sugar	169	2.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Melons, SWEETENING-AGENT = Refined cane sugar	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Miscellaneous fruits with edible peel, SWEETENING-AGENT = Brown cane sugar	2	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Passionfruits, SWEETENING-AGENT = Refined cane sugar	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Strawberries, SWEETENING-AGENT = Refined cane sugar	12	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind, SWEETENING-AGENT = Refined cane sugar	26	0.3%
Sorbet, INGREDIENT = Blackberries, SWEETENING-AGENT = Refined cane sugar, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	6	0.1%
Sorbet, INGREDIENT = Fruit flavour, INGREDIENT = Wafers	2	0%
Sorbet, INGREDIENT = Pineapple flavour, INGREDIENT = Wafers	2	0%
Sorbet, INGREDIENT = Wafers	2	0%
Spoonable desserts and ice creams (generic), INGREDIENT = Vanilla flavour	6	0.1%
Spoonable desserts and ice creams (generic), INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Cow milk, whole	2	0%
Strawberries, PROCESS = Chocolate coating	3	0%
Strawberries, SWEETENING-AGENT = Honey	2	0%
Strawberries, SWEETENING-AGENT = Refined cane sugar	10	0.1%
Tomato chutney, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Chili peppers, QUALITATIVE-INFO = Hot/piquant/spicy, PHYSICAL-STATE = Fragments / granules / splinters	3	0%
Tomato chutney, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Coriander leaves, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters	84	1%
Tomato chutney, INGREDIENT = Potatoes, INGREDIENT = Tomatillos, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters	4	0%
Tomato chutney, PROCESS = Broiling/grilling, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Coriander leaves, INGREDIENT = Salt, PHYSICAL-STATE = Fragments / granules / splinters	2	0%
Tomato-containing cooked sauces, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Butter	6	0.1%
Tomato-containing cooked sauces, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Sweet peppers, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken	76	0.9%
Tortilla, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Fresh uncured cheese, INGREDIENT = Hen eggs, INGREDIENT = Vegetable fats and oils, edible	8	0.1%
Tortilla, PROCESS = Frying	16	0.2%
Unleavened doughs, INGREDIENT = Maize flour, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	3	0%
Unleavened doughs, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Fresh uncured cheese	8	0.1%

Unleavened doughs, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize grain, INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	6	0.1%
Various pastry, PROCESS = Battering, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Sandwich bread (hamburger roll-type), INGREDIENT = Traditional margarine, SWEETENING-AGENT = Refined cane sugar	4	0%
Vegetable based dishes, INGREDIENT = Podded pea (young pods), INGREDIENT = Traditional margarine	3	0%
Vegetable based dishes, INGREDIENT = Sweet corn, INGREDIENT = Fresh uncured cheese, INGREDIENT = Salt, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces, PART-CONSUMED-ANALYSED = With cob	21	0.3%
Vegetable based dishes, INGREDIENT = Swiss chards, INGREDIENT = Salt	5	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Vegetable fats and oils, edible	10	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Nightshade, black, INGREDIENT = Beans (dry) and similar-	4	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Vegetable fats and oils, edible, INGREDIENT = Salt	5	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Cauliflowers, INGREDIENT = Salt	17	0.2%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Battering, INGREDIENT = Chayote fruits, INGREDIENT = Salt	8	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breeding, INGREDIENT = Chayote fruits	4	0%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Breeding, PROCESS = Battering, INGREDIENT = Watercresses, INGREDIENT = Salt, INGREDIENT = Mixed herbs and spices	7	0.1%
Vegetable based dishes, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, PROCESS = Battering, INGREDIENT = Sweet peppers, INGREDIENT = Salt	18	0.2%
Vegetable based dishes, PROCESS = Cooking in water, INGREDIENT = Pumpkins, INGREDIENT = Salt	7	0.1%
Vegetable casserole, PROCESS = Cooking in water, INGREDIENT = Salt	10	0.1%
Vegetable casserole, PROCESS = Steaming, INGREDIENT = Salt	8	0.1%
Vegetable souffl, INGREDIENT = Swiss chards, INGREDIENT = Hen eggs, INGREDIENT = Vegetable fats and oils, edible	3	0%
Wheat bread and rolls, PROCESS = Chocolate coating	3	0%
Wheat coffee infusion, SWEETENING-AGENT = Brown cane sugar	6	0.1%
Wheat, popped, INGREDIENT = Cow milk, whole	165	2%

**V20\_A1:****Data file: data\_anon\_consumption****Overview**

Valid: 239 Invalid: 0

Type: Discrete Width: 77 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
EETENING-AGENT = Refined cane sugar		80	33.5%
fat, SWEETENING-AGENT = Refined cane sugar		51	21.3%
g cooked sauces		22	9.2%
her flat cuts		34	14.2%
ned cane sugar		45	18.8%
powder, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar		2	0.8%
r other flat cuts		5	2.1%

### AMOUNT\_RECIPES: Amount recipe consumed (g)

Data file: data\_anon\_consumption

#### Overview

Valid: 8156 Invalid: 3030 Minimum: 0.4 Maximum: 2000 Mean: 175.91 Standard deviation: 186.799  
 Type: Continuous Decimal: 2 Width: 8 Range: 0.4 - 2000 Format: Numeric

### CODE\_INGREDIENT: Original ingredient code

Data file: data\_anon\_consumption

#### Overview

Valid: 11186 Invalid: 0 Minimum: 1001 Maximum: 65821142 Mean: 13713329.96 Standard deviation: 23773999.938  
 Type: Continuous Decimal: 0 Width: 8 Range: 1001 - 65821142 Format: Numeric

### INGREDIENT: Food item or Ingredient description in local language (other than English)

Data file: data\_anon\_consumption

#### Overview

Valid: 11186 Invalid: 0  
 Type: Discrete Width: 72 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
ACEITE VEGETAL, DE MAIZ		25	0.2%
ACEITE VEGETAL, DE OLIVA		4	0%

ACEITE VEGETAL, DE SOYA	6	0.1%
ACEITE VEGETAL, TODA CLASE	338	3%
ACELGA CRUDA	4	0%
ADEREZO ENSALADA, TIPO FRANCES C/SAL	3	0%
ADEREZO ITALIANO	1	0%
AGUA DULCE	4	0%
AGUACATE	33	0.3%
AJO MOLIDO	3	0%
AJO, CABEZA O BULBO	7	0.1%
ALGODON DE AZUCAR	2	0%
ALITAS DE POLLO ROSTIZADAS	2	0%
APAZOTE/EPAZOTE	1	0%
APIO, TALLOS	26	0.2%
ARROZ BLANCO CON PROTEMAS (DESAYUNO ESCOLAR)	1	0%
ARROZ BLANCO, PULIDO, ENRIQUECIDO, PRECOCIDO	14	0.1%
ARROZ BLANCO, PULIDO, S/ENRIQUECER	32	0.3%
ARROZ BLANCO, SEMIPULIDO	5	0%
ARROZ FRITO	131	1.2%
ARROZ FRITO (GUATEMALA)	11	0.1%
ARVEJA CHINA, CRUDA	2	0%
ARVEJA CRUDA	3	0%
ATOL 13 CEREALES	2	0%
ATOL BLANCO	3	0%
ATOL CORAZON DE TRIGO, PREPARADO (REFACCION ESCOLAR)	14	0.1%
ATOL DE ARROZ CON CHOCOLATE	7	0.1%
ATOL DE ARROZ CON LECHE	3	0%
ATOL DE AVENA/MOSH (GUATEMALA)	3	0%
ATOL DE BIENESTARINA CON LECHE	1	0%
ATOL DE ELOTE	1	0%
ATOL DE HABA	17	0.2%
ATOL DE INCAPARINA	10	0.1%
ATOL DE MAIZ QUEBRADO	2	0%
ATOL DE PLTANO (GUATEMALA)	5	0%
ATOLE INCAPARINA	6	0.1%
AVENA CON LECHE (DESAYUNO ESCOLAR)	18	0.2%
AVENA EN HOJUELAS C/FORTIFICACION	33	0.3%
AVENA EN HOJUELAS S/FORTIFICAR (MOSH)	5	0%
AVENA INSTANTANEA, FORTIFICADA	1	0%
AVENA MOLIDA C/FORTIFICACION	4	0%

AYOTE/GUICOY/ZAPALLO/CALABAZA, AMARILLO/MADURO	7	0.1%
AZUCAR BLANCA, GRANULADA, FORTIF.C/VIT A	661	5.9%
AZUCAR MORENA FORTIF. C/VIT A	170	1.5%
AZUCAR MORENA O NEGRA	2	0%
BANANO	81	0.7%
BANANO/GUINEO, MADURO	40	0.4%
BARBACOA EN POLVO	1	0%
BEBIDA DE CHOCOLATE CALIENTE CON AGUA	3	0%
BEBIDA DE CHOCOLATE CON AGUA	1	0%
BEBIDA DE CHOCOLATE CON LECHE, POLVO (MILO)	2	0%
BEBIDA GASEOSA O CARBONATADA, TIPO SODA	1	0%
BEBIDA LACTEA CON ACEITE VEGETAL	49	0.4%
BEBIDA LACTEA CON ACEITE VEGETAL EN POLVO	15	0.1%
BEBIDA NUTRITIVA, INCAPARINA, COCCION RAPIDA, POLVO	2	0%
BEBIDA NUTRITIVA, INCAPARINA, CRECIMAX, POLVO	3	0%
BEBIDA NUTRITIVA, INCAPARINA, LISTA PARA BEBER	3	0%
BEBIDA NUTRITIVA, INCAPARINA, POLVO	39	0.3%
BERRO, CRUDO	4	0%
BLEDO/AMARANTO, HOJAS	1	0%
BOCADO DE REINA	2	0%
BOLITAS DE BERLIN	3	0%
BOLLO C/JAMON	1	0%
BROCOLI/BRECOL CRUDO	5	0%
BROTES DE SOYA	1	0%
CAF DE CEREALES	3	0%
CAF INSTANTNEO, PREPARADO C/AGUA S/AZCAR	2	0%
CAF TOSTADO MOLIDO, PREPARADO C/AGUA S/AZCAR	1	0%
CAFE INSTANTANEO CON LECHE Y AZUCAR	1	0%
CAFE INSTANTANEO, DESCAFEINADO, POLVO	8	0.1%
CAFE INSTANTANEO, POLVO	242	2.2%
CAFE TOSTADO MOLIDO, POLVO	91	0.8%
CALABACITA/GUICOYITO/PIPIAN	9	0.1%
CALDO DE ARROZ CON CHIPILIN	1	0%
CALDO DE POLLO, O GALLINA	3	0%
CALDO DE POLLO, DESHIDRATADO, EN POLVO	211	1.9%
CALDO DE RES, DESHIDRATADO, EN POLVO	17	0.2%
CAMARON, COCIDO	1	0%
CAMARON, FRESCO	2	0%
CAMARONES ASADOS	1	0%



CANELA EN RAJA	1	0%
CANELA, MOLIDA	1	0%
CANELITAS	2	0%
CARACOL DE MAR, CARNE DE	1	0%
CARAMELOS DUROS	19	0.2%
CARAMELOS SUAVES	14	0.1%
CARNE ADOBADA DE CERDO	1	0%
CARNE ADOBADA DE RES	1	0%
CARNE DE RES ASADA	2	0%
CARNITAS DE CERDO	3	0%
CEBADA, GRANO ENTERO	2	0%
CEBOLLA, CABEZA	372	3.3%
CEBOLLA, CABEZA Y TALLOS	13	0.1%
CEBOLLA, POLVO	8	0.1%
CEBOLLA, TALLOS	5	0%
CEBOLLIN	4	0%
CERDO, CARNE MAGRA, COCIDA	1	0%
CERDO, CARNE MAGRA, CRUDA	13	0.1%
CERDO, CARNE MAGRA, CRUDA CON HUESO	3	0%
CERDO, CARNE RICA EN GRASA, CRUDA	2	0%
CERDO, CARNE SEMIMAGRA, CRUDA	7	0.1%
CERDO, CHICHARRONES	3	0%
CERDO, COSTILLA ASADA	2	0%
CERDO, COSTILLA CRUDA	6	0.1%
CEREAL DE AVENA CON MARSHMALLOW	2	0%
CEREAL DE CHOCOLATE	1	0%
CEREAL DESAYUNO, CHOCO KRISPIES	45	0.4%
CEREAL DESAYUNO, COCOA FLAKES	20	0.2%
CEREAL DESAYUNO, COMPLETE /KOMPLETE, MIEL Y PASAS	2	0%
CEREAL DESAYUNO, CORN FLAKES	29	0.3%
CEREAL DESAYUNO, CORN FLAKES C/MIEL	3	0%
CEREAL DESAYUNO, FROOT LOOPS	31	0.3%
CEREAL DESAYUNO, FROOT LOOPS c/MARSHMALLOW	4	0%
CEREAL DESAYUNO, GRANOLA	1	0%
CEREAL DESAYUNO, NESQUICK CHOCOLATE	7	0.1%
CEREAL DESAYUNO, ZUCARITAS DE MAIZ	11	0.1%
CEREAL FITNESS INTEGRAL	1	0%
CEREZA	2	0%
CHAOMEIN	1	0%

CHAYOTE/GUISQUIL/PATASTE, COCIDO S/SAL, ESCURRIDO	4	0%
CHAYOTE/GUISQUIL/PATASTE, CRUDO	75	0.7%
CHAYOTE/GUISQUIL/PATASTE, HOJAS Y PUNTAS	2	0%
CHEPES	1	0%
CHICHARRIN (de harina de trigo)	2	0%
CHICHARRONES (SNACK)	3	0%
CHICHARRONES DE CERDO	3	0%
CHICLE	3	0%
CHILACAYOTE/CHIVERRE, MADURO	1	0%
CHILE CHILTEPE	4	0%
CHILE DULCE, VERDE	11	0.1%
CHILE DULCE/PIMIENTO ROJO, FRESCO	77	0.7%
CHILE EN POLVO	2	0%
CHILE GUAQUE, DE GUATEMALA	17	0.2%
CHILE PASA	11	0.1%
CHILE PICANTE, SECO	1	0%
CHILE RELLENO DE GUATEMALA	11	0.1%
CHIMICHURRI	3	0%
CHIPILIN, HOJAS Y PUNTA	3	0%
CHOBIX DE TRIGO (SNACK)	6	0.1%
CHOCOBANANO	13	0.1%
CHOCOBANANO CON MANIA	1	0%
CHOCOLATE CON LECHE (GOLOSINA)	7	0.1%
CHOCOLATE CON LECHE Y MANI (GOLOSINA)	2	0%
CHOCOLATE PARA CHOCOBANANO	1	0%
CHOCOLATE, TABLILLAS PARA BEBIDA	8	0.1%
CHOCOPINA	1	0%
CHOP SUEY MIXTO	3	0%
CHORIZO	5	0%
CHORIZO ASADO	1	0%
CHORIZO DE CERDO	10	0.1%
CHORIZO DE CERDO Y RES	3	0%
CHOW MEIN	7	0.1%
CHOW MEIN DE POLLO	3	0%
CHUCHITO	19	0.2%
CHULETA DE CERDO FRITA	2	0%
CHURROS CON CHOCOLATE	1	0%
CILANTRO/CULANTRO	105	0.9%
CIRUELA MORADA	2	0%

CLARA DE HUEVO COCIDO	2	0%
COCO, MADURO, PULPA	2	0%
COCOA CALC-TOSE	1	0%
COCOA MIXTA, POLVO	1	0%
COLIFLOR CRUDA	4	0%
CONDIMENTO CURRY, POLVO	1	0%
CONDIMENTOS O ESPECIAS MOLIDAS NO ESPECIFICADAS	15	0.1%
CONO DE HELADO WAFLE	1	0%
CORAZON DE TRIGO	1	0%
CREMA	54	0.5%
CREMA RALA	3	0%
CREMA, ESPESA	33	0.3%
CREMA, RALA	5	0%
CREMA, SUSTITUTO NO LACTEO, EN POLVO	5	0%
CREPAS DE POLLO	1	0%
CREPAS, DE POLLO	1	0%
CUBILETE DE VAINILLA	3	0%
CUQUITO DE CHICLE	1	0%
DONA DE AZUCAR	1	0%
DONA DE CHOCOLATE	1	0%
DULCE TIPICO PEPITORIA	1	0%
DURAZNO	37	0.3%
DURAZNO AMARILLO/MELOCOTON, FRUTA CRIOLLA	4	0%
DURAZNO AMARILLO/MELOCOTON, FRUTA IMPORTADA	2	0%
EJOTES/VAINICAS, COCIDOS S/SAL, ESCURRIDO	1	0%
EJOTES/VAINICAS, CRUDOS	20	0.2%
ELOTE AMARILLO COCIDO	4	0%
ELOTE BLANCO COCIDO	1	0%
ELOTE/MAIZ FRESCO, AMARILLO	3	0%
ELOTE/MAIZ FRESCO, AMARILLO DULCE, COCIDO S/SAL	1	0%
ELOTE/MAIZ FRESCO, AMARILLO DULCE, CRUDO	21	0.2%
ELOTE/MAIZ FRESCO, BLANCO	10	0.1%
ELOTITOS (SNACK)	9	0.1%
EMPANADA DE DULCE DE LECHE	3	0%
EMPANADA DE PAPA	3	0%
ENSALADA PREPARADA EN RESTAURANTE	1	0%
ENSALADA RESTAURANTE, REPOLLO	2	0%
ESENCIA CUALQUIER SABOR	6	0.1%
ESPAGUETI CON CARNE (REFACCION ESCOLAR)	18	0.2%

ESPINACA CRUDA	1	0%
FIDEOS PARA CHOW MEIN	6	0.1%
FLAN SABOR DE VAINILLA, POLVO	4	0%
FRESA	11	0.1%
FRESA O FRUTILLA	32	0.3%
FRESCO CALIENTE CON AZUCAR	1	0%
FRESCO DE CASCARA DE PINA	3	0%
FRESCO DE ESENCIA DE FRESA	2	0%
FRESCO DE HORCHATA CON MORRO	1	0%
FRESCO DE NARANJADA	1	0%
FRESCO DE PINA	1	0%
FRESCO DE PINA SIN AZUCAR (EN AGUA)	1	0%
FRIJOL BLANCO, GRANO SECO	1	0%
FRIJOL PILIGUE, GRANO SECO	1	0%
FRIJOL ROJO O POROTO, GRANO SECO	4	0%
FRIJOL ROJO, COCIDO S/SAL	5	0%
FRIJOL TODA VARIEDAD, COCIDO, ENVASADO SOL&LIQ	1	0%
FRIJOL TODA VARIEDAD, REFRITO, ENVASADO	16	0.1%
FRIJOLES COLADOS FRITOS	2	0%
FRIJOLES NEGROS COCIDOS	78	0.7%
FRIJOLES NEGROS COCIDOS ENTEROS (GUATEMALA)	14	0.1%
FRIJOLES NEGROS COLADOS	92	0.8%
FRIJOLES NEGROS COLADOS FRITOS	34	0.3%
FRIJOLES NEGROS FRITOS	10	0.1%
FRIJOLES NEGROS FRITOS, PURE O COLADOS (GUATEMALA)	58	0.5%
FRIJOLES NEGROS PARADOS	49	0.4%
FRIJOLES NEGROS PARADOS FRITOS	2	0%
FRIJOLES NEGROS REFRITOS O VOLTEADOS (GUATEMALA)	15	0.1%
FRIJOLES NEGROS VOLTEADOS	15	0.1%
FRIJOLES NEGROS VOLTEADOS FRITOS	24	0.2%
FRIJOLES ROJOS COCIDOS	5	0%
FRIJOLES ROJOS PARADOS	2	0%
FRIJOLES VOLTEADOS	6	0.1%
GALLETA CON CHIPS DE CHOCOLATE	2	0%
GALLETA DE CHOCOLATE	1	0%
GALLETA DE CHOCOLATE CON RELLENO	23	0.2%
GALLETA DE MARHMALLOW	4	0%
GALLETA DE SODA	11	0.1%
GALLETA DE SODA TIPO COCKTAIL	2	0%

GALLETA DULCE CON RELLENO	8	0.1%
GALLETA DULCE TIPO WAFFLE	4	0%
GALLETA DULCE TIPO WAFFLE CON RELLENO	30	0.3%
GALLETA TIPO MARIA	5	0%
GALLETAS DE SODA, C/SAL	1	0%
GALLETAS DULCES, CONOS PARA HELADO	8	0.1%
GALLETAS DULCES, DE CHOCOLATE	1	0%
GALLO O GALLINA, CARNE CRUDA	5	0%
GASEOSA TIPO COLA	111	1%
GASEOSA TIPO COLA LIGHT	1	0%
GASEOSA TIPO NO COLA FRESA	3	0%
GASEOSA TIPO NO COLA FRUTA	1	0%
GASEOSA TIPO NO COLA LIMON	15	0.1%
GASEOSA TIPO NO COLA MANZANA	1	0%
GASEOSA TIPO NO COLA NARANJA	14	0.1%
GASEOSA TIPO NO COLA PINA	4	0%
GASEOSA TIPO NO COLA UVA	11	0.1%
GASEOSA TIPO SODA NARANJA	2	0%
GELATINA	25	0.2%
GENGIBRE O JENGIBRE	1	0%
GOMITAS	2	0%
GRANIZADA	1	0%
GRANOLA CON PASAS	1	0%
GUAYABA	1	0%
GUINEO MAJONCHO	2	0%
GUISQUIL COCIDO	1	0%
HABA SECA, HARINA	11	0.1%
HABA, GRANO VERDE	2	0%
HAMBURGUESA	2	0%
HARINA DE ARROZ BLANCO	3	0%
HARINA DE MAIZ BLANCO PILADO, S/ENRIQUECER	1	0%
HARINA DE MAIZ NIXTAMALIZADO, MASA SECA	4	0%
HARINA DE MAIZ NIXTAMALIZADO, MASA SECA (USAR 25059)	1	0%
HARINA DE TRIGO ENRIQUECIDA, TODO USO	1	0%
HARINA DE TRIGO, S/ENRIQUECER, TODO USO	3	0%
HARINA EMPANIZADOR (ROSTIZADOR)	16	0.1%
HARINA PARA PANCAKES (C/ MANTEQUILLA&LECHE)	3	0%
HARINA PARA PANCAKES (HARINA PROCESADA)	20	0.2%
HELADO CREMOSO DE CHOCOLATE	1	0%

HELADO CREMOSO DE FRESA	4	0%
HELADO CREMOSO DE VAINILLA	2	0%
HELADO DE BOTONETAS	1	0%
HELADO DE FRESA CASERO	1	0%
HELADO DE FRUTAS CASERO	9	0.1%
HELADO DE HIELO DE MANDARINA CASERO	1	0%
HELADO DE HIELO DE MANIA CASERO	4	0%
HELADO DE MORA	1	0%
HELADO DE NIEVE ARTIFICIAL	8	0.1%
HELADO DE NIEVE DE CHOCOLATE CASERO	1	0%
HELADO DE NIEVE DE CREMA CASERO	1	0%
HELADO DE NIEVE DE LIMON	1	0%
HELADO DE NIEVE DE MANDARINA	1	0%
HELADO DE NIEVE DE MANGO CON PEPITA	1	0%
HELADO DE NIEVE DE VAINILLA CASERO	1	0%
HELADO DE PINA CASERO	1	0%
HELADO-CREMA O ICE CREAM, CHOCOLATE	1	0%
HELADO-CREMA O ICE CREAM, FRESA	3	0%
HELADO-CREMA O ICE CREAM, VAINILLA	2	0%
HELADO-NIEVE, DISTINTAS FRUTAS, COMERCIAL	2	0%
HELADO-NIEVE, DISTINTAS FRUTAS, NO COMERCIAL	1	0%
HELADO-NIEVE, SABOR ARTIFICIAL	1	0%
HIERBA FLOR AMARILLA, HOJAS Y TALLOS	1	0%
HIERBABUENA	38	0.3%
HIERBAMORA/MACUY	21	0.2%
HIGOS EN ALMIBAR	3	0%
HONGOS ENLATADOS, SOLIDOS	1	0%
HORCHATA DE ARROZ ESCOLAR	13	0.1%
HUESO DE RES (SIN CARNE)	3	0%
HUEVO DE GALLINA, ENTERO, CRUDO	337	3%
HUEVO DURO	18	0.2%
HUEVOS, REVUELTOS O PICADOS	10	0.1%
INCAPARINA (DESAYUNO ESCOLAR)	10	0.1%
INCAPARINA CON LECHE LISTA PARA TOMAR	2	0%
INCAPARINA DE VAINILLA LISTA PARA BEBER	1	0%
JALEAS TODA VARIEDAD	8	0.1%
JAMAICA ROSA, FLORES SECAS PARA BEBIDA	26	0.2%
JAMON DE CERDO, CURADO (GRASA APROX. 13%)	9	0.1%
JAMON DE PAVO	40	0.4%

JAMON DE POLLO		1	0%
JAMON TIPO PICNIC		48	0.4%
JOCOTE		2	0%
JUGO DE NARANJA SIN AZUCAR		2	0%
KIWI		1	0%
LASAGNA DE CARNE		1	0%
LECHE (BEBIDA LACTEA)		4	0%
LECHE CHOCOLATADA		8	0.1%
LECHE DE VACA, DESCREMADA C/VIT A, EN POLVO		4	0%
LECHE DE VACA, DESCREMADA S/VIT A, EN POLVO		2	0%
LECHE DE VACA, DESCREMADA, FLUIDA		1	0%
LECHE DE VACA, DESLACTOSADA Y SEMIDESCREMADA (2 % GRASA), FLUIDA		5	0%
LECHE DE VACA, INTEGRAL, EN POLVO		126	1.1%
LECHE DE VACA, INTEGRAL, FLUIDA (3.25% GRASA)		108	1%
LECHE DE VACA, SEMIDESCREMADA (2% GRASA), FLUIDA		1	0%
LECHE DESLACTOSADA, EN POLVO		6	0.1%
LECHE ENTERA LIQUIDA		7	0.1%
LECHE ENTERA POLVO CON AGUA		12	0.1%
LECHE ENTERA, NIDO FORTIFICADA		9	0.1%
LECHUGA ARREPOLLADA (ICEBERG)		37	0.3%
LECHUGA NO ARREPOLLADA (BUTTERHEAD)		3	0%
LICHAS		3	0%
LICUADO DE FRESA CON AGUA		1	0%
LICUADO DE FRUTAS (EN AGUA)		5	0%
LIMON		1	0%
LIMON AGRIO, FRUTA SIN PIEL		156	1.4%
LIMON AGRIO, JUGO		1	0%
LIMON MANDARINA		8	0.1%
LIMON PERSA		46	0.4%
LIMONADA		5	0%
LONGANIZA DE CERDO		9	0.1%
LONGANIZA DE CERDO ASADA		4	0%
LONGANIZA DE CERDO COCIDA		2	0%
LONGANIZA DE POLLO		1	0%
LONGANIZA DE RES		6	0.1%
LONGANIZA DE RES ASADA		1	0%
LONGANIZA DE RES FRITA		5	0%
LOROCO		7	0.1%
MAICILLO O SORGO, GRANO ENTERO		1	0%

MAIZ BLANCO O NEGRO, GRANO ENTERO, CRUDO	2	0%
MANDARINA	3	0%
MANGO MADURO	10	0.1%
MANGO VERDE	11	0.1%
MANI JAPONES	3	0%
MANI/CACAHUATE TOSTADO, C/ACEITE C/SAL	1	0%
MANIA CON LIMON	1	0%
MANIAS	1	0%
MANTEQUILLA C/SAL	3	0%
MANZANA	49	0.4%
MANZANA CRIOLLA C/CASCARA	6	0.1%
MANZANA ROJA	4	0%
MANZANA VERDE	3	0%
MANZANA, FRUTA CRIOLLA, S/CASCARA	1	0%
MANZANA, FRUTA IMPORTADA, C/CASCARA	1	0%
MANZANA, FRUTA IMPORTADA, S/CASCARA	1	0%
MANZANITA/MANZANILLA	2	0%
MARACUYA/GRANADILLA MORADA, PULPA	2	0%
MARGARINA (20% GRASA) C/SAL	43	0.4%
MARGARINA (80% GRASA C/SAL	182	1.6%
MARSHMALLOW	3	0%
MARSHMALLOW CON CHOCOLATE	1	0%
MASA HUMEDA, DE MAIZ BLANCO C/CAL	7	0.1%
MAYONESA	1	0%
MAYONESA COMERCIAL C/SAL	125	1.1%
MEDALLONES O "NUGGETS" DE POLLO FRITO	1	0%
MEDALLONES O "NUGGETS" DE POLLO SIN FREIR	6	0.1%
MELON	8	0.1%
MELON CORRUGADO O CANTALOUPE	9	0.1%
MELON LISO O MELON CASABA	2	0%
MENUDOS DE POLLO COCIDOS	2	0%
MERMELADAS TODA VARIEDAD	1	0%
MIEL DE ABEJAS	20	0.2%
MIEL DE MAPLE	1	0%
MIEL DE MAPLE PREPARADA PARA PANCAKES	9	0.1%
MIGA DE PAN O PAN RALLADO	14	0.1%
MILTOMATE	23	0.2%
MIXTA (TORTILLA, GUACAMOL, SALCHICHA)	8	0.1%
MODIFICADOR DE LA LECHE, SABOR CHOCOLATE, NESQUIK POLVO	7	0.1%



MOLLEJAS DE POLLO COCIDAS	2	0%
MORA/ZARZAMORA	7	0.1%
MORAS	1	0%
MORTADELA DE CERDO Y RES	2	0%
MOSTAZA COMERCIAL	6	0.1%
NABO, HOJAS	1	0%
NACHOS (SNACK)	27	0.2%
NACHOS CON FRIJOL Y CARNE	1	0%
NANCE	1	0%
NARANJA	6	0.1%
NARANJA DULCE, FRUTA	5	0%
NARANJA DULCE, JUGO NATURAL	1	0%
NISPEROS SIN CASCARA	1	0%
NUTELLA	1	0%
PACHE	2	0%
PAN FRANCES DE COSTA RICA	1	0%
PAN BLANCO DE RODAJA	9	0.1%
PAN BLANCO DE RODAJA TOSTADO	1	0%
PAN BLANCO, DE RODAJA O CUADRADO, SUAVE	12	0.1%
PAN BLANCO, DE RODAJA O CUADRADO, TOSTADO	1	0%
PAN BLANCO, TIPO HAMBURGUESA-HOT DOG	1	0%
PAN CAMPECHANA	4	0%
PAN DE AGUA	6	0.1%
PAN DULCE	116	1%
PAN DULCE DE GUATEMALA (USAR 25061)	3	0%
PAN DULCE TOSTADO	36	0.3%
PAN DULCE TOSTADO (CHAMPURRADA)	7	0.1%
PAN FRANCES	238	2.1%
PAN FRANCES DE GUATEMALA	230	2.1%
PAN FRANCES SIMPLE	54	0.5%
PAN GALLETA	5	0%
PAN INTEGRAL, DE RODAJA O CUADRADO, SUAVE	1	0%
PAN INTEGRAL, DE RODAJA O CUADRADO, TOSTADO	1	0%
PAN PIRUJO	21	0.2%
PAN PIRUJO CON FRIJOL	3	0%
PANQUEQUE PREPARADO, SIMPLE	13	0.1%
PAPALINAS (SNACK)	9	0.1%
PAPALINAS SABOR BARBACOA (SNACK)	1	0%
PAPAS A LA FRANCESA, FRITAS EN ACEITE VEG.	3	0%

PAPAS C/CASCARA, CRUDAS	19	0.2%
PAPAS COCIDAS CON CASCARA	1	0%
PAPAS COCIDAS SIN CASCARA	2	0%
PAPAS FRITAS DE RESTAURANTE	14	0.1%
PAPAS PURE, HOJUELAS DESHIDRATADAS S/LECHE	2	0%
PAPAS S/CASCARA, COCIDAS S/SAL	1	0%
PAPAS S/CASCARA, CRUDAS	128	1.1%
PAPAYA	10	0.1%
PAPAYA/LECHOSA MADURA, PULPA	11	0.1%
PASTA DE ESPAGUETTI AL FORNO	1	0%
PASTA DE ESPAGUETTI CON ALBONDIGAS	1	0%
PASTA DE POLLO	6	0.1%
PASTA ENRIQUECIDA, CRUDA	91	0.8%
PASTA S/ENRIQUECER, CRUDA	2	0%
PASTEL CON RELLENO DE MANJAR	2	0%
PASTEL DE CHOCOLATE	6	0.1%
PASTEL DE FRESAS CON CREMA	2	0%
PASTEL DE FRUTAS	2	0%
PASTELITO DE CHOCOLATE	2	0%
PASTELITO DE TURRON	1	0%
PASTELITO DE VAINILLA	5	0%
PATE DE HIGADO DE GANSO, ENVASADO	1	0%
PATE DE HIGADO DE POLLO, ENVASADO	3	0%
PAVO, CARNE C/PIEL, CRUDA	1	0%
PECHUGA DE POLLO ASADA	1	0%
PECHUGA DE POLLO FRITA	3	0%
PEDIASURE	3	0%
PEPIAN CALDOSO (CIUDAD DE GUATEMALA)	4	0%
PEPIAN RECADO (HUEHUETENANGO, SUCHITEPEQUEZ)	3	0%
PEPINO	2	0%
PEPINO/COJOMBRO DE ENSALADA	34	0.3%
PEPITA MOLIDA	41	0.4%
PEPITORIA MOLIDA	14	0.1%
PERA	2	0%
PEREJIL, FRESCO	10	0.1%
PERULERO COCIDO	2	0%
PESCADO CARNE, ATUN ENLATADO C/AGUA, SOLIDOS	2	0%
PESCADO CARNE, BACALAO, FRESCO	1	0%
PESCADO CARNE, MOJARRA FRESCA	1	0%

PESCADO CARNE, SARDINA ENLATADA C/TOMATE	1	0%
PESCADO SECO	1	0%
PIA, FRUTA DULCE	28	0.3%
PICADO DE VERDURAS	2	0%
PICADO DE VERDURAS (DESAYUNO ESCOLAR)	1	0%
PIE DE MANZANA	1	0%
PIE DE QUESO	1	0%
PIERNAS DE POLLO FRITAS	2	0%
PIMIENTA NEGRA	12	0.1%
PINA	8	0.1%
PINOL C/CACAO	1	0%
PINOL SIMPLE	11	0.1%
PIRUJO CON FRIJOL REFACCION ESCOLAR	6	0.1%
PIZZA DE CARNE Y VEGETALES	4	0%
PIZZA DE PEPPERONI	19	0.2%
PIZZA DE QUESO	4	0%
PLATANO FRITO	6	0.1%
PLATANO MADURO	40	0.4%
PLATANO MADURO COCIDO	11	0.1%
POLLO ADOBADO	1	0%
POLLO CON LIMON	1	0%
POLLO EMPANIZADO FRITO, MUSLO	6	0.1%
POLLO EMPANIZADO FRITO, PECHUGA	1	0%
POLLO FRITO DE RESTAURANTE	7	0.1%
POLLO TEJANO	1	0%
POLLO, ALAS C/PIEL, CRUDAS	1	0%
POLLO, CARNE C/PIEL, COCIDA	4	0%
POLLO, CARNE C/PIEL, CRUDA	79	0.7%
POLLO, CARNE C/PIEL, FRITA	1	0%
POLLO, CARNE C/PIEL, HORNEADA	2	0%
POLLO, CARNE S/PIEL, CRUDA	34	0.3%
POLLO, MOLLEJA, COCIDA	1	0%
POLLO, MUSLO C/PIEL, CRUDO	4	0%
POLLO, MUSLO C/PIEL, FRITO	2	0%
POLLO, PECHUGA C/PIEL, CRUDA	10	0.1%
POLLO, PECHUGA S/PIEL, COCIDA	5	0%
POLLO, PECHUGA S/PIEL, FRITA	1	0%
POLLO, PIERNA C/PIEL, COCIDA	1	0%
POLLO, PIERNA C/PIEL, CRUDA	15	0.1%

POLLO, PIERNA C/PIEL, FRITA	4	0%
POLLO, PIERNA S/PIEL, FRITA	1	0%
POLLO, VISCERAS O MENUDOS, CRUDOS	7	0.1%
POLVO DE HORNEAR	1	0%
POPOROPOS	4	0%
POPOROPOS SABOR QUESO	3	0%
PROTEMAS ( PROTEINA DE SOYA)	1	0%
PUERRO, CABEZA O BULBO Y HOJAS	5	0%
PUPUSA DE QUESO	9	0.1%
QUESO AMARILLO, PASTRZ & PROCES., PARA UNTAR	1	0%
QUESO AMARILLO, PASTRZ & PROCES., RODAJAS	21	0.2%
QUESO BLANCO FRESCO, LECHE INTEGRAL	24	0.2%
QUESO BLANCO FRESCO, LECHE SEMIDESCREMADA	8	0.1%
QUESO COTTAGE, S/CREMA	1	0%
QUESO CREMA	4	0%
QUESO CREMA O DE CAPAS	39	0.3%
QUESO DE CAPAS	2	0%
QUESO DURO	6	0.1%
QUESO DURO O SECO, LECHE INTEGRAL	16	0.1%
QUESO FRESCO	20	0.2%
QUESO MOZARELA, LECHE DESCREMADA	2	0%
QUESO MOZARELA, LECHE INTEGRAL	3	0%
QUESO OREADO	1	0%
QUESO PARMESANO, DURO	1	0%
QUESO TIPO QUESILLO, FRESCO	7	0.1%
RABANO REDONDO, RAIZ	21	0.2%
REFRESCO ARTIF. C/VIT C, SABOR FRUTAS, POLVO	49	0.4%
REFRESCO ARTIF. C/VIT C, SABOR FRUTAS, PREPARADO	1	0%
REFRESCO ARTIF. C/VIT C, SABOR NARANJA, POLVO	33	0.3%
REFRESCO ARTIF. S/VIT C, SABOR FRUTAS, POLVO	11	0.1%
REFRESCO ARTIFICIAL DE ALOE VERA	1	0%
REFRESCO ARTIFICIAL DE ESENCIA DE FRESA	1	0%
REFRESCO ARTIFICIAL DE FRESA (PREPARADO)	1	0%
REFRESCO ARTIFICIAL DE FRUTAS (POLVO EN AGUA)	54	0.5%
REFRESCO ARTIFICIAL DE FRUTAS (PREPARADO)	10	0.1%
REFRESCO ARTIFICIAL DE LIMON (POLVO EN AGUA)	11	0.1%
REFRESCO ARTIFICIAL DE LIMON (PREPARADO)	6	0.1%
REFRESCO ARTIFICIAL DE MANGO (PREPARADO)	1	0%
REFRESCO ARTIFICIAL DE MANZANA (POLVO EN AGUA)	4	0%

REFRESCO ARTIFICIAL DE MANZANA (PREPARADO)	4	0%
REFRESCO ARTIFICIAL DE MELON (POLVO EN AGUA)	1	0%
REFRESCO ARTIFICIAL DE NARANJA (PREPARADO)	85	0.8%
REFRESCO ARTIFICIAL DE PINA (PREPARADO)	1	0%
REFRESCO ARTIFICIAL DE TE FRIO (POLVO EN AGUA)	1	0%
REFRESCO ARTIFICIAL DE UVA (PREPARADO)	3	0%
REFRESCO ARTIFICIAL NECTAR DE MANZANA	28	0.3%
REFRESCO ARTIFICIAL NECTAR DE MELOCOTON	12	0.1%
REFRESCO ARTIFICIAL NECTAR DE PERA	4	0%
REFRESCO ARTIFICIAL NECTAR DE PINA	1	0%
REFRESCO CONCENTRADO C/AZUCAR	15	0.1%
REFRESCO DE TAMARINDO NATURAL	10	0.1%
RELLENITOS	8	0.1%
REMOLACHA CRUDA	8	0.1%
REPOLLO COCIDO	1	0%
REPOLLO/COL COMUN, COCIDO S/SAL, ESCURRIDO	4	0%
REPOLLO/COL COMUN, CRUDO	15	0.1%
RES CARNE MAGRA, CRUDA CON HUESO	4	0%
RES COSTILLA	7	0.1%
RES, CARNE MAGRA, CRUDA	39	0.3%
RES, CARNE SALADA, SECA	2	0%
RES, CARNE SEMIMAGRA, ASADA	2	0%
RES, CARNE SEMIMAGRA, COCIDA	3	0%
RES, CARNE SEMIMAGRA, CRUDA	17	0.2%
RES, HIGADO, CRUDO	3	0%
RES, PANZA O MONDONGO, CRUDO	1	0%
REVOLCADO DE CERDO	1	0%
ROSA DE JAMAICA NATURAL PREPARADA	37	0.3%
SAL DE AJO	8	0.1%
SAL DE MESA	556	5%
SALCHICHA ASADA	1	0%
SALCHICHA DE CERDO COCIDA	3	0%
SALCHICHA DE PAVO	8	0.1%
SALCHICHA DE POLLO	3	0%
SALCHICHA DE RES Y CERDO	73	0.7%
SALCHICHA EMPANIZADA	1	0%
SALSA DE TOMATE NATURAL	39	0.3%
SALSA DE TOMATE PROCESADA	1	0%
SALSA DULCE	4	0%

SALSA ENVASADA, DE SOYA	14	0.1%
SALSA ENVASADA, INGLESA	3	0%
SALSA ENVASADA, PICANTE	1	0%
SALSA ENVASADA, TOMATE, CATSUP	111	1%
SALSA KETCHUP	1	0%
SALSA PROCESADA, SOFRITO	7	0.1%
SALSA PROCESADA, TOMATE C/CEBOLLA	1	0%
SALSA PROCESADA, TOMATE C/HONGOS	1	0%
SALSA PROCESADA, TOMATE C/QUESO	13	0.1%
SALSA PROCESADA, TOMATE PARA SPAGHETTI	10	0.1%
SALSA PROCESADA, TOMATE, ESTILO RANCHERO	30	0.3%
SANDIA	29	0.3%
SANDIA PICADA	1	0%
SANDWICH O HAMBURGUESA, FILETE DE POLLO	2	0%
SANDWICHES DE JAMON	1	0%
SAZONADOR MOLIDO NO ESPECIFICADO	34	0.3%
SEMILLA DE AJONJOLI	14	0.1%
SEMILLA DE AYOTE, CRUDA	1	0%
SEMILLA DE CHAN	4	0%
SHECA	1	0%
SNACKS, TOSTADITAS/MAIZ, SABOR BARBACOA	3	0%
SNACKS, TOSTADITAS/MAIZ, SABOR NACHOS	2	0%
SNACKS, TOSTADITAS/MAIZ, SABOR QUESO	1	0%
SNACKS, TOSTADITAS/MAIZ, SIMPLES	9	0.1%
SOPA CREMA DESHIDRATADA, MARISCOS	1	0%
SOPA DE ARROZ FRITO	2	0%
SOPA DE COLA DE RES EN POLVO	1	0%
SOPA DESHIDRATADA, RES Y FIDEOS	3	0%
SOPA DESHIDRATADA, FIDEO RAMEN, SABOR POLLO	7	0.1%
SOPA DESHIDRATADA, FIDEO RAMEN, SABOR RES	1	0%
SOPA DESHIDRATADA, POLLO C/ARROZ	1	0%
SOPA DESHIDRATADA, POLLO C/FIDEOS	64	0.6%
SOPA INSTANTANEA DE POLLO	5	0%
SOPA INSTANTANEA DE RES	2	0%
TACO MIXTO	1	0%
TACOS DE CARNE DE RES	4	0%
TACOS DE PAPA	1	0%
TAMAL DE CERDO	3	0%
TAMAL DE POLLO	5	0%

TAMALITO DE CHIPILIN		1	0%
TAMALITO DE FRIJOLES NEGROS		1	0%
TAMALITO DE MASA		2	0%
TAMALITO NEGRO		1	0%
TAMARINDO		8	0.1%
TE CHIRREPECO		3	0%
TE DE MANZANILLA		2	0%
TE DE MANZANILLA, PREPARADO C/AGUA S/AZUCAR		9	0.1%
TE NEGRO INSTANTANEO, EN POLVO		2	0%
TOMATE ROJO		313	2.8%
TOMATE, PASTA ENLATADA S/SAL		5	0%
TORTILLA DE HARINA DE MAIZ FORTIFICADA LISTA PARA HORNEAR O FREIR (USDA)		1	0%
TORTILLA DE MAIZ		587	5.2%
TORTILLA DE MAIZ BLANCO, C/CAL		29	0.3%
TORTILLA DE MAIZ PALMEADA		1	0%
TORTILLA DE MASECA		2	0%
TORTILLA DE TRIGO, LISTA PARA FREIR U HORNEAR		2	0%
TORTITAS DE CARNE (CERDO, POLLO Y SOYA) PROCESADAS		6	0.1%
TORTITAS DE CARNE (GUATEMALA)		5	0%
TOSTADA CON CHOW MEIN		5	0%
TOSTADA CON GUACAMOL		3	0%
TOSTADA CON SALSA		5	0%
TOSTADA DE FRIJOL (GUATEMALA)		10	0.1%
TOSTADA DE FRIJOL Y QUESO		4	0%
TOSTADA DE MAIZ		6	0.1%
TOSTADAS DE MAZ		6	0.1%
TOSTADITAS DE MAIZ SABOR QUESO (SNACK)		27	0.2%
TOSTADITAS MAIZ (SNACK)		19	0.2%
TOSTADITAS MAIZ SABOR BARBACOA (SNACK)		45	0.4%
UVA, FRUTA SECA O PASA		1	0%
UVAS		1	0%
VEGETALES, JUGO ENLATADO		1	0%
VERDURA PICADA PARA CHOWMEIN		1	0%
VINAGRE		6	0.1%
WANTAN		1	0%
YOGURT DE FRESA		3	0%
YOGURT LIQUIDO SABORIZADO DE COCO		1	0%
YOGURT SABORIZADO DE CHOCOLATE		1	0%
YOGURT SABORIZADO DE FRUTAS		11	0.1%

YOGURT, LECHE ENTERA, SABOR FRUTAS		1	0%
YUCA O MANDIOCA, RAIZ		7	0.1%
YUQUITAS (SNACK)		1	0%
ZANAHORIA C/CASCARA, CRUDA		6	0.1%
ZANAHORIA S/CASCARA, COCIDA S/SAL, ESCURRIDA		1	0%
ZANAHORIA S/CASCARA, CRUDA		86	0.8%

## INGREDIENT\_ENG: Food item or Ingredient description in English

Data file: data\_anon\_consumption

### Overview

Valid: 11186 Invalid: 0

Type: Discrete Width: 78 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
ALLSPICE, GROUND		15	0.1%
AMARANTH, LEAVES RAW		1	0%
APPLE, COMMON, WO/SKIN, RAW		1	0%
APPLE, GREEN, RAW		3	0%
APPLE, IMPORTED, W/SKIN, RAW		1	0%
APPLE, IMPORTED, WO/SKIN, RAW		1	0%
APPLE, RAW		49	0.4%
APPLE, RED, RAW		4	0%
ARTESANAL TYPICAL CANDY, PEPITORIA		1	0%
ARTIFICIAL BEVERAGE, POWDER, FRUIT FLAVOR WO/VIT C		11	0.1%
ARTIFICIAL BEVERAGE, COMMERCIAL, ALOE VERA FLAVOUR		1	0%
ARTIFICIAL BEVERAGE, ESSENCE W/WATER, STRAWBERRY FLAVOUR		1	0%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, APPLE		28	0.3%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PEACH		12	0.1%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PEAR		4	0%
ARTIFICIAL BEVERAGE, FRUIT NECTAR, PINEAPPLE		1	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, APPLE		4	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, FRUITS		10	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, GRAPE		3	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, LEMON		6	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, MANGO		1	0%



ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, ORANGE	85	0.8%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, PINEAPPLE	1	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, STRAWBERRY	1	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, APPLE FLAVOUR	4	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, FRUIT FLAVOUR	54	0.5%
ARTIFICIAL BEVERAGE, POWDER W/WATER, ICED TEA FLAVOUR	1	0%
ARTIFICIAL BEVERAGE, POWDER W/WATER, LEMON FLAVOUR	11	0.1%
ARTIFICIAL BEVERAGE, POWDER W/WATER, MELON FLAVOUR	1	0%
ASIAN CHOW MEIN, CHICKEN	3	0%
ASIAN FOOD, CHOP SUEY, BEEF AND PORK	3	0%
ASIAN FOOD, CHOW MEIN	8	0.1%
ATOLE, 13 CEREALS	2	0%
ATOLE, INCAPARINA W/WATER	10	0.1%
ATOLE, MAIZE BASED	2	0%
AVOCADO	33	0.3%
BAKING POWDER	1	0%
BANANA	121	1.1%
BANANA COMMON, SHORT&THICK RAW	2	0%
BARLEY, WHOLE GRAIN RAW	2	0%
BEANS SNAPS, GREEN, COOKED, DRAINED	1	0%
BEANS SNAPS, GREEN, RAW	20	0.2%
BEANS, ALL VARIETY, REFRIED, CANNED	17	0.2%
BEANS, COOKED, LIQUIFIED	92	0.8%
BEANS, COOKED, LIQUIFIED, FRIED	2	0%
BEANS, KIDNEY, RED, MATURE SEEDS, COOKED, WO SALT	5	0%
BEANS, PILIGUE, MATURE SEEDS, RAW	1	0%
BEANS, PUREE CONSISTENCY	6	0.1%
BEANS, RED, MATURE SEEDS, RAW	4	0%
BEANS, WHITE, MATURE SEEDS, RAW	1	0%
BEEF BONE	3	0%
BEEF MEAT, GRILLED	2	0%
BEEF MEAT, LOWFAT, W/BONE, RAW	4	0%
BEEF MEAT, MARINATED, COOKED	1	0%
BEEF, LEAN&FAT, BROILED	3	0%
BEEF, LEAN&FAT, GRILLED	2	0%
BEEF, LEAN&FAT, RAW	17	0.2%
BEEF, LEAN, RAW	39	0.3%
BEEF, LIVER, RAW	3	0%
BEEF, MEAT, DRIED & SALTED	2	0%

BEEF, RIBS	7	0.1%
BEEF, TRIPE, RAW	1	0%
BEETS, ROOT, RAW	8	0.1%
BEVERAGE, CHOCOLATE POWDER	7	0.1%
BEVERAGE, CHOCOLATE&MILK, POWDER (MILO)	2	0%
BEVERAGE, DILUTED ORANGE JUICE W/WATER	1	0%
BEVERAGE, HORCHATA (RICE BASED) W/ CALABASH TREE FRUIT	1	0%
BEVERAGE, NUTRITIONAL, CRECIMAX (SOYBEAN-MAIZE), POWDER	3	0%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE)	16	0.1%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE), POWDER	41	0.4%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE), READY-TO-EAT, W MILK	5	0%
BEVERAGE, PINEAPPLE SHELL INFUSION W/WATER	3	0%
BEVERAGE, PINEAPPLE W/WATER WO SUGAR	1	0%
BEVERAGE, STRAWBERRY ESSENCE W/WATER	2	0%
BLACK BEANS, COOKED	141	1.3%
BLACK BEANS, COOKED, LIQUIFIED, FRIED	34	0.3%
BLACK BEANS, FRIED	12	0.1%
BLACK BEANS, LIQUIFIED	58	0.5%
BLACK BEANS, PUREE CONSISTENCY	30	0.3%
BLACK BEANS, PUREE CONSISTENCY, FRIED	24	0.2%
BLACK TEA INFUSION (CHIRREPECO)	3	0%
BLACKBERRIES, RAW	8	0.1%
BREAD CRUMBS, DRY GRATED, PLAIN	14	0.1%
BREAD W/BEANS	6	0.1%
BREAD W/HAM	1	0%
BREAD WHEAT, FLAT-BUN	5	0%
BREAD WHEAT, FRENCH-TYPE	238	2.1%
BREAD WHEAT, FRENCH-TYPE (COSTA RICA)	1	0%
BREAD WHEAT, FRENCH-TYPE (GUATEMALA)	230	2.1%
BREAD WHEAT, FRENCH-TYPE, SIMPLE	54	0.5%
BREAD WHEAT, PIRUJO	21	0.2%
BREAD WHEAT, PIRUJO W/BEANS	3	0%
BREAD WHEAT, SWEET	116	1%
BREAD WHEAT, SWEET (GUATEMALA)	3	0%
BREAD WHEAT, SWEET, TOASTED	36	0.3%
BREAD WHEAT, SWEET, TOASTED (CHAMPURRADA)	7	0.1%
BREAD WHITE, COMMERC, SOFT-TYPE	12	0.1%
BREAD WHITE, COMMERC, TOASTED	1	0%
BREAD WHOLE WHEAT	1	0%

BREAD WHOLE WHEAT, TOASTED	1	0%
BREAD, CAMPECHANA	4	0%
BREAD, WATER-BASED	6	0.1%
BREAD, WHITE, COMMERCIAL	9	0.1%
BREAD, WHITE, TOASTED, COMMERCIAL	1	0%
BROAD BEANS ATOLE	17	0.2%
BROADBEANS, FLOUR	11	0.1%
BROADBEANS, IMMATURE SEEDS, RAW	2	0%
BROCCOLI, RAW	5	0%
BROTH, BEEF POWDER, DRY	17	0.2%
BROTH, CHICKEN, POWDER, DRY	211	1.9%
BROWN OR BLACK SUGAR	2	0%
BUN W/ HAM	1	0%
BUTTER W/SALT	3	0%
BYRSONIMA (NANCHE), RAW	1	0%
CABBAGE SALAD, RESTAURANT PREPARED	2	0%
CABBAGE, COOKED, BOILED	1	0%
CABBAGE, COOKED, WO/SALT	4	0%
CABBAGE, RAW	15	0.1%
CAKE, CHOCOLATE FLAVOUR	6	0.1%
CAKE, CHOCOLATE, SMALL PROCESSED	2	0%
CAKE, FRUIT FLAVOUR	2	0%
CAKE, STRAWBERRY WITH CREAM	2	0%
CAKE, VANILLA, SMALL PROCESSED	5	0%
CAKE, WITH FILLING OF CARAMEL SAUCE	2	0%
CAKE, WITH MERENGUE, SMALL	1	0%
CANDIES, GUMDROPS, STARCH JELLY PIECES	14	0.1%
CANDIES, HARD	19	0.2%
CARBONATED BEVERAGE, SODA TYPE	1	0%
CARROTS, W/SKIN, RAW	6	0.1%
CARROTS, WO/SKIN, BOILED, W/O SALT, DRAINED	1	0%
CARROTS, WO/SKIN, RAW	86	0.8%
CASSAVA, ROOTS, RAW	7	0.1%
CAULIFLOWER, RAW	4	0%
CELERY STALKS, RAW	26	0.2%
CEREAL "CORAZON DE TRIGO"	1	0%
CEREAL "CORAZON DE TRIGO" ATOLE	14	0.1%
CEREALS RTE (Ready-to-eat), CHOCOLATE NESQUICK	7	0.1%
CEREALS RTE (Ready-to-eat), COCOA FLAKES	20	0.2%

CEREALS RTE- GRANOLA (OATS-WHEAT)	3	0%
CEREALS RTE- SUGAR CORN FLAKES	11	0.1%
CEREALS RTE. COCOA KRISPIES	45	0.4%
CEREALS RTE. COMPLETE WHEAT BRAN FLAKES	1	0%
CEREALS RTE. CORN FLAKES	29	0.3%
CEREALS RTE. CORN FLAKES WITH HONEY	3	0%
CEREALS RTE. FROOT LOOPS	35	0.3%
CEREALS, GRANOLA W/RAISINS	1	0%
CHAMOMILE	2	0%
CHAMOMILE TEA INFUSION	2	0%
CHARD SWISS, RAW	4	0%
CHAYOTE FRUIT (GUISQUIL), COOKED, BOILED	1	0%
CHAYOTE FRUIT (GUISQUIL), LEAVES&SHOOTS, RAW	2	0%
CHAYOTE FRUIT (GUISQUIL), RAW	75	0.7%
CHAYOTE FRUIT, COOKED BOILED WO/SALT, DRAINED	4	0%
CHAYOTE FRUIT, COOKED, BOILED	2	0%
CHEESE CREAM	4	0%
CHEESE CREAM OR NATURAL SEMISOFT	39	0.3%
CHEESE MOZARELLA, WHOLE MILK	3	0%
CHEESE MOZZARELLA, SKIMMED MILK	2	0%
CHEESE NATURAL, HARD TYPE, WHOLE MILK	22	0.2%
CHEESE NATURAL, QUESILLO TYPE	7	0.1%
CHEESE NATURAL, SEMISOFT	2	0%
CHEESE NATURAL, SEMISOFT, WHOLE MILK	1	0%
CHEESE NATURAL, SOFT TYPE, LOW FAT	28	0.3%
CHEESE NATURAL, SOFT TYPE, WHOLE MILK	24	0.2%
CHEESE PARMESAN, HARD	1	0%
CHEESE PASTEURIZED PROCESS, AMERICAN TYPE	21	0.2%
CHEESE PASTEURIZED PROCESS, AMERICAN, SPREAD	1	0%
CHERRY SOUR, RAW	2	0%
CHEWING GUM	3	0%
CHICKEN BREAST, BREADED, FRIED	1	0%
CHICKEN BREAST, COOKED, FRIED	3	0%
CHICKEN BREAST, COOKED, GRILLED	1	0%
CHICKEN HAM	1	0%
CHICKEN LEGS, BREADED, FRIED	6	0.1%
CHICKEN NUGGETS, UNCOOKED	6	0.1%
CHICKEN PASTE	6	0.1%
CHICKEN SOUP	3	0%

CHICKEN WINGS, ROASTED	2	0%
CHICKEN WINGS, W/SKIN, RAW	1	0%
CHICKEN, BREAST MEAT WO/SKIN, COOKED, FRIED	1	0%
CHICKEN, BREAST MEAT WO/SKIN, COOKED, STEWED	5	0%
CHICKEN, BREAST, MEAT&SKIN, RAW	10	0.1%
CHICKEN, COOKED, FRIED, FROM RESTAURANT	7	0.1%
CHICKEN, COOKED, ROASTED, TEJANO-STYLE	1	0%
CHICKEN, COOKED, W/LEMON	1	0%
CHICKEN, GIBLETS, COOKED, BOILED	2	0%
CHICKEN, GIBLETS, RAW	7	0.1%
CHICKEN, GIZZARD, COOKED, BOILED	2	0%
CHICKEN, GIZZARDS (GIBLETS), STEWED	1	0%
CHICKEN, LEG WO/SKIN, COOKED	1	0%
CHICKEN, LEG&SKIN, COOKED	1	0%
CHICKEN, LEG&SKIN, FRIED	4	0%
CHICKEN, LEG, MEAT&SKIN, RAW	15	0.1%
CHICKEN, LEGS, COOKED, FRIED	2	0%
CHICKEN, MARINATED	1	0%
CHICKEN, MEAT ONLY, W/O SKIN, RAW	34	0.3%
CHICKEN, MEAT&SKIN, BAKED	2	0%
CHICKEN, MEAT&SKIN, COOKED, STEWED	4	0%
CHICKEN, MEAT&SKIN, FRIED	1	0%
CHICKEN, MEAT&SKIN, RAW	79	0.7%
CHICKEN, THIGH, MEAT&SKIN, COOKED, FRIED	2	0%
CHICKEN, THIGH, MEAT&SKIN, RAW	4	0%
CHIVES, RAW	4	0%
CHOCOLATE BEVERAGE W/WATER	1	0%
CHOCOLATE CEREAL, PUFFED RICE	1	0%
CHOCOLATE, TABLETS FOR DRINK	9	0.1%
CHOPPED VEGETABLES	1	0%
CHOPPED VEGETABLES, FOR CHOW MEIN USE	1	0%
CHUCHITO, TRADITIONAL DISH, MAIZE-BASED W/MEAT OR POULTRY FILLING	19	0.2%
CHURROS, CHOCOLATE FILLING	1	0%
CINNAMON BREAD ROLLS, STICKS	2	0%
CINNAMON, BARK	1	0%
CINNAMON, GROUND	1	0%
COCOA POWDER	1	0%
COCOA&HAZELNUT SPREAD, COMMERCIAL (NUTELLA)	1	0%
COCOA, POWDER, COMMERCIAL	1	0%

COCONUT MEAT, RAW	2	0%
COD, FRESH RAW	1	0%
COFFEE GRAIN, TOASTED POWDER	91	0.8%
COFFEE SUBSTITUTE, CEREAL GRAIN, POWDER	3	0%
COFFEE, GROUNDED BASED WO/SUGAR	1	0%
COFFEE, INSTANT, REGULAR, POWDER	250	2.2%
COFFEE, INSTANT, W/MILK & SUGAR	1	0%
COFFEE, INSTANT, WO/SUGAR	2	0%
COMMON APPLE, W/PEEL	6	0.1%
COOKED PASTA, SPAGUETTI W/MEAT	18	0.2%
COOKIE, BUTTER BASED, SIMPLE	5	0%
COOKIE, CHOCOLATE FLAVOUR	1	0%
COOKIE, CHOCOLATE FLAVOUR, W/FILLING	23	0.2%
COOKIE, CHOCOLATE-CHIP	2	0%
COOKIE, W/FILLING	8	0.1%
COOKIE, W/MARSHMALLOWS	4	0%
COOKIE, WAFER	4	0%
COOKIE, WAFER, W/FILLING	30	0.3%
COOKIES, CHOCOLATE WAFERS	1	0%
CORIANDER, RAW	105	0.9%
CORN DOUGH, WHITE, LIME-TREATED	7	0.1%
CORN FLOUR, MASA NIXTAMALIZADA	5	0%
CORN GRAIN	1	0%
CORN WHITE, GRAIN	2	0%
COTRALARIA, LEAVES AND SHOOTS	3	0%
COTTAGE CHEESE WO/FAT	1	0%
CRACKERS, SALTINES ADDED SALT	1	0%
CRACKERS, SIMPLE	11	0.1%
CRACKERS, SIMPLE, COCKTAIL FORM W/SALT	2	0%
CREAM SOUP, BLACK PEPPERS BASED (PEPIAN)	7	0.1%
CREAM, FLUID, LIGHT CONSISTENSY (TABLE CREAM)	8	0.1%
CREAM, HEAVY WHIPPING, DENSE CONSISTENSY	87	0.8%
CREAM, SUBSTITUTE, POWDER	5	0%
CREPES, CHICKEN	1	0%
CREPES, W/CHICKEN FILLING	1	0%
CUCUMBER, RAW	36	0.3%
CURRY POWDER	1	0%
DOUGHNUTS, CHOCOLATE GLAZED	1	0%
DOUGHNUTS, PLAIN, SUGARED OR GLAZED	1	0%

DOUGHNUTS-BERLINER, W/FILLING	3	0%
DRINK FRUIT PUNCH-FLAVOR W/VIT C, POWDER PREP W/WATER	1	0%
DRINK FRUIT-PUNCH FLAVOR, POWDER W/VIT C	49	0.4%
DRINK ORANGE FLAVOUR, POWDER W/VIT C	33	0.3%
EGG, WHITE, BOILED	2	0%
EGG, WHOLE, BOILED	18	0.2%
EGGS, SCRAMBLED	10	0.1%
ESSENCE, ANY FLAVOUR	6	0.1%
FAST FOODS, CHICKEN NUGGETS	1	0%
FAST FOODS, PANCAKES, PLAIN	13	0.1%
FAST FOODS, POTATO, FRENCH FRIED IN VEGETABLE OIL	3	0%
FAST FOODS/RESTAURANT, POTATOES, FRENCH FRIED IN OIL	14	0.1%
FERNALDIA FIDDLE SHAPE, RAW	7	0.1%
FIG LEAF SQUASH, MATURE, RAW	1	0%
FIGS, HEAVY SYRUP, CANNED	3	0%
FISH, DRIED	1	0%
FLOUR, BREADING/ROASTING PURPOSE	16	0.1%
FRANKFURT, BEEF&PORK	73	0.7%
FRANKFURTER, TURKEY	8	0.1%
FRIED RICE	131	1.2%
FROZEN BANANA W/CHOCOLATE COATING	13	0.1%
FROZEN BANANA W/CHOCOLATE COATING AND PEANUTS	1	0%
FROZEN PINEAPPLE W/CHOCOLATE COATING	1	0%
FROZEN WATER, ARTIFICIAL, BUBBLEGUM FLAVOUR	1	0%
GARLIC BULB, RAW	7	0.1%
GARLIC POWDER	3	0%
GELATINE	25	0.2%
GINGER, COMMON, RAW	1	0%
GRANITA	1	0%
GRAPE, RAW	1	0%
GREEN CORN ON COB, WHITE RAW	10	0.1%
GREEN CORN ON COB, WHITE, COOKED, BOILED	1	0%
GREEN CORN ON COB, YELLOW	3	0%
GREEN CORN ON COB, YELLOW, COOKED, BOILED	4	0%
GREEN CORN ON COB, YELLOW, SWEET, COOKED, W/O SALT	1	0%
GREEN CORN ON COB, YELLOW, SWEET, RAW	21	0.2%
GUAVA	1	0%
GUMMIES	2	0%
HAM, PICNIC TYPE	48	0.4%

HAM, PORK, CURED, LEAN&FAT (FAT APROX 13%)	9	0.1%
HAMBURGUER	2	0%
HEN EGG, WHOLE, RAW, FRESH	337	3%
HONEY	12	0.1%
HONEY, BEE	8	0.1%
HOT CHOCOLATE BEVERAGE W/WATER	3	0%
HOT WATER, W/SUGAR	1	0%
HUSK TOMATO, RAW	23	0.2%
ICE CREAM CONE, WAFER TYPE	9	0.1%
ICE CREAM, BLACKBERRY	1	0%
ICE CREAM, MILK-BASED, CHOCOLATE FLAVOUR	2	0%
ICE CREAM, MILK-BASED, CHOCOLATE FLAVOUR W/SOFT CANDIES	1	0%
ICE CREAM, MILK-BASED, STRAWBERRY FLAVOUR	4	0%
ICE CREAM, MILK-BASED, VANILLA FLAVOUR	2	0%
ICE CREAM, STRAWBERRY, COMMERCIAL	3	0%
ICE CREAM, VANILLA COMMERCIAL	2	0%
ICE CREAM, WATER-BASED, NON COMMERCIAL	1	0%
ICE CREAM-WATER BASED, ARTIFICIAL FLAVOUR	8	0.1%
ICE WATER SORBET, MANDARIN FLAVOUR	1	0%
ICE WATER SORBET, MIXED FRUITS FLAVOUR	9	0.1%
ICE WATER SORBET, PEANUT FLAVOUR	4	0%
ICE WATER SORBET, PINEAPPLE FLAVOUR	1	0%
ICE WATER SORBET, STRAWBERRY FLAVOUR	1	0%
ICE WATER, ARTIFICIAL FLAVOR	1	0%
ICE WATER, CHOCOLATE FLAVOUR	1	0%
ICE WATER, CREAM FLAVOUR	1	0%
ICE WATER, FRUITS, COMMERCIAL	2	0%
ICE WATER, LEMON FLAVOUR	1	0%
ICE WATER, MANDARIN FLAVOUR	1	0%
ICE WATER, MANGO FLAVOUR W/PUMPKING GRANULATED SEEDS	1	0%
ICE WATER, VANILLA FLAVOUR	1	0%
INFANT NUTRITIONAL SUPPLEMENT, PEDIASURE	3	0%
INSTANT SOUP, BEEF	2	0%
INSTANT SOUP, CHICKEN	5	0%
JELLIES, ALL VAR.	8	0.1%
JUICE, MIX FRUIT, W/WATER	5	0%
KIWIFRUIT, FRESH, RAW	1	0%
LASAGNA, W/MEAT FILLING AND SAUCE	1	0%
LEAVES, SPEARMINT, RAW	38	0.3%



LEEEKS BULB&TOPS, RAW	5	0%
LEMON JUICE, RAW	1	0%
LEMON TANGERINE VAR.	8	0.1%
LEMON, PERSIAN VAR.	46	0.4%
LEMONADE BEVERAGE	5	0%
LEMONS, RAW	1	0%
LEMONS, RAW, WITHOUT PEEL	156	1.4%
LETTUCE, BUTTERHEAD, RAW	3	0%
LETTUCE, ICEBERG, RAW	37	0.3%
LITCHIS, RAW	3	0%
LOQUATS, RAW, W/O PEEL	1	0%
MADRECACAO, FLOWERS RAW	1	0%
MAIZE THICK TORTILLA FILLED W/CHEESE (SALVADORIAN PUPUSAS)	9	0.1%
MANGO COMMON, GREEN, RAW	11	0.1%
MANGO COMMON, MATURE RAW	10	0.1%
MAPLE SYRUP	1	0%
MARGARINE, REG. W/SALT	182	1.6%
MARGARINE, VEG OIL SPRD, 20% FAT	43	0.4%
MARMALADES, ALL VAR.	1	0%
MARSHMALLOW	3	0%
MARSHMALLOW, CHOCOLATE COATING	1	0%
MASHED POTATO, POWDER	2	0%
MAYONNAISE	1	0%
MAYONNAISE COMMERCIAL W/SALT	125	1.1%
MEAT BURGER, HOME MADE	5	0%
MELON, RAW	19	0.2%
MILK CHOCOLATE	7	0.1%
MILK CHOCOLATE, W/NUTS	2	0%
MILK IMITATE, W/ADDED VEGETABLE FAT/SHORTENING	68	0.6%
MILK, DRY, LACTOSE FREE	6	0.1%
MILK, DRY, NONFAT, REGULAR, W/VITAMIN A	4	0%
MILK, DRY, NONFAT, REGULAR, WO/VITAMIN A	2	0%
MILK, DRY, WHOLE	126	1.1%
MILK, DRY, WHOLE W/WATER	12	0.1%
MILK, DRY, WHOLE, FORTIFIED	9	0.1%
MILK, FLUID, CHOCOLATE, COMMERCIAL	8	0.1%
MILK, FLUID, SEMI-SKIMMED (2% MILKFAT)	1	0%
MILK, FLUID, SEMI-SKIMMED, LACTOSE FREE (2% MILKFAT)	5	0%
MILK, FLUID, SKIMMED	1	0%

MILK, FLUID, WHOLE (3.25% MILKFAT)	115	1%
MOJARRA, FRESH, RAW	1	0%
MOMBIN, RAW	2	0%
MORTADELLA, BEEF&PORK	2	0%
MUFFIN, VANILLA	3	0%
MUSHROOMS, CANNED, DRAINED SOLIDS	1	0%
MUSTARD, YELLOW, PREPARED	6	0.1%
NIGHTSHADE BLACK LEAVES, RAW	21	0.2%
NOODLES, CHINESE, CHOW MEIN	6	0.1%
OAT FLOUR, FORTIFIED	4	0%
OATS & MILK ATOLE	3	0%
OATS CEREAL W/MARSHMALLOWS	2	0%
OATS FORTIFIED, RAW	33	0.3%
OATS INSTANT, FORTIFIED, RAW	1	0%
OATS NON FORTIFIED, RAW	5	0%
OATS W/ MILK	18	0.2%
OIL VEGETABLE, ALL TYPES	338	3%
OIL VEGETABLE, CORN	25	0.2%
OIL VEGETABLE, OLIVE	4	0%
ONION POWDER	8	0.1%
ONION, TOPS, RAW	5	0%
ONIONS, BULB RAW	372	3.3%
ONIONS, BULB&TOPS RAW	13	0.1%
ORANGE JUICE, NATURAL SQUEEZED	2	0%
ORANGE, RAW	6	0.1%
PANCAKES, PLAIN DRY MIX, BUTTERMILK	23	0.2%
PAPAYA MATURE, RAW	11	0.1%
PAPAYA, RAW	10	0.1%
PARSLEY&HERBS W/OIL SAUCE (CHIMICHURRI)	3	0%
PARSLEY, RAW	10	0.1%
PASSION-FRUIT, RAW	2	0%
PASTA COMMERCIAL, ENRICHED DRY	91	0.8%
PASTA COMMERCIAL, UNENRICHED, DRY	2	0%
PASTA, COOKED, BAKED W/TOMATO SAUCE	1	0%
PASTA, COOKED, W/MEATBALLS	1	0%
PATE, CHICKEN LIVER, CANNED	4	0%
PATTIES, BEEF&PORK&SOYBEAN, COMMERCIAL	6	0.1%
PEACHES, COMMON, RAW	41	0.4%
PEACHES, IMPORTED, RAW	2	0%

PEANUTS, ALL TYPES, OIL-ROASTED, W/SALT	1	0%
PEANUTS, DRY-TOASTED	1	0%
PEARS, RAW	2	0%
PEAS GREEN, EDIBLE PODDED RAW	2	0%
PEAS GREEN, RAW	3	0%
PEPPER, BLACK	12	0.1%
PEPPERS, CHILI POWDER	2	0%
PEPPERS, FILLED W/MEAT&ONIONS, BREADED, FRIED (CHILE RELLENO)	11	0.1%
PEPPERS, HOT CHILI, ALL VAR., DRIED	1	0%
PEPPERS, HOT CHILI, CHILTEPE FRESH RAW	4	0%
PEPPERS, RAISIN	11	0.1%
PEPPERS, RED, DRIED	17	0.2%
PEPPERS, SWEET, GREEN, FRESH RAW	11	0.1%
PEPPERS, SWEET, RED, FRESH RAW	77	0.7%
PIE, APPLE	1	0%
PIE, CHEESECAKE	1	0%
PIE/PATTY POTATO BASED	3	0%
PIE/PATTY, FILLING OF CARAMEL SAUCE	3	0%
PINEAPPLE BEVERAGE	1	0%
PINEAPPLE, RAW	36	0.3%
PINOL PLAIN	11	0.1%
PINOL W/CACAO	1	0%
PIZZA, CHEESE ONLY	4	0%
PIZZA, MEAT AND VEGETABLES TOPPING	4	0%
PIZZA, PEPPERONI TOPPING	19	0.2%
PLANTAIN ATOLE	5	0%
PLANTAIN MATURE, COOKED IN WATER	11	0.1%
PLANTAIN MATURE, RAW	40	0.4%
PLANTAINS, FRIED	6	0.1%
PLUMS, PURPLE, RAW	2	0%
POPCORN	4	0%
POPCORN, CHEESE FLAVOUR	3	0%
PORK CHOP, FRIED	2	0%
PORK MEAT, LOWFAT, W/BONE, RAW	3	0%
PORK MEAT, MARINATED, COOKED	1	0%
PORK MEAT, SLICED, COOKED	3	0%
PORK, FRESH, BACKRIBS, GRILLED	2	0%
PORK, FRESH, BACKRIBS, RAW	6	0.1%
PORK, FRESH, HIGH FAT, RAW	2	0%

PORK, FRESH, LEAN&FAT, RAW	7	0.1%
PORK, FRESH, LEAN, COOKED	1	0%
PORK, FRESH, LEAN, RAW	13	0.1%
PORK, SKIN, FRIED	6	0.1%
POTATOES, W/SKIN, COOKED, BOILED	1	0%
POTATOES, W/SKIN, RAW	19	0.2%
POTATOES, WO/SKIN, COOKED WO/SALT	1	0%
POTATOES, WO/SKIN, COOKED, BOILED	2	0%
POTATOES, WO/SKIN, RAW	128	1.1%
POULTRY, FROM MATURE HENS, RAW	5	0%
PROTEMAS, MEAT EXTENDER, SOY PROTEIN	1	0%
PUDDING, VANILLA, DRY MIX, POWDER	4	0%
PUMPKIN, MATURE AND YELLOW, RAW	7	0.1%
PUMPKIN, SMALL RAW	9	0.1%
RADISH SMALL, ROOT	21	0.2%
RAISINS SEEDLESS	1	0%
RED BEANS, COOKED	5	0%
RED BEANS, COOKED, W/PIECES	2	0%
RELLENITOS, TRADITIONAL DISH, PLANTAIN BASED DOUGH FILLED WITH LIQUIFIED BEANS	8	0.1%
REVOLCADO, TRADITIONAL DISH, CHOPPED PIG HEAD W/TOMATO AND PEPPER SAUCE	1	0%
RICE & CHOCOLATE ATOLE	7	0.1%
RICE & MILK ATOLE	3	0%
RICE COOKED FRIED	11	0.1%
RICE FLOUR, WHITE	3	0%
RICE W/TEXTURED SOY PROTEIN	1	0%
RICE WHITE, MED. GRAIN, POLISHED, ENRICH, PRECOOKED, RAW	14	0.1%
RICE WHITE, MED. GRAIN, POLISHED, UNENRICHED, RAW	32	0.3%
RICE WHITE, UNDERMILL	5	0%
RICE&PUMPKIN SEEDS BASED BEVERAGE, PREPARED	13	0.1%
ROLLS, HAMBURGER OR HOT DOG, PLAIN	1	0%
ROSELLE FLOWERS INFUSION BEVERAGE	37	0.3%
ROSELLE, FLOWERS DRIED	26	0.2%
SALAD DRESSING, FRENCH DRESSING, COMM. REG	3	0%
SALAD DRESSING, ITALIAN	1	0%
SALAD, RESTAURANT PREPARED	1	0%
SALT W/GARLIC POWDER	8	0.1%
SALT, TABLE	556	5%
SANDWICH OR BURGUER, CHICKEN	2	0%
SARDINE, CANNED W/TOMATO	1	0%

SAUCE, BARBECUE FLAVOR	1	0%
SAUCE, CATSUP	111	1%
SAUCE, COMMERCIAL, KETCHUP	1	0%
SAUCE, COMMERCIAL, SWEET FLAVOUR	4	0%
SAUCE, COMMERCIAL, TOMATO-BASED	1	0%
SAUCE, SOFRITO, PREPARED FROM RECIPE	7	0.1%
SAUCE, SOYBEAN	14	0.1%
SAUCE, SPAGHETTI, PREGO NATURAL TRADITIONAL, COMMERCIAL	10	0.1%
SAUCE, SPICY	1	0%
SAUCE, TOMATO W/CHEESE, CANNED, COMMERCIAL	13	0.1%
SAUCE, TOMATO W/MUSHROOMS, CANNED, COMMERCIAL	1	0%
SAUCE, TOMATO W/ONIONS, COMMERCIAL	1	0%
SAUCE, TOMATO W/ONIONS, PEPPERS&CELERY, COMMERCIAL	30	0.3%
SAUCE, WORCESTERSHIRE	3	0%
SAUSAGE CHORIZO	5	0%
SAUSAGE CHORIZO, PORK, GRILLED	1	0%
SAUSAGE LONGANIZA, BEEF	2	0%
SAUSAGE LONGANIZA, COW/BOVINE	4	0%
SAUSAGE LONGANIZA, COW/BOVINE, FRIED	5	0%
SAUSAGE LONGANIZA, COW/BOVINE, GRILLED	1	0%
SAUSAGE LONGANIZA, PORK, BOILED	2	0%
SAUSAGE LONGANIZA, PORK, GRILLED	4	0%
SAUSAGE, BREADED	1	0%
SAUSAGE, CHICKEN	3	0%
SAUSAGE, CHORIZO, PORK	10	0.1%
SAUSAGE, CHORIZO, PORK&BEEF	3	0%
SAUSAGE, LONGANIZA, CHICKEN	1	0%
SAUSAGE, LONGANIZA, PORK	9	0.1%
SAUSAGE, PORK&BEEF, GRILLED	1	0%
SAUSAGE, PORK, COOKED, BOILED	3	0%
SAVORY, GROUND	34	0.3%
SEEDS, CHIA	4	0%
SEEDS, PEPITORIA GROUNDED	41	0.4%
SEEDS, PEPITORIA, GROUNDED	14	0.1%
SEEDS, PUMPKIN, RAW	1	0%
SEEDS, SESAME DRIED	14	0.1%
SHECA, TRADITIONAL DISH, SOFT BREAD W/FILLING	1	0%
SHRIMP, COOKED, MOIST HEAT	1	0%
SHRIMP, FRESH RAW	2	0%

SHRIMP, GRILLED	1	0%
SNACKS, CASSAVA ROOTS CHIPS, COMMERCIAL	1	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, BARBECUE-FLAVOR	3	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, NACHO-FLAVOR	2	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, PLAIN	9	0.1%
SNACKS, CORN BASED EXTRUDED, TWISTS, CHEESE FLAVOR	1	0%
SNACKS, CORN-BASE EXTR, CHIPS, PLAIN	9	0.1%
SNACKS, NACHOS (TORTILLA CHIPS)	27	0.2%
SNACKS, NACHOS (TORTILLA CHIPS), W/BEANS AND GROUND BEEF	1	0%
SNACKS, PEANUTS, W/LEMON	1	0%
SNACKS, PEANUTS, W/WHEAT-FLOUR LAYER (JAPANESE-TYPE)	3	0%
SNACKS, PIG FAT TISSUE, FRIED	3	0%
SNACKS, POTATO CHIPS	9	0.1%
SNACKS, POTATO CHIPS, BARBACUE-FLAVOR	1	0%
SNACKS, TORTILLA CHIPS (NACHOS), BARBACUE FLAVOUR, COMMERCIAL	45	0.4%
SNACKS, TORTILLA CHIPS (NACHOS), CHEESE FLAVOUR, COMMERCIAL	27	0.2%
SNACKS, TORTILLA CHIPS (NACHOS), COMMERCIAL	19	0.2%
SNACKS, WHEAT BASED, CHIPS	6	0.1%
SODA DRINK, CARBONATED, ORANGE FLAVOUR	2	0%
SOFT DRINK, COLA CARBONATED	111	1%
SOFT DRINK, COLA CARBONATED, DIET	1	0%
SOFT DRINK, NOT COLA CARBONATED, APPLE FLAVOUR	1	0%
SOFT DRINK, NOT COLA CARBONATED, FRUIT FLAVOUR	1	0%
SOFT DRINK, NOT COLA CARBONATED, GRAPE FLAVOUR	11	0.1%
SOFT DRINK, NOT COLA CARBONATED, LEMON FLAVOUR	15	0.1%
SOFT DRINK, NOT COLA CARBONATED, ORANGE FLAVOUR	14	0.1%
SOFT DRINK, NOT COLA CARBONATED, PINEAPPLE FLAVOUR	4	0%
SOFT DRINK, NOT COLA CARBONATED, STRAWBERRY FLAVOUR	3	0%
SOFT DRINK, RECONSTITUTED FROM FRUIT CONCENTRATE, W/SUGAR	15	0.1%
SOUP CREAM DEHYDRATED, DRY FORM, SEAFOOD	1	0%
SOUP DEHYDRATED, DRY FORM, BEEF&NOODLES	3	0%
SOUP DEHYDRATED, DRY FORM, CHICKEN&NOODLES	64	0.6%
SOUP DEHYDRATED, DRY FORM, CHICKEN&RICE	1	0%
SOUP, BEEF FLAVOUR, POWDER	1	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE BEEF FLAVOR	1	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE CHICKEN FLAVOR	7	0.1%
SOUP, RICE AND CROTALARIA LEAVES AND SHOOTS	1	0%
SOUP, RICE AND VEGETABLES	2	0%
SOY SPROUTS	1	0%

SOYA-MAIZE DRINK, FORTIFIED, READY-TO-DRINK, VANILLA FLAVOUR	1	0%
SOYBEAN, OIL	6	0.1%
SOYBEAN-MAIZE (BIENESTARINA) ATOLE W/SUGAR	1	0%
SPINACH, RAW	1	0%
STRAWBERRIES, RAW	43	0.4%
STRAWBERRY WATER-BASED SMOOTHIE	1	0%
SUGAR BROWN, GRANULATED FORTIFIED W/VIT A	170	1.5%
SUGAR COTTON	2	0%
SUGAR WHITE, GRANULATED FORTIFIED W/VIT A	661	5.9%
SWEET BREAD DESSERT, SOFT AND CREAMY	2	0%
SWEET CORN BASED ATOLE	1	0%
SWEET ORANGE, FRUIT RAW	5	0%
SWEET ORANGE, JUICE NATURAL	1	0%
SYRUPS, TABLE BLENDS, PANCAKE W/2% MAPLE	9	0.1%
TACO, MIXED, MEXICAN	1	0%
TACOS, BEEF FILLING	4	0%
TACOS, POTATO BASED	1	0%
TAMALE, POTATO BASED, FILLED W/MEAT OR POULTRY	2	0%
TAMALE, TRADITIONAL DISH, BEANS BASED	2	0%
TAMALE, TRADITIONAL DISH, ONLY DOUGH	2	0%
TAMALE, TRADITIONAL DISH, W/CHICKEN	5	0%
TAMALE, TRADITIONAL DISH, W/CROTALARIA LEAVES AND SHOOTS	1	0%
TAMALE, TRADITIONAL DISH, W/MEAT OR POULTRY FILLING & CHOCOLATE	1	0%
TAMALE, TRADITIONAL DISH, W/PORK	3	0%
TAMARIND BEVERAGE	10	0.1%
TAMARIND, RAW	8	0.1%
TANGERINES (MANDARIN ORANGES), RAW	3	0%
TEA INSTANT, UNSWEETENED, POWDER	2	0%
TEA, HERB, CHAMOMILE, BREWED	9	0.1%
TOMATO PASTE, WO/SALT, CANNED	5	0%
TOMATO, NATURAL SAUCE	39	0.3%
TOMATO, RED, RAW	313	2.8%
TORTILLA W/SAUSAGE, AVOCADO AND SAUCES (MIXTAS)	8	0.1%
TORTILLA, CORN WHITE, LIME TREATED	29	0.3%
TORTILLA, FRIED W/ CHOW-MEIN	5	0%
TORTILLA, FRIED W/BEANS	10	0.1%
TORTILLA, FRIED W/BEANS AND CHEESE	4	0%
TORTILLA, FRIED W/GUACAMOLE	3	0%
TORTILLA, FRIED W/TOMATO SAUCE	5	0%

TORTILLA, MAIZE BASED	587	5.2%
TORTILLA, MAIZE BASED, FRIED	12	0.1%
TORTILLA, MAIZE BASED, HOMEMADE	1	0%
TORTILLA, MAIZE FLOUR BASED	2	0%
TORTILLA, WHEAT, READY-TO-BAKE/FRY	3	0%
TUNA, CANNED IN WATER, DRAINED SOLIDS	2	0%
TURKEY ROLL, LIGHT MEAT	38	0.3%
TURKEY ROLL. LIGHT MEAT	2	0%
TURKEY, MEAT&SKIN, RAW	1	0%
TURNIPS, GREEN, RAW	1	0%
VEGETABLES JUICE, CANNED	1	0%
VEGETABLES, CHOPPED	2	0%
VINEGAR	6	0.1%
WANTAN (ASIAN-STYLE DEEP FRIED WHEAT DOUGH)	1	0%
WATER, W/SUGAR	4	0%
WATERCRESS, RAW	4	0%
WATERMELON, RAW	29	0.3%
WATERMELON, RAW, CHOPPED	1	0%
WHEAT CRISP CHIPS (CHICHARRIN)	2	0%
WHEAT FLOUR WHITE, ALL PURPOSE, UNENRICHED	3	0%
WHEAT FLOUR, ALL PURPOSE, FORTIFIED	1	0%
WHELK, RAW	1	0%
WHITE ATOLE	3	0%
WHITE MAIZE MEAL, DEGERMED, NOT FORTIFIED	1	0%
YELLOW HERBS, LEAVES AND STEMS	1	0%
YOGHURT, CHOCOLATE FLAVOUR	1	0%
YOGHURT, FRUIT FLAVOUR	12	0.1%
YOGHURT, LIQUID, COCONUT FLAVOUR	1	0%
YOGHURT, STRAWBERRY FLAVOUR	3	0%

## FOODEX2\_INGR\_CODE: FoodEx2 ingredient code

Data file: data\_anon\_consumption

### Overview

Valid: 11186    Invalid: 0  
 Type: Discrete    Width: 65    Range: -    Format: character

### Questions and instructions



Value	Category	Cases	
A000P		2	0%
A000T		1	0%
A000T#F10.A0F2R		2	0%
A001D#F10.A0EZZ		5	0%
A002P#F28.A0CQY\$F10.A0F2R\$F10.A0F6D		1	0%
A002Q#F28.A07HC\$F04.A019T\$F04.A03HG\$F04.A0EZM\$F04.A0CXN		12	0.1%
A002Q#F28.A07LQ\$F04.A048J		5	0%
A002Y#F10.A0F6C		4	0%
A003D#F10.A0F6C\$F17.A0CQX		14	0.1%
A003D#F10.A0F6D		32	0.3%
A003F#F10.A07XK		3	0%
A003X#F04.A004F\$F10.A0F6C		1	0%
A003X#F10.A0F6C		1	0%
A003Y#F10.A0F6D		3	0%
A004X#F28.A07HN		119	1.1%
A004Y		6	0.1%
A004Y#F22.A07SH		9	0.1%
A004Y#F22.A07SZ		544	4.9%
A004Y#F28.A07HC\$F03.A06JA\$F22.A07SH		1	0%
A004Y#F28.A07HC\$F28.A07HN		36	0.3%
A005E		1	0%
A005Y#F10.A0CJK		1	0%
A005Y#F10.A0CJK\$F22.A07SH		2	0%
A005Y#F22.A07SH		11	0.1%
A006R#F04.A002Q\$F04.A0EYH		19	0.2%
A006R#F28.A07GG\$F04.A000S		2	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A012S		2	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A01RG		3	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A01SP		5	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A0EYH\$F04.A0EQD		1	0%
A006R#F28.A07GG\$F28.A0CRL\$F04.A01SP\$F04.A00KR		1	0%
A006R#F28.A0BA1\$F28.A07MA\$F10.A0CJQ		1	0%
A006V#F04.A002Q		2	0%
A006V#F04.A002Q\$F04.A048J		29	0.3%
A006V#F04.A002Q\$F04.A048J\$F22.A07SS		1	0%
A006V#F04.A002Q\$F04.A048J\$F22.A07SY		587	5.2%
A006V#F04.A002Q\$F10.A0F6C\$F22.A07SH\$F24.A07VQ		1	0%
A006V#F04.A003X\$F22.A07SH\$F24.A07VQ		2	0%

A006V#F04.A00ZT	1	0%
A006V#F28.A07GR\$F04.A002Q	12	0.1%
A006V#F28.A07GR\$F04.A002Q\$F04.A007R	5	0%
A006V#F28.A07GR\$F04.A002Q\$F04.A00ZF	5	0%
A006V#F28.A07GR\$F04.A012S	10	0.1%
A006V#F28.A07GR\$F04.A012S\$F04.A002Q\$F04.A02QE	4	0%
A006V#F28.A07GR\$F28.A0C6N\$F04.A002Q\$F04.A01LB	3	0%
A006V#F28.A07MA\$F04.A03VT	1	0%
A007A	14	0.1%
A007L#F10.A0F6C	91	0.8%
A007L#F10.A0F6D	2	0%
A007R	14	0.1%
A008T#F04.A002Q\$F04.A048J\$F10.A07XK	7	0.1%
A009M#F28.A07GR\$F28.A07MA	1	0%
A009X#F04.A019V	2	0%
A009Y#F22.A07SH	5	0%
A009Z#F22.A07SH	1	0%
A00AE#F04.A0EQD\$F22.A07SH	2	0%
A00AE#F28.A07HN\$F04.A035H\$F22.A07SH	4	0%
A00AE#F28.A07MA\$F04.A06MF\$F22.A07SH	23	0.2%
A00AE#F28.A07MA\$F22.A07SH	8	0.1%
A00AQ#F04.A06VS\$F10.A16YC\$F22.A07SH	5	0%
A00AQ#F28.A07MA\$F04.A01EA\$F04.A06MX\$F04.A06VS	2	0%
A00AQ#F28.A07MA\$F04.A065H	2	0%
A00AX#F04.A004Y\$F04.A00BT	2	0%
A00BA	2	0%
A00BC#F04.A06VS\$F22.A07SQ	3	0%
A00BD#F10.A16YC	1	0%
A00BG	6	0.1%
A00BG#F10.A16YC\$F22.A07SH	2	0%
A00BL#F22.A07SZ	5	0%
A00BL#F28.A07HN	4	0%
A00BR#F28.A07HN	1	0%
A00BR#F28.A07HP	1	0%
A00BR#F28.A07MA	3	0%
A00BV#F04.A00AS	1	0%
A00BZ#F04.A01DJ	1	0%
A00CJ#F28.A07MA\$F04.A065H	3	0%
A00CL	13	0.1%

A00CL#F04.A01SP\$F22.A07SK		1	0%
A00DC		4	0%
A00DC#F04.A06LZ		3	0%
A00DD		29	0.3%
A00DD#F04.A033J		3	0%
A00DD#F28.A07HN		11	0.1%
A00DD#F28.A07HP\$F24.A07VP		20	0.2%
A00DJ#F10.A0F6C		1	0%
A00DL#F10.A0F6C		33	0.3%
A00DL#F10.A0F6D		5	0%
A00DN#F04.A035H		2	0%
A00DR#F28.A07HP		46	0.4%
A00ED		1	0%
A00EE#F04.A035H\$F04.A06NQ		4	0%
A00EE#F04.A06NQ		31	0.3%
A00EH		1	0%
A00EH#F04.A01ME\$F04.A033J		2	0%
A00EL#F04.A01ME		1	0%
A00EM#F28.A07HP\$F24.A07VP		7	0.1%
A00FC#F04.A06KM\$F22.A07SH		3	0%
A00FC#F22.A07SH		2	0%
A00FD#F04.A00PC\$F04.A049S\$F22.A07SR		1	0%
A00FD#F04.A06KM\$F22.A07SH		45	0.4%
A00FD#F04.A06LZ\$F22.A07SH		27	0.2%
A00FD#F22.A07SH		46	0.4%
A00FE#F04.A06LZ		1	0%
A00FE#F22.A07SH		18	0.2%
A00FN		5	0%
A00FR		4	0%
A00GC		15	0.1%
A00GC#F28.A07GG		1	0%
A00GC#F28.A07GG\$F10.A0CQE		4	0%
A00GZ		7	0.1%
A00JA#F10.A0F2Q		11	0.1%
A00JA#F10.A0F2S		77	0.7%
A00JA#F28.A07GR\$F28.A07HK\$F28.A07MA\$F04.A042L		11	0.1%
A00JB		4	0%
A00JM		36	0.3%
A00JZ#F10.A0F2Q		75	0.7%

A00JZ#F28.A07GL\$F10.A0F2Q	1	0%
A00JZ#F28.A07GL\$F10.A0F2R	2	0%
A00JZ#F28.A07GL\$F26.A07XD	4	0%
A00KF	19	0.2%
A00KH#F10.A07XL\$F10.A0F5H	7	0.1%
A00KH#F10.A0F2Q\$F10.A16YC	9	0.1%
A00KJ	29	0.3%
A00KJ#F28.A07KY	1	0%
A00KP#F10.A0F2R	10	0.1%
A00KP#F10.A0F5H	24	0.2%
A00KP#F28.A07GG\$F10.A0F5H	1	0%
A00KP#F28.A07GL\$F10.A0F2R	1	0%
A00KP#F28.A07GL\$F10.A0F5H	4	0%
A00KR#F26.A07XE\$F20.A0CQV	3	0%
A00KY	40	0.4%
A00LY	1	0%
A00MJ	1	0%
A00ML	1	0%
A00ND	4	0%
A00NL	21	0.2%
A00PC#F10.A0F2Q	20	0.2%
A00PC#F28.A0BA1\$F10.A0F2Q	1	0%
A00QA	2	0%
A00QG	8	0.1%
A00QH#F20.A07QE	6	0.1%
A00QH#F20.A07QF	86	0.8%
A00QH#F28.A07GL\$F10.A0CQE\$F20.A07QF	1	0%
A00RR#F01.A05BX	5	0%
A00RY	26	0.2%
A00SB#F20.A07RL	5	0%
A00SY	1	0%
A00TZ	1	0%
A00XD	4	0%
A00XF	105	0.9%
A00XJ	1	0%
A00YC	38	0.3%
A00YE	10	0.1%
A00ZF#F22.A07SH	10	0.1%
A00ZF#F28.A0BYP\$F10.A0CQE	5	0%

A00ZT#F20.A07QE	19	0.2%
A00ZT#F20.A07QF	128	1.1%
A00ZT#F28.A07GL\$F20.A07QE	1	0%
A00ZT#F28.A07GL\$F20.A07QF	2	0%
A00ZT#F28.A0BA1\$F10.A0CQE\$F20.A07QF	1	0%
A00ZZ	7	0.1%
A011E	2	0%
A011N#F22.A07SK	14	0.1%
A011S	3	0%
A012J	3	0%
A012S#F10.A0F2R	1	0%
A012S#F10.A0F2S	4	0%
A012S#F26.A07XE	1	0%
A012S#F28.A07GG\$F10.A0F2S	5	0%
A012S#F28.A07GG\$F10.A166Z	92	0.8%
A012S#F28.A07GR\$F10.A166Z	12	0.1%
A012S#F28.A07GR\$F28.A0CRJ\$F10.A166Z\$F03.A06JL	36	0.3%
A012S#F28.A0BA1\$F10.A0F2S	7	0.1%
A012S#F28.A0BA1\$F10.A166Z	49	0.4%
A012S#F28.A0BA1\$F28.A0CRJ\$F10.A166Z\$F03.A06JL	58	0.5%
A013H#F10.A07XM	2	0%
A014K	2	0%
A015H#F04.A03AH	1	0%
A015H#F28.A07GY	1	0%
A015H#F28.A07GY\$F04.A036N\$F10.A0CJK	1	0%
A015H#F28.A07LZ\$F04.A003X\$F22.A07SH	3	0%
A015K	14	0.1%
A015X	1	0%
A017M#F28.A07LA\$F03.A06JD	34	0.3%
A019C	12	0.1%
A019J	8	0.1%
A019K#F03.A06JD	2	0%
A019K#F10.A0F2S	17	0.2%
A019K#F27.A00JB	1	0%
A019K#F27.A00JB\$F10.A0F2Y	11	0.1%
A019V	1	0%
A019V#F28.A07LA	1	0%
A01AB	1	0%
A01BB#F28.A07GS	16	0.1%

A01BB#F28.A0BA1\$F20.A0F1S		1	0%
A01BY		1	0%
A01BY#F20.A07QF		156	1.4%
A01CD		3	0%
A01CR		5	0%
A01DJ		49	0.4%
A01DJ#F10.A0F2Q		3	0%
A01DJ#F10.A0F2S		4	0%
A01DJ#F20.A07QE		7	0.1%
A01DJ#F20.A07QF		2	0%
A01DL#F20.A07QF		1	0%
A01DP		2	0%
A01DX		1	0%
A01EA		43	0.4%
A01EE		8	0.1%
A01GH		2	0%
A01GL		2	0%
A01GM		41	0.4%
A01GQ#F10.A16ZX		2	0%
A01HE#F01.A18CE		1	0%
A01JT		1	0%
A01KA		3	0%
A01KC		2	0%
A01LB		33	0.3%
A01LC		121	1.1%
A01LF#F10.A07XL		10	0.1%
A01LF#F10.A0F2Q		11	0.1%
A01LG		21	0.2%
A01LP		36	0.3%
A01ME#F20.A07RD		1	0%
A01NJ		1	0%
A01NN#F27.A01HG\$F06.A06XY		3	0%
A01QV#F28.A07GZ		2	0%
A01QX#F10.A077B		17	0.2%
A01QX#F20.A07QL		7	0.1%
A01QX#F20.A0F4V		39	0.3%
A01QX#F20.A0F4V\$F20.A07QL		4	0%
A01QX#F28.A07GZ\$F10.A077B		7	0.1%
A01RG#F10.A077B		7	0.1%

A01RG#F10.A0CRE		2	0%
A01RG#F20.A07QL		6	0.1%
A01RG#F20.A07QL\$F20.A0F4V		3	0%
A01RG#F20.A0F4V		13	0.1%
A01RG#F28.A07GG\$F10.A077C		1	0%
A01RG#F28.A07GR		2	0%
A01RG#F28.A07GZ\$F20.A07QL		2	0%
A01SN#F01.A0C7A		5	0%
A01SP#F02.A06AG\$F20.A07QQ		1	0%
A01SP#F02.A06AG\$F28.A07GY		2	0%
A01SP#F02.A07XQ\$F20.A07QQ		19	0.2%
A01SP#F02.A07XQ\$F28.A07GR		2	0%
A01SP#F02.A07XQ\$F28.A07GR\$F20.A07QQ		6	0.1%
A01SP#F02.A07XQ\$F28.A07GR\$F20.A07QR		1	0%
A01SP#F02.A07XQ\$F28.A07HK\$F28.A07GR		6	0.1%
A01SP#F02.A07XQ\$F28.A0BA1\$F20.A07QQ		1	0%
A01SP#F02.A07XS\$F20.A07QQ		10	0.1%
A01SP#F02.A07XS\$F28.A07GM\$F20.A07QR		5	0%
A01SP#F02.A07XS\$F28.A07GR		3	0%
A01SP#F02.A07XS\$F28.A07GR\$F20.A07QR		1	0%
A01SP#F02.A07XS\$F28.A07GZ		1	0%
A01SP#F02.A07XS\$F28.A07HK\$F28.A07GR		1	0%
A01SP#F20.A07QQ		79	0.7%
A01SP#F20.A07QR		34	0.3%
A01SP#F28.A07GM\$F20.A07QQ		4	0%
A01SP#F28.A07GR\$F20.A07QQ		1	0%
A01SP#F28.A07GR\$F22.A07SK		7	0.1%
A01SP#F28.A07GX\$F20.A07QQ		2	0%
A01SP#F28.A07GY\$F04.A042Z		1	0%
A01SP#F28.A07KX		6	0.1%
A01SP#F28.A07KX\$F28.A07GR\$F28.A07HK\$F22.A07SH		1	0%
A01SP#F28.A0BA1\$F04.A01BY		1	0%
A01SQ#F20.A07QQ		1	0%
A01VA#F28.A07GR\$F22.A07SH		3	0%
A01XF		3	0%
A020R#F02.A07XN		1	0%
A020R#F02.A18LY		3	0%
A021A#F28.A07GR\$F20.A07QQ\$F20.A0F4T		6	0.1%
A022B#F02.A06AD\$F28.A07GL		2	0%

A022B#F02.A07XR	7	0.1%
A022B#F02.A07XR\$F28.A07GL	2	0%
A022B#F02.A07XR\$F28.A07GM	1	0%
A022R	48	0.4%
A022T#F07.A073A	9	0.1%
A023E#F27.A01SP	1	0%
A023F#F03.A06JA	38	0.3%
A023T#F28.A07KV	2	0%
A024G#F04.A01SP	3	0%
A024G#F28.A07GL\$F04.A01RG\$F04.A021A	3	0%
A024G#F28.A07GZ	1	0%
A024G#F28.A07HK	1	0%
A024J#F04.A01QV\$F04.A020R	2	0%
A024J#F04.A01RG\$F04.A021A	9	0.1%
A024J#F04.A01SP\$F04.A022B	1	0%
A024J#F28.A07GL\$F04.A01RG\$F04.A021A	2	0%
A024J#F28.A07GR\$F04.A01QV\$F04.A020R	5	0%
A024J#F28.A07GZ\$F04.A01QV\$F04.A020R	1	0%
A024J#F28.A07GZ\$F04.A01RG\$F04.A021A	4	0%
A024J#F28.A0BA1\$F04.A01QV\$F04.A020R	4	0%
A025C	5	0%
A025C#F04.A01RG\$F04.A021A	10	0.1%
A025C#F04.A021A\$F04.A01TN\$F04.A020R	3	0%
A025C#F28.A07GZ	1	0%
A025Q#F04.A01TN\$F04.A020R\$F04.A021A	2	0%
A026B#F04.A01TN\$F04.A020R\$F04.A021A	73	0.7%
A026C#F04.A01SQ\$F04.A022D	8	0.1%
A026P#F18.A07NR	1	0%
A026Q#F18.A07NR	3	0%
A026V#F26.A07XE	1	0%
A02BV	1	0%
A02GB	2	0%
A02GB#F28.A07GG	1	0%
A02GB#F28.A07GZ	1	0%
A02GX#F24.A07VV	1	0%
A02JP	1	0%
A02LV#F04.A036N	53	0.5%
A02LY	7	0.1%
A02LY#F03.A06JL\$F07.A06ZT	108	1%



A02LY#F28.A07MR	12	0.1%
A02LZ#F03.A06JL\$F07.A06ZF	1	0%
A02LZ#F28.A07MM\$F03.A06JL\$F07.A06ZF	5	0%
A02MA#F03.A06JL	1	0%
A02ML	8	0.1%
A02ML#F03.A0CEE	87	0.8%
A02MP#F04.A06MF\$F22.A07SH	8	0.1%
A02NH#F04.A06MF	1	0%
A02NH#F04.A06NQ	12	0.1%
A02NH#F04.A06TV	3	0%
A02NQ#F04.A06MM	1	0%
A02PJ#F04.A036N	15	0.1%
A02PJ#F10.A0CQD	6	0.1%
A02PK	126	1.1%
A02PK#F10.A0F6C	9	0.1%
A02PL	2	0%
A02PL#F09.A0EXZ	4	0%
A02QA#F04.A06MF	2	0%
A02QA#F04.A06TV	4	0%
A02QA#F04.A06TV\$F22.A07SH	3	0%
A02QA#F04.A06VS	2	0%
A02QA#F04.A06VS\$F22.A07SH	2	0%
A02QA#F04.A0EQP\$F04.A06MF	1	0%
A02QF#F10.A0CJQ	7	0.1%
A02QF#F10.A0CJQ\$F26.A07XE	2	0%
A02QF#F10.A169Q\$F26.A07XE	20	0.2%
A02QF#F26.A07XD	39	0.3%
A02QF#F27.A02LY\$F10.A169Q	24	0.2%
A02QF#F27.A02LZ\$F10.A169Q	8	0.1%
A02QF#F28.A07KG\$F10.A0CJP	16	0.1%
A02QF#F28.A07KG\$F10.A0CJP\$F26.A07XE	6	0.1%
A02QF#F28.A07KL\$F10.A169Q\$F26.A07XE	1	0%
A02QG#F10.A077D	1	0%
A02QJ#F27.A02LY	3	0%
A02QJ#F27.A02MA	2	0%
A02QZ	4	0%
A02ZH	1	0%
A031B#F10.A0F5H	21	0.2%
A031C#F10.A0F5H	1	0%

A031G		337	3%
A031T#F28.A07GL		2	0%
A032B		18	0.2%
A032C#F28.A0CRJ		10	0.1%
A032L#F09.A0EXZ\$F10.A0F6C		661	5.9%
A032P		2	0%
A032P#F09.A0EXZ\$F10.A0F6C		170	1.5%
A033J		20	0.2%
A033Z#F27.A034A		10	0.1%
A034J		7	0.1%
A034Q#F04.A034J\$F04.A014C		2	0%
A034X		19	0.2%
A034Z#F04.A0CGF		1	0%
A035G		2	0%
A035H		3	0%
A035H#F28.A07HP		1	0%
A035L		16	0.1%
A035M		3	0%
A036H		25	0.2%
A036K		1	0%
A036K#F04.A015H\$F22.A07SR		4	0%
A036K#F04.A01CD\$F22.A07SS		1	0%
A036K#F04.A01EA\$F22.A07SS		1	0%
A036K#F04.A01EE		1	0%
A036K#F04.A01LP\$F22.A07SS		1	0%
A036K#F04.A06MF\$F22.A07SR		1	0%
A036K#F04.A06MX\$F22.A07SR		1	0%
A036K#F04.A06NQ		2	0%
A036K#F04.A06NQ\$F22.A07SR		9	0.1%
A036K#F04.A06NQ\$F22.A07SS		1	0%
A036K#F04.A06VS\$F22.A07SR		1	0%
A036L		1	0%
A036L#F04.A06LJ		1	0%
A036L#F04.A06QE\$F22.A07SH		1	0%
A036L#F04.A06QM\$F22.A07SH		1	0%
A036L#F04.A06QN\$F04.A0CGF\$F22.A07SH		1	0%
A036L#F22.A07SH		8	0.1%
A036N		338	3%
A036P		4	0%

A036X	6	0.1%
A036Y	25	0.2%
A039C#F10.A0CJK	3	0%
A039D#F10.A0CJK\$F07.A073H	43	0.4%
A039D#F10.A0CJK\$F07.A076B	182	1.6%
A03AH	1	0%
A03AM	3	0%
A03AN	5	0%
A03CS#F28.A0BYP	1	0%
A03DF#F04.A01EA\$F04.A03DK	1	0%
A03DK#F08.A032L	4	0%
A03DS	1	0%
A03EA#F04.A019J	10	0.1%
A03EA#F04.A01DJ\$F22.A07SH	28	0.3%
A03EA#F04.A03AH\$F08.A032L	5	0%
A03EA#F28.A07MR\$F04.A03BN\$F04.A03DT\$F08.A032H	15	0.1%
A03EL	1	0%
A03EN#F22.A07SH	12	0.1%
A03EP#F22.A07SH	4	0%
A03EQ	1	0%
A03EQ#F08.A032P	1	0%
A03EQ#F22.A07SH	1	0%
A03EV#F28.A07MR\$F09.A0EXN\$F10.A0F6C	1	0%
A03EX#F04.A03DG\$F22.A07SH	1	0%
A03EX#F04.A06NQ\$F22.A07SH	10	0.1%
A03EX#F04.A06PA\$F22.A07SH	3	0%
A03EX#F04.A06TV\$F04.A047C\$F08.A032L	2	0%
A03EX#F04.A06TV\$F22.A07SH	1	0%
A03EX#F28.A07JN\$F04.A06NQ\$F10.A06HS	1	0%
A03EX#F28.A07JN\$F04.A06PA\$F10.A06HS	11	0.1%
A03EX#F28.A07JN\$F04.A06TV\$F10.A06HS	3	0%
A03EX#F28.A07MK\$F04.A03JD\$F08.A032L	37	0.3%
A03EX#F28.A07MQ\$F04.A06TV\$F04.A047C	1	0%
A03EX#F28.A07MR\$F04.A06KV	1	0%
A03EX#F28.A07MR\$F04.A06NQ	54	0.5%
A03EX#F28.A07MR\$F04.A06RA	1	0%
A03EZ#F22.A07SH	4	0%
A03EZ#F28.A07JN\$F10.A06HS	1	0%
A03EZ#F28.A07MR	4	0%

A03FF#F22.A07SH	6	0.1%
A03FF#F28.A07JN\$F10.A06HS	15	0.1%
A03FF#F28.A07MR	11	0.1%
A03FJ#F22.A07SH	85	0.8%
A03FJ#F28.A07JN\$F10.A06HS	16	0.1%
A03FL#F22.A07SH	1	0%
A03FL#F28.A07JN\$F10.A06HS	4	0%
A03FN#F22.A07SH	1	0%
A03FR	111	1%
A03FY	1	0%
A03GF#F04.A000T\$F04.A0DBM\$F10.A0F6C	44	0.4%
A03GF#F04.A06NQ	11	0.1%
A03GF#F04.A06NQ\$F09.A0EXN\$F10.A0F6C	49	0.4%
A03GF#F04.A06RR\$F09.A0EXN\$F10.A0F6C	33	0.3%
A03GN	91	0.8%
A03GQ	242	2.2%
A03GR	8	0.1%
A03GZ	3	0%
A03HG	1	0%
A03HH	10	0.1%
A03HY	2	0%
A03JC	2	0%
A03JD	26	0.2%
A03JZ#F04.A00KP\$F04.A02LY\$F08.A032L	1	0%
A03JZ#F28.A07MR\$F04.A002Q\$F04.A0DBM\$F04.A02PK\$F08.A032L	1	0%
A03JZ#F28.A07MR\$F04.A003F\$F04.A02PL\$F08.A032L	3	0%
A03JZ#F28.A07MR\$F04.A003X	14	0.1%
A03JZ#F28.A07MR\$F04.A185Q\$F04.A02PK\$F08.A032L	17	0.2%
A03JZ#F28.A07MR\$F28.A07MS\$F04.A003D\$F04.A02PK\$F08.A032L	3	0%
A03JZ#F28.A07MS\$F04.A003D\$F04.A034G\$F04.A03DK	7	0.1%
A03JZ#F28.A07MS\$F04.A00DL\$F04.A02LY\$F08.A032L	3	0%
A03JZ#F28.A0CRL\$F04.A0DQG\$F04.A03DK\$F08.A032L	5	0%
A03KA#F04.A03GN\$F10.A077K	1	0%
A03KE#F04.A02LY\$F08.A032P	1	0%
A03KE#F10.A077K	2	0%
A03KY#F04.A03DK	1	0%
A03KZ#F04.A03DK	3	0%
A03LC#F08.A032P	3	0%
A03LG#F04.A032P	1	0%

A03LH		2	0%
A03LH#F10.A077K		9	0.1%
A03LK#F04.A01LP\$F08.A032L\$F20.A0F7P		3	0%
A03TC#F23.A07TL		3	0%
A03TF		1	0%
A03TJ#F04.A002Q\$F04.A06VS\$F10.A0F6C\$F24.A07VP		1	0%
A03TJ#F04.A002Q\$F10.A0F6C\$F24.A07VP		5	0%
A03TM#F04.A0F0N\$F04.A019V\$F08.A032L		13	0.1%
A03TM#F04.A171B		1	0%
A03TS		5	0%
A03VD#F28.A07GG\$F28.A07MA\$F04.A0EYH		2	0%
A03VM#F04.A012S\$F03.A06JG		6	0.1%
A03VM#F04.A012S\$F10.A166Z\$F03.A06JG		30	0.3%
A03VM#F28.A07GR\$F04.A012S\$F10.A166Z\$F03.A06JG		24	0.2%
A03VV#F04.A0F0B\$F04.A044C\$F03.A06JB		1	0%
A03XF#F04.A01QV\$F04.A01RG\$F04.A03TF\$F22.A07SH		6	0.1%
A03XF#F22.A07SS		5	0%
A03YZ#F04.A004Y\$F04.A012S		9	0.1%
A03YZ#F04.A004Y\$F04.A022R\$F04.A043V\$F04.A16GB		1	0%
A03YZ#F28.A0BA1\$F04.A002Q\$F04.A02QF		9	0.1%
A03ZB#F04.A006V\$F04.A01QV		4	0%
A03ZB#F04.A00BL\$F04.A022R		1	0%
A03ZG#F04.A003X\$F04.A006V\$F04.A01SP\$F10.A0CJQ		1	0%
A03ZG#F04.A006V\$F04.A00GC\$F04.A01LB\$F04.A026B\$F04.A044X\$F04.A044P		8	0.1%
A03ZL		2	0%
A03ZL#F04.A01SP		2	0%
A03ZP		4	0%
A03ZQ#F04.A025B		19	0.2%
A03ZY		4	0%
A040N#F04.A03XG		1	0%
A040N#F28.A07GX\$F04.A044C		1	0%
A040P#F04.A0EYH\$F04.A044C\$F22.A07SK		1	0%
A040R#F04.A007R\$F04.A01SP\$F04.A044R		3	0%
A041G#F04.A03TF		1	0%
A041G#F28.A07GR		142	1.3%
A041L#F04.A041G		2	0%
A041Q		92	0.8%
A041Y#F04.A001D\$F04.A00KR		1	0%
A042B#F22.A07SP		1	0%

A042D#F04.A00FY\$F22.A07SK		2	0%
A042L#F04.A01SP\$F03.A06JF		6	0.1%
A042P		556	5%
A042Y#F28.A07KG\$F04.A00GZ\$F03.A06JD		3	0%
A042Y#F28.A07KG\$F04.A00GZ\$F04.A042P\$F03.A06JD		8	0.1%
A042Y#F28.A07KG\$F04.A00HC\$F03.A06JD		8	0.1%
A042Z#F03.A06JD		15	0.1%
A043A		1	0%
A043G#F28.A07KG\$F03.A06JD		211	1.9%
A043H#F28.A07KG\$F03.A06JD		17	0.2%
A044C		39	0.3%
A044C#F04.A00HC\$F22.A07SH		1	0%
A044C#F04.A00RY\$F04.A00HC\$F04.A00HZ\$F22.A07SH		30	0.3%
A044C#F28.A07GT\$F04.A16GB		7	0.1%
A044C#F28.A0BYP\$F04.A00TQ\$F22.A07SH		1	0%
A044C#F28.A0BYP\$F04.A02QE\$F22.A07SH		13	0.1%
A044E#F04.A0DMX\$F04.A019K\$F04.A015K\$F10.A0F2Y		7	0.1%
A044G#F22.A07SH		6	0.1%
A044L		6	0.1%
A044P		1	0%
A044P#F03.A06JF		1	0%
A044P#F22.A07SH		111	1%
A044R#F22.A07SH		14	0.1%
A044X		1	0%
A044X#F10.A0CJK		125	1.1%
A045B		1	0%
A045E#F04.A00YE\$F06.A06XJ		3	0%
A045K#F04.A044L\$F04.A036N\$F22.A07SH		1	0%
A045K#F10.A0CJK\$F03.A0CEE\$F22.A07SH		3	0%
A047C		6	0.1%
A04AC#F28.A0BA1		3	0%
A04KS		16	0.1%
A04MA#F20.A07QG		1	0%
A0B9N		1	0%
A0B9P#F04.A007R\$F04.A01SP		7	0.1%
A0B9P#F04.A01QV\$F04.A007R		1	0%
A0B9Q#F04.A001D\$F04.A01SP		1	0%
A0B9Q#F04.A007S\$F04.A06QY		3	0%
A0B9Q#F04.A01SP\$F04.A007R		64	0.6%

A0B9Q#F04.A020Y		1	0%
A0BB2#F10.A07XK		13	0.1%
A0BB2#F28.A07HC\$F10.A06HR\$F03.A06JA\$F22.A07SH		1	0%
A0BB2#F28.A07HC\$F10.A07XK		1	0%
A0BYR		9	0.1%
A0BYR#F04.A0EQD		1	0%
A0BYR#F22.A07SH		4	0%
A0BYR#F28.A07MA\$F22.A07SH		30	0.3%
A0BYS#F04.A06KM		1	0%
A0BYS#F22.A07SH		9	0.1%
A0BYV#F22.A07SK		3	0%
A0BZA#F04.A06KR		2	0%
A0BZA#F04.A0CRZ		5	0%
A0BZC#F04.A01SP\$F04.A042P\$F04.A043G		3	0%
A0C6D#F04.A000T		2	0%
A0C6D#F04.A034G\$F03.A06JH		9	0.1%
A0C6D#F28.A07MR\$F04.A001X		2	0%
A0C6D#F28.A07MR\$F04.A002Q\$F04.A01BG		26	0.2%
A0C6P#F04.A014L\$F22.A07SH		1	0%
A0CDQ#F04.A01QX\$F04.A042P		18	0.2%
A0CGD		1	0%
A0CSN		20	0.2%
A0CSN#F04.A02MV		3	0%
A0DGF#F26.A07XE		7	0.1%
A0DJR		4	0%
A0DLV#F10.A07XL		1	0%
A0DMN		23	0.2%
A0DMX#F10.A0F2S		313	2.8%
A0DND		372	3.3%
A0DND#F20.A07RL		13	0.1%
A0DNJ		21	0.2%
A0DQG		40	0.4%
A0DQG#F28.A07GG\$F10.A07XL\$F20.A07QF		11	0.1%
A0DQG#F28.A07GR		6	0.1%
A0DQK		2	0%
A0DRM		2	0%
A0DYQ		8	0.1%
A0DYR		46	0.4%
A0DZB		6	0.1%

A0EQX#F04.A003X		2	0%
A0EQX#F04.A003X\$F18.A07NK\$F22.A07SH		6	0.1%
A0EQX#F28.A07KV\$F04.A00ZZ\$F22.A07SH		1	0%
A0ERG#F10.A0EZY		1	0%
A0EYQ#F27.A01QV\$F28.A0BA1		1	0%
A0EYQ#F27.A01RG\$F28.A0BA1		1	0%
A0EYQ#F27.A01SP\$F28.A0BA1		1	0%
A0EZD#F22.A07SH		3	0%
A0F0N#F27.A015X		55	0.5%
A0F0T#F04.A00DL\$F04.A02LY\$F08.A032P		18	0.2%
A0FBT#F06.A06YG		2	0%
A0FBZ#F04.A0DMX		1	0%
A169T		1	0%
A16EY		4	0%
A16FC		8	0.1%
A16FJ#F28.A07HN\$F22.A07SZ		7	0.1%
A16FX#F28.A07MA\$F28.A07HN\$F04.A0DQG\$F04.A012S		8	0.1%
A16FY#F28.A07MA\$F28.A07HN\$F04.A046H		1	0%
A16FZ		4	0%
A16GB#F04.A01TN\$F04.A042N		3	0%
A16GB#F28.A07KY		3	0%
A16GB#F28.A07KY\$F24.A07VV		1	0%
A16GC#F04.A06VS		4	0%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LC		13	0.1%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LC\$F04.A015H		1	0%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LP		1	0%
A16QS#F10.A0F2Q\$F20.A07RL		2	0%
A185Q#F04.A013H		11	0.1%

## FOODEX2\_INGR\_DESCR: FoodEx2 ingredient description

Data file: data\_anon\_consumption

### Overview

Valid: 11186

Type: Discrete    Width: 255    Range: -    Format: character

### Questions and instructions

CATEGORIES



Value	Category	Cases	
Amaranth leaves		1	0%
Apples		49	0.4%
Apples, PART-CONSUMED-ANALYSED = W/o peel		2	0%
Apples, PART-CONSUMED-ANALYSED = With peel		7	0.1%
Apples, QUALITATIVE-INFO = Green		3	0%
Apples, QUALITATIVE-INFO = Red		4	0%
Aromatic herbs, PART-CONSUMED-ANALYSED = With stem		1	0%
Asian-style noodles other than glass noodles		14	0.1%
Avocados		33	0.3%
Barbecue or steak sauces		1	0%
Barley grains		2	0%
Beans (dry) and similar-, GENERIC-TERM = Other		1	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Blending, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Liquid		58	0.5%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Black		49	0.4%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Red		7	0.1%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Black		92	0.8%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Red		5	0%
Beans (dry) and similar-, PROCESS = Frying, PROCESS = Blending, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Liquid		36	0.3%
Beans (dry) and similar-, PROCESS = Frying, QUALITATIVE-INFO = Black		12	0.1%
Beans (dry) and similar-, QUALITATIVE-INFO = Red		4	0%
Beans (dry) and similar-, QUALITATIVE-INFO = White		1	0%
Beans (with pods) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Green		1	0%
Beans (with pods) and similar-, QUALITATIVE-INFO = Green		20	0.2%
Beetroots		8	0.1%
Biscuit with inclusions, filling or coating, INGREDIENT = Chocolate and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared		2	0%
Biscuit with inclusions, filling or coating, PROCESS = Filling, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared		23	0.2%
Biscuit with inclusions, filling or coating, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared		8	0.1%
Biscuit with inclusions, filling or coating, PROCESS = Sugar coating, INGREDIENT = Foamed sugar products (marshmallows), PREPARATION-PRODUCTION-PLACE = Food industry prepared		4	0%
Biscuits, chocolate, PREPARATION-PRODUCTION-PLACE = Food industry prepared		1	0%
Biscuits, sweet, plain, INGREDIENT = Cinnamon bark		2	0%
Black pepper		12	0.1%
Blackberries		8	0.1%
Boiled eggs		18	0.2%

Bovine fresh meat, PROCESS = Broiling/grilling	2	0%
Bovine liver	3	0%
Bovine other slaughtering products, PART-NATURE = Bone tissue (as part-nature)	3	0%
Bovine other slaughtering products, PART-NATURE = Tripe (as part-nature)	1	0%
Breadcrumbs	14	0.1%
Broad beans (dry), QUALITATIVE-INFO = Unripe / immature	2	0%
Broccoli	5	0%
Brown cane sugar	2	0%
Brown cane sugar, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified	170	1.5%
Buns, PREPARATION-PRODUCTION-PLACE = Prepared by bakery	5	0%
Buns, PROCESS = Sugar coating	4	0%
Butter biscuits, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Butter, QUALITATIVE-INFO = With added salt	3	0%
Camomile infusion	2	0%
Camomile infusion, QUALITATIVE-INFO = Without added sugar	9	0.1%
Canned mushrooms	1	0%
Canned or jarred common beans, PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = With surrounding medium	1	0%
Canned or jarred common beans, PROCESS = Pan frying / shallow frying	16	0.1%
Canned or jarred fruit, SOURCE-COMMODITIES = Figs, SURROUNDING-MEDIUM = In concentrated sweet liquid-syrup	3	0%
Canned sardines, INGREDIENT = Tomatoes	1	0%
Canned tunas and similar, SURROUNDING-MEDIUM = In water	2	0%
Caramel, hard, INGREDIENT = Pumpkin seeds and similar-	1	0%
Carbonated natural mineral water	1	0%
Carrots, PART-CONSUMED-ANALYSED = W/o peel	86	0.8%
Carrots, PART-CONSUMED-ANALYSED = With peel	6	0.1%
Carrots, PROCESS = Boiling, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	1	0%
Cassava roots	7	0.1%
Cauliflowers	4	0%
Celeries	26	0.2%
Cereal and cereal-like flours	16	0.1%
Cereal products and grains based soup, INGREDIENT = Rice grain, INGREDIENT = Leafy vegetables	1	0%
Chamomile	2	0%
Chayote fruits, PROCESS = Boiling, GENERIC-TERM = Unspecified	4	0%
Chayote fruits, PROCESS = Boiling, QUALITATIVE-INFO = Green	1	0%
Chayote fruits, PROCESS = Boiling, QUALITATIVE-INFO = White	2	0%
Chayote fruits, QUALITATIVE-INFO = Green	75	0.7%

Chayote leaves, QUALITATIVE-INFO = Green, PART-CONSUMED-ANALYSED = With tops	2	0%
Chewing gum	3	0%
Chia seeds	4	0%
Chicken fresh meat, PART-CONSUMED-ANALYSED = W/o skin	34	0.3%
Chicken fresh meat, PART-CONSUMED-ANALYSED = With skin	79	0.7%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PART-CONSUMED-ANALYSED = With skin	10	0.1%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Breeding, PROCESS = Frying	1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Broiling/grilling	1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying	3	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = W/o skin	1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Stewing, PART-CONSUMED-ANALYSED = W/o skin	5	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PART-CONSUMED-ANALYSED = With skin	19	0.2%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Breeding, PROCESS = Frying	6	0.1%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = With skin	1	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying	2	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = W/o skin	1	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin	6	0.1%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PART-CONSUMED-ANALYSED = With skin	1	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Roasting	2	0%
Chicken fresh meat, PROCESS = Baking, PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Lemons	1	0%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting	6	0.1%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting, PROCESS = Frying, PROCESS = Breeding, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Chicken fresh meat, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin	1	0%
Chicken fresh meat, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	7	0.1%
Chicken fresh meat, PROCESS = Roasting, INGREDIENT = Mixed herbs and spices	1	0%
Chicken fresh meat, PROCESS = Stewing, PART-CONSUMED-ANALYSED = With skin	4	0%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature)	7	0.1%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature), PROCESS = Boiling	2	0%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature), PROCESS = Stewing	1	0%

Chicken, other slaughtering products, PART-NATURE = Stomach (as part-nature), PROCESS = Boiling	2	0%
Chili peppers	4	0%
Chips/crisps, INGREDIENT = Wheat flour	2	0%
Chips/crisps, INGREDIENT = Wheat flour, PACKAGING-FORMAT = Bag, sack or pouch, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0.1%
Chips/crisps, PROCESS = Slicing, INGREDIENT = Cassava roots, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Chives	4	0%
Chocolate cake	6	0.1%
Chocolate cake, QUALITATIVE-INFO = Small, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Chocolate spread, INGREDIENT = Hazelnuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Chorizo and similar	5	0%
Chorizo and similar, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	10	0.1%
Chorizo and similar, INGREDIENT = Pig other slaughtering products, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products	3	0%
Chorizo and similar, PROCESS = Broiling/grilling	1	0%
Cinnamon bark	1	0%
Cinnamon bark, PROCESS = Grinding / milling / crushing	1	0%
Cocoa beverage-preparation, powder	10	0.1%
Cocoa beverages, INGREDIENT = Drinking water	1	0%
Cocoa powder	1	0%
Coconuts	2	0%
Cod	1	0%
Coffee beverages, INGREDIENT = Coffee ground, roasted, QUALITATIVE-INFO = Without added sugar	1	0%
Coffee ground, roasted	91	0.8%
Cola beverages, caffeinic	111	1%
Common banana	121	1.1%
Common banana - paradisiaca cultivars	2	0%
Common laminated dough, PROCESS = Frying, PROCESS = Filling	1	0%
Common peaches	41	0.4%
Cooked turkey meat, PROCESS = Slicing	2	0%
Coriander leaves	105	0.9%
Corn chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Corn chips, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Corn curls, INGREDIENT = Cheese flavour	1	0%
Corn curls, PREPARATION-PRODUCTION-PLACE = Food industry prepared	18	0.2%
Corned turkey, uncooked, PHYSICAL-STATE = Slices, steaks or other flat cuts	38	0.3%

Cottage cheese, QUALITATIVE-INFO = Fat free	1	0%
Cow milk, INGREDIENT = Vegetable fats and oils, edible	53	0.5%
Cow milk, semi skimmed (half fat), PHYSICAL-STATE = Liquid, FAT-CONTENT = 2 % fat	1	0%
Cow milk, semi skimmed (half fat), PROCESS = Lactose reduction, PHYSICAL-STATE = Liquid, FAT-CONTENT = 2 % fat	5	0%
Cow milk, skimmed (low fat), PHYSICAL-STATE = Liquid	1	0%
Cow milk, whole	7	0.1%
Cow milk, whole, PHYSICAL-STATE = Liquid, FAT-CONTENT = 3.2 % fat	108	1%
Cow milk, whole, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	12	0.1%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat	39	0.3%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat, PART-CONSUMED-ANALYSED = With bone	4	0%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = With bone	7	0.1%
Cow, ox or bull fresh meat, PROCESS = Broiling/grilling, QUALITATIVE-INFO = Half fat or medium fat	7	0.1%
Cow, ox or bull fresh meat, QUALITATIVE-INFO = Half fat or medium fat	17	0.2%
Crackers and breadsticks, PREPARATION-PRODUCTION-PLACE = Food industry prepared	11	0.1%
Crackers and breadsticks, QUALITATIVE-INFO = With added salt	1	0%
Crackers and breadsticks, QUALITATIVE-INFO = With added salt, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Cream cheese	4	0%
Cream custard cake, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Brioche type products	2	0%
Cream, plain	8	0.1%
Cream, plain, PHYSICAL-STATE = Spoonable creamy	87	0.8%
Cucumbers	36	0.3%
Cured seasoned poultry meat, SOURCE-COMMODITIES = Chicken fresh meat	1	0%
Curry powder	1	0%
Diet soft drink with caffeine	1	0%
Doughnuts-berliner, PROCESS = Chocolate coating	1	0%
Doughnuts-berliner, PROCESS = Filling	3	0%
Doughnuts-berliner, PROCESS = Sugar coating	1	0%
Dried fish	1	0%
Dried nuts/seeds and related flours and powders, SOURCE-COMMODITIES = Pumpkin seeds	55	0.5%
Dried pasta, QUALITATIVE-INFO = Fortified	91	0.8%
Dried pasta, QUALITATIVE-INFO = Not fortified	2	0%
Dried vine fruits (raisins etc.), PART-CONSUMED-ANALYSED = W/o seeds	1	0%
Drinking water, SWEETENING-AGENT = Refined cane sugar	4	0%
Epazote	1	0%
Essences and extracts	6	0.1%

Extra hard cheese (parmesan, grana type)	1	0%
Fermented tea infusion, SWEETENING-AGENT = Brown cane sugar	3	0%
Filled chocolate, INGREDIENT = Milk chocolate, INGREDIENT = Tree nuts	2	0%
Fish (meat), GENERIC-TERM = Other	1	0%
Fish soup, dry	1	0%
Flavoured milks, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	8	0.1%
Foamed sugar products (marshmallows)	3	0%
Foamed sugar products (marshmallows), PROCESS = Chocolate coating	1	0%
Frankfurt-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	73	0.7%
Frankfurter sausage, INGREDIENT = Turkey fresh meat, INGREDIENT = Turkey, other slaughtering products	8	0.1%
French fries from cut potato, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	3	0%
Fresh raw sausages, INGREDIENT = Chicken fresh meat	3	0%
Fresh raw sausages, PROCESS = Boiling, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	3	0%
Fresh raw sausages, PROCESS = Breeding	1	0%
Fresh raw sausages, PROCESS = Broiling/grilling	1	0%
Fresh spiced sausages in casing, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	2	0%
Fresh spiced sausages in casing, INGREDIENT = Chicken fresh meat, INGREDIENT = Chicken, other slaughtering products	1	0%
Fresh spiced sausages in casing, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	9	0.1%
Fresh spiced sausages in casing, PROCESS = Boiling, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	2	0%
Fresh spiced sausages in casing, PROCESS = Broiling/grilling, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	1	0%
Fresh spiced sausages in casing, PROCESS = Broiling/grilling, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	4	0%
Fresh spiced sausages in casing, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	4	0%
Fresh spiced sausages in casing, PROCESS = Frying, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	5	0%
Fresh uncured cheese, GENERIC-TERM = Unspecified	39	0.3%
Fresh uncured cheese, PROCESS = Drying (dehydration), QUALITATIVE-INFO = Hard	16	0.1%
Fresh uncured cheese, PROCESS = Drying (dehydration), QUALITATIVE-INFO = Hard, GENERIC-TERM = Other	6	0.1%
Fresh uncured cheese, PROCESS = Semi-drying (e.g. Fruits), QUALITATIVE-INFO = Semi-soft, GENERIC-TERM = Other	1	0%
Fresh uncured cheese, QUALITATIVE-INFO = Semi-soft, GENERIC-TERM = Other	20	0.2%
Fresh uncured cheese, QUALITATIVE-INFO = Soft	7	0.1%
Fresh uncured cheese, QUALITATIVE-INFO = Soft, GENERIC-TERM = Other	2	0%

Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, semi skimmed (half fat), QUALITATIVE-INFO = Semi-soft	8	0.1%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, whole, QUALITATIVE-INFO = Semi-soft	24	0.2%
Fried bread dough, PROCESS = Filling, PROCESS = Sugar coating, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Beans (dry) and similar-	8	0.1%
Fried dough sweet, PROCESS = Filling, PROCESS = Sugar coating, INGREDIENT = Chocolate sauce	1	0%
Fried eggs, PROCESS = Blending	10	0.1%
Fries (finger chips), PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	14	0.1%
Fruit cake	2	0%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana	13	0.1%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana, INGREDIENT = Peanuts	1	0%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Pineapples	1	0%
Fruit infusion, INGREDIENT = Pineapples, SWEETENING-AGENT = Refined cane sugar, PART-CONSUMED-ANALYSED = Only peel	3	0%
Fruit jelly	8	0.1%
Fruit pie-tarts, INGREDIENT = Apples	1	0%
Fruit smoothies, INGREDIENT = Strawberries, INGREDIENT = Drinking water	1	0%
Fruit soft drink, mixed fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	1	0%
Fruit soft drink, orange	1	0%
Fruit soft drink, peach, PREPARATION-PRODUCTION-PLACE = Food industry prepared	12	0.1%
Fruit soft drink, pear, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Fruit soft drink, pineapple	1	0%
Fruit soft drink, pineapple, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Fruit soft drink, pineapple, SWEETENING-AGENT = Brown cane sugar	1	0%
Garden peas (without pods)	3	0%
Garlic	7	0.1%
Gelatine dessert	25	0.2%
Ginger roots	1	0%
Granita	1	0%
Granita, INGREDIENT = Bubblegum flavour	1	0%
Granita, INGREDIENT = Lemon flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Granita, INGREDIENT = Mandarin flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Granita, INGREDIENT = Mango flavour, INGREDIENT = Pumpkin seeds and similar-, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Granita, PREPARATION-PRODUCTION-PLACE = Food industry prepared	8	0.1%
Guavas	1	0%

Ham, pork, FAT-CONTENT = 13 % fat	9	0.1%
Hamburger with bread	2	0%
Hamburger with bread, INGREDIENT = Chicken fresh meat	2	0%
Hard candies	19	0.2%
Head lettuces	40	0.4%
Hen egg white, PROCESS = Boiling	2	0%
Hen eggs	337	3%
Herbal and other non-tea infusions, INGREDIENT = Brown cane sugar	1	0%
Herbs, vegetables and oil sauces, INGREDIENT = Parsley, SURROUNDING-MEDIUM = In vegetable oil	3	0%
Herbs/spices sauces, QUALITATIVE-INFO = Hot/piquant/spicy	1	0%
Hibiscus infusion flowers	26	0.2%
Honey	20	0.2%
Hot chocolate, INGREDIENT = Drinking water	3	0%
Hot drinks and infusions composite ingredients, INGREDIENT = Bitter chocolate, PHYSICAL-STATE = Tablets	9	0.1%
Hot drinks and infusions composite ingredients, INGREDIENT = Maize grain	2	0%
Hot drinks and infusions composite ingredients, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soya proteins	26	0.2%
Hot drinks and infusions composite ingredients, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Mixture of grains	2	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Sweet corn, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar	1	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Mixing, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Drinking water, SWEETENING-AGENT = Refined cane sugar	5	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soyabeans and similar-, INGREDIENT = Milk powder, full fat, SWEETENING-AGE	1	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Pulses flour, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refined cane sugar	17	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Rice flour, INGREDIENT = Milk powder, skimmed, SWEETENING-AGENT = Refined cane sugar	3	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Wheat flour	14	0.1%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Milk powder, full fat, SWEETENING-AGENT = Refi	3	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar	3	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Bitter chocolate, INGREDIENT = Drinking water	7	0.1%
Ice cream, milk-based, INGREDIENT = Chocolate flavour	2	0%



Ice cream, milk-based, INGREDIENT = Soft candies and analogues, INGREDIENT = Chocolate flavour	1	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour	4	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour	2	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Instant coffee (beverage), INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	1	0%
Instant coffee (beverage), QUALITATIVE-INFO = Without added sugar	2	0%
Instant coffee powder	242	2.2%
Instant coffee powder, decaffeinated	8	0.1%
Jelly candies	16	0.1%
Juice, lemon	1	0%
Juice, orange	3	0%
Kiwi fruits (green, red, yellow)	1	0%
Lasagna, INGREDIENT = Mammals and birds meat, INGREDIENT = Tomato-containing cooked sauces, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	1	0%
Leafy vegetables, GENERIC-TERM = Other, PART-CONSUMED-ANALYSED = With germ	3	0%
Leeks, PART-CONSUMED-ANALYSED = With tops	5	0%
Legume (beans) soup	92	0.8%
Legumes based dishes, INGREDIENT = Beans (dry) and similar-, PHYSICAL-STATE = Puree-type	6	0.1%
Legumes based dishes, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Puree-type	30	0.3%
Legumes based dishes, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Puree-type	24	0.2%
Lemons	1	0%
Lemons, PART-CONSUMED-ANALYSED = W/o peel	156	1.4%
Loquats, PART-CONSUMED-ANALYSED = W/o peel	1	0%
Maize flour, PROCESS = Alkalizing, INGREDIENT = Flour treatment agent	5	0%
Maize flour, PROCESS = Toasting / coffee roasting, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, INGREDIENT = Herbs, spices and similar, INGREDIENT = Agave leaves	12	0.1%
Maize grain	1	0%
Maize grain, QUALITATIVE-INFO = White	2	0%
Maize meal, PROCESS = Degermination, QUALITATIVE-INFO = White, QUALITATIVE-INFO = Not fortified	1	0%
Maize oil, edible	25	0.2%
Mandarins	3	0%
Mangoes, QUALITATIVE-INFO = Green	11	0.1%
Mangoes, QUALITATIVE-INFO = Ripe / mature	10	0.1%

Marinated meat, SOURCE-COMMODITIES = Bovine fresh meat, PROCESS = Cooking and similar thermal preparation processes	1	0%
Marinated meat, SOURCE-COMMODITIES = Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes	1	0%
Marinated meat, SOURCE-COMMODITIES = Pig fresh meat, PROCESS = Cooking and similar thermal preparation processes	1	0%
Marmalade	1	0%
Mashed potato powder	2	0%
Mayonnaise sauce	1	0%
Mayonnaise sauce, QUALITATIVE-INFO = With added salt	125	1.1%
Meat and vegetable soup, dry, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat	7	0.1%
Meat and vegetable soup, dry, INGREDIENT = Bovine fresh meat, INGREDIENT = Asian-style noodles other than glass noodles	1	0%
Meat and vegetable soup, with puree or pieces, INGREDIENT = Chicken fresh meat, INGREDIENT = Salt, INGREDIENT = Stock cubes or granulate, chicken	3	0%
Meat based dishes, INGREDIENT = Pig head, INGREDIENT = Tomato-containing cooked sauces, PHYSICAL-STATE = Dices / sticks	1	0%
Meat burger (no sandwich), INGREDIENT = Bovine fresh meat, INGREDIENT = Pig fresh meat, INGREDIENT = Textured soy protein, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0.1%
Meat burger (no sandwich), PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	5	0%
Meat soup, with pieces, INGREDIENT = Beef soup flavour	2	0%
Meat soup, with pieces, INGREDIENT = Chicken flavour	5	0%
Meat/poultry soup, dry, INGREDIENT = Bovine tail	1	0%
Meat/poultry soup, dry, INGREDIENT = Chicken fresh meat, INGREDIENT = Asian-style noodles other than glass noodles	64	0.6%
Meat/poultry soup, dry, INGREDIENT = Pasta based dishes, uncooked, INGREDIENT = Meat flavour	3	0%
Meat/poultry soup, dry, INGREDIENT = Rice grain, INGREDIENT = Chicken fresh meat	1	0%
Melons	19	0.2%
Meringue tart, QUALITATIVE-INFO = Small	1	0%
Milk chocolate	7	0.1%
Milk powder, INGREDIENT = Vegetable fats and oils, edible	15	0.1%
Milk powder, QUALITATIVE-INFO = Lactose free	6	0.1%
Milk powder, full fat	126	1.1%
Milk powder, full fat, QUALITATIVE-INFO = Fortified	9	0.1%
Milk powder, skimmed	2	0%
Milk powder, skimmed, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids)	4	0%
Miscellaneous fruits with edible peel, SOURCE = Murici (as plant)	1	0%
Mixed breakfast cereals, INGREDIENT = Dried vine fruits (raisins etc.)	1	0%
Mixed cereal rolled grains	1	0%
Mixed cereal rolled grains, INGREDIENT = Dried vine fruits (raisins etc.), INGREDIENT = Honey	2	0%

Mixed fruit juice	5	0%
Mixed herbs and spices, PHYSICAL-STATE = Powder	15	0.1%
Mixed supplements/formulations, TARGET-CONSUMER = Children food	3	0%
Mixed vegetable juice, PROCESS = Canning / jarring	1	0%
Mixed vegetable salad, INGREDIENT = Head cabbages, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	2	0%
Mixed vegetables, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Seasoning, sauces and condiments	3	0%
Mixed vegetables, PROCESS = Mincing / chopping / cutting	3	0%
Mixed vegetables, PROCESS = Mincing / chopping / cutting, INTENDED-USE = Raw but intended to be eaten cooked	1	0%
Mortadella-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	2	0%
Mozzarella, SOURCE-COMMODITIES = Cow milk, skimmed (low fat)	2	0%
Mozzarella, SOURCE-COMMODITIES = Cow milk, whole	3	0%
Muffins, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Canteen / localized catering prepared	3	0%
Mustard and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0.1%
Nightshade, black	21	0.2%
Non dairy coffee creamer	5	0%
Oat flour, QUALITATIVE-INFO = Fortified	4	0%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Fortified	33	0.3%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Not fortified	5	0%
Olive oils	4	0%
Onion bulbs for fresh consumption	372	3.3%
Onion bulbs for fresh consumption, PART-CONSUMED-ANALYSED = With tops	13	0.1%
Oranges	6	0.1%
Oranges, sweet	5	0%
Other edible flowers, GENERIC-TERM = Other	7	0.1%
Other hybrids of Citrus reticulata, not elsewhere mentioned	8	0.1%
Pancake pre-mixes (dry)	20	0.2%
Pancake pre-mixes (dry), INGREDIENT = Buttermilk	3	0%
Pancakes	13	0.1%
Pancakes, INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	1	0%
Papayas	21	0.2%
Parsley	10	0.1%
Passionfruits	2	0%
Pasta based dishes, cooked, INGREDIENT = Meat balls	1	0%
Pasta based dishes, cooked, PROCESS = Baking, INGREDIENT = Tomato-containing cooked sauces	1	0%

Pasta, cooked, with vegetables, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat, INGREDIENT = Soy sauce	3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Salt	18	0.2%
Pate, chicken liver, PACKAGING-FORMAT = Drawn can	3	0%
Pate, goose liver, PACKAGING-FORMAT = Drawn can	1	0%
Peaches and similar-	2	0%
Peanuts, INGREDIENT = Juice, lemon	1	0%
Peanuts, PROCESS = Compounding, assembling, coating or filling, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Peanuts, PROCESS = Roasting	1	0%
Peanuts, PROCESS = Roasting, INGREDIENT = Vegetable fats and oils, edible, QUALITATIVE-INFO = With added salt	1	0%
Pears	2	0%
Peppers, dried, PHYSICAL-STATE = Powder	2	0%
Peppers, dried, QUALITATIVE-INFO = Red	17	0.2%
Peppers, dried, SOURCE-COMMODITIES = Chili peppers	1	0%
Peppers, dried, SOURCE-COMMODITIES = Chili peppers, QUALITATIVE-INFO = Dark	11	0.1%
Pig fat tissue, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Pig fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat	13	0.1%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone	6	0.1%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone, PART-CONSUMED-ANALYSED = Excluding visible fat	3	0%
Pig fresh meat, PROCESS = Broiling/grilling, PART-CONSUMED-ANALYSED = With bone	2	0%
Pig fresh meat, PROCESS = Cooking in water, QUALITATIVE-INFO = Low fat (naturally or reduced)	1	0%
Pig fresh meat, PROCESS = Frying	2	0%
Pig fresh meat, QUALITATIVE-INFO = Half fat or medium fat	7	0.1%
Pig fresh meat, QUALITATIVE-INFO = High fat	2	0%
Pig minced meat, PROCESS = Cooking and similar thermal preparation processes	3	0%
Pig other slaughtering products, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin, PART-CONSUMED-ANALYSED = Including visible fat	6	0.1%
Pineapples	36	0.3%
Pizza and similar with cheese topping	4	0%
Pizza and similar with cheese, meat, and vegetables	4	0%
Pizza and similar with processed meat topping, INGREDIENT = Pepperoni/paprika-type sausage	19	0.2%
Plantains - paradisiaca cultivars	40	0.4%
Plantains - paradisiaca cultivars, PROCESS = Cooking in water, QUALITATIVE-INFO = Ripe / mature, PART-CONSUMED-ANALYSED = W/o peel	11	0.1%
Plantains - paradisiaca cultivars, PROCESS = Frying	6	0.1%
Plums, QUALITATIVE-INFO = Purple	2	0%

Podded pea (young pods)	2	0%
Popcorn (maize, popped)	4	0%
Popcorn (maize, popped), INGREDIENT = Cheese flavour	3	0%
Porridge milk based (ready to eat), INGREDIENT = Oat rolled grains, wholemeal, INGREDIENT = Cow milk, whole, SWEETENING-AGENT = Brown cane sugar	18	0.2%
Potato based dishes, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Mammals and birds meat	2	0%
Potato crisps from potato slices, INGREDIENT = Barbeque flavour	1	0%
Potato crisps from potato slices, PREPARATION-PRODUCTION-PLACE = Food industry prepared	9	0.1%
Potato croquettes	3	0%
Potatoes, PART-CONSUMED-ANALYSED = W/o peel	128	1.1%
Potatoes, PART-CONSUMED-ANALYSED = With peel	19	0.2%
Potatoes, PROCESS = Boiling, PART-CONSUMED-ANALYSED = W/o peel	2	0%
Potatoes, PROCESS = Boiling, PART-CONSUMED-ANALYSED = With peel	1	0%
Potatoes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	1	0%
Poultry fresh meat (muscle meat), SOURCE = Gallus gallus laying hens (as animal)	5	0%
Powdered drink bases, INGREDIENT = Fruit flavour	11	0.1%
Powdered drink bases, INGREDIENT = Fruit flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	49	0.4%
Powdered drink bases, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-, QUALITATIVE-INFO = Fortified	44	0.4%
Powdered drink bases, INGREDIENT = Orange flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	33	0.3%
Preparations for dessert, INGREDIENT = Vanilla flavour	4	0%
Prepared meat salad, INGREDIENT = Chicken fresh meat, PHYSICAL-STATE = Paste	6	0.1%
Processed cheese, sliceable, QUALITATIVE-INFO = Yellow	21	0.2%
Processed cheese, spreadable, QUALITATIVE-INFO = Yellow	1	0%
Processed maize-based flakes	29	0.3%
Processed maize-based flakes, INGREDIENT = Honey	3	0%
Processed maize-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	20	0.2%
Processed maize-based flakes, PROCESS = Sugar coating	11	0.1%
Processed mixed cereal-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	7	0.1%
Processed oat-based flakes, INGREDIENT = Foamed sugar products (marshmallows)	2	0%
Pulses flour, INGREDIENT = Broad beans (dry)	11	0.1%
Pumpkin seeds	1	0%
Pumpkins and similar-, QUALITATIVE-INFO = Ripe / mature	1	0%
Pumpkins, QUALITATIVE-INFO = Green, QUALITATIVE-INFO = Small	9	0.1%
Pumpkins, QUALITATIVE-INFO = Ripe / mature, QUALITATIVE-INFO = Yellow	7	0.1%
Purple mombins	2	0%
Raising agents	1	0%

Rambutans	3	0%
Raw cured (or seasoned) meat	48	0.4%
Refined cane sugar, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified	661	5.9%
Rice and vegetables meal, INGREDIENT = Textured soy protein	1	0%
Rice and vegetables meal, PROCESS = Frying	142	1.3%
Rice drink, INGREDIENT = Calabash nutmeg	1	0%
Rice drink, INGREDIENT = Dried nuts/seeds and related flours and powders, INGREDIENT = Cinnamon bark, SWEETENING-AGENT = Refined cane sugar	13	0.1%
Rice flour, QUALITATIVE-INFO = White/refined	3	0%
Rice grain, QUALITATIVE-INFO = Semi-refined	5	0%
Rice grain, polished, QUALITATIVE-INFO = Fortified, EXTENT-OF-COOKING = Half-cooked	14	0.1%
Rice grain, polished, QUALITATIVE-INFO = Not fortified	32	0.3%
Rice, popped, PROCESS = Chocolate coating	46	0.4%
Rolled oats, instant, QUALITATIVE-INFO = Fortified	1	0%
Salad dressing, INGREDIENT = Vinegar, INGREDIENT = Vegetable fats and oils, edible, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Salad dressing, QUALITATIVE-INFO = With added salt, PHYSICAL-STATE = Spoonable creamy, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Salads, PREPARATION-PRODUCTION-PLACE = Restaurant prepared	1	0%
Salt	556	5%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Beans (dry) and similar-	9	0.1%
Sandwich and sandwich-like dishes, INGREDIENT = Wheat bread and rolls, white (refined flour), INGREDIENT = Raw cured (or seasoned) meat, INGREDIENT = Savoury sauces, INGREDIENT = Mixed vegetables	1	0%
Sandwich and sandwich-like dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Fresh uncured cheese	9	0.1%
Sandwich bread (hamburger roll-type), PROCESS = Toasting / coffee roasting, QUALITATIVE-INFO = Integral /not refined, PHYSICAL-STATE = Slices, steaks or other flat cuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Sandwich bread (hamburger roll-type), PROCESS = Toasting / coffee roasting, QUALITATIVE-INFO = White/refined	1	0%
Sandwich bread (hamburger roll-type), QUALITATIVE-INFO = White/refined	13	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = White cabbage, INGREDIENT = Avocados, INGREDIENT = Frankfurt-type sausage, INGREDIENT = Mayonnaise sauce, INGREDIENT = Tomato ketchup and related sauces	8	0.1%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat flour, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, QUALITATIVE-INFO = Soft	1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Buns, INGREDIENT = Raw cured (or seasoned) meat	1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Bovine fresh meat	4	0%
Sauces from fermented/hydrolised sources and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Savory, dry, PROCESS = Grinding / milling / crushing, PHYSICAL-STATE = Powder	34	0.3%

Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Garlic, INGREDIENT = Salt, PHYSICAL-STATE = Powder	8	0.1%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Garlic, PHYSICAL-STATE = Powder	3	0%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Onions, PHYSICAL-STATE = Powder	8	0.1%
Sesame seeds	14	0.1%
Shortcrust (pies -tarts), INGREDIENT = Cream cheese cake	1	0%
Shrimps, common	2	0%
Shrimps, common, PROCESS = Broiling/grilling	1	0%
Shrimps, common, PROCESS = Cooking in water	1	0%
Small radishes	21	0.2%
Soft drink, apple flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Soft drink, apple flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, apple flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	4	0%
Soft drink, flavoured, no fruit, INGREDIENT = Aloe vera juice, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Soft drink, flavoured, no fruit, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	10	0.1%
Soft drink, flavoured, no fruit, INGREDIENT = Grape flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Soft drink, flavoured, no fruit, INGREDIENT = Strawberry flavour, INGREDIENT = Essences and extracts, SWEETENING-AGENT = Refined cane sugar	2	0%
Soft drink, flavoured, no fruit, INGREDIENT = Strawberry flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Soft drink, flavoured, no fruit, PROCESS = Brewing / infusion, INGREDIENT = Hibiscus infusion flowers, SWEETENING-AGENT = Refined cane sugar	37	0.3%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Fruit flavour, QUALITATIVE-INFO = Sparkling	1	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Grape flavour, QUALITATIVE-INFO = Sparkling	11	0.1%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, INGREDIENT = Strawberry flavour, QUALITATIVE-INFO = Sparkling	3	0%
Soft drink, flavoured, no fruit, PROCESS = Dilution, INGREDIENT = Strawberry flavour, INGREDIENT = Essences and extracts	1	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Black tea flavour	1	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit flavour	54	0.5%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Melon flavour	1	0%
Soft drink, lemon flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0.1%
Soft drink, lemon flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	15	0.1%
Soft drink, lemon flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	11	0.1%
Soft drink, mango flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%

Soft drink, orange flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	85	0.8%
Soft drink, orange flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	16	0.1%
Soft drink, pineapple flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Soft drink, pineapple flavour, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	4	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Apples, PREPARATION-PRODUCTION-PLACE = Food industry prepared	28	0.3%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Juice, lemon, SWEETENING-AGENT = Refined cane sugar	5	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind	10	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit juice concentrates, INGREDIENT = Bottled drinking water, SWEETENING-AGENT = Sucrose	15	0.1%
Sorbet	1	0%
Sorbet, INGREDIENT = Blackberries	1	0%
Sorbet, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold	1	0%
Sorbet, INGREDIENT = Cream flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold	1	0%
Sorbet, INGREDIENT = Fruit flavour	2	0%
Sorbet, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Sorbet, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold	9	0.1%
Sorbet, INGREDIENT = Mandarins, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Sorbet, INGREDIENT = Peanuts, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold	4	0%
Sorbet, INGREDIENT = Pineapples, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Sorbet, INGREDIENT = Strawberries, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Sorbet, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold	1	0%
Soups (ready-to-eat), INGREDIENT = Rice and vegetables meal	2	0%
Sour cherries	2	0%
Soy sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared	14	0.1%
Soya bean oil, refined	6	0.1%
Soya drink, INGREDIENT = Maize flour, INGREDIENT = Vanilla flavour, QUALITATIVE-INFO = Fortified, INTENDED-USE = Ready-to-eat	1	0%
Soya drink, INGREDIENT = Maize flour, QUALITATIVE-INFO = Fortified, INTENDED-USE = Ready-to-eat	5	0%
Soyabeans sprouts	1	0%
Spearmint	38	0.3%
Spinaches	1	0%



Sponge biscuits, PROCESS = Sugar coating, PREPARATION-PRODUCTION-PLACE = Prepared by bakery	7	0.1%
Sponge cake, INGREDIENT = Vanilla flavour, QUALITATIVE-INFO = Small, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Sponge cake, PROCESS = Filling, INGREDIENT = Baked milk and similar	2	0%
Sponge cake, PROCESS = Filling, INGREDIENT = Strawberries, INGREDIENT = Cream flavour, INGREDIENT = Vanilla flavour	2	0%
Stems/stalks eaten as vegetables, SOURCE = Onion (as plant)	5	0%
Stock cube or granulate, beef, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder	17	0.2%
Stock cubes or granulate, chicken, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder	211	1.9%
Strawberries	43	0.4%
Sugar cotton	2	0%
Sweet and sour sauce	4	0%
Sweet corn, PROCESS = Boiling, QUALITATIVE-INFO = White	1	0%
Sweet corn, PROCESS = Boiling, QUALITATIVE-INFO = Yellow	4	0%
Sweet corn, PROCESS = Cooking in water, QUALITATIVE-INFO = Yellow	1	0%
Sweet corn, QUALITATIVE-INFO = White	10	0.1%
Sweet corn, QUALITATIVE-INFO = Yellow	24	0.2%
Sweet peppers, PROCESS = Frying, PROCESS = Breeding, PROCESS = Filling, INGREDIENT = Prepared meat salad	11	0.1%
Sweet peppers, QUALITATIVE-INFO = Green	11	0.1%
Sweet peppers, QUALITATIVE-INFO = Red	77	0.7%
Swiss chards	4	0%
Syrups, SOURCE-COMMODITIES = Maples (trunk sap)	10	0.1%
Table grapes	1	0%
Tahiti limes	46	0.4%
Tamarind	8	0.1%
Tea extract (powder)	2	0%
Textured soy protein	1	0%
Tomatillos	23	0.2%
Tomato ketchup and related sauces	1	0%
Tomato ketchup and related sauces, PHYSICAL-STATE = Paste	1	0%
Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	111	1%
Tomato paste, PREPARATION-PRODUCTION-PLACE = Food industry prepared	10	0.1%
Tomato paste, PROCESS = Canning / jarring, QUALITATIVE-INFO = Without added salt	5	0%
Tomato-containing cooked sauces	39	0.3%
Tomato-containing cooked sauces, INGREDIENT = Celeries, INGREDIENT = Onions, INGREDIENT = Peppers and similar-, PREPARATION-PRODUCTION-PLACE = Food industry prepared	30	0.3%
Tomato-containing cooked sauces, INGREDIENT = Onions, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%

Tomato-containing cooked sauces, PROCESS = Canning / jarring, INGREDIENT = Cheese, PREPARATION-PRODUCTION-PLACE = Food industry prepared	13	0.1%
Tomato-containing cooked sauces, PROCESS = Canning / jarring, INGREDIENT = Common mushrooms, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Tomato-containing cooked sauces, PROCESS = Stir frying, INGREDIENT = Mixed vegetables	7	0.1%
Tomatoes, QUALITATIVE-INFO = Red	313	2.8%
Tortilla chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	45	0.4%
Tortilla chips, INGREDIENT = Beans (with pods) and similar-, INGREDIENT = Bovine, minced meat, PREPARATION-PRODUCTION-PLACE = Street vendor prepared and/or sold	1	0%
Tortilla chips, INGREDIENT = Cheese flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	27	0.2%
Tortilla chips, PREPARATION-PRODUCTION-PLACE = Food industry prepared	46	0.4%
Tortilla, INGREDIENT = Maize flour	2	0%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent	29	0.3%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, PREPARATION-PRODUCTION-PLACE = Prepared by artisan	587	5.2%
Tortilla, INGREDIENT = Maize flour, QUALITATIVE-INFO = Fortified, PREPARATION-PRODUCTION-PLACE = Food industry prepared, INTENDED-USE = Non-ready-to-eat	1	0%
Tortilla, INGREDIENT = Potatoes	1	0%
Tortilla, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared, INTENDED-USE = Non-ready-to-eat	2	0%
Tortilla, PROCESS = Filling, INGREDIENT = Beans, meat, and vegetables meal	1	0%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-	10	0.1%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Maize flour, INGREDIENT = Cheese	4	0%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour	12	0.1%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Asian-style noodles other than glass noodles	5	0%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Tomato paste	5	0%
Tortilla, PROCESS = Frying, PROCESS = Pulping / mashing, INGREDIENT = Maize flour, INGREDIENT = Avocados	3	0%
Traditional margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 20 % fat	43	0.4%
Traditional margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 80 % fat	182	1.6%
Traditional unleavened breads, INGREDIENT = Maize flour, INGREDIENT = Mammals and birds meat	19	0.2%
Traditional unleavened breads, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, QUALITATIVE-INFO = Soft	1	0%
Traditional unleavened breads, PROCESS = Cooking in water, INGREDIENT = Maize and similar-	2	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Beans (dry) and similar-	2	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Chicken fresh meat	5	0%

Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Mammals and birds meat, INGREDIENT = Chocolate and similar	1	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Pig fresh meat	3	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Mixing, INGREDIENT = Chicken fresh meat, INGREDIENT = Leafy vegetables	1	0%
Turkey fresh meat, PART-CONSUMED-ANALYSED = With skin	1	0%
Turnip tops	1	0%
Unleavened doughs, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, QUALITATIVE-INFO = White/refined	7	0.1%
Various pastry, PROCESS = Filling, INGREDIENT = Baked milk and similar	3	0%
Vegetable fats and oils, edible	338	3%
Vegetables-based cooked sauce, INGREDIENT = Tomatoes, INGREDIENT = Peppers, dried, INGREDIENT = Sesame seeds, QUALITATIVE-INFO = Dark	7	0.1%
Vinegar	6	0.1%
Wafers	9	0.1%
Wafers, INGREDIENT = Chocolate and similar	1	0%
Wafers, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Wafers, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared	30	0.3%
Water snails, conches and whelks, INTENDED-USE = Raw but intended to be eaten cooked	1	0%
Watercresses	4	0%
Watermelons	29	0.3%
Watermelons, PROCESS = Mincing / chopping / cutting	1	0%
Wheat bran rolled flakes	1	0%
Wheat bread and rolls, PROCESS = Sugar coating	119	1.1%
Wheat bread and rolls, brown or wholemeal	1	0%
Wheat bread and rolls, white (refined flour)	6	0.1%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Food industry prepared	9	0.1%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Prepared by bakery	544	4.9%
Wheat bread and rolls, white (refined flour), PROCESS = Toasting / coffee roasting, PHYSICAL-STATE = Slices, steaks or other flat cuts, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Wheat bread and rolls, white (refined flour), PROCESS = Toasting / coffee roasting, PROCESS = Sugar coating	36	0.3%
Wheat coffee ingredient	3	0%
Wheat flour white, QUALITATIVE-INFO = Not fortified	3	0%
Wheat flour, INGREDIENT = Wheat semolina, QUALITATIVE-INFO = Fortified	1	0%
Wheat flour, QUALITATIVE-INFO = Fortified	1	0%
Wheat, popped, INGREDIENT = Foamed sugar products (marshmallows), INGREDIENT = Fruit flavour	4	0%
Wheat, popped, INGREDIENT = Fruit flavour	31	0.3%
White cabbage	15	0.1%

White cabbage, PROCESS = Cooking in water	1	0%
White cabbage, PROCESS = Cooking in water, QUALITATIVE-INFO = Without added salt	4	0%
Yoghurt drinks, including sweetened and/or flavoured variants, INGREDIENT = Coconut flavour	1	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Chocolate flavour	1	0%
Yoghurt, cow milk, flavoured, INGREDIENT = Fruit flavour	12	0.1%
Yoghurt, cow milk, flavoured, INGREDIENT = Strawberry flavour	3	0%

**V26\_A1:****Data file:** data\_anon\_consumption**Overview**

Valid: 19 Invalid: 0

Type: Discrete Width: 26 Range: - Format: character

**Questions and instructions**

## CATEGORIES

Value	Category	Cases	
(common sugar)		15	78.9%
NT = Refined cane sugar		1	5.3%
ned cane sugar		3	15.8%

**FOOD\_AMOUNT\_UNPROC: Food amount (edible) before processing/cooking (raw amount) (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**FOOD\_AMOUNT\_CONS: Food amount (edible) as consumed by the participant (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## FOOD\_AMOUNT\_REPORTED: Food amount (edible) as reported in the survey (g)

Data file: data\_anon\_consumption

### Overview

Valid: 11186    Invalid: 0    Minimum: 0    Maximum: 2000    Mean: 56.452    Standard deviation: 86.784  
 Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 2000    Format: Numeric

## ENERGY\_KCAL: Energy (kcal)

Data file: data\_anon\_consumption

### Overview

Valid: 11186    Invalid: 0    Minimum: 0    Maximum: 1860    Mean: 84.525    Standard deviation: 109.624  
 Type: Continuous    Decimal: 0    Width: 8    Range: 0 - 1860    Format: Numeric

## WATER\_G: Water (g)

Data file: data\_anon\_consumption

### Overview

Valid: 0    Invalid: 11186  
 Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## PROTEIN\_G: Protein (g)

Data file: data\_anon\_consumption

### Overview

Valid: 10847    Invalid: 339    Minimum: 0    Maximum: 98.7    Mean: 2.858    Standard deviation: 5.289  
 Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 98.7    Format: Numeric

**A\_PROT\_G: Animal protein (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**V\_PROT\_G: Vegetal protein (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**CARBOH\_G: Carbohydrates (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 11133 Invalid: 53 Minimum: 0 Maximum: 210.51 Mean: 12.601 Standard deviation: 18.259

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 210.51 Format: Numeric

**SUGAR\_G: Total sugars (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### FIBTG\_G: Fibre total dietary (g)

Data file: data\_anon\_consumption

#### Overview

Valid: 9157 Invalid: 2029 Minimum: 0 Maximum: 26.5 Mean: 0.822 Standard deviation: 1.656  
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 26.5 Format: Numeric

### ALCOHOL\_G: Alcohol (g)

Data file: data\_anon\_consumption

#### Overview

Valid: 0 Invalid: 11186  
 Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### FAT\_G: Fat (g)

Data file: data\_anon\_consumption

#### Overview

Valid: 11149 Invalid: 37 Minimum: 0 Maximum: 166 Mean: 2.686 Standard deviation: 5.988  
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 166 Format: Numeric

### SAT\_FAT\_G: Saturated fat (g)

Data file: data\_anon\_consumption

#### Overview

Valid: 9350 Invalid: 1836 Minimum: 0 Maximum: 62.78 Mean: 0.928 Standard deviation: 2.443  
 Type: Continuous Decimal: 2 Width: 8 Range: 0 - 62.78 Format: Numeric

**MUFA\_G: Monounsaturated fat (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 9130   Invalid: 2056   Minimum: 0   Maximum: 107.9   Mean: 1.162   Standard deviation: 2.812  
 Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 107.9   Format: Numeric

**PUFA\_G: Poly-unsaturated fat (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 9132   Invalid: 2054   Minimum: 0   Maximum: 24.262   Mean: 0.508   Standard deviation: 1.237  
 Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 24.262   Format: Numeric

**TFA\_G: Trans fatty acid (g)****Data file:** data\_anon\_consumption**Overview**

Valid: 0   Invalid: 11186  
 Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**CHOL\_MG: Cholesterol (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 9346   Invalid: 1840   Minimum: 0   Maximum: 863.6   Mean: 16.532   Standard deviation: 62.098  
 Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 863.6   Format: Numeric

**CALC\_MG: Calcium (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 11052   Invalid: 134   Minimum: 0   Maximum: 4322   Mean: 32.23   Standard deviation: 104.864  
 Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 4322   Format: Numeric



**IRON\_MG: Iron (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 10993	Invalid: 193	Minimum: 0	Maximum: 1026.66	Mean: 1.969	Standard deviation: 24.122
Type: Continuous	Decimal: 2	Width: 8	Range: 0 - 1026.66	Format: Numeric	

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**ZINC\_MG: Zinc (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 8604	Invalid: 2582	Minimum: 0	Maximum: 20.48	Mean: 0.379	Standard deviation: 0.877
Type: Continuous	Decimal: 2	Width: 8	Range: 0 - 20.48	Format: Numeric	

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**MG\_MG: Magnesium (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 7157	Invalid: 4029	Minimum: 0	Maximum: 818	Mean: 11.475	Standard deviation: 22.32
Type: Continuous	Decimal: 0	Width: 8	Range: 0 - 818	Format: Numeric	

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**PHOS\_MG: Phosphorus (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 10820	Invalid: 366	Minimum: 0	Maximum: 2910	Mean: 46.562	Standard deviation: 93.446
Type: Continuous	Decimal: 0	Width: 8	Range: 0 - 2910	Format: Numeric	

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**POTA\_MG: Potassium (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 8624	Invalid: 2562	Minimum: 0	Maximum: 8838	Mean: 106.322	Standard deviation: 224.771
Type: Continuous	Decimal: 0	Width: 8	Range: 0 - 8838	Format: Numeric	

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**NA\_MG: Sodium (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 8797	Invalid: 2389	Minimum: 0	Maximum: 11627	Mean: 110.402	Standard deviation: 297.102
Type: Continuous	Decimal: 0	Width: 8	Range: 0 - 11627	Format: Numeric	

**CU\_MG: Copper (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**IOD\_MCG: Iodine (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**SE\_MCG: Selenium (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**MN\_MG: Manganese (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VITC\_MG: Vitamin C (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 10208 Invalid: 978 Minimum: 0 Maximum: 514.68 Mean: 4.656 Standard deviation: 16.211

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 514.68 Format: Numeric

**THIA\_MG: Thiamine (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 10951 Invalid: 235 Minimum: 0 Maximum: 108 Mean: 0.104 Standard deviation: 2.062

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 108 Format: Numeric

**RIBO\_MG: Riboflavin (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 10894 Invalid: 292 Minimum: 0 Maximum: 4.537 Mean: 0.0743 Standard deviation: 0.187

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 4.537 Format: Numeric

**NIAC\_MG: Niacin (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 10943 Invalid: 243 Minimum: 0 Maximum: 70.425 Mean: 0.741 Standard deviation: 1.828

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 70.425 Format: Numeric

**VITB5\_MG: Vitamin B5 (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VITB6\_MG: Vitamin B6 (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 8535 Invalid: 2651 Minimum: 0 Maximum: 120 Mean: 0.148 Standard deviation: 2.597

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 120 Format: Numeric

**FOLDFE\_MCG: Folate (Âµg/mcg DFE)****Data file:** data\_anon\_consumption**Overview**

Valid: 6882 Invalid: 4304 Minimum: 0 Maximum: 1049 Mean: 21 Standard deviation: 60.972

Type: Continuous Decimal: 0 Width: 8 Range: 0 - 1049 Format: Numeric

**FOL\_MCG: Folate, total (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**FOLFD\_MCG: Folate food, naturally occurring food folates (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**FOLFRE\_MCG: Folate, free (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**FOLAC\_MCG: Folic acid (synthetic) (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VITB12\_MCG: Vitamin B12 (Âµg/mcg)****Data file:** data\_anon\_consumption

**Overview**

Valid: 8130   Invalid: 3056   Minimum: 0   Maximum: 68.19   Mean: 0.213   Standard deviation: 1.312  
 Type: Continuous   Decimal: 2   Width: 8   Range: 0 - 68.19   Format: Numeric

**VITA\_RAE\_MCG: Vitamin A (Âµg/mcg RAE)**

**Data file:** data\_anon\_consumption

**Overview**

Valid: 10643   Invalid: 543   Minimum: 0   Maximum: 9294   Mean: 43.932   Standard deviation: 197.236  
 Type: Continuous   Decimal: 0   Width: 8   Range: 0 - 9294   Format: Numeric

**VITA\_RE\_MCG: Vitamin A (Âµg/mcg RE)**

**Data file:** data\_anon\_consumption

**Overview**

Valid: 0   Invalid: 11186  
 Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**BCAROT\_MCG: Beta-carotene (Âµg/mcg)**

**Data file:** data\_anon\_consumption

**Overview**

Valid: 0   Invalid: 11186  
 Type: Discrete   Decimal: 0   Width: 8   Range: -   Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**RETOL\_MCG: Retinol (Âµg/mcg)**

**Data file:** data\_anon\_consumption

**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VITD\_MCG: Vitamin D (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VITE\_MG: Vitamin E, alpha-tocopherol equivalents (mg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

**Questions and instructions**

## CATEGORIES

Value	Category
Sysmiss	

**VITK\_MCG: Vitamin K (Âµg/mcg)****Data file:** data\_anon\_consumption**Overview**

Valid: 0 Invalid: 11186

Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## PHY\_MG: Phytate, total (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 0    Invalid: 11186

Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## VERSION: Version

Data file: data\_anon\_consumption

### Overview

Valid: 1    Invalid: 0

Type: Discrete    Width: 12    Range: -    Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
23 June 2023		1	100%



# study\_resources

## technical\_documents

### Codebook

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title	Codebook
filename	fao_who_gift_code_book_fam.xlsx

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