

# Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

**Dr. Manolo Mazariegos**

report\_generated\_on: October 30, 2024

visit\_data\_catalog\_at: <https://microdata.worldbank.org/index.php>

## Identification

### SURVEY ID NUMBER

GTM\_2016\_CSIBBAANE\_v01\_M\_v01\_A\_ESS

### TITLE

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

### ABBREVIATION OR ACRONYM

CSIBBAANE 2016

### COUNTRY/ECONOMY

Name	Country code
Guatemala	GTM

### STUDY TYPE

Individual Food Consumption/Dietary Survey [hh/ifcs]

### ABSTRACT

Establish the nutritional status of iron, food consumption, and iron consumption prior to the start of the intervention with biofortified beans in all adolescent women between 10 and 16 years old participating in the study.

### KIND OF DATA

Sample survey data [ssd]

### UNIT OF ANALYSIS

Individuals

## Scope

### NOTES

The survey collected information on:

- SUBJECTS: information on the participants such as age, sex and geographical location.
- CONSUMPTION: information on all foods consumed by each participant in each survey day, including quantities and nutrient values.

The population group covered in the dataset was adolescent women between 10 and 16 years old.

## Coverage

### GEOGRAPHIC COVERAGE

Sub-national coverage, only rural areas.

## Producers and sponsors

### PRIMARY INVESTIGATORS

Name	Affiliation
Dr. Manolo Mazariegos	Institute of Nutrition of Central America and Panama (INCAP)

## Sampling

## SAMPLING PROCEDURE

A census was carried out in which 3,000 families who met the inclusion criteria of the study were identified. Of these, 2,100 families with adolescent females were randomly selected. It is an effectiveness study on the use and consumption of an improved bean variety with high iron content in a population of adolescents from the eastern region of Guatemala. In the preparatory phase of the study, a census was carried out to identify the municipalities, communities that met the study selection criteria:

- Rural population with extensive experience and capacity to produce beans - that is, with access to land for bean production
- Regular consumption of high beans;
- High prevalence (%) of chronic malnutrition ("short stature") and anemia in children under 5 years of age;
- Municipalities with vulnerable populations according to indices of food and nutritional insecurity;
- Relatively low presence of other interruptions (social programs) with a demonstrated or demonstrable effect on the prevalence of anemia and/or chronic malnutrition.

From the total of preselected communities, a subsample of 120 communities was taken and in these 2100 families with adolescent women between 10 and 18 years of age were selected. This population was selected because, according to statistics, the group of women of childbearing age (including adolescents) is a population with high vulnerability to iron deficiency (14.5%, Maternal and Child Health Survey 2014-15).

Data collection was performed through home visits. The selected families were notified by local leaders of the arrival of the study staff. To identify the families selected in the communities, the study staff had a list with a contact and address, with which they visited each of the families on the list until the sample was completed. The main informant was the adolescent in the presence of her mother or head of the household.

## WEIGHTING

No surveys weight were used in this survey.

## Data collection

### DATES OF DATA COLLECTION

Start	End
2016-08-22	2016-10-28

### DATA COLLECTION MODE

Face-to-face [f2f]

### DATA COLLECTION NOTES

The dietary assessment method was the 24-hour reminder on the day prior to the visit. This instrument included aspects of household identification, family composition, reliability of the information, meal times, preparations, ingredients, home unit of measure, quantity prepared, number of servings, portions consumed and portions not consumed, and leftovers. The survey covered both week days and weekends. No repeated recalls. In addition, a survey was conducted on health and dietary practices, specifically related to the consumption of beans and other sources of iron in the diet.

## Access policy

### CONTACTS

Email
fao-who-gift@fao.org

### CONFIDENTIALITY

The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO.

### ACCESS CONDITIONS

Users requesting access to FAO datasets must agree to the following minimal conditions:

- The micro dataset will only be used for statistical and/or research purposes;
- Any results derived from the micro dataset will be used solely for reporting aggregated information, and not for any specific

individual entities or data subjects;

- The users shall not take any action with the purpose of identifying any individual entity (i.e. person, household, enterprise, etc.) in the micro dataset(s). If such a disclosure is made inadvertently, no use will be made of the information, and it will be reported immediately to FAO;
- The micro dataset cannot be re-disseminated by users or shared with anyone other than the individuals that are granted access to the micro dataset by FAO.

#### CITATION REQUIREMENTS

Institute of Nutrition of Central America And Panama (INCAP) & HarvestPlus/ IFPRI; Guatemala, 2017; Impact evaluation of an agriculture intervention in rural Eastern Guatemala (Biofortified High Iron Beans). (2017)

## Disclaimer and copyrights

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#### DISCLAIMER

The user of the data acknowledges that the original collector of the data, the authorized distributor of the data, and the relevant funding agency bear no responsibility for use of the data or for interpretations or inferences based upon such uses

## Metadata production

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#### DDI DOCUMENT ID

DDI\_GTM\_2016\_CSIBBAANE\_v01\_M\_v01\_A\_ESS\_FAO

#### PRODUCERS

Name	Abbreviation	Affiliation	Role
Victoria Paduladequadros		Food and Agriculture Organization	Metadata producer
Oluwakayode Anidi		Food and Agriculture Organization	Metadata adapted for FAM
Development Economics Data Group	DECDG	The World Bank	Metadata adapted for World Bank Microdata Library

#### DDI DOCUMENT VERSION

Identical to a metadata (GTM\_2016\_CSIBBAANE\_v01\_EN\_M\_v01\_A\_ESS) published on FAO microdata repository (<https://microdata.fao.org/index.php/catalog>). Some of the metadata fields have been edited.

## data\_dictionary

Data file	Cases	variables
data_anon_subjects	2082	23
data_anon_consumption	47861	78



**Data file: data\_anon\_subjects**

Cases: 2082

variables: 23

**variables**

ID	Name	Label	Question
V125	ADM0_NAME	Country	
V126	ADM1_NAME	Region	
V127	ADM2_NAME	Subregion	
V128	WEIGHTING_FACTOR	Weight factor	
V129	AREA_TYPE	Area	
V130	HOUSEHOLD	ID Household	
V131	SUBJECT	ID Subject	
V132	ROUND	Round	
V133	SEX	Sex	
V134	AGE_YEAR	Age (years)	
V135	ANT_DAY	Day of measurement	
V136	ANT_MONTH	Month of measurement	
V137	ANT_YEAR	Year of measurement	
V138	WEIGHT	Weight (kg)	
V139	HEIGHT	Height (cm)	
V140	METHOD_WEIGHT	Method for body weight measurement	
V141	METHOD_HEIGHT	Method for height measurement	
V142	SPECIAL_DIET	Special diet	
V143	PREG_LACT	Pregnant/lactating	
V144	BREASTFEEDING	Breastfeeding	
V145	UNOVERREP	Under/over reporters for energy	
V146	ACTIVITY	PAL	
V147	VERSION	Version	

total: 23

**Data file: data\_anon\_consumption**

Cases: 47861

variables: 78

**variables**

ID	Name	Label	Question
V148	SUBJECT	Subject identification	
V149	ROUND	Round	
V150	SURVEY_DAY	Day number	
V151	RESPONDER	Responder	
V152	SEASON	Season of the year	
V153	CONSUMPTION_DAY	Day of consumption	
V154	CONSUMPTION_MONTH	Month of consumption	
V155	CONSUMPTION_YEAR	Year of consumption	
V156	WEEK_DAY	Week day of consumption	
V157	EXCEPTION_DAY	Exceptional diet the day of consumption	
V158	CONSUMPTION_TIME_HOUR	Time of consumption (hours)	
V159	CONSUMPTION_TIME_MINUTES	Time of consumption (minutes)	
V160	MEAL_NAME	Eating occasion	
V161	PLACE	Place of consumption	
V162	FOOD_TYPE	Type of the eating occasion	
V163	RECIPE_CODE	ID Recipe	
V164	RECIPE_DESCR	Recipe description in local language (other than English)	
V165	RECIPE_DESCR_ENG	Recipe description in English	
V166	FOODEX2_RECIPE_CODE	FoodEx2 recipe code	
V167	FOODEX2_RECIPE_DESCR	FoodEx2 recipe description	
V168	v20_a1		
V169	AMOUNT_RECIPE	Amount recipe consumed (g)	
V170	CODE_INGREDIENT	Original ingredient code	
V171	INGREDIENT	Food item or Ingredient description in local language (other than English)	
V172	INGREDIENT_ENG	Food item or Ingredient description in English	
V173	FOODEX2 INGR_CODE	FoodEx2 ingredient code	
V174	FOODEX2 INGR_DESCR	FoodEx2 ingredient description	
V175	v26_a1		
V176	FOOD_AMOUNT_UNPROC	Food amount (edible) before processing/cooking (raw amount) (g)	
V177	FOOD_AMOUNT_CONS	Food amount (edible) as consumed by the participant (g)	
V178	FOOD_AMOUNT_REPORTED	Food amount (edible) as reported in the survey (g)	
V179	ENERGY_kcal	Energy (kcal)	
V180	WATER_g	Water (g)	
V181	PROTEIN_g	Protein (g)	
V182	A_PROT_g	Animal protein (g)	
V183	V_PROT_g	Vegetal protein (g)	
V184	CARBOH_g	Carbohydrates (g)	
V185	SUGAR_g	Total sugars (g)	

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ID	Name	Label	Question
V186	FIBTG_g	Fibre total dietary (g)	
V187	ALCOHOL_g	Alcohol (g)	
V188	FAT_g	Fat (g)	
V189	SAT_FAT_g	Saturated fat (g)	
V190	MUFA_g	Monounsaturated fat (g)	
V191	PUFA_g	Poly-unsaturated fat (g)	
V192	TFA_g	Trans fatty acid (g)	
V193	CHOL_mg	Cholesterol (mg)	
V194	CALC_mg	Calcium (mg)	
V195	IRON_mg	Iron (mg)	
V196	ZINC_mg	Zinc (mg)	
V197	MG_mg	Magnesium (mg)	
V198	PHOS_mg	Phosphorus (mg)	
V199	POTA_mg	Potassium (mg)	
V200	NA_mg	Sodium (mg)	
V201	CU_mg	Copper (mg)	
V202	IOD_mcg	Iodine (Åµg/mcg)	
V203	SE_mcg	Selenium (Åµg/mcg)	
V204	MN_mg	Manganese (mg)	
V205	VITC_mg	Vitamin C (mg)	
V206	THIA_mg	Thiamine (mg)	
V207	RIBO_mg	Riboflavin (mg)	
V208	NIAC_mg	Niacin (mg)	
V209	VITB5_mg	Vitamin B5 (mg)	
V210	VITB6_mg	Vitamin B6 (mg)	
V211	FOLDFE_mcg	Folate (Åµg/mcg DFE)	
V212	FOL_mcg	Folate, total (Åµg/mcg)	
V213	FOLFD_mcg	Folate food, naturally occuring food folates (Åµg/mcg)	
V214	FOLFRE_mcg	Folate, free (Åµg/mcg)	
V215	FOLAC_mcg	Folic acid (synthetic) (Åµg/mcg)	
V216	VITB12_mcg	Vitamin B12 (Åµg/mcg)	
V217	VITA_RAE_mcg	Vitamin A (Åµg/mcg RAE)	
V218	VITA_RE_mcg	Vitamin A (Åµg/mcg RE)	
V219	BCAROT_mcg	Beta-carotene (Åµg/mcg)	
V220	RETOL_mcg	Retinol (Åµg/mcg)	
V221	VITD_mcg	Vitamin D (Åµg/mcg)	
V222	VITE_mg	Vitamin E, alpha-tocopherol equivalents (mg)	
V223	VITK_mcg	Vitamin K (Åµg/mcg)	
V224	PHY_mg	Phytate, total (mg)	
V225	VERSION	Version	

total: 78



## ADM0\_NAME: Country

Data file: data\_anon\_subjects

### Overview

Valid: 2082 Invalid: 0  
Type: Discrete Width: 9 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
Guatemala		2082	100%

## ADM1\_NAME: Region

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## ADM2\_NAME: Subregion

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## WEIGHTING\_FACTOR: Weight factor

Data file: data\_anon\_subjects

## Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## AREA\_TYPE: Area

Data file: data\_anon\_subjects

## Overview

Valid: 2082 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		2082	100%

## HOUSEHOLD: ID Household

Data file: data\_anon\_subjects

## Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## SUBJECT: ID Subject

Data file: data\_anon\_subjects

## Overview

Valid: 2082 Invalid: 0 Minimum: 1 Maximum: 2082 Mean: 1041.5 Standard deviation: 601.166

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Type: Continuous    Decimal: 0    Width: 8    Range: 1 - 2082    Format: Numeric

## ROUND: Round

Data file: data\_anon\_subjects

### Overview

Valid: 2082    Invalid: 0    Minimum: 1    Maximum: 1    Mean: 1    Standard deviation: 0  
Type: Discrete    Decimal: 0    Width: 8    Range: 1 - 1    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		2082	100%

## SEX: Sex

Data file: data\_anon\_subjects

### Overview

Valid: 2082    Invalid: 0    Minimum: 2    Maximum: 2    Mean: 2    Standard deviation: 0  
Type: Discrete    Decimal: 0    Width: 8    Range: 2 - 2    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2		2082	100%

## AGE\_YEAR: Age (years)

Data file: data\_anon\_subjects

### Overview

Valid: 2082    Invalid: 0    Minimum: 10    Maximum: 19    Mean: 13.725    Standard deviation: 2.002  
Type: Discrete    Decimal: 0    Width: 8    Range: 10 - 19    Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
10		60	2.9%
11		303	14.6%

12		310	14.9%
13		277	13.3%
14		345	16.6%
15		305	14.6%
16		292	14%
17		178	8.5%
18		9	0.4%
19		3	0.1%

## ANT\_DAY: Day of measurement

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## ANT\_MONTH: Month of measurement

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## ANT\_YEAR: Year of measurement

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## WEIGHT: Weight (kg)

Data file: data\_anon\_subjects

### Overview

Valid: 0    Invalid: 2082  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## HEIGHT: Height (cm)

Data file: data\_anon\_subjects

### Overview

Valid: 0    Invalid: 2082  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## METHOD\_WEIGHT: Method for body weight measurement

Data file: data\_anon\_subjects

### Overview

Valid: 0    Invalid: 2082  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## METHOD\_HEIGHT: Method for height measurement

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## SPECIAL\_DIET: Special diet

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## PREG\_LACT: Pregnant/lactating

Data file: data\_anon\_subjects

### Overview

Valid: 2082 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		2082	100%

## BREASTFEEDING: Breastfeeding

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## UNOVERREP: Under/over reporters for energy

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## ACTIVITY: PAL

Data file: data\_anon\_subjects

### Overview

Valid: 0 Invalid: 2082

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

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### CATEGORIES

Value	Category
Sysmiss	

### VERSION: Version

Data file: data\_anon\_subjects

### Overview

Valid: 1    Invalid: 0

Type: Discrete    Width: 12    Range: -    Format: character

## Questions and instructions

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### CATEGORIES

Value	Category	Cases	
29 June 2023		1	100%

## SUBJECT: Subject identification

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 2082 Mean: 1043.301 Standard deviation: 604.591  
Type: Continuous Decimal: 0 Width: 8 Range: 1 - 2082 Format: Numeric

## ROUND: Round

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		47861	100%

## SURVEY\_DAY: Day number

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 1 Mean: 1 Standard deviation: 0  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 1 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		47861	100%

## RESPONDER: Responder

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## SEASON: Season of the year

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0  
Type: Discrete Width: 5 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
Rainy		47861	100%

## CONSUMPTION\_DAY: Day of consumption

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 31 Mean: 15.472 Standard deviation: 9.985  
Type: Continuous Decimal: 0 Width: 8 Range: 1 - 31 Format: Numeric

## CONSUMPTION\_MONTH: Month of consumption

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 8 Maximum: 10 Mean: 9.079 Standard deviation: 0.674  
Type: Discrete Decimal: 0 Width: 8 Range: 8 - 10 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
8		9141	19.1%
9		25796	53.9%
10		12924	27%

## CONSUMPTION\_YEAR: Year of consumption

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 2016 Maximum: 2016 Mean: 2016 Standard deviation: 0  
Type: Discrete Decimal: 0 Width: 8 Range: 2016 - 2016 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
2016		47861	100%

## WEEK\_DAY: Week day of consumption

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 7 Mean: 3.961 Standard deviation: 2.049  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 7 Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
1		7120	14.9%
2		7279	15.2%
3		7190	15%
4		6649	13.9%
5		6088	12.7%
6		5441	11.4%
7		8094	16.9%

## EXCEPTION\_DAY: Exceptional diet the day of consumption

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 2 Mean: 1.011 Standard deviation: 0.105  
Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		47327	98.9%
2		534	1.1%

## CONSUMPTION\_TIME\_HOUR: Time of consumption (hours)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## CONSUMPTION\_TIME\_MINUTES: Time of consumption (minutes)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## MEAL\_NAME: Eating occasion

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 5 Mean: 3.083 Standard deviation: 1.476

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 5 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		10887	22.7%
2		4523	9.5%
3		15334	32%
4		3977	8.3%
5		13140	27.5%

### PLACE: Place of consumption

Data file: data\_anon\_consumption

#### Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### FOOD\_TYPE: Type of the eating occasion

Data file: data\_anon\_consumption

#### Overview

Valid: 47861 Invalid: 0 Minimum: 1 Maximum: 2 Mean: 1.669 Standard deviation: 0.471

Type: Discrete Decimal: 0 Width: 8 Range: 1 - 2 Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
1		15839	33.1%
2		32022	66.9%

### RECIPE\_CODE: ID Recipe

Data file: data\_anon\_consumption

## Overview

Valid: 32022    Invalid: 15839    Minimum: 1    Maximum: 1278    Mean: 434.509    Standard deviation: 348.911  
Type: Continuous    Decimal: 0    Width: 8    Range: 1 - 1278    Format: Numeric

---

## RECIPE\_DESCR: Recipe description in local language (other than English)

Data file: data\_anon\_consumption

### Overview

Valid: 32022    Invalid: 0  
Type: Discrete    Width: 83    Range: -    Format: character

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## RECIPE\_DESCR\_ENG: Recipe description in English

Data file: data\_anon\_consumption

### Overview

Valid: 32022  
Type: Discrete    Width: 110    Range: -    Format: character

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## FOODEX2\_RECIPE\_CODE: FoodEx2 recipe code

Data file: data\_anon\_consumption

### Overview

Valid: 32022    Invalid: 0  
Type: Discrete    Width: 95    Range: -    Format: character

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## FOODEX2\_RECIPE\_DESCR: FoodEx2 recipe description

Data file: data\_anon\_consumption

### Overview

Valid: 32022  
Type: Discrete    Width: 255    Range: -    Format: character

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## V20\_A1:

Data file: data\_anon\_consumption

### Overview

Valid: 1392  
Type: Discrete    Width: 143    Range: -    Format: character

## Questions and instructions

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## CATEGORIES

Value	Category	Cases	
= Asian-style noodles other than glass noodles		6	0.4%
= Salt, INGREDIENT = Vegetable fats and oils, edible		5	0.4%
= Stock cubes or granulate, chicken, INGREDIENT = Soy sauce		24	1.7%
Dried pasta, INGREDIENT = Leafy vegetables		11	0.8%
EDIENT = Mayonnaise sauce		5	0.4%
EETENING-AGENT = Refined cane sugar		12	0.9%
ENT = Chayote fruits, INGREDIENT = Beef flavour		2	0.1%
ENT = Chicken flavour, INGREDIENT = Avocados, INGREDIENT = Coriander leaves, INGREDIENT = Juice, lemon		4	0.3%
ENT = Chicken flavour, INGREDIENT = Coriander leaves		2	0.1%
ENT = Chicken flavour, INGREDIENT = Hen eggs, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes		5	0.4%
ENT = Chicken flavour, INGREDIENT = Leafy vegetables		22	1.6%
ENT = Chicken flavour, INGREDIENT = Nightshade, black		12	0.9%
ENT = Chicken flavour, INGREDIENT = Other edible flowers, INGREDIENT = Hen eggs, INGREDIENT = Salt		5	0.4%
ENT = Drinking water, INGREDIENT = Soups (dry mixture uncooked)		5	0.4%
GREDIENT = Cinnamon bark, SWEETENING-AGENT = Refined cane sugar, QUALITATIVE-INFO = Fortified		568	40.8%
GREDIENT = Tomato-containing cooked sauces		4	0.3%
IEN = Mayonnaise sauce		4	0.3%
IEN = Tomato ketchup and related sauces		20	1.4%
Juice, lemon, INGREDIENT = Salt		6	0.4%
NGREDIENT = Juice, lemon		4	0.3%
NGREDIENT = Pumpkins		3	0.2%
NT = Onions		4	0.3%
NT = Refined cane sugar		12	0.9%
REDIENT = Cow milk, whole, SWEETENING-AGENT = Refined cane sugar, QUALITATIVE-INFO = Fortified		144	10.3%
REDIENT = Herbs/spices sauces, INGREDIENT = Tomato ketchup and related sauces		6	0.4%
Salt		10	0.7%
Salt, INGREDIENT = Seasoning mixes		6	0.4%
T = Drinking water, INGREDIENT = Leafy vegetables, INGREDIENT = Sesame seeds		20	1.4%
T = Other edible flowers		11	0.8%
T = Vegetable fats and oils, edible		10	0.7%
T = Vegetable fats and oils, edible, INGREDIENT = Traditional margarine		20	1.4%
Tomatoes, INGREDIENT = Onions		20	1.4%
cheese		8	0.6%
cken, INGREDIENT = Salt, INGREDIENT = Dried pasta		25	1.8%

d oils, edible, INGREDIENT = Salt	35	2.5%
dry, INGREDIENT = Chicken flavour	14	1%
e	8	0.6%
ed sauces	6	0.4%
ed sauces, INGREDIENT = Fresh uncured cheese, INGREDIENT = Herbs/spices sauces	5	0.4%
ed sauces, INGREDIENT = Herbs/spices sauces	3	0.2%
en food	120	8.6%
er than glass noodles, INGREDIENT = Mixed vegetables	32	2.3%
er than glass noodles, INGREDIENT = Mixed vegetables, INGREDIENT = Chili peppers	4	0.3%
er than glass noodles, INGREDIENT = Onion bulbs for fresh consumption, INGREDIENT = Tomatoes, INGREDIENT = Epazote, INGREDIENT = Fish (meat)	7	0.5%
er than glass noodles, INGREDIENT = Tomatoes, INGREDIENT = Salt	3	0.2%
er, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Chicken flavour	2	0.1%
er, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Chicken flavour, INGREDIENT = Coriander leaves	6	0.4%
er, INGREDIENT = Meat/poultry soup, dry, INGREDIENT = Chicken flavour, INGREDIENT = Coriander leaves, INGREDIENT = Tomatoes	8	0.6%
efined cane sugar	12	0.9%
le flowers	6	0.4%
networks, proxies)	11	0.8%
Pods) and similar-, INGREDIENT = Chayote fruits, INGREDIENT = Potatoes	13	0.9%
saucos	11	0.8%
saucos, INGREDIENT = Fresh uncured cheese	30	2.2%
saucos, INGREDIENT = Fresh uncured cheese, INGREDIENT = Beans (dry) and similar-	5	0.4%
saucos, INGREDIENT = Fresh uncured cheese, INGREDIENT = Herbs/spices sauces	4	0.3%
saucos, INGREDIENT = Fresh uncured cheese, INGREDIENT = Mayonnaise sauce	5	0.4%
t	5	0.4%
uce	4	0.3%
xed vegetables, INGREDIENT = Drinking water	8	0.6%

## AMOUNT\_RECIPES: Amount recipe consumed (g)

Data file: data\_anon\_consumption

### Overview

Valid: 32022 Invalid: 15839 Minimum: 0 Maximum: 1310.7 Mean: 105.591 Standard deviation: 108.916  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 1310.7 Format: Numeric

## CODE\_INGREDIENT: Original ingredient code

Data file: data\_anon\_consumption

## Overview

Valid: 47861 Invalid: 0

Type: Discrete Width: 9 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
10008		6	0%
10009		8	0%
1001		131	0.3%
10010		1	0%
10014		60	0.1%
10015		4	0%
10016		23	0%
10017		1	0%
10018		5	0%
1002		11	0%
1003		17	0%
10034		33	0.1%
1008		3	0%
1009		1	0%
1012		1	0%
1013		2	0%
1015		445	0.9%
1016		99	0.2%
1019		1	0%
1026		4	0%
1028		67	0.1%
1029		27	0.1%
1030		140	0.3%
1031		8	0%
1038		28	0.1%
1042		9	0%
1043		2	0%
1046		1	0%
1048		1	0%
11005		19	0%
11006		6	0%
11009		4	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

11010	62	0.1%
11015	1	0%
11018	8	0%
11019	6	0%
11020	80	0.2%
11021	127	0.3%
11022	4	0%
11023	2	0%
11025	2	0%
11026	13	0%
11027	13	0%
11036	1886	3.9%
11037	5	0%
11038	31	0.1%
11039	5	0%
11040	470	1%
11043	5	0%
11047	410	0.9%
11048	15	0%
11049	2	0%
11051	2	0%
11053	19	0%
11057	57	0.1%
11058	191	0.4%
11060	61	0.1%
11061	56	0.1%
11062	21	0%
11065	45	0.1%
11067	4	0%
11068	213	0.4%
11071	37	0.1%
11072	1	0%
11074	10	0%
11075	2	0%
11076	1	0%
11077	157	0.3%
11078	37	0.1%
11086	4	0%
11092	103	0.2%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

11093		126	0.3%
11095		1	0%
11100		1	0%
11105		27	0.1%
11106		15	0%
11108		167	0.3%
11113		28	0.1%
11114		4	0%
11122		6	0%
11124		10	0%
11126		6	0%
11127		26	0.1%
11128		1	0%
11130		410	0.9%
11131		15	0%
11138		35	0.1%
11140		2	0%
11142		8	0%
11144		27	0.1%
11147		7	0%
11150		123	0.3%
11151		39	0.1%
11157		1594	3.3%
11164		6	0%
11167		17	0%
11169		12	0%
11170		230	0.5%
11171		15	0%
12008		63	0.1%
12009		3	0%
12010		29	0.1%
12018		20	0%
12021		1	0%
12030		3	0%
12031		1	0%
12033		3	0%
12035		3	0%
12036		30	0.1%
12038		3	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

12039		1	0%
12042		6	0%
12050		1	0%
12052		16	0%
12053		10	0%
12056		6	0%
12058		13	0%
12065		2	0%
12066		117	0.2%
12067		145	0.3%
12068		13	0%
12071		5	0%
12073		503	1.1%
12076		3	0%
12077		1	0%
12080		9	0%
12081		1	0%
12084		2	0%
12085		1	0%
12086		31	0.1%
12087		2	0%
12092		5	0%
12096		2	0%
12102		8	0%
12103		27	0.1%
12105		17	0%
12106		1	0%
12107		1	0%
12110		6	0%
12112		5	0%
12115		1	0%
12119		1	0%
12122		1	0%
12125		25	0.1%
12126		5	0%
12130		60	0.1%
12134		4	0%
12136		1	0%
12138		20	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

12144		2	0%
12145		1	0%
12158		14	0%
12160		1	0%
13004		406	0.8%
13005		34	0.1%
13008		60	0.1%
13009		11	0%
13010		1	0%
13015		36	0.1%
13016		115	0.2%
13017		1	0%
13018		10	0%
13020		1	0%
13021		10	0%
13025		6	0%
13027		9	0%
13028		13	0%
13031		6	0%
13032		68	0.1%
13035		7	0%
13036		1	0%
13037		5	0%
13038		16	0%
13039		2	0%
13041		19	0%
13043		2	0%
13044		1	0%
13050		8	0%
13055		105	0.2%
13056		3	0%
13057		10	0%
13058		3	0%
13059		1	0%
13060		198	0.4%
13062		1	0%
13073		3	0%
13075		150	0.3%
13082		2	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

13083		1	0%
13086		7	0%
13088		4	0%
13103		1	0%
13106		20	0%
13113		91	0.2%
13114		10	0%
13115		19	0%
14001		5	0%
14002		20	0%
14003		1	0%
14004		10	0%
14005		1	0%
14007		69	0.1%
14009		1	0%
14010		33	0.1%
14011		28	0.1%
14014		26	0.1%
14016		7	0%
14020		3	0%
14021		6	0%
14030		9	0%
14040		1	0%
14043		6	0%
14044		10	0%
14046		2	0%
14047		4	0%
14052		151	0.3%
14058		11	0%
14067		1	0%
14076		1	0%
14080		4	0%
15001		7	0%
15002		4638	9.7%
15003		10	0%
15005		4	0%
15006		4	0%
15007		15	0%
15008		28	0.1%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

15009		1	0%
15011		1	0%
15012		1	0%
15014		2	0%
15019		7	0%
15023		2	0%
15024		10	0%
16007		1	0%
16010		1735	3.6%
16012		20	0%
16013		5	0%
16015		1	0%
16016		2	0%
16018		98	0.2%
16021		194	0.4%
16025		2	0%
17010		1	0%
17016		142	0.3%
17017		371	0.8%
17021		7	0%
17030		8	0%
17031		5	0%
17032		18	0%
17033		1	0%
17034		146	0.3%
17036		120	0.3%
17038		27	0.1%
17039		2230	4.7%
17040		20	0%
17041		265	0.6%
17045		6	0%
17046		1	0%
17048		3	0%
17049		3	0%
17051		10	0%
17053		21	0%
17063		41	0.1%
17064		78	0.2%
17065		5	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

17066		11	0%
17068		4	0%
17069		4	0%
17074		1	0%
17082		12	0%
17089		2	0%
17092		27	0.1%
17093		51	0.1%
17096		2	0%
18004		3	0%
18006		1	0%
18011		4	0%
18012		19	0%
18013		2	0%
18014		1	0%
18015		1	0%
18016		4	0%
18017		2	0%
18018		1	0%
18019		1	0%
18020		4	0%
18021		18	0%
18023		10	0%
18033		2	0%
18039		63	0.1%
18040		18	0%
19054		1	0%
20005		24	0.1%
20006		2	0%
20011		1271	2.7%
20013		40	0.1%
20014		3	0%
20016		9	0%
20017		19	0%
20019		13	0%
2002		1059	2.2%
20021		35	0.1%
20022		21	0%
20045		1	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

20047	9	0%
20048	210	0.4%
2005	1	0%
20050	5	0%
20055	1	0%
20070	16	0%
20071	134	0.3%
20072	4	0%
20073	89	0.2%
2008	6	0%
20086	5	0%
20087	1	0%
20088	36	0.1%
20089	20	0%
2011	1	0%
21014	3	0%
21016	1	0%
21019	1	0%
21028	1	0%
21031	7	0%
21038	39	0.1%
21039	2	0%
21040	2	0%
21042	7	0%
21043	1	0%
21046	1	0%
21049	1	0%
21050	63	0.1%
21051	1	0%
21052	4	0%
21069	18	0%
21071	11	0%
21072	9	0%
21073	1	0%
21074	6	0%
21075	1	0%
21076	3	0%
21077	64	0.1%
21078	35	0.1%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

21079		2	0%
21087		1	0%
21090		3	0%
21093		1	0%
21095		1	0%
21106		3	0%
21110		34	0.1%
21122		1	0%
21123		4	0%
21126		6	0%
21127		311	0.6%
21128		121	0.3%
21129		4	0%
21131		1	0%
21134		1	0%
21136		1	0%
21137		2	0%
21138		2	0%
21139		2	0%
21140		15	0%
21141		1	0%
21142		4	0%
21143		2	0%
21144		4	0%
22004		2	0%
22005		4	0%
22006		32	0.1%
22008		3	0%
22012		8	0%
22017		6	0%
22019		13	0%
22021		3773	7.9%
22022		694	1.5%
22023		2	0%
22024		7	0%
23004		1	0%
23005		2	0%
23007		30	0.1%
23008		7	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

23010		24	0.1%
23011		2	0%
23012		3	0%
23020		12	0%
23022		3	0%
23024		4	0%
23027		2	0%
23028		9	0%
23032		1	0%
23034		8	0%
23035		2	0%
23044		137	0.3%
23050		2	0%
23051		12	0%
23058		26	0.1%
23067		3	0%
23070		4	0%
23071		18	0%
23072		2	0%
23078		1	0%
23079		2	0%
23080		7	0%
23081		1	0%
23082		9	0%
23084		32	0.1%
23086		63	0.1%
23091		12	0%
24001		37	0.1%
24004		5	0%
24005		88	0.2%
24007		1	0%
24009		45	0.1%
24012		14	0%
24014		9	0%
24024		38	0.1%
24029		63	0.1%
24032		33	0.1%
24033		136	0.3%
24037		4	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

24043		60	0.1%
24048		1	0%
24049		1	0%
24050		1	0%
24051		4	0%
24057		2	0%
24059		3	0%
24063		30	0.1%
24068		1	0%
24069		30	0.1%
24075		34	0.1%
25001		6	0%
25002		7	0%
25003		4	0%
25004		2	0%
25005		8	0%
25006		26	0.1%
25007		35	0.1%
25008		22	0%
25009		119	0.2%
25010		1	0%
25011		6	0%
25012		1	0%
25013		3	0%
25014		27	0.1%
25015		2	0%
25016		1	0%
25017		7	0%
25018		20	0%
25019		16	0%
25021		3	0%
25022		9	0%
25024		17	0%
25025		1	0%
25026		160	0.3%
25027		13	0%
25028		364	0.8%
25030		43	0.1%
25032		6	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

25033		5	0%
25034		2	0%
25036		1	0%
25038		1	0%
25040		2	0%
25042		1	0%
25043		2	0%
25044		4	0%
25045		1	0%
25046		2	0%
25047		3	0%
25048		5	0%
25049		1	0%
25051		1	0%
25054		228	0.5%
25055		5	0%
25056		3	0%
25057		20	0%
25058		9	0%
25059		6	0%
25060		142	0.3%
25061		4	0%
25062		32	0.1%
300-1001		291	0.6%
3003		37	0.1%
3004		2	0%
3005		3	0%
3006		1	0%
301-1002		24	0.1%
3019		236	0.5%
302-1015		39	0.1%
3020		17	0%
3021		3	0%
3022		1	0%
3023		133	0.3%
3024		22	0%
3028		10	0%
303-1028		89	0.2%
3030		2	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

3038		2	0%
3039		9	0%
304-1029		50	0.1%
3042		4	0%
3043		2	0%
3044		1	0%
305-1030		466	1%
306-1031		68	0.1%
307-1038		18	0%
308-2005		1	0%
309-2008		2	0%
310-3003		1	0%
311-3020		10	0%
312-3021		7	0%
313-3023		2	0%
314-3024		7	0%
315-3028		2	0%
316-3030		1	0%
317-3042		2	0%
318-4003		3	0%
319-4012		22	0%
320-5022		1	0%
321-5023		4	0%
322-5024		5	0%
323-7003		3	0%
324-7005		2	0%
325-7015		5	0%
326-7023		3	0%
327-7024		17	0%
328-7026		5	0%
329-7040		7	0%
330-8005		1	0%
331-8040		8	0%
332-8044		1	0%
333-8047		4	0%
334-8049		3	0%
335-9009		5	0%
336-9012		4	0%
337-9035		44	0.1%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

338-11005		14	0%
339-11020		3	0%
340-11021		5	0%
341-11039		2	0%
342-11047		13	0%
343-11048		4	0%
344-11057		6	0%
345-11071		1	0%
346-11074		3	0%
347-11077		24	0.1%
348-11078		16	0%
349-11093		1	0%
350-11124		2	0%
351-11130		2	0%
352-11131		2	0%
353-11138		2	0%
354-11144		6	0%
355-11151		2	0%
356-11164		2	0%
357-11170		1	0%
358-12009		61	0.1%
359-12010		348	0.7%
360-12042		6	0%
361-12056		67	0.1%
362-12066		86	0.2%
363-12067		93	0.2%
364-12068		29	0.1%
365-12073		1	0%
366-12077		4	0%
367-12084		15	0%
368-12085		6	0%
369-12092		2	0%
370-12096		4	0%
371-12102		10	0%
372-12105		81	0.2%
373-12112		10	0%
374-12125		9	0%
375-12130		22	0%
376-12134		24	0.1%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

377-12138		1	0%
378-13008		1	0%
379-13015		1	0%
380-13016		3	0%
381-13032		1	0%
382-13039		1	0%
383-13050		1	0%
384-13055		1	0%
385-13058		1	0%
386-13060		1	0%
387-13113		1	0%
388-13115		15	0%
389-14003		125	0.3%
390-14005		66	0.1%
391-14021		3	0%
392-14052		4677	9.8%
393-14058		1	0%
394-15002		8	0%
395-15006		155	0.3%
396-15009		15	0%
397-16016		1	0%
398-16021		1	0%
399-17030		25	0.1%
400-17031		24	0.1%
4002		8	0%
4003		17	0%
4004		3	0%
4007		4	0%
4009		5	0%
401-17036		150	0.3%
4010		2	0%
4012		5	0%
4014		1	0%
402-17038		51	0.1%
4024		1	0%
4025		1	0%
4027		1	0%
403-17039		22	0%
404-17040		6	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

405-17041		2	0%
406-17045		2	0%
407-17063		3	0%
408-17068		1	0%
409-18013		24	0.1%
410-18014		7	0%
411-18015		5	0%
412-18017		4	0%
413-18018		4	0%
414-18019		3	0%
415-20005		34	0.1%
416-20017		2	0%
417-20048		7	0%
418-20071		14	0%
419-20086		24	0.1%
420-20087		3	0%
421-20088		42	0.1%
422-21016		1	0%
423-21028		11	0%
424-21038		26	0.1%
425-21043		2	0%
426-21049		11	0%
427-21051		49	0.1%
428-21052		19	0%
429-21075		187	0.4%
430-21076		289	0.6%
431-21087		29	0.1%
432-21110		32	0.1%
433-21126		296	0.6%
434-21127		2402	5%
435-21128		484	1%
436-21129		27	0.1%
437-21134		6	0%
438-21136		100	0.2%
439-21137		28	0.1%
440-21139		5	0%
441-21140		13	0%
442-21141		35	0.1%
443-21143		21	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

444-21144		13	0%
445-23005		1	0%
446-23022		7	0%
447-23024		5	0%
448-23028		122	0.3%
449-23050		5	0%
450-23058		41	0.1%
451-23079		1	0%
452-23080		10	0%
453-23081		1	0%
454-24004		33	0.1%
455-24007		1	0%
456-24009		2	0%
457-24033		1	0%
458-24043		28	0.1%
459-24050		2	0%
460-24051		2	0%
461-24075		1	0%
462-25009		17	0%
463-25010		1	0%
464-25024		32	0.1%
465-25028		5	0%
466-25034		4	0%
467-25040		1	0%
468-25048		8	0%
469-25060		334	0.7%
470-25061		1244	2.6%
5021		15	0%
5022		59	0.1%
5023		5	0%
5024		17	0%
5025		8	0%
5032		1	0%
5038		9	0%
5039		1	0%
7003		33	0.1%
7005		15	0%
7011		8	0%
7014		20	0%

7015		19	0%
7016		1	0%
7023		15	0%
7024		97	0.2%
7025		15	0%
7026		24	0.1%
7031		5	0%
7040		7	0%
8005		3	0%
8008		6	0%
8040		3	0%
8044		4	0%
8047		19	0%
8049		63	0.1%
8053		1	0%
8056		4	0%
8057		1	0%
9003		25	0.1%
9006		1	0%
9009		106	0.2%
9012		48	0.1%
9017		4	0%
9021		3	0%
9027		2	0%
9035		11	0%

## INGREDIENT: Food item or Ingredient description in local language (other than English)

Data file: data\_anon\_consumption

### Overview

Valid: 47861    Invalid: 0  
 Type: Discrete    Width: 64    Range: -    Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
ACEITE VEGETAL, DE OLIVA		1	0%
ACEITE VEGETAL, TODA CLASE		1735	3.6%

AGUACATE	33	0.1%
AJO, CABEZA O BULBO	6	0%
ALBOROTO	12	0%
ALITAS DE POLLO ROSTIZADAS LISTAS PARA COMER	1	0%
ANGELES O MARSHMELLOWS	4	0%
ANONA BLANCA O ATA	63	0.1%
ANONA ROSADA O CORAZON DE BUEY	64	0.1%
APAZOTE/EPAZOTE	4	0%
APIO, TALLOS	62	0.1%
ARROZ BLANCO, PULIDO, S/ENRIQUECER	406	0.8%
ARROZ BLANCO, SEMIPULIDO	34	0.1%
ARROZ FRITO (GUATEMALA)	302	0.6%
ARVEJA CHINA, CRUDA	1	0%
ATOL DE ARROZ CON LECHE (GUATEMALA)	78	0.2%
ATOL DE AVENA/MOSH (GUATEMALA)	5	0%
ATOL DE ELOTE (GUATEMALA)	11	0%
ATOL DE MAIZ, POLVO (CEREVITA)	5	0%
ATOL DE PLATANO (GUATEMALA)	4	0%
ATOL DE VITATOL (DESAYUNO ESCOLAR)	9	0%
ATOLE INCAPARINA	18	0%
ATOLILLO	2	0%
AVENA CON LECHE (DESAYUNO ESCOLAR)	32	0.1%
AVENA EN HOJUELAS C/FORTIFICACION	92	0.2%
AVENA EN HOJUELAS S/FORTIFICAR (MOSH)	61	0.1%
AVENA INSTANTANEA, FORTIFICADA	11	0%
AVENA MOLIDA C/FORTIFICACION	10	0%
AYOTE/GUICOY/ZAPALLO/CALABAZA, AMARILLO/MADURO	83	0.2%
AYOTE/GUICOY/ZAPALLO/CALABAZA, FLORES	8	0%
AYOTE/GUICOY/ZAPALLO/CALABAZA, HOJAS Y PUNTAS	6	0%
AZAFRAN	2	0%
AZUCAR BLANCA, GRANULADA	7	0%
AZUCAR BLANCA, GRANULADA, FORTIF.C/VIT A	4646	9.7%
AZUCAR MORENA FORTIF. C/VIT A	160	0.3%
AZUCAR MORENA O NEGRA	10	0%
BANANO/GUINEO, MADURO	377	0.8%
BEBIDA ALCOHOLICA, CERVEZA REGULAR	1	0%
BEBIDA DE ALOE VERA CON AZUCAR	1	0%
BEBIDA DE CHOCOLATE (SABOR), POLVO FORTIFICADO PARA LECHE	8	0%
BEBIDA ENERGIZANTE	1	0%

BEBIDA GASEOSA O CARBONATADA, NO COLAS	142	0.3%
BEBIDA GASEOSA O CARBONATADA, TIPO COLAS C/CAFEINA	371	0.8%
BEBIDA GATORADE, LIQUIDO	10	0%
BEBIDA LACTEA CON ACEITE VEGETAL	5	0%
BEBIDA NUTRITIVA, INCAPARINA, COCCION RAPIDA, POLVO	9	0%
BEBIDA NUTRITIVA, INCAPARINA, CRECIMAX, POLVO	5	0%
BEBIDA NUTRITIVA, INCAPARINA, LISTA PARA BEBER	20	0%
BEBIDA NUTRITIVA, INCAPARINA, MATERNAL, POLVO	3	0%
BEBIDA NUTRITIVA, INCAPARINA, POLVO	228	0.5%
BEBIDA NUTRITIVA- BIENESTARINA, POLVO	7	0%
BERENJENA CRUDA	2	0%
BERRO, CRUDO	2	0%
BISCOTELA	3	0%
BLEDO/AMARANTO, HOJAS	13	0%
BOLLO C/JAMON	1	0%
BROCOLI/BRECOL CRUDO	13	0%
BROTOS DE SOYA	4	0%
BUNUELOS CON MIEL	2	0%
BUTES FRESCOS	13	0%
CAFE CON LECHE	2	0%
CAFE DE CEREALES	16	0%
CAFE DE CEREALES PREPARADO CON AGUA	12	0%
CAFE INSTANTANEO, POLVO	267	0.6%
CAFE TOSTADO MOLIDO, POLVO	2252	4.7%
CAFE TOSTADO MOLIDO, PREPARADO C/AGUA S/AZUCAR	26	0.1%
CAFE Y CEREAL DE TRIGO MOLIDO	369	0.8%
CALABACITA/GUICOYITO/PIPIAN	132	0.3%
CALDO DE FRIJOL	58	0.1%
CALDO DE POLLO, DESHIDRATADO, EN POLVO	1271	2.7%
CALDO DE POLLO, O GALLINA	2	0%
CALDO DE RES, DESHIDRATADO, EN POLVO	40	0.1%
CAMARON, COCIDO	1	0%
CAMARON, FRESCO	4	0%
CANA DE AZUCAR	4	0%
CANELA EN RAJA	37	0.1%
CANELA, MOLIDA	4	0%
CANGREJO, CRUDO	6	0%
CARAMELOS O CONFITES, DUROS	159	0.3%
CARAMELOS O CONFITES, SUAVES	15	0%

CEBADA, GRANO ENTERO	1	0%
CEBOLLA, CABEZA	1886	3.9%
CEBOLLA, CABEZA Y TALLOS	31	0.1%
CEBOLLA, POLVO	32	0.1%
CEBOLLA, TALLOS	5	0%
CEBOLLIN	7	0%
CERDO, CARNE MAGRA, ASADA	1	0%
CERDO, CARNE MAGRA, COCIDA	1	0%
CERDO, CARNE MAGRA, CRUDA	8	0%
CERDO, CARNE MAGRA, CRUDA CON HUESO	1	0%
CERDO, CARNE RICA EN GRASA, CRUDA	3	0%
CERDO, CARNE SEMIMAGRA, COCIDA	1	0%
CERDO, CARNE SEMIMAGRA, CRUDA	20	0%
CERDO, CARNE SEMIMAGRA, FRITA	4	0%
CERDO, CHICHARRONES	27	0.1%
CERDO, COSTILLA ASADA	2	0%
CERDO, COSTILLA CRUDA	5	0%
CERDO, HIGADO, CRUDO	1	0%
CEREAL DE AVENA CON MARSHMALLOW	3	0%
CEREAL DESAYUNO, CHOCO KRISPIES	37	0.1%
CEREAL DESAYUNO, COCOA FLAKES	35	0.1%
CEREAL DESAYUNO, CORN FLAKES	118	0.2%
CEREAL DESAYUNO, CORN POPS	1	0%
CEREAL DESAYUNO, FROOT LOOPS	10	0%
CEREAL DESAYUNO, NESQUICK CHOCOLATE	1	0%
CEREAL DESAYUNO, RICE KRISPIES	1	0%
CEREAL DESAYUNO, ZUCARITAS DE MAIZ	10	0%
CEREAL-NESTUM, TRIGO C/LECHE	1	0%
CHAOMEIN	67	0.1%
CHAYOTE/GUISQUIL/PATASTE, COCIDO S/SAL, ESCURRIDO	19	0%
CHAYOTE/GUISQUIL/PATASTE, CRUDO	423	0.9%
CHAYOTE/GUISQUIL/PATASTE, HOJAS Y PUNTAS	2	0%
CHEPES	3	0%
CHICHARRIN (DE HARINA DE TRIGO)	34	0.1%
CHICOZAPOTE/NISPERO DE MONTANA	3	0%
CHILACAYOTE/CHIVERRE, TIERNO	2	0%
CHILE CHILTEPE	63	0.1%
CHILE DULCE, VERDE	61	0.1%
CHILE DULCE/PIMIENTO ROJO, FRESCO	191	0.4%

CHILE EN POLVO	8	0%
CHILE GUAQUE, DE GUATEMALA	56	0.1%
CHILE JALAPENO, FRESCO	21	0%
CHILE PASA	45	0.1%
CHILE PICANTE, FRESCO	19	0%
CHILE RELLENO DE GUATEMALA	3	0%
CHILE SERRANO	4	0%
CHIPILIN, HOJAS Y PUNTA	213	0.4%
CHIRIMOYA	1	0%
CHOCO PINA	3	0%
CHOCOBANANO	63	0.1%
CHOCOLATE LIQUIDO (SYRUP PROCESADO)	2	0%
CHOCOLATE, TABLILLAS PARA BEBIDA	3	0%
CHOCOLATES C/LECHE (GOLOSINA)	16	0%
CHOCOLATES C/LECHE Y MANI (GOLOSINA)	1	0%
CHORIZO DE CERDO	36	0.1%
CHORIZO DE RES	17	0%
CHOW-MEIN, DE POLLO	2	0%
CHUCHITO	17	0%
CHULETA DE CERDO ASADA	1	0%
CIDRA O LIMON REAL	20	0%
CILANTRO/CULANTRO	470	1%
CLAVO DE OLOR, MOLIDO	3	0%
COCKTAIL DE FRUTAS	1	0%
COCO, AGUA DE	1	0%
COCOA MIXTA, POLVO	1	0%
COLIFLOR CRUDA	5	0%
CONDIMENTOS O ESPECIAS MOLIDAS NO ESPECIFICADAS	8	0%
CONSOME DE CAMARON	20	0%
CORAZON DE TRIGO	7	0%
CREMA, ESPESA	422	0.9%
CREMA, RALA	35	0.1%
CREMA, SUSTITUTO NO LACTEO, EN POLVO	17	0%
CREPAS, DE POLLO	1	0%
CSB CORN SOY BLEND (PL 480)	13	0%
CURTIDO	2	0%
DONAS CON CUBIERTA DE CHOCOLATE	3	0%
DONAS CON RELLENO DE JALEA	1	0%
DULCE DE COCO	1	0%

DULCE DE LECHE	2	0%
DURAZNO AMARILLO/MELOCOTON, FRUTA CRIOLLA	3	0%
DURAZNO AMARILLO/MELOCOTON, JUGO ENV. SOL&LIQ	3	0%
DURAZNO AMARILLO/MELOCOTON, NECTAR ENV. C/VIT C	30	0.1%
DURAZNO COMUN, MADURO C/CASCARA	3	0%
DURAZNO COMUN, MADURO S/CASCARA	1	0%
EJOTES/VAINICAS, COCIDOS S/SAL, ESCURRIDO	1	0%
EJOTES/VAINICAS, CRUDOS	38	0.1%
ELOTE/MAIZ FRESCO, AMARILLO	13	0%
ELOTE/MAIZ FRESCO, AMARILLO DULCE, COCIDO S/SAL	1	0%
ELOTE/MAIZ FRESCO, AMARILLO DULCE, CRUDO	2	0%
ELOTE/MAIZ FRESCO, BLANCO	181	0.4%
ELOTE/MAIZ FRESCO, MUY TIERNO	53	0.1%
ELOTE/MAIZ FRESCO, NEGRO, CRUDO	2	0%
EMPANADA DE AYOTE TIERNO	1	0%
EMPANADA DE PAPA	137	0.3%
ENSALADA RESTAURANTE, REPOLLO	12	0%
ESENCIA CUALQUIER SABOR	27	0.1%
FIDEOS PARA CHOW MEIN	20	0%
FORMULA NUTRITIVA ENSURE, POLVO	3	0%
FRESA O FRUTILLA	12	0%
FRESCO DE PINA	30	0.1%
FRIJOL BLANCO, GRANO SECO	25	0.1%
FRIJOL CUBA O PILOY, GRANO SECO	1	0%
FRIJOL NEGRO, GRANO SECO	111	0.2%
FRIJOL ROJO O POROTO, GRANO SECO	52	0.1%
FRIJOL ROJO, COCIDO S/SAL	55	0.1%
FRIJOL TODA VARIEDAD, GRANO SECO	4	0%
FRIJOL TODA VARIEDAD, GRANO VERDE	4	0%
FRIJOL TODA VARIEDAD, REFRITO, ENVASADO	3	0%
FRIJOLES NEGROS COCIDOS ENTEROS (GUATEMALA)	2713	5.7%
FRIJOLES NEGROS FRITOS, PURE O COLADOS (GUATEMALA)	605	1.3%
FRIJOLES NEGROS REFRITOS O VOLTEADOS (GUATEMALA)	31	0.1%
GALLETAS DE MARSHMALLOW Y COCO	9	0%
GALLETAS DE SODA, C/SAL	33	0.1%
GALLETAS DE SODA, S/SAL	1	0%
GALLETAS DE SODA, TIPO COCKTAIL	28	0.1%
GALLETAS DULCES, CON CHIPS CHOCOLATE	1	0%
GALLETAS DULCES, CONOS PARA HELADO	5	0%

GALLETAS DULCES, DE CHOCOLATE	10	0%
GALLETAS DULCES, DE CHOCOLATE C/RELLENO	67	0.1%
GALLETAS DULCES, SIMPLES C/RELLENO	126	0.3%
GALLETAS DULCES, SIMPLES TIPO MARIA	20	0%
GALLETAS DULCES, TIPO WAFLE C/RELLENO	69	0.1%
GALLINA COCIDA SIN PIEL	3	0%
GALLO O GALLINA, CARNE CRUDA	38	0.1%
GANSITO MARINELA	1	0%
GELATINA, TODO SABOR, POLVO	4	0%
GELATINA, TODO SABOR, PREPARADA C/AGUA	19	0%
GOMA DE MASCAR (CHICLE) CON AZUCAR	28	0.1%
GRANIZADA	10	0%
GUANABANA/GUANABA	1	0%
GUAYABA MADURA	16	0%
GUAYABA VERDE	10	0%
GUINEO MAJONCHO/CUADRADO	73	0.2%
GUINEO MANZANO O DATIL	13	0%
HABA SECA, HARINA	2	0%
HAMBURGUESA, REGULAR C/VEGETALES C/COND.	7	0%
HARINA DE ARROZ BLANCO	6	0%
HARINA DE CEREALES MIXTOS	9	0%
HARINA DE MAIZ AMARILLO NO TRATADO	6	0%
HARINA DE MAIZ AMARILLO PILADO, ENRIQUECIDA	7	0%
HARINA DE MAIZ BLANCO NO TRATADO	69	0.1%
HARINA DE MAIZ BLANCO PILADO, ENRIQUECIDA	5	0%
HARINA DE MAIZ BLANCO PILADO, S/ENRIQUECER	1	0%
HARINA DE MAIZ NIXTAMALIZADO, MASA SECA	6	0%
HARINA DE TRIGO C/SOYA 12% (PL 480)	2	0%
HARINA DE TRIGO ENRIQUECIDA, PARA PAN	19	0%
HARINA DE TRIGO ENRIQUECIDA, TODO USO	3	0%
HARINA DE TRIGO, S/ENRIQUECER, TODO USO	16	0%
HARINA EMPANIZADOR (ROSTIZADOR)	33	0.1%
HARINA PARA PANCAKES (C/ MANTEQUILLA&LECHE)	4	0%
HARINA PARA PANCAKES (HARINA PROCESADA)	3	0%
HELADO DE COCO	4	0%
HELADO DE MANIA	1	0%
HELADO DE MORA	1	0%
HELADO DE PINA	12	0%
HELADO DE TAMARINDO	7	0%

HELADO-CREMA O ICE CREAM, CHOCOLATE	6	0%
HELADO-CREMA O ICE CREAM, FRESA	5	0%
HELADO-CREMA O ICE CREAM, VAINILLA	4	0%
HELADO-NIEVE, DISTINTAS FRUTAS, COMERCIAL	8	0%
HELADO-NIEVE, DISTINTAS FRUTAS, NO COMERCIAL	26	0.1%
HELADO-NIEVE, LECHE	6	0%
HELADO-NIEVE, SABOR ARTIFICIAL	4	0%
HIERBA SAN ANTONIO	1	0%
HIERBABUENA	103	0.2%
HIERBAMORA/MACUY	127	0.3%
HONGOS CRUDOS	1	0%
HUESO DE RES (SIN CARNE)	4	0%
HUEVO DE GALLINA, ENTERO, CRUDO	1059	2.2%
HUEVO DE GALLINA, YEMA, FRESCA	2	0%
HUEVO DE PATA, CRUDO	8	0%
HUEVO DE PAVA, CRUDO	1	0%
HUEVOS, COCIDOS O DUROS	65	0.1%
HUEVOS, FRITOS O ESTRELLADOS	2	0%
HUEVOS, OMELET SIMPLE	2	0%
HUEVOS, REVUELTOS O PICADOS	7	0%
INCAPARINA (DESAYUNO ESCOLAR)	63	0.1%
INJERTO O ZAPOTE VERDE	2	0%
IZOTE/ITABO, FLORES	1	0%
JALEAS TODA VARIEDAD	7	0%
JAMAICA ROSA, FLORES SECAS PARA BEBIDA	21	0%
JAMON DE PAVO	8	0%
JAMON TIPO PICNIC	20	0%
JOCOTE CIRUELO/JOCOTE DE CORONA	238	0.5%
JOCOTE COMUN/JOBO, AMARILLO O ROJO	203	0.4%
JOCOTE TRONADOR/JOBO TRONADOR	42	0.1%
LECHE DE SOYA, POLVO (ATOMIZADA)	2	0%
LECHE DE VACA, CHOCOLATADA, FLUIDA, BAJA EN GRASA	3	0%
LECHE DE VACA, CONDENSADA C/AZUCAR, ENLAT.	1	0%
LECHE DE VACA, DESCREMADA C/VIT A, EN POLVO	1	0%
LECHE DE VACA, DESCREMADA C/VIT A, EN POLVO INSTANTANEA	2	0%
LECHE DE VACA, DESCREMADA C/VIT A, FLUIDA (1%GRASA)	1	0%
LECHE DE VACA, DESCREMADA, FLUIDA	3	0%
LECHE DE VACA, DESLACTOSADA Y SEMIDESCREMADA (2 % GRASA), FLUIDA	2	0%
LECHE DE VACA, INTEGRAL, EN POLVO	99	0.2%

LECHE DE VACA, INTEGRAL, FLUIDA (3.25% GRASA)	484	1%
LECHE ENTERA, NIDO FORTIFICADA	30	0.1%
LECHUGA ARREPOLLADA (ICEBERG)	27	0.1%
LECHUGA NO ARREPOLLADA (BUTTERHEAD)	15	0%
LICUADO DE BANANO CON LECHE	1	0%
LICUADO DE FRUTAS SIN LECHE	3	0%
LIMA DULCE, FRUTA	5	0%
LIMON AGRIO, FRUTA SIN PIEL	504	1.1%
LIMON MANDARINA	47	0.1%
LIMON PERSA	137	0.3%
LIMONADA	24	0.1%
LONGANIZA DE CERDO	24	0.1%
LONGANIZA DE RES	14	0%
LOROCO	167	0.3%
MAICENA O ALMIDON DE MAIZ	1	0%
MAIZ BLANCO O NEGRO, GRANO ENTERO, CRUDO	9	0%
MAMONCILLO/MAMON	3	0%
MANDARINA/TANGERINA, FRUTA	5	0%
MANGO MADURO	9	0%
MANGO VERDE	1	0%
MANI JAPONES ALIMENTO PROCESADO	6	0%
MANI/CACAHUATE CRUDO, S/PELICULA	6	0%
MANI/CACAHUATE TOSTADO, C/SAL	8	0%
MANI/CACAHUATE TOSTADO, S/SAL	1	0%
MANTECA DE CERDO	20	0%
MANTECA VEGETAL, TODO USO	5	0%
MANTEQUILLA C/SAL	1	0%
MANTEQUILLA S/SAL	3	0%
MANZANA CRIOLLA C/CASCARA	63	0.1%
MANZANA, FRUTA CRIOLLA, S/CASCARA	17	0%
MANZANA, FRUTA IMPORTADA, C/CASCARA	31	0.1%
MANZANA, FRUTA IMPORTADA, S/CASCARA	7	0%
MANZANA, JUGO ENVASADO S/AZUCAR	2	0%
MARACUYA/GRANADILLA MORADA, PULPA	7	0%
MARGARINA (80% GRASA C/SAL	98	0.2%
MARGARINA SUAVE C/SAL (60% GRASA)	2	0%
MASA HUMEDA, DE MAIZ BLANCO C/CAL	106	0.2%
MAYONESA COMERCIAL C/SAL	195	0.4%
MEDALLONES O "NUGGETS" DE POLLO SIN FREIR	6	0%

MELON CORRUGADO O CANTALOUPE	6	0%
MERMELADAS TODA VARIEDAD	2	0%
MIEL DE ABEJAS	10	0%
MIGA DE PAN O PAN RALLADO	3	0%
MILTOMATE	28	0.1%
MORCILLA/MORONGA, C/GRASA	1	0%
MOSTAZA COMERCIAL	3	0%
MOSTAZA, HOJAS	4	0%
MUFFIN DE TRIGO	2	0%
NACHOS, C/QUESO	3	0%
NANCE	18	0%
NARANJA AGRIA, FRUTA	27	0.1%
NARANJA DULCE, FRUTA	98	0.2%
NARANJA DULCE, JUGO ENVASADO S/AZUCAR	1	0%
NARANJA DULCE, JUGO NATURAL	1	0%
NARANJADA	7	0%
NECTAR DE MANZANA	88	0.2%
NECTAR DE PINA	30	0.1%
NISPERO JAPONES	6	0%
NIXTAMAL, MAIZ AMARILLO	2	0%
NIXTAMAL, MAIZ BLANCO	1	0%
OCRA CRUDA	6	0%
OREGANO, SECO	6	0%
PACAYA	12	0%
PALOMA, CARNE C/PIEL, CRUDA	2	0%
PAN BLANCO, DE RODAJA O CUADRADO, SUAVE	9	0%
PAN BLANCO, TIPO BOLLO C/LECHE	3	0%
PAN DE ARROZ O QUESADILLA	26	0.1%
PAN DE MAIZ O MARQUESOTE	7	0%
PAN DESABRIDO	4	0%
PAN DULCE DE YEMA	9	0%
PAN DULCE SIMPLE	1248	2.6%
PAN FRANCES SIMPLE	476	1%
PAN GALLETA	6	0%
PAN INTEGRAL, DE RODAJA O CUADRADO, SUAVE	1	0%
PAN SEMITA (EL SALVADOR)	6	0%
PANQUEQUE PREPARADO, SIMPLE	1	0%
PAPAS A LA FRANCESA, FRITAS EN ACEITE VEG.	66	0.1%
PAPAS C/CASCARA, COCIDAS S/SAL	1	0%

PAPAS C/CASCARA, CRUDAS	26	0.1%
PAPAS S/CASCARA, COCIDAS S/SAL	17	0%
PAPAS S/CASCARA, CRUDAS	412	0.9%
PAPAYA DE MONTANA	1	0%
PAPAYA/LECHOSA MADURA, PULPA	15	0%
PASTA DE POLLO	4	0%
PASTA ENLATADA, MACARRONES C/QUESO	3	0%
PASTA ENRIQUECIDA, COCIDA C/SAL	1	0%
PASTA ENRIQUECIDA, CRUDA	199	0.4%
PASTA S/ENRIQUECER, COCIDA C/SAL	1	0%
PASTA S/ENRIQUECER, COCIDA S/SAL	4	0%
PASTA S/ENRIQUECER, CRUDA	10	0%
PASTEL AMARILLO SIMPLE O MAGDALENA	4	0%
PASTEL AMARILLO, HARINA COMERCIAL	18	0%
PASTEL DE CHOCOLATE	10	0%
PASTEL DE FRUTAS	7	0%
PASTEL DE MILHOJA CON TURRON	1	0%
PASTEL FRIO DE FRESA	18	0%
PATO DE CRIANZA, CARNE C/ PIEL, CRUDA	3	0%
PAVO, CARNE C/PIEL, CRUDA	1	0%
PEPINO/COJOMBRO DE ENSALADA	37	0.1%
PEPITA MOLIDA	27	0.1%
PEPITORIA MOLIDA	33	0.1%
PERA FRUTA CRIOLLA, S/CASCARA	1	0%
PERA, NECTAR ENVASADO C/VIT C	1	0%
PEREJIL, FRESCO	2	0%
PESCADO CARNE, MOJARRA FRESCA	66	0.1%
PESCADO CARNE, SARDINA ENLATADA C/TOMATE	11	0%
PESCADO CARNE, TILAPIA, ASADA	1	0%
PESCADO CARNE, TILAPIA, CRUDA	4	0%
PESCADO CARNE, TRUCHA, FRESCA	5	0%
PESCADO FRITO CASERO (GUATEMALA)	1	0%
PESCADO SECO PEQUEÑO, PREPARADO C/SAL	23	0%
PICADO DE VERDURAS (DESAYUNO ESCOLAR)	2	0%
PIMIENTA NEGRA	13	0%
PINA, FRUTA DULCE	34	0.1%
PINA, JUGO ENVASADO, SOL&LIQ	5	0%
PINOL SIMPLE	150	0.3%
PIZZA DE CARNE Y VEGETALES, CONCHA REGULAR	3	0%

PIZZA DE PEPPERONI, CONCHA REGULAR	12	0%
PIZZA DE QUESO, CARNE Y VEGETALES, CONCHA REGULAR	1	0%
PLATANO MADURO	82	0.2%
POLLO EMPANIZADO FRITO, ALA	9	0%
POLLO EMPANIZADO FRITO, MUSLO	63	0.1%
POLLO EMPANIZADO FRITO, PECHUGA	50	0.1%
POLLO, CARNE C/PIEL, COCIDA	27	0.1%
POLLO, CARNE C/PIEL, CRUDA	236	0.5%
POLLO, CARNE C/PIEL, FRITA	10	0%
POLLO, CARNE C/PIEL, HORNEADA	1	0%
POLLO, CARNE S/PIEL, COCIDA	29	0.1%
POLLO, CARNE S/PIEL, CRUDA	135	0.3%
POLLO, HIGADO, CRUDO	12	0%
POLLO, MENUDOS (PIES, PESCUZZO, ETC)	32	0.1%
POLLO, MOLLEJA, CRUDA	3	0%
POLLO, PECHUGA C/PIEL, CRUDA	2	0%
POLLO, PECHUGA S/PIEL, COCIDA	9	0%
POLLO, PIERNA C/PIEL, COCIDA	6	0%
POLLO, PIERNA C/PIEL, FRITA	2	0%
POLLO, PIERNA S/PIEL, COCIDA	1	0%
POLVO DE HORNEAR	10	0%
POSTRE, RELLENO DE PLATANO CON FRIJOLE (GUATEMALA)	7	0%
PROTEAS ( PROTEINA DE SOYA)	5	0%
PUERRO, CABELA O BULBO Y HOJAS	8	0%
PUPUSA DE QUESO	13	0%
PUPUSAS DE CHICHARRON	23	0%
QUESO AMARILLO, PASTRZ & PROCES., RODAJAS	1	0%
QUESO AMARILLO, PASTRZ & PROCES., RODAJAS BAJO EN GRASA	1	0%
QUESO BLANCO FRESCO, LECHE DESCREMADA	76	0.2%
QUESO BLANCO FRESCO, LECHE INTEGRA	77	0.2%
QUESO BLANCO FRESCO, LECHE SEMIDESCREMADA	606	1.3%
QUESO CREMA O DE CAPAS	4	0%
QUESO DURO O SECO, LECHE INTEGRA	156	0.3%
QUESO TIPO QUESILLO, FRESCO	2	0%
QUESO TIPO REQUESON	46	0.1%
RABANO REDONDO, RAIZ	33	0.1%
RABANO, HOJAS	6	0%
RAMBUTAN O LICHIS FRESCOS	14	0%
REFRESCO ARTF. S/VIT C, EMPACADO	29	0.1%

REFRESCO ARTIF. C/VIT C, SABOR FRUTAS, POLVO	270	0.6%
REFRESCO ARTIF. C/VIT C, SABOR FRUTAS, PREPARADO	18	0%
REFRESCO ARTIF. C/VIT C, SABOR LIMON, PREPARADO	1	0%
REFRESCO ARTIF. C/VIT C, SABOR NARANJA, POLVO	78	0.2%
REFRESCO ARTIF. C/VIT C, SABOR NARANJA, PREPARADO	146	0.3%
REFRESCO ARTIF. S/VIT C, SABOR FRUTAS, POLVO	49	0.1%
REFRESCO ARTIFICIAL CHATO	35	0.1%
REFRESCO CONCENTRADO C/AZUCAR	44	0.1%
REFRESCO DE CEREALES, HORCHATA, POLVO (CEREVITA)	1	0%
REFRESCO DE HORCHATA C/MORRO	33	0.1%
REFRESCO DE TAMARINDO NATURAL	20	0%
REFRESCO PROCESADO FRUTA FRESCA	26	0.1%
REMOLACHA CRUDA	7	0%
REPOLLO/COL COMUN, COCIDO S/SAL, ESCURRIDO	41	0.1%
REPOLLO/COL COMUN, CRUDO	123	0.3%
RES CARNE MAGRA, CRUDA CON HUESO	8	0%
RES COSTILLA	2	0%
RES, CARNE MAGRA, CRUDA	15	0%
RES, CARNE RICA EN GRASA, CRUDA	8	0%
RES, CARNE SEMIMAGRA, ASADA	9	0%
RES, CARNE SEMIMAGRA, COCIDA	22	0%
RES, CARNE SEMIMAGRA, CRUDA	60	0.1%
RES, HIGADO, CRUDO	1	0%
RES, PANZA O MONDONGO, CRUDO	9	0%
RES, PATAS	1	0%
ROSA DE JAMAICA NATURAL PREPARADA	22	0%
ROSQUILLAS DE TRIGO	2	0%
SAL DE AJO	43	0.1%
SAL DE MESA	3773	7.9%
SALCHICHA DE PAVO	18	0%
SALCHICHA DE POLLO	114	0.2%
SALCHICHA DE RES	15	0%
SALCHICHA DE RES Y CERDO	29	0.1%
SALSA DE TOMATE NATURAL	136	0.3%
SALSA ENVASADA, DE SOYA	21	0%
SALSA ENVASADA, INGLESA	9	0%
SALSA ENVASADA, PICANTE	21	0%
SALSA ENVASADA, TOMATE, CATSUP	148	0.3%
SALSA PROCESADA, SOFRITO	4	0%

SALSA PROCESADA, TOMATE C/CEBOLLA	13	0%
SALSA PROCESADA, TOMATE C/QUESO	35	0.1%
SALSA PROCESADA, TOMATE, ESTILO RANCHERO	89	0.2%
SANDIA	28	0.1%
SANDWICH O HAMBURGUESA, FILETE DE POLLO	18	0%
SANDWICHES DE JAMON	12	0%
SAZONADOR MOLIDO NO ESPECIFICADO	694	1.5%
SAZONADOR PARA CARNE GUISADA EN POLVO	1	0%
SAZONADOR, PARA POLLO	2	0%
SEMILLA DE ACHIOTE, GRANO	1	0%
SEMILLA DE ACHIOTE, PASTA	5	0%
SEMILLA DE AJONJOLI	60	0.1%
SEMILLA DE AYOTE, CRUDA	4	0%
SEMILLA DE AYOTE, TOSTADA	23	0%
SHECA	1	0%
SNACKS, CHICHARRONCITOS	11	0%
SNACKS, PALOMITAS DE MAIZ C/SAL Y ACEITE	6	0%
SNACKS, PAPALINAS SABOR BARBACOA	3	0%
SNACKS, PAPALINAS SIMPLES	9	0%
SNACKS, PLATALINAS	1	0%
SNACKS, TOSTADITAS/MAIZ, SABOR BARBACOA	292	0.6%
SNACKS, TOSTADITAS/MAIZ, SABOR NACHOS	64	0.1%
SNACKS, TOSTADITAS/MAIZ, SABOR QUESO	188	0.4%
SNACKS, TOSTADITAS/MAIZ, SIMPLES	35	0.1%
SNACKS, FRITURA DE HARINA DE TRIGO (CHOBIX)	38	0.1%
SONZAPOTE/SUNZA	1	0%
SOPA CREMA DESHIDRATADA, MARISCOS	3	0%
SOPA CREMA DESHIDRATADA, VEGETALES	1	0%
SOPA DE COLA DE RES EN POLVO	2	0%
SOPA DESHIDRATADA, FIDEO RAMEN, CUALQUIER SABOR	29	0.1%
SOPA DESHIDRATADA, FIDEO RAMEN, SABOR POLLO	78	0.2%
SOPA DESHIDRATADA, FIDEO RAMEN, SABOR RES	4	0%
SOPA DESHIDRATADA, GALLINA CRIOLLA C/FIDEOS	14	0%
SOPA DESHIDRATADA, HONGOS	1	0%
SOPA DESHIDRATADA, POLLO C/ARROZ	9	0%
SOPA DESHIDRATADA, POLLO C/FIDEOS	217	0.5%
SOPA DESHIDRATADA, RES Y FIDEOS	5	0%
SUBMARINO (PAN RELLENO CON VAINILLA)	2	0%
SUPLEMENTO ALIMENTICIO PROTEINOL	1	0%

TACO BELL, ORIGINAL, CON CARNE DE RES	1	0%
TACO BELL, SUAVE, CON CARNE DE POLLO	4	0%
TACO REGULAR MEXICANO	2	0%
TACOS DE CARNE DE RES	9	0%
TACOS DE PAPA	17	0%
TAMAL COLORADO (GUATEMALA)	101	0.2%
TAMAL DE ELOTE (GUATEMALA)	30	0.1%
TAMAL DE PAPA O PACHES (GUATEMALA)	2	0%
TAMALITO DE CHIPILIN (GUATEMALA)	7	0%
TAMALITO DE MAIZ, SIMPLE (GUATEMALA)	4	0%
TAMARINDO	21	0%
TOMATE ROJO	1594	3.3%
TOMILLO, SECO	7	0%
TORONJA ROSADA, FRUTA	1	0%
TORTILLA DE MAIZ BLANCO, C/CAL	4828	10.1%
TORTILLA DE MASECA	38	0.1%
TORTILLA DE TRIGO, LISTA PARA FREIR U HORNEAR	12	0%
TORTITAS DE CARNE (GUATEMALA)	28	0.1%
TORTITAS DE POLLO PROCESADA	2	0%
TOSTADA DE CHAOMEIN	131	0.3%
TOSTADA DE FRIJOL (GUATEMALA)	36	0.1%
TOSTADA DE FRIJOL Y QUESO	30	0.1%
TOSTADA DE GUACAMOLE (GUATEMALA)	4	0%
TOSTADA DE REPOLLO	2	0%
TOSTADA DE SALSA (GUATEMALA)	23	0%
TOSTADAS DE MAIZ	88	0.2%
UVA, FRUTA CRIOLLA	2	0%
UVA, FRUTA IMPORTADA, TIPO AMERICANO	1	0%
VEGETALES, JUGO ENLATADO	8	0%
VERDURA PICADA PARA CALDO	6	0%
VERDURA PICADA PARA CHOWMEIN	7	0%
VINAGRE	16	0%
VITACEREAL	51	0.1%
YOGURT, LECHE DESCREMADA, SABOR FRUTAS	9	0%
YOGURT, LECHE ENTERA, SABOR FRUTAS	3	0%
YUCA COCIDA	6	0%
YUCA O MANDIOCA, RAIZ	17	0%
ZANAHORIA C/CASCARA, CRUDA	12	0%
ZANAHORIA S/CASCARA, COCIDA S/SAL, ESCURRIDA	15	0%

ZANAHORIA S/CASCARA, CRUDA		231	0.5%
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## INGREDIENT\_ENG: Food item or Ingredient description in English

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0  
Type: Discrete Width: 86 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
ALLSPICE, GROUND		8	0%
ALOE VERA DRINK, W/ ADDED SUGAR		1	0%
AMARANTH, LEAVES RAW		13	0%
ANONA PINK, RAW		3	0%
APPLE JUICE, PACKAGED, WO/SUGAR		2	0%
APPLE, COMMON, W/PEEL		63	0.1%
APPLE, COMMON, WO/SKIN, RAW		17	0%
APPLE, IMPORTED, W/SKIN, RAW		31	0.1%
APPLE, IMPORTED, WO/SKIN, RAW		7	0%
APPLE, NECTAR		88	0.2%
ARTIFICIAL BEVERAGE, POWDER, FRUIT FLAVOR WO/VIT C		17	0%
ARTIFICIAL BEVERAGE, FRUIT FLAVOUR, W/VIT C, PREPARED		18	0%
ARTIFICIAL BEVERAGE, FRUIT FLAVOUR, W/VIT C, RECONSTITUTED FROM POWDER		150	0.3%
ARTIFICIAL BEVERAGE, FRUIT FLAVOUR, WO/VIT C, RECONSTITUTED FROM POWDER		32	0.1%
ARTIFICIAL BEVERAGE, LEMON, W/VIT C, PREPARED		1	0%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, PACKAGED IN PLASTIC BOTTLE, FRUTA FRESCA BRAND		26	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, PACKING IN BAG, CHATO BRAND		35	0.1%
ARTIFICIAL BEVERAGE, LIQUID COMMERCIAL, W/O VIT C, PREPARED		29	0.1%
ARTIFICIAL BEVERAGE, ORANGE, W/VIT C, PREPARED		146	0.3%
ARTIFICIAL BEVERAGE, W/VIT C, ORANGE FLAVOUR, RECONSTITUTED FROM POWDER		51	0.1%
ASIAN FOOD, CHICKEN CHOW MEIN		2	0%
ASIAN FOOD, CHOW MEIN		67	0.1%
ATOLE CEREVITA BRAND, MAIZE BASED W/WATER		1	0%
ATOLE, ATOLILLO (RICE & CORN STARCH)		2	0%
ATOLE, INCAPARINA		63	0.1%
ATOLE, MAIZE POWDER		4	0%

ATOLE, MAIZE W/WATER	11	0%
ATOLE, OATS (GUATEMALA)	5	0%
ATOLE, PLANTAIN W/WATER	4	0%
ATOLE, RICE W/MILK	78	0.2%
ATOLE, SOYBEANS-MAIZE, W/WATER (INCAPARINA BRAND)	18	0%
ATOLE, VITATOL (SCHOOL BREAKFAST)	9	0%
AVOCADO	33	0.1%
BAKING POWDER	10	0%
BANANA	377	0.8%
BANANA COMMON, SHORT&THICK RAW	73	0.2%
BANANA DATIL	13	0%
BANANA SMOOTHIE W/MILK	1	0%
BARLEY, WHOLE GRAIN RAW	1	0%
BEANS SNAPS GREEN, COOKED	1	0%
BEANS SNAPS, GREEN, COOKED, DRAINED	1	0%
BEANS SNAPS, GREEN, RAW	37	0.1%
BEANS SOUP	58	0.1%
BEANS, ALL VARIETY, GREEN	4	0%
BEANS, ALL VARIETY, REFRIED, CANNED	3	0%
BEANS, ALL VARIETY, SEEDS, RAW	4	0%
BEANS, KIDNEY, RED, MATURE SEEDS, COOKED, WO SALT	11	0%
BEANS, RED, COOKED	4	0%
BEANS, RED, MATURE SEEDS, RAW	48	0.1%
BEANS, RUNNER, MATURE SEEDS, RAW	1	0%
BEANS, WHITE, MATURE SEEDS, RAW	25	0.1%
BEEF BONE	4	0%
BEEF MEAT, COOKED	1	0%
BEEF MEAT, GRILLED	4	0%
BEEF MEAT, LOWFAT, W/BONE, RAW	8	0%
BEEF, FEET, RAW	1	0%
BEEF, HIGH FAT, RAW	8	0%
BEEF, LEAN & FAT, COOKED	5	0%
BEEF, LEAN&FAT, BROILED	17	0%
BEEF, LEAN&FAT, GRILLED	5	0%
BEEF, LEAN&FAT, RAW	59	0.1%
BEEF, LEAN, RAW	15	0%
BEEF, LIVER, RAW	1	0%
BEEF, RIBS	2	0%
BEEF, TRIPE, RAW	9	0%

BEER, REGULAR	1	0%
BEETS, ROOT, RAW	7	0%
BEVERAGE, HORCHATA (RICE BASED) W/ CALABASH TREE FRUIT	33	0.1%
BEVERAGE, MIXED CEREALS, "HORCHATA", POWDER (CEREVITA)	1	0%
BEVERAGE, NUTRITIONAL, BIENESTARINA (SOYBEAN-MAIZE), POWDER	7	0%
BEVERAGE, NUTRITIONAL, INCAPARINA (SOYBEAN-MAIZE), POWDER	228	0.5%
BEVERAGE, SOYBEAN-MAIZE, FORTIFIED, FOR CHILDREN INTENDED USE, POWDER	5	0%
BEVERAGE, SOYBEAN-MAIZE, FORTIFIED, FOR MOTHERS INTENDED USE, POWDER	3	0%
BEVERAGE, SOYBEAN-MAIZE, FORTIFIED, QUICK COOKING, POWDER	9	0%
BLACK BEANS	5	0%
BLACK BEANS, COOKED	311	0.6%
BLACK BEANS, COOKED (GUATEMALA)	2402	5%
BLACK BEANS, DRY	106	0.2%
BLACK BEANS, LIQUIFIED	121	0.3%
BLACK BEANS, LIQUIFIED (GUATEMALA)	484	1%
BLACK BEANS, PUREE CONSISTENCY	4	0%
BLACK BEANS, PUREE CONSISTENCY (GUATEMALA)	27	0.1%
BLOOD SAUSAGE, W/FAT	1	0%
BREAD CRUMBS, DRY GRATED, PLAIN	3	0%
BREAD WHEAT, FLAT-BUN	6	0%
BREAD WHEAT, FRENCH-TYPE	334	0.7%
BREAD WHEAT, PIRUJO	146	0.3%
BREAD WHEAT, SWEET	1248	2.6%
BREAD WHEAT, SWEET ADDED YOLKS	9	0%
BREAD WHEAT, SWEET, W/GLAZING	3	0%
BREAD WHITE, BUN TYPE W/MILK	3	0%
BREAD WHITE, COMMERC, SOFT-TYPE	6	0%
BREAD WHOLE WHEAT	1	0%
BREAD, WHITE, COMMERCIAL	3	0%
BROADBEANS, FLOUR	2	0%
BROCCOLI, RAW	13	0%
BROTH, BEEF POWDER, DRY	40	0.1%
BROTH, CHICKEN, POWDER, DRY	1271	2.7%
BROTH, SHRIMP, POWDER DRY	20	0%
BROWN OR BLACK SUGAR	10	0%
BUN W/ HAM	1	0%
BUTTER W/SALT	1	0%
BUTTER WO/SALT	3	0%
BYRSONIMA (NANCHE), RAW	18	0%

CABBAGE SALAD, RESTAURANT PREPARED	12	0%
CABBAGE, COOKED W/O SALT	2	0%
CABBAGE, COOKED, WO/SALT	39	0.1%
CABBAGE, RAW	123	0.3%
CAKE W/VANILLA FILLING, SUBMARINO MARINELA BRAN	2	0%
CAKE, CHOCOLATE FLAVOUR	10	0%
CAKE, CHOCOLATE, SMALL PROCESSED	1	0%
CAKE, FRUIT FLAVOUR	7	0%
CAKE, PLAIN YELLOW, COMERCIAL, DRY MIX	18	0%
CAKE, PLAIN YELLOW (MAGDALENA)	4	0%
CANDIES, GUMDROPS, STARCH JELLY PIECES	15	0%
CANDIES, HARD	159	0.3%
CANTALOUPE MELON	4	0%
CARAMEL SAUCE	2	0%
CARROT	1	0%
CARROTS, W/SKIN, RAW	12	0%
CARROTS, WO/SKIN, BOILED, W/O SALT, DRAINED	15	0%
CARROTS, WO/SKIN, RAW	230	0.5%
CASSAVA, ROOTS, COOKED	6	0%
CASSAVA, ROOTS, RAW	17	0%
CAULIFLOWER, RAW	5	0%
CELERY STALKS, RAW	62	0.1%
CEREAL "CORAZON DE TRIGO"	7	0%
CEREAL, INFANT FOOD, WHEAT W/MILK	1	0%
CEREALS RTE (Ready-to-eat), CHOCOLATE NESQUICK	1	0%
CEREALS RTE (Ready-to-eat), COCOA FLAKES	35	0.1%
CEREALS RTE (Ready-to-eat), COCOA KRISPIES	1	0%
CEREALS RTE (Ready-to-eat), CORN FLAKES	3	0%
CEREALS RTE (Ready-to-eat), CORN POPS	1	0%
CEREALS RTE- SUGAR CORN FLAKES	10	0%
CEREALS RTE. COCOA KRISPIES	36	0.1%
CEREALS RTE. CORN FLAKES	115	0.2%
CEREALS RTE. FROOT LOOPS	10	0%
CEREALS RTE. RICE KRISPIES	1	0%
CHAYOTE FRUIT (GUISQUIL), COOKED	13	0%
CHAYOTE FRUIT (GUISQUIL), COOKED, BOILED	4	0%
CHAYOTE FRUIT (GUISQUIL), LEAVES&SHOOTS, RAW	2	0%
CHAYOTE FRUIT (PERULERO), RAW	410	0.9%
CHAYOTE FRUIT, COOKED BOILED WO/SALT, DRAINED	15	0%

CHEESE CREAM OR NATURAL SEMISOFT	4	0%
CHEESE NATURAL, HARD TYPE, WHOLE MILK	156	0.3%
CHEESE NATURAL, QUESILLO TYPE	2	0%
CHEESE NATURAL, RICOTTA	46	0.1%
CHEESE NATURAL, SOFT TYPE, HALF FAT	606	1.3%
CHEESE NATURAL, SOFT TYPE, LOW FAT	76	0.2%
CHEESE NATURAL, SOFT TYPE, WHOLE MILK	77	0.2%
CHEESE PASTEURIZED PROCESS, AMERICAN TYPE	1	0%
CHEESE PASTEURIZED PROCESS.&PASTEURIZED, SLICED, LOW FAT	1	0%
CHERIMOYA RAW	1	0%
CHEWING GUM	28	0.1%
CHICKEN BREAST, FRIED	1	0%
CHICKEN LEG, BREADED & FRIED	63	0.1%
CHICKEN MEAT BURGER, PROCESSED	1	0%
CHICKEN NUGGETS	2	0%
CHICKEN NUGGETS, UNCOOKED	4	0%
CHICKEN OR HEN BROTH	2	0%
CHICKEN PASTE	4	0%
CHICKEN PATTIES, PROCESSED	1	0%
CHICKEN SEASONING	2	0%
CHICKEN WING, BREADED, FRIED	9	0%
CHICKEN WINGS, ROASTED, READY-TO-EAT	1	0%
CHICKEN'S LIVER	2	0%
CHICKEN, BREAST MEAT WO/SKIN, COOKED, STEWED	9	0%
CHICKEN, BREAST, BREADED & FRIED	49	0.1%
CHICKEN, BREAST, MEAT&SKIN, RAW	2	0%
CHICKEN, GIBLETS	32	0.1%
CHICKEN, GIZZARD, COOKED	1	0%
CHICKEN, GIZZARDS (GIBLETS), RAW	2	0%
CHICKEN, LEG WO/SKIN, COOKED	1	0%
CHICKEN, LEG&SKIN, COOKED	4	0%
CHICKEN, LEG, FRIED W/SKIN	2	0%
CHICKEN, LEGS, COOKED, W/SKIN	2	0%
CHICKEN, LIVER, RAW	10	0%
CHICKEN, MEAT & SKIN, COOKED	10	0%
CHICKEN, MEAT & SKIN, COOKED, FRIED	7	0%
CHICKEN, MEAT ONLY, COOKED	7	0%
CHICKEN, MEAT ONLY, W/O SKIN, COOKED	22	0%
CHICKEN, MEAT ONLY, W/O SKIN, RAW	133	0.3%

CHICKEN, MEAT WO/SKIN	2	0%
CHICKEN, MEAT&SKIN, COOKED, STEWED	17	0%
CHICKEN, MEAT&SKIN, FRIED	3	0%
CHICKEN, MEAT&SKIN, RAW	236	0.5%
CHICKEN, W/SKIN, BAKED	1	0%
CHIVES, RAW	5	0%
CHOCOLATE BEVERAGE W/WATER	6	0%
CHOCOLATE DRINK W/WATER	2	0%
CHOCOLATE SYRUP	2	0%
CHOCOLATE, TABLETS FOR DRINK	3	0%
CHOPPED VEGETABLES	1	0%
CHOPPED VEGETABLES, FOR CHOW MEIN USE	7	0%
CHOPPED VEGETABLES, FOR SOUP USE	6	0%
CHUCHITO, TRADITIONAL DISH, MAIZE-BASED W/MEAT OR POULTRY FILLING	17	0%
CINNAMON, BARK	37	0.1%
CINNAMON, GROUND	4	0%
CITRON, RAW	20	0%
CLOVES, GROUND	3	0%
COCOA POWDER	1	0%
COCONUT DESSERT	1	0%
COCONUT WATER	1	0%
COFFE&WHEAT BLEND, GROUNDED	364	0.8%
COFFEE GRAIN, TOASTED POWDER	2230	4.7%
COFFEE GRAIN, TOASTED, PREPARED W/WATER, WO/SUGAR	20	0%
COFFEE SUBSTITUTE, CEREAL GRAIN W/WATER	17	0%
COFFEE SUBSTITUTE, CEREAL GRAIN, POWDER	16	0%
COFFEE W/MILK	2	0%
COFFEE, GROUND ROASTED, (RECONSTITUTED FROM POWDER) WO/SUGAR	22	0%
COFFEE, GROUND ROASTED, PREPARED W/WATER WO/SUGAR	6	0%
COFFEE, INSTANT, REGULAR, POWDER	265	0.6%
COOKIE, BUTTER BASED, SIMPLE	20	0%
COOKIE, CHOCOLATE FLAVOUR, W/FILLING	67	0.1%
COOKIE, CHOCOLATE-CHIP	1	0%
COOKIE, MARSHMALLOW & COCONUT	9	0%
COOKIE, W/FILLING	126	0.3%
COOKIE, WAFER, W/FILLING	69	0.1%
COOKIES, CHOCOLATE WAFERS	10	0%
CORIANDER, RAW	472	1%
CORN DOUGH, WHITE, LIME-TREATED	105	0.2%

CORN FLOUR, MASA NIXTAMALIZADA	6	0%
CORN FLOUR, MASA YELLOW, UNTREATED	6	0%
CORN ON THE COB, BLACK	1	0%
CORN ON THE COB, BLACK, RAW	1	0%
CORN ON THE COB, IMMATURE	16	0%
CORN ON THE COB, WHITE	24	0.1%
CORN ON THE COB, YELLOW	3	0%
CORN WHITE, GRAIN	8	0%
CORNSTARCH	1	0%
COTRALARIA, LEAVES AND SHOOTS	213	0.4%
CRAB, FRESH RAW	6	0%
CRACKERS, SODA W/SALT	33	0.1%
CRACKERS, SODA WO/SALT	1	0%
CRACKERS, SODA, COCKTAIL	28	0.1%
CREAM, FLUID, LIGHT CONSISTENSY (TABLE CREAM)	35	0.1%
CREAM, HEAVY WHIPPING, DENSE CONSISTENSY	422	0.9%
CREAM, SUBSTITUTE, POWDER	17	0%
CREPES, W/CHICKEN FILLING	1	0%
CUCUMBER, RAW	37	0.1%
DONUTS (ROSQUILLAS), WHEAT BASED	2	0%
DOUGHNUTS, CHOCOLATE GLAZED	3	0%
DOUGHNUTS, W/ FRUIT JELLY FILLING	1	0%
DRINK FRUIT-PUNCH FLAVOR, POWDER W/VIT C	120	0.3%
DRINK ORANGE FLAVOUR, POWDER W/VIT C	27	0.1%
DUCK EGG, FRESH, RAW	7	0%
DUCK, MEAT&SKIN, RAW	3	0%
EGG, DUCK, WHOLE	2	0%
EGG, WHOLE, BOILED	26	0.1%
EGGPLANT, RAW	2	0%
EGGS, SCRAMBLED	7	0%
EGGS, WHOLE COOKED OMELET	2	0%
EGGS, WHOLE COOKED, HARD BOILED	39	0.1%
ENERGY DRINK	1	0%
EPAZOTE, RAW	4	0%
ESSENCE, ANY FLAVOUR	27	0.1%
FAST FOODS, PANCAKES, PLAIN	1	0%
FAST FOODS, POTATO, FRENCH FRIED IN VEGETABLE OIL	34	0.1%
FAST FOODS/RESTAURANT, POTATOES, FRENCH FRIED IN OIL	32	0.1%
FERNALDIA FIDDLE SHAPE, RAW	167	0.3%

FIG LEAF SQUASH, IMMATURE, RAW	2	0%
FISH COOKED FRIED (HOMECOOKED)	1	0%
FISH TILAPIA, GRILLED	1	0%
FISH TILAPIA, RAW	4	0%
FISH, SMALL, DRIED W/SALT	4	0%
FISH, SMALL, FRESH AND RAW	13	0%
FISH, TOSTED W/SALT, SMALL	19	0%
FLOUR, BREADING/ROASTING PURPOSE	33	0.1%
FORMULA ENSURE, DRY POWDER	3	0%
FRANKFURT, BEEF&PORK	29	0.1%
FRANKFURTER, TURKEY	15	0%
FRIED EGGS	2	0%
FRIED PLANTAINS, SNACK	1	0%
FRIED RICE	296	0.6%
FROZEN BANANA W/CHOCOLATE COATING	63	0.1%
FROZEN PINEAPPLE W/CHOCOLATE COATING	3	0%
FRUIT SALAD	1	0%
GARLIC BULB, RAW	6	0%
GELATIN, ANY FLAVOR, PREPARED WITH WATER	19	0%
GELATINE, DRY MIX, POWDER	4	0%
GRANITA	10	0%
GRAPE AMERICAN TYPE, RAW	1	0%
GRAPE, RAW	2	0%
GRAPEFRUIT, RAW	1	0%
GREEN CORN ON COB, IMMATURE	37	0.1%
GREEN CORN ON COB, WHITE RAW	157	0.3%
GREEN CORN ON COB, YELLOW	10	0%
GREEN CORN ON COB, YELLOW, SWEET, COOKED, W/O SALT	1	0%
GREEN CORN ON COB, YELLOW, SWEET, RAW	2	0%
GREEN ONIONS, RAW	2	0%
GUATEMALA STUFFED CHILI PEPPER	3	0%
GUAVA, COMMON, IMMATURE RAW	10	0%
GUAVA, COMMON, MATURE RAW	16	0%
GUICOY SQUASH, MATURE, WO/SALT	3	0%
GUICOY SQUASH, SMALL	5	0%
HAM SANDWICH	12	0%
HAM, PICNIC TYPE	20	0%
HAMBURGUER W/VEGETABLES	7	0%
HEN EGG, WHOLE, RAW, FRESH	1059	2.2%

HEN EGG, YOLK, RAW, FRESH	1	0%
HEN, COOKED	1	0%
HEN, COOKED, WO/ SKIN	3	0%
HOG PLUM, RAW	203	0.4%
HONEY	10	0%
HUSK TOMATO, RAW	28	0.1%
ICE CREAM CONE, WAFER TYPE	5	0%
ICE CREAM, BLACKBERRY	1	0%
ICE CREAM, COCONUT FLAVOUR	4	0%
ICE CREAM, MILK-BASED, CHOCOLATE FLAVOR	4	0%
ICE CREAM, MILK-BASED, CHOCOLATE FLAVOUR	2	0%
ICE CREAM, MILK-BASED, STRAWBERRY FLAVOR	4	0%
ICE CREAM, MILK-BASED, VANILLA FLAVOR	3	0%
ICE CREAM, PEANUT	1	0%
ICE CREAM, STRAWBERRY, COMMERCIAL	1	0%
ICE CREAM, VANILLA COMMERCIAL	1	0%
ICE CREAM, WATER BASED, ARTIFICIAL FLAVOR	4	0%
ICE CREAM, WATER BASED, FRUIT FLAVOR, COMMERCIAL	7	0%
ICE CREAM, WATER BASED, MILK FLAVOR	5	0%
ICE CREAM, WATER BASED, NON COMMERCIAL	24	0.1%
ICE CREAM, WATER-BASED, FRUIT FLAVOUR, COMMERCIAL	1	0%
ICE CREAM, WATER-BASED, MILK FLAVOUR	1	0%
ICE CREAM, WATER-BASED, NON COMMERCIAL	2	0%
ICE-CREAM, PINEAPPLE FLAVOUR	12	0%
ICE-CREAM, TAMARIND FLAVOUR	7	0%
INSTANT COFFEE, W/WATER	2	0%
JELLIES, ALL VAR.	7	0%
JUICE, MIX FRUIT, W/WATER	3	0%
KETCHUP	14	0%
LEAVES, SPEARMINT, RAW	103	0.2%
LEEK BULB&TOPS, RAW	8	0%
LEMON	1	0%
LEMON TANGERINE VAR.	47	0.1%
LEMON, PERSIAN VAR.	137	0.3%
LEMONADE DRINK	24	0.1%
LEMONS, RAW, WITHOUT PEEL	503	1.1%
LETTUCE, BUTTERHEAD, RAW	15	0%
LETTUCE, ICEBERG, RAW	27	0.1%
LIMES, RAW	5	0%

LITCHIS, RAW	14	0%
LOQUATS, RAW	6	0%
MACARONI W/CHEESE, INDUSTRY PREPARED	3	0%
MAIZE BREAD	7	0%
MAIZE FLOUR W/WATER	1	0%
MAIZE GRAIN, COOKED	1	0%
MAIZE THICK TORTILLA FILLED W/CHEESE (SALVADORIAN PUPUSAS)	13	0%
MAIZE THICK TORTILLA FILLED W/FRIED PIG TISSUE (SALVADORIAN PUPUSAS)	23	0%
MAIZE&SOY BLEND, POWDER, FORTIFIED	13	0%
MAMONCILLO/MAMON	3	0%
MANDARIN/TANGERINE, RAW	1	0%
MANGO COMMON, GREEN, RAW	1	0%
MANGO COMMON, MATURE RAW	9	0%
MARGARINE, REG. W/SALT	98	0.2%
MARGARINE, VEGETABLE OIL SPREAD, 60% FAT, W/SALT	2	0%
MARMALADES, ALL VAR.	2	0%
MARSHMALLOW	4	0%
MAYONNAISE	1	0%
MAYONNAISE COMMERCIAL W/SALT	194	0.4%
MEAT BURGER, HOME MADE	28	0.1%
MEAT SEASONING, POWDER	1	0%
MELON, RAW	2	0%
MILK CHOCOLATE	16	0%
MILK CHOCOLATE, W/NUTS	1	0%
MILK IMITATE, W/ADDED VEGETABLE FAT/SHORTENING	5	0%
MILK, CONDENSED, W/ADDED SUGAR, CANNED	1	0%
MILK, DRY, NONFAT, REGULAR, W/VITAMIN A	1	0%
MILK, DRY, NONFAT, W/VITAMIN A, INSTANT	2	0%
MILK, DRY, WHOLE	99	0.2%
MILK, DRY, WHOLE, FORTIFIED	30	0.1%
MILK, FLUID, LOW FAT, CHOCOLATE FLAVOUR	3	0%
MILK, FLUID, LOWFAT (1% MILKFAT) W/VIT A	1	0%
MILK, FLUID, SEMI-SKIMMED, LACTOSE FREE (2% MILKFAT)	2	0%
MILK, FLUID, SKIMMED	3	0%
MILK, FLUID, WHOLE (3.25% MILKFAT)	484	1%
MILLE-FEUILLE CAKE OR THOUSAND SHEETS CAKE	1	0%
MIXED CEREALS FLOUR	9	0%
MIXED VEGETABLES SOUP, DRY	1	0%
MIXED VEGETABLES, CHOPPED	1	0%

MOJARRA	3	0%
MOJARRA, FRESH, RAW	63	0.1%
MOMBIN, RAW	42	0.1%
MUFFINS, WHEAT	2	0%
MUSHROOMS	1	0%
MUSHROOMS SOUP, DRY	1	0%
MUSTARD GREENS, RAW	4	0%
MUSTARD, YELLOW, PREPARED	3	0%
NIGHTSHADE BLACK (MACUY)	1	0%
NIGHTSHADE BLACK LEAVES, RAW	126	0.3%
NIXTAMALIZED MAIZE GRAIN	2	0%
NIXTAMALIZED MAIZE, WHITE GRAIN	1	0%
NOODLES, CHINESE, CHOW MEIN	20	0%
NUTRITIOUS BEVERAGE, INCAPARINA, READY TO DRINK	20	0%
OAT FLOUR, FORTIFIED	10	0%
OATS CEREAL W/MARSHMALLOWS	3	0%
OATS FORTIFIED, RAW	91	0.2%
OATS INSTANT, FORTIFIED, RAW	11	0%
OATS MOSH W/FORTIFICATION (FLAKES IN WATER) WO/SUGAR	1	0%
OATS MOSH WO/FORTIFICATION (FLAKES IN WATER) WO/SUGAR	1	0%
OATS NON FORTIFIED, RAW	60	0.1%
OATS W/MILK	32	0.1%
OIL VEGETABLE, ALL TYPES	1735	3.6%
OIL VEGETABLE, OLIVE	1	0%
OKRA, RAW	6	0%
ONION POWDER	32	0.1%
ONION, TOPS, RAW	5	0%
ONIONS, BULB RAW	1886	3.9%
ONIONS, BULB&TOPS RAW	31	0.1%
ORANGE JUICE W/WATER DRINK	7	0%
ORANGE, SOUR, RAW	27	0.1%
PACAYA PALM, MALE INFLORESCENCE, RAW	10	0%
PACAYA, (PALM FLOWER)	2	0%
PANCAKES, PLAIN DRY MIX, BUTTERMILK	7	0%
PAPAYA MATURE, RAW	5	0%
PAPAYA MOUNTAIN, RAW	1	0%
PAPAYA, RAW	10	0%
PASSION-FRUIT, RAW	7	0%
PASTA COMMERCIAL, ENRICHED DRY	198	0.4%

PASTA COMMERCIAL, UNENRICHED, DRY	10	0%
PASTA COOKED WO/SALT	1	0%
PASTA ENRICHED, COOKED	1	0%
PASTA UNENRICHED, COOKED W/SALT	1	0%
PASTA UNENRICHED, COOKED WO/SALT	3	0%
PASTA, FORTIFIED, COOKED, W/SALT	1	0%
PEACHES, CANNED JUICE SOL&LIQ	3	0%
PEACHES, CANNED NECTAR, W/VIT C	30	0.1%
PEACHES, COMMON, MATURE, W/SKIN	3	0%
PEACHES, COMMON, MATURE, WO/SKIN	1	0%
PEACHES, COMMON, RAW	3	0%
PEANUTS, PEELED RAW	6	0%
PEANUTS, ROASTED, W/O SALT	1	0%
PEANUTS, TOASTED, W/SALT	8	0%
PEAR, NECTAR W/VIT C	1	0%
PEAS GREEN, EDIBLE PODDED RAW	1	0%
PEPEPRS. HOT CHILI, GREEN FRESH, RAW	4	0%
PEPPER, BLACK	13	0%
PEPPERS, CHILI POWDER	8	0%
PEPPERS, HOT CHILI, ALL VAR., FRESH, RAW	19	0%
PEPPERS, HOT CHILI, CHILTEPE FRESH RAW	63	0.1%
PEPPERS, HOT CHILI, JALAPEO FRESH RAW	21	0%
PEPPERS, RAISIN	45	0.1%
PEPPERS, RED, DRIED	56	0.1%
PEPPERS, SWEET, GREEN, FRESH RAW	61	0.1%
PEPPERS, SWEET, RED, FRESH RAW	191	0.4%
PERAS, COMON, WO/ SKIN, RAW	1	0%
PICKLED VEGETABLES	2	0%
PIE/PATTY POTATO BASED	137	0.3%
PIE/PATTY, UNRIPE PUMPKIN BASED	1	0%
PIG MEAT, COOKED	3	0%
PIG, BACKRIBS, ROASTED	2	0%
PIG, LEAN MEAT, ROASTED	1	0%
PIG, SEMI LEAN MEAT, COOKED	1	0%
PIG, SEMI LEAN MEAT, FRIED	4	0%
PIG, SKIN, FRIED	22	0%
PIGEON, MEAT&SKIN, RAW	2	0%
PINEAPPLE, JUICE, PACKAGED, SOL&LIQ	5	0%
PINEAPPLE, NECTAR	30	0.1%

PINEAPPLE, RAW	34	0.1%
PINOL PLAIN	150	0.3%
PIZZA WITH CHEESE, MEAT AND VEGETABLES	1	0%
PIZZA, MEAT & VEG TOPPING, REG CRUST	3	0%
PIZZA, PEPPERONI TOPPING	12	0%
PLANTAIN MATURE, RAW	60	0.1%
PLANTAIN, MATURE, COOKED	22	0%
POPCORN W/SALT & OIL	6	0%
POPCORN, SYRUP COATING, FOOD-INDUSTRYY PREPARED	12	0%
PORK CHOP, ROASTED	1	0%
PORK CHORIZO	3	0%
PORK LARD	20	0%
PORK MEAT, LOWFAT, W/BONE, RAW	1	0%
PORK, FRESH, BACKRIBS, RAW	5	0%
PORK, FRESH, HIGH FAT, RAW	3	0%
PORK, FRESH, LEAN&FAT, RAW	17	0%
PORK, FRESH, LEAN, RAW	8	0%
PORK, LEAN MEAT, COOKED	1	0%
PORK, LIVER, RAW	1	0%
PORK, SKIN, FRIED	5	0%
POTATOES, W/PEEL, COOKED, WO/SALT	1	0%
POTATOES, W/SKIN, RAW	26	0.1%
POTATOES, WO/PEEL, COOKED	2	0%
POTATOES, WO/PEEL, COOKED WO/SALT	2	0%
POTATOES, WO/SKIN, COOKED WO/SALT	15	0%
POTATOES, WO/SKIN, RAW	410	0.9%
POULTRY, FROM MATURE HENS, RAW	37	0.1%
PROTEMAS, MEAT EXTENDER, SOY PROTEIN	5	0%
PUMPKIN, FLOWERS, RAW	8	0%
PUMPKIN, LEAVES&SHOOTS, RAW	6	0%
PUMPKIN, MATURE AND YELLOW, RAW	80	0.2%
PUMPKIN, SMALL RAW	127	0.3%
RADISH SMALL, ROOT	27	0.1%
RADISH, LEAVES	6	0%
RADISH, SMALL, ROOT	6	0%
RED BEANS, COOKED	44	0.1%
RED MOMBIN/SPANISH PLUM, RAW	238	0.5%
RELLENITO (TRADITIONAL DISH), PLANTAIN BASED DOUGH FILLED WITH BEANS	1	0%
RELLENITOS, TRADITIONAL DISH, PLANTAIN BASED DOUGH FILLED WITH LIQUIFIED BEANS	6	0%

RICE BREAD (QUESADILLA)	26	0.1%
RICE COOKED FRIED	6	0%
RICE FLOUR, WHITE	6	0%
RICE WHITE, MED. GRAIN, POLISHED, UNENRICHED, RAW	406	0.8%
RICE WHITE, UNDERMILL	34	0.1%
ROSELLE FLOWERS INFUSION BEVERAGE W/WATER	22	0%
ROSELLE, FLOWERS DRIED	21	0%
SAFFRON	2	0%
SALT W/GARLIC POWDER	43	0.1%
SALT, TABLE	3773	7.9%
SAN ANTONIO HERB (EPILOBIO)	1	0%
SANDWICH OR BURGUER, CHICKEN	18	0%
SAPODILLA RAW	3	0%
SAPOTE (MARMALADE PLUM), GREEN, RAW	2	0%
SARDINE CANNED, IN TOMATO SAUCE	8	0%
SARDINE, CANNED W/TOMATO	3	0%
SAUCE, CATSUP	134	0.3%
SAUCE, HOT CHILI, BOTTLED	2	0%
SAUCE, SOFRITO, PREPARED FROM RECIPE	4	0%
SAUCE, SOYBEAN	21	0%
SAUCE, SPICY	19	0%
SAUCE, TOMATO W/CHEESE, CANNED, COMMERCIAL	35	0.1%
SAUCE, TOMATO W/ONIONS, COMMERCIAL	13	0%
SAUCE, TOMATO W/ONIONS, PEPPERS&CELERY, COMMERCIAL	89	0.2%
SAUCE, WORCESTERSHIRE	9	0%
SAUSAGE CHORIZO, COW	2	0%
SAUSAGE LONGANIZA, BEEF	7	0%
SAUSAGE LONGANIZA, COW	7	0%
SAUSAGE LONGANIZA, PORK	5	0%
SAUSAGE, BEEF	15	0%
SAUSAGE, CHICKEN	114	0.2%
SAUSAGE, CHORIZO, BEEF	15	0%
SAUSAGE, CHORIZO, PORK	33	0.1%
SAUSAGE, LONGANIZA, PORK	19	0%
SAUSAGE, TURKEY	3	0%
SAVORY, GROUND	694	1.5%
SEEDS, ANATTOTREE DRIED	1	0%
SEEDS, ANATTOTREE, PASTE	5	0%
SEEDS, PEPITORIA GROUNDED	27	0.1%

SEEDS, PEPITORIA, GROUNDED	33	0.1%
SEEDS, PUMPKIN DRIED	4	0%
SEEDS, PUMPKIN DRIED, ROASTED	23	0%
SEEDS, SESAME DRIED	60	0.1%
SHECA, TRADITIONAL DISH, SOFT BREAD W/FILLING	1	0%
SHRIMP	1	0%
SHRIMP, COOKED	1	0%
SHRIMP, FRESH RAW	3	0%
SNACKS, CORN BASED EXTRUDED, CHIPS, BARBECUE-FLAVOR	3	0%
SNACKS, CORN BASED EXTRUDED, TWISTS, CHEESE FLAVOR	1	0%
SNACKS, NACHOS (TORTILLA CHIPS), W/CHEESE	3	0%
SNACKS, PEANUTS, W/WHEAT-FLOUR LAYER (JAPANESE-TYPE)	6	0%
SNACKS, PIG FAT TISSUE, FRIED	11	0%
SNACKS, POTATO CHIPS	9	0%
SNACKS, POTATO CHIPS, BARBACUE-FLAVOR	3	0%
SNACKS, TORTILLA CHIPS (NACHOS), BARBACUE FLAVOUR, COMMERCIAL	289	0.6%
SNACKS, TORTILLA CHIPS (NACHOS), CHEESE FLAVOUR, COMMERCIAL	187	0.4%
SNACKS, TORTILLA CHIPS, NACHO FLAVOR	64	0.1%
SNACKS, TORTILLA CHIPS, PLAIN	35	0.1%
SNACKS, WHEAT BASED, CHIPS	38	0.1%
SOFT DRINK, COLA CARBONATED	371	0.8%
SOFT DRINK, NOT COLA, CARBONATED	142	0.3%
SOFT DRINK, PINEAPPLE	30	0.1%
SOFT DRINK, RECONSTITUTED FROM FRUIT CONCENTRATE, W/SUGAR	44	0.1%
SONZAPOTE, RAW	1	0%
SOUP CREAM DEHYDRATED, DRY FORM, SEAFOOD	3	0%
SOUP DEHYDR., DRY FORM, CHICKEN & NOODLES, W/WATER	7	0%
SOUP DEHYDR., DRY FORM, RAMEN NOODLE, ANY FLAVOR, W/WATER	24	0.1%
SOUP DEHYDR., DRY FORM, RAMEN NOODLE, BEEF FLAVOUR W/WATER	3	0%
SOUP DEHYDR., DRY FORM, RAMEN NOODLE, CHICKEN FLAVOUR W/WATER	42	0.1%
SOUP DEHYDRATED, DRY FORM, BEEF&NOODLES	5	0%
SOUP DEHYDRATED, DRY FORM, CHICKEN&NOODLES	210	0.4%
SOUP DEHYDRATED, DRY FORM, CHICKEN&RICE	9	0%
SOUP DEHYDRATED, DRY FORM, RAMEN NOODLE, ANY FLAVOR	5	0%
SOUP, BEEF FLAVOUR, POWDER	2	0%
SOUP, DEHYDR., HEN W/NOODLES	14	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE BEEF FLAVOR	1	0%
SOUP, DEHYDRATED, DRY FORM, RAMEN NOODLE CHICKEN FLAVOR	36	0.1%
SOURSOP, RAW	1	0%

SOY MILK, POWDER	2	0%
SOY SPROUTS	4	0%
SOYBEANS-MAIZE, POWDER, FOR CHILDREN AND PREGNANT WOMEN USE	51	0.1%
SPICES, OREGANO, DRIED	6	0%
SPORTS DRINK W/ELECTROLYTE, GATORADE BRAND	10	0%
STRAWBERRIES, RAW	12	0%
STRAWBERRY CAKE, COLD	18	0%
SUGAR BROWN, GRANULATED FORTIFIED W/VIT A	160	0.3%
SUGAR CANE	4	0%
SUGAR WHITE, GRANULATED FORTIFIED W/VIT A	4638	9.7%
SUPPLEMENT, PROTEINOL BRAND (POWDER IN WATER)	1	0%
SWEET BREAD, W/FLOUR COATING	6	0%
SWEET ORANGE, FRUIT RAW	17	0%
SWEET ORANGE, JUICE NATURAL	1	0%
SWEET ORANGE, JUICE, PACKAGED, WO/SUGAR	1	0%
SWEET ORANGE, RAW	81	0.2%
SWEET SOP OR SUGAR APPLE, RAW	63	0.1%
SWEET SOP, PINK, RAW	61	0.1%
TACO, SOFT, W/CHICKEN, FAST FOOD PREPARED (TACO BELL)	4	0%
TACO, W/BEEF, FAST FOOD PREPARED (TACO BELL)	1	0%
TACOS W/BEEF MEAT	5	0%
TACOS, BEEF FILLING	4	0%
TACOS, POTATO BASED	17	0%
TACOS, W/BEEF OR POULTRY MEAT & VEGETABLES	2	0%
TAMALE, FILLED W/MEAT OR POULTRY&TOMATO SAUCE	1	0%
TAMALE, GUATEMALAN TRADITIONAL DISH, W/CROTALARIA LEAVES AND SHOOTS	2	0%
TAMALE, MAIZE BASED	2	0%
TAMALE, MAIZE BASED, PLAIN (GUATEMALAN TRADITIONAL DISH)	32	0.1%
TAMALE, POTATO BASED, FILLED W/MEAT OR POULTRY	2	0%
TAMALE, TRADITIONAL DISH, BEANS BASED	3	0%
TAMALE, TRADITIONAL DISH, FILLED W/MEAT OR POULTRY, W/TOMATO-PEPPER BASED SAUCE	100	0.2%
TAMALEW/CROTALARIA LEAVES AND SHOOTS (GUATEMALAN TRADITIONAL DISH)	5	0%
TAMARIND BEVERAGE W/WATER	20	0%
TAMARIND, RAW	21	0%
TANGERINES (MANDARIN ORANGES), RAW	4	0%
THYME, DRIED	7	0%
TOMATO SAUCE, HOME MADE	17	0%
TOMATO, NATURAL SAUCE	119	0.2%
TOMATO, RED, RAW	1594	3.3%

TORTILLA	1	0%
TORTILLA, CORN WHITE, LIME TREATED	151	0.3%
TORTILLA, FRIED W/ CHOW-MEIN	122	0.3%
TORTILLA, FRIED W/BEANS	36	0.1%
TORTILLA, FRIED W/BEANS AND CHEESE	30	0.1%
TORTILLA, FRIED W/CHOW MEIN	9	0%
TORTILLA, FRIED W/GUACAMOLE (GUATEMALA)	4	0%
TORTILLA, FRIED W/TOMATO SAUCE	2	0%
TORTILLA, FRIED W/WHITE CABBAGE	2	0%
TORTILLA, FRIED, W/TOMATO SAUCE	21	0%
TORTILLA, MAIZE BASED	4677	9.8%
TORTILLA, MAIZE BASED, FRIED	88	0.2%
TORTILLA, MAIZE FLOUR BASED	38	0.1%
TORTILLA, WHEAT, READY-TO-BAKE/FRY	12	0%
TRADITIONAL DESSERT DISH, PANCAKE MIX DOUGH, FRIED, W/HONEY	2	0%
TROUT	1	0%
TROUT, FRESH, RAW	4	0%
TURKEY ROLL, LIGHT MEAT	8	0%
TURKEY, MEAT&SKIN, RAW	1	0%
VEGETABLE JUICE, CANNED, INDUSTRY PREPARED	2	0%
VEGETABLE SHORTENING	5	0%
VEGETABLES JUICE, CANNED	6	0%
VINEGAR	16	0%
WATER SWEETENED	8	0%
WATERCRESS, RAW	2	0%
WATERMELON, RAW	28	0.1%
WHEAT CRISP CHIPS (CHICHARRIN)	34	0.1%
WHEAT FLOUR W/SOY 12%	2	0%
WHEAT FLOUR W/WATER	1	0%
WHEAT FLOUR WHITE, ALL PURPOSE, UNENRICHED	16	0%
WHEAT FLOUR WHITE, BREAD USE, ENRICHED	19	0%
WHEAT FLOUR, ALL PURPOSE, FORTIFIED	2	0%
WHITE MAIZE MEAL DEGERMED, FORTIFIED	5	0%
WHITE MAIZE MEAL, DEGERMED, NOT FORTIFIED	1	0%
WHITE MAIZE MEAL, NON TREATED	68	0.1%
WHITE SUGAR, GRANULATED	7	0%
YELLOW MAIZE MEAL, DEGERMED, FORTIFIED	7	0%
YOGHURT, SKIMMED MILK, FRUIT FLAVOURED	9	0%
YOGHURT, WHOLE MILK, FRUIT FLAVOUR	3	0%

YOLK, HEN EGG		1	0%
YUCCA BULBSTEAM, FLOWERS RAW		1	0%

## FOODEX2\_INGR\_CODE: FoodEx2 ingredient code

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0  
Type: Discrete Width: 75 Range: - Format: character

### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
A000P		1	0%
A000T#F10.A0F2R		8	0%
A000T#F28.A07GG\$F28.A07LQ\$F10.A0F2R		1	0%
A000T#F28.A07GG\$F28.A07LQ\$F10.A0F5H		2	0%
A000T#F28.A0BA1		1	0%
A001D#F10.A0EZZ		34	0.1%
A002P#F28.A0C0S\$F10.A0F2R		68	0.1%
A002P#F28.A0CQY\$F10.A0F2R\$F10.A0F6C		5	0%
A002P#F28.A0CQY\$F10.A0F2R\$F10.A0F6D		1	0%
A002P#F28.A0CQY\$F10.A0F6C\$F10.A0F5H		7	0%
A002Q#F28.A07HC\$F04.A019T\$F04.A03HG\$F04.A0EZM\$F04.A0CXN		150	0.3%
A002Q#F28.A07LQ\$F04.A048J		6	0%
A002Q#F28.A07MP		1	0%
A002Q#F28.A0C0S\$F10.A0F5H		6	0%
A002R		1	0%
A002Y#F10.A0F6C		10	0%
A003D#F10.A0F6D		406	0.8%
A003F#F10.A07XK		6	0%
A003X#F04.A004F\$F10.A0F6C		7	0%
A003X#F10.A0F6C		2	0%
A003X#F28.A07MP		1	0%
A003Y#F10.A0F6D		16	0%
A003Y#F28.A066E\$F10.A0F6C		19	0%
A004S		9	0%
A004S#F27.A001M\$F04.A0DBM		2	0%

A004X#F28.A07HM\$F10.A0CQM	1253	2.6%
A004X#F28.A07HN	4	0%
A004Y#F04.A031S\$F10.A0CQM\$F22.A07SZ	9	0%
A004Y#F22.A07SH	3	0%
A004Y#F22.A07SZ	480	1%
A004Z	7	0%
A005E	1	0%
A005K#F04.A001D	26	0.1%
A005Y#F10.A0CJK\$F22.A07SH	33	0.1%
A005Y#F10.A0CQE\$F22.A07SH	1	0%
A005Y#F22.A07SH	28	0.1%
A006R#F04.A002Q\$F04.A0EYH	17	0%
A006R#F28.A07GG\$F04.A000S\$F10.A16YC	32	0.1%
A006R#F28.A07GG\$F04.A000T	2	0%
A006R#F28.A07GG\$F04.A0EYH\$F04.A044C	100	0.2%
A006R#F28.A07GG\$F28.A07MA\$F04.A012S	3	0%
A006R#F28.A07GG\$F28.A07MA\$F04.A0EYH\$F04.A044C	1	0%
A006R#F28.A07GG\$F28.A0CRL\$F04.A00KR	7	0%
A006R#F28.A0BA1\$F28.A07MA\$F10.A0CJQ	1	0%
A006V#F04.A002Q	38	0.1%
A006V#F04.A002Q\$F04.A048J	151	0.3%
A006V#F04.A002Q\$F04.A048J\$F22.A07SY	4677	9.8%
A006V#F04.A003X\$F22.A07SH\$F24.A07VQ	12	0%
A006V#F04.A00ZT	7	0%
A006V#F28.A07GR\$F04.A002Q	88	0.2%
A006V#F28.A07GR\$F04.A002Q\$F04.A007R	131	0.3%
A006V#F28.A07GR\$F04.A002Q\$F04.A00GC	2	0%
A006V#F28.A07GR\$F04.A002Q\$F04.A01LB	4	0%
A006V#F28.A07GR\$F04.A002Q\$F04.A044C	21	0%
A006V#F28.A07GR\$F04.A012S	1	0%
A006V#F28.A07GR\$F04.A012S\$F04.A002Q	35	0.1%
A006V#F28.A07GR\$F04.A012S\$F04.A002Q\$F04.A02QE	30	0.1%
A006V#F28.A07GR\$F04.A044C	2	0%
A007A	3	0%
A007L#F10.A0F6C	198	0.4%
A007L#F10.A0F6D	10	0%
A007L#F28.A0BA1\$F10.A0F6C	1	0%
A007R	87	0.2%
A007R#F04.A01SP	2	0%

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A008T#F04.A002Q\$F04.A048J\$F10.A07XK		106	0.2%
A009Y#F22.A07SH		20	0%
A00AE#F04.A0EQD\$F22.A07SH		1	0%
A00AE#F28.A07MA\$F04.A06MF\$F22.A07SH		67	0.1%
A00AE#F28.A07MA\$F22.A07SH		126	0.3%
A00AP#F04.A0CSM\$F10.A0F5H		18	0%
A00AP#F10.A0F5H		4	0%
A00AQ#F28.A07MA\$F04.A02PX\$F04.A06VS\$F22.A07SH		2	0%
A00BA		7	0%
A00BA#F28.A07KP\$F04.A01EA		18	0%
A00BC#F04.A003X		2	0%
A00BG		10	0%
A00BG#F10.A16YC\$F22.A07SH		1	0%
A00BL#F04.A003Y\$F04.A02LT		3	0%
A00BL#F22.A07SZ		6	0%
A00BR#F04.A003X		2	0%
A00BR#F28.A07HP		3	0%
A00BR#F28.A07MA\$F04.A16FC		1	0%
A00CC#F28.A07HM\$F04.A02PX		1	0%
A00CJ#F04.A0DLV\$F10.A07XM		1	0%
A00CL		1	0%
A00CM#F28.A07GR\$F08.A033J		2	0%
A00DC#F04.A042P\$F04.A036N		6	0%
A00DC#F28.A07HM\$F22.A07SH		12	0%
A00DD		115	0.2%
A00DD#F24.A07VP		3	0%
A00DD#F28.A07HN		10	0%
A00DD#F28.A07HN\$F24.A07VP		1	0%
A00DD#F28.A07HP\$F24.A07VP		35	0.1%
A00DH#F28.A0BA1\$F04.A03DK		1	0%
A00DH#F28.A0BA1\$F04.A03DK\$F10.A0F6C		1	0%
A00DJ#F10.A0F6C		11	0%
A00DL#F10.A0F6C		91	0.2%
A00DL#F10.A0F6D		60	0.1%
A00DN#F04.A035H		3	0%
A00DR		1	0%
A00DR#F28.A07HP		36	0.1%
A00DR#F28.A07HP\$F24.A07VP		1	0%
A00EE#F04.A06NQ		10	0%

A00EM#F28.A07HP\$F24.A07VP		1	0%
A00FC#F04.A06KM\$F22.A07SH		3	0%
A00FD#F04.A02QE		3	0%
A00FD#F04.A06KM\$F22.A07SH		289	0.6%
A00FD#F04.A06LZ\$F22.A07SH		187	0.4%
A00FD#F22.A07SH		99	0.2%
A00FE#F04.A06LZ		1	0%
A00FN		13	0%
A00FR		5	0%
A00GC		123	0.3%
A00GC#F28.A07GG\$F10.A0CQE		41	0.1%
A00GZ		6	0%
A00JA#F10.A0F2Q		65	0.1%
A00JA#F10.A0F2S		191	0.4%
A00JA#F28.A07GR\$F28.A07HK\$F28.A07MA\$F04.A042L		3	0%
A00JB		103	0.2%
A00JD		2	0%
A00JF		6	0%
A00JM		37	0.1%
A00JZ#F10.A0F2R		410	0.9%
A00JZ#F28.A07GL\$F10.A0F2Q		4	0%
A00JZ#F28.A07GL\$F26.A07XD		15	0%
A00JZ#F28.A0BA1		13	0%
A00KF		6	0%
A00KH#F10.A07XL\$F10.A0F5H		80	0.2%
A00KH#F10.A0F2Q\$F10.A16YC		127	0.3%
A00KH#F28.A07GG\$F10.A07XL\$F10.A0CQE		3	0%
A00KJ		28	0.1%
A00KP#F10.A07XM		37	0.1%
A00KP#F10.A0F2R		157	0.3%
A00KP#F10.A0F5H		10	0%
A00KP#F10.A0F5H\$F10.A0CQM		2	0%
A00KP#F10.A166Z		1	0%
A00KP#F28.A07GG\$F10.A0F5H\$F10.A0CQE		1	0%
A00KP#F28.A0BA1\$F10.A07XM		16	0%
A00KP#F28.A0BA1\$F10.A0F2R		24	0.1%
A00KP#F28.A0BA1\$F10.A0F5H		3	0%
A00KP#F28.A0BA1\$F10.A166Z		1	0%
A00KR#F26.A07XE		1	0%

A00KR#F26.A07XE\$F20.A0CQV		213	0.4%
A00KY		15	0%
A00KZ		27	0.1%
A00MB		6	0%
A00ML		13	0%
A00ND		2	0%
A00NL		126	0.3%
A00NL#F28.A0BA1		1	0%
A00PC#F10.A0F2Q		37	0.1%
A00PC#F28.A0BA1\$F10.A0F2Q		1	0%
A00PG#F28.A0BA1		1	0%
A00QA		1	0%
A00QG		7	0%
A00QH		1	0%
A00QH#F20.A07QE		12	0%
A00QH#F20.A07QF		230	0.5%
A00QH#F28.A07GL\$F10.A0CQE\$F20.A07QF		15	0%
A00RR#F01.A05BX		5	0%
A00RR#F26.A07XE		2	0%
A00RY		62	0.1%
A00SB#F20.A07RL		8	0%
A00SY		4	0%
A00TQ		1	0%
A00XD		5	0%
A00XF		472	1%
A00XJ		4	0%
A00YC		103	0.2%
A00ZJ		2	0%
A00ZT#F20.A07QE		26	0.1%
A00ZT#F20.A07QF		410	0.9%
A00ZT#F28.A07GG\$F10.A0CQE\$F20.A07QF		2	0%
A00ZT#F28.A0BA1\$F10.A0CQE\$F20.A07QE		1	0%
A00ZT#F28.A0BA1\$F10.A0CQE\$F20.A07QF		15	0%
A00ZT#F28.A0BA1\$F20.A07QF		2	0%
A00ZZ		17	0%
A00ZZ#F28.A07GG		6	0%
A010V		4	0%
A011N#F22.A07SK		32	0.1%
A011S		137	0.3%

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A012S		4	0%
A012S#F10.A0F2Q		4	0%
A012S#F10.A0F2R		25	0.1%
A012S#F10.A0F2S		48	0.1%
A012S#F10.A166Z		106	0.2%
A012S#F28.A07GG\$F10.A0F2S		55	0.1%
A012S#F28.A0BA1\$F10.A0F2S		4	0%
A012S#F28.A0BA1\$F10.A166Z		5	0%
A015H#F20.A07QF		6	0%
A015H#F28.A07GY\$F10.A0CQE		1	0%
A015H#F28.A07HC\$F10.A0CJK		8	0%
A015H#F28.A07LZ\$F04.A003X\$F22.A07SH		6	0%
A015K#F28.A07KG		60	0.1%
A015X#F28.A07KG		4	0%
A015X#F28.A07KG\$F28.A07GY		23	0%
A016T#F27.A00XV		6	0%
A017M#F28.A07LA\$F03.A06JD		694	1.5%
A017Q		7	0%
A018M#F28.A07KG		1	0%
A019C		13	0%
A019J		21	0%
A019K#F03.A06JD		8	0%
A019K#F10.A0F2S		56	0.1%
A019K#F27.A00JB\$F10.A0F2Y		45	0.1%
A019V		37	0.1%
A019V#F28.A07LA		4	0%
A01AL#F28.A07LA		3	0%
A01AR		2	0%
A01BB#F28.A07GS		3	0%
A01BY		1	0%
A01BY#F20.A07QF		503	1.1%
A01BZ		20	0%
A01CB		1	0%
A01CD		4	0%
A01CR		98	0.2%
A01CY		1	0%
A01DJ#F20.A07QE		31	0.1%
A01DJ#F20.A07QF		9	0%
A01DK#F20.A07QE		63	0.1%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

A01DK#F20.A07QF		15	0%
A01DL		6	0%
A01DP#F20.A07QF		1	0%
A01DX		1	0%
A01EA		12	0%
A01GM		3	0%
A01GM#F10.A07XL\$F20.A07QE		3	0%
A01GM#F10.A07XL\$F20.A07QF		1	0%
A01HE#F01.A18CE		18	0%
A01JJ		245	0.5%
A01KA		14	0%
A01KC		7	0%
A01KK		2	0%
A01KT		3	0%
A01KX		3	0%
A01LA#F26.A07XE		1	0%
A01LB		33	0.1%
A01LC		377	0.8%
A01LF#F10.A07XL		9	0%
A01LF#F10.A0F2Q		1	0%
A01LG		15	0%
A01LJ		1	0%
A01LK		64	0.1%
A01LL		63	0.1%
A01LP		34	0.1%
A01LT		1	0%
A01NJ		2	0%
A01QG		1	0%
A01QV#F28.A07GG\$F10.A077B		5	0%
A01QX#F10.A077B		59	0.1%
A01QX#F10.A0CRE		8	0%
A01QX#F20.A07QL		2	0%
A01QX#F20.A0F4V		15	0%
A01QX#F20.A0F4V\$F20.A07QL		8	0%
A01QX#F28.A07GZ		4	0%
A01QX#F28.A07GZ\$F10.A077B		22	0%
A01QX#F28.A0BA1		1	0%
A01RG#F10.A077B		17	0%
A01RG#F10.A0CRE		3	0%

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A01RG#F20.A07QL	5	0%
A01RG#F20.A07QL\$F20.A0F4V	1	0%
A01RG#F20.A0F4V	8	0%
A01RG#F28.A07GR\$F10.A077B	4	0%
A01RG#F28.A07GY\$F10.A077C	1	0%
A01RG#F28.A07GY\$F20.A07QL	3	0%
A01RG#F28.A0BA1	3	0%
A01RG#F28.A0BA1\$F10.A077B	1	0%
A01RG#F28.A0BA1\$F10.A077C	1	0%
A01SN#F01.A0C7A	37	0.1%
A01SN#F01.A0C7A\$F28.A07GG	1	0%
A01SN#F01.A0C7A\$F28.A07GG\$F20.A07QR	3	0%
A01SP#F02.A06AG\$F28.A07GR\$F28.A07HK	9	0%
A01SP#F02.A06AG\$F28.A07GY\$F24.A07VP	1	0%
A01SP#F02.A07XQ\$F28.A07GG\$F20.A07QQ	2	0%
A01SP#F02.A07XQ\$F28.A07GR\$F20.A07QQ	2	0%
A01SP#F02.A07XQ\$F28.A07HK\$F28.A07GR	63	0.1%
A01SP#F02.A07XQ\$F28.A0BA1\$F20.A07QQ	4	0%
A01SP#F02.A07XQ\$F28.A0BA1\$F20.A07QR	1	0%
A01SP#F02.A07XS\$F20.A07QQ	2	0%
A01SP#F02.A07XS\$F28.A07GM\$F20.A07QR	9	0%
A01SP#F02.A07XS\$F28.A07GR	1	0%
A01SP#F02.A07XS\$F28.A07GR\$F28.A07HK	49	0.1%
A01SP#F20.A07QQ	236	0.5%
A01SP#F20.A07QR	133	0.3%
A01SP#F28.A07GM\$F20.A07QQ	17	0%
A01SP#F28.A07GR\$F20.A07QQ	3	0%
A01SP#F28.A07GR\$F20.A07QQ\$F20.A07QM	7	0%
A01SP#F28.A07GX\$F20.A07QQ	1	0%
A01SP#F28.A07HK\$F28.A0BA1\$F22.A07SH	2	0%
A01SP#F28.A07KX	4	0%
A01SP#F28.A0BA1\$F20.A07QM\$F20.A07QQ	10	0%
A01SP#F28.A0BA1\$F20.A07QM\$F20.A07QR	7	0%
A01SP#F28.A0BA1\$F20.A07QR	24	0.1%
A01SQ#F20.A07QQ	1	0%
A01SR#F20.A07QQ	3	0%
A01TA#F20.A07QQ	2	0%
A01VA#F28.A07GR	22	0%
A01VA#F28.A07GR\$F22.A07SH	11	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

A01XF		1	0%
A01XJ		1	0%
A01XZ		10	0%
A01XZ#F28.A0BA1		2	0%
A020R#F02.A07XN		9	0%
A020R#F02.A18LY		4	0%
A020Z		1	0%
A021A#F28.A07GR\$F20.A07QQ\$F20.A0F4T		5	0%
A022B		32	0.1%
A022B#F02.A06AD\$F28.A0BA1		1	0%
A022B#F02.A07XR		2	0%
A022R		20	0%
A023F#F03.A06JA		8	0%
A024G#F04.A01QX		15	0%
A024G#F04.A01SP		97	0.2%
A024G#F04.A01SP\$F04.A022B		17	0%
A024G#F04.A01SQ\$F04.A022D		3	0%
A024J#F04.A01QV\$F04.A020R		7	0%
A024J#F04.A01RG\$F04.A021A		19	0%
A024J#F28.A0BA1\$F04.A01QV\$F04.A020R		7	0%
A024J#F28.A0BA1\$F04.A01RG\$F04.A021A		5	0%
A025C#F04.A01QX\$F04.A020R		15	0%
A025C#F04.A01RG		3	0%
A025C#F04.A01RG\$F04.A021A		33	0.1%
A025C#F28.A0BA1\$F04.A01QV\$F04.A020R		2	0%
A025S#F04.A01VA		1	0%
A026B#F04.A01TN\$F04.A020R\$F04.A021A		29	0.1%
A026C#F04.A01SQ\$F04.A022D		15	0%
A026V#F01.A0QZN\$F28.A0BA1		3	0%
A026V#F26.A07XE		63	0.1%
A026V#F28.A07GR\$F22.A07SS		1	0%
A028A		4	0%
A028A#F28.A07GZ		1	0%
A029F		4	0%
A029N#F28.A0BA1		1	0%
A02GA		1	0%
A02GB		3	0%
A02GB#F28.A0BA1		1	0%
A02JP#F27.A02BJ\$F10.A16YC\$F10.A0CJK		19	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

A02JP#F27.A02BJ\$F28.A0BA1\$F10.A16YC\$F10.A0CJK	4	0%
A02LV#F04.A036N	5	0%
A02LY	39	0.1%
A02LY#F03.A06JL\$F07.A06ZT	445	0.9%
A02LZ#F28.A07MM\$F03.A06JL\$F07.A06ZF	2	0%
A02MA	2	0%
A02MA#F03.A06JL	1	0%
A02MA#F09.A0EXZ\$F03.A06JL\$F07.A06YT	1	0%
A02ML	35	0.1%
A02ML#F03.A0CEE	422	0.9%
A02MP#F04.A02MA\$F04.A06MF	3	0%
A02NH#F27.A02LY\$F04.A06NQ	3	0%
A02NH#F27.A02MA\$F04.A06NQ	9	0%
A02PG#F28.A0BYP\$F10.A077J	1	0%
A02PK#F10.A0F6C	30	0.1%
A02PK#F27.A02LV	99	0.2%
A02PL#F27.A02LV\$F09.A0EXZ	1	0%
A02PL#F27.A02LV\$F28.A07XZ\$F09.A0EXZ	2	0%
A02QA#F04.A015H	1	0%
A02QA#F04.A06MF	6	0%
A02QA#F04.A06MM	4	0%
A02QA#F04.A06TV	4	0%
A02QA#F04.A06TV\$F22.A07SH	1	0%
A02QA#F04.A06VS	3	0%
A02QA#F04.A06VS\$F22.A07SH	1	0%
A02QF#F10.A0CJQ	2	0%
A02QF#F26.A07XD	4	0%
A02QF#F27.A02LY\$F10.A169Q	77	0.2%
A02QF#F27.A02LZ\$F10.A169Q	606	1.3%
A02QF#F27.A02MA\$F10.A169Q	76	0.2%
A02QF#F28.A07KG\$F10.A0CJP	156	0.3%
A02QL	46	0.1%
A031B#F10.A0F5H	1	0%
A031B#F10.A0F5H\$F10.A077C	1	0%
A031G	1059	2.2%
A031H	7	0%
A031S	1	0%
A031S#F28.A0BA1	1	0%
A032A#F27.A031H	2	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

A032B		39	0.1%
A032B#F10.A0CQE		26	0.1%
A032C		2	0%
A032C#F28.A0CRJ		7	0%
A032J		7	0%
A032L#F09.A0EXZ\$F10.A0F6C		4638	9.7%
A032P		10	0%
A032P#F09.A0EXZ\$F10.A0F6C		160	0.3%
A033J		10	0%
A034J		16	0%
A034Q#F04.A034J\$F04.A014C		1	0%
A034X		159	0.3%
A035H		4	0%
A035L		15	0%
A035M		28	0.1%
A036H#F28.A07MR		19	0%
A036K		24	0.1%
A036K#F04.A01EE		1	0%
A036K#F04.A06NQ\$F22.A07SH		8	0%
A036K#F04.A06NQ\$F22.A07SS		2	0%
A036K#F04.A06RC		6	0%
A036K#F04.A06SJ		12	0%
A036K#F04.A06VD		7	0%
A036K#F22.A07SH		4	0%
A036L		10	0%
A036N		1735	3.6%
A036P		1	0%
A037V		20	0%
A039C#F10.A0CJK		1	0%
A039C#F10.A0CQE		3	0%
A039D#F10.A0CJK\$F07.A076B		98	0.2%
A039E#F10.A0CJK\$F07.A075D		2	0%
A039G#F04.A036N		5	0%
A039M#F28.A0BYP\$F10.A077K\$F22.A07SH		2	0%
A03AB#F28.A0BYP\$F10.A06JM\$F22.A07SH		3	0%
A03AF#F28.A0BYP\$F10.A06JM\$F22.A07SH		5	0%
A03AM		1	0%
A03AM#F28.A0BYP\$F10.A077K\$F22.A07SH		1	0%
A03BD#F22.A07SH		88	0.2%

A03BH#F28.A0BYP\$F09.A0EXN\$F22.A07SH	30	0.1%
A03BJ#F09.A0EXN\$F10.A0F6C\$F22.A07SH	1	0%
A03BK#F22.A07SH	30	0.1%
A03CS#F22.A07SH	2	0%
A03CS#F28.A0BYP	6	0%
A03DF	3	0%
A03DF#F04.A0DQK\$F04.A02LT	1	0%
A03DG#F10.A077J	1	0%
A03DK#F08.A032H	8	0%
A03EA#F04.A019J\$F04.A03DK	20	0%
A03EA#F04.A01BY\$F08.A032H\$F22.A07SS	24	0.1%
A03EA#F04.A06NQ\$F10.A077J\$F18.A07NM\$F19.A07PR\$F22.A07SH	26	0.1%
A03EA#F28.A07MR\$F10.A077J	44	0.1%
A03EL#F08.A032H\$F22.A07SS	7	0%
A03EQ	30	0.1%
A03EX#F10.A0F6D\$F22.A07SH	29	0.1%
A03EX#F18.A07NK\$F19.A07PR\$F22.A07SH	35	0.1%
A03EX#F28.A07JN\$F10.A06HS	142	0.3%
A03EX#F28.A07MK\$F04.A03DK\$F04.A03JD	22	0%
A03EX#F28.A07MR\$F04.A06NQ\$F09.A0EXN	18	0%
A03EX#F28.A07MR\$F04.A06NQ\$F09.A0EXN\$F10.A0F6C	150	0.3%
A03EX#F28.A07MR\$F04.A06NQ\$F10.A0F6D	32	0.1%
A03FF#F28.A07MR\$F09.A0EXN	1	0%
A03FJ#F28.A07MR\$F09.A0EXN	146	0.3%
A03FJ#F28.A07MR\$F09.A0EXN\$F10.A0F6C	51	0.1%
A03FR	371	0.8%
A03GA	1	0%
A03GB	10	0%
A03GF#F04.A000T\$F04.A0DBM\$F10.A0F6C	248	0.5%
A03GF#F04.A000T\$F04.A0DBM\$F10.A0F6C\$F23.A07TE	3	0%
A03GF#F04.A000T\$F04.A0DBM\$F10.A0F6C\$F23.A07TL	5	0%
A03GF#F04.A004S	1	0%
A03GF#F04.A06NQ	17	0%
A03GF#F04.A06NQ\$F09.A0EXN\$F10.A0F6C	120	0.3%
A03GF#F04.A06RR\$F09.A0EXN\$F10.A0F6C	27	0.1%
A03GF#F28.A07XZ\$F04.A000T\$F04.A0DBM\$F10.A0F6C	9	0%
A03GN	2230	4.7%
A03GQ	265	0.6%
A03GZ	16	0%

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A03HG		1	0%
A03HH		6	0%
A03JD		21	0%
A03JZ#F04.A002Q\$F04.A01BG\$F04.A032H\$F04.A03DK\$F10.A0F6C\$F22.A07SH\$F24.A07VP		20	0%
A03JZ#F04.A003D\$F04.A019V\$F04.A002R\$F04.A02LV\$F04.A032H		2	0%
A03JZ#F04.A0DBM\$F04.A002Q\$F04.A03DK\$F10.A0F6C		81	0.2%
A03JZ#F28.A07MS\$F04.A001D\$F04.A02LV		78	0.2%
A03JZ#F28.A07MS\$F04.A003D\$F04.A002R\$F04.A019V\$F04.A032H\$F04.A03DK		1	0%
A03JZ#F28.A0CRJ\$F04.A000T\$F04.A03DK		11	0%
A03JZ#F28.A0CRJ\$F04.A03DK\$F04.A0DQG		4	0%
A03KA#F04.A03DK\$F04.A03GN\$F10.A077K		20	0%
A03KA#F04.A03GN		22	0%
A03KE		2	0%
A03KE#F10.A077K		6	0%
A03KG#F04.A02LT		2	0%
A03KR		17	0%
A03KY#F04.A03DK		2	0%
A03ME		1	0%
A03QZ#F04.A000T\$F04.A0DBM		51	0.1%
A03TC#F03.A06JD		3	0%
A03TC#F28.A07MR\$F04.A02MA\$F04.A01BG		1	0%
A03TF		5	0%
A03TJ#F28.A07KG		2	0%
A03TM#F04.A171B		33	0.1%
A03TS		17	0%
A03VD#F28.A07GG\$F28.A07MA\$F04.A0EYH		2	0%
A03VM#F28.A07GG\$F04.A012S\$F10.A166Z		2713	5.7%
A03VM#F28.A07GR\$F28.A0C0J\$F04.A012S\$F10.A166Z\$F03.A06JF		31	0.1%
A03VM#F28.A07GR\$F28.A0C0J\$F04.A012S\$F10.A166Z\$F03.A06JK		605	1.3%
A03XF#F04.A01SP\$F22.A07SH		2	0%
A03XF#F22.A07SS		28	0.1%
A03YN		2	0%
A03YZ#F04.A00ZT		10	0%
A03YZ#F28.A0BA1\$F04.A002Q\$F04.A02QF		5	0%
A03ZA#F28.A0BA1\$F04.A002Q		8	0%
A03ZB#F04.A006V\$F04.A01QV		4	0%
A03ZB#F04.A006V\$F04.A01QX		5	0%
A03ZB#F04.A006V\$F04.A0EYH\$F04.A16GB		2	0%
A03ZB#F04.A00BL\$F04.A022R		1	0%

A03ZB#F04.A022R	12	0%
A03ZB#F28.A0BA1\$F04.A002Q\$F04.A01VA	23	0%
A03ZG#F04.A003X\$F04.A006V\$F04.A01SP\$F10.A0CJQ	1	0%
A03ZG#F04.A006V\$F04.A01QX\$F22.A07SK	1	0%
A03ZG#F04.A006V\$F04.A01SP\$F10.A0CJQ\$F22.A07SK	4	0%
A03ZL#F04.A01SP	18	0%
A03ZL#F04.A16GB	7	0%
A03ZQ#F04.A025B	12	0%
A03ZX	3	0%
A03ZY	1	0%
A040N#F10.A0CQE	1	0%
A041G#F28.A07GR	302	0.6%
A041Q#F04.A012S	58	0.1%
A041T#F04.A01SN	2	0%
A041T#F28.A07MR\$F04.A03DK\$F04.A007R\$F04.A06QY	3	0%
A041T#F28.A07MR\$F04.A03DK\$F04.A0CRZ\$F04.A007R	42	0.1%
A041T#F28.A07MR\$F04.A0CRZ\$F04.A03DK\$F04.A007D	7	0%
A042D#F04.A00FY\$F22.A07SK	12	0%
A042D#F28.A07KY\$F03.A06JB	1	0%
A042L#F04.A01SP\$F03.A06JF	4	0%
A042P	3773	7.9%
A042Y#F04.A01QV\$F03.A06JD	1	0%
A042Y#F04.A01SP	2	0%
A042Y#F28.A07KG\$F04.A00GZ\$F04.A042P\$F03.A06JD	43	0.1%
A042Y#F28.A07KG\$F04.A00HC\$F03.A06JD	32	0.1%
A042Z#F03.A06JD	8	0%
A043F#F04.A02GB	20	0%
A043G#F28.A07KG\$F03.A06JD	1271	2.7%
A043H#F28.A07KG\$F03.A06JD	40	0.1%
A044C	119	0.2%
A044C#F04.A00HC\$F22.A07SH	13	0%
A044C#F04.A00RY\$F04.A00HC\$F04.A00HZ\$F22.A07SH	89	0.2%
A044C#F28.A07GT\$F04.A16GB	4	0%
A044C#F28.A0BYP\$F04.A02QE\$F22.A07SH	35	0.1%
A044G#F22.A07SH	3	0%
A044L	16	0%
A044P#F22.A07SH	148	0.3%
A044P#F22.A07SS	17	0%
A044R#F22.A07SH	21	0%

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A044X		1	0%
A044X#F10.A0CJK		194	0.4%
A045M#F10.A0EZY\$F22.A07SH		2	0%
A046H#F22.A07SH		2	0%
A047C		27	0.1%
A048R#F04.A0F5E\$F03.A06JD		4	0%
A04KS		33	0.1%
A04MA#F01.A16RH		2	0%
A04RN#F01.A0NLT\$F10.A16YC		13	0%
A065H		2	0%
A0B9J#F04.A007R		5	0%
A0B9N		3	0%
A0B9P#F04.A007R\$F04.A01SP		36	0.1%
A0B9P#F04.A01QV\$F04.A007R		1	0%
A0B9Q#F04.A001D\$F04.A01SP		9	0%
A0B9Q#F04.A007L\$F04.A0CRZ		14	0%
A0B9Q#F04.A007S\$F04.A06QY		5	0%
A0B9Q#F04.A01SP\$F04.A007R		210	0.4%
A0B9Q#F04.A020Y		2	0%
A0B9R		1	0%
A0B9S		1	0%
A0BB2#F10.A07XK		6	0%
A0BYR		5	0%
A0BYR#F04.A0EQD		10	0%
A0BYR#F28.A07MA\$F22.A07SH		69	0.1%
A0BYS#F04.A06KM\$F22.A07SH		3	0%
A0BYS#F22.A07SH		9	0%
A0BYV#F22.A07SK		34	0.1%
A0BZE#F04.A00EB\$F04.A02LT		1	0%
A0C6D#F04.A002Q		4	0%
A0C6D#F04.A00DH\$F04.A03DK		5	0%
A0C6D#F04.A034G\$F03.A06JH		3	0%
A0C6D#F28.A07MR\$F04.A002Q\$F04.A01BG		9	0%
A0CDN#F28.A07MR\$F04.A007R		24	0.1%
A0CDQ#F04.A042P\$F10.A0F6C		1	0%
A0CDQ#F04.A042P\$F10.A0F6D		1	0%
A0CDQ#F04.A043Y\$F22.A07SH		3	0%
A0CDQ#F10.A0F6D\$F10.A0CQE		3	0%
A0CGD#F10.A07XL		16	0%

Controlling Study of the Impact of the Biofortified Bean Variety SMN39 (Phaseolus Vulgaris L) Associated with Agricultural and Nutritional Education, to Prevent Iron Deficiency in Rural Adolescent Women from Eastern Guatemala 2016

A0CGD#F10.A07XM	10	0%
A0CSN	3	0%
A0CSN#F04.A02MV	4	0%
A0DCJ	1	0%
A0DGF#F01.A05DR	8	0%
A0DGF#F26.A07XE	178	0.4%
A0DKP	4	0%
A0DLV#F10.A07XM	2	0%
A0DLV#F28.A07GG\$F10.A16YC	5	0%
A0DMN	28	0.1%
A0DMX#F10.A0F2S	1594	3.3%
A0DND	1886	3.9%
A0DND#F20.A07RL	31	0.1%
A0DNJ	33	0.1%
A0DQE#F26.A07XE	1	0%
A0DQG#F10.A07XL	60	0.1%
A0DQG#F28.A0BA1\$F10.A07XL	22	0%
A0DQK	86	0.2%
A0DRM	238	0.5%
A0DVE	2	0%
A0DYQ	47	0.1%
A0DYR	137	0.3%
A0DYS	5	0%
A0DZB#F10.A0CQN	27	0.1%
A0EQR#F04.A014K	1	0%
A0EQX#F04.A003X	34	0.1%
A0EQX#F04.A003X\$F18.A07NK\$F22.A07SH	38	0.1%
A0EQX#F28.A07GV\$F04.A0DQG	1	0%
A0ERG#F10.A0EZY	19	0%
A0EZD#F22.A07SH	9	0%
A0F0M#F27.A018M	5	0%
A0F0N#F27.A015X	60	0.1%
A0F0T#F04.A002Z	32	0.1%
A0F2E#F04.A03GN\$F04.A00EB	364	0.8%
A0F4S	1	0%
A0FBZ#F04.A044C\$F06.A06XR	8	0%
A0FBZ#F04.A0DMX	3	0%
A0FCP#F26.A07XE	6	0%
A169T	10	0%

A16FC		7	0%
A16FJ#F04.A035H\$F04.A06MM		9	0%
A16FX#F28.A07MA\$F28.A07HN\$F04.A0DQG\$F04.A012S		7	0%
A16GB#F28.A07KY		1	0%
A16GB#F28.A07KY\$F24.A07VV		13	0%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LC		63	0.1%
A16GL#F28.A07HP\$F28.A07KQ\$F04.A01LP		3	0%
A16QL#F20.A07RL		6	0%
A16QS#F10.A0F2Q\$F20.A07RL		2	0%
A185Q#F04.A013H		2	0%

## FOODEX2\_INGR\_DESCR: FoodEx2 ingredient description

Data file: data\_anon\_consumption

### Overview

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### Questions and instructions

#### CATEGORIES

Value	Category	Cases	
Aloe vera juice, QUALITATIVE-INFO = With added sugar		1	0%
Amaranth leaves		13	0%
Annatto seed, PROCESS = Drying (dehydration)		1	0%
Apples, PART-CONSUMED-ANALYSED = W/o peel		9	0%
Apples, PART-CONSUMED-ANALYSED = With peel		31	0.1%
Aromatic herbs, SOURCE = Green onions (as plant)		2	0%
Asian-style noodles other than glass noodles		87	0.2%
Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat		2	0%
Aubergines		2	0%
Avocados		33	0.1%
Baked milk and similar		2	0%
Barley grains		1	0%
Beans (dry) and similar-		4	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Black		5	0%
Beans (dry) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Red		4	0%
Beans (dry) and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Red		55	0.1%

Beans (dry) and similar-, QUALITATIVE-INFO = Black	106	0.2%
Beans (dry) and similar-, QUALITATIVE-INFO = Green	4	0%
Beans (dry) and similar-, QUALITATIVE-INFO = Red	48	0.1%
Beans (dry) and similar-, QUALITATIVE-INFO = White	25	0.1%
Beans (with pods) and similar-, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Green	1	0%
Beans (with pods) and similar-, QUALITATIVE-INFO = Green	37	0.1%
Beer, regular	1	0%
Beetroots	7	0%
Biscuit with inclusions, filling or coating, INGREDIENT = Chocolate and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Biscuit with inclusions, filling or coating, PROCESS = Filling, INGREDIENT = Chocolate flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	67	0.1%
Biscuit with inclusions, filling or coating, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared	126	0.3%
Black pepper	13	0%
Blended margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 60 % fat	2	0%
Blood-type sausage, INGREDIENT = Pig fat tissue	1	0%
Boiled eggs	39	0.1%
Boiled eggs, QUALITATIVE-INFO = Without added salt	26	0.1%
Bovine fresh meat, PROCESS = Cooking in water, QUALITATIVE-INFO = Half fat or medium fat	5	0%
Bovine liver	1	0%
Bovine other slaughtering products, PART-NATURE = Bone tissue (as part-nature)	4	0%
Bovine other slaughtering products, PART-NATURE = Tripe (as part-nature)	9	0%
Bovine trotters and feet	1	0%
Bread and rolls with special ingredients added, INGREDIENT = Rice grain	26	0.1%
Breadcrumbs	3	0%
Broccoli	13	0%
Brown cane sugar	10	0%
Brown cane sugar, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified	160	0.3%
Buns, INGREDIENT = Wheat flour white, INGREDIENT = Milk	3	0%
Buns, PREPARATION-PRODUCTION-PLACE = Prepared by bakery	6	0%
Butter biscuits, PREPARATION-PRODUCTION-PLACE = Food industry prepared	20	0%
Butter, QUALITATIVE-INFO = With added salt	1	0%
Butter, QUALITATIVE-INFO = Without added salt	3	0%
Canned or jarred common beans, PROCESS = Pan frying / shallow frying	3	0%
Canned sardines, INGREDIENT = Tomato-containing cooked sauces, SURROUNDING-MEDIUM = In gravy or savoury sauce	8	0%
Canned sardines, INGREDIENT = Tomatoes	3	0%
Carrots	1	0%

Carrots, PART-CONSUMED-ANALYSED = W/o peel	230	0.5%
Carrots, PART-CONSUMED-ANALYSED = With peel	12	0%
Carrots, PROCESS = Boiling, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	15	0%
Cassava roots	17	0%
Cassava roots, PROCESS = Cooking in water	6	0%
Cauliflowers	5	0%
Celeries	62	0.1%
Cereal and cereal-like flours	33	0.1%
Cereals with an added high protein food which have to be reconstituted with water or other protein-free liquid, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-	51	0.1%
Chayote fruits, PROCESS = Boiling, GENERIC-TERM = Unspecified	15	0%
Chayote fruits, PROCESS = Boiling, QUALITATIVE-INFO = Green	4	0%
Chayote fruits, PROCESS = Cooking and similar thermal preparation processes	13	0%
Chayote fruits, QUALITATIVE-INFO = White	410	0.9%
Chayote leaves, QUALITATIVE-INFO = Green, PART-CONSUMED-ANALYSED = With tops	2	0%
Cherimoyas	1	0%
Chewing gum	28	0.1%
Chicken fresh meat, PART-CONSUMED-ANALYSED = W/o skin	133	0.3%
Chicken fresh meat, PART-CONSUMED-ANALYSED = With skin	236	0.5%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying	1	0%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Frying, PROCESS = Breeding	49	0.1%
Chicken fresh meat, PART-NATURE = Breast (as part-nature), PROCESS = Stewing, PART-CONSUMED-ANALYSED = W/o skin	9	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Breeding, PROCESS = Frying	63	0.1%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = W/o skin	1	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = With skin	4	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken fresh meat, PART-NATURE = Leg (as part-nature), PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin	2	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Frying, PROCESS = Breeding	9	0%
Chicken fresh meat, PART-NATURE = Wing (as part-nature), PROCESS = Roasting, INTENDED-USE = Ready-to-eat	1	0%
Chicken fresh meat, PROCESS = Baking, PART-CONSUMED-ANALYSED = With skin	1	0%
Chicken fresh meat, PROCESS = Breeding, PROCESS = Cooking and similar thermal preparation processes, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%

Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = W/o bone, PART-CONSUMED-ANALYSED = W/o skin	7	0%
Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = W/o bone, PART-CONSUMED-ANALYSED = With skin	10	0%
Chicken fresh meat, PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = W/o skin	24	0.1%
Chicken fresh meat, PROCESS = Dicing and stripe-cutting	4	0%
Chicken fresh meat, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin	3	0%
Chicken fresh meat, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin, PART-CONSUMED-ANALYSED = W/o bone	7	0%
Chicken fresh meat, PROCESS = Stewing, PART-CONSUMED-ANALYSED = With skin	17	0%
Chicken liver	10	0%
Chicken liver, PROCESS = Cooking and similar thermal preparation processes	2	0%
Chicken, other slaughtering products	32	0.1%
Chicken, other slaughtering products, PART-NATURE = Giblet (as part-nature)	2	0%
Chicken, other slaughtering products, PART-NATURE = Stomach (as part-nature), PROCESS = Cooking and similar thermal preparation processes	1	0%
Chili peppers	103	0.2%
Chips/crisps, INGREDIENT = Wheat flour	34	0.1%
Chips/crisps, INGREDIENT = Wheat flour, PACKAGING-FORMAT = Bag, sack or pouch, PREPARATION-PRODUCTION-PLACE = Food industry prepared	38	0.1%
Chips/crisps, PROCESS = Deep frying, INGREDIENT = Plantains - paradisiaca cultivars	1	0%
Chives	5	0%
Chocolate cake	10	0%
Chocolate cake, QUALITATIVE-INFO = Small, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Chocolate sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Chorizo and similar, INGREDIENT = Cow, ox or bull fresh meat, INGREDIENT = Bovine other slaughtering products	15	0%
Chorizo and similar, INGREDIENT = Pig fresh meat	3	0%
Chorizo and similar, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	33	0.1%
Chorizo and similar, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	2	0%
Cinnamon bark	37	0.1%
Cinnamon bark, PROCESS = Grinding / milling / crushing	4	0%
Citrons	20	0%
Cloves buds, PROCESS = Grinding / milling / crushing	3	0%
Cocoa beverage-preparation, powder	6	0%
Cocoa beverages, INGREDIENT = Drinking water	2	0%
Cocoa powder	1	0%
Coconut water	1	0%
Coffee beverage-preparation, powder, INGREDIENT = Coffee ground, roasted, INGREDIENT = Wheat rolled grains	364	0.8%

Coffee beverages, INGREDIENT = Coffee ground, roasted	22	0%
Coffee beverages, INGREDIENT = Drinking water, INGREDIENT = Coffee ground, roasted, QUALITATIVE-INFO = Without added sugar	20	0%
Coffee ground, roasted	2230	4.7%
Coffee with milk or cream, INGREDIENT = Milk	2	0%
Cola beverages, caffeinic	371	0.8%
Common banana	377	0.8%
Common banana - paradisiaca cultivars	86	0.2%
Common mushrooms	1	0%
Common peaches	3	0%
Common peaches, QUALITATIVE-INFO = Ripe / mature, PART-CONSUMED-ANALYSED = W/o peel	1	0%
Common peaches, QUALITATIVE-INFO = Ripe / mature, PART-CONSUMED-ANALYSED = With peel	3	0%
Condensed milk (sometimes with added sugars), PROCESS = Canning / jarring, QUALITATIVE-INFO = With added sugar	1	0%
Coriander leaves	472	1%
Corn chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Corn curls, INGREDIENT = Cheese flavour	1	0%
Corned turkey, uncooked, PHYSICAL-STATE = Slices, steaks or other flat cuts	8	0%
Cow milk, INGREDIENT = Vegetable fats and oils, edible	5	0%
Cow milk, semi skimmed (half fat), PROCESS = Lactose reduction, PHYSICAL-STATE = Liquid, FAT-CONTENT = 2 % fat	2	0%
Cow milk, skimmed (low fat)	2	0%
Cow milk, skimmed (low fat), FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), PHYSICAL-STATE = Liquid, FAT-CONTENT = 1 % fat	1	0%
Cow milk, skimmed (low fat), PHYSICAL-STATE = Liquid	1	0%
Cow milk, whole	39	0.1%
Cow milk, whole, PHYSICAL-STATE = Liquid, FAT-CONTENT = 3.2 % fat	445	0.9%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat	15	0%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat, PART-CONSUMED-ANALYSED = With bone	8	0%
Cow, ox or bull fresh meat, PART-CONSUMED-ANALYSED = With bone	2	0%
Cow, ox or bull fresh meat, PROCESS = Broiling/grilling	4	0%
Cow, ox or bull fresh meat, PROCESS = Broiling/grilling, QUALITATIVE-INFO = Half fat or medium fat	22	0%
Cow, ox or bull fresh meat, PROCESS = Cooking and similar thermal preparation processes	1	0%
Cow, ox or bull fresh meat, QUALITATIVE-INFO = Half fat or medium fat	59	0.1%
Cow, ox or bull fresh meat, QUALITATIVE-INFO = High fat	8	0%
Crab apples, PART-CONSUMED-ANALYSED = W/o peel	15	0%
Crab apples, PART-CONSUMED-ANALYSED = With peel	63	0.1%
Crackers and breadsticks, PREPARATION-PRODUCTION-PLACE = Food industry prepared	28	0.1%

Crackers and breadsticks, QUALITATIVE-INFO = With added salt, PREPARATION-PRODUCTION-PLACE = Food industry prepared	33	0.1%
Crackers and breadsticks, QUALITATIVE-INFO = Without added salt, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Cream, plain	35	0.1%
Cream, plain, PHYSICAL-STATE = Spoonable creamy	422	0.9%
Crisp lettuces	27	0.1%
Cucumbers	37	0.1%
Doughnuts-berliner, INGREDIENT = Wheat flour	2	0%
Doughnuts-berliner, PROCESS = Chocolate coating	3	0%
Doughnuts-berliner, PROCESS = Filling, INGREDIENT = Fruit jelly	1	0%
Dried fish, SOURCE-COMMODITIES = Anglerfish, monkfish and stargazers, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Small, QUALITATIVE-INFO = With added salt	4	0%
Dried fish, SOURCE-COMMODITIES = Anglerfish, monkfish and stargazers, QUALITATIVE-INFO = Small, QUALITATIVE-INFO = With added salt	19	0%
Dried herbs, SOURCE-COMMODITIES = Oregano	6	0%
Dried nuts/seeds and related flours and powders, SOURCE-COMMODITIES = Pumpkin seeds	60	0.1%
Dried pasta, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Fortified	1	0%
Dried pasta, QUALITATIVE-INFO = Fortified	198	0.4%
Dried pasta, QUALITATIVE-INFO = Not fortified	10	0%
Drinking water, SWEETENING-AGENT = Sucrose (common sugar)	8	0%
Duck eggs	7	0%
Duck fresh meat, PART-CONSUMED-ANALYSED = With skin	3	0%
Edible crab, GENERIC-TERM = Other	6	0%
Energy drinks	1	0%
Epazote	4	0%
Essences and extracts	27	0.1%
Filled chocolate, INGREDIENT = Milk chocolate, INGREDIENT = Tree nuts	1	0%
Fish (meat), GENERIC-TERM = Other	63	0.1%
Fish (meat), PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	1	0%
Fish (meat), SOURCE = Eucinostomus (generic) (as animal), PROCESS = Cooking and similar thermal preparation processes	3	0%
Fish soup, dry	3	0%
Flavoured milks, INGREDIENT = Cow milk, skimmed (low fat), INGREDIENT = Chocolate flavour	3	0%
Flour mix (like wheat/rye/barley/oats and other)	9	0%
Flour mix (like wheat/rye/barley/oats and other), SOURCE-COMMODITIES = Wheat and similar-, INGREDIENT = Soyabeans and similar-	2	0%
Foamed sugar products (marshmallows)	4	0%
Frankfurt-type sausage, INGREDIENT = Bovine and pig fresh meat, INGREDIENT = Bovine other slaughtering products, INGREDIENT = Pig other slaughtering products	29	0.1%

Frankfurter sausage, INGREDIENT = Turkey fresh meat, INGREDIENT = Turkey, other slaughtering products	15	0%
French beans (with pods), PROCESS = Cooking and similar thermal preparation processes	1	0%
French fries from cut potato, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	34	0.1%
Fresh raw sausages, INGREDIENT = Chicken fresh meat	97	0.2%
Fresh raw sausages, INGREDIENT = Chicken fresh meat, INGREDIENT = Chicken, other slaughtering products	17	0%
Fresh raw sausages, INGREDIENT = Cow, ox or bull fresh meat	15	0%
Fresh raw sausages, INGREDIENT = Turkey fresh meat, INGREDIENT = Turkey, other slaughtering products	3	0%
Fresh spiced sausages in casing, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	7	0%
Fresh spiced sausages in casing, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	19	0%
Fresh spiced sausages in casing, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Bovine fresh meat, INGREDIENT = Bovine other slaughtering products	7	0%
Fresh spiced sausages in casing, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Pig fresh meat, INGREDIENT = Pig other slaughtering products	5	0%
Fresh uncured cheese, GENERIC-TERM = Unspecified	4	0%
Fresh uncured cheese, PROCESS = Drying (dehydration), QUALITATIVE-INFO = Hard	156	0.3%
Fresh uncured cheese, QUALITATIVE-INFO = Soft	2	0%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, semi skimmed (half fat), QUALITATIVE-INFO = Semi-soft	606	1.3%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, skimmed (low fat), QUALITATIVE-INFO = Semi-soft	76	0.2%
Fresh uncured cheese, SOURCE-COMMODITIES = Cow milk, whole, QUALITATIVE-INFO = Semi-soft	77	0.2%
Fried bread dough, PROCESS = Filling, PROCESS = Sugar coating, INGREDIENT = Plantains - paradisiaca cultivars, INGREDIENT = Beans (dry) and similar-	7	0%
Fried eggs	2	0%
Fried eggs, PROCESS = Blending	7	0%
Fries (finger chips), PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	32	0.1%
Fruit cake	7	0%
Fruit cake, PROCESS = Chilling, INGREDIENT = Strawberries	18	0%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Common banana	63	0.1%
Fruit dessert thickened, PROCESS = Chocolate coating, PROCESS = Freezing, INGREDIENT = Pineapples	3	0%
Fruit jelly	7	0%
Fruit salad	1	0%
Fruit smoothies	3	0%
Fruit smoothies, INGREDIENT = Common banana - paradisiaca cultivars, INGREDIENT = Milk	1	0%
Fruit soft drink, orange, SWEETENING-AGENT = Sucrose (common sugar), PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	7	0%

Fruit soft drink, pineapple	30	0.1%
Garlic	6	0%
Gelatine dessert, PROCESS = Reconstitution from concentrate, powder or other dehydrated form	19	0%
Granita	10	0%
Grapefruits	1	0%
Green sapotes	2	0%
Guavas, QUALITATIVE-INFO = Ripe / mature	16	0%
Guavas, QUALITATIVE-INFO = Unripe / immature	10	0%
Hamburger with bread, INGREDIENT = Chicken fresh meat	18	0%
Hamburger with bread, INGREDIENT = Mixed vegetables	7	0%
Hard candies	159	0.3%
Hardened egg products, SOURCE-COMMODITIES = Duck eggs	2	0%
Head lettuces	15	0%
Hen egg yolk	1	0%
Hen egg yolk, PROCESS = Cooking and similar thermal preparation processes	1	0%
Hen eggs	1059	2.2%
Herbs/spices sauces, QUALITATIVE-INFO = Hot/piquant/spicy	19	0%
Hibiscus infusion flowers	21	0%
Hog plums	245	0.5%
Honey	10	0%
Hot drinks and infusions composite ingredients, INGREDIENT = Bitter chocolate, PHYSICAL-STATE = Tablets	3	0%
Hot drinks and infusions composite ingredients, INGREDIENT = Maize flour	4	0%
Hot drinks and infusions composite ingredients, INGREDIENT = Oat rolled grains, INGREDIENT = Drinking water	5	0%
Hot drinks and infusions composite ingredients, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Maize flour, INGREDIENT = Soya proteins	9	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Maize flour, INGREDIENT = Soya proteins, INGREDIENT = Sucrose (common sugar), INGREDIENT = Drinking water, QUALITATIVE-INFO = Fortified, PREPARATION-PRODUCTION-PLACE = Food ind	20	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Rice grain, polished, INGREDIENT = Cinnamon bark, INGREDIENT = Maize starch, INGREDIENT = Cow milk, INGREDIENT = Sucrose (common sugar)	2	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), INGREDIENT = Soyabeans and similar-, INGREDIENT = Maize flour, INGREDIENT = Drinking water, QUALITATIVE-INFO = Fortified	81	0.2%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Blending, INGREDIENT = Drinking water, INGREDIENT = Plantains - paradisiaca cultivars	4	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Blending, INGREDIENT = Maize grain, INGREDIENT = Drinking water	11	0%
Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Rice grain, INGREDIENT = Cow milk	78	0.2%

Hot drinks and similar (coffee, cocoa, tea and herbal infusions), PROCESS = Soaking, INGREDIENT = Rice grain, polished, INGREDIENT = Maize starch, INGREDIENT = Cinnamon bark, INGREDIENT = Sucrose (common sugar), INGREDIENT = Drinking water	1	0%
Ice cream, milk-based, INGREDIENT = Chocolate flavour	6	0%
Ice cream, milk-based, INGREDIENT = Coconut flavour	4	0%
Ice cream, milk-based, INGREDIENT = Peanuts	1	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour	4	0%
Ice cream, milk-based, INGREDIENT = Strawberry flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour	3	0%
Ice cream, milk-based, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Instant coffee (beverage)	2	0%
Instant coffee (beverage), QUALITATIVE-INFO = Without added sugar	6	0%
Instant coffee powder	265	0.6%
Isotonic and sport drinks	10	0%
Jelly candies	15	0%
Juice, apple, PROCESS = Canning / jarring, QUALITATIVE-INFO = Without added sugar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Juice, orange	1	0%
Juice, orange, PROCESS = Canning / jarring, QUALITATIVE-INFO = Without added sugar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Juice, peach, PROCESS = Canning / jarring, QUALITATIVE-INFO = With solid particles/pieces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Juice, pineapple, PROCESS = Canning / jarring, QUALITATIVE-INFO = With solid particles/pieces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	5	0%
Leafy vegetables, GENERIC-TERM = Other	1	0%
Leafy vegetables, GENERIC-TERM = Other, PART-CONSUMED-ANALYSED = With germ	213	0.4%
Leeks, PART-CONSUMED-ANALYSED = With tops	8	0%
Legume (beans) soup, INGREDIENT = Beans (dry) and similar-	58	0.1%
Legumes based dishes, PROCESS = Cooking in water, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black	2713	5.7%
Legumes based dishes, PROCESS = Frying, PROCESS = Liquefying, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Paste	31	0.1%
Legumes based dishes, PROCESS = Frying, PROCESS = Liquefying, INGREDIENT = Beans (dry) and similar-, QUALITATIVE-INFO = Black, PHYSICAL-STATE = Semisolid-semiliquid	605	1.3%
Lemons	1	0%
Lemons, PART-CONSUMED-ANALYSED = W/o peel	503	1.1%
Loquats	6	0%
Maize flour, PROCESS = Addition of water	1	0%
Maize flour, PROCESS = Alkalizing, INGREDIENT = Flour treatment agent	6	0%
Maize flour, PROCESS = Toasting / coffee roasting, INGREDIENT = Cinnamon bark and similar-, INGREDIENT = Cocoa powder, INGREDIENT = Herbs, spices and similar, INGREDIENT = Agave leaves	150	0.3%
Maize flour, PROCESS = Unprocessed, QUALITATIVE-INFO = Yellow	6	0%

Maize grain, PROCESS = Cooking and similar thermal preparation processes	1	0%
Maize grain, PROCESS = Cooking in water, PROCESS = Alkalizing, QUALITATIVE-INFO = White	1	0%
Maize grain, PROCESS = Cooking in water, PROCESS = Alkalizing, QUALITATIVE-INFO = Yellow	2	0%
Maize grain, QUALITATIVE-INFO = White	8	0%
Maize meal, PROCESS = Degermination, QUALITATIVE-INFO = Fortified, QUALITATIVE-INFO = Yellow	7	0%
Maize meal, PROCESS = Degermination, QUALITATIVE-INFO = White, QUALITATIVE-INFO = Fortified	5	0%
Maize meal, PROCESS = Degermination, QUALITATIVE-INFO = White, QUALITATIVE-INFO = Not fortified	1	0%
Maize meal, PROCESS = Unprocessed, QUALITATIVE-INFO = White	68	0.1%
Maize starch	1	0%
Mandarins	4	0%
Mandarins and similar-	1	0%
Mangoes, QUALITATIVE-INFO = Green	1	0%
Mangoes, QUALITATIVE-INFO = Ripe / mature	9	0%
Marmalade	2	0%
Mayonnaise sauce	1	0%
Mayonnaise sauce, QUALITATIVE-INFO = With added salt	194	0.4%
Meat and vegetable soup, dry, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Chicken fresh meat	36	0.1%
Meat and vegetable soup, dry, INGREDIENT = Bovine fresh meat, INGREDIENT = Asian-style noodles other than glass noodles	1	0%
Meat burger (no sandwich), INGREDIENT = Chicken fresh meat, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Meat burger (no sandwich), PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	28	0.1%
Meat soup, INGREDIENT = Poultry fresh meat (muscle meat)	2	0%
Meat soup, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Chicken flavour, INGREDIENT = Drinking water, INGREDIENT = Pasta and similar products	7	0%
Meat soup, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Drinking water, INGREDIENT = Asian-style noodles other than glass noodles, INGREDIENT = Meat flavour	3	0%
Meat soup, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Drinking water, INGREDIENT = Chicken flavour, INGREDIENT = Asian-style noodles other than glass noodles	42	0.1%
Meat/poultry soup, dry, INGREDIENT = Bovine tail	2	0%
Meat/poultry soup, dry, INGREDIENT = Chicken fresh meat, INGREDIENT = Asian-style noodles other than glass noodles	210	0.4%
Meat/poultry soup, dry, INGREDIENT = Dried pasta, INGREDIENT = Chicken flavour	14	0%
Meat/poultry soup, dry, INGREDIENT = Pasta based dishes, uncooked, INGREDIENT = Meat flavour	5	0%
Meat/poultry soup, dry, INGREDIENT = Rice grain, INGREDIENT = Chicken fresh meat	9	0%
Melons	6	0%

Milk chocolate	16	0%
Milk powder, full fat, QUALITATIVE-INFO = Fortified	30	0.1%
Milk powder, full fat, SOURCE-COMMODITIES = Cow milk	99	0.2%
Milk powder, skimmed, SOURCE-COMMODITIES = Cow milk, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids)	1	0%
Milk powder, skimmed, SOURCE-COMMODITIES = Cow milk, PROCESS = Instantisation, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids)	2	0%
Miscellaneous freshwater fishes, SOURCE = Poecilia (generic) (as animal), QUALITATIVE-INFO = Small	13	0%
Miscellaneous fruits with edible peel, SOURCE = Murici (as plant)	18	0%
Miscellaneous fruits with inedible peel, large, GENERIC-TERM = Other	1	0%
Mixed herbs and spices, PHYSICAL-STATE = Powder	8	0%
Mixed soups, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Asian-style noodles other than glass noodles	24	0.1%
Mixed supplements/formulations, PHYSICAL-STATE = Powder	3	0%
Mixed supplements/formulations, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Cow milk, skimmed (low fat), INGREDIENT = Soya proteins	1	0%
Mixed vegetable juice, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Mixed vegetable juice, PROCESS = Canning / jarring	6	0%
Mixed vegetable salad, INGREDIENT = Head cabbages, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	12	0%
Mixed vegetable salad, PROCESS = Mincing / chopping / cutting, PHYSICAL-STATE = Dices / sticks	1	0%
Mixed vegetables soup, dry	1	0%
Mixed vegetables, PROCESS = Mincing / chopping / cutting	1	0%
Mixed vegetables, PROCESS = Mincing / chopping / cutting, INTENDED-USE = Raw but intended to be eaten cooked	13	0%
Muffins, INGREDIENT = Wheat flour	2	0%
Mushroom soup, dry	1	0%
Mustard and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Nectar, apple, PREPARATION-PRODUCTION-PLACE = Food industry prepared	88	0.2%
Nectar, peach, PROCESS = Canning / jarring, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), PREPARATION-PRODUCTION-PLACE = Food industry prepared	30	0.1%
Nectar, pear, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified, PREPARATION-PRODUCTION-PLACE = Food industry prepared	1	0%
Nectar, pineapple, PREPARATION-PRODUCTION-PLACE = Food industry prepared	30	0.1%
Nightshade, black	126	0.3%
Nightshade, black, PROCESS = Cooking and similar thermal preparation processes	1	0%
Non dairy coffee creamer	17	0%
Nut/seeds paste/emulsion/mass, SOURCE-COMMODITIES = Annatto seed	5	0%
Oat flour, QUALITATIVE-INFO = Fortified	10	0%
Oat rolled grains, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Drinking water	1	0%

Oat rolled grains, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Drinking water, QUALITATIVE-INFO = Fortified	1	0%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Fortified	91	0.2%
Oat rolled grains, wholemeal, QUALITATIVE-INFO = Not fortified	60	0.1%
Okra	6	0%
Olive oils	1	0%
Omelette, plain	2	0%
Onion bulbs for fresh consumption	1886	3.9%
Onion bulbs for fresh consumption, PART-CONSUMED-ANALYSED = With tops	31	0.1%
Oranges, QUALITATIVE-INFO = Sour	27	0.1%
Oranges, sweet	98	0.2%
Other edible flowers, GENERIC-TERM = Other	178	0.4%
Other edible flowers, SOURCE = Pumpkins (as plant)	8	0%
Other hybrids of Citrus reticulata, not elsewhere mentioned	47	0.1%
Pancake pre-mixes (dry)	3	0%
Pancake pre-mixes (dry), INGREDIENT = Buttermilk	4	0%
Pancakes	1	0%
Papayas	15	0%
Papayas and similar-, GENERIC-TERM = Other	1	0%
Passionfruits	7	0%
Pasta based dishes, cooked, QUALITATIVE-INFO = Without added salt	1	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Cheese sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt, QUALITATIVE-INFO = Fortified	1	0%
Pasta, plain (not stuffed), cooked, INGREDIENT = Salt, QUALITATIVE-INFO = Not fortified	1	0%
Pasta, plain (not stuffed), cooked, QUALITATIVE-INFO = Not fortified, QUALITATIVE-INFO = Without added salt	3	0%
Pastry based on laminated dough, PROCESS = Glazing / icing, INGREDIENT = Custard	1	0%
Peanuts, PART-CONSUMED-ANALYSED = W/o peel	6	0%
Peanuts, PROCESS = Compounding, assembling, coating or filling, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	6	0%
Peanuts, PROCESS = Roasting, QUALITATIVE-INFO = Without added salt	1	0%
Peanuts, PROCESS = Toasting / coffee roasting, QUALITATIVE-INFO = With added salt	8	0%
Pears, PART-CONSUMED-ANALYSED = W/o peel	1	0%
Peppers, dried, PHYSICAL-STATE = Powder	8	0%
Peppers, dried, QUALITATIVE-INFO = Red	56	0.1%
Peppers, dried, SOURCE-COMMODITIES = Chili peppers, QUALITATIVE-INFO = Dark	45	0.1%
Pickled / marinated vegetables	2	0%
Pig fat tissue, PROCESS = Frying	22	0%
Pig fat tissue, PROCESS = Frying, PREPARATION-PRODUCTION-PLACE = Food industry prepared	11	0%

Pig fresh meat, PART-CONSUMED-ANALYSED = Excluding visible fat	8	0%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone	5	0%
Pig fresh meat, PART-CONSUMED-ANALYSED = With bone, PART-CONSUMED-ANALYSED = Excluding visible fat	1	0%
Pig fresh meat, PROCESS = Cooking and similar thermal preparation processes	3	0%
Pig fresh meat, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Half fat or medium fat	1	0%
Pig fresh meat, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Low fat (naturally or reduced)	1	0%
Pig fresh meat, PROCESS = Frying, QUALITATIVE-INFO = Half fat or medium fat	4	0%
Pig fresh meat, PROCESS = Roasting, PART-CONSUMED-ANALYSED = With bone	3	0%
Pig fresh meat, PROCESS = Roasting, QUALITATIVE-INFO = Low fat (naturally or reduced)	1	0%
Pig fresh meat, QUALITATIVE-INFO = Half fat or medium fat	17	0%
Pig fresh meat, QUALITATIVE-INFO = High fat	3	0%
Pig liver	1	0%
Pig other slaughtering products, PROCESS = Frying, PART-CONSUMED-ANALYSED = With skin, PART-CONSUMED-ANALYSED = Including visible fat	5	0%
Pigeon fresh meat, PART-CONSUMED-ANALYSED = With skin	2	0%
Pineapples	34	0.1%
Pizza and similar with cheese, meat, and vegetables	1	0%
Pizza and similar with meat, and vegetables	3	0%
Pizza and similar with processed meat topping, INGREDIENT = Pepperoni/paprika-type sausage	12	0%
Plain cakes, INGREDIENT = Cake pre-mixes (dry), QUALITATIVE-INFO = Yellow	18	0%
Plain cakes, QUALITATIVE-INFO = Yellow	4	0%
Plantains - paradisiaca cultivars, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Ripe / mature	22	0%
Plantains - paradisiaca cultivars, QUALITATIVE-INFO = Ripe / mature	60	0.1%
Podded pea (young pods)	1	0%
Popcorn (maize, popped), INGREDIENT = Salt, INGREDIENT = Vegetable fats and oils, edible	6	0%
Popcorn (maize, popped), PROCESS = Glazing / icing, PREPARATION-PRODUCTION-PLACE = Food industry prepared	12	0%
Pork lard	20	0%
Porridge milk based (ready to eat), INGREDIENT = Oat groats	32	0.1%
Potato based dishes, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Mammals and birds meat	2	0%
Potato crisps from potato slices, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Potato crisps from potato slices, PREPARATION-PRODUCTION-PLACE = Food industry prepared	9	0%
Potato croquettes	137	0.3%
Potatoes, PART-CONSUMED-ANALYSED = W/o peel	410	0.9%
Potatoes, PART-CONSUMED-ANALYSED = With peel	26	0.1%

Potatoes, PROCESS = Cooking and similar thermal preparation processes, PART-CONSUMED-ANALYSED = W/o peel	2	0%
Potatoes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	15	0%
Potatoes, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = With peel	1	0%
Potatoes, PROCESS = Cooking in water, QUALITATIVE-INFO = Without added salt, PART-CONSUMED-ANALYSED = W/o peel	2	0%
Poultry fresh meat (muscle meat), SOURCE = Gallus gallus laying hens (as animal)	37	0.1%
Poultry fresh meat (muscle meat), SOURCE = Gallus gallus laying hens (as animal), PROCESS = Cooking in water	1	0%
Poultry fresh meat (muscle meat), SOURCE = Gallus gallus laying hens (as animal), PROCESS = Cooking in water, PART-CONSUMED-ANALYSED = W/o skin	3	0%
Powdered drink bases, INGREDIENT = Flour mix (like wheat/rye/barley/oats and other)	1	0%
Powdered drink bases, INGREDIENT = Fruit flavour	17	0%
Powdered drink bases, INGREDIENT = Fruit flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	120	0.3%
Powdered drink bases, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-, QUALITATIVE-INFO = Fortified	248	0.5%
Powdered drink bases, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-, QUALITATIVE-INFO = Fortified, TARGET-CONSUMER = Adult food	3	0%
Powdered drink bases, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-, QUALITATIVE-INFO = Fortified, TARGET-CONSUMER = Children food	5	0%
Powdered drink bases, INGREDIENT = Orange flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	27	0.1%
Powdered drink bases, PROCESS = Instantisation, INGREDIENT = Maize grain, INGREDIENT = Soyabeans and similar-, QUALITATIVE-INFO = Fortified	9	0%
Preparations for gelling home-made food, INGREDIENT = Gelatine, PHYSICAL-STATE = Powder	4	0%
Prepared meat salad, INGREDIENT = Chicken fresh meat, PHYSICAL-STATE = Paste	4	0%
Processed cheese, sliceable, QUALITATIVE-INFO = Yellow	1	0%
Processed cheese, sliceable, QUALITATIVE-INFO = Yellow, QUALITATIVE-INFO = Low fat (naturally or reduced)	1	0%
Processed maize-based flakes	115	0.2%
Processed maize-based flakes, INTENDED-USE = Ready-to-eat	3	0%
Processed maize-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	35	0.1%
Processed maize-based flakes, PROCESS = Sugar coating	10	0%
Processed maize-based flakes, PROCESS = Sugar coating, INTENDED-USE = Ready-to-eat	1	0%
Processed mixed cereal-based flakes, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	1	0%
Processed oat-based flakes, INGREDIENT = Foamed sugar products (marshmallows)	3	0%
Pulses flour, INGREDIENT = Broad beans (dry)	2	0%
Pumpkin leaves, PART-CONSUMED-ANALYSED = With tops	6	0%
Pumpkin seeds, PROCESS = Drying (dehydration)	4	0%
Pumpkin seeds, PROCESS = Drying (dehydration), PROCESS = Roasting	23	0%
Pumpkins and similar-, PROCESS = Cooking in water, QUALITATIVE-INFO = Small	5	0%

Pumpkins and similar-, QUALITATIVE-INFO = Unripe / immature	2	0%
Pumpkins, PROCESS = Cooking in water, QUALITATIVE-INFO = Ripe / mature, QUALITATIVE-INFO = Without added salt	3	0%
Pumpkins, QUALITATIVE-INFO = Green, QUALITATIVE-INFO = Small	127	0.3%
Pumpkins, QUALITATIVE-INFO = Ripe / mature, QUALITATIVE-INFO = Yellow	80	0.2%
Purple mombins	238	0.5%
Radish leaves (including radish tops)	6	0%
Rainbow trout, PROCESS = Cooking and similar thermal preparation processes	1	0%
Raising agents	10	0%
Rambutans	14	0%
Raw cured (or seasoned) meat	20	0%
Red mustard leaves and similar-	4	0%
Refined cane sugar, FORTIFICATION-AGENT = Vitamin A (retinol, carotenoids), QUALITATIVE-INFO = Fortified	4638	9.7%
Rice and vegetables meal, PROCESS = Frying	302	0.6%
Rice drink, INGREDIENT = Calabash nutmeg	33	0.1%
Rice flour, QUALITATIVE-INFO = White/refined	6	0%
Rice grain, QUALITATIVE-INFO = Semi-refined	34	0.1%
Rice grain, polished, QUALITATIVE-INFO = Not fortified	406	0.8%
Rice, popped	1	0%
Rice, popped, PROCESS = Chocolate coating	36	0.1%
Rice, popped, PROCESS = Chocolate coating, INTENDED-USE = Ready-to-eat	1	0%
Ricotta	46	0.1%
Rolled oats, instant, QUALITATIVE-INFO = Fortified	11	0%
Runner beans (dry)	1	0%
Saffron	2	0%
Salsa, QUALITATIVE-INFO = Hot/piquant/spicy, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Salt	3773	7.9%
Sandwich and sandwich-like dishes, INGREDIENT = Potatoes	10	0%
Sandwich and sandwich-like dishes, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Fresh uncured cheese	5	0%
Sandwich bread (hamburger roll-type), QUALITATIVE-INFO = White/refined	6	0%
Sandwich with cheese topping/filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour	8	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, QUALITATIVE-INFO = Soft, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	4	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat, PREPARATION-PRODUCTION-PLACE = Restaurant or fast food prepared	1	0%
Sandwich with meat and vegetable topping/filling, INGREDIENT = Wheat flour, INGREDIENT = Tortilla, INGREDIENT = Chicken fresh meat, QUALITATIVE-INFO = Soft	1	0%

Sandwich with processed meat topping/filling, INGREDIENT = Buns, INGREDIENT = Raw cured (or seasoned) meat	1	0%
Sandwich with processed meat topping/filling, INGREDIENT = Raw cured (or seasoned) meat	12	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Bovine fresh meat	4	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Cow, ox or bull fresh meat	5	0%
Sandwich with processed meat topping/filling, INGREDIENT = Tortilla, INGREDIENT = Mammals and birds meat, INGREDIENT = Mixed vegetables	2	0%
Sandwich with processed meat topping/filling, PROCESS = Cooking and similar thermal preparation processes, INGREDIENT = Maize flour, INGREDIENT = Pig fat tissue	23	0%
Sapodillas	3	0%
Sauces from fermented/hydrolised sources and similar, PREPARATION-PRODUCTION-PLACE = Food industry prepared	9	0%
Savory, dry, PROCESS = Grinding / milling / crushing, PHYSICAL-STATE = Powder	694	1.5%
Scones and similar, PROCESS = Frying, SWEETENING-AGENT = Honey	2	0%
Seasoning mixes, INGREDIENT = Bovine fresh meat, PHYSICAL-STATE = Powder	1	0%
Seasoning mixes, INGREDIENT = Chicken fresh meat	2	0%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Garlic, INGREDIENT = Salt, PHYSICAL-STATE = Powder	43	0.1%
Seasoning mixes, PROCESS = Drying (dehydration), INGREDIENT = Onions, PHYSICAL-STATE = Powder	32	0.1%
Sesame seeds, PROCESS = Drying (dehydration)	60	0.1%
Shortening and similar baking fats, INGREDIENT = Vegetable fats and oils, edible	5	0%
Shrimps, common	3	0%
Shrimps, common, PROCESS = Cooking and similar thermal preparation processes	1	0%
Simple cereals for infants or children, reconstituted, INGREDIENT = Wheat rolled grains, INGREDIENT = Milk	1	0%
Small radishes	33	0.1%
Soft drink, flavoured, no fruit, PACKAGING-FORMAT = Bag, sack or pouch, PACKAGING-MATERIAL = Plastic, PREPARATION-PRODUCTION-PLACE = Food industry prepared	35	0.1%
Soft drink, flavoured, no fruit, PROCESS = Brewing / infusion, INGREDIENT = Drinking water, INGREDIENT = Hibiscus infusion flowers	22	0%
Soft drink, flavoured, no fruit, PROCESS = Carbonating, QUALITATIVE-INFO = Sparkling	142	0.3%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid)	18	0%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit flavour, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	150	0.3%
Soft drink, flavoured, no fruit, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, INGREDIENT = Fruit flavour, QUALITATIVE-INFO = Not fortified	32	0.1%
Soft drink, flavoured, no fruit, QUALITATIVE-INFO = Not fortified, PREPARATION-PRODUCTION-PLACE = Food industry prepared	29	0.1%
Soft drink, lemon flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, FORTIFICATION-AGENT = Vitamin C (ascorbic acid)	1	0%

Soft drink, orange flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, FORTIFICATION-AGENT = Vitamin C (ascorbic acid)	146	0.3%
Soft drink, orange flavour, PROCESS = Reconstitution from concentrate, powder or other dehydrated form, FORTIFICATION-AGENT = Vitamin C (ascorbic acid), QUALITATIVE-INFO = Fortified	51	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Fruit flavour, QUALITATIVE-INFO = With added sugar, PACKAGING-FORMAT = Bottle, PACKAGING-MATERIAL = Plastic, PREPARATION-PRODUCTION-PLACE = Food industry prepared	26	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Lemons, SWEETENING-AGENT = Sucrose (common sugar), PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	24	0.1%
Soft drink, with fruit juice (fruit content below the minimum for nectars), INGREDIENT = Tamarind, INGREDIENT = Drinking water	20	0%
Soft drink, with fruit juice (fruit content below the minimum for nectars), PROCESS = Reconstitution from concentrate, powder or other dehydrated form, QUALITATIVE-INFO = With added sugar	44	0.1%
Sorbet	24	0.1%
Sorbet, INGREDIENT = Blackberries	1	0%
Sorbet, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	8	0%
Sorbet, INGREDIENT = Fruit flavour, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	2	0%
Sorbet, INGREDIENT = Milk flavour	6	0%
Sorbet, INGREDIENT = Pineapple flavour	12	0%
Sorbet, INGREDIENT = Tamarind flavour	7	0%
Sorbet, PREPARATION-PRODUCTION-PLACE = Food industry prepared	4	0%
Soups (dry mixture uncooked), INGREDIENT = Asian-style noodles other than glass noodles	5	0%
Soursops	1	0%
Soy sauce, PREPARATION-PRODUCTION-PLACE = Food industry prepared	21	0%
Soya drink, PROCESS = Drying (dehydration)	2	0%
Soyabeans sprouts	4	0%
Spanish limes	3	0%
Spearmint	103	0.2%
Sponge biscuits, INGREDIENT = Foamed sugar products (marshmallows), INGREDIENT = Coconut flavour	9	0%
Sponge cake, PROCESS = Filling, INGREDIENT = Custard, INGREDIENT = Vanilla flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	2	0%
Stems/stalks eaten as vegetables, GENERIC-TERM = Other	2	0%
Stems/stalks eaten as vegetables, SOURCE = Onion (as plant)	5	0%
Stock cube or granulate, beef, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder	40	0.1%
Stock cubes or granulate (bouillon base), INGREDIENT = Shrimps, common	20	0%
Stock cubes or granulate, chicken, PROCESS = Drying (dehydration), PHYSICAL-STATE = Powder	1271	2.7%
Strawberries	12	0%
Sugar canes	4	0%

Sweet bars and other formed sweet masses, INGRED=Coconuts	1	0%
Sweet corn, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Black	1	0%
Sweet corn, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Unripe / immature	16	0%
Sweet corn, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = White	24	0.1%
Sweet corn, PROCESS = Cooking and similar thermal preparation processes, QUALITATIVE-INFO = Yellow	3	0%
Sweet corn, PROCESS = Cooking in water, QUALITATIVE-INFO = Yellow, QUALITATIVE-INFO = Without added salt	1	0%
Sweet corn, QUALITATIVE-INFO = Black	1	0%
Sweet corn, QUALITATIVE-INFO = Unripe / immature	37	0.1%
Sweet corn, QUALITATIVE-INFO = White	157	0.3%
Sweet corn, QUALITATIVE-INFO = Yellow	10	0%
Sweet corn, QUALITATIVE-INFO = Yellow, QUALITATIVE-INFO = Sweet / mild	2	0%
Sweet limes	5	0%
Sweet peppers, PROCESS = Frying, PROCESS = Breeding, PROCESS = Filling, INGREDIENT = Prepared meat salad	3	0%
Sweet peppers, QUALITATIVE-INFO = Green	65	0.1%
Sweet peppers, QUALITATIVE-INFO = Red	191	0.4%
Sweetsops	63	0.1%
Table grapes	1	0%
Table grapes and similar-	2	0%
Tahiti limes	137	0.3%
Tamarind	21	0%
Textured soy protein	5	0%
Thyme, dry	7	0%
Tilapias and similar	4	0%
Tilapias and similar, PROCESS = Broiling/grilling	1	0%
Tomatillos	28	0.1%
Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Food industry prepared	148	0.3%
Tomato ketchup and related sauces, PREPARATION-PRODUCTION-PLACE = Home prepared (family, social networks, proxies)	17	0%
Tomato-containing cooked sauces	119	0.2%
Tomato-containing cooked sauces, INGREDIENT = Celeries, INGREDIENT = Onions, INGREDIENT = Peppers and similar-, PREPARATION-PRODUCTION-PLACE = Food industry prepared	89	0.2%
Tomato-containing cooked sauces, INGREDIENT = Onions, PREPARATION-PRODUCTION-PLACE = Food industry prepared	13	0%
Tomato-containing cooked sauces, PROCESS = Canning / jarring, INGREDIENT = Cheese, PREPARATION-PRODUCTION-PLACE = Food industry prepared	35	0.1%
Tomato-containing cooked sauces, PROCESS = Stir frying, INGREDIENT = Mixed vegetables	4	0%

Tomatoes, QUALITATIVE-INFO = Red	1594	3.3%
Tortilla chips, INGREDIENT = Barbeque flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	289	0.6%
Tortilla chips, INGREDIENT = Cheese	3	0%
Tortilla chips, INGREDIENT = Cheese flavour, PREPARATION-PRODUCTION-PLACE = Food industry prepared	187	0.4%
Tortilla chips, PREPARATION-PRODUCTION-PLACE = Food industry prepared	99	0.2%
Tortilla, INGREDIENT = Maize flour	38	0.1%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent	151	0.3%
Tortilla, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, PREPARATION-PRODUCTION-PLACE = Prepared by artisan	4677	9.8%
Tortilla, INGREDIENT = Potatoes	7	0%
Tortilla, INGREDIENT = Wheat flour, PREPARATION-PRODUCTION-PLACE = Food industry prepared, INTENDED-USE = Non-ready-to-eat	12	0%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-	1	0%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Maize flour	35	0.1%
Tortilla, PROCESS = Frying, INGREDIENT = Beans (dry) and similar-, INGREDIENT = Maize flour, INGREDIENT = Cheese	30	0.1%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour	88	0.2%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Asian-style noodles other than glass noodles	131	0.3%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Avocados	4	0%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = Tomato-containing cooked sauces	21	0%
Tortilla, PROCESS = Frying, INGREDIENT = Maize flour, INGREDIENT = White cabbage	2	0%
Tortilla, PROCESS = Frying, INGREDIENT = Tomato-containing cooked sauces	2	0%
Traditional margarine, QUALITATIVE-INFO = With added salt, FAT-CONTENT = 80 % fat	98	0.2%
Traditional unleavened breads, INGREDIENT = Maize flour, INGREDIENT = Mammals and birds meat	17	0%
Traditional unleavened breads, PROCESS = Cooking and similar thermal preparation processes, PROCESS = Filling, QUALITATIVE-INFO = Soft	1	0%
Traditional unleavened breads, PROCESS = Cooking in water, INGREDIENT = Maize and similar-, QUALITATIVE-INFO = Small	32	0.1%
Traditional unleavened breads, PROCESS = Cooking in water, INGREDIENT = Maize grain	2	0%
Traditional unleavened breads, PROCESS = Cooking in water, INGREDIENT = Mammals and birds meat, INGREDIENT = Tomato-containing cooked sauces	100	0.2%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Beans (dry) and similar-	3	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Filling, INGREDIENT = Mammals and birds meat, INGREDIENT = Tomato-containing cooked sauces	1	0%
Traditional unleavened breads, PROCESS = Cooking in water, PROCESS = Mixing, INGREDIENT = Leafy vegetables	7	0%
Trouts	4	0%
Turkey fresh meat, PART-CONSUMED-ANALYSED = With skin	1	0%

Unleavened doughs, INGREDIENT = Maize flour, INGREDIENT = Flour treatment agent, QUALITATIVE-INFO = White/refined	106	0.2%
Various pastry, INGREDIENT = Pumpkins and similar-, QUALITATIVE-INFO = Unripe / immature	1	0%
Vegetable fats and oils, edible	1735	3.6%
Vinegar	16	0%
Wafers	5	0%
Wafers, INGREDIENT = Chocolate and similar	10	0%
Wafers, PROCESS = Filling, PREPARATION-PRODUCTION-PLACE = Food industry prepared	69	0.1%
Watercresses	2	0%
Watermelons	28	0.1%
Wheat bread and rolls, PROCESS = Glazing / icing, QUALITATIVE-INFO = Sweet / mild	1253	2.6%
Wheat bread and rolls, PROCESS = Sugar coating	4	0%
Wheat bread and rolls, brown or wholemeal	1	0%
Wheat bread and rolls, white (refined flour), INGREDIENT = Hen egg yolk, QUALITATIVE-INFO = Sweet / mild, PREPARATION-PRODUCTION-PLACE = Prepared by bakery	9	0%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Food industry prepared	3	0%
Wheat bread and rolls, white (refined flour), PREPARATION-PRODUCTION-PLACE = Prepared by bakery	480	1%
Wheat bread and rolls, white with maize	7	0%
Wheat coffee infusion	17	0%
Wheat coffee ingredient	16	0%
Wheat flour white, PROCESS = Semi-preserved (unspecified method), QUALITATIVE-INFO = Fortified	19	0%
Wheat flour white, QUALITATIVE-INFO = Not fortified	16	0%
Wheat flour, INGREDIENT = Wheat semolina, QUALITATIVE-INFO = Fortified	7	0%
Wheat flour, PROCESS = Addition of water	1	0%
Wheat flour, QUALITATIVE-INFO = Fortified	2	0%
Wheat, popped, INGREDIENT = Fruit flavour	10	0%
White cabbage	123	0.3%
White cabbage, PROCESS = Cooking in water, QUALITATIVE-INFO = Without added salt	41	0.1%
White shrimp	1	0%
White sugar	7	0%
Wild sweetsops	64	0.1%
Yoghurt, cow milk, flavoured, SOURCE-COMMODITIES = Cow milk, skimmed (low fat), INGREDIENT = Fruit flavour	9	0%
Yoghurt, cow milk, flavoured, SOURCE-COMMODITIES = Cow milk, whole, INGREDIENT = Fruit flavour	3	0%

## V26\_A1:

Data file: data\_anon\_consumption

## Overview

Valid: 20 Invalid: 0  
Type: Discrete Width: 46 Range: - Format: character

## Questions and instructions

### CATEGORIES

Value	Category	Cases	
ustry prepared, INTENDED-USE = Ready-to-eat		20	100%

## FOOD\_AMOUNT\_UNPROC: Food amount (edible) before processing/cooking (raw amount) (g)

Data file: data\_anon\_consumption

### Overview

Valid: 29896 Invalid: 17965 Minimum: 0 Maximum: 716 Mean: 22.335 Standard deviation: 39.4  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 716 Format: Numeric

## FOOD\_AMOUNT\_CONS: Food amount (edible) as consumed by the participant (g)

Data file: data\_anon\_consumption

### Overview

Valid: 17965 Invalid: 29896 Minimum: 0 Maximum: 1387 Mean: 114.669 Standard deviation: 95.468  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 1387 Format: Numeric

## FOOD\_AMOUNT\_REPORTED: Food amount (edible) as reported in the survey (g)

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 0 Maximum: 1387 Mean: 56.993 Standard deviation: 79.935  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 1387 Format: Numeric

## ENERGY\_KCAL: Energy (kcal)

Data file: data\_anon\_consumption

### Overview

Valid: 47861 Invalid: 0 Minimum: 0 Maximum: 1716 Mean: 94.084 Standard deviation: 120.865  
Type: Continuous Decimal: 0 Width: 8 Range: 0 - 1716 Format: Numeric

## WATER\_G: Water (g)

Data file: data\_anon\_consumption

## Overview

Valid: 43246    Invalid: 4615    Minimum: 0    Maximum: 1203.2    Mean: 32.932    Standard deviation: 59.159  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 1203.2    Format: Numeric

---

### PROTEIN\_G: Protein (g)

Data file: data\_anon\_consumption

## Overview

Valid: 46126    Invalid: 1735    Minimum: 0    Maximum: 70.88    Mean: 2.971    Standard deviation: 4.702  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 70.88    Format: Numeric

---

### A\_PROT\_G: Animal protein (g)

Data file: data\_anon\_consumption

## Overview

Valid: 0    Invalid: 47861  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

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### CATEGORIES

Value	Category
Sysmiss	

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### V\_PROT\_G: Vegetal protein (g)

Data file: data\_anon\_consumption

## Overview

Valid: 0    Invalid: 47861  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category
Sysmiss	

---

### CARBOH\_G: Carbohydrates (g)

Data file: data\_anon\_consumption

## Overview

Valid: 47804 Invalid: 57 Minimum: 0 Maximum: 233.21 Mean: 16.475 Standard deviation: 23.856  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 233.21 Format: Numeric

### SUGAR\_G: Total sugars (g)

Data file: data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### FIBTG\_G: Fibre total dietary (g)

Data file: data\_anon\_consumption

## Overview

Valid: 38181 Invalid: 9680 Minimum: 0 Maximum: 69.6 Mean: 1.802 Standard deviation: 3.466  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 69.6 Format: Numeric

### ALCOHOL\_G: Alcohol (g)

Data file: data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### FAT\_G: Fat (g)

Data file: data\_anon\_consumption

## Overview

Valid: 47839    Invalid: 22    Minimum: 0    Maximum: 145.86    Mean: 2.144    Standard deviation: 4.559  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 145.86    Format: Numeric

---

### SAT\_FAT\_G: Saturated fat (g)

Data file: data\_anon\_consumption

## Overview

Valid: 38003    Invalid: 9858    Minimum: 0    Maximum: 37.23    Mean: 0.694    Standard deviation: 1.563  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 37.23    Format: Numeric

---

### MUFA\_G: Monounsaturated fat (g)

Data file: data\_anon\_consumption

## Overview

Valid: 36657    Invalid: 11204    Minimum: 0    Maximum: 78    Mean: 1.037    Standard deviation: 2.421  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 78    Format: Numeric

---

### PUFA\_G: Poly-unsaturated fat (g)

Data file: data\_anon\_consumption

## Overview

Valid: 36657    Invalid: 11204    Minimum: 0    Maximum: 35.435    Mean: 0.563    Standard deviation: 1.069  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 35.435    Format: Numeric

---

### TFA\_G: Trans fatty acid (g)

Data file: data\_anon\_consumption

## Overview

Valid: 0    Invalid: 47861  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

---

### CATEGORIES

Value	Category
Sysmiss	

---

### CHOL\_MG: Cholesterol (mg)

Data file: data\_anon\_consumption

## Overview

Valid: 37990    Invalid: 9871    Minimum: 0    Maximum: 863.6    Mean: 10.304    Standard deviation: 42.735  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 863.6    Format: Numeric

---

### **CALC\_MG: Calcium (mg)**

Data file: data\_anon\_consumption

## Overview

Valid: 47255    Invalid: 606    Minimum: 0    Maximum: 2627    Mean: 32.501    Standard deviation: 69.584  
Type: Continuous    Decimal: 0    Width: 8    Range: 0 - 2627    Format: Numeric

---

### **IRON\_MG: Iron (mg)**

Data file: data\_anon\_consumption

## Overview

Valid: 47210    Invalid: 651    Minimum: 0    Maximum: 30.06    Mean: 0.84    Standard deviation: 1.44  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 30.06    Format: Numeric

---

### **ZINC\_MG: Zinc (mg)**

Data file: data\_anon\_consumption

## Overview

Valid: 37349    Invalid: 10512    Minimum: 0    Maximum: 9.39    Mean: 0.497    Standard deviation: 0.727  
Type: Continuous    Decimal: 2    Width: 8    Range: 0 - 9.39    Format: Numeric

---

### **MG\_MG: Magnesium (mg)**

Data file: data\_anon\_consumption

## Overview

Valid: 30160    Invalid: 17701    Minimum: 0    Maximum: 560    Mean: 26.528    Standard deviation: 38.128  
Type: Continuous    Decimal: 0    Width: 8    Range: 0 - 560    Format: Numeric

---

### **PHOS\_MG: Phosphorus (mg)**

Data file: data\_anon\_consumption

## Overview

Valid: 46196    Invalid: 1665    Minimum: 0    Maximum: 1535    Mean: 55.025    Standard deviation: 88.171  
Type: Continuous    Decimal: 0    Width: 8    Range: 0 - 1535    Format: Numeric

---

## POTA\_MG: Potassium (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 37291 Invalid: 10570 Minimum: 0 Maximum: 3894 Mean: 121.865 Standard deviation: 188.694  
Type: Continuous Decimal: 0 Width: 8 Range: 0 - 3894 Format: Numeric

## NA\_MG: Sodium (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 38008 Invalid: 9853 Minimum: 0 Maximum: 112320 Mean: 313.364 Standard deviation: 1415.436  
Type: Continuous Decimal: 0 Width: 8 Range: 0 - 112320 Format: Numeric

## CU\_MG: Copper (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## IOD\_MCG: Iodine (Âµg/mcg)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## SE\_MCG: Selenium (Âµg/mcg)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## MN\_MG: Manganese (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## VITC\_MG: Vitamin C (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 44063 Invalid: 3798 Minimum: 0 Maximum: 735.11 Mean: 3.652 Standard deviation: 15.019

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 735.11 Format: Numeric

## THIA\_MG: Thiamine (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 47063 Invalid: 798 Minimum: 0 Maximum: 2.782 Mean: 0.072 Standard deviation: 0.125

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 2.782 Format: Numeric

## RIBO\_MG: Riboflavin (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 46359 Invalid: 1502 Minimum: 0 Maximum: 2.733 Mean: 0.0534 Standard deviation: 0.0942  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 2.733 Format: Numeric

## NIAC\_MG: Niacin (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 47066 Invalid: 795 Minimum: 0 Maximum: 34.886 Mean: 0.638 Standard deviation: 1.185  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 34.886 Format: Numeric

## VITB5\_MG: Vitamin B5 (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 0 Invalid: 47861  
Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

### Questions and instructions

#### CATEGORIES

Value	Category
Sysmiss	

## VITB6\_MG: Vitamin B6 (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 37321 Invalid: 10540 Minimum: 0 Maximum: 7.693 Mean: 0.104 Standard deviation: 0.18  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 7.693 Format: Numeric

## FOLDFE\_MCG: Folate (Âµg/mcg DFE)

Data file: data\_anon\_consumption

### Overview

Valid: 33819 Invalid: 14042 Minimum: 0 Maximum: 1221 Mean: 34.586 Standard deviation: 66.598  
Type: Continuous Decimal: 2 Width: 8 Range: 0 - 1221 Format: Numeric

### **FOL\_MCG: Folate, total (Âµg/mcg)**

**Data file:** data\_anon\_consumption

#### **Overview**

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

#### **Questions and instructions**

##### CATEGORIES

Value	Category
Sysmiss	

### **FOLFD\_MCG: Folate food, naturally occuring food folates (Âµg/mcg)**

**Data file:** data\_anon\_consumption

#### **Overview**

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

#### **Questions and instructions**

##### CATEGORIES

Value	Category
Sysmiss	

### **FOLFRE\_MCG: Folate, free (Âµg/mcg)**

**Data file:** data\_anon\_consumption

#### **Overview**

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

#### **Questions and instructions**

##### CATEGORIES

Value	Category
Sysmiss	

### **FOLAC\_MCG: Folic acid (synthetic) (Âµg/mcg)**

**Data file:** data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### VITB12\_MCG: Vitamin B12 (Âµg/mcg)

Data file: data\_anon\_consumption

#### Overview

Valid: 35250 Invalid: 12611 Minimum: 0 Maximum: 53.84 Mean: 0.0857 Standard deviation: 0.512

Type: Continuous Decimal: 2 Width: 8 Range: 0 - 53.84 Format: Numeric

### VITA\_RAE\_MCG: Vitamin A (Âµg/mcg RAE)

Data file: data\_anon\_consumption

#### Overview

Valid: 42956 Invalid: 4905 Minimum: 0 Maximum: 5904 Mean: 39.852 Standard deviation: 108.135

Type: Continuous Decimal: 0 Width: 8 Range: 0 - 5904 Format: Numeric

### VITA\_RE\_MCG: Vitamin A (Âµg/mcg RE)

Data file: data\_anon\_consumption

#### Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

### BCAROT\_MCG: Beta-carotene (Âµg/mcg)

Data file: data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## RETOL\_MCG: Retinol (Âµg/mcg)

Data file: data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## VITD\_MCG: Vitamin D (Âµg/mcg)

Data file: data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861

Type: Discrete Decimal: 0 Width: 8 Range: - Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## VITE\_MG: Vitamin E, alpha-tocopherol equivalents (mg)

Data file: data\_anon\_consumption

## Overview

Valid: 0 Invalid: 47861

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## VITK\_MCG: Vitamin K (Âµg/mcg)

Data file: data\_anon\_consumption

### Overview

Valid: 0    Invalid: 47861  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## PHY\_MG: Phytate, total (mg)

Data file: data\_anon\_consumption

### Overview

Valid: 0    Invalid: 47861  
Type: Discrete    Decimal: 0    Width: 8    Range: -    Format: Numeric

## Questions and instructions

### CATEGORIES

Value	Category
Sysmiss	

## VERSION: Version

Data file: data\_anon\_consumption

### Overview

Valid: 1    Invalid: 0  
Type: Discrete    Width: 12    Range: -    Format: character

## Questions and instructions

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### CATEGORIES

Value	Category	Cases	
30 June 2023		1	100%

# study\_resources

## technical\_documents

### Codebook

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title	Codebook
filename	fao_who_gift_code_book_fam.xlsx

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